



The East Carolinian

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Pirates open up conference play against Rice

Nick Bailey
TEC STAFF

The East Carolina Football team (1-3, 0-0 American Athletic Conference) is set to face Rice University (2-2, 0-1 American Athletic Conference) on Saturday at 6 p.m in Houston, Texas, where the Pirates will play their first AAC matchup of the year.

ECU's last outing was during Family Weekend with a victory over Gardner-Webb University (1-3, 0-0 Big South Conference) at Dowdy-Ficklen Stadium last Saturday. The 44-0 shutout of the Bulldogs is the Pirates first time eliminating an opponent to zero points since Sept. 2, 2000, when ECU won 38-0 at Duke University.

Last Saturday was the first win of the season for the Pirates after coming off three straight losses. The Pirates' offensive miscues and inefficiency to keep their opponents under 30 points per game restricted them from getting a win in their first three games. Head Coach Mike Houston said the win was important for the team's confidence going forward.

"Well, I think getting a win is important, I think getting a win like that and in that kind of fashion is even more important," Houston said in a weekly press conference on Tuesday. "We had a great week of practice last week and we talked about our big emphasis which was taking our practices into game day. I thought our players did a fantastic job with that and certainly gives you a lot of confidence just in the fact that you're playing better each week."

With four out of the 14 AAC teams opening conference play last week, the Pirates will get to play their first conference opponent of the season with Rice. The Owl's came up short 42-29 in their last game against the University of South Florida (2-2, 1-0 AAC).

ECU will have to deal with a veteran of college football against Rice, graduate student quarterback JT Daniels has been a part of four collegiate programs since 2018 and was a part of the 2021 National Championship winning team at Georgia University. Daniels put up 432 yards and three touchdowns in his last game against the Bulls.

"They've got JT (Daniels) who has an elite arm, and he does a really good job in the pocket," Houston said. "I think it's a combination of a really good quarterback, very solid offensive line and then playmakers that have big play ability all around. They're averaging 35 points a game. They put up big numbers in virtually all their games. We've got our hands full offensively."

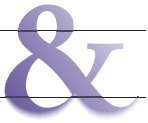
One of ECU's biggest flaws up until this point into the season was with how often they turned the ball over. The Pirates allowed six turnovers in their first three matchups of the season, all being interceptions thrown by sophomore quarterback Mason Garcia and junior quarterback Alex Flinn.

> FOOTBALL page A6

Pitt County election candidates begin campaigns

Haley Williams
TEC STAFF

Eli Baine
TEC STAFF



The Pitt County Municipal Elections in Greenville, North Carolina, are coming up on Election Day, Nov. 7, with 61 candidates running for 37 possible seats. Whilst elections are not for a few more weeks, the people of Pitt County need to have time to look at the candidates and see what each one of them has to offer their municipality.

Election Day is Nov. 7, but there are early voting sites located across Pitt County, with the earliest available day to place a vote being

Oct. 19. This one-stop early voting takes place every weekday in various locations from Oct. 19 through Nov. 4. ECU will have a one stop early voting station at the Main Campus Student Center room 125.



Dave Davis

Director of Pitt County Elections Dave Davis said that municipal elections are a fundamental part of the county, as it is how the local government is elected to make the decisions at a more local level.

"These local elections are the people that you can easily meet and get to know. You see them at the grocery store or walking around," Davis said. "They are a little bit more accessible than federal or state offices."

These elections are important as it gives the people the opportunity to vote for their community. These candidates are people



The Greenville, North Carolina, City Hall where the City Council meets for votes and conferences.

that the Pitt County residents can actually approach and talk to, Davis said.

Greenville Mayor candidate Barbara Gaskins said that having many people on the ballot for each city is very important as it allows for the people of the area to feel that they have a choice to pick someone who they think best reflects them and their community.

Many people are unaware of how important it is to vote locally, when in reality these elections at home are just

as important as federal elections, said Gaskins. Local elected officials are the ones that the residents of the Pitt County area can speak to about the problems being faced, Gaskins said.

"To be able to run as a candidate means that I see and hear from others regarding issues that are going on within our community," Gaskins said. "I choose to fight these issues head on as a voice for the people of Greenville and not sit on the sidelines and complain."

Greenville City Council Member At-Large Will Bell said he has served on the Council for seven years and is running for re-election this year for several different reasons.

A large event coming up for the City of Greenville, Bell said, is the Pitt County tax revaluation, where the county updates the values of all properties based on the current market.

"Everyone knows for the last several years, we've had a significant amount of appreciation in the real estate market," Bell said. "One of the main things I'm focusing on is trying to cut the tax rate again so that people aren't paying higher taxes as a result of the revaluation."

Bell said Greenville being a "fun" place to live is important for him. He has a history of aiding the Council in investing in parks, greenways and other quality of life locations, Bell said, that help the image of the city and attract more residents.

Stormwater infrastructure is another focus for himself, Bell said. He said the issues pertaining to Greenville's flood protections were evident when the city was hit by Tropical Storm Ophelia.

"The biggest stormwater infrastructure project in the city's history happened during my first term," Bell said. "We keep track of all the stormwater pipes in the city and assign them a rating of how soon each one needs to be replaced."

This writer can be contacted at news@theeastcarolinian.com.

ONLINE

» Fall Dance Concert to take place at McGinnis Theatre

» Check out our website for stories, photo galleries and more.

SOCIAL MEDIA



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Facebook.com/theeastcarolinian



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BRIEFS

Health Sciences Campus to host Flu Fest

On Tuesday at the Health Sciences Student Center, ECU students and Greenville community members are welcome to join Campus Recreation & Wellness' Flue Fest, where people can play games, eat food, and get their annual flu shot taken care of. Games and events run from 9 a.m. to 4 p.m., and pediatric services last from 2 p.m. to 4 p.m.

ECU to hold Fresh Check Day

The Jordan Porco Foundation program, Fresh Check Day, will be at ECU at the Main Campus Student Center on Wednesday from 2:30 p.m. to 4:30 p.m. The event is free for all students and is meant to promote suicide prevention and mental health awareness on college campuses. Fresh Check Day will include interactive expo booths, free food and beverages and prize giveaways.

