

OPINION: Pee Dee needs a little pirate action himself...let's get him a girlfriend! A7

FEATURES: One student shares her experience after participating in the foreign exchange program. Find out more in Lifestyles. A8

SPORTS: There is a healthy competition brewing for ECU's starting quarterback spot, turn to sports to find out what each quarterback candidate brings to the table. A11

BRIEFS

NC coast keeps a wary eye on Hurricane Earl

Associated Press

Town officials, emergency planners and hardware stores along North Carolina's coast planned Monday for Hurricane Earl in hopes that the storm will deliver no more than a glancing blow as it travels north.

Most of the preparations are in the preliminary stages: generators are being tested, gas tanks are being topped off and weather forecasts are being pored over for any indication that Earl, which reached Category 4 strength on Monday, will come any closer than several hundred miles off the state's coast.

"Nothing we've seen yet is showing it will make landfall, so we're preparing for rain and heavy surf right now," said Chris Layton, town manager of Duck.

The Outer Banks, the fragile chain of barrier islands where Duck is located, is expected to get the brunt of any weather and ocean conditions churned up by Earl, ranging from rip currents to heavy rain.

In Duck and Nags Head, town officials were out videotaping their beaches Monday in case the storm causes significant erosion. Having before-and-after records of what beaches look like helps with storm recovery, especially if disaster relief funding is available.

In Nags Head, officials were also making sure the gas tanks of storm trucks, which rescue people in the event of flooding and help emergency crews get around in the aftermath of a storm, are full and that generators that can power town offices are in working order.

"It's way too early to take in lifeguard stands and things like that, but obviously we're watching the storm," Nags Head spokeswoman Roberta Thuman said.

That wait-and-see approach also prevailed among customers at the six Ace Hardware stores in the Outer Banks, according to operations manager Kathy Seko, who was at the Manteo store on Monday.

"So far, it's mostly been people making inquiries about what we have and what they might need if it gets worse," Seko said.

Along with the standard supplies — tarp, duct tape, batteries, screws and drills for plywood — Seko said she is reminding customers not to forget items like manual can openers and even art supplies.

"Waiting for a storm can seem like forever, especially if the power's out," she said. "You need to pass the time somehow."

The U.S. National Hurricane Center in Miami said Earl, which formed Sunday, has sustained winds of 135 mph (215 kph), and will likely gain strength. One potential track has the storm moving roughly parallel to the East Coast, possibly brushing North Carolina Thursday or Friday.

Officials at Cape Lookout National Seashore are taking no chances, ordering an evacuation of visitors on the islands, and closing the park starting Wednesday.

The seashore, 56 miles of undeveloped beach stretching over four barrier islands about three miles off the coast of North Carolina, is accessible only by boat.

Farther north, Cape Hatteras

> EARL page A3

WEB POLL

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The East Carolinian

Tuesday, 8.31.10

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Overcrowding on buses leaves students stranded



A student boards the Minges bus and searches for seating. Some students say overcrowding is an issue on ECU buses.

Jennifer Soares
FOR THE EAST CAROLINIAN

The start of the school year has buses operating at full capacity with some students getting left behind. Buses from popular apartment complexes like North Campus Crossing, The Bellamy and Copper Beech are experiencing higher-than-usual usage by students this year.

"It is always a hassle to get on the bus," said senior Justin Wall. "Even if you get there early, you still have to make sure you're at the front of that line or you won't make it on."

The ECU Student Transit Authority (ECUSTA) sent out a mass e-mail to everyone explaining that higher volumes of students are being seen right before and after class. They also said that students should try to catch the bus about an hour before classes to ensure they make it to campus on time.

More students are riding the bus because of the convenience of not having to drive to campus and pay a \$97 fee for a C-zone parking pass.

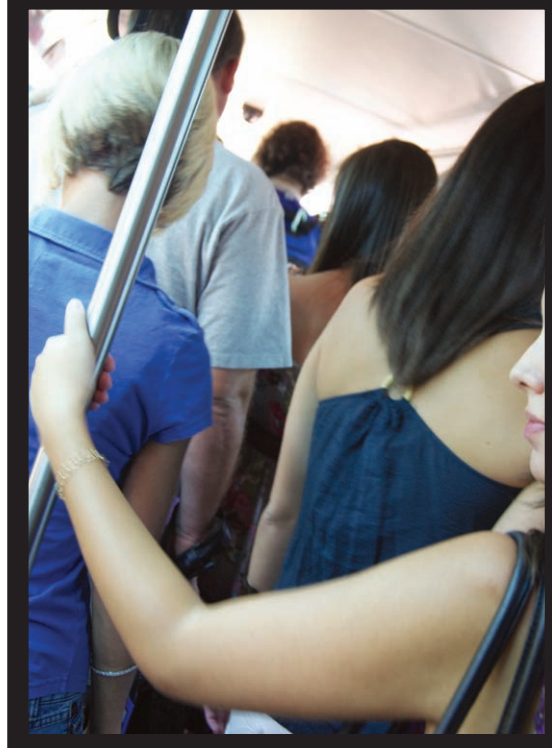
Senior Sierra Perry is against parking on campus. "I think the parking pass is overpriced to park at Minges when I still have to take a bus to campus that might still be too full to fit everyone," she said.

However, the Minges bus, which operates on a 3-5 minute schedule at all stops, makes it a little easier for students who miss a previous departure to catch another bus. This route also experiences overcrowding during peak class times throughout the day.

Director of Transit Wood Davidson said, "The packed buses are not significantly different than they have been in previous years. We are trying to be proactive about letting students know they should get to the buses early."

The bus schedule is not any different this semester than previous semesters, and there are still the

> BUSES page A4



Students squeeze into buses in order to get to class on time.

LESLIE BAKER | THE EAST CAROLINIAN

Davidson College president named to run UNC system

Associated Press

The University of North Carolina's hiring Thursday of Davidson College President Tom Ross as the system's next leader brings in a public servant with a perfect set of credentials to lead during tough fiscal times, enrollment growth and technological advances, school officials said.

Even better, they said, Ross is a lifetime resident of North Carolina.

"He doesn't need a lot of advice. Tom knows the state. He knows our people. He knows our needs," outgoing UNC system President Erskine Bowles said after the Board of Governors unanimously chose Ross to succeed him starting Jan. 1. "He will make an enormously positive influence."

Ross, the Davidson president since 2007, was the lone recommendation from the board's search committee, which initially presented its findings to the full board in a closed meeting before the public vote. The nationwide search attracted around 60 applicants, and nine were interviewed, board chairwoman Hannah Gage said.

But Ross rose to the top, she said.

"There was no one single quality of characteristic that outshone the others," Gage said. "It was the entire authentic package that resonated deeply and drew us to our conclusion."

Ross' resume marks him with a long career in state government and nonprofits that ultimately took him Davidson, his alma mater, three years ago. The former Superior Court judge and director of the state courts system told the board it will be difficult to leave the prestigious liberal arts school north of Charlotte that he and his two children also attended.

"It is the place that nurtured me and helped me grow as a student and again as its president. It has been an emotional struggle for me to come to my decision," Ross said in accepting the job as the fifth system president since a unified governing board for all public universities was created in 1971. "But I do so feeling called to this position and to this university."

Ross, a Greensboro native, has experience in the UNC system. He went to the law school in Chapel Hill and has been on several UNC

boards.

Davidson, a school of 1,800 students, is dramatically different compared to the UNC system's 17 schools and more than 225,000 students — with an additional 50,000 projected in the next seven years. Ross said many challenges with his new job are similar to those at Davidson.

"You're dealing with personnel problems, you're dealing with budget problems, you're dealing with technology issues," Ross said. "I suspect that in some ways, there won't be a huge difference. It is just a larger, more complex organization."

Ross said he's still putting together his goals for the UNC system during his tenure and will listen to faculty and staff while forming those initiatives. But he said he's committed to keeping tuition affordable while making sure those fees are used wisely to benefit students and the state. New ways of partnering with community colleges and using technology more effectively can help. David-

> DAVIDSON page A4

Army ROTC recognizes outstanding performance

Aaron Gold
FOR THE EAST CAROLINIAN

On Aug. 25, the Army ROTC Department held its annual award ceremony where they recognized cadets for their outstanding achievements from last year and the summer. The main purpose of the ceremony was to recognize the senior cadets or MS-4s on their outstanding accomplishments at the Leadership Development and Assessment Course (LDAC) this summer.

LDAC is located at Fort Lewis, Wash. It is attended by rising senior cadets for a month during the summer before their senior year.

LDAC assesses cadets on everything from their last three years as an Army ROTC cadet, including land navigation, squad tactics, first aid and physical fitness. Cadets also take a water confidence course. However, the main purpose of LDAC is to assess cadets on the various leadership positions.

This summer, the senior cadets represented ECU with a perfect passing rate at LDAC with all 25 graduating; another

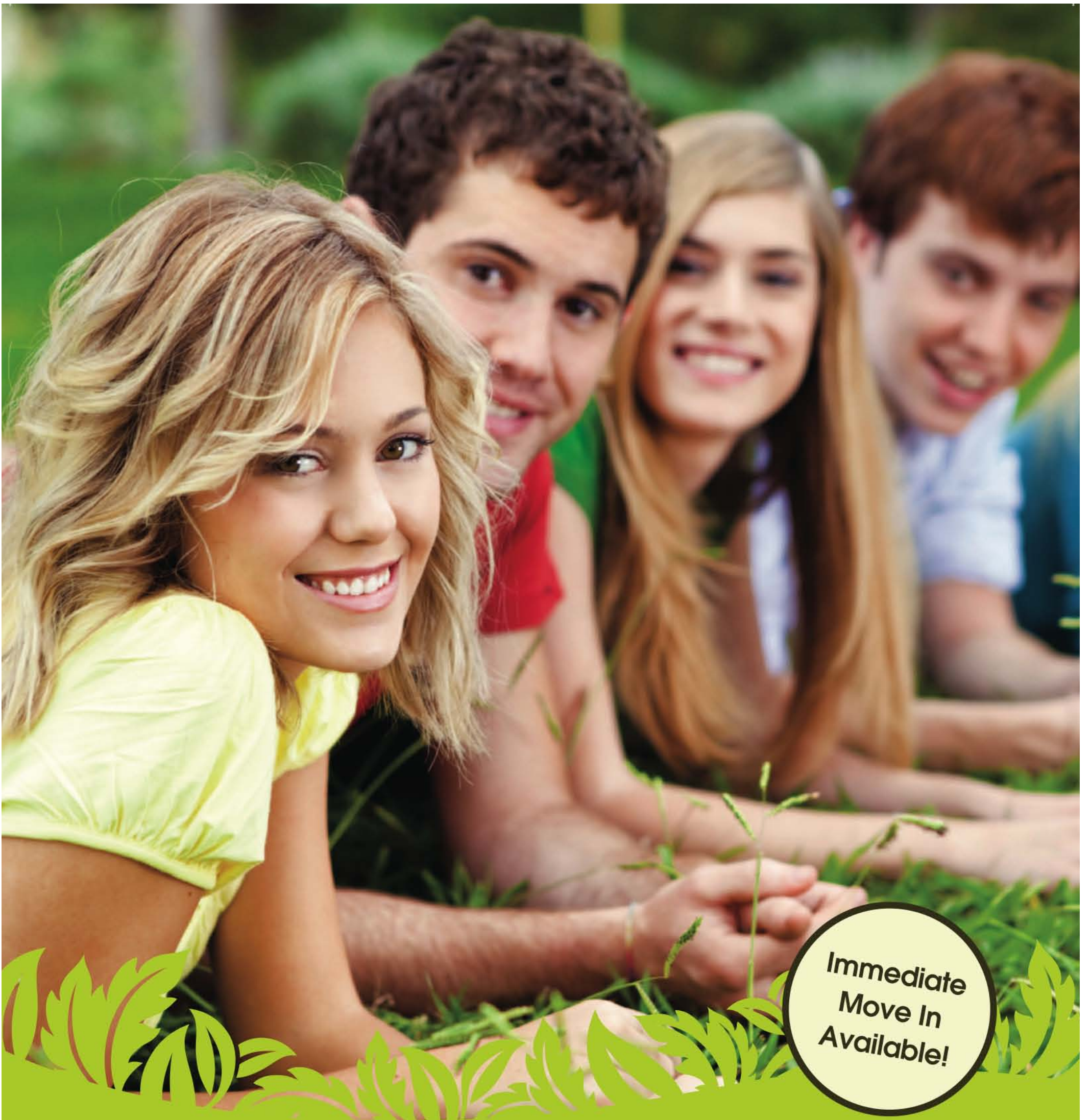
outstanding achievement for the Pirate Battalion. In addition, Cadet Lieutenant Colonel Patricia Marreo, the current Cadet Battalion Commander, graduated first in her regiment, an impressive feat and honor for the program.

