

OPINION: To the guy who said, "Come on, I know there is more space," while standing at the door of a full bus at Minges: Actually there wasn't, so shut your face. **A4**

FEATURES: MLK Day is celebrated by Project HEARTS. Find out more in Features. **A6**

SPORTS: Don't agree with Skip Holtz's decision to leave? Neither does our sports editor. Turn to Sports to get his input. **A8**

Holtz jumps ship

Former ECU head coach heads to South Florida

Jared Jackson
SPORTS EDITOR

The annual Skip Holtz-watch of this college football offseason is officially over.

Holtz announced last Thursday afternoon that he had accepted the head coaching position at the University of South Florida.

Holtz's five-year contract with the Bulls will include a salary of \$9.1 million. Also in effect is a \$1 million buyout clause in his first two years as coach.

Holtz's former contract with ECU ran through 2013 and included a \$100,000 buyout.

Money aside, Holtz made it clear that changing jobs was an agonizing decision for a number of reasons.

"What has made this such a difficult process and decision and transition for me has been how much I believe in this program, how much I believe in these players," Holtz emotionally stated.

News of Holtz's departure slowly began trickling its way through the ECU campus midday Thursday as Holtz himself revealed the options on his table to members of his coaching staff around 1 p.m.

At the time of the staff meeting, Holtz told his coaching staff that he was still the Pirates' headman.

Holtz, however, held a team meeting at 3 p.m. to formally announce to his players he was heading to South Florida.

Up until USF's offer to Holtz around 2:30 p.m., the 45-year-old was planning to tell players he was staying.

Most of the players said they found out about Holtz's departure like everyone else -- on ESPN, even though the head coach had adamantly stated for weeks that his staff and players would be the first to know of a change in his job status.

"I don't think it was held in a professional manner," an anonymous upperclassman on the football team said. "For me to sit there and find out on ESPN that morning after he's been saying we would be the first to know... that's unprofessional."

The meeting was described by one player as having lasted 20 minutes, featuring a teary-eyed, emotional Holtz and focusing on the former coach's decision to head to USF.

"You say we're a family and we're in all of this together, but you're leaving another part of your family here in Greenville," the anonymous source said.

Holtz's decision comes on the heels of former USF coach Jim Leavitt being dismissed on Dec. 8, after allegations of him striking and choking a player during halftime of a Nov. 21 game against Louisville.

Holtz's squads, on the other hand, have cemented quite the legacy in the proud tradition of ECU football during his five-year tenure in Greenville.

But what made the last two years of Holtz's tenure unique was the fact that ECU captured back-to-back C-USA titles. That feat had never been accomplished since C-USA split into two divisions in 2005.

Holtz hoped to reassure the ECU community on Thursday that he wasn't ever looking for a way out and often times during the course of his tenure, spoke of needing a "special situation" to warrant his exodus.

> **HOLTZ page A3**

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The East Carolinian

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YOUR CAMPUS NEWS SOURCE SINCE 1925

America comes together for Haiti relief

Staff Reports

MTV is joining the major broadcast networks and several cable channels for an all-star telethon for Haitian earthquake relief on Jan. 22.

A statement released by MTV Networks on Friday said "Hope for Haiti" will be shown at 8 p.m.

Networks showing the telethon are ABC, CBS, NBC, Fox, CNN, BET, the CW, HBO, MTV, VH1 and CMT. It will also be

available internationally.

Haitian-born entertainer Wyclef Jean will helm the show from New York, and George Clooney will host the Los Angeles part. CNN's Anderson Cooper will be in Haiti.

Other performers expected to perform include Bruce Springsteen, Taylor Swift, Justin Timberlake, Jay-Z and Alicia Keys.

In addition to the telethon, Lady Gaga announced Friday evening that all proceeds from

her show at Radio City Music Hall will be donated to the Haitian relief effort.

Here are some ways the Pirate Nation can help those devastated by the earthquake:

Yele Haiti

Wyclef Jean's charity, which was established in 2004. You can donate by texting YELE to 501501. The charge is added to the mobile user's monthly bill.

Pirates for Haiti

Between 10 a.m. and 3 p.m. until the end of the month, several students will be seated at tables at Wright Place, Mendenhall and the Brody School of Medicine with cans from the American Red Cross to accept donations.

Partners in Health

Partners in Health has launched the Stand With Haiti campaign. Partners has worked in Haiti for nearly 25 years and

is currently working to provide medical assistance.

The American Red Cross

The American Red Cross has a full-time staff already on location in Haiti and has pledged an initial \$200,000 to assist those impacted by the earthquake.

Direct Relief International

> **HAITI page A3**

Student produces dream sports show



CONTRIBUTED PHOTO

Senior broadcast journalism major Kristen Hunter hard at work.

Heather Dinwiddie
STAFF WRITER

In an effort to prepare for their dream career, ECU students take on internships to move to that next step. However, senior broadcast journalism major Kristen Hunter takes that step to a bigger level.

Since her junior year at ECU, Hunter has had a passion for production. With her passion, Hunter decided to create her own sports show.

"[I created this show] because one, I'm a big sports fan, and two, we've got a lot of media production and journalism majors," said

Hunter. "I wanted to combine the two concentrations. I wanted to challenge myself and do something I have never done before. There also aren't very many student-produced programs at ECU."

While she wanted to challenge herself and help give her classmates a chance with her show,

titled "Locker Room Workout," Hunter received some help from a professor.

"I did it through independent study under Ken Wyatt," said Hunter. "I came up with the format and contacted the

> **HUNTER page A3**

Facebook reaction to Liberty Bowl sparks drama

Cassie McLean
ASSISTANT NEWS EDITOR

The heart of Pirate Nation broke on Jan. 2 when the Pirates suffered a devastating loss at the 51st Liberty Bowl. After three missed field goal attempts by ECU kicker Ben Hartman, ECU lost the bowl game with a score of 20-17.

After such a heartbreaking game, students found ways to release their frustration -- online.

Many disappointed students turned to Facebook for what they thought to be a comical means of venting their aggravation with the game.

One student, who chose to remain anonymous due to legal situations, explained the situation that got him into trouble.

"After the Liberty Bowl game was over and Ben missed the three field goals at the end of the game, I made a Facebook group with absolutely no malicious intent, simply venting my frustration, and the group grew like wildfire," the student said. "There were hundreds of members within hours and it broke 1,300 [members] in two days. Honestly, I didn't really expect much to happen from the group, just creating a funny Facebook group that some friends would join."

He regretfully added that he became anxious as the group became larger, worrying he may have stirred up an angry mob. The thought did cross his mind, he admitted, that he may receive a call from the athletics department.

Instead, ECU, angered by the student's reaction, opened a case against him with Student Rights and Responsibilities. While the student suffered a punishment and agreed to take

> **BOWL page A3**

Volunteers enhance community on MLK Day

Emily Cunningham
STAFF WRITER

Early Monday morning, ECU students came together in honor of Martin Luther King, Jr. Day to donate their skills and time to various organizations in the Greenville community.

During the morning meeting, Provost Marilyn Sheerer greeted the students and presented them with a message of encouragement. "Many of your peers are still in bed," Sheerer stated as she addressed the students. "Thank you for committing the time and energy to this day of service."

Sheerer went on to add how grateful she was that ECU students were responding to the need for service on MLK Day. She stated that it's important to volunteer because "if we're blessed and we have all these things going for us, why would we not give to someone else?"

Greenville's mayor, Pat Dunn, was also present to address the volunteers before they departed. Dunn praised the power of volunteering stating, "If we didn't have volunteers, this community would really be hurting."

Dunn also explained that vol-

unteering is important because "it makes you aware of needs that are not met in the community."

Alpha Phi Alpha, the fraternity that Dr. King was a member of during his collegiate days, gave a presentation about the life of King and his enduring contributions to the community and to education.

The presentation, mixed with words of encouragement from Mayor Dunn and Provost Sheerer, showed students how important it is to give a day of service in order to honor a man who devoted his life to service.

Though many of the MLK Challenge volunteers varied in their reasons for volunteering, they all understood the importance of responding to those in need within the community.

Katy Ross, a sophomore majoring in public relations, volunteered on her day off to give back to the community. Ross donated her time to Spring Arbor, an assisted living center, where volunteers did basic cleaning work.

Ross stated that volunteering was important to her since she already had so much. She felt like she "just had to give back."

Wallidine McGarvey, activity

director of Spring Arbor, gave a tangible idea of just how much of an impact volunteers can make. She explained that the ECU volunteers gave the houses a deep clean that really helps the organization keep the facilities up to standard.

McGarvey also stated that they always look forward to ECU students coming to help out.

