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ROSE BOGUE | THE EAST CAROLINIAN

Editor-In-Chief Chloe Easton sits inside The East Carolinian newsroom located on main campus inside Mendenhall on the main floor.

Letter from the Editor-in-Chief

Chloe Easton
EDITOR-IN-CHIEF

Welcome home pirates!

Congratulations on your acceptance to East Carolina University, these next few years will bring you memories and moments you will never forget. I would like to introduce myself as the Editor-In-Chief of The East Carolinian (TEC), the student ran newspaper for ECU.

As I enter my senior year here at ECU, I can look back and remember the nervous feeling I had as I walked onto campus for the first time. However, I had little idea on the friends and experiences I would make that I will now come to cherish forever.

Although the start of the fall semester will differ from previous semesters due to precautions taken against the spread of coronavirus, the community and faculty here at ECU are dedicated in making sure students will remain safe while back on campus. Remember the goal is to not only keep yourself safe, but others around you as well. Please remember to

wear your mask, social distance and wash your hands often.

The time you spend while in college will not always be the easiest. Your major will probably change a few times, you may drop a difficult class, you may change your perspective on life or even change those in your close circle. Don't get me wrong, you will also grow to find your passion, take some of your favorite classes, find your path and meet some of your best friends. Keep in mind when things do get tough, there is always good to come. So, don't stress over the changes you may face during your time here at ECU.

My best advice I can give to you as an incoming student would be to get involved on campus. There are over 500 clubs and organizations on campus that vary to fit every student imaginable. Before joining Pirate Media 1 and first becoming a staff member at TEC, I felt out of place at ECU. I didn't have many friends and felt as if I couldn't call ECU my home. After joining TEC I have met and made some of the most amazing

friends and gained a magnitude of knowledge on the field I hope to one day have a career in.

The second best advice I can give to you would be to balance your free time wisely, but also remember to take a break when needed. Campus and Uptown Greenville offer many places where students can relax, grab a bite to eat or have a fun night out. I hope as you read this publication you find ways to reduce your stressors and ideas on extra activities to enjoy during your free time.

TEC and myself are committed to serve Pirate Nation as the most reliable and informative news source, especially during this time, to help keep our community safe and informed. From coverage on city to campus events, TEC will continue to provide new students and those returning with the information they need.

Stay safe and have a great year pirates!

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East Carolina University's welcome sign greets incoming and returning students located on E 5th St. near uptown overlooking Sup Dogs and Backdoor Skateshop.

Administration welcomes class of 2024

Jennifer Sieg
TEC STAFF

New students are welcomed to campus for the 2020 fall semester by East Carolina University officials with strong hopes, goals and advice to make the most of what may be a challenging term to some.

Interim Chancellor Ron Mitchelson said his first and foremost excitement is found within students being on campus this year, due to the coronavirus pandemic causing vacancy throughout the spring and summer.

Mitchelson said he hopes Pirates will come together and show respect for one another given specific challenges and circumstances some may face.

"My great hope is that we all learn that to live together, we really do have a keen responsibility for one another," Mitchelson said.

This fall will be different from any other fall semester in the past, according to Mitchelson. He said he hopes the changes in the way things operate remain welcoming to students but also bring upon a sense of importance and self-responsibility.

Mitchelson said freshmen can look forward to a different kind of intimacy associated with interpersonal relationships given the limited group sizes and more frequent meetings as a result.

"I think they will enjoy a strong sense of community," Mitchelson said. "I mean if we're successful, they will."

Vice Chancellor for Student Affairs Virginia Hardy said freshmen can look forward to building new relationships within a new and creative co-curricular environment.

Hardy said she wants freshmen to understand this year will be different than previous years, but the college experience will still be great. She said campus officials will work to provide them with the best year possible.

"They're going to get it in the way of being fully welcomed to this campus," Hardy said. "They're going to have a great number of resources available to them to help them acclimate to East Carolina, to college life and to college life during a pandemic."

Hardy said she encourages the use of all the resources offered at ECU. She said these include but aren't limited to the Pirate Academic Success Center, Center for Counseling and Student Development and Career Services.

It is important to engage in ECU traditions, clubs, programs and organizations, Hardy said. She said even if regular engagement is offered in a virtual format, it will still be beneficial to participate in.

Acting Provost Grant Hayes said in an email statement given the unprecedented challenges the coronavirus pandemic created for many, this coming school year is a time for Pirates to shine.

"My hope for this coming school year is that even in the face of certain adversities, everyone remains energized in their commitment to carrying out ECU's mission, though that could mean re-examining the methods by which you do so," Hayes said in the statement.

Student success, public services and regional transformation are the top priorities of the university, according to Hayes. In the statement he said everyone, student or employee, should keep this in mind when setting goals for the upcoming academic year.

Hayes said he has witnessed university leaders, faculty, staff and students rise to this unique occasion in creative and innovative ways, according to the statement. He said he looks forward to the results of this important work.

"Take advantage of the resources and services the university offers to help you succeed, academically and otherwise!" Hayes said in his statement. "We often hear that students just didn't know about various options available for the support they may be seeking."

There are offices all over campus ready to assist students with their success in mind, according to Hayes. The delivery of services may look a little different due to new circumstances so it's important to investigate the options, the statement said.

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KATE FRANCIS | THE EAST CAROLINIAN

SGA seeks to represent student body

George Martin
TEC STAFF

East Carolina University's Student Government Association (SGA) will continue to advocate for the student body by being representatives and ensuring the voices of the student body may be heard collectively.

Tucker Robbins, a senior industrial distribution and logistics major, is the current SGA president. Robbins said he decided to run for SGA after he served as the president of Greek Life at ECU and realized he enjoyed being a community leader.

"I just realized that, you know, while Greek Life is pretty big on campus, it's really only a fraction of the population of East Carolina, and I just really wanted to expand and cater and serve and lead a bigger, I guess student pool," Robbins said.

Robbins has lived near ECU his whole life, and said that since a young age he had been attending football games in Dowdy-Ficklen Stadium and had always kept his eye on the university growing up.

There are three major goals Robbins wants to accomplish while president of the SGA. He said he wants to improve the relationship between the Greenville and ECU Police Department and students, improve campus accessibility and improve financial transparency between the university and the student body.

"While these three points are definitely on top of my administration's initiatives, COVID-19 as well as the systemic racism and injustice right now has kinda altered that a little bit," Robbins said. "I would just like to say that while those are still our top priorities, our main top priority right now is making sure our students have what they need to be successful."

Robbins has served in many on-campus organizations, including the fraternity Phi Gamma Delta, where he served as president last year.

Greek life is how Robbins met his vice-president, Laura Hayes, a junior middle grades education major. Hayes said when she and Robbins first talked about running for SGA, they shared many of the same viewpoints.

"We felt that the changes that we wanted to see in the school, like they really just aligned, we both felt the same about certain aspects of the school that needed change," Hayes said.

The improvement of the relationship between police departments with students is the main platform Hayes said she will work for during her term. She said having an open dialogue would allow for less issues.

Hayes plans to accomplish the goal of improving relations by having events where students and police officers



SGA Vice President Laura Hayes and President Tucker Robbins and former candidates Janelle Jacobs and Anna Braxton.

GEORGE MARTIN | THE EAST CAROLINIAN

can talk to each other and have conversations.

"When we first got into office, we started by holding kinda like town halls for students to come in and sit and have an open conversation with police. We had two officers come in and we felt that for the first time it was extremely successful," Hayes said.

Matthew Miller, a senior political science major concentrating in pre-law, is the speaker for the student assembly. He said he decided to come to ECU due to the large amount of majors the university offers.

Miller said he has participated in SGA since he was in elementary school, so he felt it was fitting to continue participating in SGA while at ECU.

"I really felt that the want and the need to help students out and try to do whatever I could, so caring about about all the stuff SGA actually did, especially like the pass of legislation and working with administration, it was almost like a call of action in a way," Miller said.

Miller wants representatives to be able to make their own legacy and their own path. He said legislation will be encouraged heavily this year, and there will be a focus

on extending support to communities.

Some details surrounding how the SGA operates will still be determined, due to the coronavirus, Miller said. He said he wants to continue to make the university a better place for all students.

"We want to work on helping out students get access to mental health service in the counseling center and just making sure that they know they're supported in all matters and whatever we can do, we're still working out the details on a lot of that, but our first concern this year is passing legislation that is meaningful and actually helps the students," Miller said.

The SGA offers a program called Shipmates, which is for students who are new to ECU and allows these new students to learn about SGA and how it operates, according to the ECU SGA website. Shipmates members get the opportunity to participate in SGA events and connect with SGA members and campus administrators, the website said.

