



TechSmith donates money, software to College of Education

New software program enables students to create narratives

LISA DEVRIES
STAFF WRITER

The TechSmith Corporation recently donated \$5,100 to 17 English education graduate students along with new innovative software, the Camtasia Studio 3.0.

The monetary donation is meant to provide software, free upgrades and technical support to the college. Camtasia Studio 3.0 turns PowerPoint into a full-motion video with narrative, audio and interactive elements. Users can record anything that appears on their PC screen. The videos can be posted on the Internet or burned onto a CD-ROM.

"Not all students learn the same way and having that visual and narrated lecture or e-learning module available 24/7 online is an enormous resource for any student," said Tanya Reynolds, academic marketing manager for TechSmith.

The new program will be used by the graduate students to create Digital Philosophy of Education Narratives, which are movies created by students to represent their educational philosophy through text, audio narration, music, images and theme.

"Camtasia 3.0 makes it very simple for instructors who want to replace memorization strategies with teaching for understanding," said Todd Finley, associate professor of English education.

The Digital Philosophy of Education Narratives will replace the original requisite required by most education majors in this country.

"By using Camtasia Studio 3.0, the reflective project becomes more than a laundry list of clichés," Finley said.

"Also, I thought it was important to create a project that had genuine utility for setting expectations in public school classrooms."

A growing development in public schools across the country is the Digital Storytelling Movement, which according to the Center for Digital Storytelling, is a grassroots media phenomenon in which communities are creating their own short, three to five minute digital stories from the found material in their lives, such as digital video, photographs, letters, news clippings, etc. Digital Education Narratives have been utilized through the National Writing Project, The Center for Digital Stories and The George Lucas Educational Foundation. The graduate students will take their narratives into their future classrooms.

This is the first time TechSmith has worked with ECU, and the hope is that the success of this project will lead to new initiatives.

"Typically, we see instructors and students in more technical fields like the math and sciences or engineering and architecture, who use our software to communicate their technical ideas," Reynolds said.

"This project is exciting because it involves English education graduate students using our product to communicate their philosophy of education in a multimedia format instead of just written text."

The Digital Philosophy of Education's Narratives can be viewed during finals week at the end of the fall semester during ECU's Curriculum and Instruction "Sundance" Festival.

"At ECU, we want teachers to advocate for progressive instruction - otherwise, the expertise vacuum is filled by textbook company lobbyists," said Finley.

This writer can be contacted at news@theeastcarolinian.com.

Ceramics Guild hosts annual mug sale this past Wednesday

Mug sale exceeds expectations

RACHEL KING
STAFF WRITER

The ECU Ceramics Guild's annual mug sale took place last Wednesday from 8 a.m. - 4 p.m. in the Jenkins Fine Arts Center lobby.

Ceramics students hand-made each of the more than 400 mugs that were up for sale. The guild was started in 1969 and each department of the fine arts center has one. The ECU Ceramics Guild sponsors several annual events similar to the mug sale, including a Christmas sale the first week of December and a chili bowl sale in February. Each sale traditionally provides additional incentives for purchasing a ceramic piece, including free chili with all the fixings during the chili bowl sale.

At last year's chili bowl sale, the guild made 192 bowls and dispensed around 14 four-quart casserole pots full of chili. Last year's mug sale included free coffee, tea or hot chocolate all day with the purchase of a mug. In addition, the artists of the guild had a little extra help.

"This year, we got sponsorship from Mudslinger's," said Ben Jensen, third year graduate student in ceramics and president of the ECU Ceramics Guild.

"They offered to give free coffee to anyone who came in [with a coupon received with a purchased mug] to help boost our sales."

The money the guild makes from the sale will go toward different things. The department needs a salt-firing kiln and is working on a wood-firing kiln,

so part of the profit will be utilized in paying for the kilns. The ceramics students also attend the National Council of Education for Ceramic Arts conference, which takes place this year in Portland, Oregon. A portion of the profits will also benefit the students' cost of attending. Finally, a percentage of the money also goes to the 13 artists who produced mugs for the sale last week.

How were the mugs made? According to Tammy McDowell, a senior art major with a concentration in ceramics and one of the contributing artists in this project, it is a week-long process if it is done correctly. The cup part and handle part of the mug were made separately by "throwing," which involves molding the shape on either an electric or kick pottery wheel. After the pieces are joined and dried fully, the mug is subjected to bisque firing, which takes anywhere from one to two days, in order to burn away the natural elements in the ceramic, such as water and organic matter in the clay. Finally, the piece is glaze fired, which takes two to three days. This is where the mug is dipped in glaze and fired again to make it functional. What results when it comes out of the oven is a fully-functional piece, ready to use.

For the mug sale, the participating artists threw a "throwing party" this year.

"It started at 9 p.m., and we threw mugs from 9 p.m. until we went out for breakfast in the morning at 6 a.m.," Jensen said.