Another category the Pirate cadets excelled in was Overall E. Overall E means the cadets obtained an excellent score on nine out of 18 leadership dimensions and two scores of excellent on evaluations, thus earning a score of excellent for LDAC. Those cadets were Cadets Jack Abate, Sarah Hartzel, Patricia Marerro, Jeremy Miller, Lucas Weeks and Jeffrey McGowan.

There were many awards given out at the ceremony. Cadets were also recognized for excelling in the classroom, as well as for their physical fitness standards.

They also received recognition for completing Air Assault and Airborne school, Cadet Field Training, the Leader's Training Course, Cultural Understanding and Proficiency and Basic

> ROTC page A4



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CALENDAR EVENTS

Tuesday, August 31

Get a Clue Involvement Fair
2:30 to 4:30 p.m. on the Campus Mall

The Get a Clue Involvement Fair offers opportunities to get involved on campus and in the community with more than 100 student organizations, university departments, community businesses and local nonprofit organizations.

Last day for schedule changes at 5 p.m. (add only)

The first Intramural Sports Captains' meeting

(flag football, co-rec softball, volleyball and wiffleball) of the year will be at 6:30 p.m. in Mendenhall Hendrix Theatre. To get additional information visit www.ecu.edu/cs-studentaffairs/crw

Wednesday, September 1

Opening of Joyner Library's Collaborative Learning Center
3 to 5 p.m. in Joyner Library on the first floor

Tour the new Collaborative Learning Center, Technology/Presentation room and enjoy refreshments and a T-shirt swap.

Magnolia Belles Open Rehearsal/Recruitment Event
5 p.m. at the Taylor-Slaughter Alumni Center

The Magnolia Belles are a student-run a cappella group sponsored by the East Carolina Alumni Association. Go to www.piratealumni.com/magnoliabelles for more information.

'How to Train Your Dragon'
9:30 p.m. in Hendrix Theatre, Mendenhall

Uptown Umbrella Market
5 to 8 p.m. at Five Points Plaza.

Enjoy fresh produce, meats, homemade items, antiques, unique hand-crafted artwork, live music and more.

Thursday, September 2

Renewable Energy in Tourism Webinar
10:30 to 11:30 a.m. online

The Center for Sustainable Tourism will present the third webinar in its Renewable Energy in Tourism series. The free webinar, "Energy Measurement: The Key to Energy Success," focuses on energy measurement and benchmarking for the tourism industry. To register for the webinar, go to <https://www1.gotomeeting.com/register/428016920>.

Student Legal Services' Cell Phone Drive
10:30 a.m. to 1 p.m. in Wright Plaza

Donate old and unused cell phones to benefit the Family Violence Center of Pitt County. Donations are tax-deductible.

Connect at the Cupola
3:30 p.m. to 5 p.m. at the ECU Cupola

Meet with faculty, academic resources and your major's advisers to get the scoop on academic success while enjoying an ice cream sundae bar. In case of rain, the event will be held in Mendenhall Student Center.

'How to Train Your Dragon'
7 p.m. and 9:30 p.m. in Hendrix Theatre, Mendenhall

School of Music Keyboard Dept. Recital
7:30 to 9 p.m. in A.J. Fletcher Recital Hall

Wright Place Grand Opening Celebration
2 to 3 p.m. for a ribbon cutting ceremony but event lasts all day.

Friday, September 3

Fourth Annual Fast-A-Thon
7 to 10 p.m. in the Mendenhall Student Center Great Rooms

Experience hunger around the world and later enjoy free food, a raffle and many prizes.

'How to Train Your Dragon'
7 p.m. and 9:30 p.m. in Hendrix Theatre, Mendenhall

Prefontaine performance
10 p.m. at the Topsy Teapot
Tickets are \$5

Herbal Basics: Aromatherapy
6 p.m. at The Sojourner, 414 Evans St.
Learn about the art of aromatherapy and how to mix and use various essential plant oils for psychological and medicinal benefits.

Saturday, September 4

'How to Train Your Dragon'
7 p.m. and 9:30 p.m. in Hendrix Theatre, Mendenhall

Bubonik Funk and Estee Gabay performance
9 p.m. at the Topsy Teapot

Sunday, September 5

ECU Pirates vs. Tulsa Golden Hurricane Football
2 p.m. at Dowdy-Ficklen Stadium

Monday, September 6

Labor Day Holiday
ECU will observe the Labor Day holiday. No classes will be held and offices will be closed.

ECU Women's Soccer vs Niagara at 12 p.m.

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Samantha Hughes at
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EARL

continued from A1

National Seashore officials are still watching the hurricane's path before making any decisions, spokeswoman Cyndy Holda said.

If the current forecast proves true, Earl will brush North Carolina at the start of a holiday weekend, complicating plans for one last summer fling.

"We're not planning on an evacuation, but the red flags will probably be on the beach, meaning people have to stay out of the ocean," said Currituck County Emergency Management Director Mary Beth News.

There aren't many signs yet that Earl is causing people to cancel plans, though, according to Greg Hamby, co-owner of the Cypress Moon Inn bed and breakfast in Kitty Hawk.

"Nobody's called us to say they're scared of it," he said. "By the weekend this thing should be gone."

Hamby, who also surfs, said there's even a potential perk in the big waves predicted by the forecasters.

"All the surfers are jazzed," he said.

Get a Clue Involvement Fair

2:30 to 4:30 p.m. on the Campus Mall

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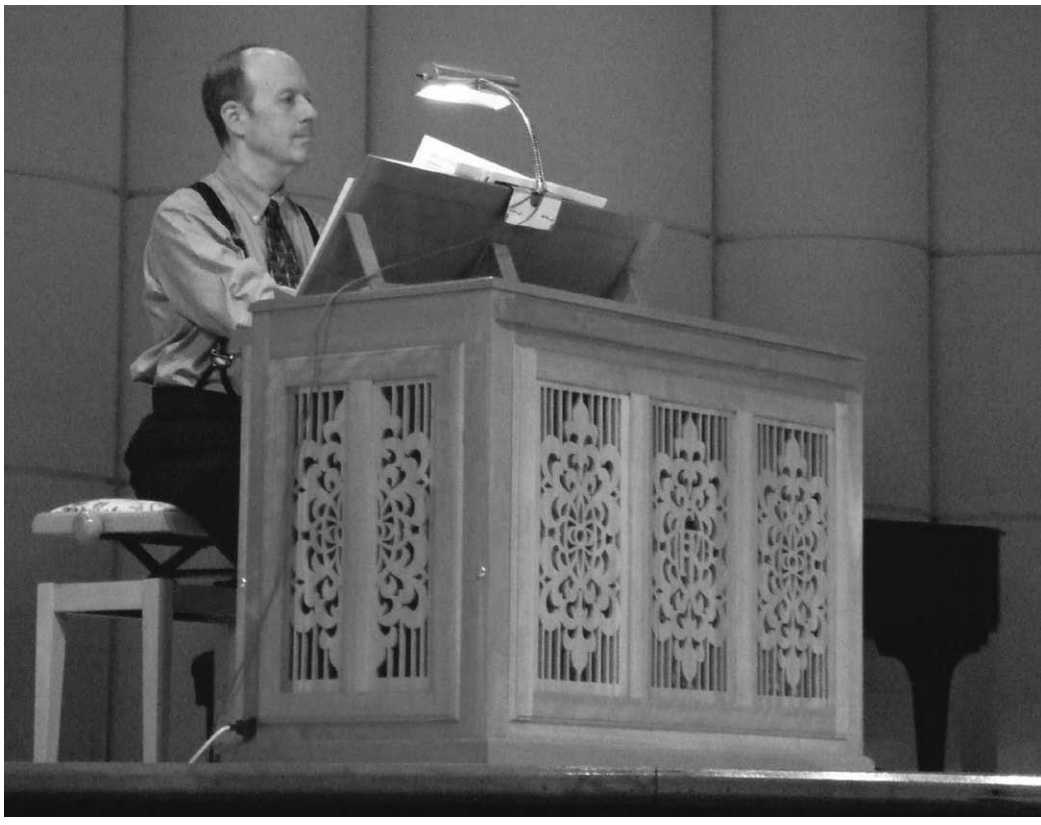
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MATT MCLAUGHLIN | THE EAST CAROLINIAN

The theme of the musical performance was based on Greek mythology's Amphion.

ECU goes for Baroque

Matt McLaughlin
FOR THE EAST CAROLINIAN

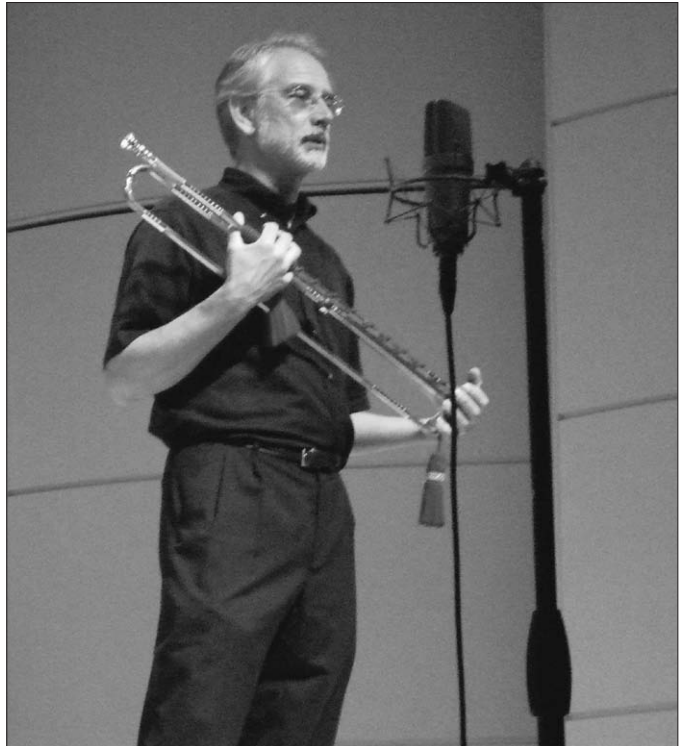
If you happened to be walking through Fletcher Music Hall on Sunday afternoon, you may have heard music that you probably will not hear being played at any bar or club in downtown Greenville. This recital, entitled Amphion's Echo, became a captivating and moving musical experience for those who were present at this weekend's performance.

From the first few notes, the trio's operatic narratives began to unfold as soprano vocalist, Jon Shaw, sang of war, love, defeat and victory, while being accompanied by the powerful sounds of organ and trumpet. Whether she was singing in English or Italian, the lyrics were woven into the melodies of the trumpet and grounded in the rich tones of the organ.

The recital featured Thomas Huener on baroque trumpet, Jon Ward Shaw as the soprano vocalist, and John O'Brien playing the organ. All three are highly distinguished musicians within the Greenville community; Dr. Huener, himself being the Chairman of Theory, Composition, Musicology and Coordinator of Graduate Studies for the School of Music, while Dr. O'Brien teaches as a professor in the Keyboard Department of ECU's music program.

As the primary theme, the repertoire selected for the recital came from the 17th and 18th centuries, now recognized in musical history as the Baroque Era. The music itself is famous for its lively tempo and tuneful style. This classical compilation of Amphion's Echo included musical masterpieces from some of the great composers of the time, including Händel, Scarlatti, and Melani.