CRW to offer Belay Clinic

On Wednesday from 6:00 p.m. to 8:00 p.m., students can learn the basics of rock climbing equipment and rock climbing safety at the Eakin Student Recreation Center climbing wall. All participants must sign the climbing wall waiver for Fall 2023 to join. Registration for all Belay Clinics closes two hours before they begin. No climbing experience is required.

CORRECTIONS & CLARIFICATIONS

If you feel there are any factual errors in this newspaper, please contact Kiarra Crayton at editor@theeastcarolinian.com.

CRIME LOGS

Editor's Note: The East Carolinian Crime Logs are derived from East Carolina University Police Department's (ECU PD) public crime logs accessible to all individuals. Crime Logs are done within the partnership of ECU PD and The East Carolinian, as this publication is meant to act as an additional resource for Pirate Nation. Below are listings of criminal activity that has occurred on or within proximity of main campus.

Sept. 24, 2023

At Ballard West, a charge of Injury to Real Property was found at 2:35 a.m. and was cleared by citation.

Larceny was found 10:46 a.m. in Scott Hall and remains an open investigation.

At the 10th Street and Elm Street intersection, charges of Possessing Stolen Goods (Misdemeanor), Driving <21 After Consuming Alcohol, Possession of Alcohol by someone <21 and Transport an Open Container of Alcohol were found at 9:13 p.m. and cleared by citation.

Sept. 25, 2023

At 12:08 p.m., Tampering with a Motor Vehicle was found at the 14th Street paved lots and was cleared after a prosecution was declined.

Larceny (Misdemeanor) was found at the Allied Health Building and became an open investigation at 7:57 p.m.

At College Hill Suites, a charge of Graffiti Vandalism was found at 10:10 p.m. and a prosecution was declined.



ALAYNA BOYER | THE EAST CAROLINIAN

Someone revealing a scratch off ticket. The North Carolina Senate reversed plans to build four new casinos in the state in its annual budget.

NCGA removes casino plans from budget

Aida Khalifa
TEC STAFF

The Republican led North Carolina General Assembly passed a new North Carolina budget for the 2023 year which includes Medicaid expansion and doesn't contain the bill previously proposed for four new casinos.

Senator Kandie Smith said she represents district five, which includes East Carolina University and the Pitt County area. Smith said the budget for the state works on a rotating basis, where the budget will either go to the House or the Senate. She said once it is finished it goes to the other side and they will take a look and add the proposals they wish to see included in the budget and once that is done the budget will either be approved or denied by Governor Roy Cooper.

Smith said this year the budget has worked differently than previous years she has served as senator. She said a lot of the budget and planning has happened behind closed doors and there hasn't been a lot of communication within the senate to compromise and work on the new budget. There was a lot of waiting around for months, she said, until there was a leak of the budget that happened on Wednesday.

"The budget was probably leaked because there was hope that the bill with casino and Medicaid expansion would pass," Smith said. "The bill for casinos was never in the budget and that was a deal that was trying to be passed but did not succeed."

Smith said the Medicaid expansion had already been voted on, approved and signed by the governor but the tie it had to the casinos bill stopped it from being completely approved in the budget. She said the casinos bill was completely

separate and not tied to the budget but Medicaid expansion was being used to entice people to vote on the bill.

The casino bill has been completely unapproved, Smith said. She said the senate would have never passed it and she feels this is a positive impact for the senate and the people of N.C. Smith said she received an overwhelming feedback of people from her district and other districts as well who are in strong opposition of the casinos being built so she said she feels this is great for the community.

"To me that was a no brainer," Smith said. "I am elected by the people so my job is to make sure that I am listening to the people and that was one of the things that many people shared their thoughts on and they just did not want it."

Junior political science major Melvina Nimely said it is important to focus on the positive that is coming out of the new budget. She said there is meant to be new Medicaid and government salary increases to be added and the casinos being removed is a positive. The money that was being proposed for the casinos can now be allocated towards other places it is needed, she said.

Nimely said she appreciates that the budget has worked to focus on more important things needed for the state. She said she feels that the two most important new additions include the increase in salaries and Medicaid and the new money being allocated to rural infrastructures which will increase jobs for the state.

"I think it is really important that casinos are no longer being the focus of the conversation," Nimely said. "Realistically North Carolina needs other things much more than legal gambling. At the end of the day the people made it possible for that bill to be taken out because it was widely

disliked by North Carolinians."

Daniel Xu, Assistant Professor for political science, said the most important addition to the budget this year is the Medicaid expansion that has been in the works for a year now. Xu said Medicaid expansion is crucial for rural areas including the Eastern Carolina region. He said it is important for hospitals and people in these areas to have access to more medical care.

Xu said with Medicaid expansion, resources for mental health will become more widely available to those in rural areas who may not have easy access to such care. He said the expansion will give eligibility to more young adults in need of healthcare across the state and increase access for those below the poverty line.

"It is too hard to be eligible for Medicaid under the old policy," said Xu. "And with most people not having an income high enough to purchase insurance or get insurance from an employer so this new expansion is so beneficial to the state and the population of North Carolina."

Xu said a lot of the delay with the budget this year was due to Medicaid expansion and the casino bill working to be authorized. With the bill not being authorized anymore, Xu said this is good for the state because people do not want to put money towards building casinos.

The casinos being built were not favored by anyone, Xu said, because people wanted to see other things being worked on and more help being put towards Medicaid, teacher salaries and expansion in rural areas. Now that the focus is not on casinos, the budget is implementing new good additions that will boost the state of North Carolina compared to other states, he said.

This writer can be contacted at news@theeastcarolinian.com.

CET to hold tours for future students

Eli Baine
TEC STAFF

The East Carolina University College of Engineering and Technology (CET) has seen increasing success with its recruiting program, Tech Tours, and will be hosting one on Friday.

Academic Advisor and Pathway Program Coordinator for K-12 outreach Jordan Skipper said the Tech Tours are a way for high school students and community college students to see what the CET and an ECU education has to offer.

"They (prospective students) are sometimes here in Greenville (North Carolina) or we've had them come from places like Virginia and South Carolina as well," Skipper said. "All of them come to check out ECU and CET."

