

**OPINION:** Dear Pool: Could you stop being so close to my apartment? I would actually like to make it to class without you enticing me every day. Thanks! **A4**

**FEATURES:** Find out what foods to eat to beat stress. **A7**

**SPORTS:** Tiger Woods returns to golf this week at the Master's. Turn to Sports to find out how Woods has changed following his sex scandal. **A9**

BRIEFS



**Downtown murder suspect continues trial, remains in prison**

Staff Reports

James Richardson, 32, remained in N.C. Central Prison Tuesday while his case was scheduled to be heard downtown.

Richardson was listed on the county calendar to appear in court, but did not make an appearance Tuesday. Charged with two counts of felony murder in the cases concerning Landon Blackley and Andrew Kirby, Richardson was moved from the Pitt County jail to Central Prison this January. Blackley and Kirby were killed when Richardson allegedly gunned them down in a drive-by shooting on Fifth Street. While he maintains his innocence in the murders, Richardson could face the death penalty if he is found to be guilty.

**Students vote for student section name**

Staff Reports

ECU's Athletic Department and SGA has made further progress on the naming of the new student section of the football stadium.

Through OneStop, the voting process has received over 4,400 student votes for the first segment.

Taurian Houston, director of Athletic Affairs, described this as "a great turnout considering the timing of the vote and the break which prevented us from doing more marketing."

Of the names provided, three of them received over 10 percent of the vote and one choice received almost 40 percent.

The top three choices, The Boneyard, Graveyard of the Atlantic and No Quarter Zone, are going to be voted on for a second segment. Students can select one choice during an upcoming vote through OneStop from April 14-17.

The winning name will be announced at Barefoot on the Mall.

WEB POLL

**ARE YOU A MEMBER OF THE ARMED FORCES?**

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# The East Carolinian

Thursday, 4.8.10  
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YOUR CAMPUS NEWS SOURCE SINCE 1925

## Research Week allows students to share achievements

**Cassie McLean**  
ASSISTANT NEWS EDITOR

This week, the Graduate School of ECU has proudly hosted ECU Research and Creative Achievement Week. As a way to celebrate the hard work of students, undergraduate and graduate students were invited to share their research with fellow students, faculty and community members.

The event has been set up in a professional, conference-style setting, in which those who share will have a valuable opportunity to practice the public speaking skills

much-needed in today's world.

The categories students were allowed to present upon are as follows: biomedical sciences, business, education, engineering, technology and computer science, human health, humanities, natural sciences, nutrition and dietetics, social sciences and others.

Monday started off the week as the graduate student day. There were a number of awards given, oral presentations and, in particular, biomedical posters.

Tuesday was designed for the undergraduate population. Oral and poster presentations were

given from almost all departments across campus.

Josh Hofstetter, graduate student chair of Research and Creative Achievement Week who has worked to help organize the events, said, "The engineering department was fully represented. All the students showed up. It was part of one of their grades. This was a practice run for one of their later presentations."

Yesterday and today are scheduled for faculty presentations and awards. Friday will involve the luncheon for the award winners. Hofstetter said of the week's

turnout, "It's going really well. We had record turnout for participation. 242 poster and oral presentations from undergraduates and graduates alike."

Hofstetter added, "Faculty turnout has been substantial. Every subject matter has been represented from history to economics, chemistry to biology, physics and recreational leisure studies."

Josh Wils, a graduate student and military history major, spoke at the event on Monday. He said, the event was, "Well put together. It was a nice atmosphere. I spoke about privateering in the Ameri-

can Revolution."

As for the turnout to his oral presentation, Wils said of the small crowd, "I think a lot of people were in class. From what I hear, more people turned out later."

The school looks forward to the few remaining days of research week. For those interested in volunteering to help at the event's remaining days, e-mail researchweek@ecu.edu for more information.

This writer can be contacted at news@theeastcarolinian.com.

## Obama's nuclear strategy splits many differences

By Jonathan S. Landay and Margaret Talev (MCT)

With the new nuclear arms strategy he unveiled on Tuesday, President Barack Obama aims to prod the world toward disarmament and stronger anti-terrorism efforts by rallying disparate interests, arms controllers, U.S. allies, nuclear and non-nuclear nations, and Republicans and other military hawks back home.

Experts across the spectrum agreed that the Nuclear Posture Review represents a significant retreat by the U.S. from its traditional posture of reserving the right to use nuclear force against other nations, even as it maintains a robust arsenal to check Russia and retains Iran and North Korea as potential targets.

Still, as is characteristic of many of Obama's major policy initiatives, the new strategy isn't as far-reaching as liberals had hoped or conservatives had feared. It contains initiatives sought by both sides, including Republican senators whose votes he needs to ratify the new arms-reduction treaty that he's to sign Thursday with Russia.

"It's not a radical document, not at all," said Sharon Squassoni, the director of the Proliferation Prevention Program at the Center for Strategic and International Studies, a center-right Washington research group. "It reduces the role of nuclear weapons in our national security strategy. And it doesn't shy away from uncertainty."

While the review says that the U.S. won't develop or test new nuclear weapons, it allows what some experts see as a back door for expanding warhead production capacity if circumstances change or if a future president wants to shift course.

The strategy also calls for a major program to modernize the country's aging nuclear weapons facilities, some of which date back to World War II, at a cost of about \$5 billion over the next five years, acknowledging but not entirely satisfying a key Republican demand.

It also raises the prospect of billions in new spending on long-range conventional weap-

ons, improved missile defenses to protect U.S. allies, and advanced radars and sensors intended to give the president more time to decide whether to launch a nuclear strike.

While it says that the U.S. would no longer threaten nuclear force against non-nuclear powers that launched biological or chemical attacks, they would have to be in compliance with their obligations under the nuclear Non-Proliferation Treaty. Moreover, the administration reserved the right to change that policy in response to advances by U.S. foes in biological warfare technology.

Two senior Republican senators criticized Obama's plan.

Arizona Sens. Jon Kyl, a top GOP spokesman on nuclear weapons policy, and John McCain, the top Republican on the Senate Armed Services Committee, said in a joint statement that the administration was planning to spend too little on modernizing the country's dated nuclear weapons facilities.

They also said that Americans expect that no option, including nuclear retaliation, would be excluded if the country or its allies were attacked with chemical or biological weapons.

"The Obama administration must clarify that we will take no option off the table to deter attacks against the American people and our allies," they said.

On the other hand, the Nuclear Posture Review didn't go as far as many arms control advocates had sought, as it declined to state explicitly that the sole purpose of U.S. nuclear weapons is to deter a nuclear attack on the U.S., its forces overseas and its allies.

"The continued belief that there is value in nuclear deterrence we think is not justified," said Stephen Young, a senior analyst for the Union of Concerned Scientists.

"The U.S. nuclear arsenal cannot prevent a Russian nuclear attack on the U.S. Nor can it prevent nuclear terrorism. If a terror-

ist has a nuclear bomb on a boat in New York Harbor, it can't be stopped by U.S. nuclear weapons. Nor do U.S. nuclear weapons stop Iran or North Korea from pursuing nuclear weapons.

"This review begins to recognize those realities, but doesn't go as far as it should down that road," Young said. "I would have loved him to say the sole purpose of nuclear weapons is to deter nuclear attacks."

At the same time, Young gave the administration credit for "a major change in U.S. policy," saying: "They have basically indicated they want to move toward a world in which they can state the sole purpose of nuclear weapons is to deter nuclear attacks on the U.S. or its allies."

Russia expressed concern with the new policy even before its official release.

Speaking in Moscow, Russian Foreign Minister Sergey Lavrov warned the U.S. that moving ahead

with plans to replace nuclear warheads with conventional warheads on long-range missiles would jeopardize Obama's vision of a nuclear-free world.

Lavrov also reiterated an earlier warning that Russia could withdraw from the new arms reduction treaty if it felt that its strategic nuclear forces were threatened by advances in U.S. missile defenses.

The Nuclear Posture Review maintains a U.S. force of hundreds of deployed warheads whose core mission remains to deter nuclear attack by Russia, the only nuclear-armed nation whose arsenal represents an existential threat to the U.S.

The strategy also maintains an estimated 150 to 200 U.S. tactical-- or short-range--nuclear weapons in Europe, leaving it up to the 28-nation NATO alliance to decide by consensus whether they should be withdrawn, as proposed by Germany.