The artists also squeezed a little fun into their "all-nighter" with the first-ever "Claylimpics," which allowed students to

test their skills in six different off-the-wall events in throwing. Prizes were given for the tallest cylinder that could be made with a certain amount of clay on a pottery wheel, fastest teapot, which is throwing and assembling a teapot (the winner accomplished this in only 2:08 minutes), throwing with only the elbows, throwing with only the feet, throwing in the dark and team throwing. It was a creative way for the students to have some fun with their craft, but none of the pieces resulting from the "Claylimpics" made it into the mug sale. Their time was well-spent and this year's

sale can be counted a success. By 2 p.m., more than 180 of the mugs had been sold, which passed last year's 164 mugs sold, and at least some of the artists will be back for more in the years to come.

"Although I am graduating with a BFA in ceramics, I plan to still help with the family business in sign building, while continuing to expand my body of work in ceramics," said McDowell.

She also plans to participate in the mug sale in the future.

This writer can be contacted at news@theeastcarolinian.com.



Making ceramics takes careful precision and timing.



Aromas are becoming more and more interesting to researchers.

New research being done on scents, Alzheimer's

Using aromas to reduce stress among Alzheimer's patients

CHRIS MUNIER
NEWS EDITOR

There are new studies being done at ECU to investigate the relaxing effects of selected aromas on patients with various stages of Alzheimer's disease.

The Aroma and Alzheimer's Project is being led by David P. Loy, project investigator and assistant professor of recreational therapy. Loy has \$20,919 of grant money to work with during the project, one that will involve 150 patients in 13 NC nursing homes over a course of 20 weeks.

"We designed a study to collect information in nursing homes, and we are measuring the effects of two different aromas," said Loy.

The two aromas Loy is using are frankincense mixed with grapefruit and clove oil mixed with grapefruit. The frankincense mixture is designed to be a behavior modifier, while the latter serves as an appetite stimulator. Loy is experimenting with these oils by placing drops of them on patients' bibs or by applying some of it on a patch near their torso. This is done at the beginning of the day when patients first awaken. The experiment is controlled by

giving some patients the oils and others just water, then comparing the results.

The theory is that certain aromas can reduce the number of arousals patients have, thus improving appetite and behavior. Since the sense of smell is the strongest sense tied to memory and Alzheimer's disease impairs memory, introducing relaxing scents may be beneficial to patients.

"Some of our sites are using the behavior blend and measuring their behavioral ratings and the number of psychotropic medications the patients are using," Loy said.

"Many of these individuals are on so many medications," he said. This research could show whether or not the oils could be an alternative to the number of medications Alzheimer's patients use. Some patients' families have reported seeing a regression back into the old problems after being taken off the experimental treatment.

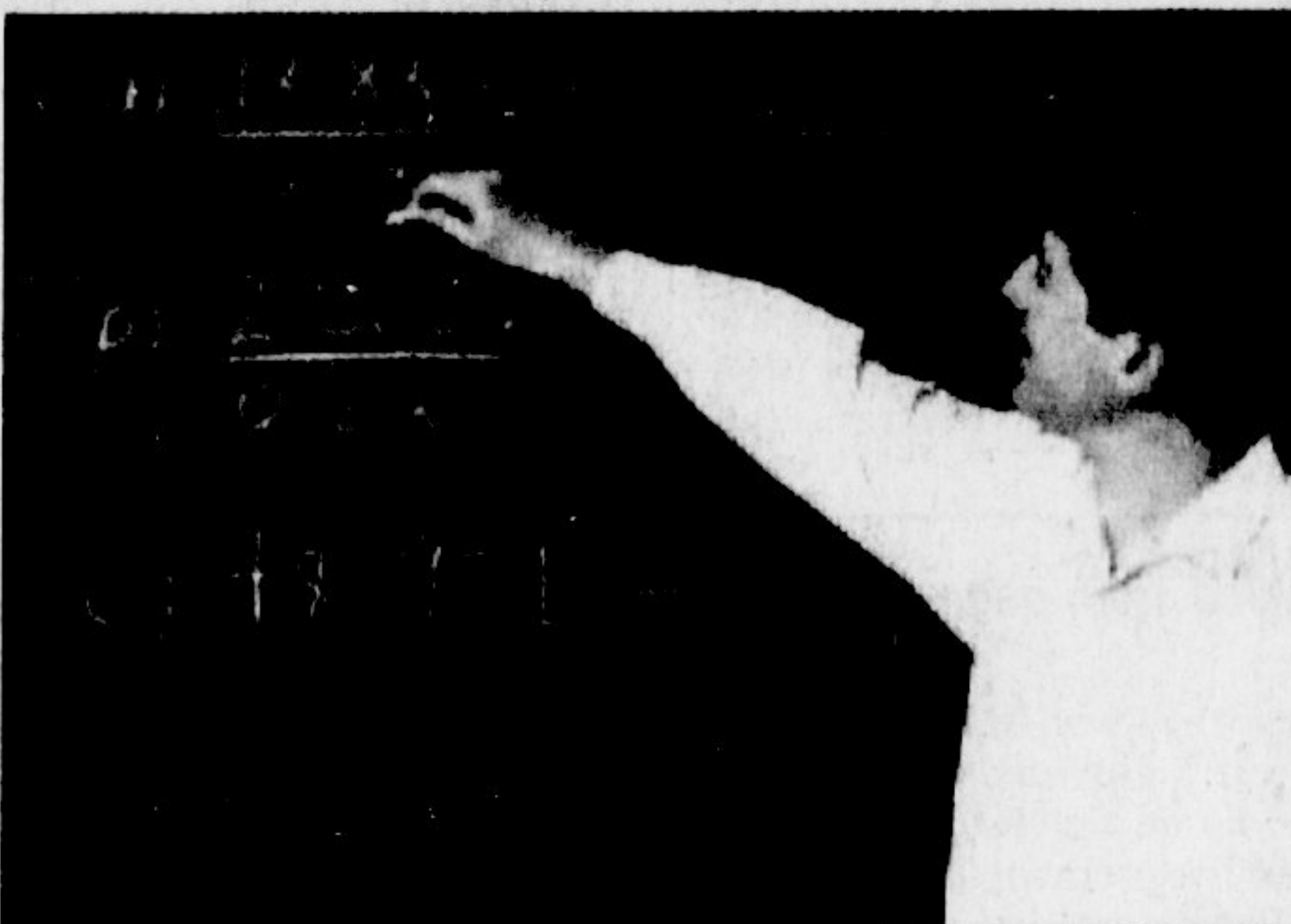
"Anecdotally, some family members are saying it's working," Loy said.