The Tech Tour is split into three parts, Skipper said. The first section of the tour, she said, is a presentation to outline what programs and degrees are available in the CET.

After her presentation, Skipper said the second part of the tour is dedicated to networking and getting to know the college's faculty. Faculty from each of the college's four departments have tables.

"Students can go around to all the tables and ask any questions weighing on their brains or ask them specific questions about the curriculum," Skipper said. "A lot



COURTESY OF THE COLLEGE OF ENGINEERING AND TECHNOLOGY

An attendant of a CET Tech Tour using augmented reality technology.

of people in my experience love talking to faculty."

The final portion of the Tech Tour is a tour of some of the labs used by the CET, Skipper said. The college is home to many labs, so they show off their most interesting and interactive labs during the events. Skipper said these include the distributional logistics lab, the computer numerical control and robots lab and the cybersecurity lab.

Skipper said she personally gets a substantial amount of positive feedback from prospective students and their parents. Skipper said she has seen many students who attended Tech Tours to go on to attend ECU.

"They've (Tech Tours) become far more popular as we've gone on," Skipper said. "I've been able to keep in touch with some of the students long after their tours. I think it helps to have that more personal attention."

Freshman computer science major Parker Murphy said being able to get the experience of meeting the faculty and familiarizing himself with the CET labs has made him very comfortable in his decision to enroll at ECU and commit to his major.

Murphy said Skipper and the faculty members he met on his Tech Tour aided him in finding what he needed to know before beginning his higher education.

"It was all really cool to see and interact with them," Murphy said. "I never got that kind of experience with anything else in school. It felt like they were there for us, not because they had to."

Murphy said he recommends the tours for anyone interested in an engineering or technology major at the university.

Pitt Community College student Garth Fuller said he wants to attend a Tech Tour before he

commits to attending ECU and pursuing a degree in industrial engineering technology.

Fuller has been impressed with each visit he has had to the CET facilities, and he appreciates the program's willingness to reach out to him.

"It really feels like they value the students, and that's why I'm attracted to it (CET)," Fuller said. "I'm definitely going to look into these tours so I can get all the details I've been thinking about and see who I'll be working with."

"It was all really cool to see and interact with them. I never got that kind of experience with anything else in school. It felt like they were there for us, not because they had to."

-Parker Murphy

This writer can be contacted at news@theeastcarolinian.com.

OUR VIEW

Health should be a priority during flu season

As flu season quickly approaches, it's important to prioritize health and be prepared to combat sicknesses by receiving immunizations and taking care of one's health and well-being.

We, the editorial staff of The East Carolinian, believe health should be a top priority as sickness begins to spread rapidly throughout the community.

Vaccinations are the best preventive method for students on college campuses, where sickness is more likely to spread. Students can receive flu shots from Student Health Services and local pharmacies, such as Walgreens or CVS Pharmacy.

Individuals can also maintain common health practices, such as frequent hand washing, exposure to Vitamin D and consumption of immune-boosting vitamins in order to reduce chances of becoming sick.

We, the editorial staff of The East Carolinian, encourage students to receive their flu shots and remember to take care of their health during this year's flu season.

Some common symptoms to look out for when identifying the flu include the following: fever, cough, sore throat, headaches, stuffy nose, fatigue, chills, nausea and sneezing.

We, the editorial staff of The East Carolinian, believes individuals should take sickness seriously.

If you or someone you know are experiencing these symptoms, seek a medical center immediately.

Mental health should be normalized



Hillary Liles
GUEST COLUMNIST

In recent years mental health concerns have risen among college students. In one national survey, almost three quarters of students reported moderate or severe psychological distress.

Additionally, friends, family members and even university faculty and staff are becoming sources of support for those in need and may be the first place a distressed student may seek assistance.

Characteristics of someone who may be in need of additional support:

- A mildly depressed or lethargic mood
- Significant changes in sleep/appetite
- Increased irritability/sensitivity

More significant concerns may include:

- Neglecting their general appearance/hygiene
- Increased physical complaints
- Deteriorating academic performance

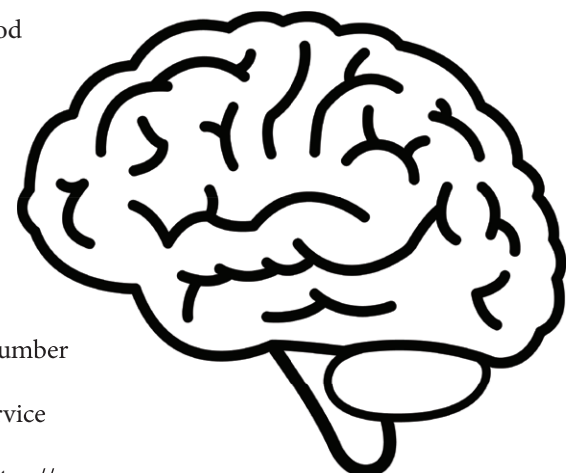
If you observe these concerns in a friend or family member or if they share these concerns with you, the most important response is to acknowledge their concerns and fears,

resist problem-solving, still be a good friend and not have solutions for everyone's concerns, offer hope and reassurance and provide encouragement to seek professional help when indicated.

Also, if you notice some of these things in yourself, you may want to seek help.

For ECU students, there are a number of mental health supports.

- Uwill is a free telehealth service offering brief therapy and education through Urise <https://counselingcenter.ecu.edu/uwill/>
- Togetherall is a free, 24/7 anonymous online peer support community that is monitored 24/7 by mental health professionals.
- BetterYou is a free digital wellness coach that helps students achieve personal wellness goals by providing gentle nudges and reminders <https://well-being.ecu.edu/live/betteryou/>
- The Center for Counseling and Student Development (CCSD) offers free and confidential mental health services to enrolled ECU students who have paid the health service fee. Students can call 252-328-6661 to make an appointment or present to 137 Umstead Hall should they need urgent emotional



PARKER SMITH | THE EAST CAROLINIAN

health support. CCSD offers crisis services 24/7/365 by calling 252-328-6661 (and selecting option two if after hours). For life-threatening emergencies, please call 911 or go to the emergency department at your local hospital.

