



## BRIEFS

### Student charged in Hustle Mart murders

#### Staff Reports

A university student has been named as the seventh person in the Farmville Hustle Mart murder case.

The Pitt County Sheriff's office, according to WITN, said that 23-year-old LaGrange-native Ashley Johnson was indicted on three counts of accessory after the fact of first-degree murder.

Johnson turned herself in on Wednesday, with a bond set at \$3 million.

The sheriff's office says Johnson is the girlfriend of Willie Whitehead, one of the men charged with the murders. Others charged with the murder include Antwan Anthony, Xavier Shamble and Raekwon Blount. Blount's mother was also charged after the shootings with contributing to the delinquency of a minor.

### Police find people living in recording studio

#### Staff Reports

Yesterday, Greenville police executed a search warrant at a Greenville recording studio and found at least 23 people living in the facility.

According to The Daily Reflector, each person was found living in a 12-by-12 cement-walled room with no windows at the Pyramid Rehearsal recording studio on West 10<sup>th</sup> Street.

The occupants of the building were paying between \$180 to \$220 a month, said Sgt. Joe Friday. The building was not zoned for residency.

Tenants were sleeping on mattresses or blanket pallets on the floor and were bathing with water in buckets or from a garden hose behind the building.

The structure had no kitchen or smoke alarms, only four toilets and sinks and just three exits at the ends of the building.

Currently, the Salvation Army is helping former tenants find new residences.

The search was conducted after a complaint was lodged to code enforcement with enough information to obtain an administrative search warrant.

It appears that there are no criminal violations but the recording studio was used "outside the realm of its design and beyond the scope of its commercial permit," said Sgt. Friday.

The owner of the building, David Edwards of Wilmington, could face penalties.

### Vacant managerial positions to be filled

#### Staff Reports

New city manager Barbara Lipscomb will be interviewing for four vacant positions in city managerial positions.

Positions will open at the end of October as Interim Police Chief Joe Bartlett and Human Resources Director Gerry Case retire, WITN reports.

Along with filling these positions, Lipscomb will also be responsible for hiring a new public works director and assistant city manager.

In an interview with WITN, Lipscomb said she already interviewed four candidates for the public works director position, and filling this position along with the police chief remain at the top of her priority list.

## Businesses request traffic changes

Eihab Bahhur  
Staff Writer

The Public Works Department of Greenville will be enforcing traffic calming downtown in response to requests from business owners and the Greenville Police Department.

Speed cushions and delineators downtown will be placed in strategic points of access downtown on Fifth and Cotanche Streets and Reade Circle.

"The new traffic calming tactics downtown are being applied temporarily until public works can evaluate if they are working," said DiCesare.

If the new calming tactics will work, the city may spread them to other parts of Greenville that

are prone to traffic or speeding.

Although there is no statistical evidence of excessive speeding downtown, the impression of it occurring usually causes concerns among business personnel downtown.

"The perception of speeding usually produces worry among the community," said Richard DiCesare, city traffic engineer. "But if there is any volume of speeding downtown, then traffic calming is worth it."

Other traffic calming requests have come from the police department, which has requested more efficient methods to handle downtown crowding during the weekends.

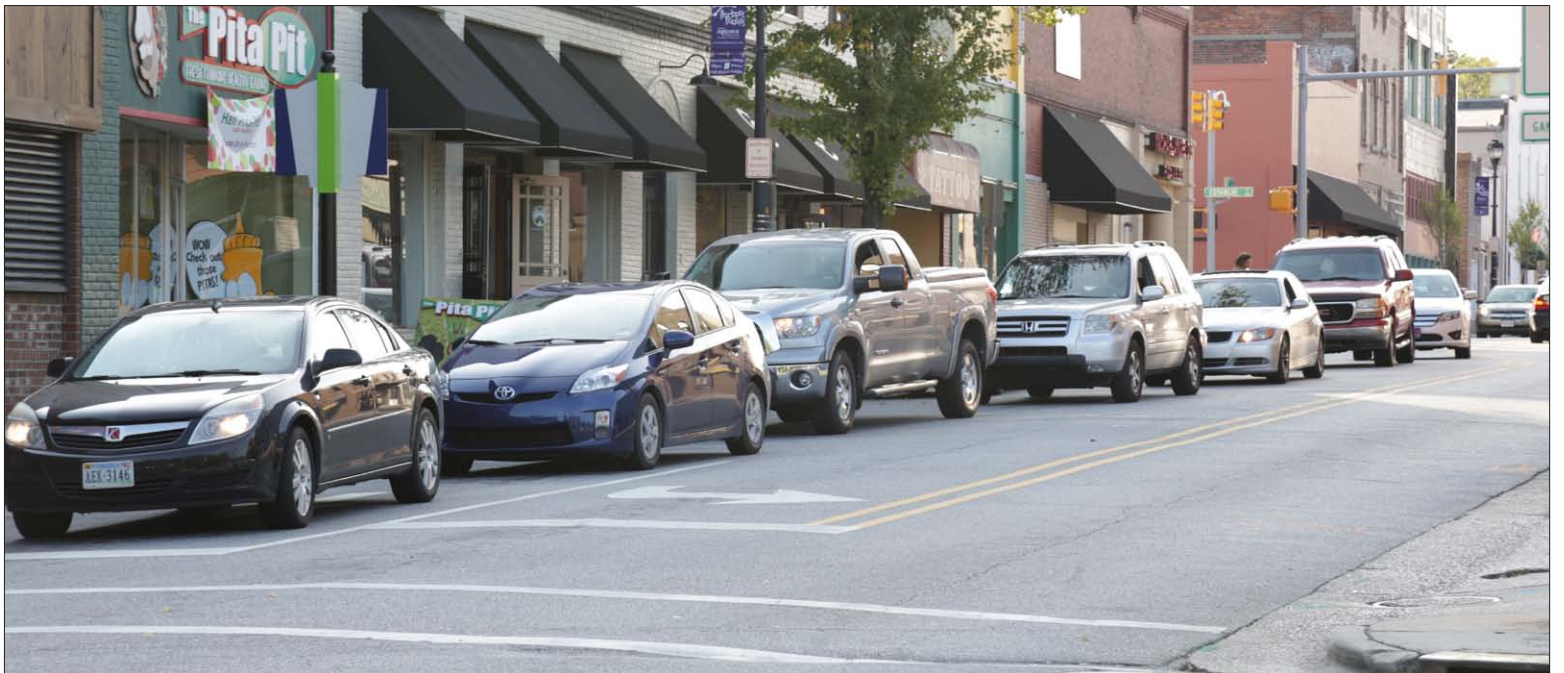
"Pedestrian control is a big concern because people pour into the streets at night, especially

at 2 a.m., and many of them are inebriated as they're walking across streets," said DiCesare. "Whatever speed they're going, whether it's over the speed limit or not, is too fast for what's happening downtown."

This concern led police to search to not only for traffic calming techniques but to seek new ways to control the streets downtown.

Initiating new traffic calming and control techniques downtown raised concerns from the city regarding emergency access. "Emergency vehicles such as fire trucks and ambulances cannot be slowed down in times of emergency," said DiCesare.

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NICK FAULKNER | THE EAST CAROLINIAN

The city will begin to utilize speed cushions to help control the flow of cars downtown, which will slow traffic and still let emergency vehicles through.

