



# REVIEW: DUCK DONUTS BEATS COMPETITORS IN GREENVILLE

Turn to A4



# The East Carolinian

YOUR CAMPUS NEWS SOURCE SINCE 1925

Tuesday, 1.23.18

VOLUME 92, ISSUE 33

## Women's hoops to face Tulane

### ECU looks to build off close win over Houston

Robert Romero  
TEC STAFF

East Carolina University's women's basketball team will look to get back-to-back American Athletic Conference wins, as well as its first AAC road win Wednesday night at 8 when it travels to New Orleans, Louisiana, to take on Tulane University.

ECU enters the game with a 10-9, 2-4 AAC record after coming off its thrilling 80-78 overtime win against the University of Houston (15-6, 4-3 AAC) after freshman guard Nicole Hope hit the game winning layup with 11 seconds remaining in the game, resulting in her receiving her first career AAC honor roll mention, that is a weekly accolade given to athletes performing well on and off the court.

The key for ECU in its win against Houston was its efficient field goal percentage and productivity off the bench, as the Pirates shot 45.5 percent from the field and outscored the Cougars bench 42-7. If the Pirates are going to escape the Green Wave with a victory, they have to continue to shoot efficiently and play and with an edge coming on and off the bench.

"Road wins are always tough wins because you're playing in adverse conditions in somebody else's gym," point guard Alex Frazier said. "Your bench and your team is all you have to bring energy in to a hostile crowd, so getting a road win will definitely boost our confidence after a big win against Houston."

The Pirates have struggled over the last two games staying out of foul trouble, however, they committed 57 total personal fouls resulting in 83 free throw attempts over the two games.

Fortunately for the Pirates, all those fouls only resulted in forward Salita Greene fouling out of the game against the Cougars. But, according to head coach Heather Macy, it is critical for ECU to avoid foul trouble on the road because it will mess up its rotations and give Tulane momentum by awarding them free throws in the bonus.

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THOMAS WEYBRECHT | THE EAST CAROLINIAN

East Carolina University's freshman guard Lashonda Monk handles the ball as she races down the court in a home game at Minges.

>> WHERE'S THERE'S SMOKE THERE'S FIRE

## Firefighter: Wall left out of HR claims

Matthew Prenskey  
TEC STAFF

In a meeting with one of the 30 firefighters to leave Greenville Fire/Rescue, City Manager Ann Wall explained that officials in city human resources department never notified her that multiple firefighters wanted to speak with her.

Matt McMahon, a GFR lieutenant who resigned in October after 19 years, said City Manager Wall told him in a meeting on Thursday she did not reach out to firefighters because their contact information was never passed along to her by the city human resources department.



Ann Wall

"She (Wall) said that information was not shared with her," McMahon said. "She did say 'Well, I was not aware that all of these people wanted to meet with me.'"

McMahon said Wall didn't allow him to record the meeting, but he recalled many of the statements the city manager made based off of his notes detailing the conversation.

The East Carolinian attempted to get a comment from the city of Greenville's Human Resources Department Director Leah Futrell about why HR officials were allegedly not returning calls or scheduling exit interviews with former GFR firefighters. Futrell was also asked if she could confirm multiple firefighters left their contact information with HR officials with the instructions to have the city manager call them.



Matt McMahon

However, on behalf of Futrell, the city of Greenville's Public Information Officer Brock Letchworth said in an email on Friday that the human resources director would not give a comment to The East Carolinian.

The East Carolinian also tried to get a comment from Wall on Jan. 11 to explain why she wasn't responding to firefighters who were attempting to contact her. However, the same day, Letchworth said in an email, the city manager wouldn't comment to The East Carolinian.

Rick Smiley, a city council member representing District

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## Apartments dismiss issue of oversaturation

Julie Estep  
TEC STAFF

The Bellamy and Paramount 3800, two providers of housing for East Carolina University students, dismissed the concerns of a presentation given to the Greenville City Council on Jan. 8 that showed Greenville has more than double the average vacancy rate for student housing.

Kimley-Horn, an independently hired infrastructure firm by the city, presented its findings from a multiple month study into Greenville's housing market. According to the presentation Jessica Rossi, a representative for Kimley-Horn, showed the council, ECU's total enrollment was 29,131, with approximately 80 percent of students living off campus.

The aggregate vacancy rate at student-targeted communities in Greenville is 11.6 percent, while the average vacancy rate would be around five percent, Rossi said. She said this means there are nearly 1,300 available bedrooms at the student living communities.

The high vacancy numbers are overwhelmingly a result of large communities such as The Bellamy

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Jessica Rossi



Rusev takes Kofi Kingston down in a match Sunday in Minges Coliseum at ECU. WWE star Sami Zayn fell later in the night to A.J. Styles.

## Zayn keeps WWE passion burning

Angel De Jesus  
TEC STAFF

Being a World Wrestling Entertainment performer can be daunting, but superstar Sami Zayn is one who thrives in the pressure of being a professional wrestler and enjoys putting on a show for the crowd.

The WWE star wrestled on Sunday live for ECU students and Greenville fans alike



Sami Zayn

in Minges Coliseum. Starting at 1 p.m., Zayn went up against WWE Champion A.J. Styles in place of his partner, Kevin Owens, who was unable to compete due to injury. After an aggressive

feud inside the coliseum, Zayn fell to his opponent, losing the match.

"It is definitely a different animal, I wrestled in the indie scene for years and nothing compares," Zayn said on being a WWE star. "It's a constant state of

> WWE page A4

### ONLINE

>> NAACP, T.E.A.M. tutors underprivileged middle schoolers

>> ECU participates in research involving hazardous chemical

### SOCIAL MEDIA



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BRIEFS

ECU'S CRW to host workshop on injury prevention

East Carolina University's Campus Recreation and Wellness will host 'Trainer Tips: Injury Prevention Workshop,' an interactive workshop on injury prevention today from 6-7 p.m. in the Health Sciences Student Center's Grand Room.

