



ECU BASEBALL SOPHOMORE EARNS FOURTH POST-SEASON HONOR to A6



The East Carolinian

YOUR CAMPUS NEWS SOURCE SINCE 1925

Wednesday, 07.21.21

VOLUME 95, ISSUE 37



An East Carolina University student is on his mobile device as he walks across main campus near the Old Cafeteria Complex.

MADISON GRIFALDO | THE EAST CAROLINIAN

Social Work receives new staff director

Kyle Arnoe
TEC STAFF

East Carolina University College of Health and Human Performance has received a new director of the School of Social Work, Kirk Foster, who hopes to grow the program through outreach and research.

Foster said he undertook his new position on July 1 and began in the field of social work as a church pastor in Ferguson, Missouri. After receiving his master's in social work from Washington University in St. Louis Missouri, and finding a passion for research in social work, he pursued his doctorate of philosophy in social work as well.



Kirk Foster

After he worked at the University of South Carolina as a professor and as Associate Dean for Diversity and Inclusion for 10 years, Foster said he began to look for new opportunities elsewhere. He said ECU provided an opportunity in that the school has potential for growth in its undergraduate program. The undergraduate program at ECU has a presence in the surrounding community of Greenville as well as various research opportunities for students.

"What I saw here at ECU was growth potential, not only growth potential when we think of numbers, numbers of faculty numbers of students," Foster said. "But also growth in faculty scholarly productivity, that I would have an opportunity to put some systems in place to ensure that faculty have the resources that they need to be the scholars that they all have the ability to be."

Foster said he's happy to be a part of ECU and said the growing field of social work requires a lot of extensive knowledge. ECU faculty, he said, is well-equipped to prepare students for the variety of jobs social workers can fill in terms of the professional career field.

Most faculty in the School of Social Work are also practitioners and bring real world experience into the academic classroom, which can help prepare ECU students for their jobs as social workers, Foster said.

"We (ECU) have a rock solid faculty who have a wealth of experience, not only practice wise but also from their own research who bring that into their classroom," Foster said. "Create well-rounded students who challenge our students to think critically about the world around them, think critically about the ways in which they see themselves, and also to ask deep probing questions about what we can do as social workers to make a difference."

Edwin Gómez, professor and chair of the ECU School of Social Work, said he led the search committee tasked with filling the vacant director position, a search that

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BOT to return in-person Organization expects normal operations after COVID

Michelle Mazzei
TEC STAFF

The East Carolina University Board of Trustees (BOT) plans to return to an in-person format on July 22 with new member orientation and an official meeting on July 23 after a year of virtual meeting sessions.

Student Government Association (SGA) president Chandler Ward said the BOT has not been able to meet in person for over a year due to the COVID-19 pandemic. He said he looks forward to new member orientation as well as his first official meeting.



Chandler Ward

"I think it's really important for them (BOT) to be able to meet in person and be able to read body language of people and be able to talk and communicate more effectively rather than all (Microsoft) Teams," Ward said. "I think if it's a large university decision, we certainly don't want to have to deal with the difficulties of technology and things like that. I'm so really excited to be back in person and certainly excited to advocate on the students behalf."

Ward said throughout the July 22 orientation, a campus tour will be given to all BOT members, the BOT's mission as well as the roles, delegations, responsibilities, financial and student recruitment overview will be reviewed.

During the July 23 meeting, the BOT will elect a new secretary and vice chair. It will also elect a new chair since former Chair Vern Davenport retired with his last meeting on June 23. Ward said he is not aware of the candidates up for election as of date of publication. New BOT members will also be sworn in throughout the July 23 meeting.

Although Ward said he has not been able to work with the members of the BOT yet, he looks forward to building strong professional relationships with each member as well as the ECU population as a whole throughout the remainder of the summer of 2021 and the fall 2021 semester. He said ECU student recruitment is of utmost importance for the BOT.

"I think student recruitment is going to be a big piece for this year coming out of the pandemic," Ward said. "I certainly think the navigation of the students' mental health returning to campus is going to be a big topic as well. I've certainly been involved with this student

conduct process and all those files and regulations, so I'm excited on the board's level as well and obviously just advocating for students and their needs and just being able to serve as students."

Ward said he and SGA Vice President Savannah Slade will continue to work with the BOT throughout the fall in order to advocate and be transparent with all ECU students. He said along with the BOT minutes log the board posts, he and Slade will post the meeting coverage on the SGA Instagram page.

While Ward said he and Slade have plans for SGA and BOT collaborations, he is not sure what to exactly expect from the meetings since he has never been a part of one, although he has sat as a member of the public in previous meetings. He said although there is still some uncertainty, he will make sure he listens, learns and informs ECU and its community about what is going on at the university.

"I haven't really been able to fully dive right in. I think that's something that's slowly you know just gonna happen," Ward said. "As I sort of get my feet wet here in the fall, I'm really excited."

Burger joint to arrive in the Greenville area

Giana Williams
TEC STAFF

PT's Olde Fashioned Grille, a local restaurant based in Wilmington, North Carolina, is expected to open a new location to the Greenville, North Carolina, community on July 26, located at 1840 SE Greenville Blvd where Pizza Inn formerly resided.

Hank McClenney, East Carolina University alumnus and co-owner of PT's Greenville location, said after his retirement in October 2020, he took up the offer to open up PT's in Greenville with former Pizza Inn owner Will Page after trying out the food in the Wilmington location. McClenney said he agreed to do it because loves the restaurant business.

"Me and Will (Page), both from eastern North Carolina, and like I said, it's (PT's) the best burgers, and I don't want to drive two hours and have to go get a cheeseburger," McClenney said. "We've been in the restaurant business. We enjoy it. If you have something that is very good that you can offer to people, you know, they are going to like it, you do it."

PT's was founded in 1990, according to its website, and its original location on 4544 Fountain Drive in Wilmington was founded several years later in 1995, according to Port City Daily.



Hank McClenney



DESTIN HENDRIX | THE EAST CAROLINIAN

PT's Grille, a new restaurant that will arrive in Greenville, North Carolina, has a sign posted to promote it's now hiring community members.