"They're always a great group of kids and they really have a great time," she said.

Cassie Stulz, a sociology major and a peer counselor at the Volunteer and Service Learning Center, stated that she also volunteered for the MLK Challenge because "when you volunteer, you're directly connecting with your community and becoming more aware of the social problems around you." Stulz, one of 10 volunteer leaders for the MLK Challenge, volunteered her time at RHA Howell, a long-term care facility for children of low-income families who also have serious illnesses.

Stulz's volunteer group aided RHA Howell by organizing a children's closet. She explained that the volunteers of the MLK Challenge usually try to aid organizations with projects that they don't have



LESLIE BAKER | THE EAST CAROLINIAN

The restrooms in the Boys and Girls' Club of Greenville received a new paint job from volunteers Monday. Students participated in this and several other community service projects as part of ECU's Martin Luther King Day Challenge.

the time to do on their own.

Some volunteers like Kimberly Scott, a senior at ECU, decided to volunteer in honor of others.

Scott stated that she chose to volunteer with Give2theTroops,

where volunteers assisted with preparing care packages to send to deployed troops, in order to "give a day back in service for those who gave to us in the past."

BRIEFS

ECU Data Center power outage

Staff Reports

From the night of Saturday, Jan. 23 through Sunday, Jan. 24 at 12 p.m., ITCS is announcing a planned power outage within the data center. Servers will begin shutting down at 9 p.m. on Saturday night. The downtime is essential for improved stability and capabilities now and in the near future. The following services will not be available: Banner and ODS, IDX, e-mail (desktop client and Web), OneStop, Piratedrive, ecuBIC, SharePoint services, Main Campus and Medical Campus wireless service and residence hall wired and wireless network service. However, Blackboard and Centricity will be available, but expect slight delays with these programs.

Last day to apply for graduation

Friday is the last day to apply for graduation in May. Applications can be picked up at the Registrar's Office. Print, complete and return it to the Registrar's Office in person, via mail or fax at 252-328-4232. Students are encouraged to meet with their advisers in order to process their form. Afterward, future graduates should complete the exit survey on OneStop. For further questions, e-mail Shepardn@ecu.edu.

CALENDAR EVENTS

Thursday, January 21

- Get a Clue Student Involvement Fair
Student Recreation Center 7:30-8:30 p.m.
Meet student organizations, campus departments and learn how to get involved! Open to all ECU students!
- Apollo Nights Tryouts
Ledonia Wright Cultural Center Tryouts will be held in the Great Rooms upstairs in Mendenhall. Only the best will be chosen to perform at Apollo Night on Friday, February 12th. Organized by NAACP
- Polar Bear Plunge
7 p.m. at Student Recreation Center
This annual campus event began with 35 hardy souls jumping into the outdoor pool in 1997 and has grown to last year's 640 jumpers. The jump is open to ECU students, faculty and staff members and will begin at 7 p.m. with the line up at 6 p.m. There will be prizes for the jumpers with an opportunity to double their chances of winning by bringing a canned food item.

Friday, January 22

- Jazz at Christine's w/ "Tomthe-Jazzman"
8 to 10 p.m. at the Hilton School of Music Event
- Friday Float
Join a handful of other paddlers on different Friday afternoons this spring. We'll paddle the shorter water trails around the Greenville/Little Washington, NC area. Trip includes equipment, transportation, and instruction. No experience needed. Meet at 2:00 pm at the Adventure Center. \$10 Members/\$15 Non-members 2-6 p.m. Contact: Brad Beggs adventures@ecu.edu 252-328-1560
- Apollo Nights Tryouts
Tryouts will be held in the Great Rooms upstairs in Mendenhall. Only the best will be chosen to perform at Apollo Night on Friday, February 12th. Organized by NAACP
- Last Day to apply for graduation in May

Saturday, January 23

- Great Decisions Program: Peace building and Conflict Resolution
Rivers West Building Auditorium 10 a.m. to 12 p.m.
January 23: Peacebuilding and Conflict Resolution
Speaker: Dr. John Williams, International Studies
U.S. campaigns in Iraq and Afghanistan have shown that military force alone cannot ensure peace in all conflicts. How can the U.S. successfully integrate the tools of peace building into its statecraft? At what point do poverty, disease and climate change threaten national security? What role can non-governmental actors play in supporting government led efforts? For more info contact Dr. Sylvie Debevec Henning, 328-5520 or hennings@ecu.edu

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HAITI continued from A1

Direct Relief International is a U.S.-based organization that has committed up to \$1 million to assist emergency response efforts. They have already sent two 40-by-20 foot containers packed with more than \$420,000 of medicine, supplies and food to St. Damien Children's Hospital in Port-au-Prince, one of the most devastated areas in Haiti.

The Salvation Army has already dedicated nearly \$1 million in direct aid to the country. Donations can be made at the organizations Web site or by calling 1-800-SAL-ARMY. They are also collecting \$5 donations by texting the word HAITI to 52000.

This writer can be contacted at news@theeastcarolinian.com.

The Salvation Army

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BOWL continued from A1

rather not made the group at all," he said. "I guess you really don't realize that when you put something up on Facebook you really don't know how far it might spread and whose eyes might come across it. I do feel bad for Ben and I know that my group didn't help anything, and for that I am sorry."

In his defense, saying the whole ordeal was blown out of proportion, he adds, "It was a Facebook group made after a disappointing bowl game loss ... not a brick through a window?"

Terry Holland, ECU's Director of Athletics, said regarding Internet postings, "In a conversation, if one says something that is hurtful or misunderstood by another person, the speaker can often see the reaction and/or confusion and take

appropriate action. The need to provide context or an apology is not readily apparent most of the time on the Internet so we all should carefully evaluate the words we use for public display."

Amanda Lapp, a sophomore at ECU and a member of the school track and field team said, "As a student athlete, it feels good to support and represent our school. That's part of the reason we have the three-hour-a-day practice lifestyle. But it feels even better to be supported by the school."

She added, "It seems unfair that after one bad game or one bad race, all of that support could be lost."

Ben Hartman declined to comment on the situation.

This writer can be contacted at

HOLTZ continued from A1

me not wanting to be in Greenville," Holtz said. "I have not tried to run out of here on the first boat that came by. I was not looking to leave. There are probably about 120 other jobs in the country that I would not have considered."

Holtz was in tears as he left Greenville, but as soon as his plane landed in Tampa, the new Bulls coach was all smiles, flashing the program's hand gesture and proclaiming the decision to accept the position was "an easy one."

"It pisses me off," the source said of his and fellow teammates watching Holtz's arrival in Tampa. "It's more like you're getting off the plane and throwing up whatever the hell you call their (hand) sign, but I mean for him to be shedding tears less than 24 hours ago in front of us and then be throwing up that [expletive], it just doesn't click with me."

Despite all the drama surrounding Holtz's departure, ECU Athletics Director Terry Holland knows what Holtz meant to Greenville and to Pirate fans all over.

"Skip Holtz and his family have transformed our expectations of ourselves and our athletic program while contributing to every aspect of our community," Holland said. "It's been public knowledge the past few off-seasons that Holtz has

long-strived to lead a program in a Bowl Championship Conference and he will now get the pleasure of competing against a tough Big East slate that includes West Virginia, Cincinnati, Pittsburgh, Rutgers, Connecticut, Louisville and Syracuse."

Also a factor in Holtz's interest in the USF opening was being closer to his immediate family.

"My parents live here in Orlando, my wife is from Port Charlotte," Holtz told The Tampa Tribune last Tuesday. "It's a Big East job, and I think it's a great situation ... There's a lot of positives to it. I think it's definitely an up-and-coming program."

Holland wasted no time in reassuring the Pirate Nation that an in-depth coaching search would begin immediately to build upon the milestones set by Holtz and his staff.

"Our search process will begin immediately," Holland said. "We will be seeking a coach who can provide strong leadership and will be able to assemble a staff that will allow us to reach the substantial goals we have set for ourselves."

This writer can be contacted at sports@theeastcarolinian.com.



Kristen Hunter prepares to start filming.

HUNTER continued from A1

individual coaches and players of sports I wanted included. The pre-production takes the longest."

During the pre-production process, Hunter contacted the sports information director. This director, who handles all public relations, has to be contacted before the coaches and teams.

Along with Wyatt, Hunter also gives credit to other faculty and students from the School of Communication.

"I received help from Mike Dermody's advanced studio production class," said Hunter. "There are two students who helped with the production phase, Tony Pham and Kim Sibbach."

Even though Hunter is receiving a lot of help, she is in charge of most aspects of the show.