'Trainer Tips: Injury Prevention Workshop' is open to anyone. To register, visit the event page on ECU's official calendar website or ECU's Campus Recreation and Wellness programs' page online.

ECU Allied Health to host information session on Morocco's Study Abroad

ECU's Allied Health will host an information session on a study abroad trip to Morocco today from 5-6 p.m. in the Health Sciences Building, Room 1305.

Led by professors Xiaoming Zeng and Elijah Asagbra, this study abroad program will help students to understand Moroccan health care.

The study abroad trip will take place in Rabat, Morocco from July 2-16. The estimated cost of the trip is \$5,530 and students must have a minimum 3.0 GPA.

CORRECTIONS & CLARIFICATIONS

If you feel there are any factual errors in this newspaper, please contact Annah Schwartz at editor@theeastcarolinian.com.

TEDxECU broadens 'Horizons'

Austin Kinlaw TEC STAFF

'Horizons' were explored and expanded Saturday at TEDxECU, East Carolina University's own Technology, Entertainment, Design, Talks event, which featured guest speakers from the community and students from ECU.

Students, faculty and Greenville citizens were invited to hear speakers from around Greenville and ECU talk about 'Horizons,' TEDxECU's theme. The speakers included Mike Fox of Blackbeard's Cofee Roasters in Greenville, Dr. Tim Christensen of ECU's Department of Biology, Dr. Jamie Dewitt of Brody School of Medicine, Nate McGlaughlin of Pitt Street Brewery and Jermaine T. McNair of NC Civil.

Bree Smith, a freshman biology major, said the Talks opened her mind to what 'Horizons' could mean for each person.

"Not only looking at everyone's horizons, but also opening your view to different perspectives to hopefully broaden your own point of view," Smith said.

Freshmen public health major Sydney Hewett, went to a TED Talk about a year ago and was also in attendance at this event.

"It was a really cool experience. TED Talks are a way to show off a lot of different people," Hewett said.

Hewitt said the Talks allowed the community to come together around a diverse selection of topics where students could do more than just attend as an audience member. Shamin Jamadar, a junior psychology major, got involved as a staff member after filling out an application for TEDxECU.



Guest speaker Jermaine McNair of NC Civil speaks at TEDxECU 2018.

"We're really trying to create a culture of innovation here on campus and in the region. And this is part of that effort to create that information ecosystem."

- Joe Ganne

"I met with them and talked about my ideas," Jamadar said. "What I saw with TED and what I could do with it and what strengths I had to give, they liked my ideas and here we are."

Associate Vice Chancellor of ECU's Office of Innovation and Economic Development Ted Morris hosted TEDxECU with

North Carolina IDEA, a foundation for advancing entrepreneurship and securing funding to support the TEDxECU event.

"That being said, this event has been led by the students for the students," Morris said. "They've made the application to the TED organization, they've organized the conference, they've handled the

marketing and assembled the guest speakers."

Fox told the story of how he took the risk of starting his own business. He said many people told him to stop pursuing this venture, but he did not let that sway him.

"When you hear those voices and only you know what's going on, but just like the coffee beans, you can't always see the change," Fox said.

Fox told the audience about his successful business still going strong today and how each person in the room should look to achieve the same success.

Another powerful speech came from student speaker Sylveonna Holmes, a junior majoring in communication and leadership studies, talked about her senior year in high school when her family faced homelessness. Instead of crumbling under pressure, she said she prefers to bounce back.

"I think of resilience like a stress ball," Holmes said. "No matter how much stress is applied, it returns to its natural state."

By bringing TEDxECU to Greenville, Joe Ganne, the director of industry and economic development at ECU, said he hopes the leaders of ECU feel empowered to spread ideas.

"We're really trying to create a culture of innovation here on campus and in the region," Ganne said. "And this is part of that effort to create that information ecosystem."

This writer can be contacted at news@theeastcarolinian.com.

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Rick Smiley

4, was surprised to hear city staff did not pass off firefighter's information to the city manager. Smiley added the city should always listen to its employees and citizens and make sure those conversations to

take place.

"It's unfortunate that the (city) manager would not be told that an outgoing employee would like to speak with her," Smiley said. "She has told me that she is always willing to speak to the employees and it's important that everybody understand that that's her position."

McMahon said he did assume his request to speak with the city manager

went unanswered until now because the information had never been passed on

by city HR officials. He added he believes the city HR department was trying to suppress his opinion in hopes of it going away.

In Letchworth's email on Friday, he said the city doesn't have any exit interview policy. Therefore, it is the responsibility of the employee to contact the HR department to have an exit interview.

McMahon also said he noticed some of what he was saying seemed to be new information to the city manager. McMahon said Wall told him she is working with a number of firefighters to meet with them and hear their concerns.

"She said a few have already scheduled appointments to meet with her," McMahon said. "She said she's called some back, but they haven't returned their availability to her."

This writer can be contacted at news@theeastcarolinian.com.

ONLINE | FULL STORY

HOUSING continued from A1

and Paramount 3800, formerly North Campus Crossing and Captain's Quarters, that are both at 20 to 30 percent vacancy, according to Rossi.

Ryan Price, the marketing manager at Paramount 3800, said he believes it was the mismanagement of the property managers before them that played the biggest role in its decrease of residents.

"Honestly, the old management group was a lot to blame for it," Price said. "They were not on top of everything they should've been, you know, from maintenance work orders to just taking care of the property."