A national resource which can be used by anyone is the 988 Suicide & Crisis Lifeline, accessed by dialing 988 at any time.

For more information on ways to seek help and emotional health resources, please visit: <https://well-being.ecu.edu/>.

Hillary Liles is the Alcohol and Other Drug Staff Counselor at the ECU Center for Counseling and Student Development. To contact the editor, email Kristin.Outland@theeastcarolinian.com.

PIRATE RANTS

The East Carolinian does not endorse the statements made in Pirate Rants.

I absolutely love coffee. I can't imagine not starting my mornings without it. Give me some coffee and I'll be your best friend!

I hate how it always seems to rain at every home football game. No one enjoys trying to watch the game in cold nasty weather.

The amount of pressure I've had this semester is unlike any semester in college I've had so far. I've just had a lot to do and we haven't even gotten to fall break yet!

Be kind to each other, Pirates! You never know what someone may be going through.

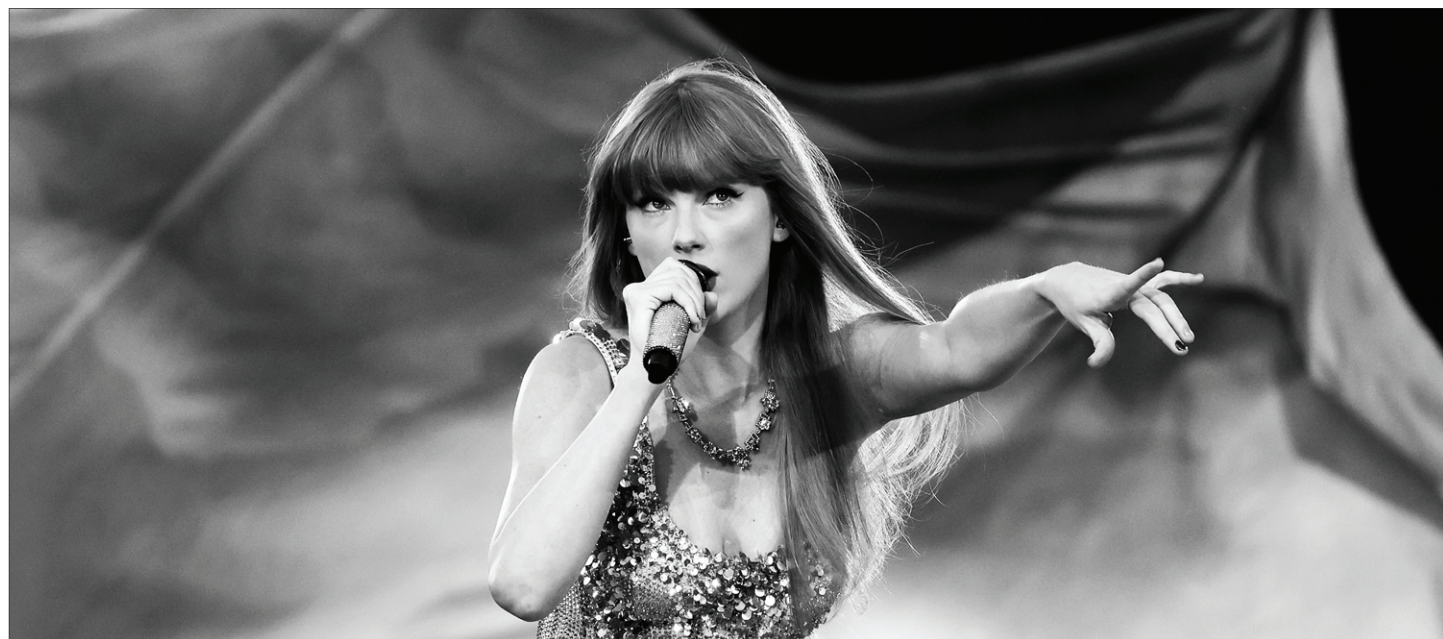
The ECU transit hours to my apartment are really not ideal with my schedule. A lot of the time I have to sit and wait for the bus an additional 30 minutes just to get home. It doesn't help when it's 80 degrees or above outside. I wish they would add more frequent routes for some complexes.

The amount of parking availability on campus is just not enough. It's so annoying to walk a mile to reach my destination when there are empty buildings or spaces on campus that could be used as parking lots.

I've seen a lot of students complain about the ECU Wi-Fi. It randomly goes out and it's not ideal for busy college students who need it to be properly working consistently.

Questions regarding Pirate Rants can be directed to Kiarra Crayton at editor@theeastcarolinian.com.

Submit your Pirate Rants on our website under the opinion tab or scan the QR code.



CONTRIBUTED BY TRIBUNE NEWS SERVICE

Pop star and American singer-songwriter Taylor Swift performs at Soldier Field in Chicago, Illinois, on June 2, during her first United States leg of The Eras Tour.

Taylor Swift remains top artist



Kristin Outland
TEC COLUMNIST

If you've paid any attention to the media and pop culture lately, I'm sure you've heard the name Taylor Swift quite often. Most people have heard of Swift as she has been a prominent figure in the music industry since her debut album "Taylor Swift," was released in the year 2006.

It's no secret that the 33-year-old pop star has reached a new level of success - partly due to her outstanding performances and contributions through her latest tour, The Eras Tour. The show is extremely popular, with tickets being sold out for each of her shows during the first stop of her United States leg.

In fact, I don't think it would be surprising to many if Swift became the most popular star the world has ever known within the next decade.

Her platform has a huge following, with 272 million followers on Instagram. "Swifties" are the name given to fans who belong in her extremely large and dedicated fanbase. Although she has always been a significantly popular artist, her popularity has continued to grow throughout the years.

Midnights, Swift's tenth studio album released on Oct. 21, 2022, sold more than six million units and received 37 billion streams by the end of the year. It was also given the title of best-selling album in the year 2022 by Billboard.

The Eras Tour has been a wildly successful tour due to numerous factors. Prior to the show, Swift had not toured since 2018's Reputation Stadium Tour. Fans were eager to see Swift, who had to cancel shows in 2019 and 2020 due to the outbreak of the COVID-19 pandemic.