"Whether our data suggests that or not, we're still going to wait until all the data comes in before we do a full statistical analysis."

There may even be use for therapeutic aromas outside of

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New teachers gain teaching assistance through Project RIMS



The program will help advance math and science teachers.

ECU, local school systems implement new program

RACHEL KING
STAFF WRITER

Project RIMS (Rural Initiative in Mathematics and Science) began its first semester at ECU during August and will run through summer 2006.

The program, funded by the U.S. Department of Education through UNC's Division of University-School Programs and the Center for School Leadership Development, strives to "increase the quality of teachers," said Dr. Karen Dawkins, director of the Center for Science, Mathematics and Technology Education.

Leading this new project is Nancy Davis, director of ECU's Rural Education Institute. The program is designed to assist and support lateral entry teachers, who are teachers who have a degree in a related field in which they teach while they work toward becoming licensed to teach.

RIMS works with 30 teachers in three participating counties: Bertie, Hertford and Lenoir. In those counties, there are approximately 235 lateral entry teachers, and 84 of them are currently teaching on the middle and

high school levels. The participating teachers were chosen by the county school system and math or science department in which they are employed based on several criteria including the teacher's need, interest and potential.

"[The need to do this] stems from the desire to keep our country competitive in an ever-expanding global economy," said Patrick Enderle, biology instructor and science resource mentor for Project RIMS.

"As such, math and science teachers, especially in middle and high schools, serve as the primary individuals responsible for bringing about this change. . . One goal of RIMS is to help new or recently established teachers face some of the many trials in their jobs."

Assisting the RIMS participants are "master teachers," or teachers with ample experience and leadership skills in their fields. Michael R. Swinson, assistant director of the Center for Science, Mathematics and Technology Education specifically assists the mathematics teachers while Enderle assists the science teachers. RIMS offers graduate courses and one-on-one communication with a professional to teachers in need. There is also classroom

see RIMS page A2

Putin wants to avoid destabilization



PUTIN

MOSCOW (AP) — President Vladimir Putin said Monday he won't seek a third term in 2008, but vowed not to allow "destabilization" in Russia following the vote, leaving the door open for drastic action in the event of a crisis.

In an interview with Dutch media on the eve of a visit to the Netherlands, Putin reiterated that he opposes changing the constitution to prolong his time in power — a possibility that has been widely discussed because of his popularity and control over parliament.

But Putin said that the 2008 presidential election will be a "serious, difficult test for Russia" and stressed that full power and responsibility for the fate of the country will remain in his hands until the new president is sworn in.

"I will not allow any destabilization in Russia, in the interests of the ... peoples of the Russian Federation," Putin said in the interview with Dutch broadcaster Network and financial newspaper NRC Handelsblad.

He did not elaborate, but the statement raised the possibility that Putin could take unpredictable measures in the name of stability in the event of unrest or a political crisis in the weeks between the election and the new president's inauguration.

He suggested such actions probably would not be necessary, saying that he believes "the political forces in Russia are mature enough to understand their responsibility to the people," and said the election would be a fair one in which the candidate with the most votes will win.

"At the same time, I want to draw your attention to the fact that according to the constitution, authority is handed over to the new president after he takes the oath of office, and until then the current president holds full responsibility for the situation in the country," he said.

Russia's experience with power transfers purely by election is limited: Putin was made acting president by Boris Yeltsin before he was first elected in 2000, and Yeltsin became president when Russia was still part of the Soviet Union.

