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THE 'M' VOICE

EASTERN NORTH CAROLINA'S MINORITY VOICE - SINCE 1987 WEEK OF JULY 9 - JULY 23, 1994

Grassroots groups urge national, employer-paid health care system for every American citizen

By William Egyir

A national grassroots campaign has been launched in support of national universal health care legislation that promises health insurance to every American and requires employers to pay the bulk of the cost.

The 14 national African American organizations that initiated the drive may now have to direct their energies at the Senate Finance Committee, which is still working on its version of the bill and solidly rejects the idea of putting a further burden on employers. The

House Ways and Means Committee with a slim margin approved the bill with the employer requirements last week. Not one Republican voted for the measure.

In a letter to House Majority Leader George J. Mitchell, the group, which calls itself "African-Americans Mobilize for Universal Coverage & Universal Access in Health Care Reform," said, "We write to urge your support for the Health Security Act as reported by the Senate Labor and Human Resources Committee on Thursday, June 9, 1994.

"We represent a broad cross section of African-Americans and African-American health institutions from across the nation. Our constituents include health care consumers and health care professionals. Although many of our constituents consider a single payer health care system to be the most effective way to create universal access to health care services, we believe that a bill that promises universal coverage with an employer mandate is the next best alternative.
"It is indisputable that passage

of meaningful health care reform legislation is a matter of life and death for all Americans and this is especially true for African-Americans, who are in worse health and more likely to die from preventable disease than others."
The House bill, passed by a 28-20 vote without the support of a single Republican, was highly praised by President Clinton.

"This bill, I think will answer what Americans have been asking for for a long time," enthused the President in a call to beaming Representative Sam Gibbons of Florida. He said the bill would "guarantee access to the health care system, the kind that can't be cancelled or be taken away from them, and the one they can't get in their customary way, through the employer."

A statement by Rep. John Lewis (D-Ga), a civil rights advocate, said "This legislation will prevent costs from raising faster than the economic growth and will provide generous basic benefits including preventive health screenings. The legislation also allows states to design their own health care plans and permits voluntary health alliances that give communities the tools to encourage market competition."

Added Lewis, "The House Ways and Means Committee has done a tremendous job in creating a plan that addresses fundamental concerns. It is up to Congress to complete this awesome task."

However, congressional observers said this week that as the measure moves close to the floor for general House vote, Congress is becoming more partisan on the issue. Led by Senator Bob Dole of Kansas, the Republicans complain of being shut out of the process, their ideas not given serious consideration. But Senate Majority Leader Richard Gephardt of Mis-

souri countered, saying, "The minute they're ready to work with us to provide guaranteed health care for every American, we will welcome them with open arms."

Meanwhile, the 20,000-member Black National Medical Association, one of the Black grassroots groups fighting for universal coverage, said that when the organization meets at its annual convention in Orlando, Fla. from July 23 to 28, "we will discuss and take action on health care reform and a wide range of critical issues affecting the African-American community."

Said the group in a press release, "With the debate in the U.S. Congress on the various health care reform legislative proposals and discussions and debate in the medical community over the impact of managed care, this year's NMA annual convention will be one of the most issue-oriented and

crucial in decision making in the 99-year history of the association."

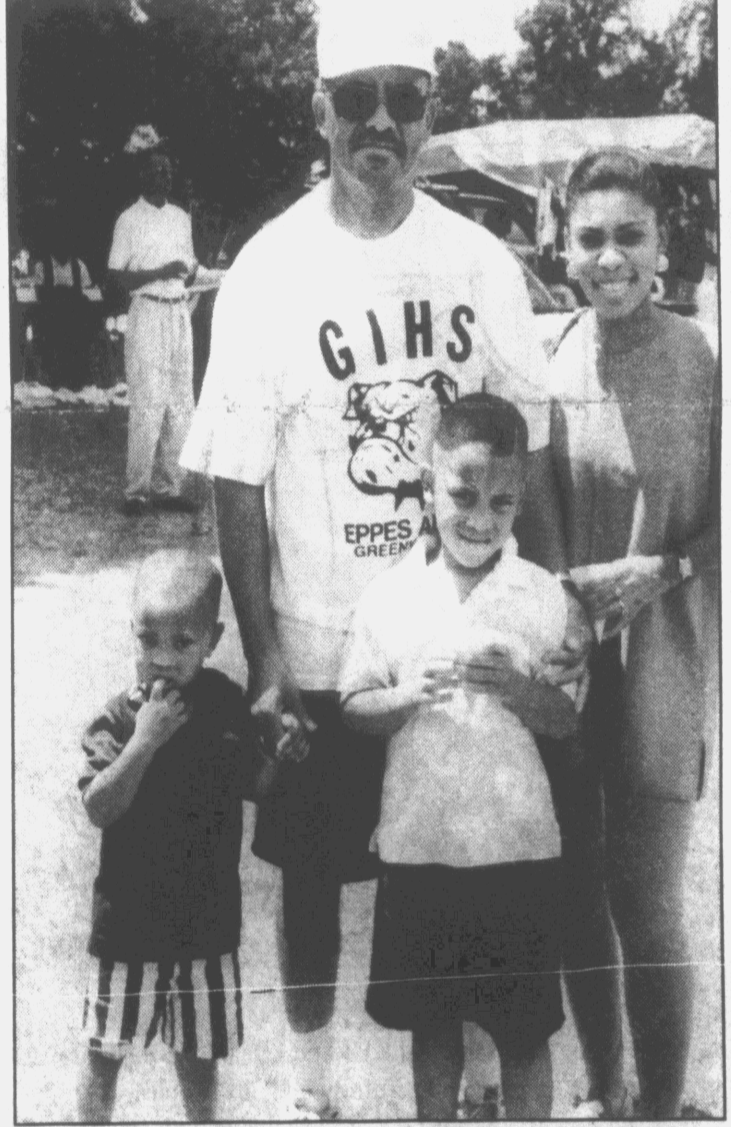
Dr. Benjamin Chavis, NAACP executive director, said that anything less than universal health care coverage would be inadequate to address the pressing health needs of all Americans.

Echoing the demands of members of the 14 member signatories to the grassroots effort, the NAACP director said his organization endorses a reform package sponsored by Sen. Edward M. Kennedy (D-Mass.) in the Committee on Labor and Human Resources that would provide universal coverage through an employer mandate, including protection for small employers. The Kennedy bill would also provide a comprehensive benefit package, including important preventive care, mental health and substance abuse treatment.
(Continued on Page 2)



THE MEN OF SYCAMORE HILL BAPTIST CHURCH. Shown above are Brothers from Sycamore Hill Church where the Rev. Howard Parker is the pastor at their annual fund raiser selling dinners in the Harris Supermarket parking lot across from the airport in Greenville. God brings Brothers together for a worthy cause. Keep up the good work my brothers.

Photo by Jim Rouse



MR. JULIUS "BUDDY" STREETER enjoys the C.M. Eppes Alumni Family Day activities at the old school site during last weekend with his family members and friends.

Photo by Jim Rouse

Project S.O.S. holds annual banquet

On Friday June 10, 1994, participants in the "Save Our Sons" (S.O.S.) Program held their Annual Banquet at the Bachelor Benedict Club. Dr. Edwin Bell, from East Carolina University School of Education, was the guest speaker. Project S. O. S. is an Afrocentric-based mentoring program that provides spiritual, cultural, academic and physical educational activities to boys and girls in the Greenville community. The program is sponsored by Cornerstone Missionary Baptist Church, where the Rev. Sidney Locks is the Pastor. The Project Director is Mr. John Ross.

Participants received awards based on their academic scholarship in school, self-discipline and attitude, sportsmanship, and at-

tendance. The following participants received academic awards: First Place Awards sent to Chance Jones in reading and math, science; Sentell Jordan in Math; Chris Phippen in math; Shaun Hyman in reading and science; Dwayne Hicks in reading and Maurice Cohens in science.

Second Place Awards went to Chris Williams in reading and math; Ryan Fuller in science, Shaun Hyman in math; Sentell Jordan in reading, science and math; Marice Cohens in reading; and, Chris Phippen in science.

Attendance Awards went to Chris Phippen, Tito Anderson, Shaun Hyman and Elizabeth Anderson.

First Place Awards in Physical Education were received by

Chance Jones, Shaun Hyman, and Chris Phippen. Tito Anderson, Shaun Hyman and Dwayne Hicks received the Cultural Awareness Award. The Computer Program Award went to Tito Anderson.

"SOS" presented the Samaritan Service Award to the Kappa Sigma Chapter of Delta Sigma Theta Sorority for their loyal and consistent tutorial support to the "S. O

Somebody ought to say something

Now that Sheriff Vandiford is secure in the newly re-elected office of Sheriff of Pitt County, the African-American community feels

that it is time for him to stop the "blood letting in his random firing of competent staff."

Reliable sources in the Sheriff's Department lament that morale is at an all-time low. In fact, according to those sources, who spoke on condition of anonymity, stated that independent judgement and forethought, both of which are needed to perform efficiently, are grounds for dismissal in this new "Gestapo" ran department. Both white and black officers secretly complain that Vandiford has created such a presence of fear that it is becoming more and more an intolerable workplace.

The public hopes that pre-election paranoia on the part of the Sheriff ceases and desists so that the officers can get back to the job of protecting the public. Enough of the "personnel cleansing."