Another large reason for its success is due to the performances and chosen discography in the current setlist. The showtime runs at over three hours, with Swift performing songs from nearly each of her "eras" and albums in her discography.

Concert-goers can look forward to hearing some of her most popular hits from each album, including songs such as "You Belong With Me" and "Blank Space."

Aside from her outstanding performances, Swift has also been able to make a notable difference in boosting the U.S. economy due to high ticket sales at each of her concerts. Each show in the first leg of The Eras Tour brought in an astounding 13 million dollars.

During her tour stops, Swift has been

donating funds towards food banks and hunger organizations in local cities. Her charitable donations have allowed for food insecurity to be reduced in cities all around the country. She has also given her staff additional bonus checks of \$100,000 to truck drivers for her tour.

Tickets for this tour are in such high demand that they are extremely difficult to score. Individuals had to initially sign up for a presale code through Ticketmaster, which was only given to certain fans through random selection.

Thousands of fans who received a code were not even able to purchase tickets, due to the intense battle with other fans to select seats and add them to their cart. Due to this demand, many scalpers resale face value tickets ranging between \$1,000 to \$10,000 or more.

Speaking from personal experience, I nearly did not get tickets to her second U.S. leg show next year due to high traffic on the Ticketmaster website. Despite receiving a presale code, tickets sold quickly and the stadium was nearly full before I refreshed and found available seats moments before it sold out.

Kristin Outland is a senior in communication. To contact the editor, email opinion@theeastcarolinian.com.

OUR STAFF

Kiarra Crayton	Editor-in-Chief	Nick Bailey	Sports Editor	Jaylin Roberts	Visual Arts Editor
Kim Kassner	Managing Editor	Kristin Outland	Copy Editor	Sheridan Lycett	Production Manager
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Contact Info

The East Carolinian
Mendenhall Ground Floor, Suite G51,
Greenville, NC, 27858-4353

Email: editor@theeastcarolinian.com

Newsroom: (252) 328-9238

Ads: (252) 328-9245

Fax: (252) 328-9143

CLASSIFIEDS

Did someone say FREE?

Looking for a roommate or a sublease?
Got something for sale?
ECU students can submit a classified for **FREE!**
Contact smaa@ecu.edu for more information.



HOROSCOPES

Aries (March 21-April 19) — Today is an 8 — Reach a personal turning point. The old way may no longer serve. Pause to reassess. Monitor conditions and reevaluate options. Follow your heart's compass.

Leo (July 23-Aug. 22) — Today is a 7 — One door closes and another opens. Consider deviation or reorientation of your educational journey. Reach a fork in the road. Which direction now? Choose love.

Sagittarius (Nov. 22-Dec. 21) — Today is a 6 — Somebody may have a change of heart. A passion once bright tarnishes. What you thought you wanted may not be best. Adjust course.

Taurus (April 20-May 20) — Today is a 7 — Allow yourself time for private reflection. Recognize milestones and transitions. Consider the past, present and future. Listen and observe. Make plans and backups.

Virgo (Aug. 23-Sept. 22) — Today is an 8 — Collaborate with your partner to adapt shared finances around changes. Shifts affect your income, industry, legal or insurance affairs. Work together to conserve resources.

Capricorn (Dec. 22-Jan. 19) — Today is a 7 — You're motivated for home renovation or relocation. Make domestic improvements for your family and self. Soap and paint work magic. Invent clever solutions.

Gemini (May 21-June 20) — Today is a 7 — Share love, support and encouragement with friends. Offer greetings, salutations and goodbyes. Look back on what you've shared. Strengthen relationships for potential collaborations.

Libra (Sept. 23-Oct. 22) — Today is a 9 — Adapt around a challenge for common passion. Reach a turning point with your partner. Let go of habits that no longer serve. Invent new possibilities.

Aquarius (Jan. 20-Feb. 18) — Today is a 9 — A barrier blocks communication channels. Come up with clever workarounds to stay connected. Monitor and adjust strategies. Sometimes the old becomes new again.

Cancer (June 21-July 22) — Today is an 8 — Set aside old routines. Make a professional adjustment. Develop projects that call to your heart. You can see what doesn't work. Adapt for new markets.

Scorpio (Oct. 23-Nov. 21) — Today is a 9 — You can see what wasn't working with your health, work and fitness. Make adjustments in your routines and practices to support growing vitality.

Pisces (Feb. 19-March 20) — Today is a 9 — Monitor financial accounts and income sources carefully with challenging conditions. Watch for lucrative opportunities hiding near change. One door closes and another opens.

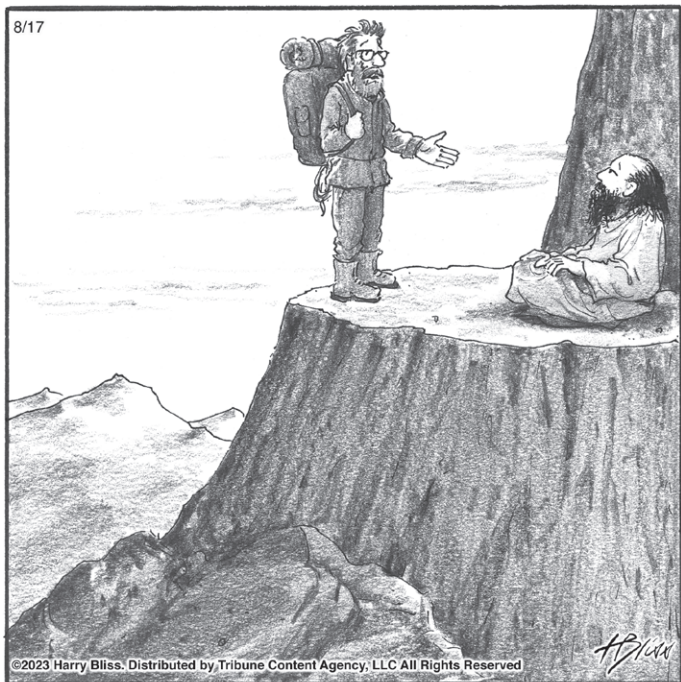
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COMICS