## On-campus workshops focus on military culture

Emily Gardiner  
STAFF WRITER

On September 14, the university hosted the first workshop in a series that focus on military culture and hone in on the biopsychosocial aspect of the culture and how it affects families.

Beth Velde, director of public service and community relations, created the series to address these issues to the university's population to help them know how to interact and understand military culture.

The workshops were also created because ECU is considered a "military-friendly" campus, which means ECU's campus is sensitive to service men and women, their families and their culture, especially in the setting of an academic environment. The workshops were created with the help of Velde's colleague's from UNC-Chapel Hill and research by the university, along with Operation Re-entry of North Carolina, the U.S Army Medical Research and Materiel Command and the Telemedicine and Advanced Technology Research Center.

Velde's department partnered

with the Citizen Soldier Support Program (CSSP) to create the workshops.

During the first workshop, there were three speakers: Bob Goodale, director of CSSP; William R. Abb, deputy director of CSSP and Bruce Moyer, who served in the U.S Army and is a licensed psychologist. Moyer, who has been in service with the U.S. Army from 2003-present, said he came to the workshops to, "Educate and expose faculty and students to how veterans, reserve members, National Guard soldiers and service men and women integrate into a campus environment."

Graduate student and occupational therapy major Ame Wickham said she learned a lot from this workshop.

"I learned about the psychological aspect and family aspect of military culture," said Wickham.

Katie Hopkins, a graduate stu-



CHELSEA CURRY | THE EAST CAROLINIAN

Shannon Pierce (right), a former military cook and administrative assistant, talks to friend Chelsea Williams (left) in the Willis Building about attending the cultural workshops.

dent studying occupation therapy, said she learned about, "Encompassing what military culture really is," she said. "People should come."

"As a leader of the Future Healthcare Managers, I hope that it

sparks students' organizations and what they can do to help and how they can get involved," said Richard Smith, a senior studying health ser-

> WORKSHOPS page A2

## Lantern event draws big crowd



#### Staff Reports

Over 500 people watched lanterns float over the North Recreation complex last night as part of the Festival of Lanterns event.

The lanterns are an adaption of Japanese paper lanterns that symbolize giving thanks, prospering for the whole year and taking away bad luck. Students and staff helped light the multi-colored lanterns that were then released over the NRC's beach.

Some students found the event to be surreal and were mesmerized by the lanterns as they floated into the sky.

"It was so magical. You got to see something you would never see anywhere else," said Gabrielle Greene, a junior nursing major. "You felt like you were in a movie."

The event began at 6 p.m. and ended with a seven-minute fireworks show at 9 p.m. The event was sponsored by the Student Activities Board, in association with the Asian Student Association and the Ledonia Wright Cultural Center.

This writer can be contacted at news@theeastcarolinian.com.

## Study shows importance of sleep for students

Kamal Darji  
STAFF WRITER

A study in the Journal of Adolescent Health found that only 30 percent of students sleep at least eight hours a night, which is the average requirement for young adults. The statistics show that 12 percent of students with poor sleep cycles miss class three or four times a month and sometimes fall asleep in class.

A similar study showed that more than 60 percent of college students have disturbed sleep cycles. Dr. Robert Oexman, director of the Sleep to Live Institute, said in a Huffington Post article "College students are one of the most sleep-

> SLEEP page A2

## INSIDE

### OPINION

Need more motivation to get through the semester? Check out how J.L. feels about staying focused until the end. **A4**

### LIFESTYLES

Look to lifestyles to read Hannah Ross' article about a pumpkin-inspired fall treat. **A5**

### SPORTS

Turn to Sports to see how the cross country team is looking leading into the Charlotte Cross Country Invitational. **A8**

## WEATHER

84°F/ 59°F  
Sunny



GRAPHICS FROM ENTHROPIA.COM

## ONLINE



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# TRAFFIC continued from A1

Some students were concerned for their safety if emergency vehicles could not get to where they are needed. "I don't want firefighters and police officers being slowed down in cases of emergency around where I live and go to school," said Ayman Rahman, mechanical engineering major.

Usual traffic calming techniques in Greenville are limited to speed humps in residential areas. However, downtown traffic calming must account for other factors, because it affects more people.

"Speed humps are designed to slow vehicles down. We don't want to slow down emergency vehicles. Also, we don't want trauma or damage on the frames of

these vehicles," said DiCesare. This dilemma lead public works to utilize speed cushions downtown.

Speed cushions have spaces between two humps. "Emergency vehicles that have wider wheel bases can fit in between them without touching the frame of the vehicle," said DiCesare. "This should allow emergency vehicles to maintain access and response times."

Along with speed humps, public works are placing delineators around downtown Greenville on weekends; they are orange rubber poles that contain a reflective light. "These delineators will only be placed at night," said DiCesare. "They will be removed during the day due to aesthetic appeal concerns

from the city." The delineators serve as more than just a reflective light.

"Also, delineators are used to narrow the street, while still leaving the driving lane available to traffic," said DiCesare. "The narrowing of the street causes cars to slow down in order to get through squeeze points at key entry points downtown."

"Public works is hopeful and optimistic that the new tactics of traffic calming will work downtown," said DiCesare. "This forced us to look at new technology that might help other areas of traffic calming in residential neighborhoods."

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NICK FAULKNER | THE EAST CAROLINIAN

Requests from other parts of the city prompted public works to employ calming measures elsewhere.

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# WORKSHOPS continued from A1

vices and a leader in Future Healthcare Managers. He also said he really connected with Moyer's experience about 9/11 and how emotional it can be.

These workshops were created to inform students and broaden their perspective on military culture. Velde wanted to increase the understanding and awareness of

how to treat someone who may have just come back from a deployment, especially if the interaction is in a classroom setting. Strengthening the connection between students and military service men and women was also another goal these workshops were intended to meet.

When creating these workshops, Velde wanted to

answer the question, 'How can we better serve this part of the community?' By creating these workshops, she answered this question.

There are three more workshops in the series. The next workshop on October 9 will be held in the Health Sciences Building from 10 a.m.-12 p.m. The last two workshops, November 2 and

November 16, will be held in the Willis Building Auditorium, Room 201.

Five workshops will be held in the spring and will focus on military research.

This writer can be contacted at [news@theeastcarolinian.com](mailto:news@theeastcarolinian.com).

# SLEEP continued from A1

deprived demographics in the population." According to Oexman, research shows stress affects the sleep of college students far more than alcohol, caffeine, or late-night television and social media usage. Methods to deal with stress vary among the college population.

Some students turn to alcohol in order to induce sleep while others utilize drugs such as Adderall in order to stay awake and focus. Regardless of the methods utilized to cope, it is reported from a resource of the Divi-

sion of Sleep Medicine at Harvard Medical School that only 40 percent of students reported feeling well rested for only two days per week.

Inadequate sleep has serious effects on the brain. It can interfere with the brain's ability to consolidate both factual and procedural memories about how to perform various physical tasks.

Not getting enough sleep can also adversely affect basic learning, which is comprised of acquisition, consolidation and recall.

Acquisition deals with the way the brain receives information; consolidation is comprised of the brain strengthening, extending, or even weakening connections

in order to package memory in a more useful form; and recall relates to the brain's ability to access memories. Inadequate sleep disrupts and hinders all three processes.

The processes of acquisition and recall are most negatively affected. Sleep deprivation impairs focus and negatively affects student's abilities to retain and gather information from lessons.