Price said Paramount 3800 recently rebranded from Captain's Quarters within the past four months with an entirely new staff and management group. Part of the steps Paramount 3800 is taking in attracting new residents is with new renovations.

"We're going to do a lot to the apartments, a lot to our amenities here and we've got a lot of plans moving forward," Price said. "We're starting (to) work on our parking lot as of Wednesday (and) we have plans pretty much to give the entire property a facelift."

Micah Lockhart, a leasing consultant at The Bellamy, said he has been in student housing since 2011 and has seen some of the growing developments through the past couple of years.

The Bellamy was built in 2008 and Lockhart believes factoring in apartments built 10 to 15 years ago makes the market

harder to judge.

"So we're saying that these properties are the reason we have x amount of vacant beds, but the fact of the matter was, 10 or 15 years ago when these properties were built, they were fulfilling a need for student living in the area," Lockhart said.

Rossi listed distance as a part of the problem of high vacancy rates. Lockhart acknowledged distance could play a factor, but doesn't think it's the largest issue.

While the distance may be a factor in student's choice of residence, Price said because Paramount 3800 has ECU Transit buses coming to the complex every 15 minutes, it was probably not a deal breaker.

Kimley-Horn's presentation brought many concerns to the city council, however, Lockhart said the issue may not be as pressing as some would think.

"Regardless of what you do, there's going to be an oversaturation of housing because there's so much development going on in Greenville," Lockhart said. "I don't know if we have that influx of people coming with it yet, but I think that's kind of growing pains."

The District 1 Councilwoman Kandie Smith and the District 4 Councilman Rick Smiley voted at the Jan. 8 meeting for a motion for the staff to bring recommendations on how to implement Kimley-Horn's information to the council's May meeting. However, council members Will Bell, Rose Glover, Brian Meyerhoeffer and Will Litchfield voted against the motion, ending future plans.

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Advertisement for Greenville Women's Clinic, a division of Physicians East, P.A. Contact info: 252.757.3131, greenvillewc.com. Services: Providing comprehensive obstetric and gynecologic services to women throughout eastern North Carolina.

Advertisement for 'the Big VAPE THEORY' featuring e-cigs, vapes, and e-juices. Location: 2800 East 10th Street. Includes social media icons and a list of authorized retailers like Bad Drop, Cuttwood, Sigalei, etc.

Advertisement for the Buccaneer Yearbook interest meeting. Text: 'DO YOU WANT TO BE A REPORTER? COME TO AN INTEREST MEETING FOR THE BUCCANEER YEARBOOK!' Meeting details: Thursday, January 25, 6:30-7:30pm.

## OUR VIEW

### Stadium project will not change football struggles

East Carolina University kicked off the start of the 60-million-dollar expansion to Dowdy-Ficklen stadium on Jan. 11, but the real question is: what's the point of renovating a stadium that will more than likely be close to empty next fall?

Once the construction is done, 1,000 premium seats will open in the new four-story addition to the stadium, making room for a new press box and operations center, according to ECU News Services.

The renovations are not the problem. They sound nice, and they are not costing the students anything, since they are all through private donations. The problem is our football team.

With the recent performance of the football team over the past few seasons, we, the editorial staff of The East Carolinian, believe if ECU is going to put donations in renovating the football stadium, it should also take the same interest in renovating the football team.

Since the hiring of current head coach Scottie Montgomery, ECU's football team has put together two straight 3-9 seasons. This past season, empty seats could be seen throughout Dowdy-Ficklen Stadium and it was truly embarrassing to witness on national television. While an expansion may be needed, it was clear by attendance that attention to the performance of this team may be needed more.

Is there a reason the Pirate Club settled on ECU's stadium renovation plan so easily and didn't question the need for other improvements? Why not put these donations into more training, better coaches and more efficient staff? Until the football team takes care of business off the field, it won't matter if there is a nice, new stadium on the field.

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As a designated public forum for East Carolina University, The East Carolinian welcomes letters to the editor limited to 250 words. Letters may be rejected or edited for libelous content, decency and brevity. All letters must be signed and include a telephone number.

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## Congress needs new faces



**Craig Malmrose**  
GUEST COLUMNIST

Since its inception in the 18th century, the phrase "a perfect storm" has been used to characterize many things both positive and negative. These include the New York Giants' defeat of the Cleveland Indians in the 1954 World Series and the downside has given us numerous epidemics and pandemics that have threatened human existence.

In terms of the latter, we're now facing another major threat, and this is the Republican majority that's consumed all three branches of the U.S. government. In my lifetime, I've never seen anything more damning and damaging than the band of criminals that currently comprise the GOP — otherwise known as the Grand Obstructionist Party.

Let's start at the top with the man who would be king. In the 600 words this column allows, I couldn't begin to enumerate the

endless insults and atrocities wrought by Donald J. Trump. These are now daily occurrences that keep the presses humming worldwide, but at the very least, we've come to know that our president is a bigot, a racist, a narcissist, a womanizer and a liar. And he surrounds himself with right-wing henchmen who defend and compliment him.

On top of this, we have the House, the Senate and The Supreme Court. These now include majorities of unethical, underhanded conservatives who care more about lobbyists and their own personal wealth than they ever have about the American people. Their goal is to obstruct any meaningful legislation, and in doing so, they've failed to achieve anything since Trump was inaugurated last year. As I've said before, Harry Truman's "Do-nothing Congress" couldn't hold a candle to the invertebrates that now reign on Capitol Hill.

Once the most inventive and powerful nations on the planet, the U.S. has sunk to the bottom of the barrel. With Trump as our "leader" we've become a laughingstock on the world stage. One has to wonder how many years it will take to return to a

state of balance in a government that tries once again to do well for its tax-paying constituents and dependents?