McClenney said the restaurant receives fresh food items three times a week. PT's menu consists of burgers, sandwiches, salad and hand cut fries done inside the store with "PT's special seasoning." The price range of its menu items varies from \$6 to \$11.

McClenney said the Greenville location will be the largest PT's in the state of North Carolina and the only stand-alone restaurant, as most of them reside in strip mall areas. The

Greenville location will also seat 30 to 40 more customers than the original Wilmington location. McClenney said the restaurant plans to open its doors to the public on July 26 if the building passes its inspections on time.

PT's is well known in the Greenville area since there's a lot of people from Wilmington who attend college there before

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ONLINE

»SPORTS: Two more ECU baseball players are drafted into MLB

»Check out our website for articles, photo galleries and more

SOCIAL MEDIA



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BRIEFS

'Virtual Involvement Fair' to be hosted for students

Tomorrow, East Carolina University's department of Student Engagement alongside Sorority and Fraternity Life and Club Sports will host a "Virtual Involvement Fair" from 5 to 7 p.m. virtually. Participants will have the opportunity to find out about the several on-campus opportunities ECU offers students. The next "Virtual Involvement Fair" will be held on July 27 from 5 to 7 p.m. Students can register on the event's Engage website.

Learning and Leadership Session to provide insight

Tomorrow, the East Carolina University Office of Faculty Excellence will hold a "Learning and Leadership Information Session" from 11 a.m. to noon via Microsoft Teams. Participants will be given an overview and ask questions about the Fall 2021 Active Learning and Leadership Program. The program focuses on leadership-focused topics such as leadership discussions, assignments and activities in an academic classroom setting. Those interested can find a link on the ECU Events Calendar website.

'CET Big Friday' to offer opportunities

Friday, the East Carolina University College of Engineering and Technology (CET) will host CET Big Friday from 10 a.m. to 1 p.m. in the Atrium of the Science and Technology Building on ECU's main campus. Individuals can tour the CET labs and facilities, and talk to faculty and academic advisors about undergraduate courses and registration. Registration for the event is through ECU's Event Calendar website.

CORRECTIONS & CLARIFICATIONS

If you feel there are any factual errors in this newspaper please contact Chloe Easton at editor@theeastcarolinian.com



The Boundary at West End, located at 630 Cotanche St., Greenville, North Carolina, is adjacent to East Carolina University's west campus.

Off-campus living targets students

ECU community shares experiences in apartment complexes near campus

Michelle Mazzei
TEC STAFF

Chris Young
TEC STAFF



As East Carolina University students begin to move back to Greenville, North Carolina, for the start of the fall 2021 semester, students share their experiences in off-campus student apartments.

Jacob Coman, a resident of University Park (UP), located on 1110 East 10th St., and junior physical education major, said the opportunity to live off campus is a great transition for students that want to branch out from the university's campus and live in a new environment. He said places such as UP are always welcoming of new and existing residents and the community around the apartment is always active.

"Living off campus was a big jump for me," Coman said. "It was weird at first, having my own place, but I adjusted and now I can't see myself living anywhere else. If you can, definitely try it out."

Coman said students who want to move off campus should socialize with all of their neighbors and the office of the complex that the students live at. He said it's a great way to stay in touch and make new friends who live close by.

Living in an apartment complex is a different experience from living at home or in a residence hall, Coman said. He said once a student moves off campus, they begin to take steps toward responsibility, such as being responsible for what they will eat.

"It definitely took a while for me to get used to it and fully adapt to living on my own," Coman said. "I've been able to make so many

friends at UP and while it does get difficult, I wouldn't have it any other way."

Landon Huffman, a resident of The Boundary, located at 630 Cotanche St., and senior business major, said his experience in an apartment has been positive in many ways, but also stressful. He said it was not easy to adjust to providing for himself and it took a while to get used to it.



Landon Huffman

Huffman said his stay at The Boundary allowed him to make new friends and get more familiar with the area around ECU's campus. He said The Boundary hosts events that give residents chances to get to know those who live around them.

"The Boundary is a great place to live with so many amenities and things to do," Huffman said. "The experience has been beneficial because it has allowed me to see what being on my own is like and even if I have roommates, it's not like how it was in the dorms."

Huffman said he wouldn't want to live anywhere else because of all the friends and experiences he has made while living at The Boundary. He said while it took him a while to get used to apartment life, it has definitely been an eye-opening experience.

Ana Gonzalez, sophomore psychology major, said she lives at The Province, an apartment complex located at 504 Boxelder Way in Greenville. She said The Province's staff and employees have continued to make sure each resident is safe and comfortable despite the COVID-19 pandemic.

"I love The Province. They (the staff) are

always so nice and understanding, and they always take care of the residents we have. In terms of the pandemic, they have always taken the precautions they needed," Gonzalez said. "I think my complex will continue to take things seriously in the fall."

There are several apartment complexes in the City of Greenville available to ECU students and other city residents, Gonzalez said. However, she said The Province is one of the best student-living complexes because of the employees, staff members, residents as well as the amenities and the units themselves.



Ana Gonzalez

Gonzalez said she will remain at The Province until her graduation in two years as she has had little to no issues with the apartment complex.

There are several ECU students Gonzalez knows who have complained about other apartment complexes, she said, so she appreciates her experience at The Province. She said although The Province does not have a lot of events and things scheduled for the residents, they still care about those who live there.

"With COVID, the staff always made sure the residents were safe. I think they (The Province's) staff will continue to make sure everyone is happy where they live," Gonzalez said. "I think we'll have tons of people moving in soon and they want to be safe and secure, and I think they will be. They will be happy where they are living."

This writer can be contacted at news@theeastcarolinian.com.

BOARD continued from A1

The Board (of Trustees) has been great to work with so far, which I think it's been really exciting, having back that line of communication between all the board members."

Isabella Lennon, senior public health and business double major, said she has only attended a few virtual BOT meetings, however, she plans to attend most in-person BOT meetings in the future.