SHOWN IS CHARLES BROWN, of Sunnyside Auto Sales, and his brother, Rufus Brown, who was visiting from Baltimore for his summer vacation.

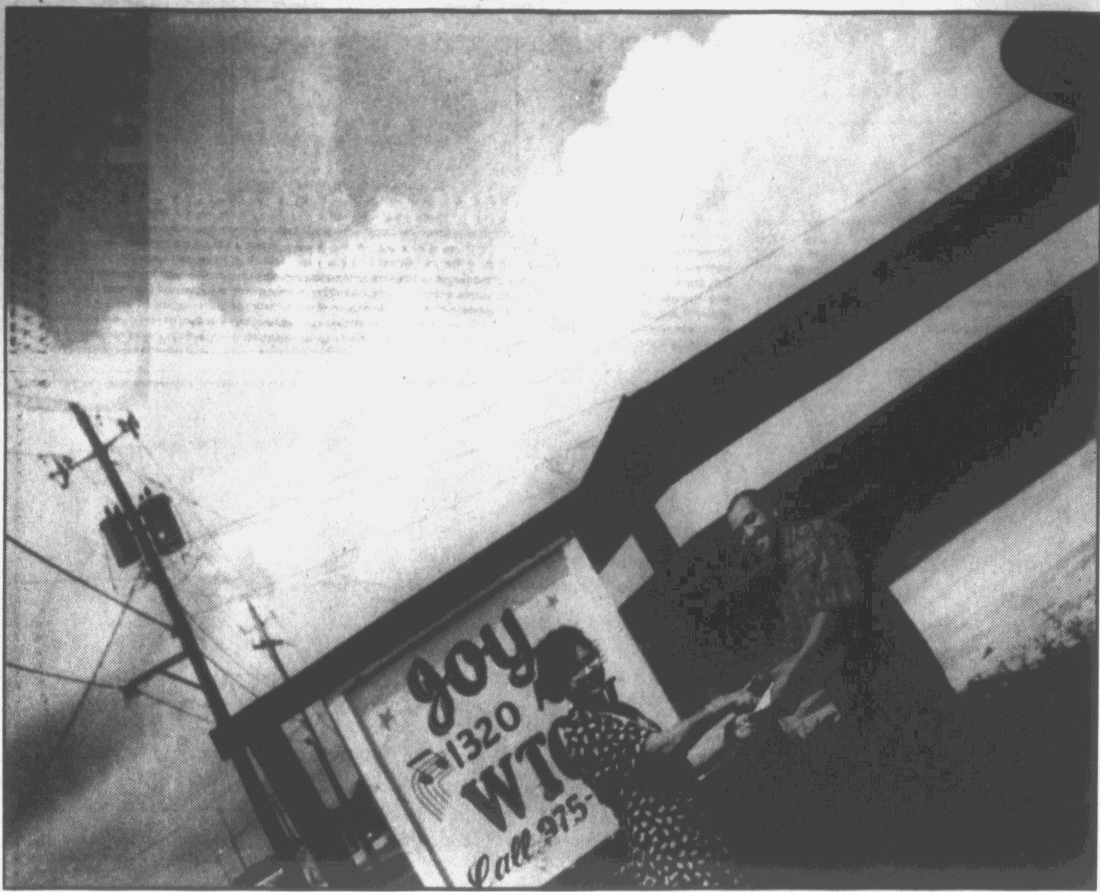
Photo by Jim Rouse



A HAPPY SISTER SANDRA JONES, director of the powerful play "God's Trombones". A productive, prosperous future is predicted for this talented sister. We're all proud of Sister Jones and wish her well in her theatrical endeavors.

Photo by Jim Rouse

Thank You
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The 'M' Voice
Newspaper



BRO. FRANK receives donation from Sister Margarie Wright at WTOW Radio, Joy 1320, Washington, NC.

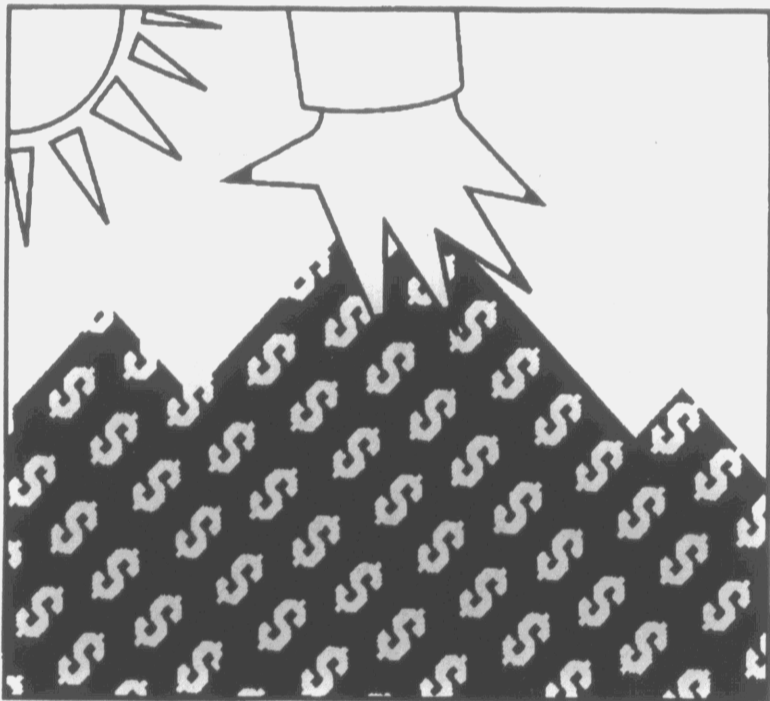
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From Page 1

Elaine R. Jones, director-general of the NAACP Legal Defense & Educational Fund, Inc., said in a statement that health care in American inner cities is in crisis and in some ways worse than in some Third World countries and that, for African-Americans emergency rooms have become the place of last resort.

"If African-Americans are to have an equal opportunity to live long and productive lives, universal coverage and access provisions of the bill must become law," said Jones.

The National Black Caucus of State Legislators, in backing Senator Kennedy's bill, urged members of its 36 chapters and affiliated organizations to contact their senators and congresspersons to push for guaranteed universal coverage and mandated employer payment of premiums.

Writing in the current issue of *Catholic Health World*, the newspaper of the Catholic Health Association of the United States (CHA), J. David Seay intimates that the end of apartheid in South Africa and the movement toward univer-

sal coverage in the United States are "movements of global proportions...related by the subject of human rights."

He notes that numerous international treaties, accords, and conventions have declared adequate health care coverage a "human right." Should the United States fail to do the same, Seay charges, the American people will be seriously shortchanged, and this country would be subjected to justifiable international criticism."

Freedom Schools feed hungry minds

The Black Community Crusade for Children (BCCC) will launch Summer "Freedom Schools" in 17 sites around the country. Operated by the BCCC's Black Student Leadership Network, Freedom Schools and the USDA Summer Food Service Program provide hundreds of disadvantaged 5-18 year olds with healthy meals daily and a safe haven from violence in

many communities. The children also participate in a model educational, cultural, and recreational enrichment program.

Program begins at 10:30 am on July 14, 1994 at Washington Elementary School Media Center, 1000 Fayetteville Street, Raleigh, NC 27610.

The Black Student Leadership Network (BSLN) is a division of

the Black Community Crusade for Children, coordinated by the Children's Defense Fund. The BSLN recruits and trains college students from across the country to work as servant leaders to provide a safe, fun, and nurturing learning environment for disadvantaged children during the summer.

Clayton Announces Housing Grant for the City of Greenville

(Washington, DC) Congresswomen Eva M. Clayton (D-NC-1) announced today that the City of Greenville will receive \$883,000 from the Community Development Block Grant (CDBG) program from the U. S. Department of Housing and Urban Development (HUD) in the amount of \$877,000. "This is a wonderful opportunity for Greenville. Housing is an area in which we need to make some major improvements. This grant will allow the City to continue its efforts towards the realization of affordable housing, as well as to

preserve existing housing for low and moderate income families" says Clayton.

According to HUD officials, these funds will also enable an area, such as Greenville, to expand economic opportunities for low and moderate income citizens through neighborhood revitalization. Planned activities include housing rehabilitation and economic development.

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Clayton Announces Youthbuild Planning Grant Award

(Washington, D. C.) Representative Eva Clayton (D-NC-1) announced today that Community Developers of Beaufort-Hyde, Incorporated will receive a total of

\$46,800 to plan for Youthbuild programs within the communities of Beaufort and Hyde Counties. The grant was issued by the United States Department of Housing and Urban Development (HUD). "This grant will give our people a place to express themselves in activities that are wholesome and productive. If we keep them occupied with useful programs, they can avoid the pitfalls of drugs and crime," says Clayton.

According to HUD officials, the Youthbuild program will provide high school dropouts, between the ages of 16 and 24, the job training in housing construction. The funds will be used to evaluate the feasibility of such a program in the region, design the curriculum, identify housing to be built or rehabilitated, as well as to establish relationships with the local construction industry.

Area students named to Dean's List

April Camille Latham of Route 1, Belhaven and Angela Denese, Brown of Route 2, Farmville are among 821 students named to the Western Carolina University's dean's list for spring semester 1994, according to an announcement by John Wakeley, WCU vice chancellor for academic affairs.