### Obama's nuclear policy

Highlights of the Obama administration's Nuclear Posture Review that would reduce U.S. reliance on nuclear weapons in coming years:

- U. S. will**
- Increase investment in weapons infrastructure so older, ineffective warheads could be eliminated
- Work to prevent nuclear terrorism, stop spread of nuclear weapons
- Not develop "new" nuclear warheads or conduct any further nuclear testing
- Pursue more arms control with Russia; reduce the risk of accidental nuclear launches
- Not use nuclear weapons against non-nuclear nations in retaliation for biological, chemical or massive conventional attack if the nations have signed the Nuclear Non-Proliferation Treaty and abide by it
- Seek Senate ratification of Comprehensive Test Ban Treaty

*"We are taking specific and concrete steps to reduce the role of nuclear weapons while preserving our military superiority, deterring aggression and safeguarding the security of the American people."*

**-President Obama**

Source: AP, Reuters, MCT Photo Service  
Graphic: Lee Hulteng, Judy Treible

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## ECU association honored nationally

**Emily Cunningham**  
STAFF WRITER

The East Carolina Association of Nursing Students was recently honored by the National Student Nurses Association for recruiting 191 new members to their association for the 2009-2010 school year. They recruited the most members for a single chapter in the entire country.

Because of their recruitment numbers, ECANS was awarded the Project in Touch grand prize at the National Student Nurses Association's 58th conference in Orlando, Fla., this week. The grand prize included an all-expense-paid trip for one member of ECANS to the conference in Orlando. Project in Touch is NSNA's incentive plan for recruiting new members. Chapters are awarded various prizes based on their recruitment numbers.

ECANS President Elizabeth Newcombe and membership coordinator Hilary Mendel attended the conference in order to accept the award on behalf of their chapter.

At the conference, Hilary Mendel gave a presentation entitled "Keys to Success," in which she presented the steps ECU's chapter took in order to achieve such impressive recruitment numbers.

techniques the organization used to improve their recruiting numbers. "The board restructured the organization based on what the people wanted. We had a lot of

support from the dean and our advisers," said Mendel.

The advisers for ECANS are Kathleen Simpson, clinical associate professor of nursing, and

Krista Horne, clinical assistant professor of nursing.

According to Dr. Sylvia Brown, the dean of the College of Nursing, ECANS is an excellent leader-

ship opportunity for all nursing students. Brown, who was also a member of the NSNA while a nursing student, urged nursing students to take advantage of the leadership and professional opportunities available through ECANS. "Being part of a student organization helps them to learn more about the profession of nursing. Seeing leaders in action helps them to become leaders," said Dr. Brown.

Brown also praised the organization for its devotion to recruiting new members this year. "We have had a very strong nursing organization for a few years, but it seemed as though we hadn't had as many members throughout the previous years, but we recently made a concerted effort to gain more members," said Brown.

ECANS is open to any pre-nursing or nursing student at ECU. According to the NSNA Web site, the organization has over 50,000 members nationwide. The program offers many benefits to its members, such as scholarship opportunities and NCLEX preparation programs.



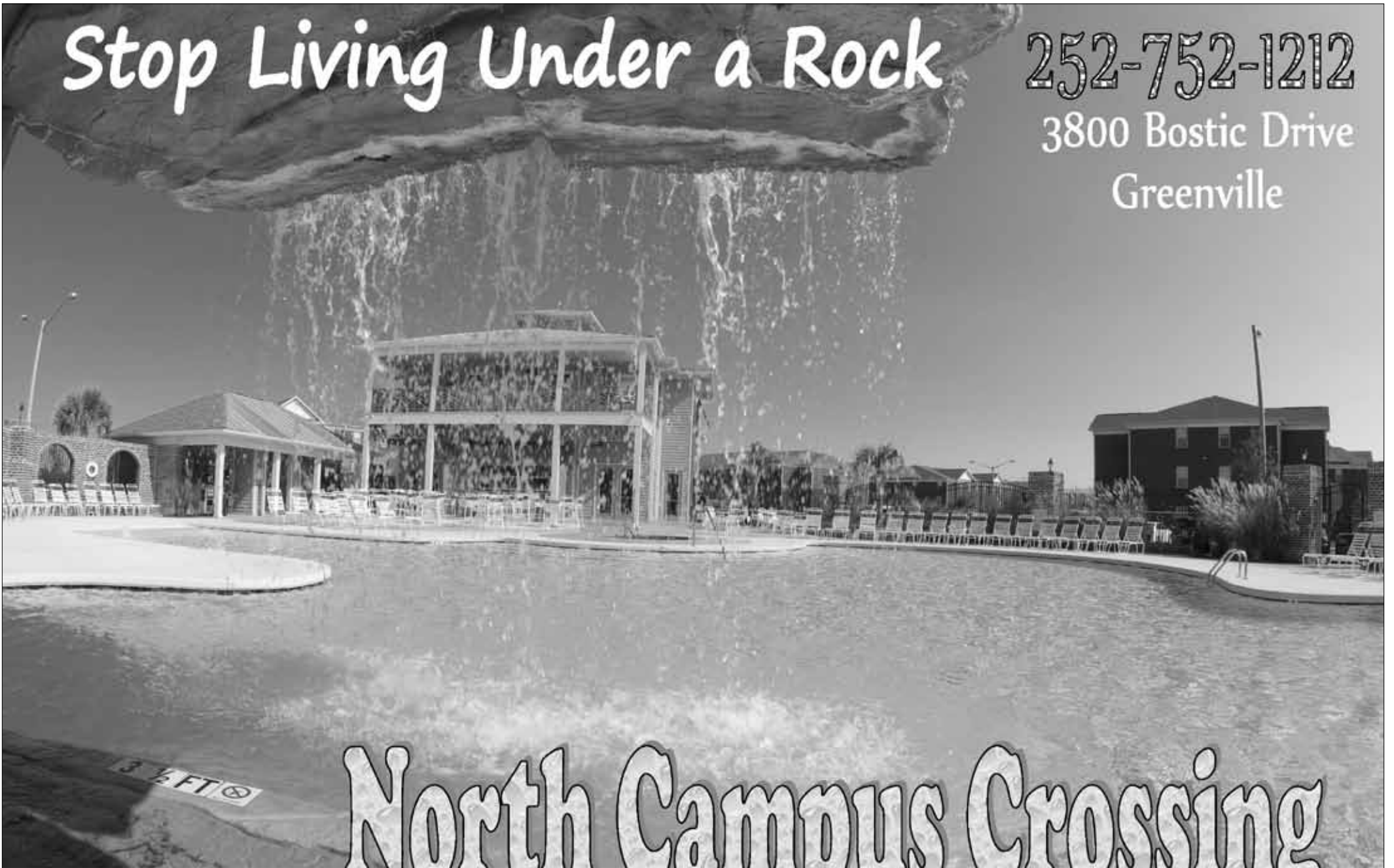
Dr. Lisa Bellin reviews mammogram transparencies with medical students John Skaggs and Tracy McLean.

This writer can be contacted at news@theeastcarolinian.com.

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**BRIEFS**

Relay for Life location changed

**Staff Reports**

Due to the inclement weather and untimely cold front moving in later this week, the Relay for Life team has decided to change the location of Friday's event from the North Campus Crossing fields to Minges Coliseum. The event will be from 6 p.m. on April 9 to 6 a.m. on April 10. The opening ceremony and Survivor's Lap will begin at 6 p.m., followed by a Luminaria Ceremony at 9 p.m. The event is open to the public. The nation's largest non-governmental investor in cancer research promises interested volunteers that the activities and entertainment will remain the same. The band Spare Change and artists Justin Ambrose and Justin Colson will perform live. Admission is \$3. The theme this year will be "Relay Around the World," and each team is asked to represent a different country; some will even provide food. There will also be games and prizes. Walkers plan to volunteer around the clock to raise funds and awareness during the third annual fundraiser at ECU. Teams and individuals will camp out and hope to keep at least one team member on the track at all times. While fundraising is done prior to the event, some camps hold creative venues at their stations throughout the event. All funds will go to the American Cancer Society. The society offers services to patients and their families in Pitt County, including Road to Recovery, a program that transports patients to and from their treatment facilities; the McConnell-Raab Hope Lodge, which provides free housing for a patient and their caregiver for free and the Reach to Recovery program, which connects newly diagnosed breast cancer patients with survivors of breast cancer as a means of encouragement. Tatum Weaver, a junior at ECU, said, "Relay is a unique opportunity for our university to come together to celebrate people who have battled cancer, remember those we've lost and fight back against the disease." She said, "Some of the participants are cancer survivors, which serves as a reminder that ECU is not immune to this disease and that by participating in Relay, we are joining with the American Cancer Society's efforts to create a world with less cancer and more birthdays." To volunteer or participate in the event, visit [www.PirateRelay.com](http://www.PirateRelay.com).

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The East Carolinian does not endorse statements made in Pirate Rants. Questions regarding Rants can be directed to Katelyn Crouse, Editor in Chief, at [opinion@theeastcarolinian.com](mailto:opinion@theeastcarolinian.com). Log onto [theeastcarolinian.com](http://theeastcarolinian.com) to submit a Rant of your own.