BREWSTER ROCKIT



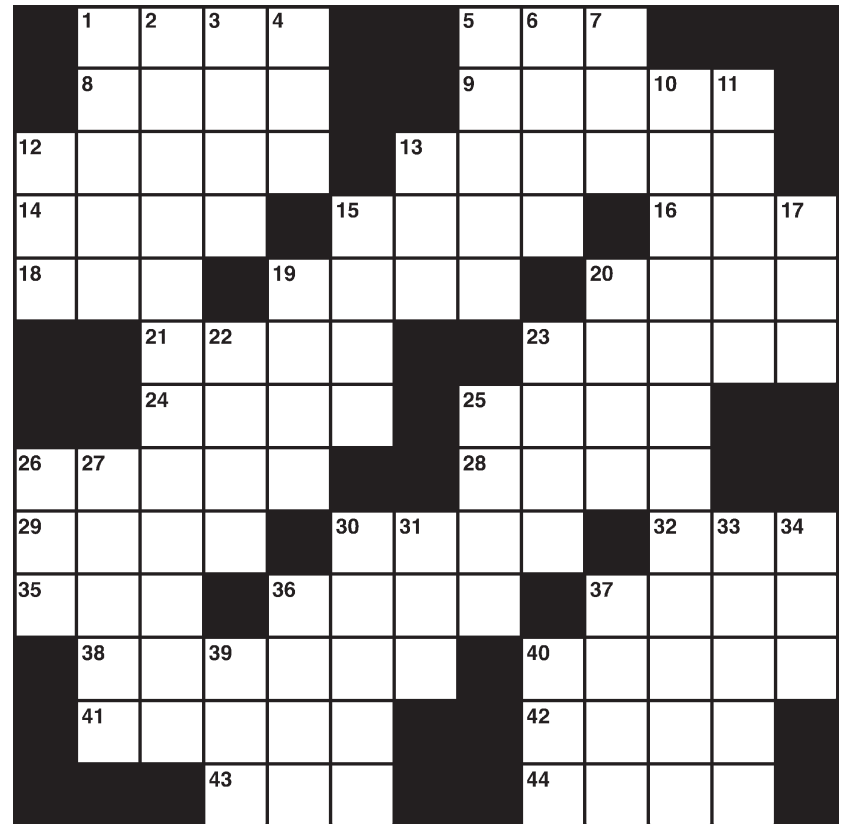
BLISS



CROSSWORD

THE TV CROSSWORD

by Jacqueline E. Mathews



Created by Jacqueline E. Mathews

ACROSS

- Killmer of "Chicago Fire"
- Rodriguez of "CSI: Vegas"
- Sherman Hemsley sitcom
- "What ___ About You"
- Spirited horse
- "The Big ___"; 1965-69 western series
- Actor Cameron
- Vicki Lawrence's sitcom title role
- "___ Amsterdam"
- Start of a vowel list
- "Road to ___"; Crosby/Hope movie
- "Star Trek ___ Darkness"; 2013 film
- Singer Vikki
- Synthetic fabric
- Run ___; go wild
- 25 lf, and, or but: abbr.
- Order another year of "People"
- Approximately
- Whitney & Wallach
- Actress Sheedy
- "Game of Thrones" network
- "___ and Stacey"

DOWN

- ___ Otto; "American Housewife" role
- Series for Lionel Richie
- Smell to high heaven
- "My Wife ___ Kids"
- "CSI: ___" (2002-12)
- "Queen of Jazz"
- "___ Abner"
- Actor on "S.W.A.T."
- See ___ eye; agree
- Music from Jamaica
- Actor Kilmer
- Harmon or Ruffalo
- "How the West Was ___" (1976-79)
- Forehead
- McKellen & Somerhalder
- Name for a 1950s singing family
- Actor Calhoun
- "___ Case" (2003-10)
- Cartoon dog
- Actress Verdugo
- Ready for battle
- Bruce or Brandon
- Singer Pat
- "On Our ___" (1994-95)
- Number of seasons for "Quantum Leap"
- Rescue
- Actor Allen
- Series for Catherine Bell

Solution from 09/14

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SUDOKU

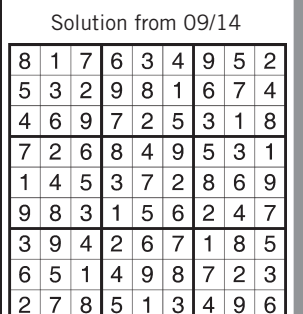
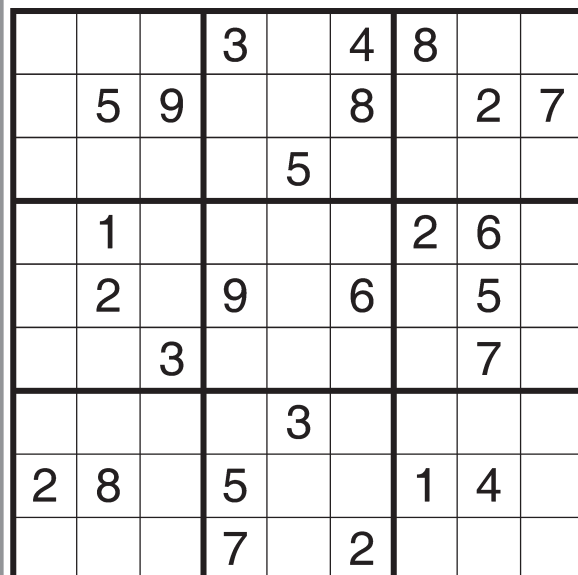
SUDOKU

THE SAMURAI OF PUZZLES By The Mepham Group

Level



Complete the grid so each row, column and 3-by-3 box (in bold borders) contains every digit, 1 to 9. For strategies on how to solve Sudoku, please visit sudoku.org.uk



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EVENTS

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Greenville, NC 27834
6:30 to 8:30 p.m.
(252) 329 - 4576

Thursday Evening Drawing and Painting

Emerge Gallery and Art
Center
404 S. Evans St.,
Greenville, NC 27858
6 to 8:30 p.m.
(252) 551 - 6947

Book Club

Farmville Public Library
4276 W Church St.,
Farmville, NC 27828
6:30 to 8 p.m.
(252) 753 - 3355

Wine & Design Specialty Nights

Wine Design
808 Dickson Ave.,
Greenville, NC 27858
6:30 to 8:30 p.m.
(252) 321 - 1200

TOMORROW

Jordan Pickett Band

Dirty Dan's
110 E 4th St.,
Greenville, NC 27858
10 to 11:30 p.m.