As a public health and business major, Lennon said it is important for her to understand what ECU plans to do post-COVID-19.

"I haven't really been involved in the university when it comes to the Board of Trustees, but I would like to, which is why I will be attending future meetings," Lennon said. "I want to know what's going on with the university. The Board of Trustees, I think, plays an important part of ECU, and students should know what is being discussed during their college experience."



Isabella Lennon

Lennon said she thinks the BOT will continue to lead ECU in the right direction. She said she has no concerns for the fall 2021 semester. However, she said she wishes the board would start to post on social media platforms about the meetings the board does have and what they discuss.

Not every student attends the BOT meetings or reads the minutes, Lennon said, so if the board starts to post on social media, students and the entirety of the ECU community will be more engaged.

"A lot of people are on social media. The Board (of Trustees) is not or they're not active. Posting on socials is the key to keeping people, especially students, engaged," Lennon said. "If people don't attend the (BOT) meetings and if they don't read the minutes, how are they supposed to know what's going on if nothing is on social media?"

Lennon said she appreciates all of the

hard work ECU administration and the BOT have done thus far. The BOT as well as ECU will continue to ensure everyone at ECU is safe as well as successful with their academic work.

Ryan Sylvia, senior business major, said he has attended several BOT meetings as a member of the public. He said, as a business major, it is important to know and understand what is going on at ECU.



Ryan Sylvia

Sylvia said he looks forward to an in-person format for the BOT meetings as he has never been able to attend a meeting in person. He said he's only witnessed the board's meeting through a virtual format.

"I think it's important for the Board of Trustees to meet in person. That's how the university can really engage all the members of the board, people who join or read the minutes after and the ECU community," Sylvia said. "I really look forward to actually going in person. I am really engaged with the university, and I always want to know what is going on."

Sylvia said he knows the BOT will elect the chair, vice chair and secretary accordingly. He said the board knows what are doing and what the university, especially students, needs. He does not have any concerns, he said, with whatever decision the BOT makes.

SGA also plays an important role in the BOT meetings and the board's decisions, according to Sylvia. He said since SGA is a student organization, it's important for the students involved in SGA to be included in the meetings.

"Chandler (Ward) will be a great addition to the Board (of Trustees). I think ECU will really benefit from his insight, his goals for the future and his future accomplishments," Sylvia said.

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SOCIAL continued from A1

lasted from June 2020 until Foster was hired. Foster follows Director Sheila Bunch who retired from ECU in June 2020.

Gómez said the search committee to find a new director for the School of Social Work looked for someone who exhibited qualities such as leadership ability, professional experience working in social work, teaching experience at the collegiate level and the ability to mentor new faculty. Gómez said the search committee identified 14 candidates who met the minimum requirements, six candidates of which were interviewed over the phone, which was then narrowed down to four candidates who were interviewed through Zoom, where they were given the opportunity to meet various faculty members and students.

"Kirk Foster was able to really articulate specific examples of initiatives and programs related to DEI (Diversity Equity and Inclusion) that he did," Gómez said. "As well as funding for those programs, because he was Associate Dean of Equity and Inclusion at University of South Carolina, so that was a definite advantage."

Foster's experience in teaching weighed in his favor, Gómez said, as he taught 14 courses over 10 years and received three excellence in teaching awards during that time. He said Foster's experience in outreach-based practice of social work and his mentorship of both undergraduate and graduate students were important factors in the search committee's decision for director.

Gómez said Foster's research is action based, community focused and centers around rural areas like those that the School of Social Work frequently works with. He said surveys taken by the directors of the School of Health and Human Development, faculty members and students within those schools, all reviewed Foster favorably, with feedback which was key information in the decision to select Foster.



Edwin Gómez

"He had some real-world, practitioner, field experience, that was really good, that sort of stuck out," Gómez said. "But even his community engagement research, almost all of his research tends to have some type of an action-oriented community or engagement focus, which is something we really look for in rural areas because we're really out there in those communities."

Anisa Zvonkovic, dean of the College of Health and Human Performance, said the college focuses on enhancing the well-being of individuals. She said she looked for someone who would provide energy and direction to be able to address the needs of the community and to be able to collaborate with other units within the college of Health and Human Performance.



Anisa Zvonkovic

Zvonkovic said the school wanted someone who would integrate well with the school's mission to enhance the lives of individuals and their families and in their communities.

Foster's strong background in diversity and equity made him an ideal candidate for the director position, Zvonkovic said. She said Foster was the associate dean of diversity, equity and inclusion at the University of South Carolina, where he worked within the College of Social Work as an associate professor as well.

"I have every confidence that he (Foster) will position the school (ECU) for further success, (Foster) has a great reputation in the state," Zvonkovic said. "And I'm looking for it to continue, and be enhanced, and also to work collaboratively toward forwarding our research mission in our college (Health and Human Performance)."

Zvonkovic said it was a task to search for someone throughout the duration of the COVID-19 pandemic, so the search committee was happy to see Foster apply for the position.

This writer can be contacted at news@theeastcarolinian.com.

EVENTS

TODAY

Burp Wagon at Umbrella Market

Five Points Plaza
Evans St.
5 to 8 p.m.
(252) 561-8400

FRIDAY

Emily Musolino Band

Pitt Street Brewing Company
630 S. Pitt St.
8 to 11 p.m.
(252) 227-4151

SATURDAY

Anitas Taqueria Food Truck

Pitt Street Brewing Company
630 S. Pitt St.
6 to 9 p.m.
(252) 227-4151

Summer Movies on the Lawn

East Carolina University
Main Campus Student Center
7:30 to 9:30 p.m.
(252) 328-6387

SUNDAY

Sunday in the Park

Town Common
105 E. 1st St.
7 to 8:39 p.m.
(252) 758-7246

Back to School Summer Slam

Town Common
100 E. 1st St.
11 a.m. to 3 p.m.
(252) 752-1898



A map of Greenville, North Carolina, featured inside Quarters Bar and Grill, located at 1011 South Charles Blvd. Suite F, will be used as an interactive treasure map.