Between each piece, Dr. Huener provided a brief background of



MATT MCLAUGHLIN | THE EAST CAROLINIAN

Thomas Huener prepares to play his baroque trumpet at a show on Sunday.

the time period and explained the uniqueness of the two types of baroque trumpets he used throughout the performance. At the end of the trio's introduction, he took a moment to enlighten the audience about how the trumpet was an important symbol of power, authority and judgment during the Baroque Era.

"I enjoyed their performance," said Dylan Crumpton, a freshman, who also plays trumpet for ECU's School of Music. "I play trumpet and I know it takes a lot of skill to play a horn like his." Crumpton commented, as he pointed out Huener's valve-less horn on stage.

Like many of the other trumpeters who had shown up to attend this performance, Crumpton had spent the earlier part of this weekend participating in ECU's Trumpet

Boot Camp. The recital of Amphion's Echo closed out the weekend for all those who had gone through the boot camp.

One of the last topics to be addressed by Huener during the performance was the importance behind the title of the recital.

According to ancient Greek mythology, Amphion was a demigod celebrated for his incredible musicianship and praised for his singing. When asked why Amphion's Echo was chosen to be the title of this recital, Huener responded saying, "This is us rediscovering music. We are taking something that was made in the past and sharing it with the present."

This writer can be contacted at news@theeastcarolinian.com.

Five years after Katrina, a revival not yet complete

Associated Press

Gulf Coast residents tried to put Hurricane Katrina behind them on Sunday, marking its fifth anniversary by casting wreaths into the water to remember the hundreds killed. But part of the catastrophe lives on, in abandoned homes still bearing spray-painted circles indicating they had been searched and whether bodies were found inside.

President Barack Obama joined those hailing the recovery made so far in New Orleans, which he said has become a "symbol of resilience and community." In a neighborhood that has seen little of that recovery, the Lower 9th Ward, it was the failures that seemed more apparent to residents.

"It don't seem like much is getting done," said Charlene LaFrance, a 42-year-old teacher who watched commemoration events on Claiborne Avenue. Brass bands played dirges and marches and politicians spoke about the nation's failure to do enough to rebuild New Orleans, in particular the Lower 9th Ward.

The neighborhood, down river from the French Quarter, was devastated when the floodwall on the Industrial Canal toppled over and unleashed a wall of water that knocked scores of homes off their foundations. Many of the more than 1,800 people killed by Katrina died in the Lower 9th Ward, and only about a quarter of the 5,400 homes there before the storm have been rebuilt.

"This is hallowed ground now," said Marc Morial, a former New Orleans mayor and the president of the National Urban League.

He told a jubilant crowd that the Lower 9th Ward can be rebuilt. "All it needs is decent, strong levees that don't break."

The Army Corps of Engineers is nearing completion on a levee system for New Orleans that the agency says should be able to withstand a Katrina-like storm once it is finished next summer. The Lower 9th Ward is now protected by a massive, dam-like structure.

Obama, speaking at Xavier University, cited progress made in the recovery but added that there are still too many vacant lots, too many people unemployed and "too many New Orleanians who have not been able to come home." The

recession and the Gulf oil spill have made it even tougher for the area to bounce back, he said.

"My administration is going to stand with you and fight alongside you until the job is done," Obama pledged.

Ceremonies also were held in Mississippi, where at least 175 people were killed by the storm. In Biloxi, U.S. Rep. Gene Taylor compared the Gulf Coast to the area's oak trees — scarred by the storm but strong enough to survive.

At a marble wall in Shell Beach, La., honoring the 163 people killed in coastal St. Bernard Parish, more than 100 people braved Sunday's soggy weather as parish officials read aloud the victims' names.

Diane Phillips, who lost two cousins and several friends in the storm, volunteered to lay a wreath in the bayou. Some wiped away tears as the wreath floated away.

"You think of the whole entire parish and everything that we lost that day and everything that we've brought back since then," said Phillips, 51, of Hopedale.

Gladys Nunez and Linda Wells didn't know each other before the ceremony — but both knew many of those whose names are etched in the memorial. Nunez wrapped her arm around Wells, who was visiting the site for the first time.

"I had to come see for myself and try to put this behind me," said Wells, 50, of Chalmette.

Nunez, 68, of Toca, said: "It's something we'll live with for the rest of our life. It never goes away. Katrina showed no mercy."

Members of First Grace United Methodist Church in mid-city New Orleans celebrated the city's renewal. Church membership, once down to 50 people, now stands at 180, Pastor Shawn Moses Anglim said.

"After every flood, there is going to be a rainbow," he said.

Church member Martha Ward, a 69-year-old anthropologist at the University of New Orleans, told the congregation that Katrina and the ensuing evacuation are the reason she married her longtime boyfriend.

"This church is a miracle. It's the face of New Orleans," she said, referring to the multicultural congregation that attends the church.

In the Lower 9th Ward, a

parade marched to the top of a large rusty bridge over the Industrial Canal, where a wreath was thrown in honor of the dead.

Alan Drake, a 57-year-old engineer who joined the march in solidarity, lives in the Lower Garden District, a neighborhood on the "sliver by the river" that did not flood.

"We are finally past the part of major rebuilding in large parts of the city," Drake said. "But we're certainly not over the hump here."

Since Katrina struck on Aug. 29, 2005, the Lower 9th Ward has seen thousands of volunteers help gut homes, clean up yards and rebuild homes and businesses. It also has become the focal point in an effort since Katrina to make the city more eco-friendly. Groups like Global Green USA, the Sierra Club and movie star Brad Pitt have helped make the Lower 9th Ward into a greener neighborhood. A new eco-friendly village is sprouting near the Industrial Canal floodwall that broke and there are several groups making the Lower 9th Ward the focus of environmental plans. Recently, a plan was announced to build a community center, using U.S. Department of Energy funds, in the neighborhood where people can also learn about climate change.

But government aid has been limited. In many cases, residents were left out of rebuilding grants and other programs to help people rebuild. Some of the problems stemmed from a lack of flood insurance, small payouts from insurers, difficulties in establishing ownership of property and fears of more flooding.

LaFrance, the teacher, said her family was able to rebuild in the Lower 9th Ward, but that too many homes remain untouched and are falling apart.

"Blighted property right next door, that's what I don't enjoy," she said. "I got grandchildren. They need to demolish those homes."

She said the neighborhood, which she said was a family-oriented place before Katrina destroyed it, can barely be called a neighborhood. There are few businesses now, "No local restaurant where you can wine and dine in the Lower 9," LaFrance said, shaking her head.

DAVIDSON continued from A1

son implemented a program during his tenure that would allow students to graduate from school debt-free.

Ross, 60, already has had experience with one of his new key prime relationships — the Legislature — through his term as courts director in 1999-2000. He also led a sentencing policy commission in the early 1990s that helped persuade the General Assembly to pass reforms so that parole would be abolished and criminals would serve nearly all of their actual sentences. At a news conference, he rattled off the vote totals by which

the structured sentencing bills passed — a hint of his knowledge of the legislative process.

That's important because he'll have to go to the Legislature next January to try to protect the UNC system from additional budget cuts from a potential \$3 billion shortfall in state government.

"Judge Ross is as well equipped as anybody living to address them immediately," said former Chief Justice Burley Mitchell, a board member who hired Ross as courts director. "He knows the Legislature and more important, they trust

him."

Ross said he has every intention of staying at the job for a long time. "We also tried not to look for a president for just this particular crisis," Gage said. "This will end, and we want someone here beyond this crisis."

Ross will make \$525,000 annually, Gage said, compared to the roughly \$478,000 that Bowles has made. A board committee set a salary range for the new president earlier this year of between \$495,000 to \$550,000.

ROTC continued from A1

Training/AIT. The Pirate Battalion was also presented with a check by the Veterans of Foreign Wars for the Warrior Run.

"The Awards Ceremony is a time for the incoming cadets to be inspired by the achievements of the sophomores, juniors and seniors," said Cadet Captain Steven Owens, an MS-4 who, along with Cadet Aubry Hanson, coordinated the event.

"It gives them an opportunity to see what they can look forward to in the Pirate Battalion."

The award ceremony was also where the freshmen cadets were officially introduced to their Cadet Battalion Commander and the rest of the senior cadets.

As they stood before the underclassmen, shoulders square, facing forward, hands cupped by their sides at attention, the seniors not only introduced themselves, but offered academic help to the underclassmen.

Rhea Hayward was also recognized for her 20 years of outstanding dedication and work with the

Pirate Battalion. She was named the Brigade Human Resource Assistant of the year.

Lt. Col. Delvaux concluded the ceremony with a motivational talk. "Impossible is nothing," he said, showing pictures of Muhammad Ali and then George Washington crossing the Delaware.

"That is the motto for this year. Whether you are going to succeed or fail, you are probably right."

The seniors who graduated LDAC are Cadets Jack Abate, Steven Barnes, Cecelia Borkowski, Charles Bradley, Kevin Brewington, David Buckley, James Dinatale, Aaron Donahey, Courtney Franks, Rebecca Grado, Sarah Hartzel, Angelo Iovino, Christopher King, Jeffrey McGowan, Jocelyn McNair, Patricia Marerro, Jeremy Miller, Steven Owens, Kirk Roberson, Jeffrey Shafer, Lucas Weeks and Be Yoo.

This writer can be contacted at news@theeastcarolinian.com.

BUSES continued from A1

same number of buses running to each apartment complex. Popular apartment complexes such as Pirates Cove, Copper Beech, The Landing and University Manor operate on a 10-minute schedule, North Campus Crossing runs every 12 minutes and The Bellamy runs every 15 minutes.

"There has been an increase in some apartment complexes like The Bellamy because they are 100 percent leased," stated Davidson.

The only way to accurately ensure that everyone makes it to class on time is to catch an earlier bus than normal. This will allow

drivers to arrive at destinations on time and make it easier for students to not have to rush or worry about being late, said Davidson.

Davidson said the first two weeks of class are when buses tend to see the most students because everyone is catching the bus at the same time. After this time frame, some students tend to leave earlier or find other means of transportation to campus, making it easier for them to be on time.

This writer can be contacted at news@theeastcarolinian.com.

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Applications and Deadlines

SGA Senate:

-The Undergraduate Student Senate is comprised of both elected and appointed officials who serve the student body by originating and ratifying bills and resolutions to be executed by the Executive Council. Filing for any of the current openings in the Senate will take place on September 13th and 14th in the SGA Suite, 101 Mendenhall Student Center. Voting for the elections will be from 9am to 5pm on both September 15th and 16th. The results will be announced at 6pm on September 16th in the SGA Suite.

Seats available:

- 11 Seats Discretionary Seat for Student Organizations
- 7 Seats Undecided General College Majors
- 3 Seats College of Business
- 2 Seats Fine Arts & Communication
- 2 Seats College of Technology and Computer Science
- 1 Seats College of Allied Health Sciences
- 1 Seat Honors College*
- 1 Seat Junior Class Officer

*Students enrolled in the Honors College may only file to run for one seat, either for Honors or the College of their major.

Please email Student Body Vice President/ President of the Undergraduate Student Senate Josh Martinkovic for further questions at SGAVicePresident@ecu.edu

SGA Executive Cabinet:

- Purpose of the Cabinet is to advise the Executive Council (Student Body President, Student Body Vice President, Student Body Treasurer, Student Body Secretary, & Student Body Chief of Staff) on matters relating to the duties of their respective offices. Members of the Cabinet are the chief facilitators of the administration's policies and agendas.

Positions available:

- Academic & Student Affairs
- Athletic Affairs
- Community Affairs
- Diversity Affairs
- Environmental & Safety Affairs
- Financial Affairs
- Special Projects Affairs

Please email Student Body Chief of Staff AJ Malicdem at SGAChiefOfStaff@ecu.edu

SGA Judicial Justices:

The purpose of the judicial justices are to assist in leading the judicial branch and advise the Chief Justice on matters related to the Freshmen leadership program-Shipmates, constitutional interpretations, elections committee and any other judicial matters that may arise. There are three justice positions available. Applications are due September 1, 2010. Please email the Student Government Chief Justice Brad Teasley with further questions at SGAChiefJustice@ecu.edu.