"I am the creator, producer, host and editor of the show," said Hunter. She also has past experience in production as the producer of "Art's Thread," which can be viewed on ECU's YouTube account.

According to Hunter, each

episode of the show is half an hour. Each show will highlight one sport.

"We have a package about the sport and the team. Back in the studio, we interview the head coach," said Hunter. "We have athletic trainers for the sport to come on the show and give tips and then an interview with a student athlete."

With this format for the show, Hunter hopes to give recognition to the many sports available at ECU.

"It's really focusing on the underrepresented sports at ECU. We've got a lot of sports teams that aren't know about but are really successful," said Hunter.

Although the show has not begun airing, Hunter will drop off an episode at the station within a week. "Locker Room Workout" will air on channel 99 on ECU TV. It will also be appearing on ECU's YouTube page.

This writer can be contacted at news@theeastcarolinian.com.

WVW
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To the girl in Anthropology Tuesday: You showed your butt crack to everyone behind you. Imao.....

No smoking downtown? Right.

Dear roommate: Please take your girlfriend back home so she can stop using up our utilities. She's been caged in your room at our apartment for nearly a week!

To the dude yelling, "Dirka dirka," in my Econ class? Quit being a jerk; some of us are trying to sleep!

FYI for campus drivers: Speeding through campus at 50 mph and nearly hitting people is a really good way to get your car keyed/tires slashed/face smashed in. Keep pressing your luck.

Tanning Season has officially begun! Woo hoo! Cancer Time! At least, I'll look pretty in my bikini.

I have spring break plans already and I'M GOING TO PANAMA CITY! Be Jealous.

It's nice when my roommate disappears for a couple days!

There are too many New Year's resolutions at the gym.

ECU basketball games are so much fun. They're indoors, and they're shorter than football games!

To my R.A.: Please stop banging around in your room. It sounds like you're building an arc.

Dear Roommate: My dog has a name. And no its not "that dog." Thanks.

To the guy who said, "Come on, I know there is more space," while standing at the door of a full bus at Minges: Actually there wasn't, so shut your face.

You would think after four years of walking on campus, I still wouldn't get scared by the squirrels.

If ONE MORE PERSON calls me "Snookie" from Jersey Shore, I'm going to crack.

To the bus drivers: It's bad enough that I have to listen your CRAP music first thing in the morning, but if the station isn't coming in 95% of the time do us all a favor and change the static!

To the really really hot guy in my building: Just do you know, I think you have the dreamiest blue eyes and we should talk.

To the guy in my Bio. class: How in the world do you sleep through the entire class then wake up 5 minutes before its time to go!!! STAY HOME!!! SAVE YOUR MONEY!!!

Dear roommate: I opened the blinds to let light in the room so it would look like a dungeon...DON'T CLOSE THEM!!!!

Did you tell your girlfriend that you spent Christmas with our family while you two were broken up over the holidays? Glad we could keep you company until the two of you restored your dysfunctional relationship.

You need some serious therapy, but it may be too late--karma is a b*tch.

Yeah, she's a glutton for punishment, but at least she got a nice camera out of the deal.

Greenville will be a better place when you're gone.

To the girl that fell all the way down the stairs in our house during the party on Friday night: You made my night!

It's not illegal, it's frowned upon, like masturbating on an airplane.

I wish my project management professor would realize that we do in fact have lives outside of her class. I don't have time to be blogging, journaling and group bonding every day... wtf?

SafeRide is impossible to use. They don't pick up here, they don't go there, you can't ride, you can ride... can someone post some guidelines so I know what's going on!?

It doesn't matter if you're about to go to bed or just hanging around the dorm, WEAR A BRA. No one wants to see your boobs. They'll be at your waist by senior year!!!

Dear Roommate: I didn't pay \$5 on hairspray for you to use it. If you want shimmer and shine, BUY YOUR OWN DANG HAIRSPRAY!!!!

How fast does a zebra have to run before it looks gray?

Dear Roommate: Ownership of my TV gives me the right to do whatever I want with it...Even Kindergartens would know that Sweetie.

Roommate: You wrote a two page letter telling me that I don't clean enough but when I cleaned the kitchen you b*tched that I wasted water by using the dishwasher, although, it's been proven that dishwashers conserve water... what can I do to make you happy?

Who decided that now we pay for every credit hour? I miss the simple days when it used to be the same rate whether it was 12 hours or 18 hours.

Dear Girls: If you decide to use the bathroom and it's your time of the month please be courteous and actually pick up your nasty stuff and throw it in the sanitary basket. Don't forget to flush the toilet too!!

North Carolina bans smoking in restaurants and bars



Mary Dixon
OPINION COLUMNIST

Smoking or non? It's a common question to any person who has dined in a restaurant. However, in North Carolina, it's a question you won't hear ever again.

Why? Effective since the New Year, North Carolina has passed a ban on smoking in any bar or restaurant.

This is a huge and exciting step in our state's history, considering that we alone are the largest tobacco-producing state in the country. According to the North Carolina Department of Agriculture and Consumer Services, our state harbors over 255,000 tobacco-rated jobs, which is about 40 percent of the nation's total. Though this is a huge step in the right direction for a smoke-free state, not all smoke has been banned: cigar bars are still permitted, and you are also allowed to still smoke in country clubs.

Secondhand smoke is a dan-

gerous threat when smokers are allowed to smoke in enclosed areas with those who do not smoke. For non-smokers, this rings all too true; Saturday night you're downtown enjoying a great time with your friends, enjoying a few drinks and someone lights up beside you. Not really a big deal, right?

Well, it isn't a big deal until suddenly you're breathing in their smoke. Your throat becomes scratchy and irritated, and when you walk outside, your clothes smell as if you had taken a bath in their smoke. It's disgusting.

If you smoke, that's fine, no judgment is being passed. But the facts are that second-hand smoke causes 46,000 heart attacks and 3,400 lung cancer deaths a year. If you don't smoke, you shouldn't suffer the serious and life-altering effects of secondhand smoke. The surgeon general has stated that no level of secondhand smoke comes without a risk; therefore, it just isn't fair to subject others to that.

This change hasn't come without protest, though. Tobacco companies have fought tooth and nail to have this ban not go through. They feel that business owners have the right to control their own affairs, and it isn't fair to post such a

broad law that effects so many. Even some business owners agree with them; many people in North Carolina have grown up around the tobacco industry and see smoking as part of their lives, their heritage even. So to tell them that after 50 years of going to the same diner every morning for a cup of coffee and a cigarette while they read the newspaper just isn't going to happen anymore, it seems intrusive and unnerving. Business owners even fear they will lose patrons due to the ban. But at the end of the day, it's a better solution for everyone. Health safety is always a top priority when considering what is best for a business.

People would find it appalling if they discovered that anyone handling food did not wear gloves and wash their hands, so businesses enforce that policy, and again, a restaurant would never allow someone to bring in something that could bring illness to their other customers. So why should smoking be treated any different? It shouldn't, and for the first time in North Carolina history, it isn't.

This writer can be contacted at opinion@theeastcarolinian.com.



"Cherish forever what makes you unique, 'cause you're really a yawn if it goes."

BETTE MIDLER



ILLUSTRATED BY ADRIAN PARHAMOVICH

Your scapegoating antics place you in good company



Ben Cochran
OPINION COLUMNIST

I was at the gym today and noticed that instead of ESPN or some news channel, they had the TV tuned to "The 700 Club." After I took my Geritol, I knocked back my prune-juice protein shake and called the fellas to tell them to prime the shuffleboard deck: I wanted to get a game in before my 4 p.m. dinner.

This is ECU; the users of the Student Recreation Center are almost all between 18-24.

For those of you who don't know, "The 700 Club" is a program whose primary viewers are in their 70s. On this show, the very conservative host, Pat Robertson, squints too hard when he prays, asks for your money and then gives you some sob story about a kid with no legs in Iowa, or somewhere equally depressing. Despite the fact that "The 700 Club" has no business being shown in a gym, I found myself thinking about how much I miss Jerry Falwell, an occasional guest on the show.

I wish he were still alive and with us today. He would at least have an answer for why ECU

didn't win the bowl game. He'd probably blame it on homosexuals. After all, the lifestyles of "the pagans, the abortionists and the feminists, and the gays and the lesbians" were what caused the 9/11 attacks according to his astute observations. That was almost a decade ago, so you know those conspiring homosexuals were itching to let loose their plot of doom and destruction on what was otherwise a successful ECU football season.

Falwell is not the only one with outlandish theories on why things go wrong. For instance, superstitious sports buffs know all about the hex that a hot girl can unwittingly put on a quarterback. Perhaps Pinkney was distracted by some decked-out debutant who caused him to throw two second-half interceptions?