With the Kremlin seeking increasingly tight control over politics and society and nervously eyeing other ex-Soviet republics where longtime leaders have been ousted recently, tension is palpable more than two years before the March 2008 election.

Putin has repeatedly said he opposes changing the constitution to remain in power — without strictly ruling it out — and has also hinted vaguely of a continuing role for himself and said he will try to groom a successor.

"Of course, I am not indifferent about whose hands the country that I have dedicated my whole life to ends up in," Putin said. "But if every new head of state who comes to power changes the constitution as he sees fit, soon there will be nothing left of this state."

Asked if Russia could ever join the NATO or the European Union, Putin did not rule out eventual membership in the military alliance said Moscow would consider joining the EU if invited — but would not come knocking at the door.

"Since childhood I have been taught never ask for anything and never to regret anything," he said.

He emphasized that, for now, the important thing was to imple-

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Announcements

Bowling for Diabetes

The Student National Medical Association of the Brody School of Medicine at ECU will host the second "A.C.E. Bowl-a-thon" (Awareness, Change and Education) to raise money for diabetes testing supplies and community service projects on Sunday, Nov. 6. The bowl-a-thon will begin at 1:30 p.m. at the AMF East Carolina Lanes, 700 Red Banks Road. Teams with up to five members will bowl three games - teams should raise at least \$150 in pledges. Last year's event raised \$8,000.

James G. Jones Family Medicine Lecture

The director of the San Diego Center for Patient Safety will present the annual James G. Jones Distinguished Lecture in Family Medicine at 12:30 p.m. Thursday, Nov. 6 in 2E-92 at the Brody School of Medicine. Dr. Joseph E. Scherger will speak on the future of family medicine during the lecture honoring the founding chairman of the Department of Family Medicine at ECU. Scherger is clinical professor in the Department of Family and Preventative Medicine at the University of California, San Diego School of Medicine. He is also director of quality improvement in correctional medicine at UCSD.

Think-In Technology Fair

Academic Outreach and Information Technology & Computing Services will host "Teaching with Technology 2005: A Think-In of Best Practices" Wednesday, Nov. 2 from 10 a.m. - 2 p.m. in the Mendenhall Great Rooms. This event will provide ECU faculty the opportunity to share their expertise using technology in both face-to-face and distance education courses. Faculty are invited to submit proposals for laptop poster sessions. The poster sessions should include course demonstrations that showcase the use of technology. Faculty and staff attendees will have the opportunity to judge presentations and a first prize will be awarded in each category.

Dance of Universal Peace

Dances of Universal Peace will take place in the Mendenhall multi-purpose room from 4 - 6 p.m. Saturday, Nov. 6 with sacred singing and simple, heartfelt movements. No experience is needed, and trained professionals will be on hand to instruct. Live music will be provided. The event is free for all and refreshments will be provided. For more information, visit danceofuniversalpeace.org/main/.

Friends of Joyner Library Benefit

The Friends of Joyner Library will be having a banquet and silent auction at 6 p.m. Friday, Nov. 4 in Joyner Library. The event will support the library's efforts, ensuring students have the research materials they need to become world-class graduates while also providing literally millions of valuable resources to faculty, citizens and other patrons. Margaret Hoffman, author of *Blackbeard: A Tale of Villainy and Murder in Colonial America*, will share why for almost 300 years the infamous pirate still haunts our coastline. We will revisit the fascinating history lesson and view artifacts from the pirate's ship, the *Queen Anne's Revenge*, courtesy of the NC Maritime Museum, all from a lit skyline providing a spectacular view of Dowdy-Ficklen Stadium and Bagwell Field. Tickets are \$40 for the individual, \$65 for a couple, and \$250 for a sponsor. For reservations and information, contact Sarah Dickens at 328-5685 or dickenss@mail.ecu.edu.

The Rainbow Fish

The children's musical *The Rainbow Fish* will be performed at 2 p.m. Saturday, Nov. 5 in Wright Auditorium. The story is based on Marcus Pfister's bestselling book. Purchase subscriptions by Oct. 8 for best options. Family Pass (4 tickets to each show) \$96, Public Subscription (1 adult ticket to each show) \$30, ECU faculty/staff Subscription (1 adult ticket to each show) \$25, ECU Student/Youth Subscription (1 student/youth ticket to each show) \$20. Advance individual tickets, if available, may be purchased beginning Oct. 16 and cost \$9 public, \$8 ECU faculty/staff, \$6 ECU students/youth. All tickets at the door are \$9.