Organization Funding Workshops:

Dates:

There will be 4 workshops. ALL workshops will be in the Student Activities & Organization Conference Room

1. August 20, 2010 Friday at 1:00 pm
2. August 26, 2010 Thursday at 11:00 am
3. August 30, 2010 Monday at 10:30 am
4. September 7, 2010 Tuesday at 1:00 pm

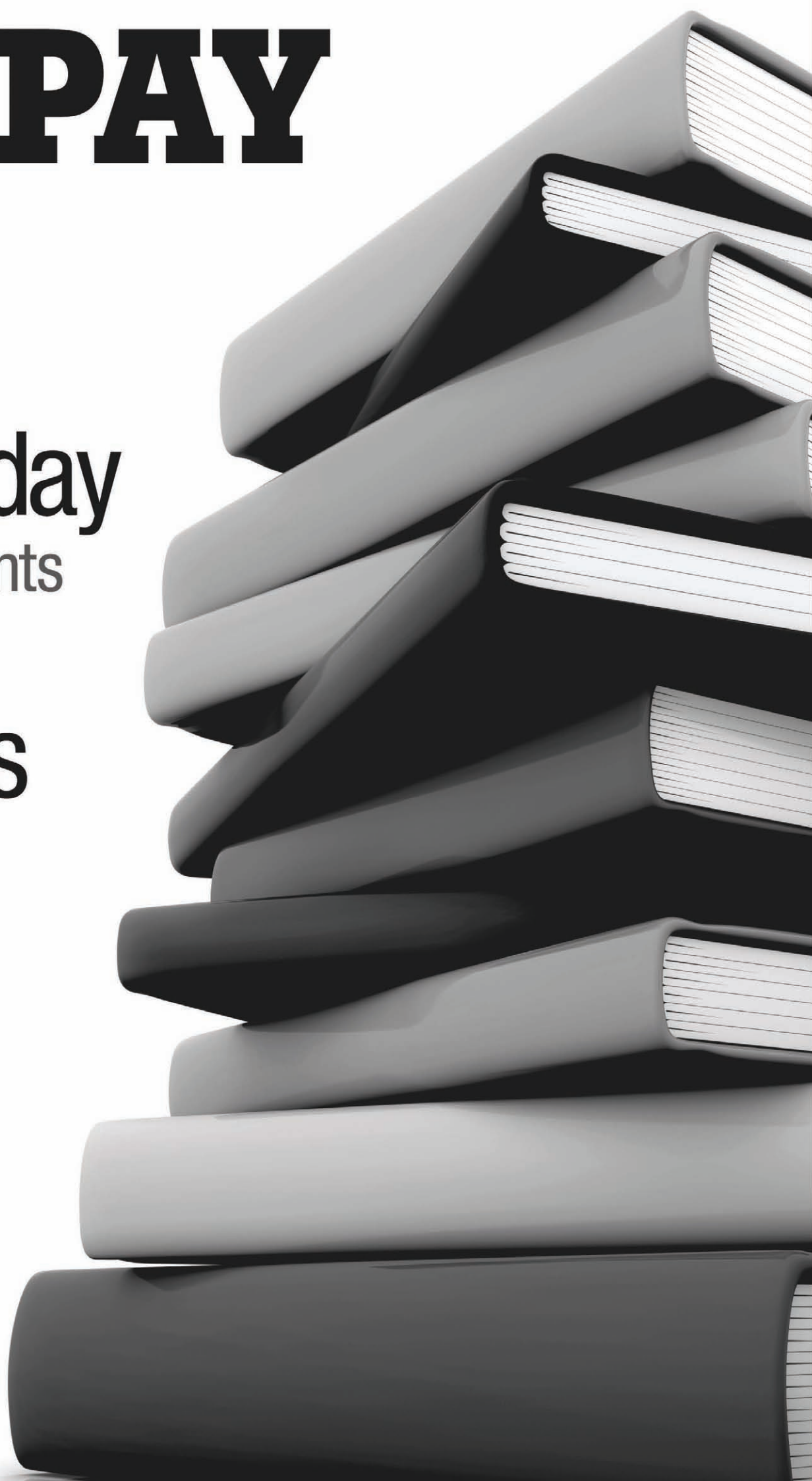
For further questions please email Student Body Treasurer Justin Davis at SGATreasurer@ecu.edu

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The East Carolinian does not endorse statements made in Pirate Rants. Questions regarding Rants can be directed to Katelyn Crouse, Editor in Chief, at opinion@theeastcarolinian.com. Log onto theeastcarolinian.com to submit a Rant of your own.

My friends and I have only been back at school for a week, and we have a collection of drunken memories already.

To anyone who knows about the people beating my friend with a brick: let them know we will find them and they will see what it's like to eat a brick. Sorry cowards.

The fountain isn't turned on and is green...surprise... surprise.

As I was going to buy my books at UBE in the afternoon, I was walking through the parking lot and saw a guy sitting in his car blowing into his Breathalyzer. Welcome to ECU!

Forget about California Girls. ECU Girls are the best in the world. I think I'm in love.

If you can't drink until they're pretty, then drink until you forget you have standards.

Dear freshmen: just because you were cool in high school doesn't make you cool at college.

Stop texting just for a moment and enjoy the real world.

To the dude downtown with the dreads: when someone compliments you, don't be so rude because they were trying to be nice. If you're going to be on the defense all the time, why even have dreads?

Matching your whole outfit from your hat down to your shoes is really cool; I just hope you didn't spend all of your money doing it.

To West End Dining Hall: I am still blessed to have your cooking after 5 years.

Facebook is NOT reality.

Tomorrow Starts Here. The Party Starts Tonight!

To my friend I v-blocked on Saturday: I am soooooo sorry.

Pee Dee needs a little pirate action himself...let's get him a girlfriend!

WTF! If you don't want anyone printing on campus, just say so. Don't put b.s. "Out of Order" signs on nearly every printer!

Let's see some PIRATE SPIRIT out there!!! PURPLE!!!

To the guy with the turquoise and black hat with the triangles who was long boarding by the landing bus: Mmm mmm, I would take a hit to talk to you!

To my neighbors at Riverwalk: stop revving your truck engines! It's not a cool way to show off, it's actually very annoying!

Isn't it an awkward moment to see the person you were dancing with in the club during the weekend on campus?

Every time I cross 5th Street, I feel like I'm in a game of Frogger. The poor squirrels have no chance: two died yesterday and another was severely injured.

To whoever put the Avett Brothers print in the library: I freaking love you.

To the girl whose name I didn't know but made out with on my neighbor's porch in Copper Beech: I'm sorry. I feel bad about it still. I know you were upset. But you were really sexy and a good kisser! ;)



Pirate Express is here to STAY



Chris Cozart
OPINION COLUMNIST

In the past few months, there has been a fair amount of speculation that the Pirate Express — otherwise known to students as the “drunk bus” — would be shut down permanently as a result of the behavioral problems onboard. Obviously the behavior shown by these particular students is not the image that the university wants to portray to the outside world.

With all of that aside, removing the Pirate Express is not only feeble-minded but it is also completely unjustified. Take this for example: Statistics have shown since the bus route was created in 2005 that the amount of drinking and driving, and the amount of assaults and armed robberies have each been on the steady decline. Obviously there is nothing more important than the safety of students at this

wonderful university, so why on earth would you put them in harm's way? How can anyone believe that taking away a safety outlet for students and riders would be positive? No matter what the answer is to these questions, it is not worth it. Yes, the behavior on the buses is very out of control and something needs to be done to subdue the issue, but let's not go too far with it.

In case you haven't heard, ECU supplies one of the largest on-campus transit systems in the United States. Most students likely have ridden on one of the buses and rely on it every day to commute to class. The same students that rely on the bus to get to class also rely on the Pirate Express for a ride home. Unless you have been living under a rock, the majority of college students are going to drink alcohol. Drinking has become a key component of the college experience. It doesn't just happen at ECU; this happens at almost every college in the nation. The fact that this university boasts the top transit systems among colleges here is a very

good thing for not just ECU, but also for the City of Greenville.

The bottom line is that nobody at ECU wants the removal of the Pirate Express in any shape or fashion. The fact that these rumors have stirred up controversy among students and the ECUSTA (ECU Student Transit Authority) shows how much we care about the system. If they did decide to terminate the drunk bus, then the only ride left for students to use is SafeRide. SafeRide has less room and does not go to as many destinations as the Pirate Express. Although it is imperative that the riders clean up their act while on the buses, it is also just as important that the ECUSTA understands the consequences of eliminating the bus. I am sure that the parents of the students who attend ECU would feel a lot better about the entire situation as long as there is a safe way of getting back home.

This writer can be contacted at opinion@theeastcarolinian.com.

Tell your parents it's just a pool toy



Abby Brockmeyer
OPINION COLUMNIST

Something quickly caught my eye about four days into my new semester at ECU. I was driving into my new apartment complex, which I absolutely love. Not only does it have all the amenities that are great, like a bus system running to campus every 10 minutes, a pool/gym/tanning area that's literally 40 feet from my apartment, but also spacious rooms that make my room at my home look miniscule.

With all of these fantastic pluses, it seems like there is nothing to complain about, especially being just four days into living here.

The issue was: when driving into my complex, I pulled into my parking space and got out of my car, and I glanced up at the pool area. Not only was the music at a level that could burst eardrums, but also the trash on the lawn was downright gross. What caught me even more off

guard was the raunchy, sexual dancing taking place at the pool area with my very classy peers. About two hours later when I went to the gym, which overlooks the pool, I got a closer look at the growing pool party. I was blown away by the scene of bodies all grinding to the music, the sheer number of cans floating around the pool, and the noise that was coming from this one small area.

The most revolting part was a particular couple looking as though they were partaking in a sexual act in the hot tub, with their friends laughing at them nearby. This place that I now call my home is not a spring break vacation spot or a dance club. I understand wanting to lay out in this beautiful weather, spend time with friends and play in the water. But when my parents come down for parents weekend, I'd rather not have to explain to them that this behavior is regular and have them think that this is the wrong environment for me to be around.

I get that these are the first weeks back to school, but it really surprises me how little respect some people have for themselves. Instead of going by the mentality that this is going to be the only time in my life

to “party it up,” I would rather pace myself throughout life and not make myself look like a fool while I am in college. Not only is it embarrassing to see this behavior taking place every single day and into the night, but I genuinely don't understand why they have to act like animals. Not even understanding what a trash can is when they are in public?

Honestly, is it really that hard to place your waste in the three trashcans provided for you around the swimming area? Do you have to throw them at each other, spilling the contents out in a pool that other people swim in? Do you really not have time to wait until you're back into your apartment for “fun time” with your boyfriend or girlfriend? There is always a healthy balance that everyone can find in college between going out and getting serious about what we are all here to do. After repeatedly seeing what people think is the most important thing to do here at ECU, I am beginning to think I am among the few that embrace the balancing mentality.

This writer can be contacted at opinion@theeastcarolinian.com.

Our View

All ideas and viewpoints expressed in “Our View” are those selected and discussed by the editorial board of The East Carolinian. Questions? Please call 252-737-2999 or e-mail opinion@theeastcarolinian.com

Students overlook ECU's financial choices

By looking at the publicly available updates, it is clear that ECU has had a tuition increase, faculty reduction and overall budget cuts. Everyone has experienced a part of this dilemma.

Printing on campus is limited, and it is a rare occurrence that students receive handouts printed off by professors. Professors who have been working for the university for years are being laid off, so visiting former teachers is not a guarantee.

According to University Budget Task Force, the money goes mostly to personnel costs (salaries and benefits). Then there are the costs involved in supplies and materials, services, scholarships and fellowships.

However, all the athletic facilities are being updated during an economic downturn, and the amount of money spent on athletics is never mentioned. But, many people are unaware that athletics are not built by the aid of tuition but being upgraded by the help of booster funds, Pirate Club, television contracts and marketing bonuses.