People tailgating during the all day down pour of rain at the football game at East Carolina University against Garner-Webb last Saturday. CONTRIBUTED BY ECUPIRATES

Tailgating brings Pirates together

Nick Bailey
TEC STAFF

When you first arrive in Greenville, North Carolina, during football season and enter Dowdy-Ficklen Stadium, you'll notice an arrangement of tents, ripples of smoke from barbecue and a seemingly endless sea of purple and gold. At that moment, you'll realize you're at an East Carolina University football tailgate.

ECU football represents more than just the color purple and the hope of winning, it brings together the community for a unique moment on a fall Saturday afternoon. There's a reason all these people are tailgating; it's because of the great people you'll find at them.

Pirate students, parents, friends, and alumni gathered from Friday through Sunday for a full weekend of Family Weekend festivities in what turned out to be a very rainy weekend, but ended well for ECU supporters with a win over Gardner-Webb University.

Senior engineering major Jacob Wood said he has gone to tailgates every year during his time at ECU and that it's his favorite thing to do during

football season.

Tailgating is all about spending time with friends and enjoying the weekend for Wood and he said he looks forward to it every year when football season arrives.

"Since I was a freshman, I've been coming to home games, and there's no better place to tailgate than here in Greenville," Wood said. "Every summer I'm looking forward to the tailgates where I'm hanging out with my guys, relaxing on a Saturday listening to some music."

Dowdy's faithful fans are aware of the weekly theme and the first two home games have been Paint it Purple and Paint it Gold, with the Paint it Black game scheduled for Oct. 12.

Wood said the value of fans attending these themed games is immeasurable in terms of the tailgate environment and game outcome.

"We need all of the Pirate fans here every week, no matter the weather," Wood said. "It's so cool to see the tailgating lots and the student section all filled out with the football theme of the week."

Warren Browning said he makes it a point to attend his grandson's Family Weekend every year since it is one of the only times a year when his entire family can be together.

He said that his family hosts an annual Family Weekend tailgate, and that they prepare their area with a variety of food, drinks and games to play.



SHERIDAN LYCETT | THE EAST CAROLINIAN

This writer can be contacted at
arts@theeastcarolinian.com.

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ECU celebrates National Yoga Month

Eli Baine
TEC STAFF

September is National Yoga Month and East Carolina University community members and Greenville residents came together to join in the meditative experience of yoga.

According to the Campus Recreation & Wellness website, there have been three National Yoga Month events this semester and one still planned for Friday where students can stop by the Main Campus Student Center lawn for a yoga class and leave with a free cold brew.

Owner of Zen Sister Healing, Frannie Ayers, said students are often burdened with stress from their classes and jobs, but yoga can be a way for them to help manage their stressors and how they impact their lives.

"They can look at it (yoga) as a way to support them through their journey through school," Ayers said. "It's not always easy for students to find a time and place for slowing down and connecting with your body and breath to enter a more healing atmosphere."

Meditation is often one of the most difficult parts of yoga for people, Ayers said, and being able to put your mind at rest is a skill that can be learned that some have given up on.

Ayers said yoga is one of the most accessible forms of physical activity, and anyone is able to at least give it a try in a class or one-on-one setting.

"Anyone can do yoga," Ayers said. "You can be in a wheelchair, you can be any size and you can be any age. It's all about showing up for yourself and showing yourself that you're worthy enough to give yourself that space to feel good."

Mental health therapist and ECU alumna Michelle Mobley said she integrated yoga into her services after experiencing its benefits for herself after sustaining multiple athletic injuries.

She said after running half-marathons for an extended period in her life and it causing her physical injuries, she was left with many options but discovered yoga and the impact it could have on her life.

"Part of the recovery process for me was to go to yoga, which I thought was slow and boring," Mobley said.

"Regardless of that, it actually helped my body more than I thought, and I noticed that yoga had the ability to positively impact anxiety."

After Mobley's experience with yoga and its effects on her life, she became a trained yoga teacher herself and began utilizing it in her professional life.

Mobley used to work in a group home composed mostly of teens and adolescents, and she was able to invite them to attend yoga classes with each other when there were fights or high tensions.

"I was offering yoga at the group home, and I found that the kids loved it," Mobley said. "I would often times have people that did not get along sitting in the same room together practicing yoga. Rival gang members getting along, actually supporting each other."

Freshman biology major Tasha Greene said yoga is part of her weekly routine and it has aided her in productivity, mental health and physical well-being.

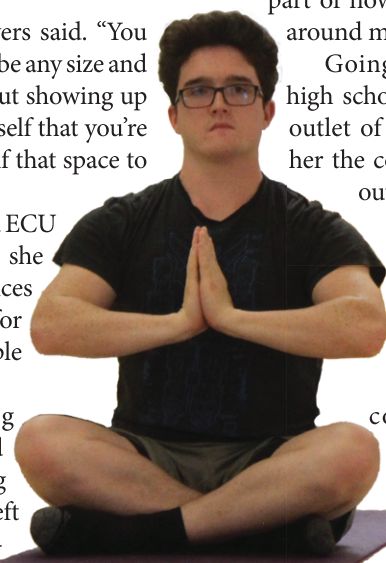
She has nearly one year of experience, but her slow-paced classes eventually led her to investing more time into yoga on her own and figuring out what it could be worth to her.

"I had no idea how much I'd genuinely enjoy doing something like that (yoga) until I actually applied what I learned," Greene said. "The meditation, the poses - all are part of how I deal with the things around me."

Going into university from high school, finding the spiritual outlet of yoga for her has given her the confidence to put herself out there.

Greene said she recommends yoga for students struggling with anxiety, depression or stress.

"I can totally see how college students need something like yoga," Greene said. "It's surprising how it hasn't caught on even more than it has already."