Grill to serve up burgers, beer

Cayla Menges
TEC STAFF

Quarters Bar and Grill, located at 1011 South Charles Blvd. Suite F, will open for its first day of business on July 23 to Greenville, North Carolina, residents and East Carolina University students.

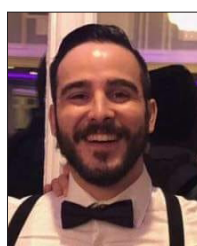
Shawn Lonardelli, owner of Quarters Bar and Grill, said he and his brother Scott Lonardelli bought the restaurant from the previous owners, David and Becky Finelli, when it was named Pop's Old Fashioned Cheeseburgers.

The restaurant will include a bar made of the original tables from Pop's, Lonardelli said, which are covered with hand-carved names from customers. He said the pair wanted to keep the spirit of the original restaurant alive.

"He (Finelli) was here for about 10 years, so for about 10 years kids from ECU and around Greenville have come in and they've carved their name around the table tops," Lonardelli said.

While he and his brother lived in Connecticut, Lonardelli said they used their real estate knowledge to search for the perfect location to move and venture out into real estate.

Lonardelli said the grill has a family-style atmosphere "replanted into Greenville."



Shawn Lonardelli

"We did research for about 2 and a half years on the entire country and we found that Greenville was the best place to start a rental business based on low-income, hospital, school and growth of the area," Lonardelli said.

When it was time to create the grill, Lonardelli said the pair asked their cousin Amanda Goudreault to be the executive chef.

Quarters Bar and Grill will serve in-house scratch style burgers, hot dogs and chicken wings with in-house made sauces anywhere from \$8 to \$11. The grill's bar will feature 10 taps with 50 craft beers and five televisions.

"We wanted to come up with a unique gourmet burger, high-quality meat and a different flavor that Greenville's never really seen," Lonardelli said.

Inside of the grill will feature a treasure map of Downtown Greenville, Lonardelli said, with spots where over 100 coins will be placed as future promotions. He said the grill plans to post on social media when they will do a promotion and customers will have a chance to find the "Quarters Cache."

"You come in every month and we'll have a different promotion," Lonardelli said. "Whoever gets that coin you come in gets the promotion whether that's half off burgers, half off wings, half off beers, half off hot dogs."

Goudreault said when she was asked to create the menu for Quarters Bar and Grill, she wanted to make food she would want to

eat. She said the best way to eat something is when there is a balance of flavors.

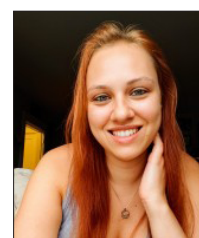
The menu has a unique twist on classic items, Goudreault said.

"Every bite's going to be a little unique," Goudreault said. "The bite you take in the beginning, your aftertaste is going to be a little different flavor, it's going to be a little more exciting too."

Goudreault said she has been cooking for 13 years and used knowledge she's learned from chefs when she created the menu for Quarters Bar and Grill. She said the experiences she's had in the kitchen throughout the years has shaped her into the chef she is today.

Goudreault said she's excited to be a part of something from the ground up, and to be able to do it alongside her family.

"To essentially see your baby grow," Goudreault said. "Especially doing it with my family, my cousins Shawn and Scott they don't know anything about this industry, they're really taking a leap of faith and putting it in me to be able to make this the best that I can."



Amanda Goudreault

This writer can be contacted at
arts@theeastcarolinian.com.

ECU SCUBA DIVING

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Captain Clint Etheridge
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BURGER continued from A1

moving to Greenville, McClenney said. He said there's also a lot of people that live in Greenville and vacation in Wilmington and go to PT's, so he believes the restaurant already has a name in Greenville.

"There's a lot of people from Wilmington, who go to college in Wilmington, and then come up here (Greenville). So we're getting a lot of hype off of it where people are really excited about it," McClenney said. "I mean is, the amount of people we have contacting us about the excitement of us coming here lets us know that PT's already has a name here."

The ordering process in PT's will be the same as the other PT's locations, McClenney said. The customer will fill out a sheet where they check off their food choice and circle the condiments they want to include on their selected item.

Since the PT's in Greenville is a little larger than the rest of its locations, the restaurant will operate in a more traditional sit-down style where customers take a number and the food is brought to their table.

"So when somebody orders, we'll put the number on the tickets and will give them their ticket to put it on the table, so it's easier for us to find them since we're so large. We're going to do things a little bit different from them (PT's in Wilmington)," McClenney said. "But the most important thing is the food is going to be like theirs (PT's in Wilmington) because that's some good stuff."

McClenney said the restaurant will also have outside dining similar to the Wilmington location, but since the Greenville location is bigger, it will also have a party room. He said PT's plans to take care of their guests with great food, guest service and a laidback atmosphere.

"You know, we really (are) planning on taking care of the guests. We want a laidback atmosphere. Because in the restaurant business, like I said, for 30 years, the majority of people that worked for me really enjoyed their job," McClenney said. "It was the people who didn't try never enjoyed it. We want to have a family atmosphere, family people working here."

McClenney said the restaurant plans to have up to eight beers on tap when the business gets its alcohol license. The restaurant will also have six televisions indoors which will show sports and "anything ECU related." McClenney also said he is open to connecting with ECU organizations for events such as a percentage night.

Junior business major Liam Crowley said in an email statement he is a Wilmington native and is excited about PT's coming to

Greenville, as it is one of his favorite local restaurants and is excited to share the experience with his friends at ECU.

As someone who associates food with social life and shares excitement for PT's to be so close to him year round instead of back home alone, Crowley said he will definitely be presenting it as a dining option for every lunch and dinner.

"Personally, I believe that PT's will do extremely well in the Greenville community. There is so much opportunity here and everyone knows college kids love grill-style food, and PT's is unmatched in quality," Crowley said.

Crowley said he thinks PT's will be a great competition to the other local dining options in Greenville, such as Sup Dogs, due to its price, quality and atmosphere.

ECU is home to many Wilmington natives and vacationers who have more than likely visited PT's at some point, Crowley said. He believes the students who know about the restaurant will be excited, causing a steady flow of business from newcomers and regulars.