Many students limit the amount of sleep they get in an effort to fit everything in on their schedules. Some researchers feel this is the result of a flawed philosophy; therefore, these researchers feel students should view sleep as an integral part of their scholastic and athletic

objectives.

Some students on campus agree that college students as a whole do not get enough sleep.

"They do the things they want to do before the things they need to do," said Mary Turner, an English education major.

Soujith Polireddy, a computer science major, felt college students do get enough sleep as he said, "Compared to high school, the amount of sleep we get in college is a decent amount. I guess we get more freedom to actually pick our own schedule."

This writer can be contacted at [news@theeastcarolinian.com](mailto:news@theeastcarolinian.com).

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Panhellenic



Courtney Wornick  
Alpha Delta Pi



Elizabeth Fisher  
Alpha Xi Delta



Hannah Moehrke  
Residence Hall Asc.



Hillary Duff  
Alpha Omicron Pi



Jordan Widgeon  
Sigma Alpha Omega



Kamaria Eppy  
Caribbean Student Asc.



Kate Harris  
Student Activities Board



Katherine Haley  
Sigma Sigma Sigma



Katie O'Hanlon  
Delta Zeta



Madison Rushing  
Epsilon Sigma Alpha



Marie L'esperance  
NC Teaching Fellows &  
Maynard Scholars



Megan Giunco  
ECU Gospel Choir



Michaela Steward  
ECU Ambassadors



Michelle Piropatto  
Kappa Delta



Morgan Rackley  
Zeta Tau Alpha



Oluwatobi Olofintuyi  
African Student Org.



Paulina Genovese  
Alpha Phi



Rhyan Vereen  
Healthy Pirates



Whitney Leggette  
Gamma Sigma Sigma

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ECU Ambassadors



Andrew Menzer  
Kappa Sigma



Brad Teague  
Residence Hall Asc.



Bruce Pittman  
Tau Kappa Epsilon



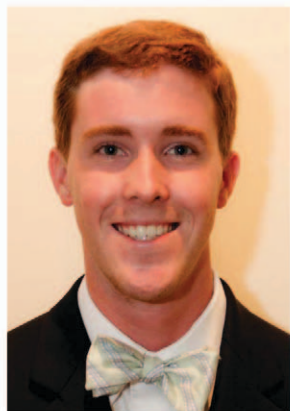
Charles Odhiambo  
African Student Org.



DaJuan Lucas  
Alpha Phi Alpha



Eric Green  
Collegiate 100



Graehme Heji  
Phi Gamma Delta



Hunter Ingram  
Student Activities Board



Ira Rushing  
Sigma Tau Gamma



James Mead  
Sigma Phi Epsilon



Justin Jones  
NC Teaching Fellows



Logan Yeager  
Phi Kappa Tau



Noland Jones  
ECU Gospel Choir



Samuel Downs Law  
Kappa Alpha



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# VOTE ON ONESTOP! SEPTEMBER 25TH- 27TH

## PIRATE RANTS

The East Carolinian does not endorse statements made in Pirate Rants. Questions regarding rants can be directed to Micah Lockhart at [opinion@theeastcarolinian.com](mailto:opinion@theeastcarolinian.com). Log onto [opinion@theeastcarolinian.com](mailto:opinion@theeastcarolinian.com) to submit a Rant of your own.

You are such a slut. Yes, there are guys out there that just want sex. None of them want sex from you. Even they have higher standards than that.

It doesn't get lower than you.

White Hall, fifth floor window: Would you like for me to assign someone to butter your nips?

Seven p.m. night game is going to be better than spring break 1996...I went to Disney World that year.

I'm not voting this year. I just don't care for Romney or Obama. As long as none of these replacement NFL refs become president, I'll be copacetic.

Honest moment: bike riders and skateboarders, if you run into me while I'm walking, I'm going to help you up, then punch you in the face.

So I got Chick-Fil-A, and I found a potato in my fries. I DON'T WANT ANY POTATOES IN MY WAFFLE FRIES!

How do I de-stress before a big test? I touch myself.

What's with all the Redskins fans suddenly coming out of the closet?

Jew girls do it better, despite the Catholic schoolgirl stereotype. Yasher koach!

To the "Nice Guy" looking for "Other Nice Guys," you're looking in all the wrong places.

Tim-No, I will not marry you until you can afford my three-carat ring. -Kelly

I shower at the Rec far more often than I work out at the Rec.

Grow some balls and stop booty calling me because you know I will say yes.

I'd like to roofie your Starbucks.

Dear woman bus supervisor person: why don't you stop playing with buses and get a real job? YOU stand behind the yellow line!

Couple on second floor Joyner who just had sex, that slow clap came from me. You go Glenn Coco.

What's so derogatory about blackface? All black people are black, that's not a stereotype, that's a fact.

Dear Coach McNeill, I have a new strategy your team should follow to win this weekend's game: 1. Stay calm 2. Be cool 3. Cook some bacon.

Dear beautiful blonde girl who usually smiles at me: if I didn't already have a lady in my life, then I would bow-chicka-wow-wow you to new levels of pleasure.

I brought my Rubik's Cube to campus today because the weather is back in the 80's.



# Media destroys democracy



**Andrew Ray Gorman**  
OPINION COLUMNIST

In "Manufacturing Consent," a book by Edward Herman and Noam Chomsky, they outline five filters for the "propaganda model" of the mass media. They are one: size, concentrated ownership, and profit orientation, two: advertising, three: reliance on government and business data, four: flak for disciplining the media and five: anti-communism. For our purposes, we are concerned with mainly the first aspect, although the others play a major role as well. The U.S. Constitution guarantees the freedom of the press. But what did the founding fathers mean by that? Did they mean that corporate conglomerates can swallow up their competition and establish a virtual monopoly of the press? For starters, six corporations own 90 percent of all media in the U.S. You've probably heard of them: CBS, Disney, General Electric, News-Corp and Time Warner.

There are a few reasons we should be worried. One is that the press will not differ to any great extent. Some local television channels even host the same reporters and news anchors. After all, having this smaller staff is more "profitable." Though profitable for a few, it is the many who are suffering. Journalists, reporters, anchors and talk show hosts are losing their jobs. In 2010, 16,000 journalists lost their

jobs with daily newspapers. And the situation is not much different in the other sectors.

Politics also comes into play here. Clear Channel, owned by Bain Capital, controls the majority of the radio stations (1,200 of them)! They host the same five or so conservative talk hosts all across the U.S. Bain Capital was founded by Mitt Romney. This shows the influence this monopoly can have on elections. And the concentration of ownership will lead to the media not being as critical as it should in the political realm.

The purpose of the media is to provide a means for the people to make sense of the world's events. It does not live up to this image, however. Lowry Mays, the former CEO of Clear Channel, once said, "We're not in the business of providing news and information. We're not in the business of providing well-researched music. We're simply in the business of selling our customers' products." The very nature of this statement threatens the democratic and free role of the press. An informed citizenry will not exist if there is not critical, investigative journalism. According to Robert McChesney, a professor of communication, there would be multiple radio journalists in communities covering the events in the 1970's and up to two-dozen in the larger cities. "Well wipe them out, they're all gone, there is no more commercial news casting in this country to speak of on radio," said McChesney.