Local

Investigators find van of woman missing with granddaughter

NEW BERN, NC (AP) - A sunken minivan pulled from the Neuse River Monday belonged to a Kinston woman who has been missing along with her granddaughter for nearly a year, authorities said. Forensic pathologists said they saw one and possibly two sets of human remains inside the van, the *News & Observer* of Raleigh reported. The remains will be sent to a medical examiner's office for autopsies, said W. David McFadyen Jr., Craven County's district attorney. He said it's too soon to say what caused the deaths. The license plate on the van GAIL-RN matched that of the 1998 Dodge Caravan that Gail Haddock-Dail, owned when she and her then 15-year-old granddaughter, Heather Roberts, were reported missing in December. Deputies searching for a missing fisherman discovered the van on Sunday. The van was raised out of the water Monday with inflatable air bladders and taken to a landfill for forensic investigation. The *Free Press* of Kinston reported. Haddock-Dail, 58 at the time of her disappearance, and Roberts were last seen Dec. 6. They had been living in a motel in Kinston after a fire damaged their home. They were reportedly driving to Roanoke, Va., to visit Haddock-Dail's brother. Her estranged husband, Glenn Dail, told investigators that Haddock-Dail called him early Dec. 7 to say they were stranded in the water and drowning inside of their van. Police traced the cell phone call to Craven County, but searches of the area proved unfruitful. The site where the van was found Sunday had been searched twice before, Craven County Sheriff Jerry

Monette told *The N&O*.

National

Republicans enthusiastic about Alito while Democrats wonder whether to filibuster

WASHINGTON (AP) - The White House got the reaction it wanted out of its third Supreme Court nominee, federal appeals judge Samuel Alito: immediate acceptance from the conservatives who helped torpedo President Bush's previous pick. But abortion rights Democrats are openly talking about trying to block the New Jersey jurist. "The filibuster's on the table," Democratic Sen. Barbara Boxer of California said as Alito headed back to Capitol Hill on Tuesday. Alito is courting Republicans crucial to his attempt to replace retiring Justice Sandra Day O'Connor. But Sen. Dick Durbin, D-Ill., the No. 2 Senate Democrat, said, "I don't think we should assume that's going to happen at all." He said Democrats needed to learn much more about Alito's values and beliefs on topics like the right to privacy, women's rights and the environment. Bush nominated Alito to the Supreme Court on Monday as a substitute for White House counsel Harriet Miers, who withdrew last week after conservatives refused to support her. Some other critics also said she wasn't qualified. But Alito found steadfast support after Bush announced his selection, with GOP senators saying he deserved a Senate confirmation vote and threatening to eliminate judicial filibusters if Democrats try to block the White House's newest high court nominee. "If someone would filibuster... I would be prepared to vote to change the rules," said Sen. Mike DeWine, R-Ohio. DeWine is one of the 14 centrist senators that Democrats need to sustain a filibuster of a Supreme

Court nominee. Without the group's seven Republicans, Democrats would not be able to prevent Senate Majority Leader Bill Frist, R-Tenn., from abolishing judicial filibusters and confirming judges with just the Senate's 55-member Republican majority.

Under existing Senate rules, it takes up to 60 votes to end a filibuster and force a final vote. Frist said he's ready to move against judicial filibusters, using what Republicans call the "constitutional option," if Democrats force him to. Conservatives are much more comfortable with Alito than they were with Miers because of his conservative track record as a federal judge, prosecutor and a Reagan administration lawyer. Miers had never been a judge. The nomination got Bush on the good side again of conservative and anti-abortion groups, who declared Alito a winner after opposing Miers. Bush, who has seen his standing eroded by the insurgency in Iraq, rising fuel prices, Hurricane Katrina mistakes, the indictment of a top aide to Vice President Dick Cheney and Miers' nomination, emphasized Alito's work on "thousands of appeals" and "hundreds of opinions" when he introduced the candidate to the nation Tuesday. Alito pledged to uphold the duty of a judge to "interpret the Constitution and the laws faithfully and fairly, to protect the constitutional rights of all Americans, and to do these things with care and with restraint." Democrats, however, are deeply suspicious of Alito, with Sen. Harry Reid of Nevada, the party's leader, wondering aloud "why those who want to pack the court with judicial activists are so much more enthusiastic about him" than Miers. Alito upheld a requirement for spousal notification in an abortion case more than a decade ago, although Senate

Judiciary Chairman Arlen Specter an abortion rights Republican insisted that doesn't mean Alito would rule to overturn *Roe v. Wade*, the 1973 ruling that established abortion rights.

World

New report shows how hard it can be to stop roadside bomb attacks in Iraq

BAGHDAD, Iraq (AP) - A U.S. Army soldier was killed by a roadside bomb in central Iraq, the military said Tuesday, raising to at least 93 the number of American service members who died during October, the fourth deadliest month for the troops in the Iraq war. The soldier, whose name was not released, was killed Monday when a bomb exploded near his foot patrol in Haswah, 30 miles south of Baghdad, the military said. The soldier was the seventh American service member killed Monday in three separate attacks in Iraq. All were victims of homemade bombs, which the military refers to as "improvised explosive devices," or IEDs. The deaths rose to at least 2,026 the number of members of the U.S. military who have died since the beginning of the Iraq war in March 2003, according to an Associated Press count. The U.S. military death toll for October is now at least 93, the highest monthly total since January, when 106 American service members died more than 30 of them in a helicopter crash that was ruled an accident. Only during two other months since the war began has the U.S. military seen a higher toll: in November 2004, when 137 Americans died, and in April 2004, when 135 died. In the latest attacks, two IEDs exploded on Tuesday, one in Baghdad and one south of the capital, killing an Iraqi police officer and wounding

three other people, officials said. A suicide attacker in Kirkuk detonated explosives hidden beneath his clothes, wounding the city's police commander, Col. Khatab Rash, and his driver, police said.