The bricks that are covered with gold pollen just gives ECU a lot of school spirit!

I'm glad you got waitlisted.

My professor specified that dress should be casual for our evening review session.

Dear roommate: I am seriously about to throw out your Japanese Cherry Blossom perfume! Two-three sprays are good enough!!!! NOT TEN!!!

I wish flowers and trees drove cars.... I would go around dumping sperm on their cars and see how they liked it!

Everyone: Please quit asking me for my adderall. I'm obviously the one who actually needs it. If you really do need it then get prescribed! But I don't think you need it because the empty capsules I have been giving you seem work just fine.

When I agreed to this friends-with-benefits relationship I was under the impression I would be receiving steady sex...WTF happened?

Dear Pool: Could you stop being so close to my apartment? I would actually like to make it to class without you enticing me every day. Thanks!

So last Thursday I missed all my classes to tan and drink for about six hours, went downtown, drank all night and didn't spend a dime. I mean I'm really not seeing the repercussions to my actions here.

We made out twice. Months ago. Stop looking at me like I killed your puppy.

I was once told that you can tell a lot about a guy by the shoes that he wears. This explains why you were crappy.

To the people who complain about other people taking the elevator to the second floor: If it were such a crime, there wouldn't be a button for the second floor.

Next time a sports team wins a championship, do NOT say we. Last time I checked you do NOT practice with the team.

It's should HAVE not should OF, I know that's the way everyone says it while talking but it's not spelled that way!!!!!! Please Pirates stop confirming what everyone else thinks about the people who go to this school.

When I walk into the room and you are sitting at my desk and using my stuff and you turn around and look at me like I am dumb...I'm gonna kill you!

Don't get me wrong, I love my boyfriend and all, but for some reason every time I see you my heart skips a beat.

To the douche who wrote all over Wright Plaza: No one cares that it's your one year. Give her a card instead of writing it on campus because that was tacky.

You're a jerk. You're the reason we don't invite her to anything. Stop complaining about us.

Get out of the room and off of Facebook. I hate being in the room because you are always there.

To the person who wrote the Pirate Rant about choosing ECU over UNC for grad school: UNC isn't in Durham it's actually in Chapel Hill, and no you can't get a beer for \$1, you can get one for 50 cents, so maybe you should re-consider.

To the guy riding his bike with a shirt on that said, "I just want to ride bikes with you": You're cute! I will ride bikes with you any day!

To the girl in my PHYS 1080 class who was rubbing her bare feet all over the ground last week: I definitely have a sweet picture of it on my phone.

The customer service at the temporary food place in Wright is crazy. Like 12 people ask if you are okay and that you have a nice day. It's awesome.

My situation is like a screwed up game of rock paper scissors.... I am crazy about you, you're crazy about him, and he's crazy about anything that moves. Do you wanna be treated right?

I think I like alcohol more than my girlfriend. Does that mean I have an alcohol problem or a girl problem?

Attention people with allergies. Go get some Benadryl! If I hear one more person's snotty nose I'm going to go insane!

The library turned the lights off on me at 1:55. They are not supposed to close until 2! Please don't leave me in the dark!

Just because it is the end of the semester and you have no money does not mean that I owe you money! You paid for me because YOU wanted to go out!

Did you know that when someone annoys you it takes 42 muscles to frown, but it only takes four muscles to extend your arm out and smack 'em in the head!

Whoever says paper beats rock is an idiot. Next time I see someone say that I will throw a rock at them while they hold up a sheet of paper

I used to play sports. Then I realized you can buy trophies. Now I am good at everything.

## We're so star-struck!

**Emily Winterhalter**  
OPINION COLUMNIST



Imagine your horror when the majority of people in your social circle find out about an awkward hook-up, personal problems with your relationship partner, or a "friend" leaks the secret about a hygiene problem you keep under wraps. Take a minute to reflect on the embarrassment that would there-after consume you.

Luckily, your group of friends is probably less than a significant amount of people, considering the size of ECU compared to the rest of North Carolina, or the whole country even. It's easy to feel like your little bubble is all that matters until you take things into perspective – bubbles are menial compared to the big picture.

Celebrities know all about the big picture; the social circle you would be horrified to face again after a shameful predicament is like the whole world to a star in the spotlight... literally.

One of the most recent scandals plaguing Hollywood at the moment involves former ECU student Sandra Bullock, which is the public affair Jesse James, her husband, engaged in during her filming of the "The Blind Side." As if the circumstances aren't devastating enough, people who have never met her before are dying to uncover the juicy details of her private life; therefore, unwillingly placing her on the cover of every magazine for the past week, encouraging the media to stake her out.

In the midst of a potential crisis, Hollywood's notables have to deal with reporters, television crews and the paparazzi snapping camera flashes in their face and begging for an interview. Why? Because we "normal people" just can't get enough of it.

Nothing horrifying even has to happen, necessarily, for the paparazzi to stalk a star amongst us. They could be out doing normal things like getting Starbucks, riding in their car or on vacation; anything could constitute an unwanted photo shoot simply because they are famous.

Coming across information on America's big shots has never been easier, and we know more about celebrities than ever. Everywhere we turn, gossip can be accessed! Before checking your e-mail, the headlines alone

on your homepage fill you in on so-and-so's whereabouts or hideous get-up. In the grocery aisle, a brief skim of the magazine covers lets us know the latest in an instant.

We become accustomed to this fascination with celebrities from a young age. Starting in our teenage years, we look up to certain stars for the music they produce, or the fact they star in a movie we repeatedly watch. As we get older, the idolization continues due to the things celebrities are notorious for – jaw-dropping behavior, beautiful partners, wealthy lifestyles, envied possessions and the simple element of belonging to the world of fame.

The growing obsession leads to these stars being household names and becoming excessively knowledgeable on these strangers' wardrobe history, dating patterns and other facts we will essentially never use for anything other than, well, gossip.

While we idolize these people for the entertainment their work and private lives bring to our little bubbles, credit is not always due. Young girls shouldn't look up to Disney stars like Lindsay Lohan who grow up to engage in constant drug and partying lifestyles. Ladies our age shouldn't reference bathing suit pictures of Jessica Alba as a standard to how we should look. Married women shouldn't acknowledge the high divorce rate in Hollywood or dependence on physically-altering surgeries and rethink their acceptability in their life.

Next time you're looking for inspiration, instead of grabbing this week's issue of People, take time to look around at your everyday icons. Teachers, parents, siblings, bosses, even friends can have positive and realistic goals for you to work toward.

Celebrities are mostly unattainable and live a life completely different than anything you or I understand. Your most private moments and secrets will never be published for the entire world to see. Next time a social mishap occurs and you're unsure you can face your friends the next day, imagine what a microscope the focus of your starry-eyed obsession lives under and be thankful the world isn't that interested in what you do. Contrary to what Disney's famous ride and song says ... it isn't a small world after all.

This writer can be contacted at [opinion@theeastcarolinian.com](mailto:opinion@theeastcarolinian.com).



ILLUSTRATED BY ADRIAN PARHAMOVICH

## Tell a freshman they can stand under your umbrella!

**Stephanie Fu**  
OPINION COLUMNIST



Coming to college is an exciting step to take. For many students, it is the first time that they are totally and completely on their own. There are no more curfews, no more restrictions on what to do on a school night and no more lists of chores. They can let their dorm rooms get as messy as they want and go out downtown the night before an 8 a.m. class. Some find the freedom liberating and oh-so-satisfying. However, on the other side of the situation, some are overwhelmed by the change. While they appreciate the new opportunities, there is not always a warm meal sitting ready and prepared after a long day of class. At times, if they are not used to chores at home, there is no more mother to do the laundry.

Remember that year as a freshman and you met several different people and had the conversations about high schools? Everyone has had a different experience and adjusting to post secondary school is similar – everyone adjusts differently. Of course there are numerous books at Barnes and Noble and in the "Prepare your Child!" section of stores with how-to books specifically designed for college students. There are the "How to adjust without parents" books, "How to adjust to a new roommate" and even "How to take college courses versus high school classes." I remember the summer before my freshman year, a neighbor that I babysat for gave me the "Naked Roommate" book, which was supposed to be a comprehensive manual on everything from how to adjust to dorm life to making the most of cafeteria food. Except, much like others, for something as

huge and vague as "acclimating" which can vary depending on the individual, a generic manual of common tips may not be sufficient.