That's not plausible according to butterfly effect theorists, who would have you believe that a moth farted in Beijing, setting into motion a domino effect that caused a typhoon in Indonesia and whose lingering winds caused just enough of a draft in Memphis to catch Hartman's kick and clank it off the goal post. Rubbish.

Then there are the sourpusses who want to hang the whole loss squarely on Ben Hartman's shoulders. Most of these people are actual ECU students, which is all the more disturbing.

Some of the Facebook groups out there, while initially funny, demonstrate a hatred which has no place in college athletics. You win and lose as a team — a concept too oft forgotten in the modern age of individualism. Assigning the responsibility of the loss to a single player's performance is like getting insanely drunk, driving and then explaining to your arresting officer that it's really the Jews' fault. Is Mel Gibson anti-Semitic? Probably. Is Ben Hartman solely responsible for the loss of the Liberty bowl? Probably not.

The next person who even thinks of blaming Ben Hartman should have the audacity to say it to his face; Ben might miss a few field goals from time to time (as even Lou Groza Award winners are wont to do), but I guarantee he can tee your ass up and boot it into oblivion where you can rehash the finer points of Scapegoats 101 with Jerry Falwell (save Mel a seat). So go ahead and fritter your lives away, you Facebook groupie hate-mongers. But be warned, karma has an ironic way of running you over with a bus whose driver, Ray Finkle, didn't see you because he was too busy jamming out to Adam Sandler's "The Lonesome Kicker."

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Fast food tips and tricks



Emily Winterhalter
OPINION COLUMNIST

"I'll have a number seven, fried, with extra mayonnaise. For my drink? I'll have a Coke. Oh, and can you super-size my fries and drink, please?"

This is a sentence that many of you have spoken before, or words to that effect. Maybe you got a Diet Coke instead?

Unfortunately, college students throughout the country are cursed. We are busy, and let's face it — lazy.

I, for one, can attest to the fact that if I have an extra hour on my hands, the choice becomes whether I should throw on my jogging shoes and get my heart pumping, or if I should curl up on the couch watching "That 70's Show" and eating my peanut butter and jelly sandwich — the latter usually seems to win.

This is the time of year, though, where everyone is sticking to their New Year's resolutions. The time of the year when the parking lot at the gym seems to always be packed, at least for the next month or two, until the crowd begins to thin — just like after the first week or two of classes.

But the problem isn't what your resolution is, but if you stick to it or not.

In 2009, Boynton Health Service did a survey in Minnesota of students from nine different colleges and universities. According to the report, 45.9 percent of students who completed the survey fell into the overweight to extremely obese category. Almost half of the surveyed college students are overweight! Knowing this, it may not surprise you that out of those students who fell into the overweight to extremely obese category, almost 60 percent said they consume fast food on more than a weekly basis.

It's no secret that fast food and obesity have a special relationship. Remember the "Super Size Me" documentary?

You may be thinking, "Between my school schedule, social life and part-time job, I have no time to make quality meals, or the money to go out to restaurants and eat healthy

meals."

I know this because I have often had these same thoughts when driving past a Chick-fil-A.

I'm here to tell you, though: It is possible to eat healthy (or healthier) and still be a happy college student. Amazing, right? Here are some ideas how.

If you're crunched for time and fast food seems to be your only feasible option that day, there are healthier choices. McDonald's, Burger King, Chick-fil-A, Wendy's and Dairy Queen all offer grilled or charbroiled chicken sandwiches; KFC also jumped on the bandwagon and has a new alternative, the "Kentucky Grilled Chicken" sandwich. Taco Bell is even promoting a new menu! Also, Subway conveniently groups their healthiest items together so you can choose from only those items. As long as you don't add four slices of cheese and heavy dressings to these sandwiches, they do prove to be a lot better for your health than many of the crispy or fried menu items these places specialize in.

Fast food can't be the only thing you eat. It's necessary to stock up on some healthier kitchen items other than Easy Mac and frozen pizza. An easy way to do this for those times you're holed up studying or you encounter a late-night hunger strike is to think of the items you would normally buy and replace them with something more beneficial. For example, chips and dip is a common snack item — keep the dip and opt for some Triscuits or veggies, like a package of baby carrots, to dip instead. Similarly, instead of making a midnight milkshake with ice cream and milk, use some frozen fruit packages and ice to make a smoothie. If you can't resist your temptation for a Hot Pocket, at least buy the Lean Pocket alternative. You get the picture.

In conjunction with these tips, try to also hit the gym with some friends, or try one of the many classes the Wellness Center has to offer. If you've been procrastinating on making or sticking to your New Year's resolution, this should get you started. If anything, you'll be a step ahead of all the paranoia-induced fasting and dieting among students that will take place the week before spring break.

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ARIES Romantic invitations, suggestive comments and sensuality are difficult to resist. Many Aries natives will now enjoy a sudden increase in vitality, fitness and emotional wealth. Avoid, however, becoming permanently distracted by short-term flirtations. Loved ones will soon ask for renewed promises and new devotion.

TAURUS Social timing and group sensitivity are now important to the success of long-term friendships. Early this week someone close may need help to resolve painful memories or move forward in new relationships. Encourage public optimism, fresh ideals and belonging. Moodiness or lingering moments of self-doubt will soon vanish.

GEMINI Love relationships will require your full devotion this week. New romantic partners or potential lovers now need to witness your social enthusiasm and mental charm. Introduce unique leisure activities, express previously hidden attractions or offer unexpected invitations. Intriguing emotional overtures will not go unnoticed.

CANCER Last minute invitations are rewarding this week. Recently reluctant friends provide new social outlets. Explore all activities, suggestions and relationships. Many Cancerians will now end almost four weeks of inward thought or private reflection. Allow outdated social or group restrictions to fade. Fresh activities will be pleasing.

LEO Career planning demands bold public discussion. After Monday expect romantic partners or relatives to press for final answers, defined goals or new business promises. Set firm boundaries and avoid rushed decisions. Consistent dedication to established ideals will ensure lasting success. Go slow and clarify all expectations.

VIRGO Job restrictions and minor tensions between colleagues will be strongly felt this week. If possible, avoid emotional risk in the workplace. Key officials will not offer clear instructions or reassuring words. Wednesday through Saturday a trusted friend or relative may review past experiences or examine yesterday's promises.

LIBRA Family routines will this week be quickly disrupted by last minute group plans. Close friends or colleagues may now advocate unique social gatherings, new entertainment and rare artistic pursuits. All are positive but also time consuming. Check with loved ones before offering definite promises. Social sensitivities are now high.

SCORPIO Silly antics between friends are amusing this week but also easily misinterpreted. After Tuesday loved ones and potential romantic partners are highly sensitive to feelings of social exclusion. Make sure invitations or creative activities include everyone. This is not the right time to ignore minor jealousies or private resentments.

SAGITTARIUS Business demands are now increasing. Before mid-week expect recently silent or withdrawn managers to introduce rare policy changes or revised procedures. New methods, ironically, will likely trigger unnecessary confusion. Remain quietly detached and avoid public debate. The need for public respect will be deeply felt this week.

CAPRICORN Before Wednesday expect a close friend to ask for controversial advice or emotional support. Marital disputes or ongoing family triangles may now be unusually stressful. Offer kind words and concrete suggestions. Your attention to small details and practical wisdom will help clarify difficult relationships.

AQUARIUS Property agreements may now be cancelled or thoroughly redefined. Financial promises, delayed payments and public accountability may all be key factors. After Tuesday ask loved ones for assistance or advice. Practical discussions between trusted friends or close relatives may present unique solutions. Don't be shy.

PISCES Older managers and officials will this week provide constructive criticism. Wait for further information, however, before offering an extra effort. Private politics and policy change may be an ongoing theme over the next three weeks. Remain quietly detached and watch for obvious improvements.

Sudoku

7	3			1				
8				2			4	
4						5		
			4			7	3	8
	8				3			4
	1	2					7	
				8				9
			9			2		4
					5			2
							2	3

£	2	1	6	5	7	8	4	9
4	7	8	2	9	£	6	5	1
6	9	5	1	4	8	£	7	2
9	5	7	8	6	4	2	1	£
2	4	6	9	£	1	7	8	5
1	8	£	7	2	5	4	9	6
7	£	9	5	8	6	1	2	4
5	1	4	£	7	2	9	6	8
8	6	2	4	1	9	5	£	7

Pirates & Salty Wenches



"Pirates and Salty Wenches" is for entertainment purposes only. Vivian Stockton is not a certified sex columnist. She can only offer advice of an experienced college student. Please direct all comments, questions or concerns to the Editor in Chief, at editor@theeastcarolinian.com

Backdoor lover

Vivian Stockton
SEX AND RELATIONSHIP
COLUMNIST

Butt sex. What is the fascination? Is it the smell? Is it the taste? Is it the sensation? Is it the feeling of total domination over another human being?