To qualify for the dean's list, students must achieve at least a 3.5 grade-point average out of a possible 4.0 on a regular semester's work of not less than 12 hours, excluding remedial courses, with no grades of D or F.

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Clinton conference on Africa ignored CBC

By Dr. Lenora Fulani
President Bill Clinton appears to go our of his way to disrespect the African American Community. After a year and a half of ignoring Africa - from the brutal dictatorship in Zaire to the genocide in Rwanda - the Clinton Administration hastily called a two-day conference on Africa on June 26 - 27, without consulting at all with the Congressional Black Caucus.

"I don't think there has been a focus on Africa ever in any Administration, including this one," Congressman Donald Payne of New Jersey, a member of the Africa Subcommittee of the House of Foreign Affairs Committee and the chief foreign policy spokesperson for the Congressional Black Caucus, told the *New York Times*. "I have no idea what the focus of the conference is or what its intended goals are."

Since he was not invited to participate in the conceptualization and planning of the conference, Congressman Payne, like most members of the Congressional Black Caucus, did not attend. The Clinton administration apparently doesn't think that the views of people of African descent in this country need be taken into account in shaping U. S. policy toward Africa.

One clear example is the administration's policy toward Zaire. There is growing support within the African American community for the democracy movement led by Etienne Tshisekedi. The Clinton administration, on the other hand, has been, in effect, doing what it can behind the scenes to support the 27-year-old CIA-installed dictatorship of Mobutu Sese Seko, which has left the country brutalized and in a state of economic and social collapse.

On June 16, the State Department released a statement "taking note" of the June 14 "election" of a new prime minister, Kengo wa Dondo, by Zaire's High Council of the Republic. The statement refers to Kengo as coming "from the opposition," and expresses the hope that his election will lead to a "credible government of national unity," thereby implying that the administration considers his election legitimate.

The statement is misleading on two counts. First, Kengo is not "from the opposition." He was Mobutu's prime minister in the days before the Sovereign Conference - the current government, which is attempting, despite Mobutu's ongoing sabotage, to lead the nation's transition to democracy - was created. Kengo has emerged as a favorite of the Clinton administration and international

financial institutions, but the Zairian people haven't forgotten him as the ruthless persecutor of the political opposition under the Mobutu dictatorship. Moreover, Kenjo was cited by the Sovereign Conference as having used his public office to divert state property into his own pocket.

Secondly, the June 14, election in the High Council of the Republic was illegal because it violated the Transitional Constitution, the "Protocol d'Accord" and other documents governing the transition to democracy which were recently signed by Mobutu and the democratic opposition forces in the presence of the United States and its allies. Article 78 of the Transitional Constitution requires that the prime minister be designated by the opposition. The opposition met in accordance with the law and elected the democracy leader Tshiekedi as prime minister with 89% of the vote.

Mobutu has refused to honor his agreements, and through his stacking of the High Council, orchestrated the June 14 "election" in which Kengo, his crony, chosen.

The Clinton administration cannot hope to avert political anarchy in Zaire - or the rest of Africa - if it continues to ignore the democratic will of the people of Africa and the prodemocracy views of the African American people and our representatives in Congress. We must urge the Clinton administration to stop playing politics with African lives. We must urge him to

withhold recognition from the Kengo government, and to affirm his administration's commitment to assisting Zaire in its efforts to establish democracy and the rule of law.



ENGAGEMENT ANNOUNCEMENT. Beatrice Atkinson Reaves, daughter of Mr. Claude Atkinson of Winterville, NC and the late Louise Tyson Atkinson announces her engagement to Mr. Calvin Curtis Henderson of Winterville, son of Lizzie Cox Henderson of Winterville and the late Daivid Henderson. An August 6 wedding is planned.

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Roosevelt Wilkerson, Jr. named Chaplain

Raleigh - The state prison chaplaincy program has a new leader, a Duke graduate and Orange County resident, Roosevelt Wilkerson, Jr. Wilkerson replaces the Rev. R. A. L. Walker who retired in June. "Ministering to prison inmates is one of the most important jobs in corrections," Correction Secretary Franklin Freeman said. "Roosevelt Wilkerson will be at the helm, managing 130 full-time, part-time and volunteer prison chaplains across state, and



ROOSEVELT WILKERSON, JR.

he has the vision and know-how to be a vital part of the correction team."

Wilkerson was chaplain for Caswell Correctional Center in Yanceyville for two years prior to being named chief of Chaplaincy Services for the Divisions of Prisons. He graduated from Duke Chapel Hill for the United Church of Christ. Since 1983, Wilkerson has served as chaplain for the U. S. Air Force Reserve at Pope Air Force Base in Fayetteville. Born in Hollandale, Miss., Wilkerson grew up in Dayton, Ohio. In 1976, he attended Paine College in Augusta, Ga., majoring in religion and philosophy. He and his wife, Ann, have two children, 23 year-old Latonya and 16 year-old Rodney.

"I would hope that chaplaincy services would be seen as part of the team that works toward rehabilitation because ninety percent of the clients we deal with will be back in the community," Wilkerson said. "We need to effect change so the prison's revolving door will close. True regeneration comes from within, and prison chaplains are most capable of helping to turn attitudes of offenders."

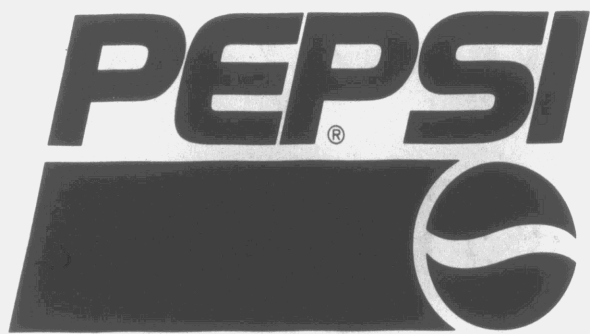
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Free Poetry Contest

A \$1,000 grand prize is being offered in the Free Poetry Contest sponsored by Famous Poets of America. Open to everyone, the contest boasts ten cash prizes totaling \$2,500.

The deadline for entering is July 27, 1994. Winners will be notified by September 1 at which time all prizes will be awarded and a winner's list sent to all entrants.

Says Poetry Director Carolyn Vanderbilt: "I expect this exciting competition to help me discover new poets! Naturally, beginning poets are welcome."

To enter, send one poem 21 lines or less to: FREE POETRY CONTEST, 1626 N. Wilcox, Suite 126, Los Angeles, CA 90028.

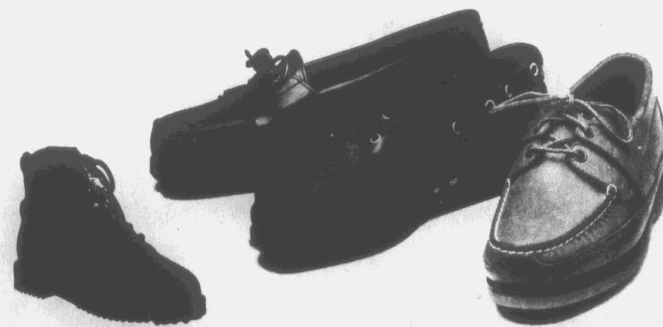
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- Call us at 752-7166 during business hours and at 752-5627 after hours to report the outage. We have extra telephone lines set up during emergencies, but if it's a major storm, calling may take patience because several people will be trying to call at once.

- Unplug TVs, stereos, and other appliances to reduce lightning damage. If the outage lasts longer than 60 minutes, turn off your water heater too.

- Keep flashlights, candles, matches, battery-operated radios, extra batteries, canned food and a manual can opener handy.