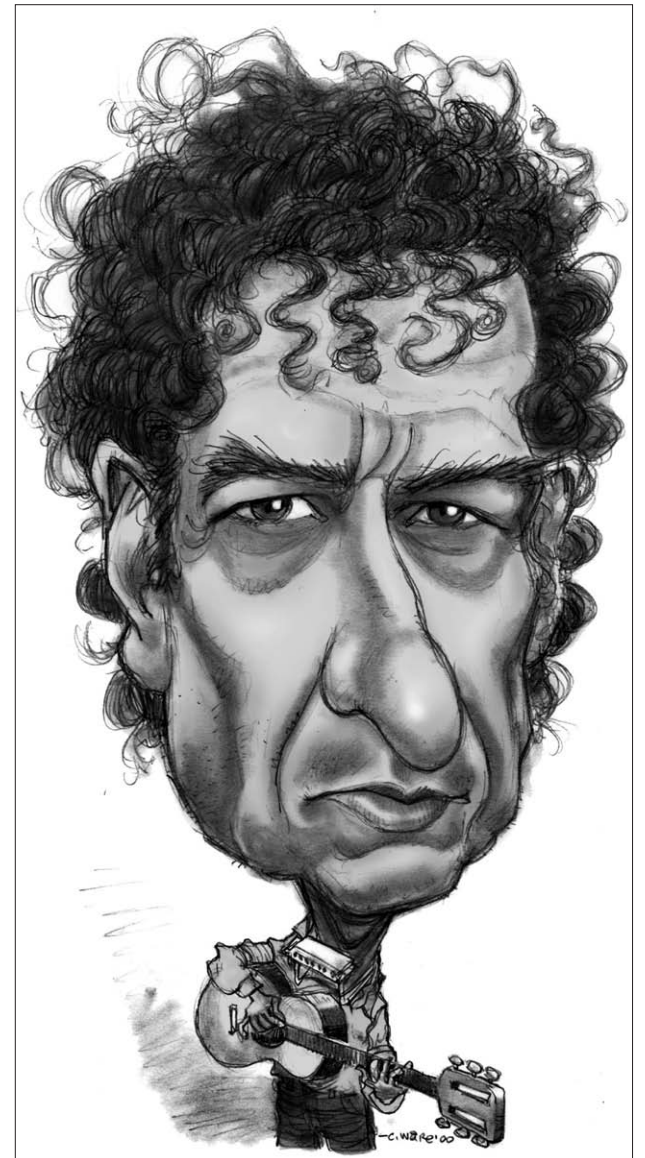
Still, why are there so many aesthetic makeovers going on? There is a more extravagant football stadium, nicer facilities, new dorms and a grand fountain, which are all beautiful additions made possible by fees from designated committees. It is easy to get caught up in visuals that attract potential students. Focus has been lost from academics, the reason that there even can be an ECU — a place of higher education.

When prospective students visit ECU, all they see is the splendor, not the frustration from overcrowded buses, classrooms and sidewalks. Bringing in more students is a goal, but what happens when they experience the complaints of the student body? The increase in enrolled students leads to more students realizing that not everything is agreeable.

Students disagree with a lot because they are kept in the dark on the issues involving how the budget is divided and the meetings that make the decisions. All students have been able to do is wonder where all the money goes and try to fathom why athletics keeps flourishing.

According to the department in charge of Administration and Finance, the budget cuts took away the state appropriated funds, which affects the academic and auxiliary budgets. The athletic department is self-supporting and raises revenue on its own - maybe there could be a way for the other committees to follow the same game plan? Each fee involved at ECU has a committee, which includes appointed students; it is not a giant pile of funds that is given to whatever section wants it more.

No matter what the committee is or what the revenue of a certain section does, all of them are still a part of ECU. ECU should strive to flourish in every sector, because Pirate pride does not just entail being a football fan.



“A hero is someone who understands the responsibility that comes with his freedom.”
Bob Dylan

We've counted up the votes and the results are in for last week's poll. Did you attend Pirate Palooza?
37% Yes 63% No

The East Carolinian welcomes letters from readers. Letters must include the writer's name, address and daytime phone number and must be signed (except those sent by e-mail). Letters selected for publication may be edited and may be republished in any format. All letters submitted become the property of The East Carolinian. Questions? Please call 252-737-2999 or E-mail: editor@theeastcarolinian.com

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DID YOU KNOW?

The Did You Know's came from the book "The Book Of Useless Information by Noel Botham & The Useless Information Society"

Bill Bowerman, founder of Nike, got his first shoe idea after staring at a waffle iron. He got the idea of using squared spikes to make shoes lighter.

The plastic things on the end of shoelaces are called aglets.

If you lace your shoes from the inside to the outside, the fit will be snugger around your big toe.

North Americans spend almost \$18 billion on footwear a year.

Jeans were named after Genoa, Italy, where the first denim cloth was made.

The YKK on the zipper of your Levi's stands for Yoshida Kogyo Kabushibisha, the world's largest zipper manufacturer.

Neckties were first worn in Croatia. That's why they were called cravats (cravats).

Most people button their shirts upward.

The armhole in clothing is called an armsaye.

There are more Barbie dolls in Italy than there are Canadians in Canada.

Barbie's full name is Barbara Millicent Roberts. Barbie's measurements if she were life-size would be 5 feet, 9 inches tall, 33-18-31.5.

94 percent of all households in Belgium with children under the age of 14 years old own Lego products.

Since the Lego Group began manufacturing blocks in 1949, more than 189 billion pieces in 2,000 different shapes have been produced. This is enough for about 30 Lego pieces for every living person on Earth. 1/5,000 of a millimeter is the tolerance of accuracy at the Lego mold factories.

The quartz crystal in your wristwatch vibrates 32,768 times a second.

In 1955, one-third of all watches sold were Timexes.

The bra Marilyn Monroe wore in the movie "Some Like It Hot" was sold for \$14,000.

The 100 billionth crayon made by Crayola was Periwinkle Blue.

When the divorce rate goes up in the United States, toy makers say the sale of toys also rises.

In the 1985 Boise, Idaho, mayoral election, there were four write-in votes for Mr. Potato Head.

The hula-hoop was the biggest-selling toy in 1957.

The yo-yo originated in the Philippines, where it is used as a weapon in hunting.

It takes an average of 48 to 100 tries to solve a Rubik's Cube puzzle. If done perfectly, any Rubik's Cube combination can be solved in 17 turns.

In 1946, the first TV toy commercial aired. It was for Mr. Potato Head.

LIFESTYLES

A8

Tuesday, 8.31.10

lifestyles@theeastcarolinian.com

Spending a semester in Scotland



Alexandra with friends in George Square while in Scotland.

ALEXANDRA O'HALLORAN | THE EAST CAROLINIAN

My experience as an exchange student in Scotland

Alexandra O'Halloran
ASSISTANT LIFESTYLES EDITOR

Every year, ECU's International Office sends students on adventures to countries all over the world. So, as someone who has a hunger for new experiences, I decided there was nothing for me to lose if I applied.

I've always been curious about what it's like to live in another country and I was thrilled to have the opportunity. Shortly after I submitted my application and went through the interview process, I discovered that I was accepted to attend the University of Strathclyde in Glasgow, United Kingdom, for the spring semester of 2010.

Before I knew it, at the end of January I was boarding a plane to Scotland, a place that would change who I am forever.

I didn't know what to expect. All I knew is that I

was taking a huge leap of faith traveling to a place that would be new to me, and where I knew no one. When I arrived at Strathclyde and settled into my room, I was nervous, but most of all I was excited.

Once I met my flatmates, got acquainted with other international students and began to explore the city, any feelings of nervousness that I was experiencing melted



ALEXANDRA O'HALLORAN | THE EAST CAROLINIAN
Alexandra poses in Edinburgh, Scotland.

away. I knew I was in the right place for me.

Over the next several months, I learned about the

Scottish culture, not only the people, but the educational system as well. It was a completely different way of learning. Much of the education was based strongly on discussion and reading material and there was very little assessment throughout the semester.

This was something I had to adjust to, since at home I am accustomed to taking courses with several exams and assignments throughout the semester. However, I accepted this way of learning quickly so I could do well in my courses.

While I learned in the classroom, I also learned outside of it. I learned from the people I met who were from all over the world, such as Canada, Sweden, France, Spain, Norway and more. I loved meeting all of these people and I discovered that we are all alike. No matter the culture, language or country, I found that we could all relate. I think that was one of my most important realizations during my time abroad.

I also had the opportu-

nity to travel to several places in Italy, France, Spain and Germany. The experience of traveling helped me gain a better understanding of the world around me.



ALEXANDRA O'HALLORAN | THE EAST CAROLINIAN
Alexandra at the Scottish Highlands.

However, regardless of how comfortable I became, at the end of about five months I had to return home, but I still keep in touch with people who I met and I am getting more involved at ECU to get used to things here again.

I recently spoke to exchange student Conor

Simpson from my university in Scotland who is at ECU this semester. I found that we shared similar feelings about studying abroad. "I was nervous and excited about coming here. It's hard to know what to expect," he told me.

He also said that he is meeting lots of people and enjoying the social events. I could relate to Simpson as I remember experiencing the same feelings he expressed. I can only hope that he will feel the same way about ECU as I feel about Strathclyde.

I have more strength and confidence than I've ever had before and I made friendships that I hope to keep for the rest of my life.

It was an experience of a lifetime and I will always consider Glasgow my home away from home.

To find out more about study abroad, visit www.ecu.edu/intlaffairs/study-abroad/welcome.cfm or stop by the International House, located on East Ninth Street.

This writer can be contacted at lifestyles@theeastcarolinian.com.

ECU graduate publishes 'The Love Club'

Business major turned author writes book about the adult relationship

Mariana Sifter
STAFF WRITER

Art teacher from Morrisville and graduate of ECU, author Kimberly Knight publishes her "first work of art," "The Love Club," which will be released today.

The book, geared for the adult relationship, examines aspects of dating for the 20s to 30s crowd with advice on how to make love last. Over the summer, it was featured in Carolina Women's Magazine, as well as Internet and live radio stations, such as ECA Radio.

Written mainly from the feminine point of view, "The Love Club" does not fail to provide useful tips for the male reader who seeks dating insights. Its numerous tales of past relationships and self reflection appeal not only to adults in the work world, but also to ECU students of any gender or race.

Knight penned the book over a 12-month period, mostly on weekends, at the ocean-

front Sheridan Hotel, room 302, at Atlantic Beach. She describes the writing process as "a personal hobby that has now become a professional pursuit."

Her business manager for the publication and "dear friend of over 15 years," Alaina Bloodworth, provided some of the initial inspiration for writing the book. A graduate of NC A&T University and experienced business owner herself, Bloodworth is involved in a promotional campaign that spreads word of "The Love Club" to markets both locally, and as far as San Diego, where Bloodworth is originally from.

Having no established reputation yet in the world of publishing, Knight and Bloodworth are not expecting instant success, but are working for it all the same, traveling around the Southeast for every interview and promotion that might benefit recognition of the book.

"With her very first book, we wanted to work together," said Bloodworth. "The whole book's concept came from different conversations we've had about dating - the good and the bad."

Knight graduated from

ECU in 2007 with a degree in organizational business management. She plans on returning to ECU this fall to pursue a degree in Sociology.

Among the many student organizations she participated in during her time here, a few include "Healthy Pirates," "ECU Native American Organization," "ECU Campus Girl Scouts" and also "Women of Excellence," which she helped found in December 2004. She was also a Features writer for The East Carolinian.

"It can be so empowering to be single," Knight said.

One of the main messages Knight wishes for readers to take from her book is that they "know there are options for dating. First, you have to know yourself. Then you can be a valuable asset to dating someone."

