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SGA Ticket One candidates Tucker Robbins and Laura Hayes debate with Ticket Two candidates Janelle Jacobs and Anna Braxton.

ECU civility event to teach inclusivity

Michelle Mazzei
TEC STAFF

East Carolina University will help to denounce hate, discrimination and non-inclusiveness by having orchestrated ECUnited, a series of events that will promote ongoing civil dialogue and democratic values such as freedom of assembly and speech, inclusiveness and equality, consent, voting, right to life and minority rights.

Director of Intercultural Affairs Dennis McCunney said the NC Civility Summit, an event stemmed off of ECUnited, will be tonight at 5 in the Main Campus Student Center, room 249. Chris Singleton, a former professional baseball player who played for the Chicago Cubs, will be the keynote speaker at the event.

McCunney said Singleton has endured a tragedy in his life that will help him relate the idea of forgiveness toward students.

"His mother was a victim in the Charleston, South Carolina hate-crime church shooting in 2015. After this tragedy, he's gone on speaking tours talking about forgiveness, civility, building community and reconciliation," McCunney said.

Through ECUnited, the NC Civility Summit was shaped by Associate Vice Chancellor of Student Involvement and Leadership, Erik Kneubuehl, and ECU graduate assistant, Don Donaldson, who was the former president of the Black Student Union, according to McCunney.

McCunney said this event was organized by Intercultural Affairs and Student Involvement and Leadership. She said this is the fifth annual summit and it is open to all ECU students, faculty, staff and to the community of Greenville.

"We want everyone to just come together to discuss important topics that are oftentimes not talked about enough," McCunney said.

In past years, ECUnited has had a lot of important keynote speakers such as Executive Director of the Black Alliance for Just Immigration Opal Tometi in 2016 and co-founder of the Black Lives Matter Movement, Ken Nwadike, in 2019 who is also the founder of the Free Hugs Project, according to McCunney.

McCunney said Singleton has been featured on ESPN's 30 for 30 special and has important stories and messages to tell. She said he will be discussing unity, active citizenship, how to promote one's values and how to engage in conversations with individuals who may be different.

"He's going to be telling his story of his sports background and his story of grieving his mother and how he's used those things to fuel his messages of peace, forgiveness and civility," McCunney said.

GEORGE MARTIN | THE EAST CAROLINIAN

SGA hosts debate Ticket candidates discuss ideologies

George Martin
TEC STAFF

The Student Government Association held a debate between the two tickets for SGA president and vice president Monday night in the Main Campus Student Center.

Ticket one consists of Tucker Robbins for president and Laura Hayes for vice president, whose platform relies heavily on communication between students and SGA through social media while trying to make campus a safer place for students.

Ticket two consists of Janelle Jacobs for president and Anna Braxton for vice president.

Their platform relies upon their shared military experience. They also stressed the necessity for an improved social media platform in order to boost SGA and student relations.

Robbins said he and Hayes are both very passionate about seeing ECU become a great university.

"Me and Laura have come together because we share similar interests and ideals about this university, so that's why we've come together to hopefully serve as SGA president and vice president," Robbins said.

Jacobs responded by laying out her opening statement, and said that she wanted to connect with the student body on a personal level in order to help build SGA and student relations.

"I'm running for your student body president this year because I want to continue to uphold the standards and traditions that have been instilled in the community throughout the years," Jacobs said.

The debate's rules followed a normal format, where each ticket responded to a question and then one ticket had the opportunity to respond to the other's points in an alternating pattern.

The candidates started by responding to a question that asked them about their qualifications and how these qualifications make them the more qualified candidate. Robbins was the first to answer this question, citing Greek life as a major factor in why he should be elected.

"I am a member of a Greek organization here at ECU, and I just got

done with my term as president in the 2019-2020 year, and I was just named President of The Year out of all the Greek life presidents, so I feel like that speaks some sort of a volume as to what I am capable of," Robbins said.

Jacobs responded by focusing on her military background and her involvement in student organizations as the reason why she's the more qualified candidate.

Another major focus of Jacobs' opening statement is how she has been trained to be a leader due to her participation in Reserve Officers' Training Corps (ROTC).

"Being a part of the National Guard and ROTC, one of their main focuses is leadership. They are shaping us into being future leaders of the army today, and that is a main focus of my campaign today," Jacobs said.

The next question asked the candidates how their platforms and their priorities support the university's mission statement.

Jacobs responded by laying out the mission statement of the university, which is to provide programs and



Janelle Jacobs

Physician recognized in exhibit

Giana Williams
TEC STAFF

East Carolina University's Laupus Library opened an exhibit celebrating the life of local Civil Rights leader and medical trailblazer, Dr. Andrew A. Best.

Best, was a physician in Greenville, born and raised in Kinston, NC, who opened up a practice in the area in 1954 until shortly before his death in 2005, according to Layne Carpenter, an archivist at Laupus Library.

Best was involved with the ECU Board of Trustees and the University of North Carolina System Board of Governors. He helped integrate what is now Vidant Hospital, formerly called Pitt County Memorial Hospital, as well as businesses, hotels and restaurants in Greenville. He also orchestrated the integration of ECU.

"He (Best) has done so much in his life, he's a pretty incredible

> BEST page A6

'Ghost' to take the stage

Hannah Bolick
TEC STAFF

East Carolina University's School of Theatre and Dance will open its spring musical "Ghost: The Musical" tomorrow night at 7:30 in McGinnis Auditorium.

The show is based on the 1990 movie starring Patrick Swayze and Demi Moore, and according to the show's director Michael Tahaney, it follows pretty closely to the version that we all remember because the same person who wrote the screenplay adapted it into the musical.

However, not everything from the movie will be able to be replicated on stage, namely location changes and the incarnation of ghosts and demons.

"There are some things you can do with special

effects in a film that you just can't do on stage," Tahaney said. "We are dealing with flesh and blood people and real pieces of furniture that can't just be vaporized."

Tahaney said they have come up with some workarounds for those limitations, the most prominent one being the skilled acting of the cast. He also said that the cast is not the only talented ones involved in the production.

Jordan Martin, junior musical theatre major, is the musical director for the show. Tahaney said that not only has Martin worked with the cast on their vocals but that he will also be conducting the pit orchestra during the show. He said that this is the first time they have had a student filling this role.