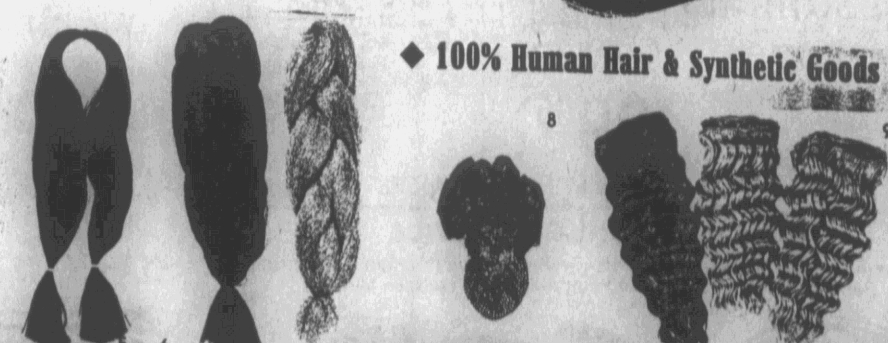
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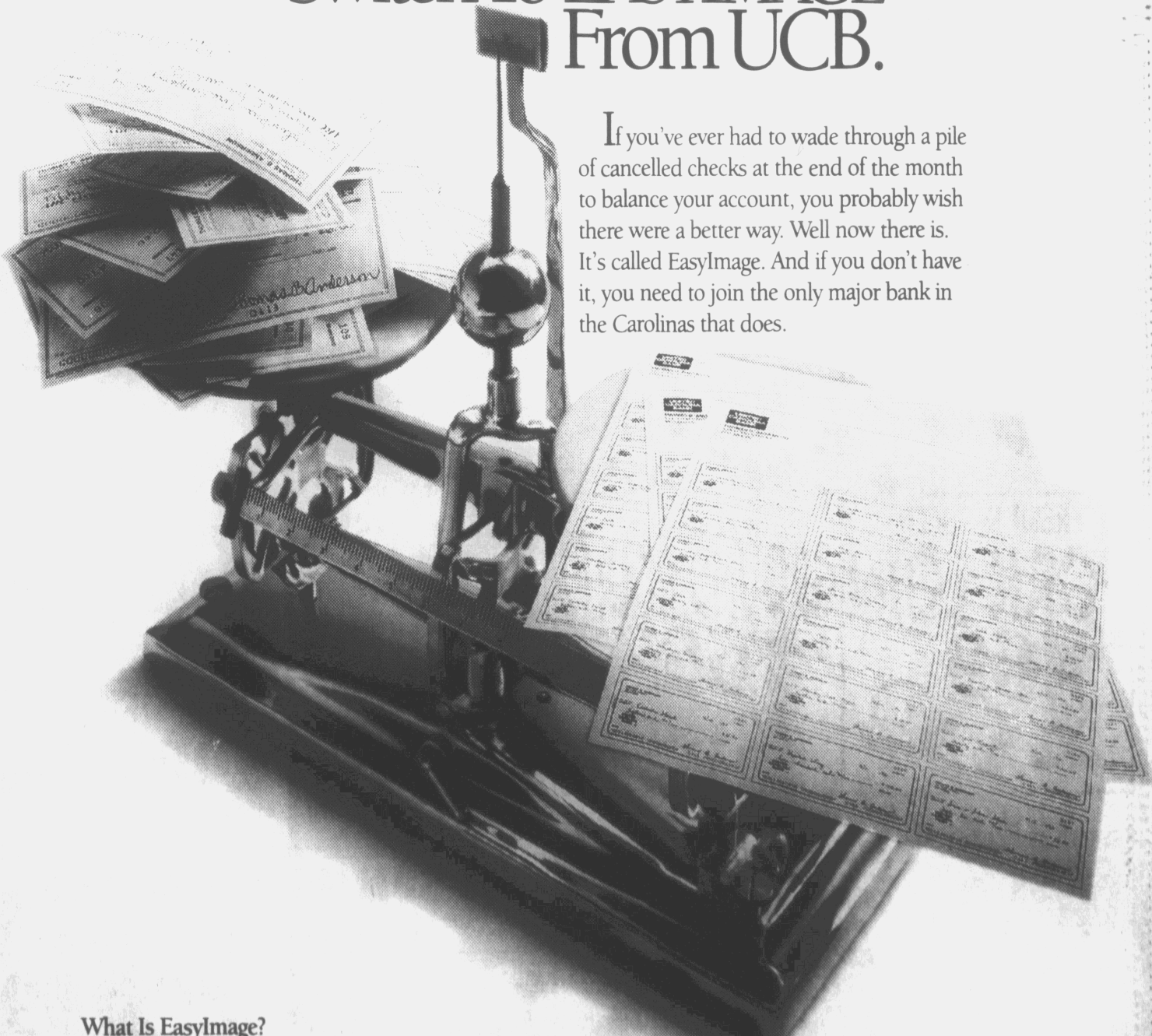


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**VOTE FOR JIM ROUSE
PITT COUNTY COMMISSIONER
NOVEMBER 8**

Clayton Announces Public Housing Grants

(July 7, 1994) Congresswomen Eva M. Clayton (D-NC-1) announced today that the Housing Authorities of the Cities of Fayetteville, Greenville, New Bern, Rocky Mount and Wilmington Comprehensive Grant Program for low-income housing from the United States Department of Housing and Urban Development (HUD). "This an excellent growth opportunity for low

and moderate income citizens, many of whom are unable to afford any other kind of housing," says Clayton. The funding will be allocated as follows: the City of Fayetteville, \$1,694,865; the City of Greenville, \$762,937; the City of New Bern, \$775,060; the City of Rocky Mount, \$896,959; and the City of Wilmington, \$2,635,344. According to HUD officials, the Fiscal Year 1994 grants will be

used to finance physical improvements of certain public housing units in the region. In addition, they stated that these particular funds will also be available for the upgrading of management and operations of those housing units. "To the extent that we can assure the proper care and upkeep of these units, they will continue to serve the community well," added Clayton. The money will be available to the respective Housing Authorities this budget year.

ASSIGNMENT EDITOR

WNCT-TV needs person with good news judgement, editing and writing skills. Person will oversee news coverage and assist in preparation of the newscasts. Broadcast degree and experience desired. Person will also have opportunity to work with late breaking stories in the field and live reports.

Mail resumes to Roy Hardee, News Director, WNCT-TV, PO Box 898, Greenville, NC 27835. EOE. No phone calls please.

NOTICE

The Pitt County Black Ministerial Alliance will sponsor a summer day camp for yours between the ages of 9-16 starting July 11 through August 5, from 8:00 am to 12 noon. Camp KKIU (Kids Kicking It Up) will have three sites including South Greenville Recreation, CM Eppes Recreation centers and Welcome Middle School.

Registration is \$1 and a book. If you are interested in your child attending this camp, please be at a site located near your home on July 11. Parents must accompany their child to register on day one (July 11 at 8:00 AM). For additional information call 752-4156 or 355-1957.

Grant applications available

Grant applications for the 1994-95 fiscal year are now available for non-profit arts organizations in Pitt County through the Pitt County Arts Council. The application deadline has been extended to August 31, 1994. For an application or further information call the Arts Council office at 757-1785.

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<p>All 18 oz. Flavors Kraft BBQ SAUCE 78¢</p>	<p>Kingsford CHARCOAL \$5.49 20 Lbs.</p>	<p>FRENCH'S MUSTARD 79¢ 24 oz.</p>	<p>HUNTS KETCHUP 99¢ 32 oz.</p>
<p>FRESH 1/4 SLICED PORK LOIN \$1.69 Lb.</p>	<p>FRESH GROUND ROUND \$1.69 Lb.</p>	<p>COMET RICE \$2.10 14 oz.</p>	<p>BEER NATURAL LIGHT \$10.88 24 PACK SUITCASE</p>
<p>Hot Dogs SHOULDN'T CLUCK! Our Hot Dogs and Bologna Contain Absolutely NO POULTRY! We'll pay you up to \$1.20 just to taste how really good "old fashioned" CAROLINA PRIDE Hot Dogs and Bologna can be! SAVE 60¢</p>	<p>U.S.D.A. WESTERN T-BONE STEAKS \$3.89 Lb.</p>	<p>2 Liter Dr. Pepper 99¢</p>	<p>FRESHTEST PRODUCE! Large, Fresh, Locally Grown TOMATOES 49¢ Lb.</p>
<p>U.S.D.A. WESTERN BONELESS BOTTOM ROUND STEAKS \$1.89 Lb.</p>	<p>FRENCH'S Worcestershire Sauce 3/1.00 3 oz.</p>	<p>WHISPER PAPER TOWELS 3/1.00 Jumbo Roll</p>	<p>Crisp Western LETTUCE 49¢ Head</p>
<p>Mama Rosa Pizza Reg. or Pepperoni 2/\$3.99 Kid's 3-Pack (Reg. or Pepperoni) 13 oz. \$1.69</p>	<p>GREAT SCOOP Ice Cream \$2.99 5 QT. BUCKET All Flavors</p>	<p>MANDARIN ORANGES 2/1.00 11 oz.</p>	<p>DAIRY FRESHNESS FOR YOU! SHEDDS MARGARINE 1 Lb. Quarters 3/1.00 Breakstone Sour Cream Regular, Fat Free & Light 16 oz. 99¢</p>
<p>Carolina Pride Franks 12 oz. 99¢ Bologna 12 oz. 99¢ Bacon 12 oz. \$1.19</p>	<p>Pet Ritz Fruit Cobblers All Flavors (26 oz.) \$1.99</p>	<p>Ore Ida Tater Tots (2Lbs.) 2/\$3.00</p>	<p>HARRIS SUPERMARKETS</p>

From The Desk Of Beatrice Maye



BEATRICE MAYE

Church Leadership

Let's take a lesson from ants. "Ants pull together". Ants also share burdens that are too large for anyone to carry.

Most churches face the problems of having a few leaders and a handful of people do most of the work necessary to keep a congregation thriving. The more people who can become involved in a church program, the more successful it is likely to be.

Are we guilty of doing more than we need to do because we don't want to share responsibility? After all, "It's my job."

Jethro, father-in-law of Moses, suggested that Moses select able men who feared God, recognizing their accountability to Him in dealing with the Israelites.

What steps can a church take to overcome the lack of leadership?