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Uptown provides friendly foodie hotspots

Cayla Menges
TEC STAFF

On the edge of East Carolina University's campus, students can find a variety of dining experiences in Uptown Greenville.

Located on 213 E. 5th St., Sup Dogs Owner Bret Oliverio said his restaurant serves a slew of burgers, hot dogs and refreshing beverages. Opened in 2008, Oliverio said Sup Dogs thrives off of its dining experience in a high-energy environment.

Sup Dogs is open seven days a week for lunch starting at 11 a.m. and is open until 3 a.m., according to Oliverio. He said the world-class bacon cheese fry burger, orange Sup Crush and cheesy tots are a must when dining at Sup Dogs.

"Sup Dogs started at ECU and obviously our success is because ECU students have welcomed us in," Oliverio said. "We're a big part of the ECU experience and that's something we don't take lightly."

The restaurant hosts an annual event to rally the ECU community, Oliverio said. He said Doggie Jams is a music event that occurs every April with the exception of this year's new Oct. 24 date due to a COVID-19 related postponement.

Sup Dogs won the Barstool Best Bar contest in April for the second year in a row, Oliverio said. He said Sup Dogs went up against 64 of the best college bars and restaurants in the country and is very fortunate to have won in both 2018 and 2019.

From late nights to early mornings, The Scullery Owner Matthew Scully said his restaurant offers all the breakfast and lunch needs including a caffeine boost. Established in 2011, he said The Scullery serves homemade ice cream and in-house made coffee from local roasters, he said.

"My favorite coffee is probably the Vanilla Bee. It's got local honey, local milk and fresh coffee from a roster in Hillsborough," Scully said.

The three best items on the menu are the black bean burger with basil mayo and feta cheese, the Hungry Pirate breakfast and the Vanilla Bee coffee, according to Scully.

Located at 431 Evans St., Scully said The Scullery is currently open on Tuesday through Saturday from 9 a.m. to 2 p.m. as these are its altered hours of operation due to COVID-19. He said they offer limited dine-in and take out orders.

Scully and his wife are both ECU alumni and settled in Greenville to raise a family, according to Scully. He said the idea of The Scullery grew from a catering



The Rancho Dog Combo with chili cheese, Sup Dog sauce and ranch dressing sits on fresh buns with a tasteful side.



Two Orange Sup Crushes with freshly squeezed orange juice, orange vodka, Triple sec, Sierra Mist and one orange slice.



Two Hawaiian "Luau" Burger combos with sweet pineapple, bacon, Sup Dog sauce, onions and lettuce sit with a side of fries.

business he and his wife owned.

"We love downtown, and we just kind of wanted something that had a coffee shop vibe. A place where people could come together and form a community. It's important for us and a big part of our business model and personal beliefs that we get out into the community and make a positive difference and provide a place for all different kinds of people to come together and enjoy life," Scully said.

Located on 540 Cotanche St. across from West End, Franchisee Owner Corbett Harris said Jimmy John's offers dine-in, take out and delivery through the late night. He said Jimmy John's delivers within a radius of the Uptown Greenville area and down 10th street towards The Davis, an off-campus student living apartment.

Jimmy John's offers a variety of sub style sandwiches along with side items, according to Harris. He said the most popular items on the menu include a number nine Italian Night Club, number seven Spicy East Coast Italian and a number four Turkey Tom.

Harris said the current hours of Sunday through Saturday are from 10 a.m. until midnight will change when students begin to arrive back on ECU's campus in the fall. He said Jimmy John's offers an app, Jimmy John's Sandwiches, available through the App Store to join its loyalty program and receive points toward free incentives.

"We have free sandwich cards as well as free side cards that we will periodically and randomly go out and disperse within the ECU community. We used to do free samples, but I know there is a lot of health concern so we are evaluating self-contained pre-packaged options to make people feel more comfortable," Harris said.

General Manager Mike Horton said Chico's Mexican Restaurant at 521 Cotanche St. provides weekly food and drink specials along with dine-in, take out and delivery through third party services. He said Chico's opened in 1983, and is currently serving from 11 a.m. to 9 p.m. lunch and dinner while also having drinks until midnight on weekends.

Three of the most popular menu items are the shrimp tacos, in-house margaritas and the fajitas, according to Horton. He said Monday's offer half price pitchers of draft and Thursday's with half price house margarita pitchers.

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Club sport teams offer new activities

Joshua Nelms
TEC STAFF

New students at East Carolina University may look for an extracurricular activity to join once they arrive on campus and with the 33 club sports offered at ECU students are able to join a variety of sports.

ECU's club sports have teams dedicated for both men and women athletes and also co-ed teams. Club wrestling president Adam Aldridge said if a student wants to join a club sport the process is simple.

"We have preseason workouts. For those who come and sign up they have to stay for all the workouts and once the season starts and they have stayed through the workouts then they are in," Aldridge said.

Club sports generally have dues that students are required to pay if they plan on participating in the club, however, the amount of the fee varies with each club. For club wrestling, Aldridge said students have the option of competing with the club in tournaments or to not compete and just practice with the team.

"Once the season starts, we do require dues to be paid whether or not they are competing or just there to practice. Last year everyone who was competing had to pay \$135 (and) if they were not competing they owed \$50 in dues," Aldridge said.

Aldridge said club sports can be time consuming throughout a semester with practices and games. He said even with practicing multiple times a week it is still manageable for a student to balance club sports with classes.

"Mat practices are four days a week Tuesday through Friday from 5 to 7 p.m. Mondays are usually conditioning practices," Aldridge said. "Last year we had six tournaments and one dual meet where we went to another school's gym and we competed against them. Most of the tournaments were fairly close in distance, the farthest we went was six hours, and nationals were held in Texas which we flew to."

For students looking to try new things, some club sports do not require any experience in the sport. Aldridge said if a student is new to the sport they are welcome to join and learn.

Club figure skating president Lauren Verzaal said the team is co-ed and anyone, no matter level of experience, is welcome to join. This includes people with limited to no skating experience, it's as simple as signing up.

"You can email us at figureskating-club@ecu.edu and just let us know your name and your class. Just say you're interested and how many years of skating



LAUREN VERZAAL | CONTRIBUTED

Members of East Carolina University's club figure skating team pose on the ice inside of the rink, where they perform.



BINTA TOURAY | THE EAST CAROLINIAN

East Carolina University's disc golf course, located at the North Recreation Complex, is the playing field for club ultimate.

experience you have. That way we know what type of information to send. You can also reach out to our Instagram at ecufsc or you can also find us on Facebook at ECU Figure Skating Club," Verzaal said.

Verzaal said dues for club figure skating help provide athletes with gear and helps the team rent out the ice for practice.

"Members have dues. Any new members coming in will pay a one time fee of \$100, but with that they will get some club gear like a black zip jacket with the ECU figure skating logo on it, a duffel bag that they can take to competitions; a bag to hold their skates in. We have semester dues, each semester you will pay either a non competitive or a competitive due," Verzaal said.

The club's non competitive due is \$300 while it's competitive due is \$350. Verzaal said that this essentially covers the club's ice time for practices, helps to pay for coaches, hotel and registration fees when it comes to competition.

The ultimate frisbee club also allows those with no experience to join. Morgan Crank, president of club ultimate, said in order to join students just have to show up to practices.

"For ultimate we are a no experience necessary club, so all you have to do is show up to our practices. We do have interesting meetings at the beginning of the

year but those aren't required; those are just for people that want to know more," Crank said.

A lot goes with club sports. Crank said that it can get busy, but it shouldn't scare freshmen away because the club will accommodate the needs of the students.

"In a normal year we practice three nights a week from 6:30 to 8:30 (p.m.). The fall we have four tournaments and in the spring we have five to six tournaments, and those are all weekend so we leave on Friday and come back on Sunday and they are throughout the semester," Crank said.

She also mentioned that club sports have a requirement to commit to community service, fundraising and to watch other club sports and activities at ECU. Dues for club ultimate are not as heavy as they are for other clubs. Crank said dues are \$30 in the fall and \$40 in the spring.

"We tend to stay in the North Carolina, Virginia (and) South Carolina realm. We usually stay in the six to eight hours max. We have never gone eight hours, but we almost did this past year if we would have had our full season. If we were able to make it to nationals we would go to Milwaukee, Wisconsin. It just depends on what tournaments are available to us," Crank said.

Club ice hockey holds official tryouts, said Drew Chasanov, a club hockey player. Chasanov said typically

around 50 students will come out for tryouts each year and 25 to 30 of them will make the team.

Chasanov said the club will practice a couple days a week and will have one to two games each weekend throughout a season. He also mentioned the club's dues are the most expensive in ECU's club sports lineup.