I've heard so many bizarre things regarding the topic of butt sex. From the female population, I have actually heard a woman say that by allowing your boyfriend to put it in your butt, that it is practically like saying, "I love you." Since when did love start getting measured by what you will or won't allow to enter your backdoor? I also had one of my best friends tell me that she was waiting until her two-year anniversary with her boyfriend before she was going to let him do it.

In terms of the male population, I have heard comments that range from wanting to exert total physical dominance over a woman to simply wanting to try something new.

I'm all for sexual expression. To each his own. But ladies and gentlemen, anal sex is no joke. In my opinion, there are too many college students partaking in this kind of sex without being adequately prepared. I find it hard to believe that the guys making the jokes about being in control of a woman and having the ability to "give it to her as hard as you want" are really considering the health risks to which his partner is being exposed. Just as I doubt the women allowing their boyfriends to explore their backdoors out of "love" are taking the time to learn about the act itself – they just know that it hurts and all guys seem to want it, so why not do it if you "love" him.

Anal sex is not an expression of control or love. It is a serious act that should only be performed if the necessary precautions are taken. You can't just drunkenly plow into this as many college students may think, nor is it something that two people should just decide to do on a whim, because the person on the receiving end could find him or herself severely injured.

You see, unlike the vagina, your anus does not produce any

natural lubrication, which can cause the rectal walls to tear. If this occurs, then bacteria could leak into the person's abdomen, exposing a person to the possibility of a fatal infection.

So for your safety and comfort, because if you've ever had someone miss and hit the wrong hole you know how badly it hurts, get yourself a bottle of lube. Steer clear of oil-based lubricants, because it can cause condoms to break and leave a residue behind that is not very healthy for the body.

Another butt sex faux pas is going from anus to vagina. Because fecal bacteria gets on the penis during anal intercourse, it can easily be spread and cause an infection if vaginal intercourse is ensued without properly cleaning the penis. Make sure you either change condoms or wash up before you insert the penis in any other orifice. I know this sounds like common sense, but in the heat of the moment it is easy to forget to take a break and wash up.

If anal sex is something that you are interested in experimenting with, but you're afraid that a penis will hurt too much the first time, there are a few things you can do to help ease into it. A finger can be used to loosen and relax the sphincter. There is also a great assortment of toys, such as beads and plugs that can help a person become more comfortable with exploring the world of anal sex.

Keep in mind, when the time comes to do it, make sure that the person on the receiving end is very comfortable with the idea. If your body is tense and you are unsure that you want to do it, more than likely it is going to hurt a lot more. Make sure that you have clear lines of communication and that you tell your partner if the pain becomes too intense, and go to the doctor if you see dark red blood in your feces.

I don't quite see the joy in this type of intercourse, but some people really enjoy it. I say don't knock it until you try, and don't try it until you're ready to take it as seriously as you should.

This writer can be contacted at opinion@theeastcarolinian.com.

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In the Scottish Hebrides, an island is defined as being an island only if it is big enough to sustain one sheep.

In the United States, 5 million teeth are knocked out annually.

In the "Wizard of Oz," Dorothy's last name is Gale.

In Tokyo, they sell toupees for dogs.

In true kingly fashion, Elvis passed away while sitting on the throne.

In Turkey, in the 16th and 17th centuries, anyone caught drinking coffee was put to death.

In Washington, D.C., no building can be built taller than the Capitol.

In-grown toenails are hereditary.

Income tax was first introduced in England in 1799 by British Prime Minister William Pitt.

Iowa has more independent telephone companies than any other state.

Iron nails cannot be used in oak because the acid in the wood corrodes them.

It can take as long as four hours to hard-boil an ostrich egg.

It costs more to buy a car today in the United States than it cost Christopher Columbus to equip and undertake three voyages to the New World.

It has been calculated that in the last 3,500 years, there have only been 230 years of peace throughout the civilized world.

It is against the law to whale hunt in Oklahoma.

In Psalm 46, the 46th word from the first word is shake and the 46th word from the last word is spear.

It is estimated that Americans will consume 10 million tons of turkey on Thanksgiving Day.

It is forbidden for aircraft to fly over the Taj Mahal.

It is possible to drown and not die. Technically the term 'drowning' refers to the process of taking water into the lungs, not to death caused by that process.

It is physically impossible for pigs to look up in the sky.

It only takes a male horse 14 seconds to copulate.

It rains more often in London, England, on a Thursday than any other day of the week.

It snows more in the Grand Canyon than it does in Minneapolis, Minn.

In Turkey, the color of mourning is violet. In most Muslim countries and in China, it is white.

In every deck of cards, the king of hearts is sticking his sword through his head. That's why he's often called the suicide king.

In every episode of "Seinfeld" there is a superman somewhere.

In every show that Tom Jones and Harvey Schmidt did there was at least one song about rain.

In France, there's a place called Y.

In Hartford, Conn., you may not, under any circumstances, cross the street walking on your hands!



ECU's Project HEART spent Martin Luther King Day doing fun activities with the seniors of University Towers in hopes of bridging the gap between generations

Dr. King's dream lives on in the HEARTS of Pirates

ECU's Project HEART gives back for MLK Day

Veronica Carrington
STAFF WRITER

On Monday, people of all ages and backgrounds joined together to improve lives, bridge social barriers and move the nation closer to the "beloved community" that Dr. Martin Luther King, Jr. envisioned.

Dr. King devoted his life to causes of equality and social justice.

He taught that through nonviolence and service to one another, problems such as hunger, homelessness, prejudice and discrimination can be surmounted.

Dr. King's teachings continue to guide the world in addressing our nation's imperative needs -- poverty, economic insecurity, job

loss and education.

Martin Luther King, Jr. was a vital figure of the modern era and his lectures and dialogues stirred the heart and sparked the conscience of an entire generation. The movements and marches he led brought momentous changes in the fabric of American life through his valor and altruistic devotion.

This dedication gave direction to 13 years of civil rights activities and his charismatic leadership inspired men and women, young and old, in this nation and around the world.

Dr. King's legacy rippled through an entire nation as communities and organizations all across the country united to serve and give back.

With the motto "to serve,"

ECU's Project HEART was no exception to the national day of service movement.

ECU's Project HEART (High Expectations for At Risk Teens) is a regional partnership between ECU, AmeriCorps, the North Carolina Commission on Volunteerism and Community Service, community colleges, private colleges, Boys & Girls Clubs and other community organizations in Eastern North Carolina.

Project HEART aims to increase the number of students that succeed academically, reduce the dropout rate and increase the number of students who graduate from high school in four years.

Many of the programs spearheaded by Project HEART are directly tied to the uplifting of communities and their residents, which

is why for their day of service they chose to give back to senior citizens at University Towers on Third Street.

The members of Project HEART were paired with senior citizens and participated in low-impact exercises and games and made fun packs for the children's hospital.

The seniors and the members enjoyed playing bingo and bridging the gap that often develops due to generational stagnation.

"I really enjoyed being with the seniors; they were fun and it felt good to give back" said Anthony Jones, a Project HEART member.

Kenneth Taylor, volunteer coordinator, said, "I felt the day was wonderful; the seniors seemed to really enjoy the company of the members and vice versa ... I know on both sides

the time that was spent was truly appreciated."

Taylor, an ECU alumnus, graduated with a bachelor's degree in Urban and Regional Planning and has had a heart for volunteerism since a very young age.

"Volunteering is the single-most important tool that we have," Taylor said. "Not only does it give back to the community, but it allows you to learn about the country we live in and what you can do to make it better."

In the future, Project HEART has plans for many more volunteer and community outreach efforts. Kenneth Taylor can be reached at 252-737-2622 or by e-mail at Taylork@ecu.edu.

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CampusLIVE.com seeks to help students around the country

Madonna Messana
STAFF WRITER

CampusLIVE.com was founded in 2007 by a group of college entrepreneurs at the University of Massachusetts at Amherst in order to provide access to students at any university to their college's resources. On the site, students can find one-click access to their university e-mail, athletics, news and information on local restaurants as well as entertainment.

Signing up for CampusLIVE.com is as simple as typing "East Carolina University" in the Web site's search bar, followed by providing basic information such as a student's name, e-mail address, campus, graduation year and gender. The Web site also encourages students to set CampusLIVE.com as their homepage in order to have their resources right there when they need it.