"To the ECU students and Greenville locals, you have been missing out on excellent food for too long and now have the opportunity to indulge in some of the best burgers, fries and more from a local North Carolina grown business," Crowley said in the email. "I think it would be very unwise to go without eating at PT's on a regular basis."

Crystal Setzer, a Greenville community member, said PT's is her favorite restaurant

to get a good burger. She first tried PT's when she lived in Wilmington and said they have options on the menu that will appeal to a variety of people.

Setzer said she would go back to PT's every chance she could get after she moved from Wilmington, and she's excited for the restaurant to be coming to Greenville.

"When my family moved 12 years ago from Wilmington, I would go back to PT's every chance I could get and I would always ask when they were going to put one in Greenville," Setzer said. "I am so excited to have one coming close by."

This writer can be contacted at
arts@theeastcarolinian.com.

OUR VIEW

Local police provides safety for community

The East Carolina University Police Department (ECU PD) and the Greenville Police Department (GPD) continue to ensure the members of the community are protected and safe by taking preventative and reactive measures when tackling crime.

GPD Communication Officer Kristen Hunter said the GPD takes gang activity seriously and has a Gang Unit who actively patrol the the City of Greenville for gang members who come from various parts of Pitt County.

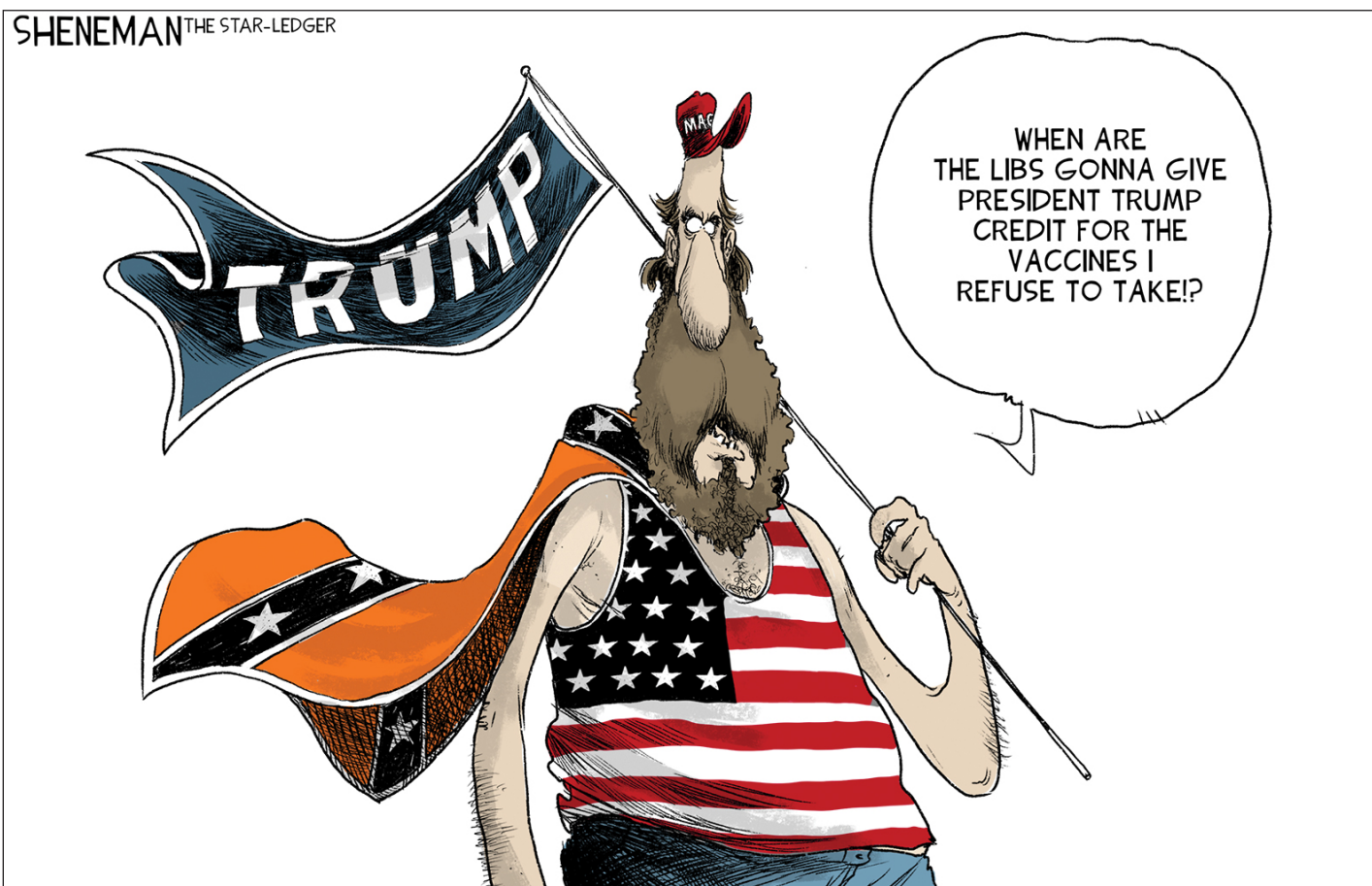
ECU PD works closely with GPD to patrol areas such as uptown, apartment complexes and other neighborhoods located around ECU's campus. ECU PD sends ECU Alerts to students to alert them of on and off-campus crimes as part of the Clery Act as a way to keep students aware of their surroundings.

We, the editorial staff of The East Carolinian, feel that both GPD and ECU PD's dedication to taking steps to reduce crime in Greenville should not go unnoticed. We think both police departments have and will continue to be proactive to ensure the safety of those living in Greenville, North Carolina.

ECU PD and GPD are continuing to do the best they can to make sure the law enforcement has a strong relationship with its community by encouraging them to share information with local law enforcement to help protect Greenville. Community members can use LiveSafe, a phone application, which sends alerts to their phone on critical information that needs to be shared in the Greenville community.