"There are times where we will travel every weekend in a month and there are times where we won't travel for two months. Our travel is weird; it just depends on how our schedule is built up," Chasanov said. "We have the most expensive club sports dues, for rookies or freshman it is \$1200 that comes with your uniforms and all your bags and all your warmups, and after that it is \$1000 a year."

He said the bonds and connections that he has made with his teammates and coaches through club sports has been great and he encourages freshmen to join a club sport.

The wide variety of club sports that ECU has to offer can provide something for almost any freshman looking to further participate in something they are passionate about or to try new things and meet new people.

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Downtime at Dowdy

Brendan Gillespie
TEC STAFF

A pirate may find hidden treasure when they look in new places, and that may be a similar experience for those who want a new spot to relax or study at East Carolina University.

While college may be hectic, most students and faculty find their “happy place” between their schedules. Whether it is studying in between classes, relaxing before a meeting or even eating a meal, there are many places for this on ECU’s campus.

Interim Chancellor Ron Mitchelson said there are many places for students to spend their downtime.

“I love sitting over there by the Cupola,” Mitchelson said. “It has such a symbolic value to me and I just love these historic places (on campus).”

Mitchelson said he frequents many other locations which he recommends that students check out such as the fountain by Wright Circle, the ECU letters in front of the Main Campus Student Center (MCSC) and the Mall on Main Campus.

Mitchelson said he enjoys spending spare time at Joyner Library and browsing the North Carolina Collection that is on display throughout the library, however, as the interim chancellor he does not get to do it as frequently as he did before.

“I really enjoy being in that setting and exploring North Carolina stuff. It’s really a cool collection and if students have an interest in all things North Carolina then that North Carolina Collection is really outstanding,” Mitchelson said.

The North Carolina Collection is on display in glass cases throughout the library, and it details the history of the state and the region, according to the Joyner Library Website. The site said that many of the displays have historical documents, books and other materials that date as far back as the colonial days.

Mitchelson said venues for eating all around campus are very popular spots for hangouts. He said, while he does not eat very often on campus, the Sweet Shop creamery in the MCSC is one of the places he will continue to visit.

Senior finance major Ryan Moran said she may not be on campus all that often, but Joyner Library is one of her favorite spots to get work done. She said she feels that it helps her focus and complete



East Carolina University's Cupola sits in the middle of the Mall on central campus near the Joyner Library musical pillars.

assignments which require more attention.

“I feel like I get the same amount of work done (in the library), but I feel more accomplished and it’s a motivating environment,” Moran said.

Moran said she believes that while she could get work done anywhere, it’s best for her to go to Joyner Library when she has a big project to complete. She said the library provides a productive environment for her and she loves to sit at the second floor study booths when she’s ready to work.

Moran mentioned an additional favorite area to walk by is the side of campus near 5th Street.

“I really like how the 5th Street side of campus feels to walk up and down,” Moran said. “It makes me feel ‘so college’ the way the architecture is.”

Senior business management major Claudia Camlin said she often visits the library and Starbucks in her time between classes.

“I can only focus on studying if it’s super quiet, so the third floor is definitely my second home,” Camlin said. “I wish I knew about the third floor and how peaceful it is because it’s definitely a little rowdy on the other floors.”

Camlin recommended students visit the Mall when they have a break. She said it is certainly the best place to take a break while overlooking all of campus.

Camlin said she feels it’s important to study, but encourages students to take the time to relax every once in a while.

“I definitely think it’s important to give yourself a break in life in general. I’m the kind of person who always likes to be super busy and not let myself relax but I’m trying to be better about that,” Camlin said.

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KATE FRANCIS | THE EAST CAROLINIAN

Pirate Nation fans stand in purple and gold in Dowdy-Ficklen Stadium during the 2019 Homecoming game against University of Southern Florida located on 100 Ficklen Dr.

ECU thrives off of tradition

Lydia Ryan
TEC STAFF

With 28,651 students registered in 2019, East Carolina University is home to a culture filled with dedicated students, staff, fans and alumni who want to see the school succeed.

On campus there is never a shortage of activities for students to partake in. The Student Activities Board (SAB) is dedicated to providing new events that are fun for students and upholding traditions like Homecoming and Barefoot on the Mall.

SAB President Lilah El-Halabi said SAB tries to have weekly and even daily events throughout the

semester like movie nights and crafts. She said the plan for the upcoming semester will be more virtual.

“So we have Homecoming at the end of our fall semester (and) then we have Barefoot, which both are annual celebrations in the year. Barefoot takes place in the spring, usually on the last day of classes or reading day. We host a really big concert on campus,” El-Halabi said.

SAB’s events are educating, engaging and are designed to help incoming students feel welcome, according to El-Halabi. She said her freshman year the easiest way to meet people was to go to the free SAB events.

With the restrictions put in place due to COVID-19, events like Homecoming will still be planned and will likely have virtual aspects as well, according to El-Halabi. She said she encourages incoming students to join SAB so they can be a part of planning these exclusive events.

“I think a lot of things that SAB holds together are the traditions of Homecoming and Barefoot. Without the concerts or the big celebrations and all the things that we do we would be missing a lot of the Pirate culture that goes around it, because those are the big events that all of ECU feels collectively together,” El-Halabi said.

SAB caters to a wider variety of people, according to El-Halabi. She said SAB partners with many of the over 500 different organizations at ECU and encourages new students to take advantage of tools like Engage to know what events are happening on campus.

Executive Associate Athletics Director Ryan Robinson said a large part of ECU’s culture is the support for its athletics. He said it’s a fanbase that really appreciates the traditions and those are what makes it all special.

“I think what stands out to me is really the traditions. I always tell people that I get destroyed when I hear ‘Living on a Prayer,’ I see the Hoist the Colors, the canon after a touchdown and I am a sucker for the Purple and Gold chants, not just in football, but basketball and baseball as well,” Robinson said.

Paint it Purple, a Friday tradition where everyone wears purple in support of the school, is a symbol of pride, Robinson said. He said he hopes to see more

people participating in it.

Robinson said the traditions that surround Pirate Nation are not just limited to Dowdy-Ficklen Stadium, but Clark-LeClair Stadium and Minges Coliseum as well. He said there is something special about the Boneyard, ECU’s student section at Dowdy-Ficklen, and ECU is very fortunate to have a first-class student section like that.

“For a new student that is coming here, what I think they are really going to enjoy the most is the community. Everybody kind of supports the Pirates,” Robinson said. “I was told early on ‘Ryan, once you go there you won’t want to leave’ and I remember the first couple of weeks thinking well I don’t know about that. I can see it now.”

People in the Greenville community are supportive of ECU and the athletic department, according to Robinson. He said even with the difficult times happening now, he has seen the ECU community stick together.



KATE FRANCIS | THE EAST CAROLINIAN

CJ Johnson (left) and Tyler Snead (right) celebrate after a touch down on the first play against University of Southern Florida.

Robinson said the Student Pirate Club (SPC), a benefit offered to students at ECU, is vital to ECU Athletics and the Pirate Club as a whole. Right now, Pirate Club is working with local businesses to get discounts for members of the SPC, which is important to students, according to Robinson.

“I think there is a pride thing too. I have talked to a lot of donors over the years, that are now whatever age and they say ‘I just remember when I got that first Student Pirate Club card or T-shirt’ and that was a very prideful thing,” Robison said.

By supporting SPC students are supporting ECU Athletics and student athletes here, according to Robinson. He said, at the end of the day, students want to see the Pirates win and that is what they are striving for.

Head baseball coach Cliff Godwin has been a part of that mission as both a ECU student athlete from 1998 to 2001 and now as a coach. As a student, Godwin redshirted as a freshman before serving as a top catcher for the Pirates over the next four seasons. He returned to ECU to coach in 2015 and has since extended his contract to 2023.

“I tell people all of the time that the best decision of my life came in the spring of ‘96 when I decided to attend East Carolina University,” Godwin said. “Once I got here, every experience I have had as a student athlete and every experience I have had in the profession of coaching stems back to that decision.”

As a coach, Godwin said he tries to recruit players that fit into the Pirate culture. He said they want players who want to become great people, are focused on their academics and their playing. He said his advice to new students and athletes would be to not compare themselves to the people around them.

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KATE FRANCIS | THE EAST CAROLINIAN

Marching Pirate member stands upright with their trombone.



East Carolina University's Student Recreation Center located on Main Campus near Mendenhall and West End which holds three levels of work out equipment, an indoor track and pool.

Students can remain safe and fit on campus

Dylan Woolard
TEC STAFF

With the start of the fall semester at East Carolina University, students will come to find ways to stay safe on campus during the COVID-19 pandemic with the help of ECU's Brody School of Medicine.

Typically, the university ensures the safety of students on campus with the help of the ECU Police Department (PD), various learning modules for incoming students to complete, an extensive network of Emergency Blue-Light Phones and text alerts to make sure students are aware of what's happening on campus.