On the CampusLIVE.com site, students are just a click away from the ECU Web site, Blackboard, Banner, OneStop and even a calendar. The site is a great way to have everything students need right at their fingertips, all in one convenient location.

Another feature CampusLIVE.com has to offer is an easy method of finding places to eat, aside from locations on campus. On the "Food Finder," students can view menus of dine-in restaurants as well as an option of viewing menus of restaurants that deliver.

By clicking "delivery" under the food finder option, a list of restaurants pops up with access to their online menus, as well as the number to call in order to make an order with the restaurant -- very convenient for students who have eaten enough Chick-fil-A.

Viewers can also click on the "Dine-Out" option to view the restaurants that offer take out; this tab offers the same access to online menus of the restaurants as well as the phone numbers and addresses. The food finder option on CampusLIVE is convenient to students both on and off campus.

The food finder feature also allows students to review the restaurants for other students to read. This is a great way for the ECU community to be informed on how well others liked the food before they decide what to order.

CampusLIVE also allows users to customize their pages to their liking, including features such as Facebook, Twitter, Gmail, weather, Google, sports and news. Students can access all of their favorite and most frequently used sites solely through using the CampusLIVE site.



By referring friends to CampusLIVE.com, users can earn points, which allow them to win prizes. By referring a friend, users earn one point, and in turn, if that friend refers a friend, it earns the original user half a point. Prizes offered include a \$25 Target gift card, a \$50 Best Buy gift card, iPods, gaming systems, cameras, a 32" flat screen television and even a spring break trip for two.

CampusLIVE.com's Web site says, "CampusLIVE is the most

convenient homepage for college students. With university links, full-color menus to local restaurants, weekly prize giveaways, and funny videos, we have dedicated our lives to providing you with the best college homepage of ALL TIME!"

It's the goal of the site to provide college students with the resources they need for an easier experience.

This writer can be contacted at

Jimmy John's provides students with high-quality, affordable food

Ethan Anderson
STAFF WRITER

3 out of 5 stars

Are you already burned out on Chic-fil-A because you've eaten it so much in the past week? Maybe you're just completely tired of the west end dining scene. Have you completely passed up Subway as an option for dinner, whether it is because of the prices of the food or you're just ready for a new type of sandwich to try out? If this is the case, you should definitely check out Jimmy John's Gourmet Sandwiches on 460 Moye Blvd #101.

Jimmy John's is located near the hospital, easily accessible if you happen to be driving down Fifth Street or Stantonsburg Road. This particular establishment offers an environment that is in tune with college students. It is a great place to go out to eat if you want to sit

down and enjoy a quick meal in a clean and modern atmosphere.

The service is very polite and speedy; not to mention the food is delicious. When you first walk through the doors, the aroma of fresh bread and deli meat fills your nose. You can't help but notice the huge menu board and your mind immediately begins racing due to the extensive selection. Jimmy John's offers over 20 different types of subs and sandwiches, not including their options of low-carb and low-fat items on the menu.

Each 8-inch sub is creatively named to add to the individuality and uniqueness of this restaurant. A couple of examples would be the "Big John," which is the name for their version of the roast beef sub. Another popular choice is the "Beach Club" which typically comes with thinly sliced turkey breast, avocado spread,

cucumber, your choice of cheese, alfalfa sprouts, lettuce, tomato and mayonnaise. If you happen to be counting carbs, you can also indulge in wraps like the "JJ. Gargantuan Unwich," which comes with Genoa salami, capicola, smoked ham, roast beef, turkey breast, provolone cheese, lettuce, tomato, mayonnaise, Italian vinaigrette and a lettuce wrap instead of bread. These are just a few examples of what you can order when you go in to Jimmy John's.

Overall, I would say this is a great place to eat, and if nothing else, it's worth trying it out with a couple of friends. You can get all sorts of delicious food for reasonable prices. You should expect to spend anywhere from \$6-10, depending on what kind of sandwich you get or if you get extras like their huge chocolate chip cookies.

Jimmy John's is open Monday



Jimmy John's is located on the corner of Moye Blvd. and 5th St.

through Sunday from 10:30 a.m. to 9 p.m., but they also provide a catering service. This restaurant can be contacted by phone at 252-695-6268. You can also find them on the Web at www.jimmyjohns.com or www.facebook.com/jimmyjohns. There you can find

directions to the restaurant and learn more about their catering service and how to order online.

This writer can be contacted at features@theeastcarolinian.com.

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ECU LOL with SAB



Rob O'Reilly will be performing his comic routine in Hendrix Theater February 10th at 8pm.

Brad Teague
 STAFF WRITER

ECU Student Activities Board Entertainment Committee is sponsoring a new comedy initiative called The Laugh Out Loud Series. This is the first year that ECU SAB has decided to start a defined chain of events and will be showcasing different, national comedians for ECU students. The idea behind doing the series is to provide a standardize program with an identified name that students would recognize. The first of which began Wednesday night with comedian Dan Ahdoot.

Rob O'Reilly will be coming to ECU on Feb. 10 and has made appearances on "Live at Gotham,"

"America's Got Talent," "The Tonight Show," "TRL," "Jimmy Kimmel Live" and "Nightbeat." He is an up-and-coming comic from Ohio who has made a career out of joke-telling after becoming a finalist in the 2005 Boston Comedy Festival. O'Reilly is a favorite with his "youthful point-of-view" and headlines colleges across the country. He will be performing February in Hendrix Theater at 8 p.m. More information on O'Reilly can be found at www.thecampuscomic.com.

Eric O'Shea will be the third comic featured in The Laugh Out Loud Series and will be coming in March. He has been touring colleges for 13 years, averaging more than 70 schools each year, along with corporate shows, festivals and theaters. He won the "2007 National College Comedian of the Year" after being voted for by over 5,000 campuses across the country. His "Songs for Commercials" bit received over 4 million views on YouTube and also a review from Steven Spielberg. He was also asked to perform it for the 2009 Creative Emmy Awards. He will be performing for ECU on Tuesday, March 23 in Hendrix Theater at 8 p.m. More information on O'Shea can be found at www.ericoshea.com.

The comedy duo, Dave and Ethan, are the last scheduled comics for the semester and will appear on the stage of Hendrix Theater on April 15. More information on them can be found at www.myspace.com/daveandethan and you can see some of their videos on their YouTube page at www.youtube.com/DaveAndEthan. "Our overall goal is to prove that this [SAB LOL series] can be a success with students and show the administration that the series is, in fact, a hit," said Jacob Tidwell, assistant director for Student Activities and major events.

Like other events the Student Activities Board hosts, this event will be free to students and is provided to give students free live entertainment.

"I've never gone to a comedy show before, so I'm excited to go to my first. And it's convenient that it's on campus," said freshman Chelsea Falls.

Admission for all of these shows is free to all ECU students with a valid OneCard. If the series is a successful one, S.A.B. will continue the initiative and add more comedians. If you have any additional questions, please contact the SAB Entertainment Committee at SABEntertainment@ecu.edu.

Annex expansion gives Pirates more room to mingle

5th Street Distillery expands into former Catch 22 building

Veronica Carrington
 STAFF WRITER

Since the opening of its doors three years ago, 5th Street Distillery has been running strong in the Greenville nightlife community. While other establishments have closed their doors and reopened their doors with new names, 5th Street Distillery has been able to make a name for itself in the downtown Greenville area.

Recently, Catch 22 closed its doors and was sold to the owners of 5th Street Distillery, which is now the 5th Street Annex. The corner of Charles and 5th Street has frequently evolved since 2005 but now is the home to a three-bar establishment.

The new annex houses a large

dance floor, a seating area, three separate bar areas, an in-house DJ and offers the clientele a more spacious area for dance weary patrons.

For student and manager Tony Frazier, 5th Street offers a very welcoming atmosphere not only for the patrons but the employees as well. Frazier has been working at 5th Street since its inception and initially had the idea of creating the Annex when Catch 22 was sold to the owners of 5th Street.

"The hardest part was getting the right crowd into the club; usually when there is a new bar, everyone goes to it initially ... the issue was keeping the clientele at the bar. The atmosphere of 5th Street as a whole is varied. We have three bars that allow different people to connect all under the same roof," said Frazier.


Over the weekend, the business for the 5th Street Annex could not have been better; with several private parties and a full house, students seem to appreciate the expansion.

"I love the new expansion. The music is good and the vibe is fun and upbeat," stated sophomore business major Joanna Griffin. "I usually go on Thursday nights with my roommates; we know a lot of people there so it is fun socializing with everyone." Griffin takes full advantage of the over-21 drink specials at 5th Street that are geared toward students' limited budgets. Tuesdays offer free cover 50-cent bottles and half-price bottles of wine, while Thursdays offer \$1 bottled beer and \$2 shots of all liquor.