During this year's mid-term election, I have a sense that a hard rain is going to fall. If Democrats can get off their lazy asses for once, they can fill many, if not all of the seats vacated by retiring Republicans in both houses. If Democrats hold a majority, we're likely to see long-overdue impeachment proceedings take place.

I have confidence caring Americans will stand tall and get the job done. In 2016, North Carolina voters gave Pat McCrory a pink slip and saved our great state from impending doom and destruction.

Speaking as an unaffiliated independent, it would be hard for me to offer praise for either party. The tribalism that's resident in both is enough to make me vomit. But unlike the Republicans, the Democrats aren't trying to kill us, and for that reason alone, they would get my votes.

Craig Malmrose is an arts professor and a guest columnist. To contact him, email opinion@theeastcarolinian.com.

## Bennett is more than false claim

Morton's column leaves out facts, misrepresents athlete



**Robbie Milton III**  
GUEST COLUMNIST

### Robbie's Rumbles

Upon reading the column entitled "Michael Bennett is undeserving of Walter Payton nomination after false race-baiting claim" by Kayla Morton, I found that some of the claims

were outlandish and unsupported.

The column starts talking about the false claim Bennett spoke about on social media regarding police misconduct against him by racially profiling at an event in which Bennett heard gunshots. After hearing the shots, he hid and then was seen running after hiding out for a little while.

Claiming Bennett was race baiting is up to everyone. I wasn't there, so I can't confirm nor deny what did or didn't happen to Bennett. Regardless of what happened, it doesn't discredit his work in local communities, as well as around the country.

In a Sports Illustrated article in March of 2017, Bennett is recorded saying that he is going to donate all the money he receives in 2017 from his different endorsements to different charities focusing on "minority communities and empowering women of color." So when I read, "What charity is Michael Bennett representing? None until weeks after he was nominated. He was nominated, according to an official statement from the Seahawks announcing his nomination, for being 'passionate and engaged in our community, advocating for some of the most vulnerable people who don't have a voice or platform,' I get furious because this claim is flat out wrong. After I googled "Michael Bennett



COURTESY OF USA TODAY

Seattle Seahawks' defensive end Michael Bennett before a game this past football season.

charities," the first thing to pop up was that Sports Illustrated article. Also, as more of a way to follow up, I checked to see if Bennett, like many NFL superstars, has a foundation of his own. To which I found that he has The Bennett Foundation, which began in 2014 with their mission being "Fighting Obesity Through Community, Education, Activity and Nutrition." So, claiming Bennett doesn't contribute until after his nomination for the Walter Payton Man of the Year award is egregious.

This claim is so far-fetched it's pathetic. Saying he's undeserving of the nomination is understandable if you have cold hard facts to back it up. Making the claim Morton did was flat out wrong. Sure, Bennett didn't state in March which charities he wanted to put his endorsement money towards, but he said he was going to do it almost nine months to the day the nomination was announced.

This was an opinion fueled by the Vegas incident, but there was either a huge moment of ignorance or denial in what Bennett has

done in his community and communities around the United States. Morton obviously didn't agree with the nomination, but you can't discredit what he has done to earn the nomination. Just as she likes to say, "Bennett decided to leave that out of his report," Morton left out the facts in her opinion.

In the end, this opinion was egregious and a let-down, because it had no facts to back it up other than a reporter and a police statement. Granted, these can be very credible sources just as much they can be bad. The truth is, Bennett felt that he was threatened by law enforcement and then went public with it. Then, the police came out and claimed the night did not go down as Bennett stated.

Opinions are for anyone and everyone to have, but there needs to be some facts in them, otherwise it comes off as a misguided story, or as President Donald Trump would call it, "Fake News!"

Robbie Milton III is a junior majoring in communication and a guest columnist. To contact this writer, email opinion@theeastcarolinian.com.

## Taming crowds, pouring Crown

### Stilllife bartender Justin Gilmer works toward big city dream

Nicolette Giambalvo  
TEC STAFF

On nights where the outstretched line wraps around Cotanche St., Justin Gilmer, a bartender at Stilllife Nightclub, said he easily throws together more than 150 drinks within the four hour party span.

For Gilmer, a senior business marketing major at East Carolina University, the crazy nights are all worth it as he hopes to branch away from smaller cities such as Greenville and move to Charlotte.

When the bar and dance floor is packed on Thursday and Friday nights, Gilmer said it is important to have a “keep up” method.

“On nights when things really start to heat up, I’m thankful to have my boy Jaxson (Hale) by my side, making sure everyone’s orders are taken care of and that we stay on top of things,” Gilmer said.

Gilmer said the most effective method he has learned from his three years of bartending at Stilllife is to stay organized. He said it also helps to have a “number two guy” in the process.

As the assistant bar-back, Hale, a junior criminal justice major at

ECU, plays a huge role in making sure the night runs smoothly and party-goers are satisfied. Although Hale cannot physically put together a rum and Coke or pour a foamy Bud Light due to being underage, his responsibilities include opening and closing guests’ tabs, taking drink orders and handling any other behind-the-bar duties.

“I help Justin out as much as I can throughout the night, but I swear that guy could be a one man band if he had to,” Hale said. “He is quick and efficient but still knows how to make it a fun time.”

In addition to bartending, Gilmer is also an assistant manager at the club, managing the promoters, handling liquor orders and taking care of private parties. He says his position as a manager has given him a glimpse into his future.

“After really getting to know the ins and outs of what it takes to run a nightclub, I definitely want to take this further than just college (towns),” Gilmer said. “It’s more than just a side job to make some extra cash; I have a passion for it.”