ECU's chief of the Division of Infectious Diseases at ECU's Brody School of Medicine Paul Cook said there will be changes to students' daily routines on campus and that changes should be expected during the pandemic.

"ECU will be doing questionnaires to determine if persons have symptoms suggestive of Covid," Cook said. "Persons answering 'yes' to screening questions will be advised to see Student Health (Services) to see about getting tested for Covid."

Cook said that because a college campus is a much larger congregation of people in one place, there may be differences in the precautions taken by the university in comparison to supermarkets, restaurants and

barbershops or hair salons.

Cook said students should continue with the current recommended safety precautions many state governments are requesting.

"Students should practice social distancing, use a face mask in public and use hand sanitizers or wash hands frequently during the day. If you have a cough, get a COVID test and do not go out in public," Cook said.

Cook advises against students partaking in week-end activities that might include large groups of people as they are high risk environments for the spread of COVID-19. Students that frequently use the ECU Student Recreation Center may want to consider the risks and how things have changed before visiting the facilities.

In ECU's reopening plan titled "Return of Pirate Nation," adjustments to how recreational facilities will operate are included. The plan states that scheduled appointments and classes for group fitness or workouts will be required, locker room use will be restricted to restroom use only and showers and locker use will be prohibited. The plan mentions that patrons will need to clean exercise sites after use through the use of sanitation stations on site.

If that seems like a burden or if the risk seems too

high, students can explore other options and alternatives like home exercises. National Academy of Sports Medicine certified personal trainer Daniella Delaney said there are plenty of exercises students can do at home to keep in shape.

"Three sets of 25 crunches, pushups, squats, reverse lunges, jumping jacks, tricep dips and burpees," Delaney said are all exercises that can be done with limited space or without weights.

As for students who may think they need to use a weight set or machines to keep in shape, Delaney said workouts can be modified using household items like gallon water jugs to add weight to the workouts. She said beginners can get in on the action as the exercises can be modified to make them easier as well.

"Three sets of 12-20 reps of each exercise is a great place to start for beginners and is recommended," Delaney said. "You can also modify your pushups by kneeling if you need to."

With the help of the right resources, students can find alternative ways to get a workout in and remain safe on campus upon return to ECU.

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Greenville offers ways to satisfy your caffeine fix

Giana Williams
TEC STAFF

Coffee is one of the go-to caffeine stimulants to help get a boost of energy, especially for college students, and Uptown Greenville offers a number of cafes for students to lounge around, study and satisfy their caffeine fix.

Blackbeard Coffee Roasters is a locally owned roastery and coffee shop located on 203 E 5th St. The cafe roasts fresh coffee almost daily and has a number of fresh baked goods, according to owner Matt Sterling.

"We serve multiple types of drip coffee brewed and ready to serve. We also have all of our single-origin beans available for a fresh-made pour-over or french press. We serve a wide variety of espresso drinks including, lattes, cappuccinos, mochas," Sterling said.

Other than coffee, Blackbeard has a variety of baked goods made fresh every day that it gets from Great Harvest Bread Company in Greenville, according to Sterling. A few items include cinnamon rolls, chocolate chip cookies, cheddar biscuits, scones and vegan muffins.

Sterling mentioned the cafe staff likes to take care of how it's decorated so it is welcoming for customers. Internet and sitting areas are available for customers to do school work and study.

"The single most important part of the space though is the baristas and care they take in welcoming every customer and helping them pick a great drink. We take care in getting to know customers and want all of our customers to feel right at home whenever they come in," Sterling said.

Molly's Community Cafe is a "small, intimate cafe," located on 300 Evans St., which serves "Americana" style food such as burgers, hot dogs and a variety of breakfast foods, according to co-owner Jimmy Williams. Molly's also serves a few caffeine selections on its menu. Before the release of cold brews such as iced caramel and mocha latte to its menu, Williams anticipated the new menu addition and said the cafe will continue to serve sodas and tea.

"We have bottomless coffee so when you get that, you can drink as much as you want. We are in the process of getting a couple of cold brew coffees. Those are going to be the new products we are just now introducing," Williams said. "And then we have, of course, sodas and we have tea, sweet and unsweet tea."

The cafe makes its space comfortable for students by each seat having its own outlet with USB ports and



Zach Pomery makes an ice coffee while working at Blackbeard Coffee Roasters located on 203 E 5th St. in Uptown Greenville.

playing music softly in the background, according to Williams. He said the cafe does not have student discounts at the moment due to students being out of school, but hopes to start one during the fall semester along with a pancake night.

Williams mentioned the restaurant community came together during the midst of the pandemic and helped each other out, which was a good experience for Molly's. He said the Pitt County Independent Eateries (PIE), a nonprofit organization made up of independent restaurants in Pitt County, helped make the COVID-19 situation a little better for the community.

"There's a lot of good places to eat (here in Greenville). So it's a really nice, friendly environment for both customers and all of the restaurants," Williams said.

The Scullery Coffee House and Creamery located on 431 Evans St. is a coffee and ice cream shop that offers breakfast and lunch all day. The Scullery has a full espresso bar with a number of lattes and coffees customers can choose from, and it tries to use as many local ingredients as they can, according to owner Matt Scully.

The Scullery gets its coffee from Joe Van Gogh Coffee Roastery, a roaster in Hillsborough, North Carolina, according to Scully. Some of its beverages include "The Lumberjack" which is a latte that has maple syrup, vanilla and cinnamon, "Caramello," a caramel coffee and "The Espresso Milkshake" which is espresso ice cream and shots of espresso blended up.

Scully said the restaurant loves having college students around to be able to get to know them better and provide a place to get to know local people. He said a lot of people bring their family to hang out and have breakfast before they head out of town.

Some of the popular times for the restaurant during the year include the beginning of the school year, football games and graduation season, Scully said.

"It (The Scullery) has become a real staple in the area. We try to be really involved in the community and being as helpful as we can, supporting different groups and doing different projects ourselves, trying to be really active and positive," Scully said.

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Hidden Gems

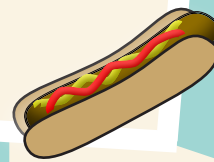
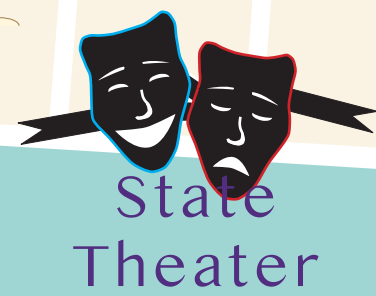
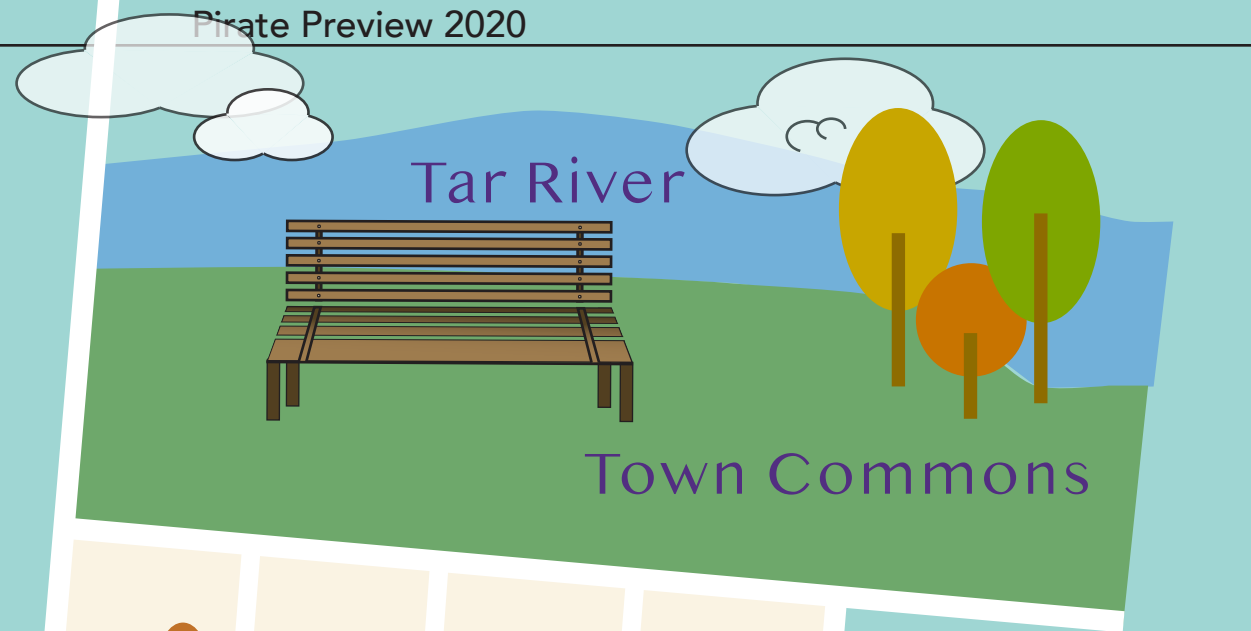
Smashed Waffles