Both police departments have to also be able to adapt with the city as it continues to grow, and both seem to be aware of this and continue to use their resources effectively. Through adaptability and awareness of the city, the police can continue to try and reduce overall crime.

SHENEMAN THE STAR-LEDGER



Prioritize self-determination

Individuals must learn how to make decisions on their own

Williams' World



Giana Williams
TEC COLUMNIST

During the recent months, I began to learn the importance of making big life choices for myself and not for other people. Because I am an indecisive person, I always turned to other people's opinions to help me make wise choices regarding my future. Even though these opinions should always be considered, sometimes it is unnecessary, and one must learn to make their own decisions despite what people may think.

Some may think rejecting the opinions of others is selfish, but in actuality, it is necessary in order to grow as an adult. I have not even reached the peak of my adulthood yet, but I have learned that sometimes people have to reject the ones they love the most for the betterment of their future and even their mental health. Because at the end of the day, it is your future and no one should have control over who you are and where you may be in the next 10 years.

As young adults, we are often faced with big life decisions that we may seek help or guidance in our choices. For most people, that first big life decision was choosing what they want to do after graduating high school, such as attend college, go to the military or go straight into the workforce.

I have known a lot of people who have gone back and forth with family, even friends, about their post-high school decisions. For me, I had often found myself bickering with family and friends about my



COURTESY OF ECU.EDU

The ECU spring Class of 2018 sits in the Dowdy-Ficklen Stadium during the commencement ceremony.

decision to attend East Carolina University and/or pursuing a journalism career. I could write a story as to why I enjoy where I'm at as a person right now, for the most part, even though I know I still have room to grow. However, there will always be that group of people that would try to make me feel bad for my life decisions or feel as if I'm not doing enough to be successful in the future.

It took a lot of time to learn how to stand up for myself and try not to be overly upset because some people are not completely satisfied with how I choose to spend my life right now. But what other people think should not matter because I know myself better than anyone else does. No one should have to explain why they made the choices they made in their life, and no one is obligated to follow other people's suggestions on what they should or should have done with themselves.

Even if they had made the wrong choice or it didn't work out well in the end, those bad decisions create amazing life lessons and people will be able to learn from them and become even more knowledgeable. Those bad decisions can also create amazing stories that you can share with other people so they can learn from your experience.

There are people that I always keep in mind who have helped me make most of my current life decisions. For a selfless person like me, it's hard to not take into consideration the opinions and feelings of all the loved ones in my life. But as a growing adult, I will have to learn that my feelings must come first, as my future will depend on me before anyone else.

Williams is a senior majoring communication and anthropology and a TEC columnist. To contact her, email opinion@theeastcarolinian.com.

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Contact Info

The East Carolinian
Mendenhall Main Floor,
Greenville, NC, 27858-4353

Email: editor@theeastcarolinian.com

Newsroom: (252) 328-9238

Ads: (252) 328-9245

Fax: (252) 328-9143

People should understand toxicity

More with Michelle



Michelle Mazzei
TEC COLUMNIST

When it comes to relationships, whether it be a family member, a close or distant friend, acquaintance, significant other or even a coworker, it is important for one's overall well-being to be aware of which connections are more toxic rather than healthy.

Personally, I don't associate with most of my dad's side of the family because of some hidden racism or other negative comments. I do not want to be around or talk to someone who displays racist tendencies, especially when they're in the family. I think everyone is equal no matter their skin tone and nobody should be discriminated against solely for their color of skin.

We've all had toxic people in our lives at one point or another. If I wasn't dealing with negative comments from a family member I was dealing with them from an acquaintance, friend or significant other.

I know of a lot of people who just had or have distorted and negative mindsets and perspectives on life, which caused me to have the same. Because of these negative people, it caused me to feel and act in a negative way. This is not how I want to live my life. In fact, since I've stopped being around these people and thinking negatively, I have become a happier person. In my life, I've had a few serious

" We've all had toxic people in our lives at one point or another. That toxic relationship doesn't have to be a family member. It could be an acquaintance or a friend or significant other. "

-Michelle Mazzei

relationships. Some were very unhealthy and ended on a not-so-good note. No significant other should ever tell you what to do with your own life. I don't know why I stayed in those relationships, because I put up with a lot of stuff that I necessarily should not have. I've talked to a professional therapist over a year ago when the COVID-19 pandemic hit when I wasn't feeling my greatest. I agree with the therapist when they said I have witnessed various toxic behavior from people in my life.

With that said, it is necessary as well as healthy to see therapists or someone in the psychological realm before, during and after toxic and traumatic experiences.

I feel as if going through those toxic experiences makes me the person I am today. I am able to recognize when something is not healthy about any situation or relationship. I have grown so much.

Being able to recognize when something is toxic in one's life is important because if you don't, I guarantee you won't like the person you become. I mean, I didn't. Red flags are important to recognize. A few of my friends didn't realize they were

in a toxic relationship until they got out of the situation. In order to grow, one must realize when something is unhealthy. .0

Whether toxicity comes in the form of negative, aggressive or racist comments, each toxic situation is still very unhealthy no matter what it is and will most likely alter your mental health. It took me a very long time to really find myself and my mental health again after my toxic relationship experience.

Although toxic situations really help a person learn, it is unfair that individuals have to learn a lesson from a bad, negative and traumatizing experience, all of which really makes one comprehend what to specifically look out for. It's kind of like a lose and win situation, but in the end, it is solely just about who one has become, how far they have grown and what they accomplished in their own personal life, despite the toxicity in their life.

Mazzei is a junior majoring in communication and a TEC columnist. To contact her, email opinion@theeastcarolinian.com.

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HOROSCOPES

Aries (March 21-April 19) — Today is a 7 — Reflect on the road traveled from a comfortable perch. Creative visions animate your thoughts. Capture inspiration into sketches and notes. Make dreamy plans.

Leo (July 23-Aug. 22) — Today is a 9 — Contribute to grow family fortunes. Pay debts and file taxes. Collaborate with patience. Don't get stopped by delays or misunderstandings. Consistent efforts pay extra dividends.