This writer can be contacted at arts@theeastcarolinian.com.

ONLINE | FULL STORY



Actors Karley Kornegay and Keagan Kermode rehearse their roles.

CONTRIBUTED BY MAYA DALJA

ONLINE

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SOCIAL MEDIA



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BRIEFS

CRW to educate students on new sporting activity

Tomorrow, The ECU Adventure Program and Campus Recreation and Wellness will host "Paddling Palooza Pool" from 7 to 9 p.m. in the Student Recreation Center. There will be canoes, kayaks and stand-up paddle boards will be provided to educate students in how they can become involved with a new sport.

Brody to host virus strategy symposium

Today, ECU Brody School of Medicine will host a "Microbiology & Immunology Seminar Series" event from noon to 1 p.m. located in the Brody Medical Sciences Building, 2E-100. The symposium will feature NC State College of Veterinary Medicine Assistant Professor Elisa Crisci and will discuss complement evasion strategies of viruses.

SciTech to help find students their dream jobs

Tomorrow, the ECU Career Center will host "Cisco Day in SciTech" from 10 a.m. to 2 p.m. located in the Science and Technology Building Lobby. Recruiters for technical consulting engineers will be present for those interested in computer networking. It is advised for students interested to bring their resume.

Ledonia Wright will continue A.L.A.N.A. series

Tomorrow night, the Ledonia Wright Cultural Center will be continuing its A.L.A.N.A. Workshop series from 5 to 6. This continuing series is designed to develop professional and academic development initiatives for first generation college students and those of underrepresented backgrounds. Tomorrow's area of focus will be "What Employers Want."

CORRECTIONS & CLARIFICATIONS

If you feel there are any factual errors in this newspaper, please contact Jenna Price at editor@theeastcarolinian.com.



SAM HEIDSICK | THE EAST CAROLINIAN

East Carolina University does not supply students with menstrual products in restrooms. The WGO hopes to increase the use of menstrual stations on campus.

Menstrual products lacking

WGO hopes to provide more hygiene products

Madison Barnhill
TEC STAFF

There is a stigma around menstruation and several organizations at East Carolina University are working to break it by providing students with free period products and have addressed the issue of a lack of hygiene products in campus restrooms.

The Women and Gender Office (WGO) recently started menstruation stations less than a year ago around the time of the start of the 2019-2020 school year. Associate Director for WGO, Ashley Cleland, said this is a new initiative to provide students with access to free menstrual products without having to walk over to Student Health Services (SHS) or the WGO if they are in need.

These menstrual stations are located in offices of buildings across campus like Bate Building, WGO, SHS, Center for Recreation and Wellness (CRW), Dr. Jesse R Peel LGBTQ Center, Ledonia Wright Cultural Center, Laupus Library, Belk Building and the Center for Counseling and Student Development (CCSD), according to Cleland. These are the only locations for now, but they hope to continue to develop in many more academic buildings.

"Folks that are interested in supporting the menstruation stations or would like to request their office or department host a menstruation station can contact the Women and Gender Office at 252-328-5666. We absolutely appreciate the support as we con-



Ashley Cleland

tinue to work diligently to increase access to products throughout campus and educate the campus community about inclusive practice, period stigma, and more," Cleland said.

Cleland said menstrual products are important because they provide a hygienic way for people who menstruate to navigate their cycles. She said they are essential to health and well-being. While accidents happen the WGO encourages people to stop by one of the buildings that offer supplies prior to their actual menstrual cycle.

Due to the lack of product boxes in ECU restrooms, there are always menstrual stations supplied with products, that students can put a quarter and get however many products needed. Howell is the only building on campus with a product box and it is empty.

If someone wanted to implement product boxes, they'd need to secure a significant amount of sustainable funding as well as the staffing and human resources to maintain them, according to Cleland.

"Unsupervised product boxes have been shown to be very expensive to manage and are susceptible to vandalism, loss of product in a short amount of time, etc. As a result of this, the WGO leads an important initiative, 'We've Got You Covered. Period. with Student Health Services to supply and manage menstruation stations throughout campus,'" Cleland said.

The WGO has worked hard to increase access to menstrual products throughout campus while also educating students about inclusive practice such as the use of the phrase "menstrual product" as opposed to "feminine product." Each menstruation station is equipped with an Inclusive Language Guide

as well, according to Cleland. CRW was one of the buildings listed that have a menstruation station.

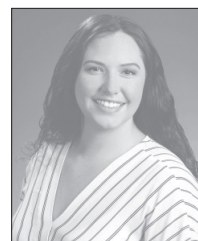
Wellness Coordinator, Daniella Izaguirre, said the Wellness Center has a station in its office on the second floor of the CRW Main Campus as well as the Health Science Campus. She said the reason why ECU does not have them in its bathrooms is so that someone can watch over them to make sure they stay clean and stocked since there have been events of people abusing or vandalizing products.

"Well I definitely think that we need to provide more students with access to these products since pads and tampons because they are really expensive and are necessary since pretty much half the population has a period so these products are needed," Izaguirre said.

Since the CRW centers around students it is important to provide them with these products free of charge so many people can access them, according to Izaguirre.

Menstruation stations are expected to increase across campus in many academic buildings, however, they will not enter bathrooms for fear of vandalism and cleanliness. So if menstrual products are needed visit one of the buildings listed on campus before menstruation is expected to start.

In case of emergencies, menstrual products can be found at Student Health Services and on campus markets. This writer can be contacted at news@theeastcarolinian.com.



Daniella Izaguirre



GEORGE MARTIN | THE EAST CAROLINIAN

Ticket two candidates Janelle Jacobs and Anna Braxton address concerns from ECU students.

SGA continued from A1

services to students which will allow them to benefit.

"My campaign aligns with making sure we approve campus safety for all, inclusivity for all from all walks of life to ensure that students feel welcome and are a part of ECU," Jacobs said.

Robbins responded showing that his platform helps fulfill ECU's motto, "servire," which means "to serve."

Robbins stressed Tucker Robbins that his and Hayes' platform focuses heavily on serving the student body to the best of their abilities.

"Everything that we are trying to do is to serve, we have stepped up to campaign for these positions that we are running for is because we want to serve the students," Robbins said.