5 Points Plaza

Indoor Farmers Market

Cinnamon

Blackbeard Coffee

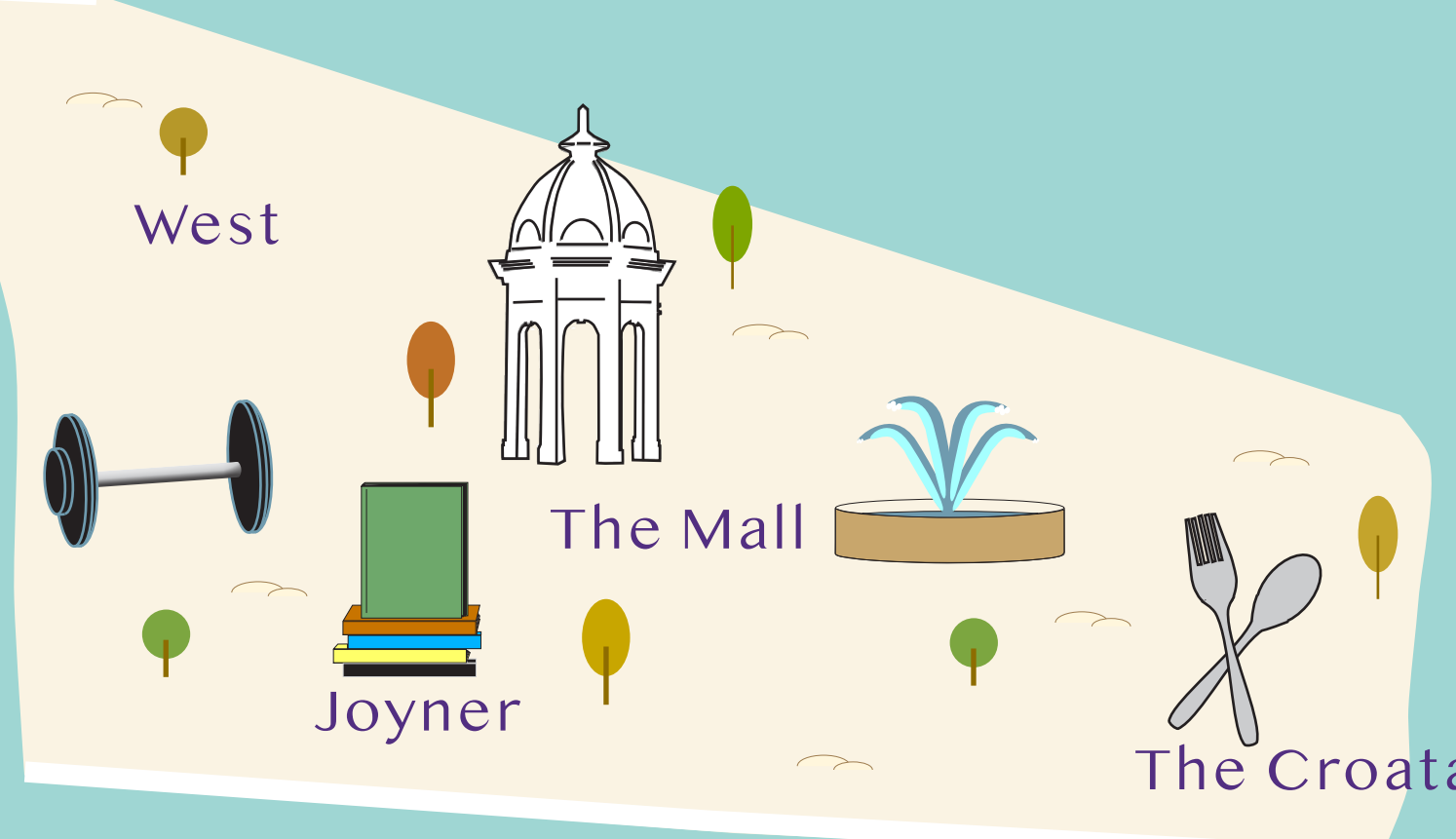


Sup Dogs

Main Campus



Uptown





Alpha Delta Pi 2019 members pose for the camera on top of their sorority house located on 1407 E 5th St., near Main Campus and uptown, where incoming freshman can rush this fall.

CONTRIBUTED BY CECILLIA WELTON

Greek life provides variety of opportunities

Macie Tano
TEC STAFF

There are various organizations incoming freshmen can get involved with at East Carolina University this fall such as Greek life which can lead to many leadership opportunities and friendships.

Currently, there are 21 fraternity chapters at ECU, including 14 Interfraternity Council (IFC) organizations, three Multicultural Greek Council (MGC) organizations, and four National Pan-Hellenic Council (NPHC) organizations, according to the ECU Greek Life website.

As for sororities, ECU is home to 17 sorority organizations, including four MGC chapters, 10 Panhellenic Association (PA) chapters and three NPHC chapters, the website said.

“Fraternities and sororities provide an enriching student experience that helps

individuals to grow and develop as young men and women who have leadership and social skills, who prioritize their academics and service to the community. Membership in a fraternity or sorority is life-long and provides connections long after graduation,” the website said.

There are four pillars of Greek life at ECU, according to the website, which include Friendship, Leadership, Philanthropy and Service and Scholarship.

Each Greek life organization focuses on a different philanthropy, which is a foundation or charity that the chapter supports. Many of the activities each chapter hosts throughout the semester will help raise money toward its given foundation or charity, the website said.



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Sigma Nu fraternal organization house located at 422 W 5th St. near Uptown Greenville.

> **GREEK** page 20

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GREEK continued from 18

Senior criminal justice major Megan Muncie, who is also the 2020 Chapter Life Vice President for Alpha Xi Delta (AXID) sorority, joined Greek life during her sophomore year of college. Muncie said she joined her chapter due to her passion for the philanthropy Alpha Xi Delta supports, Aces for Autism.

"I joined AXID because I fell in love with the philanthropy, the women and the opportunities I have had from day one! I have had the privilege of currently being the 2020 Chapter Life Vice President," Muncie said in an email statement.

Muncie said her chapter hosts a variety of events and fundraisers throughout the school year, with all proceeds going towards Aces for Autism. She said Alpha Xi Delta directly volunteers throughout the year with the local organization.

The Alpha Xi Delta chapter, along with other chapters, is still planning on hosting some events during the fall semester, but their requirements will be impacted by COVID-19, Muncie said.

"With COVID-19 happening, we have been making plans for the requirements we have from the state, school and Panhellenic. Even if classes are online, we are making sure our sisterhood stays strong," Muncie said in the email statement.

Muncie said she chose to join Greek life because she wanted to try something new and be a part of an organization at ECU. She said her experience within her chapter has been something she "wouldn't trade for the world."

Incoming freshmen should join Greek life because the chapters have a lot to offer, Muncie said. There are also a variety of leadership positions within each chapter. "Every sorority here at ECU is amazing. They all have amazing philanthropies and women that do great things. There is so much to offer like gaining leadership positions and service opportunities that make your college experiences ten times better! It is so much fun and I am proud to be a member of this great Panhellenic community," Muncie said in the email

statement.

Senior business management major Matthew Stowe, who serves as the president for the Interfraternity Council, said that he is also a member of the Alpha Sigma Phi fraternity.

Stowe said when he rushed his freshman year, he felt a connection with the brothers in Alpha Sigma Phi which he chose to join. The chapter of Alpha Sigma Phi works with a national and local organization, which they hold charity events for each year, Stowe said.

"Alpha Sigma Phi has a national partnership with RAINN (Rape, Abuse and Incest National Network), which helps victims of sexual assault," Stowe said. "Locally our chapter currently holds a very successful charity event every spring semester called 'Jam Out.' This event has helped us raise thousands for a fund we have in partnership with the school that helps pay for rehab patients of substance abuse."

Stowe said Alpha Sigma Phi plans on moving into its lettered house in the coming semester, but has restrictions on how many people can live in the house due to COVID-19. However, the chapter still plans on using the house for charity events throughout the year, Stowe said.

Originally, Stowe said he wasn't interested in joining Greek life upon arriving at ECU as a freshman, but changed his mind and decided to rush after meeting different Greek life members on campus.

Stowe said he believes there are many benefits of joining Greek life and everyone who rushes will find a chapter fit for them.