One of Gilmer’s partnering bartenders, Megan Moshinski, said Gilmer’s dedication to the



THOMAS WEYBRECHT | THE EAST CAROLINIAN

Local bartender Justin Gilmer pours a drink in the Tiki Bar. Gilmer hopes to take Stilllife to his hometown of Charlotte.

nightclub inspires her and others to work even harder. Moshinski, a senior economics and business major at ECU, has been working at the club for a year and said Gilmer’s dedication inspires her and others to work even harder.

“Whenever Justin is working, we all are a little more relieved knowing that things will be under control,”

Moshinski said. “Any issue, big or small, just leave it up to Justin.”

Starting off as a promoter for the club, it has only taken Gilmer three years to move his way up to his assistant manager position. According to Gilmer, he grew up in a city where nightlife is on the rise and aspires to further expand the club scene by bringing Stilllife

to his hometown of Charlotte, North Carolina.

“When I leave Greenville, it wouldn’t sit right with me to leave ‘the life,’ Gilmer said. “Getting to help build the bar from the ground up in my hometown and see how it succeeds would be pretty rewarding.”

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## FOOD REVIEW

# Duck Donuts, Buzz best in Greenville



Emily Harvey  
TEC STAFF

Doughnuts, donuts, doughnut holes, doughnuts with sprinkles, chocolate doughnuts, the possibilities for these sweet treats are endless in Greenville, North Carolina, as restaurants such as Krispy Kreme, Dunkin Donuts, Duck Donuts and Buzz Coffee House give students at East Carolina University and residents of the city an abundant amount of choices.

### Krispy Kreme

As I pulled my car into the Krispy Kreme parking lot, I saw two of the best words in the English language: “Hot Now” glowing in bright neon red lights. The overwhelming smell of fresh doughnuts hit me as I walked in the door.

I eyed my favorites through the glass case: chocolate iced glazed with sprinkles and chocolate iced with KREME™ filling, but today I decided to branch out, and this ladies and gentlemen, is how I discovered my new favorite: the glazed chocolate cake doughnut. This, by far, beats the Original Glazed™, the chocolate iced with KREME™ filling and even the chocolate iced glazed with sprinkles, which has been my go to doughnut for the past decade.

### Dunkin Donuts

Instead of swinging through the drive-through to grab my regular order, vanilla iced coffee with milk no sugar, I pushed



EMILY HARVEY | THE EAST CAROLINIAN

Sarah Zimmer, an ECU junior, drizzles chocolate syrup on the powdered Buzzette doughnut.

open the door and walked inside Dunkin Donuts. Each time I try them they’re too thick and don’t resemble the melt-in-my-mouth texture I seek in this delicious sweet.

Out of all of the donut options, the Chocolate Frosted Munchkins® donut holes are, without a doubt, my favorite. These are not too bready and have a great glaze on the outside that sets my taste buds on fire. On this particular day, however, I tried the strawberry frosted. Although the doughnut was beautiful to the eye, it did not satisfy my taste buds in the same fashion. The icing was simply just okay and the doughnut itself was kind of dry, and just as I had feared, way too thick.

### Duck Donuts

When Duck Donuts finally made its way to Greenville, I was over the moon. These are my ideal donuts based on the fact that they pretty much taste like cake and it’s still acceptable to eat them for breakfast. I love that you can build your own donut exactly the way you like it; the possibilities are endless.

On this trip I decided to order the s’mores doughnut and the vanilla icing with oreo crumbles doughnut. Wow. As I ate the s’mores option, I had thoughts of roasting marshmallows over a campfire but without the sticky mess and freezing temperatures. As for the Oreo doughnut, the cookies themselves will never be enough for me

again. The crumbles on top of the vanilla iced and cake-like doughnut did me in.

### Buzz Coffee House

The final Greenville eatery that serves doughnuts, as far as I know, is not a chain, which just adds to the wonderful options Buzz Coffee House has to offer. Never having ordered a donut from Buzz before, I tried both the glazed and one of the four “Buzzette” donuts.

The glazed was delicious, just crisp enough, with the perfect amount of glaze to help it melt in your mouth while warm. The Buzzette I tried, which was actually a beignet, had a chocolate drizzle and powdered sugar sprinkled on the top. I wasn’t a huge fan of the drizzle, but the light and airy doughnut won me over, giving me a new favorite doughnut shop.

### Final thoughts

As far as doughnut shops in Greenville go, I would have to rate them in the following order, beginning with my favorites: Duck Donuts, Buzz Coffee House, Krispy Kreme, Dunkin Donuts.

I’m a sucker for a chocolate glazed doughnut with sprinkles, but the glazed chocolate cake doughnut from Krispy Kreme and the vanilla icing with Oreo crumbles doughnut from Duck Donuts may have swayed me to forever change up my donut order. If you’re looking for a sweet breakfast treat in the area, look no further than these places.

This writer can be contacted at arts@theeastcarolinian.com.

## WWE continued from A1

evolution.”

Zayn has been a professional wrestler for 16 years and has been with WWE for five years. According to the star, wrestling has always been a passion for him. Zayn worked for independent wrestling promotions such as “Ring of Honor” under the ring name “El Generico” before coming to the WWE, where he is currently a featured superstar on the show SmackDown Live, competing against some of WWE’s top talent.

“I started wrestling when I was 17,” Zayn said. “I had jobs here and there, working at grocery stores and what not, but wrestling has always been there and I am very grateful to be doing something I’m passionate about because not many people can say that.”

Growing up, Zayn idolized many figures in the world of wrestling such as Hulk Hogan, Bret “The Hitman” Hart, Mick Foley and the Hardy Boyz, with his unique style of wrestling heavily influenced by them. As a teen he really appreciated Hart’s technical ability in the ring

“ I like to think that there is a little bit of each of those guys in my style and the way I do things. ”

-Sami Zayn

and Mick Foley’s ability to tell grueling stories with his daredevil antics, such as being thrown off a top of Hell in a Cell cage, as well as various other hardcore match moments.