ABBY BRENNAN | THE EAST CAROLINIAN

Student practicing yoga in ESRC.

This writer can be contacted at
arts@theeastcarolinian.com.

TEC 'spertZ

The East Carolinian Sports experts predict this week's events

Nick Bailey

Sports Editor



ECU vs. Rice University
Score Prediction?
37-31 ECU

Why? Rice's defense is ranked in the bottom 10 in college football in points allowed per game at almost 40. The Pirates high scoring rushing attack can take advantage of that and win, but will have to contain long time college football quarterback JT Daniels.

Justin Beltran

TEC Staff



ECU vs. Rice University
Score Prediction?
28-21 ECU

Why? On both sides of the ball both teams seem to be defensive heavy with a high turnover rate. A battle of offensive plays which I feel that ECU will come out on top.

Nia Cruz

TEC Staff



ECU vs. Rice University
Score Prediction?
30- 24 Rice

Why? I don't think ECU can pull this game off. ECU is 1-3 and Rice University is 2-2. The Pirates may be able to pull it off with the confidence from last game, but it's not probable.



Sophomore outside hitter Angeles Alderete jumps up and spikes the ball in the 0-3 loss against Wichita State University on Sept. 20.

Pirates to face FAU on Paint It Black Night

Trevon McGlone
TEC STAFF

East Carolina University's volleyball team (11-3, 2-1 American Athletic Conference) takes on the University of Florida Atlantic (FAU) (9-7, 1-2 American Athletic Conference) from Friday through Saturday in a two game series matchup at the Williams Arena in Greenville, North Carolina.

ECU comes into this game after taking down The University of Alabama-Birmingham (UAB) (2-13, 0-3 American Athletic Conference) 2-0 in their series. The Pirates won 3-0 the first game, and then 3-2 in a close second game. ECU scored a combined 136 points in the two games played against UAB.

FAU split their past series against Temple University (10-4, 1-2 American Athletic Conference) 1-1. Temple took the first game, winning 3-1. FAU would win the second matchup, with the same score 3-1. FAU scored a combined 140 in those two games, despite splitting the series.

Both teams have scored more kills per set than their opponents this year, ECU averages 12.7 kills per set and allows 10.8, while FAU averages 13.7 kills and allows 12.3 per set. In previous games this season, The Pirates average a kill percentage of .252 and held opponents to a .142 kill percentage.



Angeles Alderete

ECU sophomore outside hitter Angeles Alderete has totaled 147 kills on the season. ECU senior right side Fran McBride and redshirt sophomore outside hitter Izzy Marinelli are right behind with 94 and 82 kills respectively. All three combined average seven kills per set.

From previous games this season, FAU's sophomore outside hitter Arianna Beckham averages over 2.52 kills per set, followed by junior middle blocker Kaila Ru, who averages 2.41 kills per set.

ECU averages 11.7 assists per set, while FAU averaged 12.8 assists per set. ECU junior setter Payton Evenstad and senior setter Julianna Askew combined for 458 of ECU's 573 assists this year. Askew averaged 5.2 assists per set, while Evenstad averaged 4.3 per set.

Florida Atlantic sophomore setter Victoria Hensley has 442 out of 704 of FAU's assists on the season, and averages over eight assists per set. Hensley has racked up 103 of those assists in her last three games.

Defensively, ECU averages 2.3 blocks per game, and gives up 1.4 blocks to opponents.

Both FAU and ECU limited the amount of errors they committed between sets, as the two teams took one error per set, their opponents had 1.8 per set this year.

ECU and FAU will be meeting for the first time since Oct. 28, 2013. That game took place in Greenville, NC, as FAU won that meeting 3-2. FAU out-scored ECU 82-68 in that game, despite having a lower kill percentage. ECU had less errors, but weren't able to capitalize on FAU's mistakes.

This is a chance for both sides to improve their conference records. ECU is currently on top of the AAC, and winning both games would put them at 4-1. FAU is tied for No. 4, and has the chance to move up the standings.

Both sides are off to better starts in conference play compared to last year. ECU finished No. 7 in the AAC in 2022. FAU finished second to last in Conference USA in 2022, winning only three of their 14 conference play games.

Following this series, ECU remains in Williams Arena to play the University of Tulane (4-11, 0-3 AAC) on Oct. 6 at 6 p.m. The game can be viewed on ESPN+.

This writer can be contacted at sports@theeastcarolinian.com.



The ECU volleyball team lines up for the playing of the National Anthem during a home game in Williams Arena at Minges Coliseum.

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FOOTBALL

continued from A1



Javious Bond evades the Gardner-Webb defense.

In the win against the Bulldogs, the Pirates made improvements and only turned the ball over one time. Neither quarterback didn't throw an interception in the contest and ECU only had one fumble, while also causing five on Gardner-Webb.

"We talked about it on Friday and Saturday that we just had to do a great job of taking care of the football," Houston said. "I thought we did a great job taking care of the football overall. We did a great job decision wise, primarily at the quarterback position. I thought our offensive line executed at a much higher level than what we'd

had the previous couple of games. I just thought there were lots of positives when it comes to execution on Saturday."

The Pirates running back room has proved to be the most consistent offensive group on the field this season, and that showed thoroughly against Gardner-Webb. 182 rushing yards were accumulated in the rainy game against the Bulldogs, and three ECU running backs including Junior Rahjai Harris, Sophomore Kamarro Edmonds and Freshman Javious Bond got themselves a rushing touchdown.

Bond showed that he belongs by leading the group against Gardner-Webb with 65 rushing yards and nine carries. The five yard touchdown by Bond was his first of his collegiate career.

"It's hard to quantify it, it's the 'it factor' and some guys just have it," Houston said. "There's very few that come in and they're freshmen and are ready. He has the maturity and the confidence to go along with the ability. He has the mentality to play early and not all of them do but I knew he did. It's why I put him back deep as a kickoff return guy at Michigan."

After ECU travels to play Rice on Saturday, they will have their bye week. The Pirates come back after that to play South Methodist University (2-2, 0-0 AAC) at home in Dowdy-Ficklen Stadium on Oct. 12 at 7:30 p.m.

This writer can be contacted at sports@theeastcarolinian.com.