"The benefits of joining greek life are tremendous. No two chapters are the same. If you take time to meet everyone you will find a group that you can relate with. The friendships and lifelong connections that arise from membership are something that cannot be bought," Stowe said.

More information on ECU's Greek life chapters and information for rushing in the fall can be found on their website.

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Kappa Delta 2019 sorority members in front of their chapter house located at 1100 E 10th St.

CONTRIBUTED BY CLAUDIA CAMLIN

Pirates best online resources, applications

Yasmine Curmon-Ward
TEC STAFF

Incoming East Carolina University freshmen can use a variety of online resources and applications to make college life easier with tools to help with homework, enhance communication with classmates and for transportation to and from campus and around town.

Sophomore double communication and theatre arts major Reagan Blackburn said she is a full-time student and works part-time as a writing consultant at the University Writing Center. She uses and recommends that incoming freshmen use ECU specific apps and resources like GETMobile, LiveSafe and NextBus.

Blackburn said ECU GETMobile helps her to keep track of her Pirate Meals and Pirate Bucks.

"With all the responsibilities that come with college, it is nice to automatically track everything on my 1-Card with this app," Blackburn said in an email statement.

The LiveSafe app helps someone to keep track of Blackburn to make sure that she is okay until she comes back to them, and she said it helps to ease her and clear anxiety.

"I have a lot of late-night responsibilities, so it can be scary walking from one side of campus to the other in the dark," Blackburn said.

Blackburn said she uses the NextBus app so she can track all the bus routes on and off campus for the most recent transit times. She also recommends non-ECU specific apps such as the CamScanner, Groupme, Outlook, Quizlet and Reminder.

Blackburn said the CamScanner app is able to take pictures of different documents and make them into another document, like a PDF for example. She said that users can also turn photos into another document.

"With different classes requiring

various ways of turning assignments in, it is nice to have an app that can turn photos into anything you need," Blackburn said.

Blackburn said she recommended using the Outlook and Quizlet apps on the phone because she said checking your student email daily is essential for college life so you can receive automatic notifications on the go. Quizlet app is a useful study app where students can make study guides or find study guides made by other students.

Blackburn said many organizations on campus use Groupme in order to communicate with each other on different phone carriers.

"Many organizations on campus use GroupMe in order to keep communication across all phone types and carriers. I rely on this app to get much of my info from various groups and people. I would highly recommend getting it ASAP especially since communication will be so vital for the coming semesters," Blackburn said.

Blackburn said because she does a lot on campus, the Reminder app is useful. She said she recommends using a planner, but the Reminder app helps to have important reminders on the go.

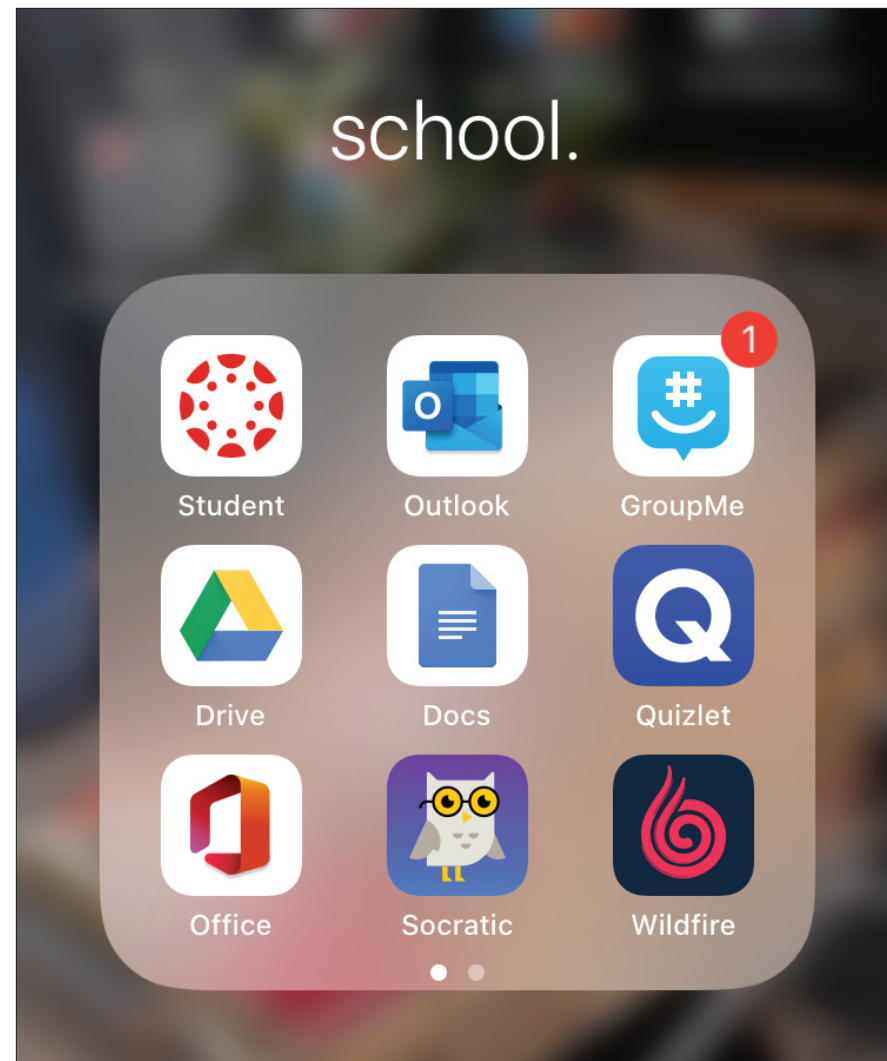
Seymone Gugneja, a junior computer science major, said she recommends downloading Google Calendar app, Todoist app, Clear Scan app, Supercook app, Forrest app and using the cloudconvert website.

Gugneja said the Google Calendar app is a great resource to use to schedule out your day.

"It's a good resource to schedule out your days. Much easier to use than any other scheduling app that I've tried out," Gugneja said in an email statement.

Gugneja said the Todoist app is the best To Do app that she has tried, as you can create different projects and create a To Do list for specific projects.

Gugneja said she recommends the



BINTA TOURAY | THE EAST CAROLINIAN

Student applications available on the Apple Store for purchase which help with course work.

Clear Scan app if you need to scan a document. She said it is a free app that allows you to take a picture of the document and it will convert the picture into a jpeg or jpg.

The Forest app is the best pomodoro timer that Gugneja has used, she said, and that it cost .99 cents to download.

"If you successfully stay off your phone for the time that was set, a tree is planted in your virtual forest," Gugneja said.

Gugneja said the Cloudconvert website is an easy way to convert doc-

uments to another type of document and is free.

Rasheena Smith, a senior communication major, said she recommends freshmen to use Groupme so they can stay in touch with other students to know if they missed an assignment and to encourage one another.

"We (Smith and her classmates) used it when we needed encouragement and to let each other know if we missed an assignment," Smith said.

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Cotten Residence Hall (left), Fleming Residence Hall (middle) and Jarvius Residence Hall (left) sit on central campus across from the Mall and Cupola where many freshman reside.

Living on-campus: surviving roommates

Summer Tonizzo
TEC STAFF

Living on-campus comes with a fair share of both positive and negative effects, and East Carolina University Campus Living will continue to work to ensure residents are safe, healthy and happy.

ECU has a multitude of options for those who decide to live on campus. The university features three neighborhoods: College Hill, West End and Central.

“All of our neighborhoods are within walking distance to the academic buildings where students have a majority of their classes. Dining is available in the College Hill Neighborhood at Todd Dining Hall; Central and West End Neighborhoods are served by the West End Dining Hall,” according to ECU’s Campus Living website.

Each neighborhood has its own unique aspects, according to the campus living website. College Hill being in close proximity to athletic buildings, Central being close to the

Mall and Joyner Library and West End being beside a short walk from Uptown Greenville.

On-campus living comes hand-in-hand with moving out from your parents’ home and moving in with a roommate. Junior public health major Destiny Akinagbe came to ECU in fall 2018 where she lived in College Hill’s Legacy Hall.

Akinagbe said she believes creating boundaries with a roommate from the beginning is the best way to live. She said communication, which helps you become comfortable with one another, is key.

“That (communication) is so important in sharing a room with another person,” Akinagbe said. “If something is bothering you, you want to squash that (situation) as soon as possible so problems don’t build up.”

Akinagbe said it’s essential to keep your living area clean. She said it’s additionally important to respect the boundaries set, especially if different morning and night routines are prevalent.

Being considerate of a roommate is important because when living in a residence hall and sharing a room with someone you would want them to treat you with the same respect, Akinagbe said.