With Zayn’s wrestling style and charisma, entertaining the crowd and putting on a show to remember is always the goal for him. He believes having high energy and feeding off of crowd reactions is what motivates him to perform at a high level.

“I’m sort of known as a daredevil or highflyer in the ring,” Zayn said. “I like to think that there is a little bit of each of those guys in my style and the way I do things.”

Zayn has worked with a multitude of stars that include, Randy Orton, Styles, Shinsuke Nakamura, John Cena and Kevin Owens, and he believes working with others brings a certain energy for the crowd to feed off of.

Within sports-entertainment, there is a huge emphasis on character and not just pure athletic ability. According to Bleacher Report, with the likes of “Macho Man” Randy Savage, Hulk Hogan and The Undertaker, having a compelling character can influence how the audience sees a star and can add to the excitement.

Zayn has recently gone through a slight character change of his own. In the past he was always known as the fun loving, underdog, however, now he has gone through a transformation of being a guy who will do anything to reach the top, even if that means bending the rules.

Fans have had mixed reactions to Zayn’s recent turn. Some love the new change while others such as 13-year-old Trent Evans, who has been a fan of Zayn’s ever since he started

watching WWE and was at the live event on Sunday, now second guesses one of his favorites.

“I used to love Sami Zayn, but now he cheats and just whines all the time,” Evans said. “I was glad to see Styles retain for the championship against him today.”

Zayn’s recent turn has been fun for him because it is so different than what he is used to doing. Now, he said he knows what it is like to be booed out of arenas and he openly accepts this new challenge in his career.

Being a WWE star is a difficult profession but Zayn says he loves the career and believes it’s manageable. However, whether he is training, performing or traveling to other venues, he puts in the work.

“Every year of my career I feel like I add to making matches that withstand the test of time,” Zayn said. “I love what I do and years from now I want others to be able to tell by seeing my matches”

This writer can be contacted at arts@theeastcarolinian.com.

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## HOROSCOPES

**Aries** (March 21-April 19) -- Today is a 9 -- Take care of personal matters. Remain forgiving with miscommunications or frustrations. Slow to avoid accidents or injury. Focus on short-term objectives. Keep your patience.

**Leo** (July 23-Aug. 22) -- Today is an 8 -- Study and discover new tricks. Classes, seminars and travels reveal their mysteries. Have patience with delays, miscommunications or breakdowns. The truth isn't quite as expected.

**Sagittarius** (Nov. 22-Dec. 21) -- Today is a 7 -- Relax and enjoy family and friends. A challenge requires patient focus. You're developing something new, and it could get awkward. Keep your sense of humor.

**Taurus** (April 20-May 20) -- Today is a 7 -- Review recent circumstances, and make plans. Take time for relaxing, soothing rituals. Find a peaceful setting to go over maps and plot your course.

**Virgo** (Aug. 23-Sept. 22) -- Today is a 7 -- Let go of a preconception. Misunderstandings spark easily; keep your cool. Manage practical financial deadlines, and defer gratification. Wait for developments.

**Capricorn** (Dec. 22-Jan. 19) -- Today is a 7 -- Get into a practical domestic phase. Make repairs, and upgrade technology. Tempers could be short. Don't antagonize anyone. Let irritations roll off you.

**Gemini** (May 21-June 20) -- Today is an 8 -- Confusion and chaos could disrupt a group operation. Keep calm, and carry on. Prioritize urgent matters. Persuade others to participate. Encourage creativity and teamwork.

**Libra** (Sept. 23-Oct. 22) -- Today is a 7 -- Slow down and really listen. Patiently navigate communication breakdowns with a partner. Take a timeout, rather than utter words you'd later regret. Compromise.

**Aquarius** (Jan. 20-Feb. 18) -- Today is an 8 -- Haste makes waste. Discuss your options. Chaos could disrupt your routine. Have patience with communications. Handle urgent needs and get your message through.

**Cancer** (June 21-July 22) -- Today is an 8 -- Take on more responsibility at work. Help others see the big picture and what's possible. Apply yourself to a project that's receiving attention.

**Scorpio** (Oct. 23-Nov. 21) -- Today is a 9 -- Keep practicing to raise the level of your performance. Slow to avoid mistakes. Be spontaneous and not reckless. Change directions intuitively.

**Pisces** (Feb. 19-March 20) -- Today is a 9 -- Confusion reigns. Don't talk back. Stay respectful. Proceed with caution and take care of business. Your cleverness is paying off. Bring home the bacon.

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## COMICS

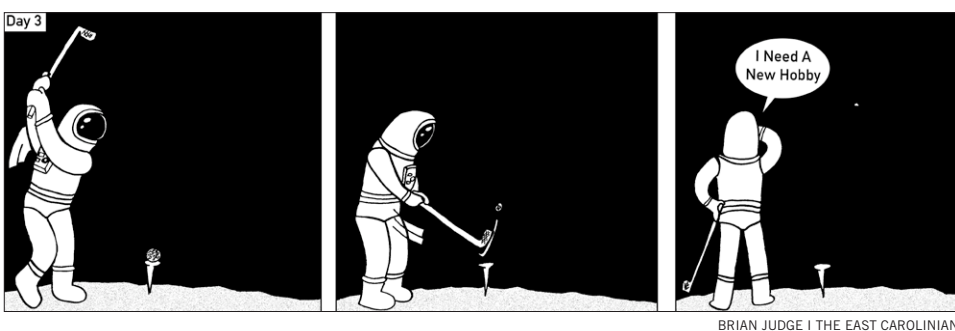
### BREWSTER'S ON JURY DUTY



### BEST IN SHOW



### ONE AND ONLY



## CROSSWORD

# THE TV CROSSWORD

Edited by Wayne Robert Williams

1	2	3	4		5	6	7		8	9	10	11
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57					58				59			