For those who may not want to go directly into Greek life, are too shy to join just any club or would like more guidance as a freshman, there is a really unique organization that has just started at ECU this past year. It has been in the works now for a couple of years, but the Pirate to Pirate Mentoring Organization has just successfully completed its first year. The organization is designed to provide freshmen with rising junior and seniors to help them adjust, become familiar with, or just explore more of ECU. Incoming freshmen are paired with a rising junior or senior based on interest, major and other information that is gathered in a survey during the application process. The mentors are interviewed and trained to ensure their preparation for a mentee. Some of the activities that the organization sponsors are two monthly lunch meetings with a mentor or attending a sporting event or taking a tour of campus with a mentor. At first when I heard about this organization, I was a little bit doubtful about its effectiveness.

However, after looking further into its purpose and how it carries out its goal, it is a low-commitment, fun group to be a part of for all kinds of students. Students are encouraged to be a mentor, or if they are not a rising junior or senior or just want to do something more hands-on, students have the option of being a part of the executive board, which is responsible for pairing mentees and mentors and recruiting and organizing events. The interesting thing is the freedom that is given to both the mentors and mentees. It is not as if they are sitting all day in Mendenhall, although it is a very nice building! Their

lunch outings could be to a little restaurant in downtown Greenville. Or, they could see a movie and just talk about some of the challenges that they may face as first year students. The P2P organization successfully paired about 60 freshmen this past fall with mentors.

Rob MacLeod, a senior at ECU, shares his motivation for being a mentor. "As a mentor, you get the opportunity to become a leader," he says. "It is not a huge commitment and it is fun – it's something great to put on your resume and it's just like catching lunch with a friend."

The P2P organization is something exceptional. I fully respect the fact that it is a completely student-run and student-created organization. It's just like those old commercials when it shows a sleepy kid at the kitchen table and then all of a sudden a colorful box of cereal with a twist crashes down on top of the boring corn flakes. Then the Apple Jacks slogan, "Made by Kids for Kids," flashes across the screen. This is a well-planned and organized mentoring program with a specific goal in mind to help students become successful in a social and academic way.

Requita Demery, a sophomore and an active executive board member, described the organization she is passionate about, saying, "There isn't a huge time involvement and it isn't a hugely detailed commitment, but joining P2P mentoring is an opportunity. With just a little bit of time, you could heavily influence someone's life forever."

For more information about becoming a mentor in the fall, there will be interest meetings held for Pirate to Pirate Mentoring on April 5 and 6 at 6 p.m. in Mendenhall 244.

This writer can be contacted at [opinion@theeastcarolinian.com](mailto:opinion@theeastcarolinian.com).

## Rude awakening

**Leila Falls**  
OPINION COLUMNIST



Have you ever experienced the disgust-induced shudder? The "Ugh, jeez" feeling that can cause you to shudder when that girl with the shrill voice says something snooty or obnoxious, or the jerk who turns the lights on in a classroom where everyone is enjoying the lull of the darkness before class begins. There's rudeness everywhere, even in the friendly South! I'm not saying I'm Miss Sugary-Sunshine all the time, but being blatantly rude is just irritating.

What happened to common courtesy? You should be nice to everyone, unless they give you a reason to dislike them. There is a big difference between being genuinely nice and completely fake, though. It's not hard to spot a Regina George clone.

The worst form of rudeness is "milking" a situation. My friend was recently in a car wreck involving two other cars. One car did not even have a scratch, yet the driver acted like

it was damaged. That driver took advantage of the situation, knowing that my friend would be held responsible for all the damages. Is it really necessary to whine about a phantom scratch, especially when you were aware that the cost of the repair of the other cars would be thousands? What a sweetheart! Taking advantage of a stranger is messed up, especially because you don't know if they have had a rough day. Your piece of rudeness could be the icing on their nervous-breakdown cake.

Some people don't realize it, but glares are toxic. Evil glares are usually returned with evil glares, thus a vicious cycle continues. If someone called you a moron for getting a C, a sassy glare is justified. It's the unreasonable and unprovoked glares that are extremely poisonous. No wonder the phrase "looks that kill" was coined. I have witnessed a death-ray glare so overwhelming that the girl that received it ran off crying. If you can't control your rude rays, at least wear sunglasses.

Now, if it's your birthday and you want to convince everyone to buy you shots, it is totally justified to milk the situation. It's your royalty day, plus it's a

harmless form of taking advantage of a situation. It's not like you are going to yell at people in an unfriendly way to help you celebrate.

I was at the mall one day and I saw that a woman pushing a stroller dropped her money. It was a wad of cash, so it was very tempting. My conscience got to me, so I picked it up and returned it to her. She was very grateful since she had spent the past 10 minutes calming down her strong willed 5-year-old. A few minutes later, when I

was purchasing my skirt, I was \$5 short. The cashier had no sympathy and she made me feel like Oliver Twist. I think I stood there for two minutes looking inside a purse full of junk. All of a sudden, that distressed stroller mom placed \$5 on the counter and smiled. You never know who will return the favor one day, so why not be nice?

Wake up; you are not King or Queen Awesome! Sorry, no one wants to put up with rudeness and bask in your "awesomeness." One day being rude is

going to catch up with you. You might cross the wrong person, who has power. You think talking smack about someone and they appear out of nowhere is terrifying, wait until you have to awkwardly explain yourself to the boss, who can't seem to understand why no client wants to deal with the guy that rolls his eyes all the time. Always keep in mind the saying, "You can win more bees with honey."

This writer can be contacted at [opinion@theeastcarolinian.com](mailto:opinion@theeastcarolinian.com).

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**ARIES** -Group business proposals or career partnerships may soon present unusual opportunities. Pay special attention this week to creative employment schemes, shared work duties or research ventures. A fresh approach to ongoing financial restrictions will be helpful.

**TAURUS** - Ask mentors and key officials for advice or special favors this week. Before mid-week some Taureans will encounter new business or money permissions. In the coming weeks expect rare financial opportunities and new incomes sources to also be discussed. Remain determined.

**GEMINI** -Monday through Thursday friends and lovers may gently probe for private opinions or new information. Before next week key relationships may experience a period of romantic doubt and complex social planning. If so, respond honestly to all unusual comments, invitations or questions: your actions and reactions will prove vital to success.

**CANCER** -Workplace politics will this week work in your favor. Late Monday watch for a surprising decision to introduce restructured team assignments or new policies. Stay focused on instructions and watch for improved job descriptions. All is well.

**LEO** - For many Leos early Tuesday marks the start of new lifestyle or romantic choices. In the coming weeks loved ones will vie for your dedication. Your response is important. Accept all overtures as a compliment but reserve judgment. Subtle social or family complications may soon demand completion.

**VIRGO** -Outdated expectations are highlighted over the next four days. Loved ones may this week wish to discuss old ideals, promises or social events. Be forthcoming but watch for signs of change. After May 3rd key relationships will move to a new level of intimacy.

**LIBRA** - Work officials will this week accept your ideas and guidance. After Wednesday, however, complex business projects may require expert handling. Refuse to avoid delicate emotional issues between colleagues. Confidence, team leadership and negotiating skills will be highly respected.

**SCORPIO** - Carefully consider all family proposals or romantic comments this week. Before Wednesday loved ones may reveal their deepest feelings or long-term intentions. Both are positive but may be confused or delayed. Remain patient and watch for steady progress: your assurance is needed.

**SAGITTARIUS** - Keep public discussions on a superficial level over the next few days. At present, friends or colleagues may mask low confidence with cheerfulness and light-hearted gossip. Serious emotions are, however, at issue. Remain diplomatic and resolve all emotional triangles.

**CAPRICORN** - Recently delayed business projects will now move steadily forward. Early Tuesday a sudden increase in workplace messages may be distracting. Detailed records or permissions may soon require an almost constant effort. Refuse to abandon short-term goals.

**AQUARIUS** - Managers may this week be overly focused on outdated mistakes or past records. Over the next five days expect silent workplace tensions or unusual comments. Take none of it personally. Colleagues and officials will soon accept the limits of yesterday's decisions.

**PISCES** - Social relationships may this week be complicated by nostalgic sentiments. Friends will now quietly evaluate recent social or romantic decisions. Remain quietly dedicated and wait for others to resolve their own feelings.

## Sudoku

7	3			1				
8			2			4		
4					5			
		4			7	3	8	
	8			3			4	
	1	2				7		
			8					9
		9			2			4
				5			2	3

ε	ζ	ι	6	ς	λ	8	η	9
η	λ	8	ζ	9	ε	6	ς	ι
6	9	ς	ι	η	8	ε	λ	ζ
9	ς	λ	8	6	η	ζ	ι	ε
ζ	η	6	9	ε	ι	λ	8	ς
ι	8	ε	λ	ζ	ς	η	9	6
λ	ε	9	ς	8	6	ι	ζ	η
ς	ι	η	ε	λ	ζ	9	6	8
8	6	ζ	η	ι	9	ς	ε	λ



## Pirates & Salty Wenches

"Pirates and Salty Wenches" is for entertainment purposes only. Vivian Stockton is not a certified sex columnist. She can only offer advice of an experienced college student. Please direct all comments, questions or concerns to the Editor in Chief, at editor@theeastcarolinian.com

### Why isn't this thing working?!

**Vivian Stockton**  
SEX AND RELATIONSHIP  
COLUMNIST

There's nothing more depressing or deflating than when you are on the verge of having sex and some force of nature, be it God or bad luck, decides that you won't be getting any tonight because your equipment will not properly work.