So what can we do about all this? For starters, the 1996 FCC Telecommunications Act needs to go. Signed by Bill Clinton, its purpose

was to deregulate the broadcasting market. It caused the total number of media giants to go from 10 to six. Also keep in mind that the majority of media in 1983 was controlled by 50 corporations. Those who regulate this industry have "fallen asleep on the job," so to speak. Net neutrality is going to play a bigger role, and though the net is considered a bastion of freedom right now, those who control your access to internet could cause this freedom to go.

We have everything to gain by changing this trend: more jobs, more competition, more informed society and a freer press. Consider that there are students graduating with degrees in journalism and communications, but even though the job market isn't doing so well right now, increased regulations of these industries would ensure a healthier economy and more jobs.

McChesney outlines what can be done to improve the situation of the press: first, he believes there should be a journalism stimulus of \$20 billion a year for three years. Magazines with less than 25 percent advertising should get free posting, regardless of content. This would keep the publications alive. Second, everyone should be able to have \$200 taken out of their taxes and could get a subscription of a daily paper; essentially the government would be buying you the subscription. Third, government should foot the bill for any school paper that wants to be launched. For more, check out [freepress.net](http://freepress.net).

This writer can be contacted at [opinion@theeastcarolinian.com](mailto:opinion@theeastcarolinian.com).

## RANTS CONT.

Am I the only one that keeps trying to go in where the old door was at 360?

Michelle Obama comes to ECU? Great, just what Greenville needs: more black people.

This one goes out to the kid that wears the "U Mad Bro?" shirt three times a week, that s\*\*t is so 2011.

To the dude passing out "Go Vegan!" books in front of Dowdy today, I read it at Chick-fil-A... while eating a chicken sandwich.

I think the rabbit should just take the cereal from those kids!

To the girl that I sit behind in my English class that always wears thongs: THANK YOU!

Missing: Mrs. B who swipes my OneCard every morning at West End.

Oh lord, it's that time of the year again... when the h\*\*s mistake their leggings for pants...

To the guy more bummed about Taco Bell no longer selling beefy nacho burritos... I'd vote for you.

This semester has been boring so far. No streaker, no naked photos, no earthquakes, no hurricanes, and no gunbrella man! Sigh...

Like a good neighbor State Farm is there... with my Pirate Rant published.

I just want a puppy. Or a rich boyfriend. Mostly a puppy

What's black and white and hardly right?...A NFL replacement ref.

Dear bus riders, if I'm kind enough to wait for you then you better get your butt moving. Ain't nobody got time for that.

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us your rants!

# Making it to the finish line

“East Carolina is the perfect place to dream, in my opinion.”



**J.L. Summers**  
OPINION COLUMNIST

"Baby, follow your dreams and don't you quit!" My mother said those words to me before I began my first summer session at East Carolina. ECU at that point was my fourth college, and I was burnt out on school. I had attended a prep school, a military academy and had just earned my associates degree from Pitt Community College the previous semester. Now I was at the cusp of finishing my undergraduate degree, only to find out that not all my credits had transferred and I was just a sophomore! Yet, those words are what motivated me to not give up and jump into ECU academia with the entirety of my soul. Our generation is a one of dreamers and innovators, but we rarely follow through with those dreams. So we must ask ourselves, is it because we don't know who we are, we're afraid to disappoint our families, or just simply scared of failing ourselves? When we get to college we have these preconceived notions that it is going to be class occasionally, partying regularly and meeting that special someone along the way. The crazy thing is that it is nothing like that! We go to class regularly, party occasionally and that special someone is the biggest pain in the ass sometimes. All of these things are a part of finding out whom we are, though. Before college, we have this idea of ourselves.

But entering a place of higher learning with no parents around to keep us in check can completely change that. Our friends change, what we are attracted to changes, but the one thing that does not is our dreams. That dream has been with us since middle school, and we will not settle for less. Yet, we sometimes lose sight of it while discovering new parts of ourselves in college. The dream is drowned by the tears of that painful breakup, beaten down by that bad biology test grade and deafened by the loud club music. Here is some advice: when you lose that dream, you lose a bit of yourself and you never feel right until you find it again. Therefore, forego the loud music, the dramatic relationship and focus on that dream!

If you have ever had that "you are a disappointment to the family" speech, then you can understand where I am coming from on this next point. The worst feeling is when your parents are disappointed in you and kind of give up on you. From the time we are born they are our support system, and as much as we hate to admit it, we crave their approval. Thus, we go to college and enter a major they approve of instead of the one that makes us happy. Then we try to bang out an existence in something that does not fulfill us nor make us happy. Just know it is much easier to excel at something you love than to be mediocre at something you are not passionate about. Therefore, do not be afraid to pick that major or career path that makes you happy. They are your parents, and as long as you are trying, they will love you for you.

Once the dust settles, and the shouting from your parents' quiets, the only person standing in your path to success is yourself. I must admit that our generation has mastered the art of self-loathing. We question our bodies, sexuality, music preference and even how we love one another. As a whole, we want the world to love us before we even love ourselves. Therefore, when we chase that dream we have already failed because we never believed in ourselves from the beginning. My fellow Pirates, when you believe in yourself, work hard and take the necessary steps, those dreams become reality. I want nothing more than for our generation to be the one that is the example to live by. When we were young and adults said, "Children are our future" they were talking about us. Now let us live up to that idea, and succeed for them, but even more for future generations and ourselves.

East Carolina is the perfect place to dream, in my opinion. This institution is one in which you are given numerous opportunities to excel and make dreams reality. This faculty and student body rivals that of any university in the Ivy League in my opinion. Just know that dreams do not become real until you make them real, because until then they are just fantasies and a dream. Therefore, East Carolina, dream, innovate and create and prove that dreaming has its benefits.

This writer can be contacted at [opinion@theeastcarolinian.com](mailto:opinion@theeastcarolinian.com).

## POLL RESULTS

**Should athletes be required to keep a minimum GPA?**

**Yes: 97%**

**No: 3%**

Cast your vote at [theeastcarolinian.com](http://theeastcarolinian.com).

## STAFF INFORMATION

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## Contact Info

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## HOROSCOPES

### Aries (Mar 21 -Apr 19)

You've got to find people you can get along with — though that could just mean your friends and family. It's important for everyone to be on the same page today, so communication is essential.



### Taurus (Apr 20 -May 20)

You feel a bit put out over today's weird news, but that just means that you've got to deal with your mood — not change the world! Do something relaxing or take a day off, as you deserve it.



### Gemini (May 21 -June 20)

You discover something really exciting and new today — and it may involve a shift in perspective. See if you can get your people to rally behind you as you figure out what has to come next.



### Cancer (June 21 -July 22)

You need to avoid conflict — but it may come looking for you. It's all cerebral at first, so see if you can find a way to merge your ideas with those that seem to be contradictory. That can't last long!



### Leo (July 23 -Aug 22)

You can devise great solutions to common problems today — but only if you are willing to change your behavior. It doesn't have to be totally radical, though that might actually help quite a bit.



### Virgo (Aug 23 -Sep 22)

Someone needs your honest opinion — but you still need to temper it somewhat. If you're just straight-up critical, you're unlikely to teach them, so sandwich the bad into praise for what's good.



### Libra (Sep 23 -Oct 22)

Your social intuition is helping you figure out who needs what from you today — and making it much easier to deal with their issues. It's a great time to re-balance your social world!