5th Street Distillery is open Tuesday through Saturday with drink specials every night.

With the concerns of a rapidly disappearing downtown area, students can rest assured knowing that 5th Street is a popular and stable venue to visit.

This writer can be contacted at features@theeastcarolinian.com.



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ECU swimmers sweep weekly honors

ECU's Jenna Stewart and Kirstie Russell were named Conference USA Swimmer and Diver-of-the-Week as announced by the league office Tuesday. Stewart won the 50-yard and 100-yard freestyle, while Russell set the Old Dominion pool record and ECU freshman record for the one-meter dive with a score of 297.38. Stewart earned two first-place finishes in a dual meet against Old Dominion Saturday. The junior claimed first place in the 50-yard freestyle with a time of 23.73 and then won the 100-yard freestyle after touching the wall in 51.78. This is Stewart's second career Swimmer-of-the-Week award. Russell also finished in third place on the three-meter dive with a score of 238.5. This marks Russell's first career Diver-of-the-Week accolade.

Pirates open indoor track and field season

The ECU track and field teams opened the 2010 indoor season in earnest at the Virginia Tech Invitational at the Rector Fieldhouse. The field included top squads in North Carolina, Clemson, Arkansas, South Carolina, Wake Forest, Florida State and N.C. State. Brittany Copeland competed in the 3,000-meter and set a new school record, placing third with a time of 9 minutes, 45.66 seconds. She is currently ranked 10th in the nation in the event. Freshman Tiffany Harris produced a pair of top 15 finishes in the 300- and 400-meter events, clocking in at 39.90 and 58.12, respectively. In the mid-distances, Samantha Lichtner and Brooke Kott found themselves sixth and 11th in the 1,000-meter run as they turned in times of 2:58.21 and 3:04.87. As for the mile run and aforementioned 3,000-meter run, Copeland ran a 4:55.18 in the former before her school-record performance in the latter. Lichtner also garnered a top-10 showing in the 3,000-meter at 10:23.12. Tynita Butts continued her strong start to the season, ranking fifth (1.70 meters) and sixth (5.96 meters) in the high and long jumps, respectively. As for the men, Antonial Marshall just missed qualifying for the final of the 60-meter dash, placing 10th in the prelims (6.95). Austin Lewis was right behind his teammate, clocking in at 6.99. Marshall followed up his 60-meter performance by earning 10th in the 200-meter with a time of 22.49. Ron Wright, one of 10 team captains this season, finished 11th and seventh in the 300-meter and 400-meter as he ran a 35.03 and 49.99. In the field events, Drew Kanz recorded a sixth-place result in the high jump, checking in at 2.00 meters. Austin Lewis also found his way into the top 10 in the long jump, picking up seventh-place with a mark of 7.04 meters.

Ask the Sports Editor

Any questions on ECU, professional or other collegiate sports? Have any comment or concerns? Drop a line to sports@theeastcarolinian.com and perhaps a response to your question will appear in future editions of TEC.

Don't blame Holtz,



TRAVIS BARTLETT THE EAST CAROLINIAN

OPINION

Jared Jackson
SPORTS EDITOR

It seems so long ago that ECU lost 20-17 in overtime to Arkansas in the Liberty Bowl.

It seems so long ago that the Pirates captured their second-straight Conference USA title.

It seems so long ago that ECU knocked off then No. 17 Virginia Tech and No. 8 West Virginia to begin the 2008-09 season and rise to as high as No. 14 in the nation.

A week later, it seems so long ago that Skip Holtz held reign over the Pirate Nation.

But here we are. The decision of Holtz to bolt from ECU to South Florida is a head-scratcher for many and a cause of frustration for most.

Most realistic Pirate fans knew the day would come when Holtz's ship would sail to another program.

But most thought it would be more of a high-profile job like Notre Dame and not a program that was just a member of C-USA a half decade ago.

Just think about it. With all of the success ECU

has had on and off the field since the arrival of athletic director Terry Holland in 2004, it's reasonable to believe that the Pirates will soon enough take the gridiron in a new conference, most likely the Big East, home of the Bulls.

This, in part, makes heading to South Florida seem like a lateral move.

Sure, you get the easiest road to the Bowl Championship Series out of any of the six BCS conferences, but the Big East is looked upon on the lower end of the totem poll in that system.

The Holtz family is tight knit and having both sets of grandparents just a short trip away for his children in Tampa Bay seemed to weigh heavily on Skip's mind when he chose USF as his next coaching destination.

An old friend of mine, Peyton Roberson, who was a great source of life advice for me, once told me, "There comes a day when you have to stop living for others and just live for yourself."

While that bit of advice may seem a bit drastic in its relation to sports, I can't help but feel it applies to what transpired last week.

Holtz has given all he had to the Pirate Nation for the past five years. He was the ringleader of one of the most passionate fan



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blame his profession

bases on the east coast.

Along with Holtz came the turnaround of the disastrous John Thompson era, the rebuilding of ECU traditions and back-to-back C-USA titles.

Throughout his tenure, Holtz notched marquee wins over the aforementioned Hokies and Mountaineers as well as North Carolina, N.C. State and Boise State.

Holtz finished with a 38-27 overall record and took the Pirates to the top of C-USA.

Being a football coach is a lot like being an actor. Holtz was a Pirate for five years and will be a Bull for who knows how many years.

Lou was notorious for job hopping, making seven coaching stops in his career — and I'm willing to bet USF won't be the younger Holtz's final stop.

Being a football coach is also like being a politician.

You put on a school's hat, wear a school's colors, kiss a few babies, shake a lot of hands and rally the fan base no matter the circumstance.

Take a look at Holtz's introductory press conference at USF. He promised a Big East title and even a National Championship.

But most of all, being a coach is like being a snake-oil salesman. You go into a young man's house and promise him

the world and just about anything else to get him to step on your playing field.

Sometimes that player never sees any action at all.

I know plenty of student athletes at ECU that were promised significant playing time but are yet to crack the depth chart.

To be a coach, you have to be a little fake. Much like a rock star, a coach must have a stage persona. What you see usually isn't what you get, especially behind closed doors.

Holtz, much like his father, always knew where the camera was. He soaked himself and his persona up as much as possible. All of this is what makes Holtz a great coach after all.

Is coaching as a profession ethical? Not most of the time.

I don't care how many coaches are proclaimed as good guys or family men; there are skeletons to be found in every coach's closet.

The next coach at ECU will probably look to use the Pirates as a stepping-stone to a bigger school and adapt to the traditions and community just as quickly as Holtz did.

But in such cases there are those coaches who do have a spine. Case in point, Middle Tennessee State's Rick Stockstill turning down the ECU opening because of the national signing

day looming on Feb. 3.

Stockstill, along with David Cutcliffe of Duke (who turned down Tennessee), both upheld their commitment to their program's prospective recruits as well as its current players and didn't jump ship for a higher salary and/or a more prestigious job.

Which brings me to this. Just where does Holtz rank amongst his peers in this often dirty profession?

His record and accomplishments at ECU speak for themselves.

I'll let the images of him flashing the Bull horns sign with his fingers upon arriving in Tampa less than 24 hours after pouring his heart out to his former team and local media in Greenville do the talking for me.

After all, it's about family, isn't it?

It's a shame Skip forgot about the one he left in Greenville when he proclaimed the decision to leave ECU was an "easy one" upon touching down in Florida.

But to give you the benefit of the doubt, Coach Holtz, I do hear the weather is nice in Tampa this time of year.

This writer can be contacted at sports@theeastcarolinian.com.

Club ice hockey captures tournament title

Michael Perry

ASSISTANT SPORTS EDITOR

Entering its first tournament of the New Year, the ECU club ice hockey team allowed no quarter as they ran the table winning the Stephen Russell Memorial Tournament this past weekend in Raleigh.

The Pirates (11-5-1) advanced passed Appalachian State and N.C. State before a dramatic 6-5 victory over Rowan (American Collegiate Hockey Association Div. II).

Scoring machine Steven Allbright beat the Profs' net-minder glove high with 24 seconds left in overtime to clinch the Russell Memorial title.

"I could not be more happier and proud than with the way this team played," ECU captain Sean Burns said. "It was something special, the way we (ECU) played this weekend."

ECU handled the respectable Rowan team well as the two teams scored tit-for-tat throughout the contest as the two teams ended the stanza tied at two.

The Profs went up by a goal in the third period but Allbright tied the game late in the period to force the overtime session.

On defense, the Pirates handled the puck well against the D-II squad as ECU survived seven consecutive minutes of penalty kill in the second period without a goal as the Pirates took five-minute major and two-minute minor penalties back-to-back.