### ACROSS

- 1 Country singer Fisher
- 5 Small, poisonous snake
- 8 "Maggie" creator Bombeck
- 12 Daly of "Judging Amy"
- 13 Bruce of "The Green Hornet"
- 14 "Hud" Oscar winner Patricia
- 15 Dog in "Garfield" comics
- 16 Bill Withers chart-topper
- 18 "The Dick Van Dyke Show" family
- 20 Asimov or Hayes
- 21 Talk show host Allen
- 24 "Perry"
- 28 Eugene and Ed
- 33 Hemsley sitcom
- 34 One end of a sock
- 35 Dunaway of "Chinatown"
- 36 Crothers of "Hong Kong Phooey"
- 38 "Lou Grant" star Ed
- 39 Peppard series, with "The"
- 41 '50s sitcom, "The Stu \_\_\_ Show"
- 45 Comaneci and others
- 50 Part of TLC
- 53 "Sopranos" star Falco
- 54 May Wong or Pavlova

- 55 Big \_\_\_, CA
- 56 "M\*A\*S\*H" star
- 57 Mallon and Tilly
- 58 "\_\_\_ Given Sunday"
- 59 James or Jimmy

### DOWN

- 1 "Can't \_\_\_ the Music"
- 2 David \_\_\_ Pierce of "Frasier"
- 3 "Special \_\_\_ 2"
- 4 Will of "The Waltons"
- 5 Kirstie of "Cheers"
- 6 Who hit, "I Can \_\_\_ for Miles"
- 7 "The Princess and the \_\_\_"
- 8 "The Dukes of Hazzard" spinoff
- 9 Sofer of "General Hospital"
- 10 Vicki Lawrence character
- 11 Guinness or Baldwin
- 17 "\_\_\_ to Five"
- 19 Arabic Mac
- 22 Network executive Arledge
- 23 "The Big Red \_\_\_"
- 24 Pas' mates
- 25 All-films stn.
- 26 Lloyd Bridges series, "\_\_\_ Hunt"
- 27 Can. province
- 29 Contingencies
- 30 Computer syst. for a group
- 31 Caustic soap
- 32 Sun. church talk
- 34 Make lace
- 37 Singer Aimee
- 38 Org. of docs
- 40 Nickelodeon's "\_\_\_ Beavers"
- 41 Broncos' kicker Jason
- 42 Russo of "Get Shorty"
- 43 Fashion designer Vera
- 44 Gershwin and Levin
- 46 "Wanted: \_\_\_ or Alive"
- 47 Eric of Monty Python
- 48 Turturro of "The Sopranos"
- 49 "Carlito's Way" star Penn
- 51 Old Testament bk.
- 52 "The Flying \_\_\_"

Solution from Tuesday

R	I	C	H		M	A	R		M	E	E	T
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S	N	E	A	D		R	I	O				
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D	O	V	E		P	E	N		M	I	S	S

## SUDOKU

# SUDOKU

THE SAMURAI OF PUZZLES By The Mepham Group

Level:

- 1 2
- 3 4

Complete the grid so each row, column and 3-by-3 box (in bold borders) contains every digit, 1 to 9. For strategies on how to solve Sudoku, visit [www.sudoku.org.uk](http://www.sudoku.org.uk)

4							9	8
8		2	3		9	7		
		3	9		4			
						8		9
	4						5	
6		7						
			4			6		
			5	2		1	9	7
9	8							1

Solution from Thursday

1	8	9	5	3	7	6	4	2
7	3	2	4	6	1	9	5	8
4	6	5	8	2	9	3	1	7
6	2	8	7	4	5	1	3	9
3	9	4	2	1	8	7	6	5
5	7	1	6	9	3	8	2	4
9	1	7	3	5	2	4	8	6
2	4	3	9	8	6	5	7	1
8	5	6	1	7	4	2	9	3

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## Macy relives milestone victory



ARCHIVED | THE EAST CAROLINIAN  
ECU's women's basketball head coach Heather Macy coaching.

**Dylan Johnson**  
TEC STAFF

East Carolina University women's basketball head coach Heather Macy, who secured the program all-time victory lead with her 127th win Jan. 10, can perfectly sum herself up on and off the court.

Focused, passionate and intense are the words Macy uses to describe herself and anyone who spends significant time around Macy would agree with this description of her. These qualities that Macy sees in herself are always working for her and having an impact on those around her, according to players and coaches of hers.

"We believe that whatever your mind can CONCEIVE and BELIEVE, it will ACHIEVE," said her C.B.A (conceive, believe, achieve) philosophy on her website [heathermacyallaccess.com](http://heathermacyallaccess.com).

On her website, her philosophy goes on to describe four main pillars she encourages: learn from your mistakes, lean to your strengths, be excited about today and what you can do early can help you late. According to Macy, dreaming

big, setting goals and putting a plan into action are the guidelines to receiving consistent results.

Macy has achieved an outstanding body of work, building up to the legacy she has earned today. After her own hall of fame high school career at Starmount High School in Boonville, North Carolina, and four-year run as a player at Greensboro College, she began her assistant coaching jobs where she helped four different programs to a combined 84-60 record.

Macy landed her head coaching job with East Carolina University in 2010. Since then, she has only proven herself more, as she has coached players who have helped her earn her record-setting accolades throughout her tenure.