Sagittarius (Nov. 22-Dec. 21) — Today is a 7 — Home renovations take focus. Clean and prepare. Repair and restore. Upgrade spaces to support family. Research purchases carefully for best quality and value.

Taurus (April 20-May 20) — Today is an 8 — Teamwork can lead to victory. Set goals high and go. Take advantage of a lucky break. Long-term benefits are possible. Play your part.

Virgo (Aug. 23-Sept. 22) — Today is an 8 — Imagine perfection with your partner, and invite suggestions. Strengthen bonds with simple connections. Share the load and share the laughter. Have fun together.

Capricorn (Dec. 22-Jan. 19) — Today is an 8 — Creative muses enchant you. Capture words and images. Craft, mold and edit. Exchange ideas with your networks. Follow intuition and clever hunches. Solve a puzzle.

Gemini (May 21-June 20) — Today is an 8 — Discover creative solutions for a professional puzzle. An unexpected door opens toward a dreamy possibility. Discuss future options. A positive situation develops naturally.

Libra (Sept. 23-Oct. 22) — Today is a 9 — Indulge in movement and rest. Dance to excellent music. Walk for a change of scenery. Physical action generates satisfying results. Healthy pursuits energize your work.

Aquarius (Jan. 20-Feb. 18) — Today is a 9 — Energize a lucrative endeavor. Keep your bargains. Provide excellence. A dream comes into sharper focus. Put your heart into your work and it pays extra.

Cancer (June 21-July 22) — Today is a 7 — Choose your path carefully. Dig deeper into a fascinating subject. Read the back story. Expand your view through another's eyes. Your exploration reveals hidden treasure.

Scorpio (Oct. 23-Nov. 21) — Today is an 8 — A romantic dream appears within reach. Adapt for practicalities. Artistic efforts provide an advantage. Draw upon hidden resources. Have fun and invite participation.

Pisces (Feb. 19-March 20) — Today is a 9 — Inspiration feeds a personal dream. Advance by sharing what you see possible. Learn and develop. Take advantage of lucky circumstances. Shine your light.

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BREWSTER ROCKIT



BLISS

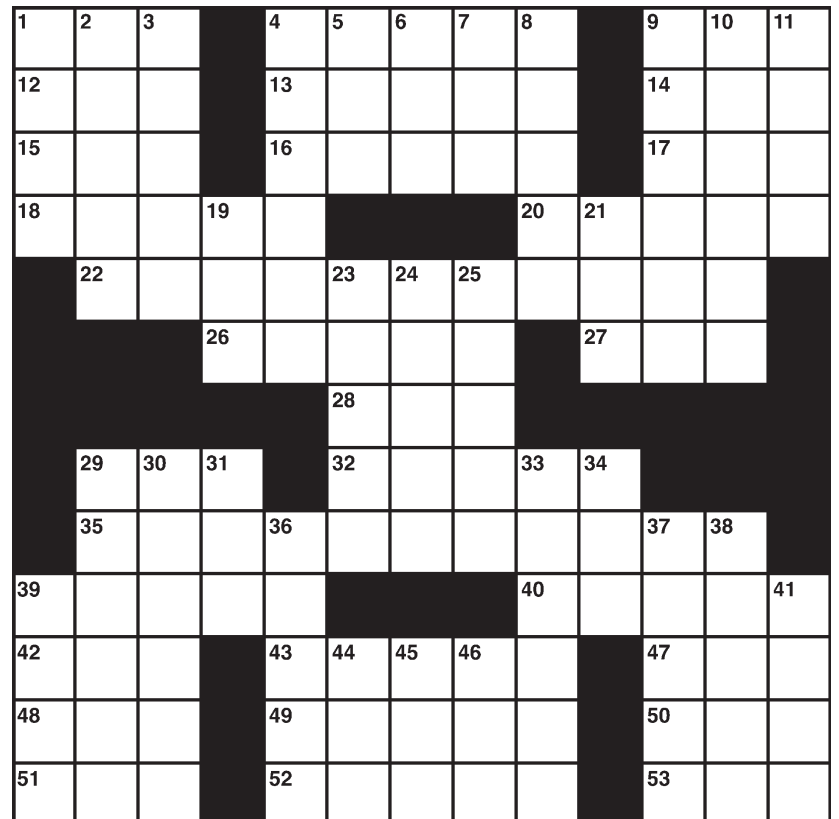


"I negotiated. He's going to let us suffocate in our own ennu!"

CROSSWORD

THE TV CROSSWORD

by Jacqueline E. Mathews



Created by Jacqueline E. Mathews

- ACROSS**
- 1 "___ Masterson"
 - 4 "To ___ Mockingbird"; Gregory Peck film
 - 9 Natalie Cole's dad
 - 12 "Days of ___ Lives"
 - 13 Namesakes of a cartoon dog
 - 14 "Grand ___ Opry"
 - 15 Pig's home
 - 16 Late Egyptian president Anwar
 - 17 "The New Adventures of ___ Christine"
 - 18 Topper or Kramer
 - 20 ___ up; relaxes
 - 22 "Little Big Shots" host
 - 26 Adamant refusal
 - 27 Suffix for govern or giant
 - 28 "___ Got a Secret"
 - 29 "The Good Doctor" network
 - 32 Under, to a poet
 - 35 Actor on "Single Parents"
 - 39 Blackish wood
 - 40 Bartender on "The Love Boat"
 - 42 One of Winnie the Pooh's pals
 - 43 Actress Lavin
- DOWN**
- 1 Pear variety
 - 2 Civics & Sonatas
 - 3 Lovers' meeting
 - 4 Disputed Balkan territory
 - 5 ___ Lupino
 - 6 Can cover
 - 7 Actress ___ Michele
 - 8 Fall flower
 - 9 Lasso loops
 - 10 Kirstie & her kin
 - 11 Knight & Danson
 - 19 "___ Behaving Badly"
 - 21 "___ Maria"
 - 23 Family name on "Dallas"
 - 24 ___ fit; get very upset
 - 25 "___ Without a Santa Claus"; animated TV special
 - 29 Costello's sidekick
 - 30 Janitor's needs
 - 31 "Kevin ___ Wait"
 - 33 "The ___ of Rosie O'Neill"; Sharon Gless series
 - 34 "___ Just Not That Into You"; Jennifer Aniston film
 - 36 ___ DiMeo; role on "Speechless"
 - 37 Piece of furniture
 - 38 Killam of "Single Parents"
 - 39 Historical periods
 - 41 "Cold ___"
 - 44 Anger
 - 45 Long or Peebles
 - 46 Dover's state; abbr.