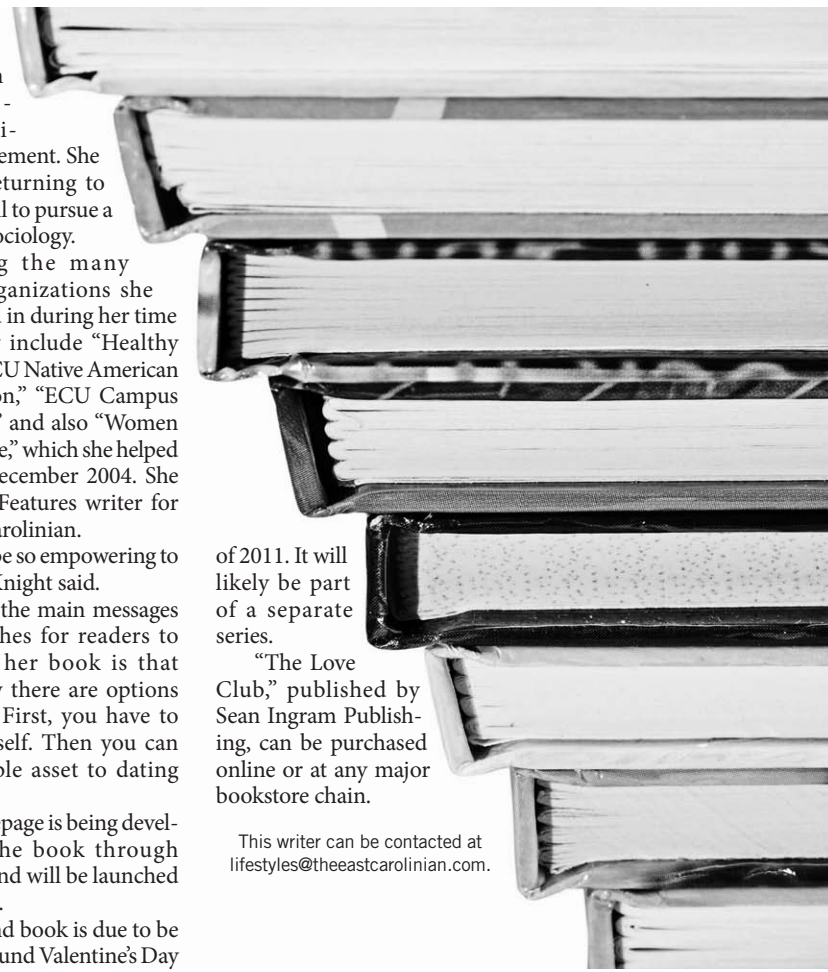
A homepage is being developed for the book through GoDaddy and will be launched next month.

A second book is due to be released around Valentine's Day

of 2011. It will likely be part of a separate series.

"The Love Club," published by Sean Ingram Publishing, can be purchased online or at any major bookstore chain.

This writer can be contacted at lifestyles@theeastcarolinian.com.



How to get your fitness back on track without burning out

MCT

Time to rid the house of corn chips and good intentions and start fresh on a brand spankin' new school year.

Let's go over the resolution list again, shall we?

No muffins. No pizza. No ice cream. No beer. No chocolate. No nitrates. No head cheese. No white rice. No T-bones.

Exercise an hour a day. Lift weights constantly. Follow Atkins. Follow South Beach. Follow the Beyonce diet.

Lose 100 pounds. Lose 50 pounds. Lose your mind if you try to follow all these.

"People set themselves up for failure, because they try to do too much initially," says Regina Coreil, group fitness coordinator for the Texas Club in Dallas. "It becomes, 'I have to do something that hurts me. I'm sore when I'm done. I'm putting myself on a diet I don't enjoy.' All these negatives instead of, 'What can I do that's moderate and I'm acclimating my body to?'" Ah, thank you, Regina, for bringing up one of our favorite fitness words:

Moderation.

Thus said, we asked Coreil and Ginger Schirmer, a Dallas-based health and exercise expert, for help keeping our resolutions. Not to last merely through the new year, but for our lifetimes as well.

"I like to give people a couple of things to modify and go

from there," says Schirmer, whose credentials include a masters degree in exercise physiology.

"When you give them a whole list, it's overwhelming and very defeating. But give them something very easy to do, they become their own modifier and change their own lifestyle."

How? By using the word itself to spur us on. Ready? O-K! Gimme an M...

M - Make realistic promises. If a client says he wants to lose 100 pounds, Regina asks, "What do you want to do in the next 90 days?"

"You don't have to give us 110 percent in January," she says. "Give us two to three days of your time, 30 minutes to an hour each time, and gently move into it."

O - Opt for fiber. Ginger, a registered dietitian, encourages that dietary addition early on. Fiber fills you up as well as well, you know. That fiber thing.

Start with five extra grams per day per week, which you can do with half a bowl of Kashi or All-Bran cereal. Gradually add more.

D - Ditch a soda a day. Says Ginger: "If you do that and change nothing else, you'll lose 15 pounds a year."

Then she might ask clients, "Could you eat a small piece of

Personal Trainer

Keeping a program going

Despite the best of intentions, half of all people who start an exercise program fold within six months. Some ways to stay with it:

Lose 10 lbs.

Win Boston Marathon.

Set realistic goals

Especially for perfectionists, setting goals that are too ambitious is a sure route to failure; set goals you can achieve that are definite, not hazy

Keep a log

Evaluate your condition often; for each workout, weigh yourself, monitor heart rate and record times and achievements

Start slow and easy

Start with moderate exercises rather than trying too much too soon; gradually lengthen workouts and step up the pace

Seek convenience

Choose locations and a schedule that make exercising convenient; you'll have fewer excuses for discontinuing a program

Mix it up

Doing the same activities day after day gets boring; vary your exercise to stay motivated and to enhance fitness benefits

Find support

A workout partner can help keep you motivated

Source: The Wellness Encyclopedia © 2010 MCT Graphic: Paul Trap

Joyner Library updates its technology



Seniors Shea Baxley and Alexander Selling study at a new student study area in Joyner Library's Collaborative Learning Center.

Collaborative Learning Center prepares students for the future of 21st century learning

Rebecca Blanchette
STAFF WRITER

Joyner Library is pleased to announce that its all new, state-of-the-art Collaborative Learning Center, which is located on the first floor of the library, is now open. The new seating looks more like living room furniture, as lounge chairs with built-in laptop desks scatter the study area. Cushioned booths, not unlike those found at restaurants, line the walls. High-tech computer stations provide much more room than in the past, with a dozen new touchscreen computers.

And no more searching for a power outlet in the corner somewhere. Each table provides multiple outlets for students to plug in laptops, cell phone chargers, you name it. A new vending area has also been added for students who need to refuel during long study sessions.

"The environment for students has changed. It's more of a collaborative environment,"

said reference librarian and outreach coordinator Carolyn Willis. "I think it will make students more productive and creative. I also think it's more fun. It's something new."

Joyner has taken a big leap in technological advances. Four new group studies now have large plasma TVs. Students can plug their laptops in to the plasmas and have their work displayed on the large screen. Plasmas are also situated at desks throughout the learning center, accommodating students who wish to work alone.

The changes don't stop there. The new Presentation Practice Room takes it to the next level, allowing students to DVR a presentation or group project and then play it back on the plasma. Students can then save their presentation to a flash drive and bring it to class. Also, students are now able to check out laptops, camcorders and iPods at the library for free.

"Any advanced technology will help our students," said marketing and public relations manager Dawn Wainwright. These changes accommodate a larger number of students than in the past, upping the capacity by almost 200, and provide

ECU students with new technology that is starting to mark the 21st century.

Joyner is also pleased to



Collaborative Learning Center in Joyner Library is the result of a \$500,000 renovation project.

announce that a new collection of online journals has been purchased and are available to ECU students and faculty. There are 6,700 new titles, which cover a large variety of subjects. "I think it's going to be a really big help for students trying to do research," said development librarian Cindy Shirkey. "It's an advantage to people who want to do their research at home," added Patrick Carr, head of Electronic and Con-

tinuing Resource Acquisitions. These journals can be accessed online through the E-Journal on Joyner Library's website.

Such a large addition can be overwhelming, and sometimes students need some guidance in their research. Joyner has made it easier than ever to consult with a librarian for any kind of help. Students can enjoy the convenience of texting, e-mailing, instant messaging or calling a librarian. Librarians are still available to meet for in-person consultations as well.

The Collaborative Learning Center's grand opening will be this Wednesday, Sept. 1, from 3 p.m. to 5 p.m. Students can embark on self-guided tours, see the changes and learn how to use the new technology.

"It will be a fun party," said Wainwright. Students will be able to get their photos taken in front of a green screen and pick from four different backgrounds that feature sites around campus. Photos

will then be e-mailed to the students.

The event is also Wellness Passport approved. There will be free food, drinks and giveaways. Everyone who attends will receive a free T-shirt! "It's for students," said Willis, who assures that the grand opening will not be a bore.

This writer can be contacted at lifestyles@theeastcarolinian.com.

fruit instead of drinking juice?" That makes for less sugar, more fiber.

"They start feeling better and think, 'Well, I can cut this, change that.'"

E - Eat well; perfectly isn't necessary. "I want to know what clients like and what they eat right now," Regina says. "If I make recommendations on what they hate, it won't work."

"If they say a hamburger, I'll say make sure it's grilled, that you use a whole-wheat bun and don't put all the greasy stuff on. Have a baked potato, a small one, instead of french fries."

R - Remember who you're doing this for. Not the person who gave you the gift certificate, or the one who groans whenever you eat penuche. Only if you're doing it for yourself will you stick with it. Make it a habit; it'll take about 30 days to do so.

A - Add the good stuff a little at a time. Start with a 10-minute walk around the block or on the treadmill.

"When you do it in moderation, it's not as painful, because you become acclimated to it," Regina says. "Instead, it becomes, 'I'm not so sore this week; my stamina's better. I have more energy and feel better when I exercise. More positive things are happening; I'm looking forward

to it."

T - Take the time. You didn't get out of shape overnight; you won't get into shape overnight.

"I'd rather somebody lose more slowly and make permanent changes than lose radically and have it not be permanent," Ginger says.

Adds Regina: "Slowly build up." After a month of going to the gym twice or three times a week, she might ask a client, "Can you give me one more day?"

I - Incentives help. It's OK, Regina says, to tell yourself, "Well, I had a good diet week so I'll reward myself with cheesecake."

The catch? A small piece, eaten slowly and savored.

O - Overcome the odds. Truth to tell, throughout the years, only about 20 percent of the population has been in shape, Regina says. Success stories aren't the norm.

Well, so what, right? You can do it. Bit by bit. If you hop off the wagon today, walk briskly alongside it and hop back on tomorrow.

N - Nice and slow, livable and attainable. That's Ginger's mantra. We're betting you can make it yours as well.

This writer can be contacted at lifestyles@theeastcarolinian.com.



NFL video game Madden 2011 is already a fan favorite.

Madden 2011 takes football

★★★★☆

Jack Powell
FOR THE EAST CAROLINIAN

An idea on a railway car in 1984 between Trip Hawkins, Joe Ybarra and John Madden gave birth to a billion dollar gaming franchise known as "Madden." It wasn't until 1988 when the first Madden game, "John Madden Football," hit the shelves and was available for game play on the Apple II. Since then, there have been new Madden games and new formats with significantly greater improvements to each one, which give players a better football experience. Aug. 10 was the release of their new "Madden 11," available at most electronic stores in the formats of Xbox 360, PlayStation 2 and 3, PSP and Nintendo Wii. The average price for the game is \$60.

Before the game even hit the shelves, there were 580,000 copies pre-ordered for the Xbox 360 and PS3. PS3 teamed up with "Madden 11" to offer an exclusive bundle to get the game and console for the price of \$350. Madden's revenues are expected to be high since they have an exclusive NFL license agreement that other games don't have. The developer of "Madden 11," EA Sports, relies on Madden for over 10 percent of its yearly revenues.

At the peak of HD Graphics, life-like gaming and the beginning of football season underway, it's prime time to go buy a copy of "Madden 11." It's an easy game to play and a blast to play with friends locally or online. The most noticeable attribute to "Madden 11" is

the use of GameFlow. GameFlow allows the game to pick the offensive/defensive plays without ever opening a playbook. This new feature cuts the amount of time it takes to play a game from an hour to only 30 minutes. Players can rate their favorite plays highly to increase their chances of showing up when using GameFlow. "Madden 11" no longer uses turbo for runners; instead, they started the Locomotion feature (used with the right joystick) for jukes and special running moves. The creators also made online play more enjoyable by allowing 3-on-3 game play for players and their friends.