Here are some suggestions:

1. The congregation should seek out able people from their midst. Today we should consider an able person, one who is intelligent, reasonably well educated, and who possesses those qualities of personality that cause others to recognize him as a leader.
 2. The people need to be challenged. It is easy for members in a church to get into a rut with the same people doing the same things in the same old way.
 3. The people must be trained. Many would be willing to serve if they knew what to do. A congregation ought to have regular educational programs that not only teach the Bible but also prepare its members to be teachers, youth leaders, deacons, elders, and other types of leaders needed by every church.
 4. Care must be taken not to overwork the leaders.
 5. Current methods and programs should be analyzed. It may help to have a person from the outside take a look at the programs we have in our local church. We must have the humility to listen and the willingness to change.
- There is a need for mentors and the need for qualified leaders. Why doesn't the church have more and better leaders? Who was or is the mentor in your life? How can you church-our church-help people become effective leaders?
- Pity the church leader who adopts an I-will-do-it-all philosophy of ministry and fails to delegate.
- Thanks to the advice of Jethro, Moses delegated some of his duties to faithful leaders.
- Thought to Remember: "Many hands make a light work."
- Leaders...**

- "A real leader faces the music even when he dislikes the tune."
- "We herd sheep. We drive cattle. We lead men."
- "Followers do not usually go any farther than their leaders."
- "It's extremely difficult to lead farther than you have gone yourself."
- The Worst...**
- The most useless thing - Finding fault.
- The greatest mistake - Giving up.
- The most disagreeable person - The complainer.
- The most expensive indulgence - Hate.
- The greatest deceiver - One who deceives himself.
- The worst bankruptcy - Loss of all hope and enthusiasm.
- Argument...**
- "Behind every argument is someone's ignorance." Louis D. Brandeis
- Mistakes...**
- People think having fun by ditching school, doing drugs and having sex is cool, but those are mistakes. These are mistakes you make and have to live with them. "Maria"
- Needs...**
- "Everyone needs love and encouragement."
- "I hate you" is a stupid remark.
- Popularity...**
- "Popularity is a form of success that is seldom worth the things you have to do to obtain it."
- What the boss wants...**
- Knowing what makes the boss happy is a key to success on the job.
- 1. Be loyal
- 2. Keep the boss informed.
- 3. Respect the boss's time.
- 4. Follow up quickly. Do what the boss asks as soon as possible, of course not neglecting other properties. It's good to ask the boss, "Is this more urgent than project XYZ?"

of blindness in the United States. It is most common in those over the age of 65, affecting 3 out of 100 older adults. Glaucoma is 10 times more likely to occur in someone with a family history of the disease and three times more common in diabetics. Blacks and those who are very nearsighted also have a greater chance of getting glaucoma.

Mrs. Mattie Barnes, city policelady, had just returned from Chicago, Illinois, visiting her children.

Leonard & Angela Stephens, Silver Springs, Maryland visited

Eugene & Richardine Faison. Lawrence, the son of Mrs. Ernestine Harris, visited his mother.

A speedy recovery is wished for Cherry Fields and Mrs. Julia Davis's sister in Rocky Mount, North Carolina.

Quotable Quotes

1. People change and forget to tell each other.
2. The most solid stone in the structure is the lowest one in the foundation.
3. The thing to do with good advice is to pass it on, it is never any good to oneself.

4. The genius of communication is the ability to be both totally honest and totally kind at the same time.
5. The way to a woman's heart is through the door of a good restaurant.
6. Not what I have but what I do is my kingdom.
7. Love cures people - both the ones who give it and the ones who receive it.
8. Those who fail in life often pursue the path of least persistence.
9. Appreciation is like an insurance policy. It has to be renewed every now and then.



THE JAMES CITY HISTORICAL SOCIETY Executive Director, Mrs. Hattie Hubbard Moore, is shown here with Mr. Ben Watford, Chairman of the Democratic Party in Craven County, who spoke at the July 4th "Open House" of the Historical Society.

Photo by Jim Rouse

Keeping an Eye on Glaucoma

Glaucoma is an eye disorder that occurs when too much fluid is trapped inside the eye, causing a build-up of eye pressure. If not treated by medication or surgery, the fluid can build to such a level that it can damage the optic nerve and cause partial or complete loss of vision.

Glaucoma is the leading cause

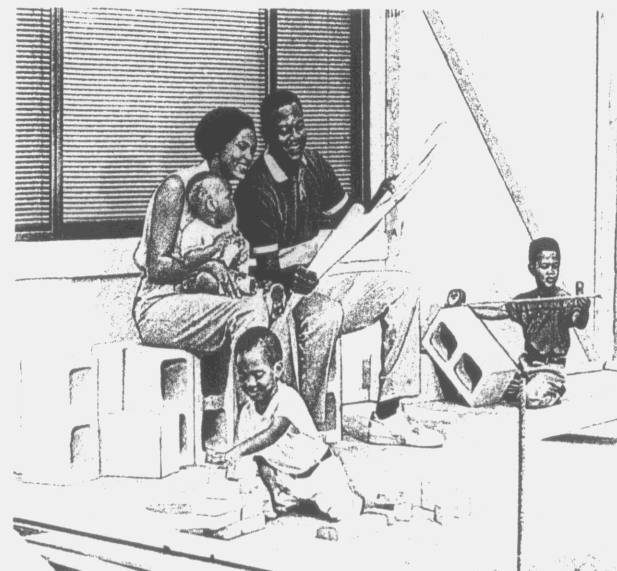
SAFETY DOWN

Bicycle & Pedestrian Safety Program

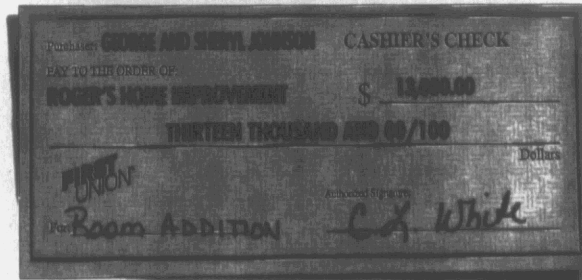
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Vincent's Good Gossip

Greetings to all my good friends:

Well Father's Day has passed and I did not get chance to salute our great fathers, well I would like to say happy father day to all our great fathers: (Happy Belated Fathers)

I would like to salute some great fathers and pastors of some great churches who have gone on the great beyond:

These Fathers were pastors of some churches in our community which is the Pantego and Belhaven and surrounding areas.

We salute the following Pastors & Ministers:

Saint Riddick Missionary Baptist Church Belhaven North Carolina

Rev. James Rogers

Rev. T. Moore

Rev. Don Morgan

God Bless the present Pastor

Rev. James Harris

White Plains Freewill Baptist Church Belhaven North Carolina

Rev. D. Windley

Rev. Bis. R. E. Worrell

God Bless the present Pastor

Rev. Dr. Douglas Cogdell

St. James Disciple Church of Christ Disciple of Christ Belhaven

Elder S. R. Keyes

God Bless the present pastor

Elder Barry James

Pleasant Grove Missionary Baptist Church and now the Original

First Baptist Church Belhaven North Carolina

Rev. E. R. McKnight

Rev. E. W. Stallons

Rev. C. P. Briley

Rev. Dallas Spruill

Rev. Dr. D. W. Lamb

God Bless the present pastor

Rev. Dr. L. W. Chase

Queen Chapel Disciple of Christ

Teria Ceia

Elder G. R. Lovick Sr.

God Bless the present pastor

Elder Melvin Scott

First Baptist Church of Tiera

Ciea

Elder A. L. Alexander

God Bless the present pastor

Rev. Herman Young

These pastors are also father of

these great churches and they all

had their own children. God Bless

their families we do hope you are

caring the flame that your father

and husband had lit so that your

travel down these highways and

hedges would not be hard for you

as it was for them.

God bless and keep you. Now

that good gossip.

Before I close today I would like

to tell you something that I con-

sider good gossip.

There was a man born 55 years

ago on August 13th 1929. He was

raised in very small community

without much money or educa-

tion.

You see he had to quit school

when he was 12 years old to help

his mother and father out with

bills around the home. This man

had some very unique talents,

eventhough he did not get any

farther than 4th grade. His educa-

tion was well beyond than what

people consider a 4th grade educa-

tion. He could do math on 12th

grade level. He was skilled in elec-

trical work, carpentry work, and

thousands of other talents.

He went to work on his own to

help his family at the age of 12.

Eight years later he met a beauti-

ful young girl and they fell in love

with each other. One year later he

asked her to marry him. The young

couple had 6 children, and he still

continued to work at the local fac-

tory to help his parents.

I really consider this man a great

father and role model because their

not very many African American

that would quit school and try to

support their families.

But this man did and he work for

42 years before he passed in 1983,

he was a good husband and a very

good Dad and Granddad, Uncle,

Brother in-law, son.

He did what most Black African

American, men should be doing

now. If more were like him it would

make the word Role Model lot

easier to define.

Yes, this man may have quit

school, but he made sure that his

children and grandchildren got a

very good education. He never told

anyone "no" when they asked him

for help. He loved all children and

all people.

He was truly our role model

and a great father. This man I

speak is my Dad. Mr. Samuel

Murray Jr. better known as

(Bamm). God bless you dad may

you rest in peace you was truly a

great father. Love you and miss

you, Delores, Lawrence, Bryant,

Vincent, Your Living Children,

deceased Children Chester Sr.,

Jacqueline.

Before I close this Good Gossip

for this time Let me remind our

Black African Men today.

When you feel you have come to

the end of your rope and it seems

the world of Haterism is fallen on

you and you have family that de-

pends on you and others that look

up too you, just read this in the

Holy Bible (John 3:16) and you

will find out that you are only a

small piece of leather that will fall,

not break, so please believe that.