Take for example, you went downtown and had a drink... or eight... met a girl who is just as interested in going home with you as you are interested in taking her home, get back to your place and all signs point to "Go" except your downward-pointing penis. This scenario we fondly refer to as "whiskey dick." Men also experience whiskey dick in another form, when they've been having sex for what seems like forever and can't seem to climax. Both of these situations are caused by too much drinking or drug use.

Since alcohol is a depressant, it can prevent your brain from adequately communicating with your penis. You're less sensitive because your brain isn't able to pick up on the sensation of your penis being rubbed as well as it could if you were a little less drunk. You run the risk of a similar situation if you decide to indulge in other substances. And no matter how badly you want to have sex or how good the sex may feel, your penis refuses to work properly, leaving you only with the option to sleep it off and hope you don't drink too much next time.

When it comes to forms of erectile dysfunction, whiskey dick is much more excusable and easier to pass off than E.D. while sober. Considering the fact that most young men don't have any actual physical issues with penis function, a primary reason for not being able to perform as one

would like is due to psychological issues.

Anxiety, depression and stress play a huge role in achieving and maintaining an erection as well as being able to climax. If a man's psyche is not in good health because he is concerned with whether or not he is getting accepted into grad school, it could be pretty hard for him to concentrate on something positive like having sex. On the flip-side, it is easy for a man to be extremely excited about a sexual interaction, causing performance anxiety and the inability to get it up or causing premature ejaculation.

Premature ejaculation also occurs because no one teaches a man how to control himself and not cum quickly; it's a skill one must teach himself and can be a hard feat when his first sexual experience was probably masturbation, which taught him to get it done as fast as possible out of fear of being caught.

Another issue that some men find themselves running into is losing his erection mid-coitus. No orgasm was achieved, you didn't stop and he went limp from lack of stimulation – it seems he just lost his gumption. Besides psychological issues, this can be caused by an unhealthy lifestyle. If your man is overweight or has a health issue that restricts blood flow, then he runs a higher risk of losing his erection due to the lack of blood being delivered to his member.

Conversely, some men can't achieve an orgasm through vaginal sex. My best friend, G, dated a guy who would only cum if she gave him head. It wasn't that her vagina didn't please him; it was simply that his penis responded better to being sucked. Another possibility is that it is hard for him to be comfortable enough to

climax – comfort is a very important aspect of a sexual relationship, and if a man can't allow himself to be relaxed and weak he could have a hard time achieving orgasm.

But have no fear, fellas, nature didn't just screw the male sex when it comes to optimum performance in between the sheets. Women run the risk of vaginal dryness, which, like E.D., can be caused by stress and other psychological issues. Bad emotions are certainly a libido killer; I can't count how many times I have been worried about a project or a fight I just had with someone, and I couldn't bring myself to get aroused enough to get very wet. Antibiotics, condoms, tampons, low estrogen levels and many other things can also cause a woman to dry up like the Sahara regardless of how turned on she may be. However, it's easier to cure vaginal dryness than it is E.D. – a little saliva or lube goes a long way!

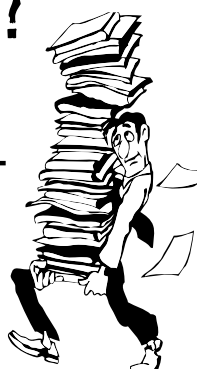
The most important thing to remember when your naughty bits aren't at performing appropriately is to talk to your partner. Both men and women can feel very insecure if they aren't seeing proof, in the form of an erection, wetness or orgasm, that they are pleasing their partner. And if this is an unfortunate recurrence, both people in the relationship will start feeling very inadequate – hence the importance of discussing the issue, because it is very unlikely that your man can't cum because you aren't pleasing him or your woman isn't getting wet because you don't turn her on. Express what kind of touch feels best or anything that might be troubling your mind, because it will definitely prevent any unnecessary hurt feelings.

This writer can be contacted at opinion@theeastcarolinian.com.

## Relationship Problems? Stressed? Anxiety? Depression?

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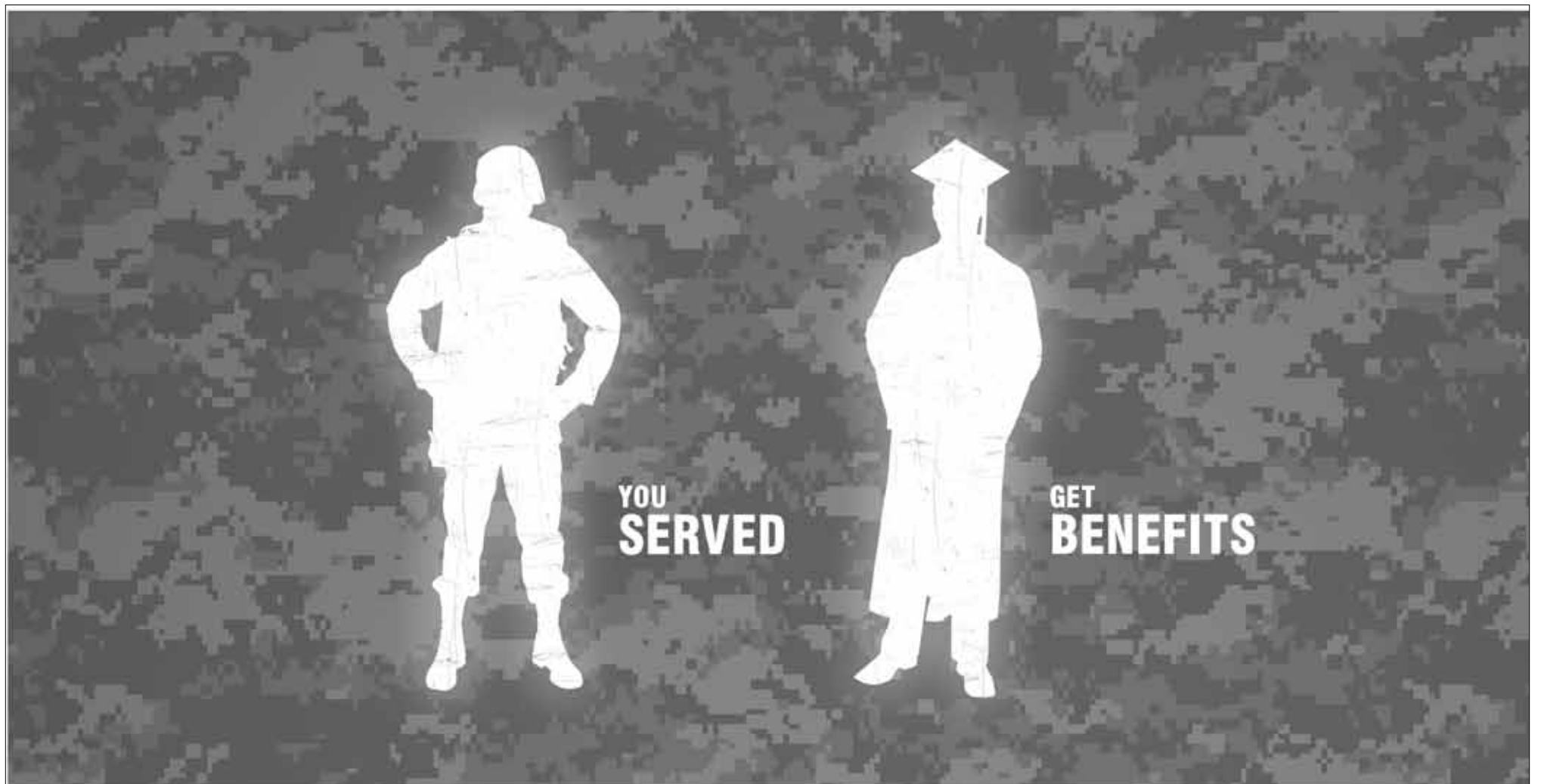
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#### STEP

# 2

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#### STEP

# 3

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## DID YOU KNOW?

The Did You Know's came from the book "The Book Of Useless Information by Noel Botham & The Useless Information Society"

A phrenologist feels and interprets skull features.

A sultan's wife is called a sultana.

An anthropophagite eats people.

Killing a king is called regicide.