Robbins went on to elaborate on one of his campaign's main ideas, a service provided by the university that would allow for students to get a ride sharing service that would allow for off-campus students to have more access to transportation and not have to worry about parking as much.

An original initiative that Jacobs laid out was a way to try and help students with their mental health by having certified counselors come and talk to students.

"Another thing that we came up with was a student hotline, where we have stu-



dents apply and volunteer to be able to receive phone calls from other students who just want to talk or who are distressed, and we will have official counselors overseeing this of course," Jacobs said.

Freshman political science major, Ethan Norris, said he felt the whole debate was repetitive, with both tickets relying heavily on the same talking points for each question.

Norris said the candidates kept bringing up social media and parking as their defacto answer whenever they were asked a question.

"I thought a lot of the questions were dodged that were brought up by the elections commission," Norris said.

Norris wanted the candidates to address the tension between the Board of Trustees and the SGA.

Another thing Norris wanted to hear about was how the candidates wanted to interact and become more involved with students, instead of simply saying that they will use social media.

"Something I want to see from SGA next year is them becoming an actual voice for the students and becoming something good for ECU that will allow ECU to shine a bit more," Norris said.

Voting for SGA president begins on Wednesday at 8 a.m. and ends Friday at 5 p.m. Voting is done through PiratePort by going to the tab labeled "voting."

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CIVILITY continued from A1

Opportunities will be provided for students, faculty, staff, and surrounding members of the community to act in group conversations about civility, activism, race, politics, sexual orientation, gender identity and global affairs at the event, according to McCunney.

McCunney said hearing from individuals who have had significant and unfortunately tragic life experiences and growing from them, to empower others is really important for ECU students. She said it helps enhance their learning in the classroom because it gives them a sense for where they might take their degree in the future.

"It's a chance to help students and our community also get ready for an upcoming election year, which is going to be, I think, very charged, emotionally and politically, and potentially very divisive and uncivil," McCunney said. "We want to make sure we stay true to the values of the university. Everyone is a person first they are political creatures next, but we're people first. That's most important."

Five years ago, Kneubuehl said he was looking for a program centered around civil discourse and how to have civil discussions with others with different opinions. He said Donaldson was looking for an opportunity to have a program that would talk about all cultures and issues, so they created the Civility Summit.

Richard Allsbrook, teaching instructor for criminal justice, approached Kneubuehl a year ago and mentioned it would be a good idea to have Singleton speak at this event this year, according to Kneubuehl.

"I watched his special on ESPN and a few other videos and went to McCunney and Shaun Simon, Director of LWCC, and said 'this guy is awesome, and I think he'd be a fantastic speaker for the Civility Summit.' His message is centered around love and support and how those things conquer hate. Now he's speaking this year and I'm really excited he's actually coming," Kneubuehl said.

Singleton's story stems off of the Charleston church shooting, when his coach and

team basically took him in and said that Singleton is now a part of their family, according to Kneubuehl.

Kneubuehl said his team of different races and different cultural backgrounds essentially adopted him and helped shape him into a young adult who eventually got his degree and got the chance to play professional baseball for a little while.

"What got him through all those times was not revenge, or anger or his passion for baseball. It was the love and support of those people, who many of whom initially were just acquaintances, became family to him. Imagine if we could send that message out to people and uplift people and essentially adopt them," Kneubuehl said.

Singleton's an example of somebody who went through a horrible tragedy who was taken in by an entire community, his baseball community. He focuses on the concept of love overcoming hate. It's about overcoming differences and supporting everyone, according to Kneubuehl.

Kneubuehl said people are free to say, practice or believe whatever they wish to, but then how do people have constructive and educational conversations about those topics, even if others disagree.

"We want to provide an opportunity where we all can talk about these issues and have an open dialogue and not have to worry about what the right or wrong direction is of the discussions," Kneubuehl said.

The goal at ECU is not to change people's minds, but rather to teach them how to find their voice, make sure their opinion and voice are informed, make sure they learn how to communicate with others even when they have disagreements, to listen to others and to share their opinions with others, according to Kneubuehl.

"ECU is truly supportive towards their students having their voice and try to champion, not the opinion of the students, but to champion the fact that they're willing to have a voice, stand up for what they believe in and share their opinions about sexual orientation, race, gender and religion. That is not found on every college campus," Kneubuehl said.

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OUR VIEW

Baseball team gives students fun diversion

Ranked 19 by USA Today's Preseason Coaches Poll, the East Carolina University baseball team returned to action over the weekend, sweeping The College of William & Mary in a three-game series.

We, the editorial staff of The East Carolinian, appreciate the entertainment and distraction from school work that ECU baseball offers students and faculty during the spring semester of classes.

Fresh off 47 wins and a Super Regional berth in 2019, Pirate baseball is one of the few ECU teams to sustain prolonged success over the last handful of seasons. Three times since 2016, the Pirates have made an NCAA Tournament appearance while they were afforded the luxury of hosting a Regional in their home stadium last year.

Backed by a strong fanbase, ECU ranked 16 in the nation in total baseball attendance last season, drawing over 110,000 combined fans to its home games. In each of the last four campaigns, ECU has ranked inside the top 25 nationally in baseball attendance, but cracked the 100,000 mark for the first time since 2010.

Across its three-game series against William & Mary, ECU drew an announced attendance of 9,775. While the weather was less than ideal, with cloudy and cold conditions still plaguing the Greenville area, the atmosphere inside Clark-LeClair Stadium still provided sufficient motivation for the players on the diamond.

As the season deepens, there will be plenty of opportunities for fans and students to unwind and spend a few hours cheering on the Pirates.

SHENEMAN THE STAR-LEDGER



Pandemic not about race

The coronavirus scare doesn't excuse xenophobia



Sarah Hooper
TEC STAFF

When the coronavirus first emerged in the Wuhan province of China in late 2019, panic spread across the globe. Reports of people dying from the pneumonia-like virus were able to spread like wildfire and rumors of the virus's deadliness sparked hoaxes and false narratives across social media platforms.

This series of events reminds me of what happened when the Ebola virus reemerged in late 2014. Panic swept across the United States as news of a patient from Africa returning to be quarantined at home was released. Along with this panic was another underlying panic: xenophobia and racism.