### Scorpio (Oct 23 -Nov 21)

Conflict is likely today, and you may need to back down if things start to get too fierce. That's not to say you lose, just that sometimes you have to choose your battleground carefully.



### Sagittarius (Nov 22 -Dec 21)

You've got to forge a real connection today — with a new romantic partner, a customer or maybe just a random stranger in a moment of shared humanity. It's sure to give you a boost that will last for quite some time!



### Capricorn (Dec 22 -Jan 19)

Your finances are much on your mind today — so do something about them! You've got the talent and the ambition to make something better for yourself, but only if you take care of money stuff first.



### Aquarius (Jan 20 -Feb 18)

Your bright ideas are catching on — you may start a few new trends before the day is over! It's easy for you to figure out what needs to happen next, but maybe not so much to explain it to the world.



### Pisces (Feb 19 -Mar 20)

Ease up on yourself — you need a break! Someone close may inspire you to relax and just enjoy what you've got, as sometimes that is the best possible course of action. Things are sure to be okay!



These horoscopes are from [www.astrology.com](http://www.astrology.com).

All images are from [MCTcampus.com](http://MCTcampus.com).

# Megan's motivation



CHELSEA CURRY | THE EAST CAROLINIAN

The story behind Megan Pawtowski's choice to become a nursing major

Rex Rose  
ASSISTANT LIFESTYLES EDITOR

Megan Pawtowski paused while she tied the shoelaces of her soccer cleats and closed her eyes. She pushed the guilt that she felt for not being at the hospital with her mom aside, as well as the thoughts of projects and assignments that she would be working on later that night.

As she took the field she looked down at the cleat she had just tied to make sure that her three ribbons were still attached.

There they were, the three cancer ribbons that represented three peoples fight with cancer. A green one for her teammate Rachel's battle with lymphoma, a pink one for her mom's breast cancer diagnosis and an orange one for Amanda's death from leukemia.

Megan Pawtowski, an 18-year-old freshman nursing major originally from Ellicott, Maryland, knows all too well about the devastating effects of cancer. Watching her friends and mother struggle with different forms of cancer throughout her life made her look to the healthcare field for a career. That career aspiration caused her to choose ECU as the route to her becoming an oncology nurse.

Her first run in with the devastating disease was in seventh grade when her friend Amanda, which she had met the year before, was diagnosed with leukemia. After numerous treatments and time out of school, Amanda returned in eighth grade with the cancer under control. Then the girls lost touch during ninth grade year, the year of Amanda's relapse, because they went to different high schools.

"Then I remember one day one of my friends texted me and was like, 'Did Amanda die,'" said Pawtowski. With extreme disbelief she said, no of course not. "Then I went on her care page and read that she had passed away, and it was rough for a while."

Cancer had taken one of her best friends. Time did not stop though, and Pawtowski eventually got over the initial loss and continued through her high school years at Glenelg High School.

During her senior year the cancer hit again. This time it took the form of breast cancer and lymphoma in her mom and teammate Rachel.

"I went to a school play and I was watching the school play and I get a text from my sister and she was like, 'You need to call mom. Something is wrong,'" said Pawtowski. "After that I was like I can't watch this play. I went outside and I called her. She was like, 'honey come home everything is ok' I was like, 'Stop lying to me I know something is wrong.' I just started crying after that, then she was like 'I've got breast cancer.'"

This phone call changed the course of the next few months for Pawtowski. She became her mom's caregiver during the three months of chemo that started in January and the radiation treatments that started around April.

Pawtowski's life became a chaotic scene of working four to five days at Walgreens, going to school, playing soccer and taking her mom to and from doctor's visits. This did not stop her from being a source of strength for her mom.

"Right after she was diagnosed and she had to shave her head I arranged a kind of a

thing at my house. A bunch of my guy friends came over, we called it the Shave fest. And they shaved their heads for her," said Pawtowski. "It was probably about 15 of my guy friends. And seven of my girlfriends died a strip of their hair pink for her. I cut nine inches of my hair off."

Also during her mom's battle with cancer her teammate Rachel had to get her tonsils taken out because of lymphoma.

While all of this set the stage for her career decision, it was her memories of her mentorship at Howard County General Hospital that helped her decide for a career in oncology nursing.

"I was working in a post-surgery unit, just so I could get a feel for basic RNs," said Pawtowski. "I didn't want to do nursing at first but through the mentorship and through all the diagnoses and all that stuff I realized I liked that the most. I don't know what else I would do now at this point."

With her mom back to her old self, and the cancer subsided, she is teaching kindergarten again. Pawtowski's need to use her experiences to help others is something that is very meaningful to her.

"It is not just about the medical and just doing your job," said Pawtowski. "It is about going beyond, you know what I mean, just connecting with your patient and developing that relationship to the point that they feel absolutely cared for. Not just that their getting treatment done, you know, but that someone actually cares for them."

This writer can be contacted at [lifestyles@theeastcarolinian.com](mailto:lifestyles@theeastcarolinian.com).

# Festive fall frozen treats

Hannah Ross  
FOOD COLUMNIST



T r a - la-la-la it's that time. It is my favorite season.

It is officially fall! Who isn't ecstatic about escaping the summer heat, snuggling up with a great book and sipping on a steamy cup of cocoa?

Well, welcome to fall. The best season of the year! It is the time when scarves are wrapped tightly around the necks of their wearers, and football fans flood stadiums to cheer on the home team. This is the time when we use vegetables to decorate our tables and front stoops (have you ever thought about how weird that is)? Not to mention the beautiful leaves that go from green to yellow to red to dropping from the limbs, creating these mountainous piles that seem to attract school children like flies to a lamp.

This season truly is my favorite! As I gleefully skip into this next season kissing the hot summer months goodbye, the only thing I am going to miss is my favorite guilty pleasure: frozen yogurt. Could it be any better, soft, creamy and not quite as bad for you as ice cream... seriously!?! So in order to bring together my favorite fall and frozen yogurt, I have created a



TORRE GRILLS | THE EAST CAROLINIAN

To help bring in the new season, Hannah Ross' play-on an ice cream favorite will do the trick.

delicious frozen yogurt treat. Prepare yourself for a sugar explosion in the form of a, wait for it... Frozen Yogurt Pumpkin Spice Ice Cream Sandwich. Seriously. This is happening. I hope you will enjoy it friends!

### Ingredients:

1 cup of Pure Pumpkin (Do not use the can of Pumpkin Pie Filling)  
1 cup of granulated sugar  
1 cup of strained vanilla yogurt (you can use Greek yogurt, but it definitely adds a little zingy bite!)  
1 teaspoon of Pumpkin Pie Spice  
½ teaspoon of Cinnamon  
Optional: 1 cup of Chocolate Chips (they do increase the richness value, but I think in a good way!)

Sugar Cookies (you could also use chocolate chip cookies, but I suggest you use them either in the cookie part or yogurt part.)

### Process:

In a large mixing bowl, combine one cup of pure pumpkin, one cup of yogurt, one cup of sugar, cinnamon and pumpkin pie spice and optional chocolate chips in a large mixing bowl. Fully combine mixture and then place in freezer. Mixture will take four-six hours to consolidate. Stir every 30-45 minutes to keep from unevenly freezing.