Macy has led the first run of three consecutive 20-win seasons at ECU and saw former Pirate forward Jada Payne become the first from the program to get a training camp contract in the Women's National Basketball Association. Macy's 128-111 record at ECU and 243-150 all time record is further validation.

Nobody has more experience alongside Macy than Nicole

Mealing, her assistant coach of six years, who also played under Macy at Francis Morton University in 2009-10. Mealing uses this experience to reflect on what has changed and what has stayed consistent from Macy over the years.

"I think she's really grown and done a great job adjusting to her teams," Mealing said. "She's much more patient now but her standard hasn't changed. She's going to demand your best every day and will help you meet or exceed the expectation, but never fall short of it, every single day."

The non-stop focus, passion and intensity she displays with her conceive, believe and achieve philosophy has led her to success. Macy next leads the women's basketball team into action Wednesday against Tulane University at 8 p.m.

**ONLINE | FULL STORY**

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>> MEN'S BASKETBALL

## Williams secures third accolade

**Staff Report**

Even though he's just a freshman, East Carolina University men's basketball guard Shawn Williams' game has garnered him three collegiate starts and a few accolades along the way.

For the second time this season, Williams has been named the American Athletic Conference's Rookie-of-the-Week. He won his first award on Dec. 4, after games with the University of North Carolina at Wilmington

and Delaware State in which he averaged 13.5 points.

ECU (8-11, 2-6 AAC) traveled on Saturday to No. 9 University of Cincinnati (17-2, 6-0 AAC) and Williams got off to a fantastic start. He scored 13 of his team-

high 15 points in the first half and didn't miss his first five shots. The



**Shawn Williams**

battle against Cincinnati marked the third game in a row the redshirt freshman led the Pirates in scoring.

Williams helped lead ECU to its largest margin of victory last Wednesday against a conference opponent since 1970, a dominating 90-52 win over the University of South Florida (7-13, 0-7 AAC). This may not have been a "coming-out" game for Williams because of his success already this season, but against USEF, his 22 points showed everybody at ECU, as well as the other AAC teams, the talent

the Pirates are going to have in upcoming seasons.

What makes Williams such a threat is his ability to space the floor and hit three-pointers at a consistent rate. While guard B.J. Tyson is also a threat, Williams is the best three-point shooter for the Pirates in several seasons since guard Caleb White. His 32.7 percent from behind the arc is much better than the teams total, that currently sits at 27.5 percent. Williams is also the only Pirate to attempt more than 100 threes this season.

If Williams can follow up on this success by cutting down his turnovers, he sets ECU up to be a much better team going into the conference tournament at the beginning of March.

ECU will have a week lay-off and return to action on Sunday with a road game at South Methodist University, where tip-off is scheduled for 2 p.m. ET at Moody Coliseum in Dallas.

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>> WOMEN'S TENNIS

## Celia Ruiz prepares to build off strong fall

**Austin Walker**  
TEC STAFF

After a dominant fall season of setting more than one program record, Celia Ruiz, a junior from Pontevedra, Spain, has high hopes for the upcoming spring tennis season.

Ruiz's fall season began with a No. 95 national ranking, as she became the first Pirate to ever earn a top-100 ranking by the Intercollegiate Tennis Association. Her list of accomplishments grew as the fall season went on and she finished the season having achieved the best national ranking in program history: climbing to the No. 52 spot.

Ruiz's impact is not limited to her play on the court, as she is a team captain who has received high praise for her leadership and work ethic from coaches and players. Although she is coming off one of the most dominant fall seasons in program history for ECU, Ruiz hasn't changed her approach to the game but instead attributes her success to an increase in confidence.

"I didn't do much differently," Ruiz said. "It's more a belief in myself and mental work. I work a lot on my mental game, I focused on



**Celia Ruiz**

taking my time and I think that really helped." Pirates' head coach Tom Morris spoke highly of her passion for the game and of the positive impact her example has on the rest of his team.

"She's working as hard as anyone and wants to be out here as much as she can," Morris said. "She has a good, solid outlook on where her priorities lie and where she should be focused. She's worked hard on the court and in the classroom, and it has really showed in her play."

Ruiz's attitude toward practice and preparation has made a difference on the way the rest of the team is preparing for the spring season.

With all of the success Ruiz is not letting it get to her. She is active in her community, acquiring more than 100 hours of community service last year and is also never too focused or busy for her teammates.

Women's tennis will be back in action today at 2 p.m. as it takes on the University of North Carolina at Chapel Hill, after the women's first match against North Carolina Central University was postponed due to bad weather.

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**ONLINE | FULL STORY**

## HOOPS continued from A1

"Fouls are errors and our basketball team is aware of that," Macy said. "It affects us from a rotation standpoint, but we play so aggressive it's just going to be the price of doing business. But otherwise, the situation with time and score and keeping the other team out of the bonus early is very important, especially in road games."

Tulane enters tomorrow's game with an identical record as ECU after coming off a dominating 70-39 home win over the University of Tulsa Sunday afternoon. Despite having identical records, the Green Wave has the advantage in Wednesday's game because of its talented senior guard Kolby Morgan, who is second in the AAC in points per game (21.4). According to sophomore guard/forward

Dominique Claytor, the Pirates will have to play harder and smarter on the defensive end if they want to limit Tulane from shooting too many free throws and contain Morgan from lighting up the Pirates' defense.

"For us it's just playing hard defense," Claytor said. "We have to pressure the ball and not play with our hands, so we don't get in foul trouble, so it's really about playing smart D and moving our feet."

An ECU victory would mark the first time it has won back-to-back games since late December against Savannah State University and the University of Maryland Eastern Shore. After an inspiring win against Houston, following that up with its first AAC road win would be a huge confidence booster for the remainder of the season.

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