In 2014, this took the form of a Texas college sending letters to prospective students from Nigeria (which at the time was Ebola free) informing them they would no longer accept applications from countries with "confirmed Ebola cases." An African American football player in PA was met by chants of "Ebola" from the opposing team. Two elementary schoolers from Rwanda (also free of Ebola at this time) were sent home for two weeks in New Jersey.

Similar reactions were expressed when news of the coronavirus was

released. Although the World Health Organization hasn't declared the coronavirus as an epidemic, it is classified as an international public health emergency.

Before the source of the coronavirus was confirmed, many news sources began to speculate that the virus came from animals eaten in Chinese culture, the main one being bats. A video from 2016 began circulating of a woman eating bat soup, a delicacy in China. It has been confirmed now that the virus did not emerge from bats directly, but more likely snakes who eat the bats and are then sold at markets across China.

This rumor of "bat soup" sparking the deadly virus spread led to social media users tweeting about the "unsanitary" food that Chinese people eat. Chinese restaurants in the United Kingdom have reported that business is lessening for fear of the way they prepare food. In addition to blatant ignorance about the source of the virus and how it spreads, citizens across the world have been treating those of Asian descent terribly.

One incident that stands out to me personally took place in late January when an older Chinese man suffered a heart attack in central Sydney, Australia. Instead of performing CPR, bystanders simply stood around and didn't do anything until someone called 000 (Australia's emergency number).

Let me make this clear to anyone who feels as though fear of a virus warrants xenophobia and racism: it doesn't. Xenophobia and racism are prevalent enough in today's world. While the coronavirus is terrible and deadly in many cases, attacking the Chinese for their food practices and customs which have been occurring for years before this virus emerged is ignorant on so many levels, and hurtful to those of Asian descent who take such pride in their customs.

My sister is a nurse in a major hospital in Raleigh. When I discussed the virus with her after news of a possible case in North Carolina, she told me the protocol hospital staff received in case of a possible coronavirus was no different from quarantine for the flu. If a medical professional is more worried about the flu than coronavirus, it's safe to say that your worries have no basis.

My point is simple: while fear of a virus as deadly as coronavirus is natural, xenophobic and racist reactions are not. The way we treat people should not change because of a disease. Not only is it a disgraceful thing to do, it makes those who treat Chinese people differently because of a virus look like complete fools and cowards.

Hooper is a junior majoring in communication and a TEC columnist. To contact her, email opinion@theeastcarolinian.com.

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Health of students is important

Down Pat



Pat Polomchak
TEC STAFF

A lot has been said lately here at *The East Carolinian* about mental health and what students can do to combat issues with it. However, a lot of people tend to underestimate just how important physical health is for students attending a university.

This includes both staying active and avoiding sickness. There are many things students can do to stay healthy in both regards.

For starters, an active lifestyle is important to increase life expectancy and overall health. Being a full time student can often make it difficult to make time in your life to work out, but that kind of thing shouldn't be neglected. The Student Recreation Center is open until 11:30 at night on a normal day, and offers the best chance to stay active.

However, there are options outside of simply working out. For example, walking to places rather than taking a bus can pay dividends. Even if your class is on the other side of campus from where you live (which is usually the case for students living on College Hill), if you plan for a little extra time to get there you can burn plenty of calories by just walking.

It is also important to monitor how

"Being sick or even just out of shape can have a negative impact on your mental health, and mental health is such a problem in college students today."

much you eat. I am one of many students who has been guilty of eating more than I actually need, and eating when I am not hungry just because I like food. Going on a diet can obviously help, but cutting out your favorite foods isn't really necessary if you just keep your portions reasonable.

I would highly recommend getting a dog if you can. Not only is a dog (or any pet really) a great companion that can help your mental health, but I get plenty of exercise by taking my dog on multiple walks a day.

It is important to keep yourself from getting sick as well. With flu season in full swing and with many people monitoring the spread of coronavirus, healthy practices such as washing your hands frequently and limiting exposure to sick students can pay dividends.

Personally, if I feel myself starting to get sick I go ahead and start taking medicine right away. By starting before symptoms really get intense, you can sometimes prevent yourself from really feeling their effects and continue living life as normal.

While it may be late in the flu season, it is still important to make sure you get a flu vaccine. Not only does it decrease your chances of contracting the flu yourself, it also helps protect those around you.

When I was living at home, I rarely ever got sick. However, coming to college and being in that new environment exposes you to new strains of viruses that your immune system may not fully be prepared for. That is part of why it is so easy to get sick when living on campus, as there are so many students living in close quarters, increasing the risk for all.

Being sick or even just out of shape can have a negative impact on your mental health, and mental health is such a problem in college students today. So by making sure to focus on physical health, you can help yourself in ways both seen and unseen to the human eye.

Polomchak is a junior majoring in communication and a TEC columnist. To contact him, email opinion@theeastcarolinian.com.

» PHOTO GALLERY



ANNA ALLEN | THE EAST CAROLINIAN

Cam Colmore on the mound against the Tribe on Friday night.



LYDIA RYAN | THE EAST CAROLINIAN

Logyn Estes sends the ball over the plate during Sunday's game.



ANNA ALLEN | THE EAST CAROLINIAN

Tyler Smith readies for a pitch against William & Mary on Saturday.



ANNA ALLEN | THE EAST CAROLINIAN

Erin Poepping winds up for a pitch during the Pirate Clash.

» ANALYSIS

ECU bullpen solid over weekend

Pirate relievers step up during opening series to aid in sweep of Tribe



Daniel Shepard
TEC STAFF

Opening weekend brought the East Carolina University (3-0, 0-0 AAC) a trio of victories over an opponent that seemingly would not go away. Down to the wire in 11 innings on Friday, the Pirates walked off The College of William & Mary (0-3, 0-0 CAA) while the Tribe nearly rallied in ECU's 7-4 victory on Sunday.

"I know that all the fans think we should win every game but you look across the country...anybody can beat anybody on any given day," head coach Cliff Godwin said after Sunday's win. "I thought we had to scratch and claw today to kind of grind it out."