# Pirate Jargon

C J R T F J D D O W J R S L I  
 X O U D O W D Y E O E E I W A  
 C L E M E N T C I T N H V A Z  
 J N D X S R C T S L K C R R H  
 O U O J N T X W F H I T A F L  
 N N T T W A E T Z U N E J T S  
 E T A H T R G A Y T S L T E S  
 S G I N B O Q I D L K F G A P  
 S T D L O G C D N D E N B U B  
 E M X B W K E C M N I R R W C  
 L L A H N E D N E M A P Q B S  
 C H A L U P O C K V L L R H M  
 O O F C Y C A V M E P K F G U  
 K F J B W G J C R M F O L K E M  
 P K V M W Y L J E H V J E N M

### Word Bank:

- |           |            |
|-----------|------------|
| Bate      | Jenkins    |
| Brewster  | Jones      |
| Clement   | Mendenhall |
| Copula    | Minges     |
| Cotton    | Purple     |
| Dowdy     | Rawl       |
| Flannigan | Tyler      |
| Fletcher  | Umstead    |
| Gold      | White      |
| Jarvis    |            |

# PUMPKIN

 continued from A5

When mixture is frozen (or solid enough to stay together) use a spoon and spread a heaping portion on a cookie.

When portion is applied, place another cookie on and slightly mash down to create a "sandwich."

Repeat steps until cookies or pumpkin yogurt filling runs out.

Place cookies back in freezer until cookie and filling are frozen.

When whole cookie/filling combination is frozen, serve them up to you and your friends!

Yeah. That's right. This recipe is truly that easy and delicious! So friends, let's bring together our favorites and create some autumn magic! Happy fall!

This writer can be contacted at [lifestyles@theeastcarolinian.com](mailto:lifestyles@theeastcarolinian.com).

## Opinion is looking for a cartoonist!

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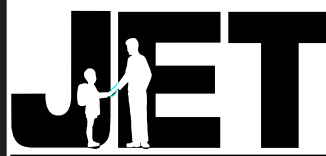
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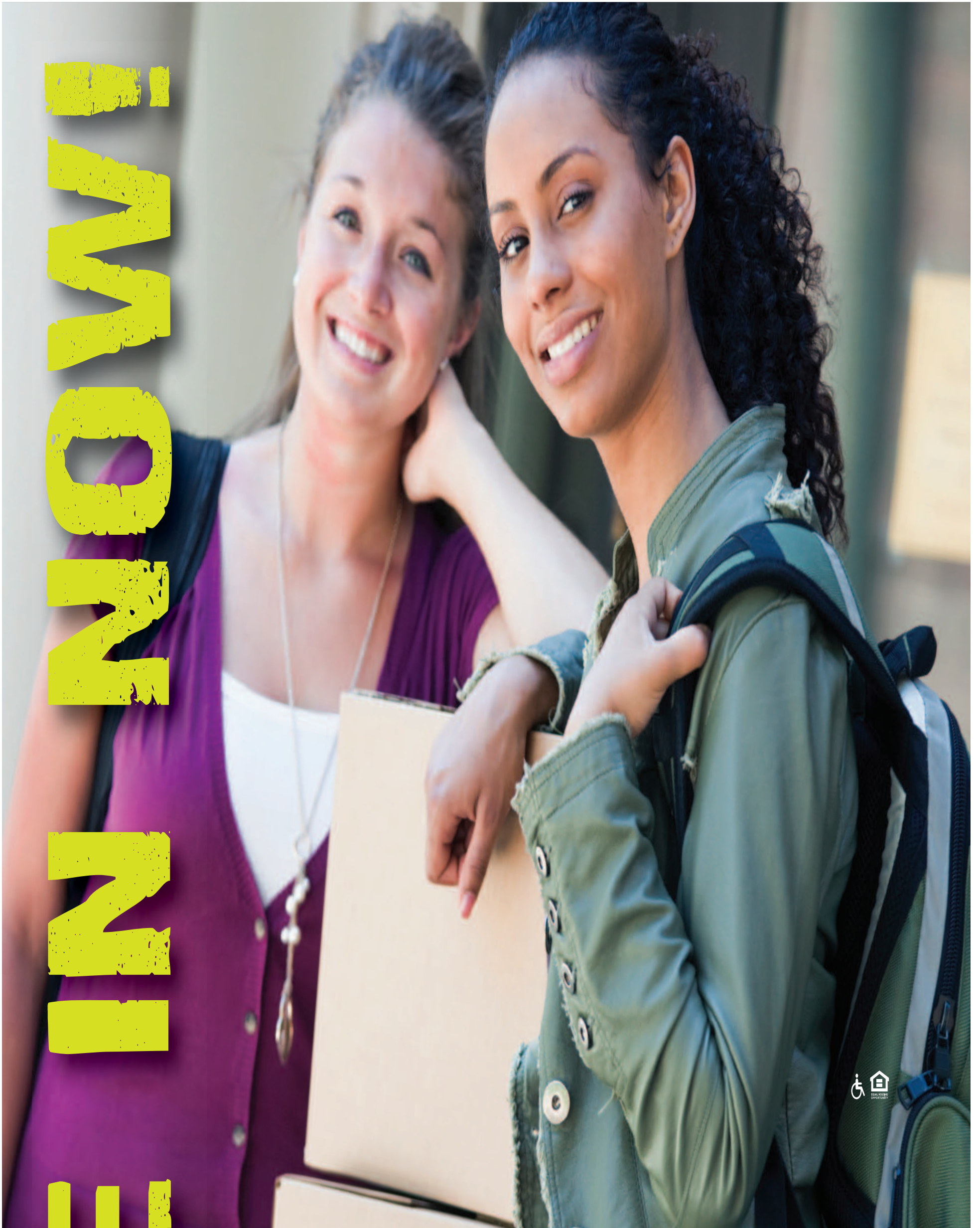
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## Ladies Golfer accepts invitation

### Staff Reports

Nicoline Engstroem Skaug, a true freshman from Norway, has been selected to compete in the 2012 Women's World Amateur Team Championships. Skaug will compete from Thursday, Sept. 27 through Sunday, Sept. 30 in Antalya, Turkey. She will miss the next event on the Lady Pirates schedule. "Although we will miss her in our upcoming event," said head coach Kevin Williams. "This is an extremely high honor and we are proud to have a Pirate competing in this championship."

Skaug competed in her first collegiate event and she shot a five over par, which tied for 18th overall and helped lead the Pirates to a 4th place finish in the Dale McNamara Invitational. The Pirates (11-3) will compete in the UNC-Greensboro Starmount Fall Classic, without Skaug, and the Pirates have won three of the last five titles for this tournament.

## Baseball Recruiting Ranked Nationally

### Staff Reports

ECU's 2012 recruiting class has been nationally ranked 33rd. Billy Godwin and the Pirates have six pitchers, three outfielders, two infielders and two catchers coming in this season. The Pirates are second overall in Conference USA right behind Rice who is 27th in the rankings. ECU has 21 returning letter winners from last season's regional squad. The Pirates have made a NCAA Regional in 12 of the last 14 seasons.

## Women's Basketball to host Clinic

### Staff Reports

Heather Macy and the ECU Women's Basketball team will host the Third Annual Coaches Clinic. The Clinic is set for October 20th in Minges Coliseum and will run from 9 a.m. to 1:30 p.m. Coach Heather Macy is a well known speaker at clinics around the nation including the prestigious Nike Championship Coaching Clinic, along with other Nike events in Myrtle Beach, S.C., Cleveland and Wisconsin Dells, Wis. The Pirates (12-19) look to start better than last season and they will make the trip to William and Mary on November 9, at 5 p.m. in Williamsburg, VA.

