

# JEFF THOMAS



I celebrate my diversity by honoring every part that makes me a diverse human being and show up as my authentic self. As a member of Generation X, I often had to conceal parts of my authentic self to be accepted. Now, I cultivate those parts by being the unabashedly authentic me. As a proud, openly gay man I live by the motto: Love more and fear less. What I know for sure is when I am my authentic self, I give others permission to be their authentic self too. In honoring others' diversity, I am honoring my own.

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