A major key to preserving ECU's advantage all weekend was a bullpen that loomed as something of a question mark ahead of the 2020 season. With 11 new guys manifested in the bullpen between junior college transfers and freshmen, opening weekend served as something of a feeling out period for Godwin and his coaching staff.



Cliff Godwin

Redshirt senior right-handers Matt Bridges and Cam Colmore were leaned on heavily and worked in two games over the weekend. Bridges, who missed the 2019 season rehabbing from Tommy John surgery, worked a combined 2.2 innings. A shutdown eighth and ninth frame on Friday helped push the contest to extra innings, as the Pirates rallied from down a run late.

"It felt great just to get back out there with my guys," Bridges said on Friday. "It's been over a year and a half. The adrenaline was crazy and the fans were phenomenal tonight."

Pitching for the first time since 2018, the right-hander recorded four of his five total outs on Friday via the strikeout. For the weekend, Bridges punched out six William & Mary hitters over 2.2 innings, allowing just two hits without walking a batter.

"I've been preparing myself, it's been a while," Bridges said on Friday. "I've been eager to get back out there. Just that first pitch, I could feel it off the mound and in warmups. When I let that first one go for a strike, just felt like I was right where I needed to be."

While Bridges worked twice over the weekend, four other relievers also totaled at least two frames. Colmore, a fellow fifth year senior, logged his first career save, sitting down three Tribe batters on just seven pitches on Sunday.

Junior right-handed pitcher Trystan Kimmel punched out four batters across 1.2 innings on Sunday. The first man out of the bullpen in games No. 1 and No. 3, Kimmel looked much better in the latter game.

Striking out a quartet of batters, Kimmel displayed an off-speed pitch that had batters fooled, while pairing it with a low-90's heater.

Speaking of nasty off-speed and breaking pitches, sophomore right-handed pitcher Garrett Saylor had both working on the mound over the weekend. Picking up the win with a clean 11th inning on Friday, Saylor struck out a combined seven batters in 2.2 innings and allowed just two balls to be put into play against him.

"As a coach, you put guys out there that you trust and what that guy has done to overcome some adversity," Godwin said on Friday. "Basically, he had the yips as a freshman and he overcame that and worked his way up the depth chart last year and got some innings."

Instead of starting on Sunday, the big righty soaked up nearly two innings on Sunday and helped work the Pirates out of a jam in the fifth inning.

Two and three innings later, sophomore infielder Ryder Giles maneuvered ECU through two bases loaded situations. Going back to his shortstop position in-between his pitching duties, Giles logged all three of his strikeouts with the bases juiced, but was tabbed for two earned runs in the process.

Aside from Giles' touching up and three earned runs allowed in the ninth inning of an 11-0 game by freshman left-handed

pitcher Carson Whisenhunt, the Pirates' bullpen largely strung together shutout frames.

Only Bridges and Kimmel allowed earned runs besides the ones Giles and Whisenhunt yielded as they issued a total of seven earned runs across 15 total innings over the weekend. That works out to a bullpen ERA of 4.20 while ECU's starting rotation allowed only one run in a span of 14 innings pitched.

Seven earned runs in 15 innings seems like a lot, but a trio of those came in a blowout while the other four were all issued with the Pirates leading by multiple runs. Tasked with dealing in pressure situations on both Friday and Sunday, ECU's bullpen answered the call time and time again.

Perhaps more impressive, however, is the 30 strikeouts Pirate relievers racked up in just 15 innings of work. The quartet of Kimmel, Bridges, Saylor and Colmore combined for 18 of those punch outs while freshman left-handed pitcher C.J. Mayhue, sophomore right-handed pitcher Carter Spivey and Giles all logged three apiece.

In total, that works out to an 18 K/9 rate for the weekend, a number that falls to 13.7 when you factor in the three starters. Still an excellent number, ECU struck out 44 William & Mary batters over 29 innings and worked to the tune of a 2.48 staff ERA.

On pace to strike out a gowdy 821 batters during the 56-game regular season schedule, the Pirates have already tied their 2019 game-high of 17 strikeouts. Having reached that number on Sunday, ECU fell just three punch outs short of tying a 50-year-old record of 20 strikeouts set against George Washington University back in 1970.

ECU will return to the diamond on Wednesday when they face Campbell University (1-2, 0-0 Big South) in Buies Creek, North Carolina. First pitch is scheduled for 5 p.m.

This writer can be contacted at sports@theeastcarolinian.com.

ONLINE | FULL STORY



Matt Bridges

» ANALYSIS

Pirates utilize increased depth in the circle



Lydia Ryan
TEC STAFF

The 2020 campaign marks the fifth season with head coach Courtney Oliver at the helm of East Carolina University's softball team (5-5, 0-0 AAC). However, it has been over 10 years since the Pirates have been able to utilize the upperclassmen experience in the circle that it has this season.

With a roster totaling five right-handed pitchers, four of them are juniors and two of them have been with the program since their freshman year with two transferring into the program. Combining that experience with an additional talented freshman, Oliver has many options to choose from in the circle.

"As we've talked (about) this whole entire year we just have a really great pitching staff this year," freshman Logyn Estes said. "It's always been, one person goes in, you always can rely on somebody else being in and having your back and finishing the game out for you or starting the game for you. It's really nice to have more than one great pitcher on the staff."

The Pirates now have 10 games completed for this season and head into next weekend's home tournament with a tied 5-5 record, 3-2 at home. During the Pirate Clash this past weekend, every pitcher saw time inside the circle



Logyn Estes

except for the injured junior Liv Garman.

Junior pitcher Erin Poepping has stepped into her third season with the program as a strong contender. While she has the most credited losses thus far this season, she leads the pitching staff in earned run average (1.37), batters struck out (13), earned runs allowed (three) and walks allowed (one).

"With Erin Poepping you're always going to get a hard fought game...I know the team loves playing behind her because she is such a competitor," Oliver said.

The Pirates other returning junior is Whitney Sanford. While Sanford has yet to start a game in the circle, she has been seen quite a bit already this season as a relief pitcher.

During the Pirate Clash, she made three relief appearances in five games, tying her for first on the team. She currently has a 4.10 ERA, is first on the team for least hits allowed with 12 and has pitched five games in relief.

Newcomer junior Kama Woodall transferred to ECU from North Carolina State University (5-4, 0-0 ACC) this year. While just getting started as a Pirate, Woodall has already begun to prove herself and seemed to settle in on her home field.