On Tuesday, the U.S. command also issued a report showing its efforts to combat the threat from IEDs, which have emerged as the deadliest weapon in the insurgent arsenal. The report, summarizing combat operations around Baghdad over a five-day period, said U.S. forces had found several powerful roadside bombs hidden in two vehicles on Saturday.

The day before, soldiers caught three suspected insurgents planting a bomb on the side of a street and defused it. On Thursday, soldiers chased three Iraqi men into a nearby home after a bombing and found bomb-making materials, the military said.

Bombs have also taken a heavy toll on Iraqis.

On Monday, a powerful roadside bomb exploded among civilians in Basra, Iraq's second-largest city and the major metropolis of the Shiite-dominated south, which has witnessed less violence than Sunni areas. On Tuesday, Basra police raised the casualty figure to 20 dead and 71 wounded. The attack occurred along a bustling street packed with shops and restaurants as people were enjoying an evening out after the daily Ramadan fast.

Military commanders have warned that Sunni insurgents will step up their attacks in the run-up to the Dec. 15 election, when Iraqis will choose their first full-term parliament since the collapse of Saddam Hussein's regime in 2003.

To guard against such attacks, the military has raised the number of American troops in Iraq to 157,000 among the highest levels of the Iraq conflict.

Research from page A1

Alzheimer's care. The oil mixtures were also experimented on adolescents with disciplinary problems.

"As they were doing activities, we put it into the room with them and they also wore a patch," Loy said.

The aromas were circulated through the air while the students worked and improvement in their behavior was recognized. This opens up a host of questions regarding the potential uses of these aromatic blends.

"I could see it being used in hospital settings where people are going into surgery ... I could see it being used in airplanes," Loy said.

However, he said things are a long way away from being able to do that. Loy wants to make sure more work is done on this before any definitive conclusions are made. He said there are many things that have not been considered in this research

that need to be controlled. More work also must be done to distinguish the effects on patients with different levels of Alzheimer's disease.

"The research out there is so convoluted with mixed results and some of it is not controlled very well," Loy said.

"There are so many variables that are not being controlled."

He is even looking to gain more money to do more research over a longer span. He is seeking a grant of \$200,000 to \$300,000.

"We need to do some follow-up data and that's why we're going to be seeking out a bigger grant," Loy said.

He would also like to see the work continued in an effort to investigate other Alzheimer's symptoms.

"We'd like to do this over an extended period of time, maybe do different types of aromas with pain or balance or some other outcomes," Loy said.

Loy emphasized not jumping to conclusions and admitted to being somewhat skeptical of this kind of treatment originally.

"My aroma therapist thinks it works for everything," Loy said.

"I don't think it works for anything, but I'm becoming more of a believer just because the data is suggesting there might be something to it."

The idea of an alternative or supplement to high-priced conventional medications is something many people find enticing.

"It's becoming more popular, more widely accepted, particularly because these are natural oils, they're essentially not going to do any harm and if it reduces the number of drugs individuals are on, I think people are becoming more open to that," Loy said.

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Senate turns to spending-cut plan, Alaska oil drilling

WASHINGTON (AP) - The Senate is digging into a budget plan that would bundle modest Medicare and Medicaid spending cuts with a controversial plan to open an Alaskan wilderness area to oil drilling.

Republicans are seeking to burnish their budget-cutting credentials but face unanimous opposition from Democrats who contend it is part of an overall plan that will actually increase the deficit once a companion \$70 billion tax cut bill is passed.

"When I went to Roosevelt grade school in Bismarck, North Dakota, if you reduced spending by \$39 and you reduced your income by \$70, you were deeper in the hole," said top Senate Budget Committee Democrat Kent Conrad. "You've added to the deficit. You haven't reduced it."

The bill is estimated to trim \$39 billion from budget deficits totaling \$1.6 trillion over five years - just 2 percent. For the budget plan's first year, which began Oct. 1, the cuts total \$6 billion.

Still, Republicans say the debate marks an important pivot for their party, which gained control of the House 11 years

ago with promises to balance the budget. The return of intractable deficits and surging spending has caused many conservatives to despair that the GOP has lost its way on spending.

The long-planned budget measure, slated for a final vote Thursday, would make the first cuts to so-called mandatory programs since 1997. These account for 55 percent of the budget and include Medicare, Medicaid, farm subsidies and student loan subsidies. Without changes, the rapid growth in Medicare and Medicaid threatens to swamp the budget after the baby boom generation retires.

"We can act now ... or we can just bury our heads in the sand," said Budget Committee Chairman Judd Gregg, R-N.H. "It is not good policy to pass this problem on to our children. It's not fair and it's not right."