Hang in there Black men, you are

strong and don't let no one turn

you around or let no one tell you

that you are junk because you are

not junk. God did not make Junk,

we just let it exist. God bless you

and keep you. And always remem-

ber if you read it here, do tell

somebody because I'm not one to

gossip!!!!!!

The good gossip tip for the

week.

Do not ask the devil to get be-

hind you because if you tell him to

get behind you, you still will be in

trouble because he's still pulling

you back. Tell that snake head

devil beside you that he can't pull

you back. Beat him running and

he will be brushing that dirt off

when he meets you at the end of

the race track.

Make sure to tell someone that

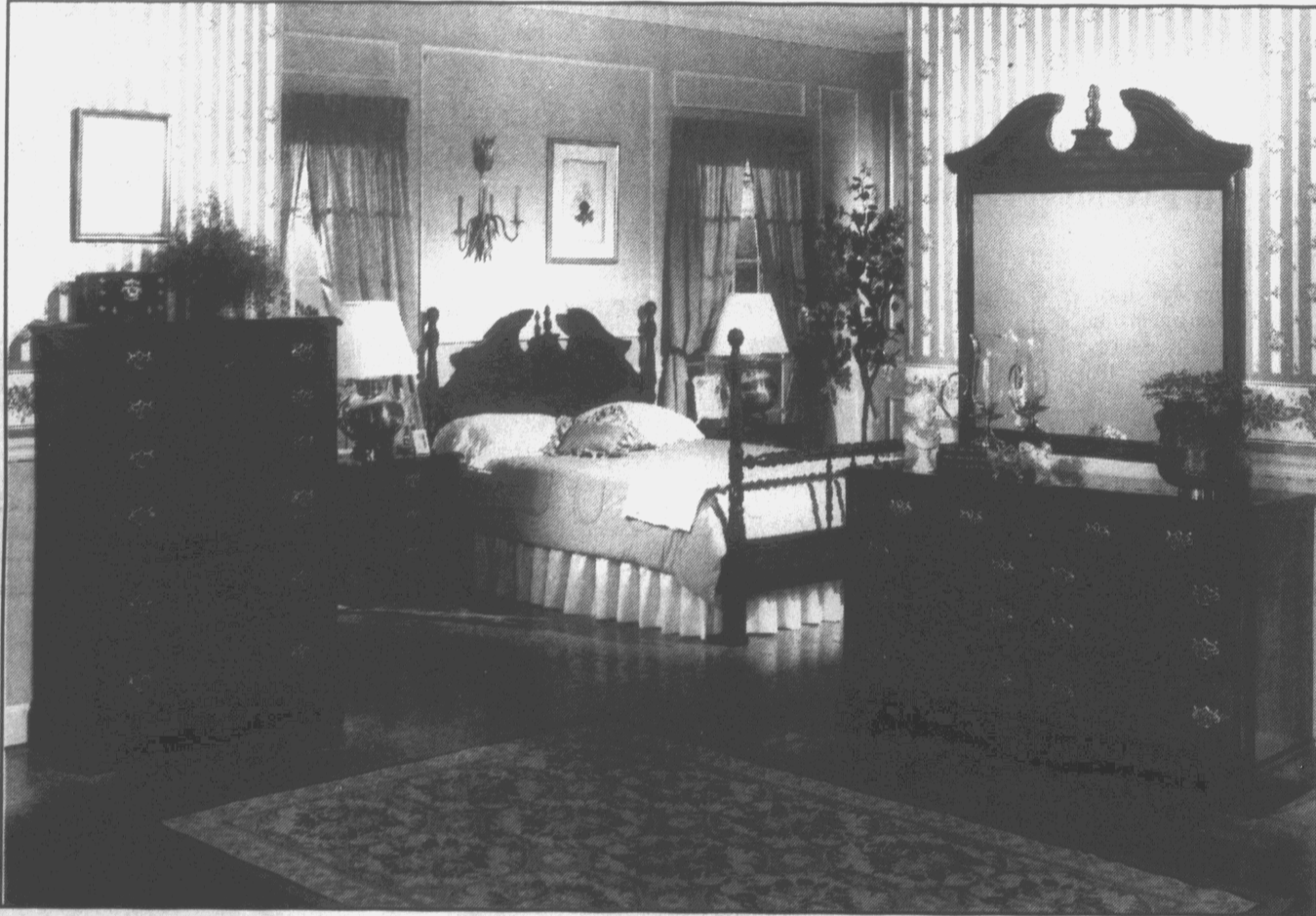
you read it here because I'm not

the one to gossip.

God Bless.

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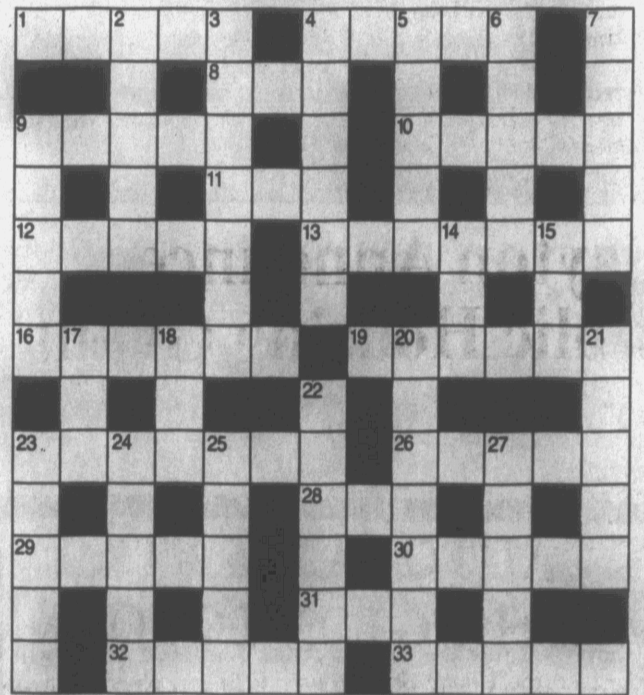
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CLUES ACROSS

1. Frighten
4. Ban
8. Yes
9. Grade
10. Hold tightly
11. Foot part
12. Immerse
13. Vanity
16. Swarm
19. Mean
23. Desired
26. African striped quadruped
28. Namely
29. Color slightly
30. Slip of memory
31. Prosecute
32. Bishop's headdress
33. Evade

CLUES DOWN

2. Separately
3. Oriental
4. Fault
5. Pig meat
6. Light
7. Power
9. Venomous snake
14. Feline animal
15. Tavern
17. Cry down
18. Employ
20. Snuggled
21. Male duck
22. Recommend
23. Capture
24. Poison
25. Entertain
27. Two-footed animal

SOLUTION—ACROSS
1. Scare 4. Debar 8. Aye 9. Detect 5. Bacon 6. Raise 7. Might 9. Cobra 14. Cat
15. Apartment 19. Covered 26. Zebra 28. Viz 29. Tinge
30. Lapse 31. Sue 32. Mitre 33. Dodge
SOLUTION—DOWN
24. Venom 25. Treat 27. Biped

Gov. Jim Hunt's Higher Education Standards

For the last 10 months, the North Carolina Education Standards & Accountability Commission has been listening and learning.

Educators, parents, legislators and business leaders on the Standards Commission have gone across the state, listening to employers and teachers and parents and students and learning from them.

The Commission has posed a critical question: what should North Carolina graduates know and be able to do to succeed in the workplace and in college? How can we prepare our young people for the offices, labs and factories of

the future?

Here's what the commission heard at six public hearings across the state: teach the basics, and a whole lot more. Teach essential skills — like reading, writing and math. Teach our youngsters how to use those skills, and how to apply them in the real world of work.

I attended all but one of the Commission's hearings, and I heard story after story illustrating that North Carolina's students are not coming out of school equipped to face the challenges of work.

We must expect a lot more from

all students. All students must reach higher standards if they are going to be successful in college or in the workplace.

Our schools must offer more rigorous academic curriculum — especially in the basic core subjects such as English, math, science, and language arts. And the schools must offer incentives for effort and achievement.

Based on its hearings and a year of intensive research, the Commission has come up with 10 basic skills that it believes students must know and be able to apply in order to graduate from high school.

These are real-life skills — like

reading, writing and math. Skills that the Commission believes will help students think and succeed in real life. Some of these skills may spur questions or debate. That's exactly what we want to happen.

Because today is just the first step.

Now, parents and teachers and business leaders must come together to assess these basic skills. Are they the right skills? For example, if reading is an essential skill, what level of reading skills ought to be mastered by which grade?

I want parents and teachers and

business leaders in every local community to help us answer these questions and help us decide what higher standards our children should achieve.

I want North Carolina to engage in a statewide dialogue about improving our schools. Over the next year, I will challenge parents and teachers and business leaders in every community, at every school, to sit down and discuss these skills. Are they the right skills for your child or employees? What should the standards be for your school, in your community? What kinds of changes do we need to make in your school to help your children meet higher standards?

Next year, the state Board of Education is scheduled to adopt rigorous new standards for our schools, higher standards for all students.

But higher standards cannot be imposed from above. Instead, higher standards must be developed with real involvement by teachers and parents. Employers must also be involved, to make sure that students are learning the skills they will need on the job.