Spat-out food is called chanking.

The ball on top of a flagpole is called the truck.

A fox's tail is called a brush.

The two ends of a magnet are called poles.

The word diastima refers to having a gap between your teeth.

The word lethologica describes the state of not remembering the word you want to say.

The word samba means to rub navels together.

When your sink is full, the little hole that lets the water drain, instead of flowing over the side, is called a porcelator.

Women who wink at men are known as nictitating women.

A necropsy is an autopsy on animals.

A poem written to celebrate a wedding is called an epithalamium.

A scholar who studies the Marquis de Sade is called a Sadian, not a Sadist.

According to author Douglas Adams, a Salween is the faint taste of dishwashing liquid in a cup of fresh tea.

Alma mater means "bountiful mother."

An animal epidemic is called an epizootic.

Degringolade means "to fall and disintegrate."

Dendrology is the study of trees.

Dibble means "to drink like a duck."

EEG stands for electroencephalogram.

EMI stands for electrical and musical instrument.

Groaking is to watch people eating in the hope that they will offer you some.

"Hara kiri" is an impolite way of saying the Japanese word seppuku, which means, literally, "belly splitting."

Karaoke means "empty orchestra" in Japanese.

Kemosabe means "soggy shrub" in Navajo.

Koala is Aboriginal for "no drink."

Lead poisoning is known as plumbism.

Scatologists are experts who study feces.

Seals can sleep underwater and surface for air without even waking.

During WW1 almost fourteen million people died in battle.

NERF, the popular foam children's toy company, doesn't actually stand for anything.

You're most likely to lose your hearing than any of the other senses if you are hit by lightning.

# FEATURES

# A7

Thursday, 4.8.10

features@theeastcarolinian.com

## Foods to fight stress



THE EAST CAROLINIAN | ERIN DUNCAN

Sophomores Savannah Beckler and Ariana Abbasi enjoy lunch outside.

Try out these eight delicious foods that are proven to fight stress

**Caitlin Hale**  
ASSISTANT FEATURES  
EDITOR

Summer is quickly approaching and that, unfortunately, means exams are, too. Stress levels will skyrocket thanks to this; however, there are some foods that actually lower anxiety as well as its symptoms. In addition, these foods can

often help nix cravings, which will help students work toward their perfect summer figure. So try out some of these quick fixes for summertime stress.

1. Blueberries – This small little berry just happens to have the highest antioxidant capacity of all fresh fruit. In addition, they aid in reducing belly fat and their antioxidants offset the effects of stress hormones, such as cortisol, on the body.

2. Walnuts – Walnuts have been proven to help lower blood pressure, which is vital for those who consistently have high stress

levels. In fact, the research surrounding their health benefits is so strongly backed that the U.S. Food and Drug Administration recommends 1.5 oz per day of these healthy nuts.

3. Oatmeal – Carbohydrates help produce a calming hormone that helps fight anxiety's negative effects, which is most likely the reason so many people constantly crave carbs. So next time a craving comes on, choose a healthy carb, such as oatmeal. In addition, oatmeal is high in fiber, which means the body takes longer to absorb

it. Because of this, people feel full longer after consuming oatmeal. Therefore, oatmeal not only combats stress, but helps shed the pounds as well!

4. Sunflower seeds – These little seeds are a great source of folate, which helps the body produce a brain chemical called dopamine. This chemical is commonly associated with the pleasure system of the brain, which provides feelings of enjoyment and reinforcement, therefore making a stressful situation not quite so bad.

5. Spinach – Studies have proven that magnesium, which is found in spinach as well as other leafy green vegetables, improves the body's response to stress.

6. Dark chocolate – This delicious snack contains a chemical known as phenethylamine, which is shown to enhance a person's mood. In addition, dark chocolate is also high in flavonoids, which are known for their relaxing properties. The darker the chocolate, the healthier it is, so choose chocolate that is 70 percent cacao (the seed that is used to make chocolate) or higher.

7. Skim milk – Ever heard the old wives' tale that a glass of warm milk is calming? One study found that this is actually true. The study concluded that women who consumed less than one serving of low fat or skim milk a week were over 50 percent more likely to experience stress-related PMS symptoms than woman who drank four or more servings a day.

8. Salmon – Many fish, including salmon, are high in omega-3 fatty acids, which have been proven to help reverse stress symptoms due to the boost in serotonin levels as a result of the omega-3s. In addition, a diet that is high in omega-3s can also help repress the overall production of the anxiety hormones, adrenaline and cortisol.

So as exams draw near, keep these healthy snacks in mind to keep stress levels to a minimum while at the same time shedding the pounds!

This writer can be contacted at features@theeastcarolinian.com.

## Pirates dodge lasers at event this weekend

**Brad Teague**  
STAFF WRITER

The Student Activities Board Entertainment Committee will be holding a laser tag event Saturday on the Mendenhall Student Center brickyard.

The event will last for six hours, beginning at 8 p.m. and ending around 2 a.m. Two teams of nine will be able to participate each round, and the rounds will last for 10 minutes. "We are hoping for a couple hundred students to come out and enjoy it," said Jacob Tidwell, associate director for Student Activities and Major Events. "The committee members saw laser tag in an advertisement and thought it would be something fun for the students to do."

ECU has never hosted a laser tag event quite like this, but they have had similar activities, such as paint-less paintball at Pirate Palooza and Barefoot on the Mall. The event will include laser tag guns and armor for each person, as well as mobile bunkers, obstacles and walls to sneak around while competing. There are also plenty of trees, tables and buildings around the area to use during the round. There is no

limit as to how many rounds each person can play, but each person will have to wait in line before they can play another round.

Laser tag was developed by the United States Army in the late 1970s and '80s, except with a different name and purpose, which was combat training. This type of training is still used today, but with far more advanced technology. The first toy version that closely resembled a laser tag game was manufactured and marketed as a "Star Trek Electronic Phaser Gun" set and modeled ideas from the TV show. The first regulated game with scores began processing in 1982 from idea creator George Carter III. He opened the first laser tag center in Dallas, Texas, in 1984, and the short-lived chain, Photon, was born. In 1986, the first laser tag toys arrived on the market, which caused millions of people to buy the home laser tag sets and have the freedom to play wherever they wanted.

Today, there are large laser tag areas and arenas all over the world, as well as several different brands of home equipment. The current, largest laser tag arena is Laser Rock in Belleville, Ill.,

which boasts a 14,000 square foot area spread over three floors.

SAB will be holding a few other events this month in addition to the laser tag event. The last show in the Laugh Out Loud series, entitled "Dave & Ethan: Double Date Us," featuring notorious comedians Dave Ahdoon and Ethan Fixel, will be presenting on Thursday, April 15th. SAB will also be hosting trips to the North Carolina Zoo and opening day with the Carolina Mudcats. In addition, there will be a poetry slam Monday, April 19th. And the 31st Annual Barefoot on the Mall will be Thursday, April 22nd. Needless to say, there are numerous events happening around campus this month thanks to the SAB. However, many students are particularly looking forward to laser tag.

"I'm so excited about laser tag," said freshman Alice Holleman. "I will bask in the glory of the laser death that I rein upon my peers! Watch your backs, fellow students!"

This writer can be contacted at features@theeastcarolinian.com.

## Inaugural pet show will showcase 'Greenville's Best'

ECU organization will host 'Pets on Parade'

**Veronica Carrington**  
CONTRIBUTING WRITER

Students as well as Greenville residents who are pet owners will have the opportunity to showcase the talents of their pets this weekend.

ECU All-Stars dance team will be hosting a pet show entitled "Pets on Parade" Saturday from 9 a.m. until 1 p.m. This is just another event that pet owners in the local area have the opportunity to participate in.

Recently, many pet-oriented activities have taken place in the local area. From doggie fashion shows, cat parades and dog Easter egg hunts, local pet owners are enjoying the bonding time with their pets.

Jackie Rogers, a freshman communication major, enjoyed the doggie Easter egg hut with her labradoodle, Pike.

"Pike loves to run and play

at the dog park and so I took him to the Easter egg hunt so that he could take part in Easter with me," stated Rogers.

According to statistical data collected by the American Veterinary Medical Association (AVMA) in 2007, 37.2 percent of Americans own a dog, 32.4 percent of Americans own a cat and 5.7 percent of Americans own a bird, horse or exotic pet. These numbers demonstrate the growing number of pet owners in America and the growing number of individuals who consider pets a part of their family.

Based on recent international surveys conducted in 20 of the world's major nations, the U.S. has the highest percentage of households with dogs and cats, and although dog households outnumber cat households, there are more cats than dogs in the U.S. Additionally, more than 90 percent of the AVMA's statistical participants who were surveyed said that the following groups could lead more satisfying lives — if they had a dog or cat companion:

people living alone, senior citizens, handicapped or disabled people and young children.