The bill reflects the influence of moderates providing swing votes in the chamber and on key committees such as the finance panel, which drafted provisions curbing the growth in Medicaid and Medicare, the federal health care programs for the poor and the elderly.

Putin from page A1

ment decisions aimed at bringing Russia and the EU closer.

Putin also stressed the importance of enabling visa-free travel between Russia and EU countries, something he has pushed hard for in dealings with the European Union.

"Let's really make Europe a continent without borders," he said. "Why do we talk all the time of human rights in general terms? Let's give people the opportunity to at least visit each

other freely."

Putin also defended the treatment of oil tycoon Mikhail Khodorkovsky, who is serving an eight-year prison sentence in Siberia after a tax evasion and fraud trial widely seen as Kremlin-backed punishment for a politically powerful rival. Lawful punishment for a crime was a sign "not of destabilization, but on the contrary, of stability and the strength of the state," Putin said.

RIMS from page A1

support, as well as long-distance learning, provided for the teachers who are unable to commute to ECU. The participating university staff will provide at least four visits to each teacher throughout the course of each semester as part of the program as well.

"[Project RIMS] is a great opportunity to grab the reins and get involved with a project, get involved with the math teachers and let them know I'm there and that they are welcome to contact me," said Swinson.

"One thing I have seen in common with all of [the teachers] is their desire to help their students," Enderle said.

"That desire has never been more obvious than when I have met with some of our RIMS teach-

ers on an individual basis."

Eventually, RIMS desires to implement a new component to the program, the e-mentor. In addition to university staff visits, distance learning, on-campus learning and more, teachers would also be able to contact a mentor online for supplemental assistance, questions or support.

The RIMS teachers also have the opportunity to attend a statewide meeting with other teachers in their respective field. This meeting allows for new teachers to network with mentors and more experienced teachers and opens a window for them to learn new teaching techniques and share their experiences. As part of the program, teachers may attend the meeting while their hotel

rooms, food and transportation are all paid for. The statewide mathematics meeting was held Oct. 13 - 14 in Greensboro, NC at the Koury Convention Center. The statewide science meeting will be Nov. 10 - 11, also at the Koury Convention Center.

Can other teachers in similar teaching situations access the material developed for this program?

"The courses that we have developed specifically for our RIMS teachers could be offered again to other teachers. The materials will be available and can be offered through the university," Dawkins said.

This writer can be contacted at news@theeastcarolinian.com.

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My Random Column

Miscellaneous Junk

Number One:

"Maybe TEC should consider making the Pirate Rant section a little bigger! There's a suggestion for you."

So as requested, I have allowed for more space for Pirate Rants. I have been considering the idea for a while, and with this Pirate Rant the other day, I decided to take the advice and widen the column. So there you have it readers of our lovely work of art, a wider more friendly Pirate Rant column. I am glad I could make someone happy with this new idea.

Number Two:

Last week I explained my theories of driving in Greenville, so I will keep this one brief. To the pedestrians who think that "right-of-way" means walk out in front of a moving vehicle speeding down the road: it may be fun to try to make it, but being killed isn't fun. Just think about it while you are standing on the sidewalk, if you don't think you have enough time to get across the road WITHOUT the car slowing down, don't risk it.