That means that the state's leaders — the Governor, legislators, the Superintendent of Public Instruction, the State Board of Education, the Standards Commission,

and appointed and elected public school leaders — have a tremendous responsibility.

We have a responsibility to listen to people in the schools and communities across North Carolina, not just to talk. We must be responsive to their needs, concerns and questions. And we must be committed to insisting on standards that are rigorous, real and measurable.

We have a responsibility to the taxpayers, who are paying a lot for public education — but aren't getting their money's worth. That must change.

All of us in North Carolina must recognize that making our schools work better and helping our children achieve higher standards requires a serious, long-term commitment.

Higher standards is not a "quick fix," but part of a deeper commitment to reform that is continual and flexible.

Make no mistake about it: our children's future is a stake. Our responsibility is to expect more of them and help them to achieve more.

Now I'll turn to E. K. Fretwell, chairman of Standards Commission and former chancellor of UNC-Charlotte, to outline the commission's draft report for you

Ice cream and frozen dairy desserts still tops

Ice cream lovers get ready for the fourteenth celebration of Ice Cream Month this July.

Nothing beats the cool, creamy sensation of this frozen dairy treat. Just ask the 98 percent of us who indulge, consuming about 23 quarts of ice cream annually.

Our favorite flavors? In descending order they are vanilla, fruit flavors, nut flavors, candy mix-in flavors, chocolate, Neapolitan and cake/cookie flavors. In the mood for something a little different? How about Jalapeno Pepper (vanilla ice cream with mild jalapeno peppers) or Prickly Pear, ice cream with pieces of cactus fruit. If you would like to dress up an old standby, try one of America's favorite toppings (in descending order): hot fudge, chocolate fudge, caramel, butterscotch, and strawberry.

It should come as no surprise that ice cream sales are greatest in the warm weather months of June through September, with peak sales in July. And while ice cream appeals to all age groups, 13-17-year olds consume the most, accounting for 53 percent of ice cream sales every week. Location also is a factor in how much ice cream we eat. New Englanders eat close to 30 quarts each year, while people on the West Coast eat 24. Folks in Iowa, Kansas, Minnesota, Missouri, Nebraska, and the Dakotas gobble up about 35 quarts a year each.

Bring on the Yogurt

Topping the list of dairy dessert success stories is the increasingly popular frozen yogurt. Frozen yogurt tallied sales of \$1.7 billion last year, up 28 percent from 1992.

New flavors and flavor combinations are adding to frozen yogurt's popularity. Another reason for yogurt's booming success is its ability to transcend all age groups. Originally targeted to "yuppies," frozen yogurt appeals to children and in particular, adults watching their calorie intake.

Novel Ideas

In the mood for something really different? Try a frozen novelty. The novelty revolution was launched between 1919 and 1924 with the invention of the Eskimo Pie, Good Humor Bar, and Popsicle. Today's frozen novelties have come a long way since then.

They are available in countless flavors, coatings, shapes, and sizes and are made with ice cream, ice milk, yogurt, sherbet, and fruit juices and cream combinations. Total frozen novelty sales have reached more than \$3.3 billion and now account for nearly one-third of total retail dollar sales of all frozen desserts.

No matter what form it takes — scooped in a dish, topped with fruit and nuts or dipped in chocolate and frozen on a stick — ice cream and frozen dairy desserts continue to top the list of America's favorite foods.

Dairy industry plays healthy role in state economics

The next time you reach for a glass of milk or slice of cheese, think of it as a vote of confidence in one of the country's most enduring industries and its prominent role in the nation's economy.

Retail sales of dairy products accounted for more than 10 percent of all foods last year amounting to more than \$64 billion. Sales of fluid milk alone amounted to more than \$28 billion.

The farm income from those dairy products amounted to more than \$20 billion, not including the value of beef sales from dairy cows sent to slaughter.

These expenditures help support a dairy industry work force that includes about 128,000 dairy farmers and 65,000 fluid milk industry employees. The trickle-down effect of these dairy farms translate into employment and economic activity in local communities and generates \$3 to \$4 for the local economy for every dairy farm dollar earned, according to Olin Forker, an economist at Cornell University in Ithaca, New York.

In 38 states, dairy products rank among the top five farm commodities in terms of cash receipts. Dairy was the leading commodity in California, Wisconsin, and New York — dairy products account for more than half of the total agricultural cash receipts. Dairy was the number two or three commodity in another 20 states.

Dairy Production Heads West

While milk and other dairy products remain as wholesome and tasty as ever the dairy industry itself is undergoing big production changes that affect the economics of dairying.

Most milk today is being produced west of the Mississippi, a region that claims fewer, but much larger, dairy farms. While the average dairy herd is 60 cows, in the West it is nearly 250. Even though California has overtaken Wisconsin as the largest milk producing state, the fastest-growing dairy states include New Mexico, Arizona, Washington, and Idaho.

Recent changes in the dairy industry are forcing more dairy farmers to rethink how they will market their milk in the future. Government purchases of dairy products produced this year so more than ever is going into the commercial market.

Also changing is how dairy farmers are paid for their milk. While dairy farmers used to be paid one price for most of their milk, including proteins, nonfat solids, and butterfat. On average, only 20 percent of their income comes from butterfat, compared to nearly 40 percent several years ago.

Industry analysts foresee the day when milk processors will not automatically buy all the milk a dairy farmer produces. All purchases will be made on a contract basis, and only for certain components of the milk, they say. That, coupled with reduced government purchases of dairy surpluses, will mean that the supply of milk will be kept more in line with changes in consumer demand. For consumers that means more of the dairy products you want — when you want it.

Cooking questions and answers

Q. I'd like to substitute all-purpose flour in a recipe that calls for cake flour. How do I do that? R.L.F., New Washington, OH

A. Measure one cup minus two tablespoons all-purpose flour per cup of cake flour. There's no need to sift either cake flour or all purpose flour as both have been sifted many times during the milling process.

Q. I recently ran out of granulated sugar when I was baking a cake. I needed another 1/3 cup. Is

it best to reduce sugar or make up the difference with brown sugar? N.F., Richland, WA.

A. For consistently good baking results, it's best to follow the recipe. In some cookies that call for small amounts of sugar, powdered sugar can be substituted. Use twice the amount of powdered sugar as granulated sugar. Cakes are balanced more delicately. That means that reducing sugar or substituting brown sugar will yield disappointing results.

Clayton Announces Public Housing Grant for Eastern NC

(July 7, 1994) Congresswoman Eva M. Clayton (D-NC-1) announced today that the Eastern Carolina Regional Housing Authority will receive a total of \$1,214,941 under the Comprehensive Grant Program for low-income housing from the United States Department of Housing and Urban Development (HUD). "This is an excellent growth opportunity for low and moderate income citizens, many of whom are unable to afford any other kind of housing,"

says Clayton. The funding will be distributed among the following counties: Carteret, Craven, Harnett, Johnston, Jones, Onslow, Pamlico, Sampson and Wayne.

According to HUD officials, the Fiscal Year 1994 grants will be used to finance physical improvements of certain public housing units in the region. In addition, they stated that these particular funds will also be available to the Eastern Carolina Regional Housing Authority this budget year.

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Lenoir Memorial Hospital

Where Families Come First

Proudly salutes Jim Rouse and staff for the addition of WISP Soul 1230 AM in Kinston, bringing you the best in gospel, soul, rhythm and blues.

Lenoir Memorial Hospital is a proud supporter of WTOW, WOOD and WISP radio and their efforts in the African American community. Lenoir Memorial Hospital offers these community services

LMH Support Groups

Helping patients and families cope with illness or chronic conditions through information and sharing.

Heart to Heart

This cardiac support group meets on the third Monday of each month at the hospital.

Next meeting: July 18th at 7 p.m.

Contact Renae Dail at 522-7014 for more information.

Cancer Support Group

Meets the third Tuesday of each month at Kinston Medical Specialists in Suite N, Kinston Clinic North.

Next meeting: July 19th at 7 p.m.

For more information call the American Cancer Society at 522-5416.

Diabetes Support Group

A new group for people with diabetes meets the third Thursday of the month in the LMH Wellness Center.

Next meeting: July 21st at 2 p.m.

Call Brenda Woodard at 522-7014 for more information.

Better Breathers Club

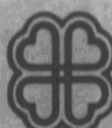
This support group dealing with respiratory problems meets the 2nd Wednesday of the month at the hospital.

Next meeting: August 10th at 10 a.m.

For more information contact Jane Moore at 522-7389.

Ostomy Support Group

Will resume meeting in September.



Lenoir Memorial Hospital

Where Families Come First

Watermelon recipes that are sure to please

Watermelon - the fruit that is really a vegetable (cousin to a cucumber) traces its roots back to Africa. The early watermelons were mainly rind and seeds; thus, rind pickles and toasted seeds were popular. Today's watermelon is larger, the flesh is sweeter, the seeds smaller and the rind thinner. Watermelon's luscious sweet flesh is regarded as the most refreshing, thirst quenching fruit - loved by all.

Watermelon with only 90 calories per 2 cup serving is:

- * Fat and cholesterol free.
- * Very low in sodium.
- * A good source of vitamin A (100% as Beta Carotene).
- * High in vitamin C.

On hot days watermelon is a great choice to replenish body fluids since it is 92% water.