With pets playing such a large part in the lives of their owners, it is no surprise that the ECU All-Stars dance team would hold a pet show to honor local pets.

The show will be held at Green Springs Park on Fifth Street and registration is \$10 per pet starting at 9 a.m.

Registration forms can be filled out during the registration time.

Contestants will compete in subclasses based on their species; some categories include most unique fur/hair, most obedient, most colorful and fittest.

The pets will win one subcategory and have the opportunity to win "Best in Class" as well.

Members of the ECU All-Stars dance team, representatives from the Greenville Humane Society and the local ASPCA will be judging

PARADE page A8



THE EAST CAROLINIAN | LESLIE BAKER

Freshman Sarah Caton reads a story of love and friendship in Joyner Library.

## 'Something Borrowed' creates a whole new meaning for love triangle

★★★★★

**Madonna Messana**  
STAFF WRITER

"Something Borrowed" by Emily Griffin is a hilarious novel that tells the story of Rachel, a young attorney who lives and works in Manhattan. Since before she was a teenager, Rachel has always been the accomplished good girl — that is, until her 30th birthday.

Darcy, who has been Rachel's best friend since they were little girls, has asked Rachel to be her maid of honor in her September wedding to Dex, Rachel's friend from law school. Darcy has always been a step above Rachel — with boys, looks and in getting what she wants. But when Darcy throws Rachel a party for her 30th birthday, the tables turn after Rachel drunkenly ends up in bed with Darcy's fiancé, Dex.

After waking up next to her best friend's fiancé, Rachel is determined to put the "one-night fling" behind her — that is, until she realizes that she has genuine feelings for the one guy she should stay away from. The night of her 30th birthday begins the story of the unrequited love affair between Rachel and Dex — which fills the book with deception, lust and heartache.

The novel has readers on Rachel's side from the beginning due to the novel's in-depth history of her and Darcy's friendship. Rachel has always been overshadowed by Darcy, which allows readers to be supportive of Rachel. The novel is definitely a page-turner, which keeps readers on edge as the story grows. Readers become connected to the characters' lives and actions — it's a good dose of drama in somebody else's life.

The Seattle Times reported "Something Borrowed" is both hilarious and thoughtfully

written, resisting the frequent tendency of first-time novelists to make their characters and situations a little too black-and-white. You may never think of friendships — their duties, the oblique dances of power and their give-and-take — quite the same way again."

The novel takes readers



through the ups and downs of Rachel and Dex's relationship while they decide what their next step is going to be. It is definitely a page-turner, keeping readers on edge as they grow deeper into the characters' lives. As Darcy and Dex's September wedding draws closer, Rachel must make the heart-wrenching decision regarding her relationship with both Dex and Darcy — and decide who means more to her.

Lauren Weisberger, author of "The Devil Wears Prada," claims, "You don't have to lust after your best friend's boyfriend to worship this book... Here's a heroine you'll root for and a book you won't want to put down. I loved it." "Something Borrowed" is a wonderful novel that will hook you all the way until the end. It is definitely worth reading to find out how the love triangle ends.

This writer can be contacted at features@theeastcarolinian.com.

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**PARADE** continued from A7

ing the pets.  
The Humane Society will also be distributing information to speak out against animal neglect and cruelty, which is unfortunately discovered all across Pitt County each week.

Although members of the dance team are not classified as animal activists, they hope this show will raise awareness in regard to the respect that animals deserve.

Judging for the contest will start at 12:30 p.m. for all groups and prizes will be awarded at 1 p.m.

The show is open to all types of pets, domestic and exotic.

The second place overall pet will receive a grooming package from Helen's Grooming on 10th Street, and the pet voted as overall "Greenville's Best" will also receive a grooming package valued at \$40.

The ECU All-Stars dance team specifically wanted to provide a unique and creative way for pets to be showcased as well as raise money for their first competitive dance competition on May 8.

This writer can be contacted at features@theeastcarolinian.com.

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## Woods named National Player-of-the-Week

ECU junior right-handed pitcher Zach Woods is one of four players to be named Louisville Slugger National Player-of-the-Week, the publication announced Monday afternoon.

Woods, who was also named Conference USA Co-Pitcher-of-the-Week, is the second Pirate this season to take home the Louisville Slugger weekly honor following Devin Harris's selection on March 22.

Woods picked up his fourth win of the season and first career save against Tulane on the week. Against Elon on March 30, he struck out a career-best 15 batters, becoming just the third Pirate since 1940 to strike out 15 in a game. He fanned seven of the first nine batters he faced, including the side in the first after allowing a leadoff single. Woods faced two over the minimum after giving up a base hit to start the game until he ran into trouble in the eighth with two outs, which included 10 in a row from the fourth to the seventh when he issued a two-out walk.

In all, he worked 7.2 innings, surrendering three hits and one walk, while facing 29 Phoenix batters. Woods has not allowed a run in his last three outings, a streak that spans 12.2 innings dating back to the N.C. A&T game on March 24.

## Women's tennis picks up a couple of wins

ECU (14-7) recorded consecutive non-conference victories over Richmond (6-1) and Mount Olive (7-0) in doubleheader action Tuesday afternoon at the ECU Tennis Complex.

In the opener against Richmond, ECU clinched the doubles point after an 8-3 win by Natalie Collins and Tamara Sachs at No. 1 and an 8-5 win by Petra Vogel and Yilian Zhang over Isabel Arana and Kelly Tidwell at No. 3. Jessica Cook and Audrey LePottier dismissed Erin Clark and Helen Cunningham, 8-6, to complete doubles action.

Collins, LePottier, Vogel, Zhang and Cook were all victorious in singles play at the No. 3, No. 4, No. 2 and No. 1 positions, respectively. Collins rolled past Sydney Grant (6-4, 6-2), LePottier defeated Joanna Matuszczyk (6-4, 6-2), Vogel knocked off Cunningham (6-4, 7-5), Zhang dispatched Mariana Arana (6-4, 6-4) and Cook outlasted Tidwell (3-6, 6-0, 6-0) to help ECU cruise past the Spiders. Arana recorded the lone point for Richmond with a 6-4, 6-3 win over Abby Richmond at the No. 6 singles flight.

Against Mount Olive, ECU combined to record a 24-2 doubles ledger and a 73-14 singles mark during its shutout. Tandems Richmond/Sachs as well as Kristin Gordon and Sheelah Iyengar each recorded 8-0 victories to help ECU tally the doubles point, while Cook and Zhang defeated Sofia Medeiros and Jessica Souza, 8-2, to complete the sweep. Iyengar posted a 6-0, 6-0 win over Kelly Dunlap to open singles play, followed by Collins and Zhang, who each registered straight-set 6-0, 6-1 wins at the No. 1 and No. 2 slots to capture the team win.

# SPORTS

## ECU hits the road for its first away C-USA series at Memphis

Pirates hope to bounce back from series loss to Tulane last weekend

**Michael Perry**  
ASSISTANT SPORTS EDITOR

Following up a 13-game home stand, ECU will hit the road once again to take on the Memphis Tigers to continue its Conference USA competition.

The Pirates (18-11, 1-2 C-USA) are coming off a tough Easter weekend series where they dropped 2-of-3 to Tulane. Currently, ECU sits second to last (eighth) in the conference standings, but it's still early in the conference schedule.

In the overall series with the Tigers, the Pirates hold a firm 17-7 lead; however, Memphis (13-16, 4-2 C-USA) is tied for the league's best record with Rice, UAB and Tulane.

The Tigers, lead by head coach Daron Schoenrock, will give ECU respectable competition as they have already topped Marshall and C-USA perennial power Rice in its last two conference contests.

At the plate, Memphis will bring a fast-paced aggressive game as they lead the conference in stolen base attempts (65), are tied for most bags taken (46) and have the most triples in C-USA (9).

As a team, the Tigers are batting .312 with Chad Zurcher and Tyler Huelsing as the standout hitters in their lineup.

Zurcher, a redshirt sopho-

more infielder, posts a .418 batting average and leads the team in hits (51), runs-batted (26) and is the top base thief in C-USA with 14 bags.

Senior outfielder Huelsing bats .380 with a team high 10 home runs, 45 RBI and a slugging percentage of .736.

The Tigers' pitching staff is ranked as the eighth best squad in the conference with a 5.71 earned-run average, despite having the second most total strikeouts (245) just behind

ECU's mark of 268.

Brennon Martin, Ryan Fraser and Ryan Holland appear to be the weekend starters for Memphis.

Brennon (2-3), who holds the staff's lowest ERA of 3.77, and Holland (1-1) make up the Tigers' tandem of southpaw pitching.