Woodall pitched her first complete game as a Pirate and got her first victory of the season in ECU's two-run victory over Hampton University (5-1, 0-0 Big South). During the game she allowed just one earned run on three hits and struck out seven batters against two walks.

"Kama is, you know, one of our power pitchers, who right now is starting to get command of her pitches," Oliver said. "(Woodall) is really starting to get the movement she has been looking for. She is definitely someone who is going to be throwing a lot of our innings."

Woodall has compiled a 6.46 ERA in 17.1 innings pitched so far this season and has only allowed two walked batters.

Estes is a different kind of newcomer, making her collegiate debut with the Pirates this season. She has gotten off to a hot start with the most wins for the Pirates at three. Currently she ties Sanford with the most appearances (five), leads her team in innings pitched (20) and is second in ERA (1.75), batters struck out (12) and hits allowed (16).

"Then Logyn Estes, you saw her today (Sunday)," Oliver said. "I think that she is a great addition to our staff. She competes, she has great movement, throws hard and she is an athlete in the circle. When she's not in the circle she's playing the field, so I don't have enough great things to say about her."

The Pirates will continue the second leg of their 10-game homestand next weekend at ECU Softball Stadium, starting Friday at 3 p.m. against the University of Pittsburgh (4-5, 0-0 ACC). Towson University (3-3, 0-0 CAA) and the University of Massachusetts (2-2, 0-0 A10) will also be on the schedule next weekend.

This writer can be contacted at sports@theeastcarolinian.com.

ONLINE | FULL STORY

CLASSIFIEDS

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Apartments for Rent Near ECU: 400/402 Lewis Street Apartments. 1 bedroom, 1 bath. Water/sewer included. \$450 per month. For more information contact Wainwright Property Management 252-756-6209.

Townhouses/Duplex for Rent Near ECU: 1103 E. 4th

Street- 2-3 Bedroom, 1.5 bath townhouse/duplex. \$1000.00 per month. 1102 Johnston Street - 2 Bedroom, 1.5 bath townhouse/duplex. \$800 per month. 802-A Forbes Street- 2 Bedroom, 1 bath duplex. \$660.00 per month. For more information contact Wainwright Property Management 252-756-6209.



Wanna run a classifieds ad?

Contact teclassifieds@ecu.edu for pricing and information.

HOROSCOPES

Aries (March 21-April 19) -- Today is an 8 -- Fulfill a professional fantasy. Lay plans for blossoming growth. You're especially sensitive and intuitive this month, as the Sun enters Pisces. Practice your healing arts.

Leo (July 23-Aug. 22) -- Today is an 8 -- Nurture your health and fitness. Don't over-extend. Work with your partner and team this month. The Pisces Sun favors your shared financial growth.

Sagittarius (Nov. 22-Dec. 21) -- Today is a 9 -- Tap a new revenue source. Take profitable actions. Domestic renovations and improvements flower this month, with the Sun in Pisces. Provide family comforts.

Taurus (April 20-May 20) -- Today is an 8 -- Plan an upcoming adventure. Research options and determine the best route. Social connections lead to growth and development this month under the Pisces Sun.

Virgo (Aug. 23-Sept. 22) -- Today is a 9 -- Conditions favor romance and fun. Take your partnership to new heights under the Pisces Sun this month. Delight someone you love and delight yourself.

Capricorn (Dec. 22-Jan. 19) -- Today is a 9 -- You can make good things happen. Tap into a larger conversation this month. The Pisces Sun shines on your communications, networks and connections.

Gemini (May 21-June 20) -- Today is a 9 -- Help your team grab a lucrative opportunity. Your professional influence and stature benefit from the Pisces Sun over the next month. Apply consistent efforts.

Libra (Sept. 23-Oct. 22) -- Today is a 9 -- Home recharges and energizes you. Rest in domestic comforts. Physical action heats up this month. The Pisces Sun illuminates your health, work and fitness.

Aquarius (Jan. 20-Feb. 18) -- Today is a 7 -- Settle into thoughtful planning mode. This month could get lucrative, with the Sun in Pisces. Make sure foundational structures are strong. Get your gear together.

Cancer (June 21-July 22) -- Today is an 8 -- Collaborate to get more done, faster. Travel and studies expose you to new ideas and frontiers over the next month, with the Sun in Pisces.

Scorpio (Oct. 23-Nov. 21) -- Today is a 9 -- Luck and intellect align. You can solve a puzzle. Listen to loved ones, especially children. Romance, creativity and fun coalesce under the Pisces Sun.

Pisces (Feb. 19-March 20) -- Today is a 9 -- Your team has what you lack. Go ahead and shine, with the Sun in your sign. Provide leadership, optimism and powerful listening.