Best Buy employee David Pitt gave his thoughts on the new "Madden 11" by stating, "This year was somewhat of a disappointment. Audibles are more complicated to call than they used to be and it's less fun playing without the turbo feature of previous games." On the opposite end of the spectrum, ECU junior business major Kenny Bennett said, "I've been following Madden for about three years and Madden basically stays the same game-wise, but the graphics have been gradually getting better. The game still stays fun but it seems the only real differences are team rosters and players' stats."

So for those who are both videogame and NFL fans, treat yourself by buying a copy of this hit videogame. Equip that with pizza, wings and a group of friends and it's sure to be a great time.

This writer can be contacted at lifestyles@theeastcarolinian.com.

QUICK & EASY

Tomato-Mozzarella Pizza

<p>1 (11-ounce) can refrigerated French bread dough</p> <p>2 tablespoons yellow cornmeal</p> <p>Cooking spray</p> <p>1½ pounds plum tomatoes, thinly sliced</p> <p>1 garlic clove, minced</p>	<p>1 cup (4 ounces) shredded part-skim mozzarella cheese, divided</p> <p>¼ teaspoon black pepper</p> <p>2 ounces pancetta</p> <p>¼ cup thinly sliced fresh basil</p>
---	--

1. Preheat oven to 450°.

2. Place dough on a baking sheet sprinkled with cornmeal; press dough into a 12-inch circle. Crimp edges of dough with fingers to form a rim. Lightly spray surface of dough with cooking spray. Bake at 450° for 8 minutes. Remove crust from oven.

3. Arrange tomato slices on paper towels. Cover with additional paper towels; let stand 5 minutes. Sprinkle garlic evenly over surface of dough; sprinkle ½ cup cheese evenly over dough. Arrange tomato slices on top of cheese; sprinkle with pepper. Top with ½ cup cheese. Bake at 450° for 5 minutes.

4. Chop pancetta. Cook pancetta in a nonstick skillet over medium heat until crisp; drain. Sprinkle pancetta over pizza; bake an additional 1 minute or until crust is golden. Sprinkle basil over pizza; let stand 2 minutes. Cut into 6 wedges. **YIELD:** 6 servings (serving size: 1 wedge).

CALORIES 243; FAT 8.6g (sat 4.2g, mono 1.1g, poly 0.2g); PROTEIN 11.5g; CARB 31.7g; FIBER 2.4g; CHOL 17mg; IRON 1.9mg; SODIUM 560mg; CALC 153mg

CHOICE INGREDIENT: Pancetta is an Italian bacon cured with salt, pepper, and other spices. Look in your grocery's deli section for salami-like rolls, ready for slicing or chopping. You can also find it prepackaged in thin slices.



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SEPTEMBER 1ST

1ST FLOOR AT 3:00

Breaking down the three quarterbacks

Dominique Davis
 Ht/wt: 6'3, 175 lbs
 Class: Junior
 Hometown: Lakeland, Fla.
 What McNeill says: "Dominique is picking up the offense very well, too, and he has played in games."

Brad Wornick
 Ht/wt: 6'2, 205 lbs
 Class: Sophomore
 Hometown: Charlotte, N.C.
 What McNeill says: "Brad understands the offense, and knows when to deliver the ball."

Rio Johnson
 Ht/wt: 6'2, 185 lbs
 Class: Redshirt freshman
 Hometown: Atlanta, Ga.
 What McNeill says: "Rio has an extreme amount of talent."



Clemens pleads not guilty

Baseball great Roger Clemens entered a not guilty plea Monday to charges of lying to Congress about whether he used steroids or human growth hormone. Clemens entered his plea in U.S. District Court. The arraignment happened a few blocks away from where the retired pitcher swore under oath that he had not used performance-enhancing drugs. Federal prosecutors didn't believe him and charged him with making false statements, perjury and obstruction of Congress. Clemens says he will fight the charges.

If convicted, he could face up to 30 years in prison and a \$1.5 million fine. However, a conviction could cause catastrophic damage to his reputation, future earning potential and his chances of getting into baseball's Hall of Fame.

ECU represented well in NFL Preseason

In the third week of the NFL Preseason, former Pirates put up some promising numbers. NFL rookies and teammates, Matt Dodge and Linval Joseph, showed ample potential for the New York Giants, despite a 24-10 loss to the Baltimore Ravens. Dodge boosted a 73-yard punt just before halftime and averaged 49 yards on nine punts. Defensive lineman Joseph recorded three tackles, including one for a loss and quarterback hurry. Both Dodge and Joseph were members of the Pirates in 2008 and 2009, the back-to-back Conference USA Champions. Jacksonville Jaguars' quarterback David Garrard threw for 211 yards, completing 24 of 31 passes to lead the Jaguars past the Tampa Bay Buccaneers 19-13. Garrard is a 2001 graduate of ECU.

Ask the sports editor
 Have a question about the sports section contact the sports editor at sports@theeastcarolinian.com

Quarterback position still a mystery

Adam Bunn
 ASSISTANT SPORTS EDITOR

With just under a week to go before ECU opens its college football season, the Pirates are still without a solidified starter at quarterback.

For the first time in three years, the Pirates are going into the season with a competition at quarterback. "We've got a competition going there," said Coach Ruffin McNeill. "I like both guys, Dominique and Brad, and Rio, too. All three have done a good job."

The one thing all three of these quarterbacks have in common is inexperience. Only Dominique Davis has played in a live college game, but Davis has not played since 2008.

There is no doubt that experience is an important part of being a starting quarterback, but each of the candidates bring something to the team that has put them in the competition.

Sophomore walk-on Brad Wornick was a virtual nobody coming into spring practice, but his consistency, accuracy, poise and quick understanding of the spread offense has earned him a place in the battle.

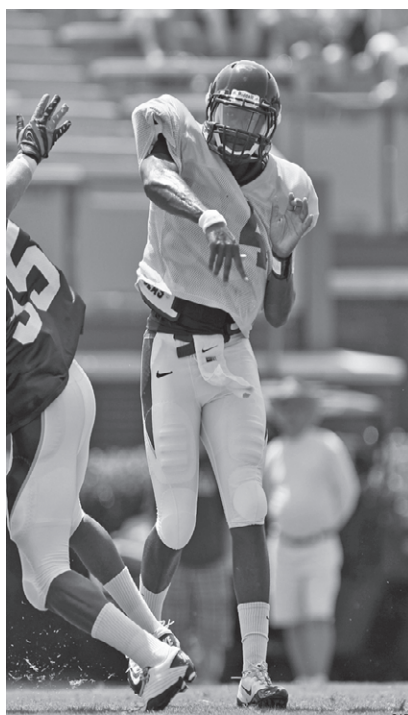
Wornick arrived on campus without a scholarship and joined the program as an invited walk-on during preseason camp in 2008; he was able to get a roster spot as the scout team's quarterback in 2008 and 2009. He opened everyone's eyes during spring workouts after his performance in the first scrimmage where he was 16-of-25 for 146 yards and two touchdowns.

Despite Wornick's ability to run, he has become much more of a pocket passer since coming to ECU. He fits into Coach McNeill's spread offense system extremely well.

When asked what Wornick brought to the team, McNeill spoke highly of him.

"Brad understands the offense and knows when to deliver the ball," McNeill said.

At the close of spring practice, Wornick was given the nod as the starting quarterback going into fall camp, in front of quarterback-turned-receiver Josh Jordan and redshirt freshman



Dominique Davis (left), Brad Wornick (center) and Rio Johnson (right) are all in the running for the starting quarterback position. Whoever is chosen will have the heavy task of leading the Pirates against Tulsa on Sept. 5.

man Rio Johnson.

Probably the candidate with the most name recognition among Pirate fans is junior transfer Dominique Davis.

While Davis has played in and started college football games at Boston College, he has not played in a college atmosphere in almost two years. And because he only arrived in camp for fall practice, he has been a little behind Wornick and Johnson in terms of picking up the spread offense. While he may be behind, McNeill noted Davis's experience.

"Dominique is picking up the offense very well, too, and he has played in games," said McNeill.

Davis signed with the Pirates as a mid-year signee in December out of Fort Scott Community College. Prior to his stint at Fort Scott, Davis completed his freshman season at Boston College. Davis was a steal for the Pirates. Coming out of high school, he was a hotly-recruited target, gaining scholarships from Boston College and Boise State. Davis possesses great mobility, quickness and a passing touch

that allows him to fit balls into the most difficult of areas.

While his skills on the field speak for themselves, his mental skills are equally abundant. His poise, mental preparation and competitive instincts are all the result of having been there before. Davis played significant minutes in 2008 with Boston College, including starts in the final three games of the season after taking over for injured starter Chris Crane. In four games of action, Davis completed 63-of-138 passes for 741 yards with six touchdowns and four interceptions.

The player most under the radar in this competition has to be redshirt freshman Rio Johnson. Johnson, unlike Davis, was in camp for the spring so he had an extra 13 or so practices to get familiar with the new offense and as a result has impressed McNeill.

"Rio has an extreme amount of talent," said McNeill. "He's matured from spring to right now, and he understands the offense very well and has a really strong arm."

Johnson, who was not

highly recruited out of high school, signed with the Pirates in February of 2009 and was red-shirted during his first season on campus. Johnson, like Wornick, was not expected to be in the mix for the starting quarterback position coming into the spring, but his pocket presence and his ability to read the field had him listed as the preseason backup to Wornick. If Wornick was the star of the first scrimmage, then Johnson was a close second, completing 15-of-23 passes for 114 yards and a touchdown.

No matter who ends up winning the quarterback position, it is not just up to that player to make this a successful transition.

The ultimate success of the quarterback position rests on the players placed around him. An offensive line that has four upperclassmen will be given the job of protecting whichever brand-new quarterback gets the start. If the offensive line can keep defenders away, then that gives the quarterback a chance to find his comfort zone and make plays.

Players like Dwayne Harris will have to continue to make the

spectacular plays of the past to take the pressure off and maybe even bail the fresh signal caller out of some situations.

Having all that experience on the offensive side of the ball is a big advantage that McNeill is very aware of.

Coach McNeill said, "Those offensive linemen like DJ, Willie and Cory — those guys have played in big games, meaningful games, and have got meaningful reps. It helps quite a bit; helps the whole team. But it helps the quarterback position that those guys are there."

A quarterback controversy is never a bad thing in college football. It pushes players to be their very best, because they know that there are two other guys waiting for their shot to run the offense. The best news out of all of this is that McNeill is confident in any of the three.

"All three have a little something different," said McNeill. "I like all three quarterbacks; it's a great position for us to be in. I feel comfortable with all three."

This writer can be contacted at sports@theeastcarolinian.com.

Pirates drop close contest to No. 10 Wake Forest

Carlos Olivera
 STAFF WRITER

The ECU soccer team fell to No. 10 Wake Forest 2-1 on Friday night at the North Campus Recreation Complex. The Pirates came into the game with a 1-1-1 record and looked nervous to start the game.

"We definitely looked and started the game a bit timid," said 12th-year head coach Rob Donnenwirth. "You can't make any mistakes against a team like this or they'll punish you."

The Demon Deacons entered the game ranked 10th nationally; they punished early, scoring in the seventh minute. Wake Forest forward Casey Luckhurst scored the first goal coming off a breakaway down the right side.

The Pirates were on the defensive almost the entire first half with Wake Forest controlling the time of possession and taking a three-to-two shot advantage into the half.

"They are an excellent time of possession team and they dominated it in the first half," said Donnenwirth. "I kept telling the girls to be patient and keep everything in front of them, and with the way Wake dominated the possession, they only had a few clear chances, and unfortunately they put one in early."

ECU came out fast to start the second half, with an early scoring opportunity a few minutes in that sailed just a bit high of the Demon Deacons' goal.