Fraser (3-0) is Memphis' obvious ace; the right-hander has pitched the most innings of any on the staff, while he also leads both the Tigers and C-USA

with 57 strikeouts.

True freshman right-hander Dan Langfield (4-3) has the squad's lone save.

The Pirates enter the contest well rested as they broke from their two-game midweek routine this week, which should have some added advantages as they head to Memphis.

On the field, ECU is attempting to re-gather itself as off field controversy no doubt jostled the team heading into last week's series with Tulane.

The untimely dismissal of shortstop and top hitter Dustin Harrington along with pitcher Sthil Sowers has forced the Pirates to make some adjustments.

Luckily for ECU, the ability to rebound from the distraction is possible with the amount of offensive prowess, experienced pitching and depth.

BASEBALL continued on A10



ECU catcher Zach Wright hits his third grand slam of the season last Tuesday against Elon.



Tiger Woods tees off during a practice round at Augusta National golf course on Monday.

## Woods set for a masterful return?

**Jared Jackson**  
SPORTS EDITOR

It's funny, sad and shocking just how much life can change over the course of a year for one of the world's most recognizable faces.

Last April, the world's No. 1 golfer, Tiger Woods, finished sixth at the Masters in his first major championship appearance since having major knee surgery following a playoff victory at the 2008 U.S. Open.

This Thursday, Woods returns to golf after another lengthy break, not due to medical issues, but to a sex scandal that cost the world's most recognizable athlete multiple endorsement deals and gave the public a deep look into the private life of a man who tried to keep every facet of his life behind closed doors.

Gone this year are the questions relating to the gentleman's game and about bouncing back from knee surgery to those about infidelity, prescription painkillers and sleep aids, car crashes, plasma therapies provided by a shady doctor, rehab and living the life of a lie.

A "tradition unlike any other" is set to meet a comeback like any other.

However, the term "comeback" might be a poor word choice. Woods isn't returning to the game after enduring surgery after surgery on his knee. He isn't making his first appearance since the death of a loved one or after fighting off a deadly disease.

No, this is just the return of a man who has embarrassed not only himself but his entire family and golf community. Golf followers will have to ask themselves, "Should I applaud for Woods if he wins on Sunday?"

Many critics and golf analysts believe that Woods has practically no shot of coming away with the green jacket this Sunday, but the fact remains that the still-No. 1 golfer in the world

expects to win.

"Nothing has changed," Woods said in regard to his expectations of returning to golf at the Masters in a press conference Monday. "I'm going to try to go out there and win this thing."

One of the things that people will find most interesting about the "new" Woods is his actions on the course. During his press conference, the 34-year-old promised to deter from his old hotheaded ways into a gentler competitor.

"I've made a conscious decision to try and tone down my negative outbursts," Woods said. "And consequently, I'm sure that my positive outbursts will be calmed down, as well."

"I haven't done that in the past few years, and that was wrong of me," Woods added about engaging with fans. "So many kids have looked up to me, and so many fans have supported me over the years, and I just want to say thank you to them. Especially going through all of this, over the past few months, it really put things into perspective for me, and into how much I — you know, I have appreciated or actually underappreciated the fans in the game of golf."

Padraig Harrington, Phil Mickelson, Ernie Els, Lucas Glover and a slew of other golfers will likely take home the green jacket over Woods. This year's Masters, whether it's fair or not, will go down in history as the return of arguably golf's greatest player in the history of the sport.

The winner come Sunday afternoon will probably be easily forgotten and instead be an anecdote in the tournament where Woods made his return.

Well, that's if Woods doesn't take home the green jacket for a fifth time and first since 2005.

This writer can be contacted at sports@theeastcarolinian.com.

## OPINION

**Alex Serkes**  
STAFF WRITER

With the 2010 NFL Draft a mere 14 days away, the league has been shaken up by numerous trade rumors, player hold-outs and blockbuster trades. Most notably of which was the shaking up of the top five picks in the draft, and hurting the draft stock of many quarterbacks was the move made by the Philadelphia Eagles, who sent long-time quarterback Donovan McNabb to the quarterback-needy Washington Redskins.

It looked like the Skins at first were looking to take a shot on Jimmy Clausen with the No. 4 overall pick, but instead, it seems as if they will look elsewhere. Mel Kiper declined to do last week's section, and Todd McShay unfortunately denied doing the top five picks for us this week.

So I'm back to give you my prediction for the top five picks in this year's NFL Draft. Trade rumors yet to go into effect could shake up these predictions; however, here is where they stand now.

**5. Kansas City Chiefs: Safety Eric Berry (Tennessee)**

Depending on how the top four picks pan out, Eric Berry, easily the top overall talent in the draft, could see himself fall to the fifth pick as other teams look to meet other requirements.

The Chiefs will land a steal with Berry at the five spot — a hard-hitting, great instinct, ball-hawking safety who most people are referring to as the next Ed Reed. Berry was quoted as saying, "If you don't pick me, I'll pick you."

**4. Washington Redskins: Offensive tackle Bryan Bulaga (Iowa)**



Despite an injury-ravaged junior season, former Oklahoma quarterback Sam Bradford is expected to be the No. 1 pick in this year's NFL Draft.

Washington needs no quarterback now that McNabb is in town, but he has to be protected.

Not the most noticeable of names on the offensive lines, but Bryan Bulaga has the instinct and strength to step into a starting tackle role almost immediately, especially for a team who has been in the gutter of the league in sacks allowed. The Redskins lost Chris Samuels, but picking up Bulaga will help tremendously.

**3. Tampa Bay Buccaneers: Defensive tackle Gerald McCoy (Oklahoma)**

Gerald McCoy could look to be the next Warren Sapp in a Tampa Bay uniform if he goes to the Buccaneers. Arguably the top nose tackle along with Ndamukong Suh, McCoy has the total package of strength, speed and intelligence to not only help stop the run up the middle, but to attack the quarterback as well.

**2. Detroit Lions: Defensive tackle Ndamukong Suh (Nebraska)**

Last year's AP Defensive Player-of-the-Year will make an immediate impact on whatever

club he falls to. Unfortunately, that club will be the Lions.

Detroit improved on the offensive side of the ball in last year's draft and will now look to solidify a dismal defense.

Ndamukong Suh is the real deal, a dominant physical presence and a passion for the game that could fire up any defense. He was also the only defensive Heisman trophy candidate last year.

**1. St. Louis Rams: QB Sam Bradford (Oklahoma)**

After a disappointing junior campaign, most would think Sam Bradford would drop tremendously in the draft. Even going into last year's draft, there were concerns about the Heisman trophy winner.

A diesel offensive line in college, shot gun system along with questionable arm strength left question marks for Bradford.

However, the Rams desperately need a quarterback. Marc Bulger's career is quickly dwindling down, and the Rams passed on Mark Sanchez last year and Matt Ryan the previous year. They won't take that risk again.

This writer can be contacted at sports@theeastcarolinian.com.

**BASEBALL** continued from A9

Billy Godwin will most likely continue to platoon players for the middle infielder positions.

Cam Freeman and Corey Thompson will most likely anchor the middle infield with Philip Clark, Daniel Warzon and Billy Walling possible at third.

Heading to Memphis, the Pirates will have the usual spearhead of Kevin Brandt and Seth Maness, but without a midweek tilt, an appearance from hot hand righty Zach Woods should not be a surprise.

In Woods' last start, he fanned 15 batters, and he currently ranks second among all C-USA pitchers in strikeouts, just behind Memphis' Fraser.

As always, ECU will have the luxury of calling upon closer Seth Simmons, who has six saves and one win on the season.

In fact, several arms could be seen this weekend, as ECU will have a completely rested bullpen to draw upon.

At the plate, the Pirates have the consistent presence of Kyle Roller, and freshman first basemen John Wooten returned to the lineup last week against the Green Wave, hitting a team best .412 for the series.

Austin Homan matched Wooten's weekend average and connected on his first long ball in 155 at-bats as a Pirate.

Clark will head to Memphis with a nine-game hitting streak to defend.

All in all, ECU will be in search of its first C-USA series victory this weekend as they head to Memphis.

Games are scheduled for 6:30 p.m. on Friday, 2 p.m. on Saturday and 12 p.m. on Sunday CST at FedEx Park in Memphis, Tenn.

This writer can be contacted at [sports@theeastcarolinian.com](mailto:sports@theeastcarolinian.com).

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ECU Gospel Choir Spring Concert will be Sunday, April 11th at 5:00pm in Wright Auditorium. Student tickets are \$3.00 in advance and can be purchased at the Central Ticket Office.

RHA Howell Center, a medical training site for nursing and respiratory students, is having a fundraising event on Saturday, April 17th at the Hilton in New Bern. For more info, visit www.rhahowell.org or call 252-758-1101.

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