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COMICS

THE RING BY BRIAN JUDGE



BLISS

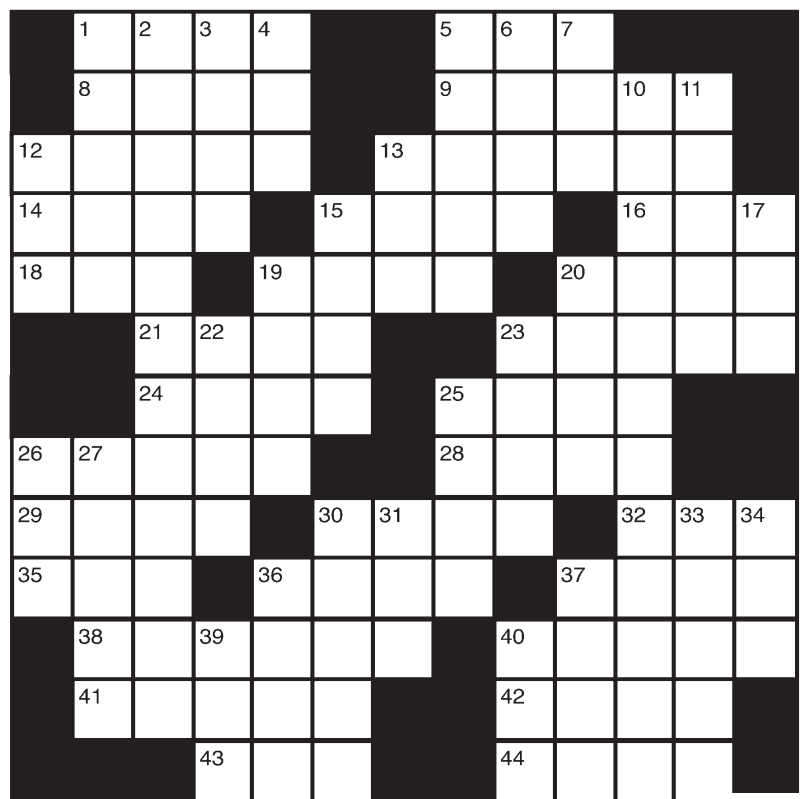


CROSSWORD

FOR RELEASE MARCH 25, 2018

THE TV CROSSWORD

by Jacqueline E. Mathews



Created by Jacqueline E. Mathews

ACROSS

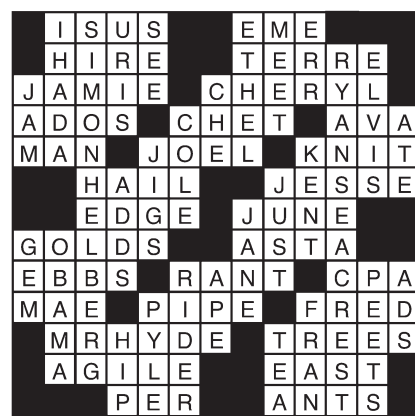
- 1 Jon Cryer's role on "Two and a Half Men"
- 5 "Sanford and ___"
- 8 Like a poor excuse
- 9 "___ Your Wagon"; Lee Marvin musical
- 12 Yearned
- 13 Actress Monica
- 14 "___ for All Seasons"; Best Picture Oscar winner
- 15 Cougars and Jaguars
- 16 ___ Chen of "Fresh Off the Boat"
- 18 Money left for the waiter
- 19 "Mr. Candid Camera"
- 20 "Queen of Jazz"
- 21 As blind as ___
- 23 Person
- 24 Actress Russo
- 25 Blister or boil
- 26 Actress Miles and her namesakes
- 28 LL ___ J of "NCIS: Los Angeles"
- 29 Actress Moran
- 30 Pierre's state: abbr.
- 32 Bradley and O'Neill

- 35 "___ Death"; Brad Garrett sitcom
- 36 Ugandan tyrant Idi ___
- 37 Make a tiny cut
- 38 Glenn and Eric
- 40 NBC's morning show
- 41 "___ Barbara"; soap opera of the past
- 42 ___ Sher of "The Middle"
- 43 Cochlea's place
- 44 In a ___; stunned

DOWN

- 1 Actor ___ Ballard
- 2 Actress on "Once Upon a Time"
- 3 Sherman Hemsley series
- 4 "___ and Stacey"
- 5 Polo or soccer
- 6 Cheerios ingredients
- 7 Word attached to wit or pick
- 10 Nicholas Gonzalez's role on "The Good Doctor"
- 11 "The flowers that bloom in the spring, ___"
- 12 Mr. Sajak
- 13 Skillet
- 15 As ___ as a button
- 17 Fabray, to friends
- 19 Groupies
- 20 Italy's currency
- 22 Actor Orson ___
- 23 Captain in "Peter Pan"
- 25 Read over quickly
- 26 Dr. Dolittle, for one
- 27 Severeid and Stonestreet
- 30 Make a smudge worse
- 31 Prefix for respect or robe
- 33 Television journalist Sawyer
- 34 "Austin Powers: The ___ Who Shagged Me"; Mike Myers film
- 36 Dog on "The Thin Man"
- 37 Scotch and ___; bar order
- 39 "___ Life to Live"
- 40 Role on "The Mary Tyler Moore Show"

Solution from 2/13

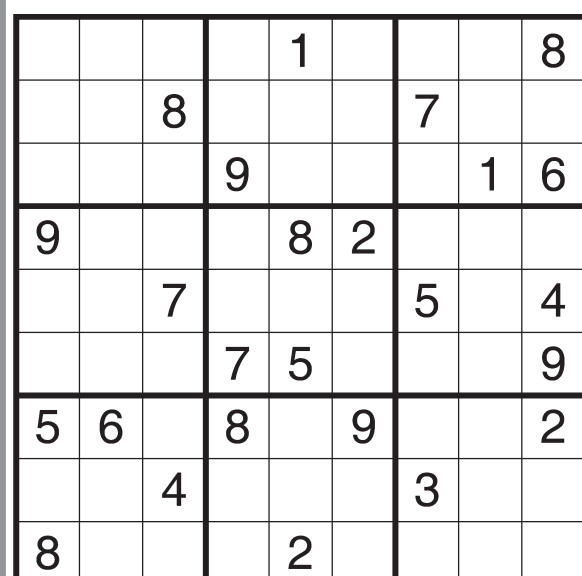


SUDOKU

SUDOKU

THE SAMURAI OF PUZZLES By The Mepham Group

Level



Complete the grid so each row, column and 3-by-3 box (in bold borders) contains every digit, 1 to 9. For strategies on how to solve Sudoku, please visit sudoku.org.uk

Solution from 2/13

7	1	9	8	3	4	5	6	2
4	3	2	7	5	6	8	9	1
6	5	8	9	2	1	3	7	4
1	8	4	3	7	9	2	5	6
9	2	6	5	4	8	7	1	3
5	7	3	6	1	2	4	8	9
8	4	1	2	6	7	9	3	5
3	6	7	4	9	5	1	2	8
2	9	5	1	8	3	6	4	7

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EVENTS

TODAY

Tabletop Tuesday
Pitt Street
Brewing Company
6:30 p.m.

Star Wars Trivia
Uptown Brewing
Company
7 p.m.

**Karaoke at Pitt Street
Brewing Co.**
Pitt Street
Brewing Company
7 p.m.

TOMORROW

Paddling Palooza Pool
ECU Student
Recreation Center
7 p.m.

**Art Means
Business**
Emerge Gallery and
Art Center
6 p.m.

Jazz at Nino's
Nino's Cucina
Italiana
7 p.m.