# Digging up dirt on the Miners



Prepare to see more of Vintavious Cooper (21), who leads ECU in rushing.

**Ronnie Moore**  
ASSISTANT SPORTS EDITOR

Revenge is on the minds of the Pirates as they look to avenge last season's loss to the UTEP Miners this Saturday in Greenville. The loss last year cost ECU a valuable win, when they only needed one more to get to a bowl game. They haven't forgotten.

UTEP has had a brutal non-conference schedule with losses to three quality football programs. Thus, the Miners are a hard team to judge.

With their opening day battle against the then No.4 ranked Oklahoma Sooners, UTEP looked strong. The 24-7 loss didn't do the game justice, as the score was 10-7 in the fourth quarter. The Miners' special teams stood out, but not in a good way. With three missed field goals, UTEP left plenty of points on the field. A fake punt in the fourth quarter also turned out faulty for the Miners.

With two other losses against Mississippi (3-1) and Wisconsin (3-1), the Miners are still intriguing as they were competitive in both games.

The statistics for UTEP show they are fonder of the pass than the run. Even still, the Miners are averaging just around 222 yards per game. The rushing game is a committee effort. Nathan Jeffery, the team's leading rusher, totaled 177 of his 186 total yards in the opening game against Oklahoma. Since then, he has gained just nine yards in three games. UTEP has five players with double digit carries.

The Pirates showed a stronger running attack against UNC-Chapel Hill. With Vintavious Cooper leading the way for the Pirates, they were able to sustain the run game throughout. Cooper has led the team in rushing the last three games and even without starting, has seen the most touches of all the backs.

The ECU passing game is in dire need of a pick-me-up. That's all that Shane Carden was doing Saturday, picking himself up off the ground. The offensive line, which performed well in the first three games, let the Tar Heels flood the backfield for a season high seven sacks.

"Shane will readily admit at times that he needs to just get rid of the football," said Ruffin McNeill. "Part of that might also be on me telling him to take care of the football and not letting players just be players."

Since arriving at ECU as the offensive coordinator, Lincoln Riley has had mixed success improving the offense. The air-raid offense of yesteryear has turned into a dink and dunk offense where big plays are disappearing at a rapid rate.

The long touchdown passes to Justin Hardy this season have resulted because of broken plays, not planned routes. These short passes may be to cover up any weakness of the offensive line, but with all of the talent at wide receiver, the passing game should shine.

For the offense, the key to this game has to be Justin Hardy. Carden

> MINERS page A9

## Big win leads to high expectations

**Patrick Meine**  
SPORTS WRITER

The ECU cross-country team will head into the Charlotte Cross Country Invitational with high expectations and a lot of momentum after a dominant performance in the Pirate Invitational.

The Charlotte Cross Country Invitational is a meet hosted by the UNC-Charlotte 49ers. The event will be one of the largest in the southeast for the entire season, with over 30 teams participating. Many of the top 20 teams in the nation will be there.

For the athletes, it will be an opportunity to compete at a high level of competition.

"[This is] a chance to do a really big meet and get some real competition," said Bjork Olsen. For the men's team, it will be their first opportunity to run an eight kilometer race in competition and the women will be running a six kilometer race for the first time this season.

This will be the fifth annual Charlotte invitational and will be held at McAlpine Creek Park. The races will begin at 3 p.m. on Sep. 28.

The Pirates will be riding high into the upcoming event in Char-

lotte after a dominating performance in their only home meet of the season. The Pirates won both the men's and women's races, taking first through sixth places in the men's and eight of the top 10 in the women's.

Senior Antonio Palmer won the men's event with a time of 15:40 and Olsen won the women's event with a time of 17:44.

"My favorite thing about this meet is that we get to have friends and family from the area come down," said Assistant Coach Dan Lee. Friends and family of ECU were out in full force and the home advantage proved to be a big boost.

Though a one-sided victory for the Pirates, ECU fought hard for every spot. Freshman Dylan Traywick used a strong finishing kick to catch and hold on to the 10th spot, securing himself a medal position.

ECU would not be able to hold such an event if it weren't for the generosity of Greenville native, Parker Overton. He is the founder of local water sports dealer, Overton's. The Pirate Invitational has been held at his property in Grimesland since 1991.

Athletes and coaches alike are very impressed with the property, as visiting coaches often compliment

Coach Lee on how impressed they are with the location. Overton has been involved with many other areas of the school and said, as to why he is supportive of ECU, "you have to give to get."

The highlight of the meet was when, after the races had been completed, the women's track team was presented with their Conference USA indoor championship rings. The presentation was held on the patio outside of Overton's home. Overton was a gracious host, inviting friends and family of the athletes.

During the presentation, Head Coach Curt Kraft spoke about the importance of teamwork in the sport.

"It's not a men's track team. It's not a women's track team. It's East Carolina's track and field team," said Kraft.

With such a dominate home performance and the championship ring presentation, ECU is off to a solid start with much to look forward to in both cross country and track and field.

This writer can be contacted at sports@theeastcarolinian.com.

## Men's golf takes ninth at VCU

**Cameron Stephenson**  
STAFF WRITER

The ECU Golf team traveled to Manakin-Sabot, Virginia to participate in the VCU Shootout. Competing against the Pirates in this tournament were VCU, James Madison, Virginia Tech, Iowa State, Long Beach State and Maryland.

The tournament began with two rounds of play on Sept. 24 and all the participating teams trying to gain an early lead on the others. Wichita State jumped out early, gaining and holding onto a four-over (580) lead at the conclusion of day one. Following behind them at the conclusion of day one were Virginia Tech., Iowa State, Long Beach State and Maryland.

The Pirates carded a 33-over (609) after a first round score of 303 and a second round of 306. Junior Ryan Eibner posted the lowest mark of the day for the Pirates at six-over (150). Eibner fired a 75 in each of the first two rounds held on Monday, which left him tied for 24th, nine strokes behind Maryland's Sean Bosdosh for the lead.

ECU's Eric Brady concluded day one of the VCU Shootout one stroke behind his teammate Eibner, at a seven-over 151 (75-76), which earned his day one position at 27th. ECU senior Zach Edmonson left day one with a score of eight-over 152 (75-76), which left him tied for 31st place.

For redshirt freshman Al Dickens, this tournament was a collegiate debut, he finished with a score of 21-over 165 (82-83), which left him tied in 66th place. Senior Matt Kocolowski played in the VCU Shootout as an individual, instead of submitting his scores with the team, and left day one with a score of 12-over 156 (75-81). Overall, the ECU Men's Golf team left day one of the tournament tied for 9th place.

On the final day of the VCU Shootout, the ECU men's Golf team fired an 11-over 299 to earn its final position of seventh place. The Pirates finished with a 54-hole total of 44-over 908 (303-306-299), which left them 30 strokes behind the tournament champion Virginia

> GOLF page A9



After a successful Pirate Invitational, ECU's cross country team heads to Charlotte to compete against over 30 teams.

## EDITOR'S NOTE – READER'S REBUTTALS

Here at The East Carolinian, we value our reader's opinion and support. Throughout my three years working for the paper, I have noticed that opinion articles seem to be the most controversial topics in all of Pirate Nation. They are meant to be unbiased and formulated by facts. If you feel an opinion isn't telling the whole truth, we encourage you to respond with points of your own, backed up by facts. Send your responses to sports@theeastcarolinian.com and they will be published periodically in our all-new segment: Reader's Rebuttals!