"We were definitely a little shell shocked to start the game," junior forward/midfielder

Kimmy Cummings said. "Coach kept saying the next goal is key, and even though we didn't get the next goal, we still hung in there and didn't hang our heads."

The next goal would go to Wake Forest in the 69th minute by Rachel Nuzzolese, putting the Pirates in a deep 2-0 hole.

"I told the girls to start anticipating more passing and to start closing things down and we'd get back in the game," Donnenwirth said.

The Pirates closed the gap to 2-1 on Cummings's first goal of the year in the 76th minute of play. The goal not only closed the gap but also began to breathe new life and confidence into the ECU squad.

"We knew we could play

> **SOCCER** page A12



Kimmy Cummings (center) scored ECU's only goal against Wake Forest on Friday. The junior cut the Demon Deacons' lead in half at the 76th minute.

ECU blanked in East Carolina Classic

Chase Kroll
 FOR THE EAST CAROLINIAN

College volleyball season is finally here, and there was no better way for ECU head coach Pati Rolf and the Lady Pirates to celebrate their season opener than with the East Carolina Classic.

The Classic was a round-robin styled tournament that put the Pirates up against three highly skilled teams: UNC-Charlotte, Liberty and Cleveland State.

"I love these teams. A lot of the coaches are acquaintances of mine. I appreciated them being here," Rolf said. "Tournaments are a great format."

Unfortunately, ECU dropped all three contests.

After the absence of the Classic last season, Coach Rolf stated, "We were really excited to bring it back. It also gives us more opportunities to play at home, which is really important before the conference season starts. So it's just great being able to be home and be in front of all the people."

After dropping the first two games of the weekend, bad luck continued for the Pirates as an injury sidelined Amanda Lutzow for the match against Liberty.

Already missing two players, starters Kasey Kavanaugh and Briana Fleener, ECU limped into its final match.

"Out of the five upperclassmen we have, three of them are out with some type of injury or break. So we are very young," Rolf said. "You know, challenges are happening all across the country on sports teams and you just got to figure out how to deal with it and that's what we're going to do."

Five of the seven starters for the Pirates were newcomers to the team for the final match of the Classic.

Liberty certainly capital-

ized on this, sweeping ECU in three sets (25-10, 25-15, 25-11). In the second set, the Pirates were up to an 8-2 lead, thanks largely in part to Marina Gusman-Brown's consecutive blocks, one solo and one assisted. Despite the strong play, ECU was still on the losing end of the block battle (8-0-5-0), as well as kills (40-15) and digs (48-29).

The Pirates' first match on Saturday was against Cleveland State, who had beaten Liberty the night before in a five-set thriller.

ECU just couldn't seem to get anything going against the Vikings, losing in three sets (25-21, 25-16, 25-19), despite 21 combined kills from redshirt junior Britney Roper (10) and Lutzow (11). The Pirates out-blocked the Vikings (6-0-2-0) but were at a disadvantage in kills (54-31) and digs (58-41).

As tournament play began Friday night, ECU opened its season against rival UNC-Charlotte, and freshmen Shelby Beasley, Andrea Queck and Whitney Campbell all made their debuts for the Pirates.

Although there was solid play from the team, such as Beasley's team-high 13 digs and Lutzow's match-high 10 kills, ECU lost the match in three-straight sets, falling (25-17, 25-15, 25-22) respectively. The 49ers held an advantage in blocking (6-0-3-0), kills (37-29) and digs (39-38), while the Pirates committed a total of 28 errors during the contest.

After the match, Coach Rolf remained optimistic.

"To be honest with you, we saw moments of brightness here," Rolf said. "I think

> **CLASSICS** page A12

MLB post-season predictions

Stephen McNulty
STAFF WRITER

With only one month left in the Major League Baseball season teams are gearing up for the hunt for October. At the start of the season a rematch of the 2009 World Series was widely predicted, however only three teams are in good standing for a repeat appearance in the post-season.

American League East: *New York Yankees.* The Yankees currently have the best record in baseball, but only hold a half game lead over the Tampa Bay Rays. This race is far from over though as the two teams still meet seven more times this season.

American League Central: *Minnesota Twins.* Behind another amazing season from All-Star catcher Joe Mauer the Twins

are 4.5 games up on the Chicago White Sox following the weekend. With 19 of their remaining 31 games at home and an average win percentage of opponents just .470 the Twins are in great shape to return to the playoffs.

American League West: *Texas Rangers.* Josh Hamilton is batting .359 and surprise pitcher C.J. Wilson has compiled a 13-5 record for the upstart Rangers



Atlanta Braves starting pitcher Tim Hudson works against the Florida Marlins at Turner Field in Atlanta, Georgia, on Saturday.

who showed they were in it for the long haul by adding the 2008 A.L. Cy Young Award winner and 2009 post-season standout Cliff Lee at the trade deadline. Not to mention their 7.5 game lead over the Oakland Athletics is the largest in baseball.

American League Wildcard: *Tampa Bay Rays.* The Rays could easily flip-flop with the New York Yankees especially if the young David Price can continue to pitch this well into September. Price is second in the American League with 15 wins while posting a 3.01 ERA in one of the toughest divisions in baseball.

National League East: *Philadelphia Phillies.* In one of the most intriguing races in baseball the Phillies will need to overcome a two game deficit to the Atlanta Braves. With Ryan Howard and Chase Utley healthy again the Phils are finally able to put their full line-up on the field and give support to their stellar pitching rotation. Roy Halladay leads the National League in strikeouts

(186), ERA (2.22) and complete games (8) to go along side his third-best 16 wins. Meanwhile Cole Hamels is back to his World Series MVP form and the Phillies added another ace Roy Oswalt from the Houston Astros at the trade deadline. Look for the Phillies to overtake the Atlanta Braves within the next few weeks.

National League Central: *Cincinnati Reds.* The Reds are arguably the biggest surprise of the 2010 season as Joey Votto and the Reds bats have pushed them into first, five games ahead of the St. Louis Cardinals. Cincinnati is in the top five in the N.L. in batting average, home runs, RBIs and hits. Also, after September 10th the Reds only play 3 games against teams with a .500 or better record.

National League West: *San Diego Padres.* The Padres join Cincinnati as one of the biggest surprise teams of the year, but instead of with the bats, San Diego is winning from the mound. The Padres lead the N.L. in ERA and WHIP while trailing only San

Francisco in strikeouts. Heath Bell has been almost a sure thing completing 37 of 40 save attempts out of the bullpen. While the Padres have fallen into a bit of a slump, so has their challenger the San Francisco Giants, keeping their lead on the division at five games following the weekend.

National League Wildcard: *Atlanta Braves.* In a four horse race, the N.L. wildcard could come down to the final weekend. The Braves finish up with three game series against the Phillies in Atlanta and the Giants finish up at home against the Padres. The Braves could easily come out of this the winners of the N.L. East, or even at home on the couch. But expect the stellar Tim Hudson, resurging Billy Wagner, phenom Jason Heyward and the rest of the Atlanta Braves team who fail to ever go away to reach the playoffs for the first time since 2005.

This writer can be contacted at sports@theeastcarolinian.com



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CLASSICS continued from A11

more confidence."

Outside hitter Lutzow commented on her team's struggles.

"We just have a very young team, so it's going to take a while for us to really get into the swing of things," Lutzow said. "But we are ready to practice and get those things done." Assuming there are no more injuries to an already-battered team, consistency throughout the starting lineup should help the Pirates.

"When you lose someone of Amanda's caliber, it's going to take some adjustment time. I thought overall, being positive and optimistic, that this team really did fight hard," Rolf stated. "It's not like you just lose a forward and you put another forward in. On this team, especially in volleyball, we actually have to shift positions."

The injuries caused many players to be in roles or positions that they normally would not be in, but that does not mean that there is a lack of talent.

"I think there are a lot of bright spots," Rolf said. "We've got to bring these bright spots together, and right now they are all out there, we just have to bring them in."

The East Carolina Classic concluded with Cleveland State going undefeated (3-0), Liberty (2-1), Charlotte (1-2) and ECU (0-3). ECU's next match is this Friday at 4:30 p.m. against Rutgers, at the University of Delaware Invitational.

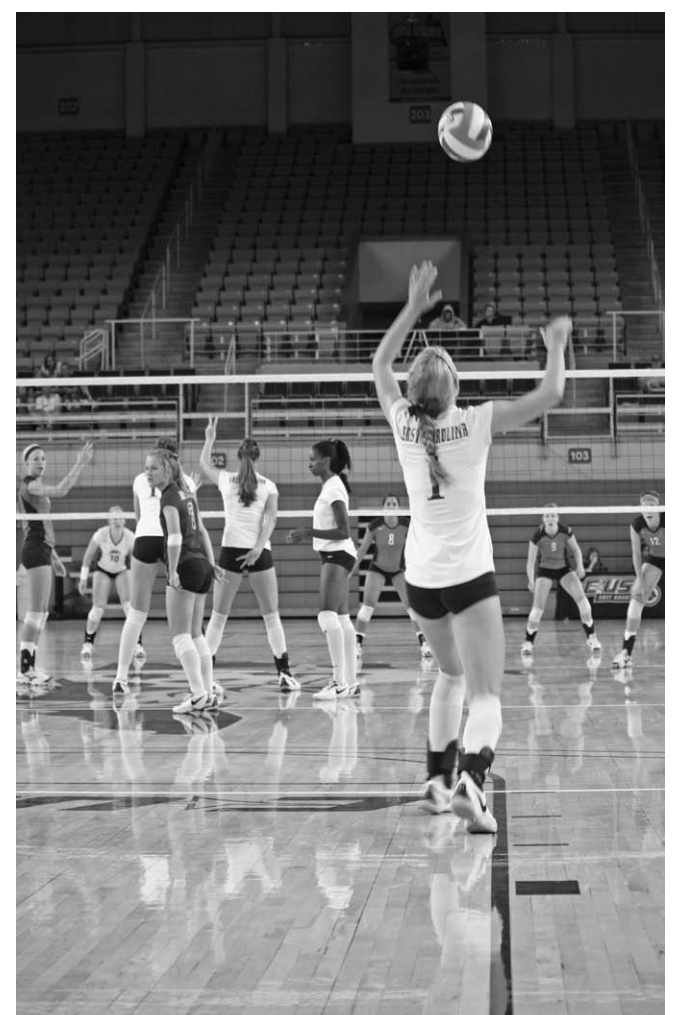
This writer can be contacted at sports@theeastcarolinian.com.

SOCCER continued from A11

with this team and it was good to have an all-out battle like this," said Cummings.

The Pirates had a chance to tie the game three minutes later, but a big save by Wake Forest goalkeeper Aubrey Bledsoe kept the score at 2-1 and preserved the win for the Demon Deacons.

Although the Lady Pirates hung in and battled with a top-10 team, Coach Donnenwirth treated the loss like any other.



ERIN DUNCAN | THE EAST CAROLINIAN

Freshman Andrea Queck ready to serve during the Pirates' Saturday night contest with Liberty. The Flames rolled on to a 3-0 sweep of ECU.

This writer can be contacted at sports@theeastcarolinian.com.

"There are no more moral victories for this team. These are games we need to win," said Donnenwirth. "A game like this will give us confidence going forward because we now know how hard we have to work."

Cummings echoed what Donnenwirth stated. "Yes this loss stings, but it does show that we can play and hang with whoever and now there no excuses going forward," she said.

The Lady Pirates (1-2-1) hope this game serves as a springboard for the rest of the season and look to bounce back in their next game that is slated for Friday as they travel to Norfolk, Va., to take on Old Dominion.

This writer can be contacted at sports@theeastcarolinian.com.

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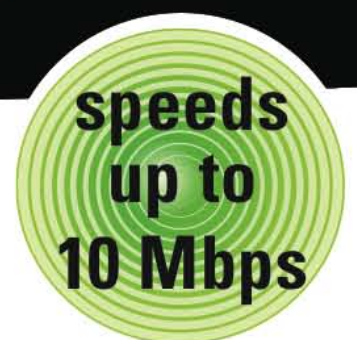


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