THURSDAY

**Tiny Arts Show &
Prints Charming**
Emerge Gallery and
Art Center
10 a.m.

Comic Book Club
Smashed Waffles
7 p.m.

**Art is Good
Medicine: Mixed Media
Painting**
Emerge Gallery and
Art Center
6 p.m.

**The Oakwood School
Presents: A Midsummer
Night's Dream**
Monk Hall
Auditorium
7 p.m.

FRIDAY

Dare To Be Square
Whirligig Stage
7 p.m.

**Four Seasons
Chamber Music
Festival**
ECU School of Music
7:30 p.m.

**The Breakfast Club
(America's favorite
80's Party Band)**
The State Theatre
8 p.m.

Coalescent Concert
Uptown Brewing
Company
8 p.m.

**Anita's Taqueria Food
Truck**
Pitt Street Brewing
Company
6 p.m.

**Icarus and Ensteda
Concert**
Christy's Euro Pub
9 p.m.



Group members of the ECU Music Therapy Club, who will be hosting the Music Therapy Concert tonight in A.J. Fletcher Music Hall, pose for the camera. CONTRIBUTED BY ECU MUSIC THERAPY CLUB

The healing power of music

ECU Music Therapy Club to host concert tonight

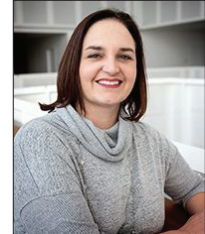
Hannah True
TEC STAFF

Harold Bloomfield
FOR THE EAST CAROLINIAN



A group of East Carolina University students will show audience members how the power of music could help ease the pain and soul.

ECU's Music Therapy Club will present its annual Music Therapy Concert tonight at 7:30 in A.J. Fletcher Music Hall, which is free and open to the public.



Virginia Driscol

Virginia Driscol, assistant professor of music therapy, is supervising the concert and explains that her and Adrienne Steiner, a music therapy professor, are letting the music therapy seniors take charge of creating the concert and expand upon the past concerts.

"The individuals performing in the concert are music therapy students, freshmen through seniors. Anyone who is taking a music therapy course this semester is going to be in it," Driscol said. "There are also students in the School of Music or outside who really just enjoy being part of the (Music Therapy) club that is taking part." The Heart and Soul Choir, a group of adults

with intellectual and developmental delays who participate in a music therapy group once a week, will also take part in the concert tonight.

President of the Music Therapy Club, Rachel Wilson, senior music therapy major, and vice president, Tay Andra Allen, senior music therapy major, are both heavily involved in the preparation of the concert from choosing the music for the show to leading the rehearsals.

Wilson explains that the concert meant a lot to her throughout her years at ECU. Wilson said it was nice to have the students input in the event since the new music therapy program faculty members, Driscol and Steiner, let the club take charge of the concert.

"That was kind of a nice change because the previous director kind of made all the final decisions and stuff so it's kinda cool the students get to lead it this year," Wilson said.

Driscol explains that music therapy is an evidence-based, data-driven, profession where people use music to address goals that are outside the performance and working with individuals throughout the lifespan.



Rachel Wilson

"So it (music therapy) works with mothers and labor. We definitely don't want them to create a song when they're done," Driscol said. "It's more about helping them with pain management and focusing outside on being able to relax and be calm."

Driscol mentions that music therapists work with babies in neonatal intensive care who are born prematurely and their bodies are not able to handle the stimulus they're getting so the therapists help them adapt.

Music therapists also work with people who are in hospice care and experiencing pain and anticipatory grief and help them process those thoughts and create a legacy they can leave behind for their families.

"We work with everything within the life health domains, we just use music to make it happen. So it looks like a lot more fun, but the underlying part of it is really about the person and not the music we make," Driscol said.

Wilson said music therapy is using music to help people accomplish non-music related goals, which help separate music therapists from music educators.

For more information on the event, visit the ECU School of Music website.

This writer can be contacted at arts@theeastcarolinian.com.

BEST continued from A1

ble person honestly," Carpenter said. "He was a doctor, he was in the military, he went to medical school, and then he spent a lot of his free time outside being a doctor, really working with civil rights and equal rights for the people in Greenville."

The exhibit opened on Jan. 27 and Carpenter explained that she had been working on the exhibit on and off for the last nine months and wanted to bring together this exhibit since he was important in the medical community and on ECU's campus.

About three years ago, the library had received a donation from Best's attorney of more collection materials on Best's past such as artifacts, papers, photographs and info on his military career.

"It was kind of like an on and off process. I've been working (on the exhibit) on and off, for the last nine months, I guess with kind of bringing the new collection materials together and learning about them and trying piecing together parts of his life we didn't know much about, looking through his oral histories and putting these banners together," Carpenter said.

Marlena Rose, assistant director of collections and historical services, explains that the History Collections department took this year as an opportunity to redesign the materials they take to the Best Banquet each year around Martin Luther King Jr. weekend and to have panels on display with the exhibit as well.



Marlena Rose



A section of the Andrew A. Best exhibit explaining his medical career with his equipment on display. COURTESY OF LAYNE CARPENTER

Rose also mentioned that Best had practiced in Eastern North Carolina for over 50 years and served people of all income levels.

"His work in integrating our university is so important to the story of ECU," Rose said. "I believe that Best stood up for people who were marginalized and made a huge difference in terms of improving healthcare in our community."

Melissa Nasea, the History Collections librarian, said she had met Best towards the end of his life, but knew beforehand how much he meant to the people in Greenville and was well-connected with the health sciences and African American community.

Although she is not from the Eastern North Carolina area, Nasea has known about Best through reading newspapers and looking at the History Collections resources. She thinks it's wonderful that the library was able to have

the additional information on Best's life in the exhibit.

"He was very influential in helping ECU to get a medical school and part of the medical school's mission," Nasea said. "He's important for that and the goal for the Brody School of Medicine which is to educate minority physicians and the importance of minority health care, as well as health care in the whole Southeastern region of the state."

Carpenter encourages people to come out and view the exhibit if they want to learn more about Greenville's and ECU's history and learn more about Best and his hard work with integrating Eastern North Carolina.

The exhibit is located on the fourth floor of Laupus Library and will be open until May 10.

This writer can be contacted at arts@theeastcarolinian.com.



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