## CALENDAR

"For us to be the team that we can be, the players need to feed off each other," said Coach Ruffin McNeill about the needed teamwork against UTEP.

Friday 9/28/12	Cont. Friday	Saturday 9/29/12	Sunday 9/30/12	Monday 10/1/12	Cont. Monday	Tuesday 10/2/12	Cont. Tuesday
Home- Swimming & Diving Purple-Gold 3 p.m.	Away- Cross Country Charlotte Invitational 3 p.m.	Home-Football UTEP 7 p.m.	Home-Women's Volleyball UCF 1 p.m.	Away Men's Tennis All-American Qualifying All Day Away-Women's Golf Greensboro All Day	Away-Men's Golf Rees Jones Collegiate All Day	Away-Men's Tennis All-American Qualifying All Day Away-Women's Golf Greensboro All Day	Away-Men's Golf Rees Jones Collegiate All Day

**GOLF** continued from A8

Tech, who finished at 14-over. Edmonson began round three of the tournament with four straight pars before recording one of three third round birdies. Edmonson bogeyed the final hole of the back-nine, before recording eight consecutive pars and concluding his performance in the VCU Shootout with a tournament-best 42 pars.

Brady (75-76-76) and Eibner (75-77-77) both tied for 27th in round three with scores of 11-over 227. Brady carded a four-over 76, while teammate Eibner would shoot five-over 77. The two juniors would be followed

10 strokes behind by their freshman teammate Stephen Lavenets, who tied for 52nd at 21-over 237 (78-78-81). Kocolowski, the team's individual player, finished the tournament tied for 54th at 22-over 238 (75-81-82), while Dickens would finish his first collegiate tournament tied for 61st at 25-over (82-83-76).

The tournament individual title would be captured by Maryland's Bosdosh, who finished at four-over 212 (70-71-71), with Iowa State's Scott Fernandez (72-70-72) and Long Beach State's Raymond Ho (71-71-72) tied in second with scores of two-over 214.

So far, the ECU Men's Golf team has finished seventh in both of this year's tournaments; seventh of 15 in the Tar Heel Intercollegiate Tournament and this seventh place finish in the VCU Shootout.

The Pirates will return to action next week, Oct. 1-2, in the Rees Jones Collegiate Tournament hosted by the University of South Carolina at Haig Point Club in Daufuskie Island, S.C.

This writer can be contacted at sports@theeastcarolinian.com.



CONTRIBUTED

ECU's Ryan Eibner recorded a +3 (75) on both days of the VCU Shootout to lead the Pirates.

**MINERS** continued from A8

may not have a lot of time to throw, so he has to be looking for a certain route in the pre-snap read. Hardy has proved his consistent ability dating back to last season.

The Pirates will also need to build off of last weeks rushing success. ECU needs to not give up on the running game and stay balanced on offense. A good running game will increase the passing efficiency and will pay off for the play action and the deep pass for the Pirates.

Even with the improved defense, the Pirates find themselves in tough situations because of the fall off on the offensive side of the ball. The secondary has struggled due to injuries and lack of game experience. Three of four opposing quarterbacks have thrown for 300 yards or more against ECU. The Pirates are getting outgained on offense by more than 115 yards per game.

The Pirate defense has held strong for the majority of the games, but even the best defense has to bend at some point. The key for the game against the Miners will be to have a great pass rush

and linebacker play. The front seven for the Pirates is a stellar part of the team. The key to covering up a bad secondary is a hefty dose of pressure on the quarterback.

With only three career matchups, this series between the Pirates and the Miners is fairly new. The Miners handed ECU a backbreaking loss last season as the favored Pirates lost in El Paso, 22-17. The Pirates haven't lost back-to-back games this season,

so it's about time for a Pirate victory.

ECU is bound for a breakout game offensively and this week needs to be it. With this win, the Pirates would be halfway to bowl eligibility and would have mounting momentum as they head into the heart of conference play.

My prediction: Pirates win, 38-17.

This writer can be contacted at sports@theeastcarolinian.com.

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**"Secrets in the Sands: Revelations Into How We Became Human"**  
*The Premier Lecture*

Leakey is a paleontologist, conservationist, and explorer-in-residence at National Geographic.

**Tuesday, October 2,  
 7:00 p.m., Wright Auditorium**

One complimentary ticket is available to ECU students, faculty, and staff with an ECU ID. Tickets are \$10 for the general public and are available through the Central Ticket Office by calling 252-328-4788 or 1-800-ECU-ARTS. For more information, contact Dr. John Tucker at 252-328-1028 or tuckerjo@ecu.edu, or visit www.ecu.edu/voyages.

Individuals requesting accommodation under the Americans with Disabilities Act (ADA) should call 252-737-1016 (voice/TTY) at least 48 hours prior to the event.

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2BR/2BA duplex available just blocks from campus! This duplex features attached storage, cathedral ceilings, a fenced yard and much more. Ask how you can save 1/2 off your security deposit and pay just \$100 for your first months rent. Contact Eastern Property Management at 252-321-3281 (Ext 2) for more information.

2 loft apartments available above Catalog Connection (downtown). 2BR/1BA for \$650/month. Larger 2BR/1BA for \$800/month. Tenant must pay electric but water, sewer, and trash are included. Washer/dryer on site. Email pir8s4me@gmail.com to arrange a showing.

## FOR LEASE

Over 200 convenient, affordable parking spaces for lease across the street from campus with monthly, semester, or yearly rates. Go to [www.lindysparking.com](http://www.lindysparking.com) or call 252-916-9276 for more information.

Campus Towers leased parking spots available. Beside ECU at 8<sup>th</sup> St. and Cotanche St. \$300/year. 252-752-2865

## HELP WANTED

Habilitation and Developmental Therapy Technicians needed in Greenville and surrounding areas to care for Intellectually/Developmentally Disabled individuals. Good pay and flexible hours available. Please apply online ([www.pinnhomecare.com](http://www.pinnhomecare.com)) or in person at Pinnacle Home Care (903 E. Arlington Blvd). Phone: 252-355-4703

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Part-time technician position available at Pestech of Greenville. Construction Management students. Flexible hours. Please apply in person at 597 Alma Drive in Winterville. Phone: 252-353-4760

Dishwasher needed ASAP. Need a neat and clean individual who loves to wash dishes, pots, and pans! Great place to work w/flexible hours available. Email your daily availability and hours to [ginger@villagepointmarket.com](mailto:ginger@villagepointmarket.com) or email application that can be found on the following website: [www.villagepointmarket.com](http://www.villagepointmarket.com). 252-321-3663

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## ANNOUNCEMENTS

The Human Performance Lab is recruiting overweight men and women (on oral contraceptives) for a study involving treadmill walking 3 days/week for 8 weeks. Current non-smokers, non-exercisers needed. Compensation: \$200. If interested, please email [lafavorj08@students.ecu.edu](mailto:lafavorj08@students.ecu.edu)

Come donate blood during the Multicultural Greek Council sponsored blood-drive on Tuesday, October 2<sup>nd</sup> from 11am-4pm at College Hill Suites.

**We want to hear from you!**

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Submit your thoughts, concerns and questions to...

*managingeditor@theeastcarolinian.com*

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