During her sophomore year at ECU, Akinagbe became a Resident Advisor (RA) in West End’s Fletcher Hall. She said she plans to be an RA for the second year in a row come the fall semester.

“I’ve lived in both College Hill and West End. I’ve loved living in those neighborhoods. You’re so close to the dining hall in both neighborhoods,” Akinagbe said. “College Hill is a bit more spacious it seems and West End’s NSO (Neighborhood Service Office) is right in the dining hall which is convenient.”

Akinagbe said her best advice for getting along with an RA is to “try to have a good relationship” and stay on their good side. She said an RA is available to help, so a student is able to ask them for help or advice.

Gabrielle Potenza, a junior nursing major,

lived in West End freshman year and said her favorite aspect of it was being close to friends, the dining hall and her classes.

“The biggest lesson I learned was that there will always be a way of living that you don’t agree with when it comes to a roommate, but you have to compromise and communicate ways to live civilly together,” Potenza said.

For Potenza, having a coffee maker, variety of clothes for all seasons or occasions, non-perishable snacks and a speaker on hand were some essentials she relied on.

The COVID-19 pandemic has prompted individual safety changes, regulations students will be expected to follow while living in residence halls this fall. Some regulations include the limitation of student visitation, elevator usage and group activities.

More information on Campus Living for incoming students is located on the department’s website.

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RESIDENCE HALLS:

what to bring and not to bring

Summer Tonizzo
TEC STAFF

Each ECU residence hall provides students with a microwave, mini refrigerator, power outlets, desk, bed, overhead light, and dresser and/or wardrobe/closet. However, upon move-in students may want to bring other essentials, extras and are reminded that some items should be left at home

ESSENTIALS:

- Linens for an 80” mattress
- Throw blanket
- Pillow(s)
- Laundry basket/hamper
- Laundry detergent, dryer sheets
- Towels
- Clothes hangers
- Power strip (or surge protector)
- Phone charger
- Laptop, laptop charger
- School supplies
- Shower shoes
- Shower caddy
- Small water filter
- Desk lamp/clip on lamp
- Hand sanitizer
- Disinfectant spray and wipes
- Face mask

EXTRAS:

- Command strips
- Wall decor
- String lights
- LED strip lights
- Coffee maker
- Small rug
- Bed risers
- Extra storage bins/plastic storage drawers
- Shoe rack
- Portable speaker
- Fan
- Fish tank
- Plants
- Utensils
- Plates, bowls and cups
- Sewing kit
- First aid kit
- Non-perishable snacks
- Plants
- Broom
- Wall mirror
- TV
- Gaming system

LEAVE IT HOME:

- Candles
- Torches and flammables
- Personal AC units/space heaters
- Hot plate
- Peel and stick wallpaper
- Electric heaters
- Electric fry pan
- Extension cords
- Lava lamps
- Cinder blocks/bricks
- Hookahs, water pipes
- Instapots/pressure cookers
- Mattresses
- Non removable and glow in the dark stickers
- Oil lamps
- Pets (freshwater fish are allowed)
- Toaster or toaster oven
- Refrigerator
- TV wall mount
- Weight sets
- Weapons

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Gateway East and Gateway West Residence Halls sit on top of College Hill where most students live.

ECU faculty prepares for block schedule

Pat Polomchak
TEC STAFF

East Carolina University administration announced on May 11 the decision to transition the fall semester to a block schedule to combat the COVID-19 pandemic, leaving faculty to change the way they teach their classes.

Interim Chancellor Ron Mitchelson sent an email to the ECU community, with a link to a master plan referred to as "Return of Pirate Nation," on June 22. According to the plan, both the fall 2020 and spring 2021 semesters will be broken down into two 7.5-week blocks, with fall and spring break being eliminated.

Along with the reminder that classes will now begin earlier than usual, on Aug. 10, the master plan said large courses of 50 or more students will be moved online, with smaller classes transitioning to a hybrid of in-person and online instruction.

"Transitioning to a block schedule provides a university with flexibility in deciding when students return to campus, allows a university to pivot in the instance of a resurgence of a public health dilemma, reduces student-to-student contact, and reduces faculty-to-student contact in a given term," the plan said.

Some professors at ECU aren't feeling as strong of an impact by this block schedule as others. Many classes within the artistic majors offered by the university wouldn't work in such a timeframe and are therefore exempt.

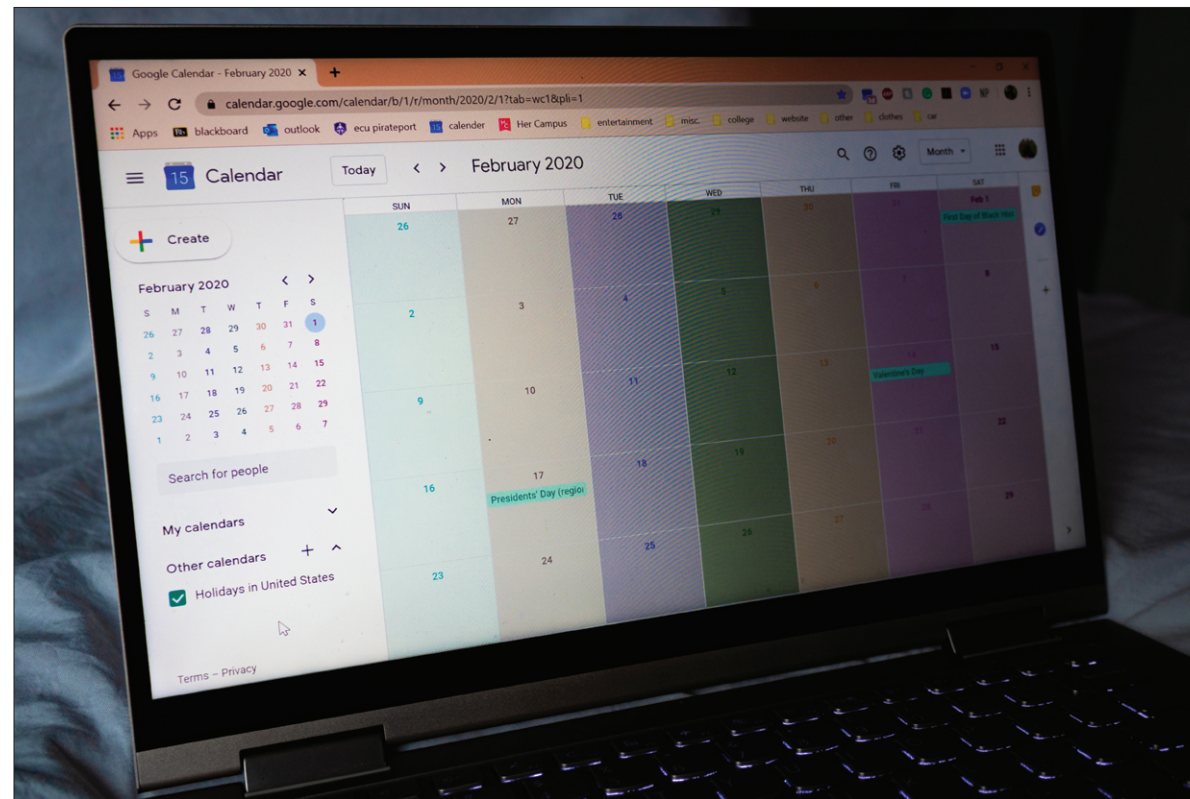
Craig Malmrose, a graphic design professor, said since he will teach all studio classes in the fall, he doesn't need to make any adjustments to his usual curriculum in terms of time.

"These (studio classes) are typically pretty small classes, usually somewhere between 12 and 18 people," Malmrose said. "They're face-to-face, hands-on classes where the instructor does demonstrations that can sometimes last two or three hours."

Malmrose said classes of that nature simply can't be done online, since studio classes require continuous trial-and-error practice, along with a professor to provide guidance. He said even in a full 15-week slate, many of his students still don't quite master the curriculum.

Malmrose said he believes this semester will be a difficult one for students, and that students won't get as much out of this term as they would otherwise.

"I think students are going to get shortchanged really, really badly," Malmrose said. "I don't think there is any blame to go around; the university is doing the best it can with what it was handed. It's just so shallow



Microsoft 360 Outlook calendar provides students with the space to organize and write their weekly block schedule.

in terms of what the students are going to get. They're going to get half the curriculum or less for each class."

While professors that teach in the arts, like Malmrose, mainly need to focus on adapting their teaching methods to a pandemic, faculty in other departments have to rebuild their courses from the ground up.

Brian Massey, a communication professor, said while he had not started to craft the new versions of his classes as of June 17, preparing new courses in a normal time is already difficult. He referred to this process as "new prep."