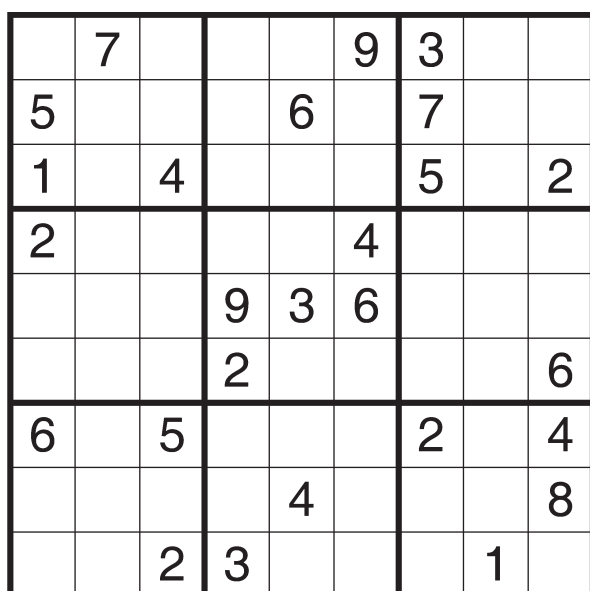


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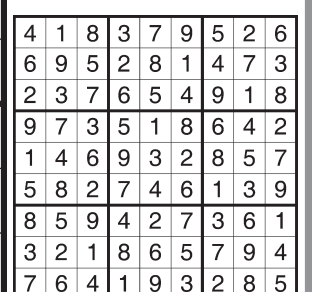
THE SAMURAI OF PUZZLES By The Mepham Group

Level



Complete the grid so each row, column and 3-by-3 box (in bold borders) contains every digit, 1 to 9. For strategies on how to solve Sudoku, please visit sudoku.org.uk

Solution from 07/14



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JULY 23RD



COURTESY OF ECU PIRATES

East Carolina sophomore first baseman Josh Moylan swings for the ball from home plate against Tulane University on May 8. The Pirates went on to win this four-game series 3-1.

Moylan earns fourth postseason honor

ECU baseball sophomore collects several awards after the 2021 season

Markayla McInnis
TEC STAFF

East Carolina University baseball player sophomore first baseman Josh Moylan continues to receive postseason honors after his freshman season as a Pirate.

Associate head coach and recruiting coordinator Jeff Palumbo said he was not surprised by Moylan's performance in his freshman season. ECU had begun to recruit Moylan early in his high school career.

"Josh did fantastic freshman year. You know, he was a really, really talented player out of high school. You know, throughout the recruiting process, there was the potential for him to possibly move on to play professional baseball, he had that opportunity," Palumbo said. "He's that talented of a player, he loves to hit and I think throughout the year you saw him kind of tap into his potential."

In Moylan's freshman season, he was named to the First-Team Freshman All-America by

Collegiate Baseball, Second-Team Freshman All-America by Perfect Game and now the Third-Team Freshman All-America by Baseball America as of July 9. Along with his All-America teams, Moylan was also chosen for a first-team in the American Athletic Conference (AAC) for his utility position.

With his three All-America teams, he became head coach Cliff Godwin's third freshman to reach three teams in their first year with the team. In 2016, outfielder Dwanya Williams-Sutton achieved three and designated hitter Spencer Brickhouse did as well in 2017. Moylan said he hopes to bring many honors back to ECU.

"I mean, it's crazy. I think it's finally starting to settle in. I wasn't really sure what to expect and then I just kind of went out there and played well, and my teammates were supporting me all year," Moylan said. "So just, it was just kind of awesome and it's honestly surreal to just sit back and see it all now."

In the 2020-21 season, Moylan ended with a .310 batting average (58 for 187) which was the fourth highest on the team. He racked up 15 extra-base hits and six home runs. In the 59

games he played in, he was able to start in 58 of them. He tallied up 35 season runs and 27 walks.

The Maryland native achieved his first AAC Player-of-the-Week honors on March 1. That weekend Moylan hit a .500 batting average (7 for 14), had seven runs batted in (RBI) and hit two home runs. As a team, the Pirates were able to travel to Georgia to defeat Georgia Southern University 3-1.

Over the season, Moylan also ranked fourth on his team for his achievement of 17 multi-hit games. He stood fifth on the team when it came to the multi-RBI contest with his eight.

The weekend of June 4, ECU was chosen as a host site for the 2021 Baseball Regionals. On that weekend the Pirates faced Norfolk State University, the University of North Carolina at Charlotte and the University of Maryland all at home. The team was able to pull off a 3-0 win in this tournament. In that weekend Moylan had three hits which included two doubles. In these

games, he also made a team-high of five RBIs.

"The regional home was unreal, the crowd was just, it was roaring. It was awesome. Just a great environment," Moylan said. "That's something I've never played in. A lot of guys have never played in them before. So that was unreal, and then having the great opportunity to move on to supers even though we ran into tough arms."

While student-athletes like Moylan continue to win collegiate awards, the ECU baseball team has also lost players who have been drafted into the major leagues. Pitcher Gavin Williams, second baseman Connor Norby and infielder Thomas Francisco were drafted from July 11 to July 13 and Palumbo expects Moylan to be able to step up since it is "his turn" to help lead the team.

"We have some big spots to fill with Gavin (Williams) going and Norby and now Franny (Francisco). Those are two of our big bats and our best arm, but we have the guys for it and I think we're ready," Moylan said.



Josh Moylan

This writer can be contacted at sports@theeastcarolinian.com.

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