"That was the turning point in the game," ECU head coach Mike Markham said. "We went seven minutes straight, a man down against a DII team and we still controlled the puck."

In the semifinal, the Pirates faced off with backyard rival and tournament host N.C. State. Vowing payback after an



REBECCA HARTMAN THE EAST CAROLINIAN

The ECU club ice hockey team captured Stephen Russell Memorial Tournament this past weekend in Raleigh due to clutch play late against Rowan.

embarrassing 10-5 loss to the Wolfpack in Greenville, ECU controlled N.C. State with a commanding 6-1 victory.

With the win, the Pirates became the first to dethrone the Wolfpack and the first team to win other than the host, N.C. State won the tournament for the first five years.

"It was good to put our own name on their (N.C. State) own trophy," ECU goaltender Matt Dalgetty said. "It was good to be the first group to ever beat them, and also it was the first time ECU has beaten (N.C.) State at their home rink."

In its opening game of the

tournament, ECU played a physical high-scoring match with Appalachian State as they won a 9-7 shootout. Backup goalie Oscar Spell held down the net as the Pirates advanced passed the Mountaineers.

"We had to get our kinks out early in the App (State) game after a month off break," Burns said. "We didn't play that well, but we got through."

Overall, the Pirates played their strongest set of games this season as they outshot their weekend opponents 165-87 and defeated two D-II programs.

With the reacquisition of defenseman Dan Duda and Bran-

don Lipke, ECU added some much needed depth to its defense.

"I think we had our biggest improvement was in the defense; that's what we were missing before," Dalgetty said. "We were able to play a lot more offense and the new defenders made a huge improvement."

Riding high on three wins and a tournament victory, the Pirates will be faced with their biggest test of the season as they head north for a three-game series with Robert Morris, California University of Pennsylvania and St. Vincent this weekend.

All three programs will offer ECU a strong opposition,

especially Cal University of PA, which is 19-0 on the season.

Heading into the weekend road trip, the Pirates will be forced to battle through a potential loss of defensive leader Sam Duering who suffered a knee injury in last week's tournament.

"We're a little banged up but we'll be alright," Markham said calmly.

The Pirates will return home at Bladez on Ice Jan. 29 versus Liberty University (ACHA Div. II)

This writer can be contacted at sports@theeastcarolinian.com.

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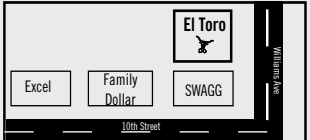
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At a glance: Conference Championship round of the NFL playoffs

OPINION



Addison Harvey
STAFF WRITER

Two of the most lucrative matchups in the history of the Conference Championship round of the NFL playoffs await this Sunday. While many aren't surprised by Minnesota, New Orleans or Indianapolis having shots at reaching Super Bowl XLIV, it's the New York Jets that have most surprised.

Minnesota vs. New Orleans

This matchup of two dynamic and very dangerous offenses could be one of the most anticipated playoff games in the history of the NFL.

The two teams combined for 79 points last week and both are led by great quarterbacks.

The Saints' Drew Brees leads its high-powered offense and he uses all of his weapons to his disposal, including running back Reggie Bush, who exploded onto the scene last weekend.

Brees's counterpart on Sunday will be the veteran Brett Favre.

Favre has had one of the best careers of any quarterback in NFL history and has already led one team to a Super Bowl victory.

This past Sunday, Favre connected on four touchdown passes in their win over the Cowboys.

The four touchdown passes double the number of touchdown passes all 40-year-old quarterbacks have ever thrown.

The Vikings have the edge on the defensive side of the ball.

This past Sunday, Jared Allen and the Vikings' defense made the once-hot Cowboys' offense look inept.

The Saints have a huge advantage in this NFC Championship game and it is the Superdome.

New Orleans is one of five NFL teams to never play in a Super Bowl and it will have its home fans, in one of the loudest stadiums in the NFL, trying to cheer them on.

If the Vikings can silence the crowd early, I like their chances.

Ultimately I feel this game will come down to which quarterback has a better performance.

One can never doubt the magical right arm of Brett Favre.

Favre has thrown for a remarkable 37 touchdowns to only seven interceptions in 17 games this season and I expect him to have another historic performance on Sunday in leading the Vikings to Super Bowl XLIV.

Minnesota 31, New Orleans 27

New York vs. Indianapolis

When everyone saw the matchups for the AFC side of the

playoffs, nobody could have predicted the six seeded Jets to make a run for the Super Bowl.

The Jets, who had to finish the year with wins over the once undefeated Colts and the AFC North champion Bengals to make it into the playoffs, are now in position to represent the AFC in the Super Bowl.

The Jets' rookie head coach Rex Ryan has instilled a confidence in his young team and it is showing on the football field as players such as Shonn Greene, Darrelle Revis and rookie quarterback Mark Sanchez are playing their best football of the year.

The Jets will need more than confidence though to knock off Peyton Manning and the Colts.

The Colts cruised to a 20-3

victory over the Ravens last week, but Manning was far from perfect in throwing a couple interceptions (through one was called back). The Jets' defense has been outstanding this year under Ryan, as they lead the NFL in total defense.

The key matchup in Sunday's game will be what Manning can do against the stout defense led by Revis.

I think the Jets' magical run will finally run out at the hands of Peyton Manning, Reggie Wayne and Dallas Clark, setting up a matchup of two great quarterbacks in Super Bowl XLIV.

Indianapolis 20, New York 13

This writer can be contacted at sports@theeastcarolinian.com.

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Rookie head coach and quarterback Rex Ryan (left) and Mark Sanchez (right) look to continue their remarkable postseason run going this weekend against Indianapolis.

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January 19-22, 2010

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January 20, 2010
8:00 pm

Comedian

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January 21, 2010
6:30 pm

Polar Bear

Student Recreation Center

January 22, 2010
7:00 pm - 12 midnight

Late Nite Pajama Jam

Mendenhall Student Center

January 24, 2010
7:00 pm

ECU Stars

Hendrix Theatre

January 28, 2010
4:30 pm

College Night at the Carolina Hurricanes Game

* Games Starts at 7:00 p.m. Buses will leave from MSC at 4:30 p.m. Applications are available at www.ecu.edu/sao and the Central Ticket Office at Mendenhall Student Center.

January 30, 2010
4:30 pm

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ANNOUNCEMENTS

Betsy Myers, a senior advisor to Barack Obama's presidential campaign, will speak at Wright Auditorium on Tuesday, January 26, at 3:00 pm. The event, part of the Cunanan Leadership Speaker Series, is free and open to the public.



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For more information, please contact the College of Business by e-mailing cobprofpro@ecu.edu, or visit online at www.business.ecu.edu.

The Cunanan Leadership Speaker Series is made possible by a gift from ECU alumni Steve and Ellen Cunanan. Matching funds were also provided by the Johnson & Johnson Foundation.

Individuals requesting accommodation under the Americans with Disabilities Act (ADA) should call 252-737-1016 (voice/TTY) at least 48 hours prior to the event.




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Join us for an evening of vocal performances at Hendrix Theater in Mendenhall Student Center on Sunday, January 24, 2010 at 7:00pm. Rehearsals will be held from 1:00pm - 3:00pm at Hendrix Theater. Applications for the event will be available online at www.ecu.edu/wow and must be returned to turnerla@ecu.edu by noon on January 23. Rules for all performances are as follows:

- Please make sure that your recorded music is instrumental and that you will not be singing over another vocal performance.
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- Maximum length of song is 5 minutes. All performances must be solo.
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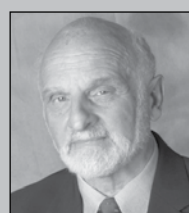
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Voyages of Discovery Lecture Series
presents

The Jarvis Lecture on Christianity and Culture
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“Recovery from the Long Nightmare of Amnesia”

Brueggemann is an American Old Testament scholar and author, and has published more than 58 books, hundreds of articles, and several commentaries on books of the Bible. He is professor emeritus at Columbia Theological Seminary.

Tuesday, January 26, 7:00 p.m., Wright Auditorium

Complimentary tickets are available to all attendees and are available through the Central Ticket Office by calling 252-328-4788, 1-800-ECU-ARTS, or (voice/TTY) 252-328-4736. For more information, contact Dr. John Tucker at 252-328-1028 or tuckerjo@ecu.edu, or visit www.ecu.edu/voyages.

7 Individuals requesting accommodation under the Americans with Disabilities Act (ADA) should call 252-737-1016 (voice/TTY) at least 48 hours prior to the event. U.P. 10-128

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