The National Academy of Sciences and National Cancer Institute advise eating 5 or more servings of fruits and vegetables daily to help maintain health and reduce the risk of cancer. It's easy to include watermelon in your 5 A Day plan - keep watermelon chunks, slices or juice in your refrigerator.

How to select:

- *Choose a watermelon symmetrical in shape without dents, bruises and cuts.
- *Thump, if you must (listen for dull hollow sound).
- *Turn watermelon over. The underside should be yellow with a healthy sheen to the rind.
- *Lift the watermelon. It should be heavy for its size.

How to store and prepare

*Store watermelon in refrigerator for up to two weeks for best sweetness and flavor.

*Clean outside of watermelon with cool water before cutting as you would any fruit.

*Cover cut surface of watermelon loosely with plastic wrap to prevent flesh from becoming mushy.

*Store chunks of watermelon flesh in covered plastic containers.

*Best advice: **EAT TODAY!**

Per pound, watermelon is a great value because you can use it all! Everyone loves plain watermelon as a snack or dessert. Now taste just how good watermelon can be when combined with other flavors.

* Nutritional values of recipes are evaluated per serving.

Watermelon is grown in 44 of the Continental United States from April through October; May through August is the peak season.

Watermelon Beverages

Watermelon juice

The perfect use for small pieces of watermelon.

Cut flesh from watermelon rind; remove seeds. Cut into chunks and place in blender or food processor. Process until liquefied. Store juice in refrigerator or freeze in ice trays to add to your favorite beverage.

Watermelon Berry Slush

Cool, pink, icy treat for a hot summer day.

1 cup cubed seeded watermelon
1 cup ginger ale or lemon-lime carbonated beverage

2 tablespoons frozen (thawed) limeade concentrate

1 cup frozen unsweetened strawberries

In blender or food processor, process watermelon, carbonated beverage and limeade concentrate until liquefied. Gradually add frozen strawberries blending just until slushy. Serve immediately. Makes 4 servings.

Cal. 63 Carbo. 15g Protein 0.6g Fat 0.4g/5% Dietary Fiber 1g Vit. A 166 IU Vit. C 36mg Sodium 9 mg Chol. 0mg

***MELON-LIME COOLER:**

Flavor watermelon juice with lime juice and grated lime peel to taste; add ginger ale and enjoy!

Watermelon Citrus Cooler

Frozen watermelon balls add an extra special touch.

Watermelon balls
6 bamboo skewers
3 cups of watermelon juice
2 cups of grapefruit juice
1 cup orange juice
2 tablespoons of granulated sugar

Thread watermelon balls on skewers; freeze. In pitcher, blend watermelon juice, grapefruit juice, orange juice and sugar until sugar is dissolved. Chill thoroughly. Place frozen watermelon ball skewer in each glass; fill with watermelon mixture. Makes 6 servings.

Cal. 107 Carbo. 25mg Protein 2g Fat 0.7g/6% Dietary Fiber 0.6g Vit. A 510 IU Vit. C 53mg Sodium 4mg Chol. 0mg

Watermelon Punch

For a picnic or function - serve punch in watermelon boat decorated with red, white and blue streamers and an American Flag.

6 cups watermelon juice
2 cups pineapple juice

1 can (12 ounces) frozen raspberry-flavored juice blend

1 can (6 ounces) frozen orange juice concentrate

1/4 cup lemon juice

In large bowl, blend all ingredients; chill. Serve in scalloped watermelon boat. Makes fourteen

3/4-cup servings.

Cal. 113 Carbo. 28g Protein 1g Fat 0.5g/4% Dietary Fiber 0.5g Vit. A 298 IU Vit. C 61mg Sodium 5mg Chol. 0mg

*MELONADE: Substitute watermelon juice for water when preparing frozen limeade or lemonade concentrate.

*WATERMELON FLOAT: Combined 3 parts watermelon juice and 1 part lemon-lime carbonated beverage. Serve in a tall glass with scoop of lime sherbet.

Watermelon Appetizers

Watermelon Pico De Gallo
Serve as an accompaniment with fish, chicken, beef or pork for a new taste treat!

4 cups diced seeded watermelon

1 1/2 cups diced jicama

1/2 cup diced green pepper

1/4 cup chopped fresh cilantro

1 tablespoon chopped jalapeno pepper

2 tablespoons fresh lemon juice

1 tablespoon honey

1 teaspoon salt

1 teaspoon garlic pepper

1/4 teaspoon hot-pepper sauce

In large bowl, combine all ingredients; mix well. Refrigerate, covered, at least one hour to blend flavors.

Stir before serving. Makes 12 servings.

Cal. 32 Carbo. 7g Protein 0.7g Fat 0.3g/8% Dietary Fiber 0.7g

Vit. A 364 IU Vit. C 16mg Sodium 182mg Chol. 0mg

Caribbean Watermelon Salsa

Jerk seasoning gives a tropical touch to this salsa. If not available in your markets, chopped jalapeno pepper may be substituted.

2 cups chopped seeded watermelon

1 cup chopped fresh pineapple

1 cup chop fresh cilantro

1/4 cup of orange juice

1 to 2 tablespoons jerk seasoning,* or to taste

*Jerk spices differ in hotness so start with 1 tablespoon seasoning for more tender palates.

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MEGA SALE

<p>Amana Whirlpool FEDDARS EMERSON <i>Carrier</i> <i>White Westinghouse</i></p> <p>SAVE \$80 \$25 per mo.</p>	<p>Whirlpool Model EV2000 UPRIGHT FREEZER</p> <ul style="list-style-type: none"> • 19.6 cu. ft. frozen food storage capacity • door lock • Interior light • Adjustable temperature control • Power saver switch • 665 pound storage capacity • 10 year warranty on compressor <p>5 Cu. Ft. to 20 Cu. Ft. Available</p> <p>\$100 CASH BACK</p>	<p>GENERAL ELECTRIC Model TFH24PRS Profile® REFRIGERATOR</p> <ul style="list-style-type: none"> • Dispenses crushed ice, cubes & chilled water • 23.6 cu. ft. capacity • 2 slide out, spill proof shelves • Gallon storage on door. <p>\$100 CASH BACK</p>	<p>HOTPOINT Model CTX18GISWH REFRIGERATOR</p> <ul style="list-style-type: none"> • 18 cu. ft. capacity; • 5.14 cu. ft. freezer • adjustable glass shelves • twin vegetable/fruit pans • meat pan • free ice maker. <p>FREE Ice Maker</p> <p>\$629⁹⁵ \$20 per mo.</p>
<p>AIR CONDITIONERS</p> <p>5,000 BTU's ... \$239⁹⁵ 7,000 BTU's .. \$299⁹⁵ 8,000 BTU's .. \$339⁹⁵ 10,000 BTU's .. \$389⁹⁵ 12,000 BTU's .. \$459⁹⁵ 18,000 BTU's .. \$499⁹⁵ 24,000 BTU's .. \$699⁹⁵</p>	<p>HOTPOINT Model WLW3400 WASHER</p> <ul style="list-style-type: none"> • Large capacity • 4 cycles • 3 wash/rinse water temperature combinations <p>\$359⁰⁰</p> <p>Model DLB3400 DRYER</p> <ul style="list-style-type: none"> • Large capacity • 4 cycles • 4 temperatures • AUTOMATIC DRYMISER <p>\$299⁹⁵ \$639⁹⁵ \$20 per mo. Pair</p>	<p>HOTPOINT Model HDA400 DISHWASHER</p> <ul style="list-style-type: none"> • 3 water levels • Deeper upper rack • 5 cycles • Built-in soft food dispenser • Timer controlled 120' Wash System <p>\$299⁹⁵ \$20 per mo.</p>	<p>RCA Model P46729WK 46" HOME THEATRE™ PROJECTION STEREO MONITOR-RECEIVER</p> <ul style="list-style-type: none"> • Full color Picture-in-Picture • SRS sound retrieval system • 5 watt/channel stereo amplifier • Broadcast stereo with dbx noise reduction • Master Touch™ universal remote <p>\$1,999⁹⁵ \$60 per mo.</p>
<p>Model SL3275V ZENITH 27" COLOR TV MONITOR</p> <ul style="list-style-type: none"> • Audio and video inputs • remote control • on screen display • sleep timer • closed captioning <p>\$399⁹⁵ \$20 per mo.</p>	<p>Model GR-AX25 JVC COMPACT VHS-C CAMCORDER</p> <p><i>Great For Summer Vacation!</i></p> <ul style="list-style-type: none"> • Program AE with Special Effects • 10x Power Zoom Lens • 2 Lux Low-Light Sensitivity • Full Range AF with Auto Macro • Flying Erase Head <p>\$599⁹⁵ \$20 per mo.</p>	<p>Whirlpool Model MH-7100KYB MICROWAVE HOOD COUNTERSAVER</p> <ul style="list-style-type: none"> • Microcomputer touch control • Auto set • 6 stage programmed cooking • Quick defrost cycle <p>\$399⁹⁵ \$25 per mo. \$20 per mo.</p>	<p>RCA Model VR323 VCR WITH BUILT IN VCR PLUS+™ PROGRAMMING SYSTEM</p> <ul style="list-style-type: none"> • 8 event/1 year programmable timer • Universal remote control <p>\$279⁹⁵ \$20 per mo.</p>
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