"Every course now, for all professors, is a new prep," Massey said. "Because you have to take a semester-long course, and somehow slide it into seven and a half weeks of instruction time, in a way that is still rigorous, it still transfers the knowledge, the information, the skills that need to be transferred, but yet doesn't overload everybody."

Massey said he believes the hardest part of making his courses will be deciding what to include from the normal workload and what is okay to cut. He said some things he thinks his students should know and experience will have to be abandoned due to time constraints.

Another challenge professors will face when classes resume is how to go about teaching while also maintaining social distancing practices, according to Massey.

"I'm a coach; I will sit down with students at their computers, and coach them through things, work one-on-one with them as they are writing," Massey said. "With COVID, I don't know what I'm going to do, because I can't engage in that kind of real-time, synchronous time, close-up coaching."

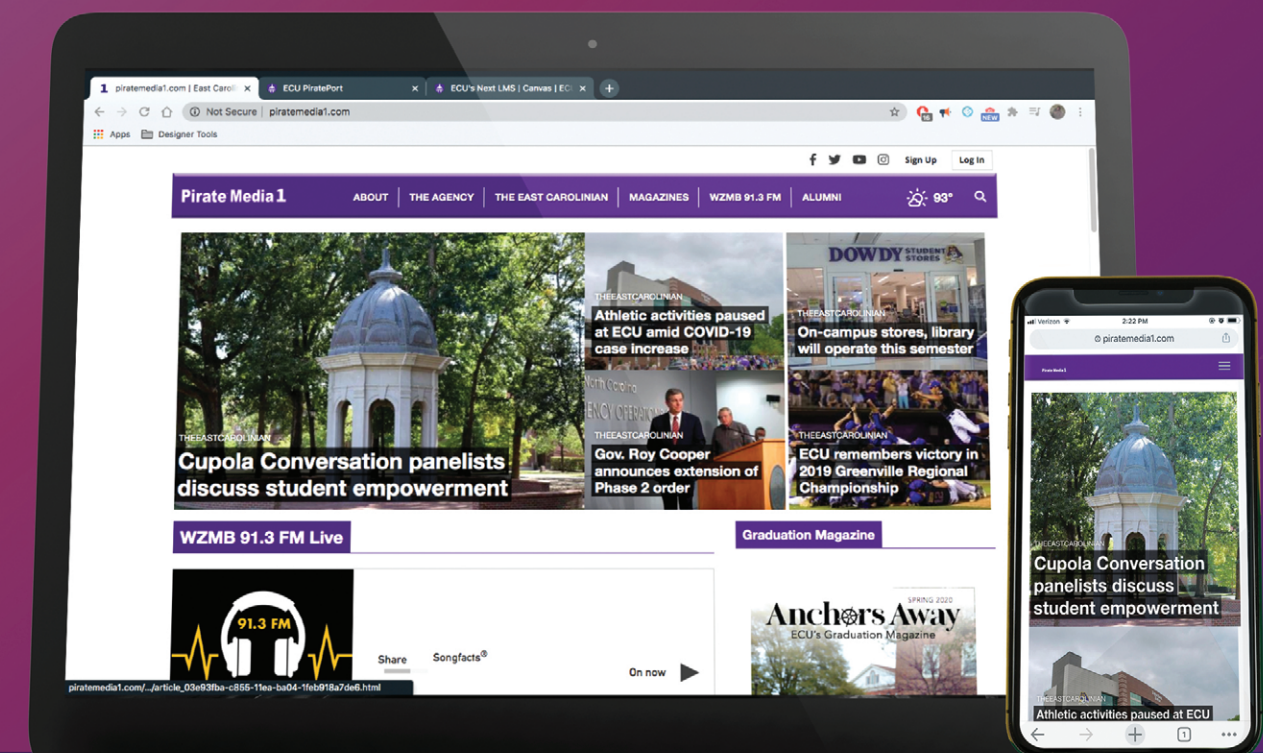
Massey said students, both new and returning, should try to avoid getting anxious about this semester, as it is new for everyone in the ECU community. He said a lot of things professors will try won't work, and students should expect many changes.

"Don't expect it (the semester) to be the way it was," Massey said. "Make the best of it. You're into the stream, you've just got to flow with it and see where it goes."

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Tales buried in the Boneyard

Melissa Glen

FOR THE EAST CAROLINIAN

When a university has been in existence for over a hundred years, there are certain events that slip through the cracks of history and memory and become legends. One of the unique aspects of East Carolina University's traditions lay in the continuation of its urban legends. So, whether you believe in the mysterious and supernatural or not, take some time to get to know the myths of the boneyard.

Jarvis Hall



Jarvis Residence Hall is the oldest dorm on East Carolina University's campus, and as such, it is said to host not just one but two ghosts. One is the ghost of Governor Thomas Jordan Jarvis, the man the building is named after, who died in 1915.

Some people believe that on the third floor of Jarvis lies Governor Jarvis's private study. The legend says if one stands outside of Jarvis on the 5th street side by the giant tree and looks up at the window of the mysterious locked third floor, they can sometimes see the figure of Governor Jarvis standing there.

He is also known to roam the other two floors of Jarvis, especially at night. One tale mentions two male residents who did not believe in the ghost of Governor Jarvis. The two students, as a way of testing the ghost, went to the unisex bathroom downstairs and spray painted "ghost" all over the walls.

A week later one of the same students was in the shower and when he got out, he turned around to see "Jarvis" spray painted on the wall in the same color. He tried to leave the shower stall only to find the door locked, not of his own

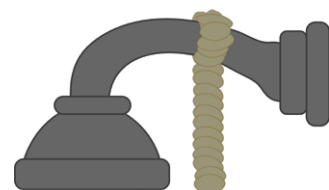
doing, and when he finally got out, the main door was stuck. He almost didn't make it out of the bathroom.

The other student involved in the prank is rumored to have woken up one night only to find his roommate lying on top of him with his eyes open, mumbling incoherently, in what is believed to be a punishment by the ghost.

The second ghost said to haunt Jarvis is the ghost of an unnamed little girl. Some people in the dorm call her Christine, but no one knows who she really is. This ghost is a young girl dressed in 1800s clothes. She is known to wander the boy floor specifically laughing and knocking on their doors at night.

According to campus legend, one student said they heard her knocking on his door again and decided to follow her with a group of his friends. The student said she led them to the stairwell entranceway right in front of the basement door, which is always locked. According to him, she simply walked through the door. The student believes she is hiding something in the room. Many residents have claimed this ghost has also knocked over stuff in their rooms, but they say she is overall a more peaceful ghost.

Cotten Hall



Cotten Hall is another area on campus known for its paranormal presence. Most people know the story of the girl who haunts the bathrooms in Cotten. The tale begins back when Cotten was an all girl dormitory. There was a resident whose boyfriend had recently broken up with her. The girl was so distressed that she supposedly went into the bathroom of Cotten and hung herself using the shower head.

Legend says after the death of the girl, the chancellor at the time ordered all of the shower heads in Cotten to be lowered. If anyone were to walk into Cotten today, the shower heads are still abnormally low for this reason. Many people claim the ghost of the girl still haunts the bathroom. They report numerous incidents including showers turning on by themselves and screams heard in the middle of the night.

Cupola

What most people don't know is that the cupola is actually a replica of the top of the old Austin building, back when ECU was a teaching college. It is said that one night there was a fire in Austin, and several students perished in the fire. After the building was torn down, the school decided to build the cupola in honor of the students who died.

If one looks at the concrete by the cupola today, they will see names and dates on each brick. If you look for the oldest date, there should be several names with the same date, said to be in honor of the kids that died in the fire.

Today, it is said that if you walk under the Cupola, you will not graduate in four years. The legend says this is because those students who died did not graduate at all, let alone in four years.

Christenbury



The Christenbury Memorial Gymnasium of ECU is said to be home to two ghosts. The first is a man who was an old janitor at the gym. The legend says that his wife left him, and because of how hard he was taking it he hanged himself from the gym's rafters. Some people claim they still see a shadow of a man hanging there on certain nights.

The second legend comes from the old swim test that was required for every student who went to ECU. Years ago, rumors say one of the previous chancellors' daughters drowned in the pool beside the gym in Christenbury. People say that her death is the reason ECU students were required to pass this swim test for so long, before they changed.

This writer can be contacted at news@theeastcarolinian.com.

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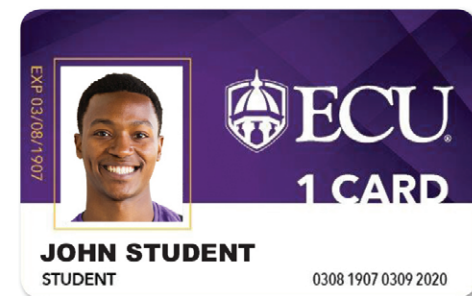
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