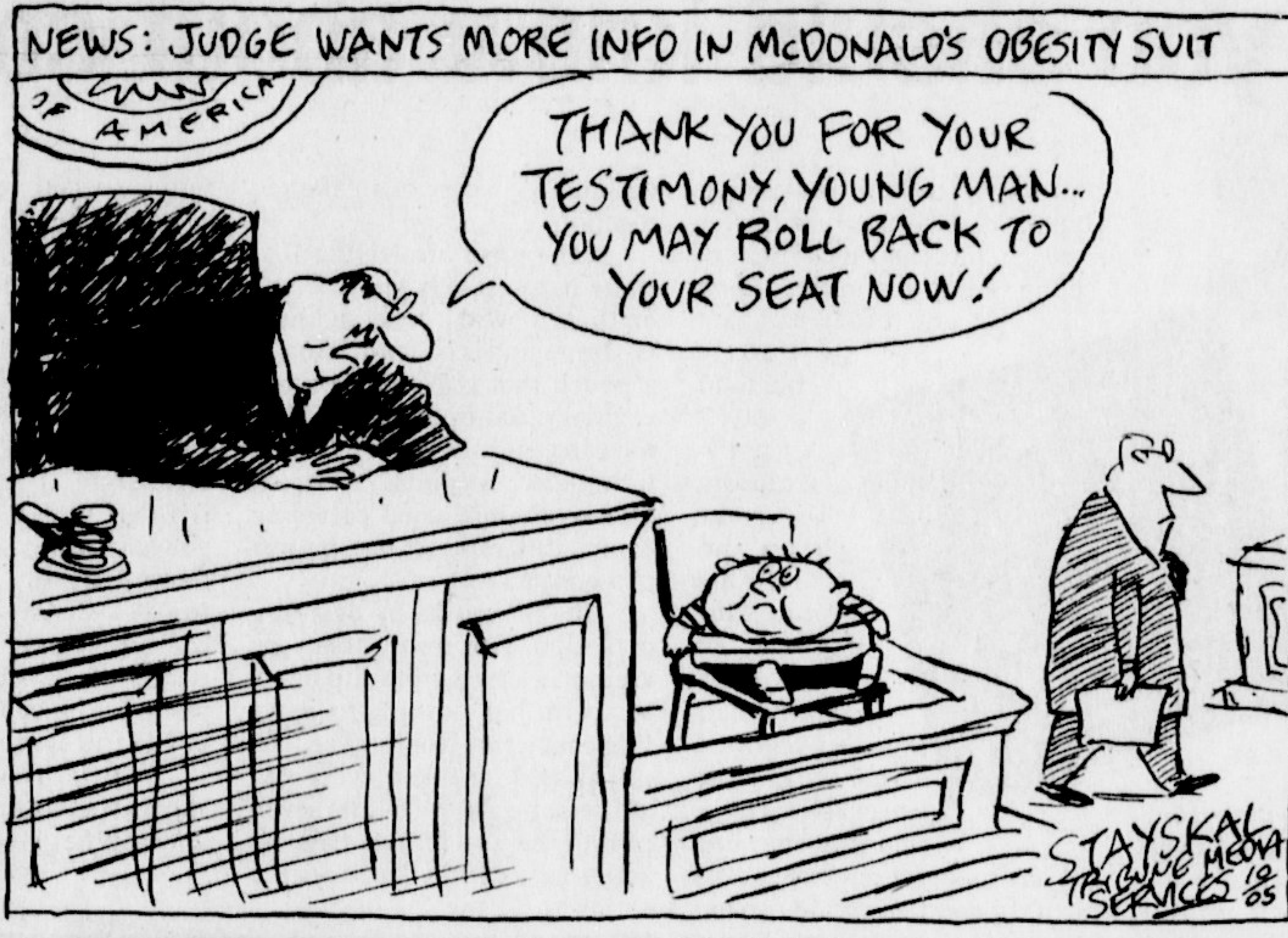
Number Three:

Airplanes have to be the best creation invented. But the ones that fly in and out of Greenville are some of the smallest in the world. At least when you leave Greenville it is flat and not having to climb fast to go over mountains. That is probably the only plus. There is hardly room to breathe, let alone be at all comfortable in those tiny seats.

Number Four:

I am the one who deals with the Pirate Rants. Yes, I am the one to blame if they don't get put in, or if they are edited. And with that said, I decide what I think readers would like to read about. I know everyone thinks that their Pirate Rant should go in the paper, but sometimes they are just inappropriate or have lost meaning. I receive over 50 of them a day and we only run a paper three days a week. Do the math, I cannot fit them all, and refuse to fill the whole column with attacks to other people unless they have some relevance. This is by no means a request not to send them to me but a plea to all of my loyal readers to be considerate about what they write. You wouldn't want someone talking about you, your friends or your girl/boy friend like that, would you?

Until next week - Jennifer Hobbs



Opinion Columnist

Give me memory or give me a jail

Could you recall exactly what was said? I didn't think so...

TONY MCKEE
CONSERVATIVE CORNER

For over a week Liberals had been anticipating the Special Prosecutor in the "CIA Leak" case, Patrick Fitzgerald, announcing that he was indicting the hated Karl Rove, as well as I. Lewis "Scooter" Libby, the Vice President's Chief of Staff. This, so they thought, would surely throw the Bush White House into disarray. Liberals and the media were drooling in anticipation, preparing to engage in an orgy of self-congratulatory, orgasmic celebration.

Turns out they ended up with a serious case of premature ejaculation instead.

After two years of incessant digging by an army of investigators, after the unnecessary waste of millions upon millions of taxpayer dollars, after another hypocritical "trial by media" as well as the attempted destruction of people's careers, the best Fitzgerald could do last Friday was indict Libby for one count of obstruction of justice, two counts of perjury and two counts of making false statements to FBI agents.

The disappointment and deflation of Liberals this weekend was palpable.

Like the original "crime" of leaking CIA operative (NOT!) Valerie Plame's name, these charges are worthless as well as ludicrous. Libby has been indicted and faces up to 30 years in jail because he couldn't remember specific details of conversations he had years ago with some reporters about a couple of inconsequential individuals. The part that really sticks in my, and many other people's, craw is that the indictments are a direct result of Libby's honesty!

That's right folks, because he is a man of honesty and integrity,

I. Lewis "Scooter" Libby has had his career destroyed and faces jail time. Ain't life grand?

The charges against Libby stem from his statements that he essentially didn't know Valerie Plame's name until he heard it from reporters. These statements were supposedly contradicted by personal records that he willingly turned over to Fitzgerald's team.

You need to make sure that you understand that last sentence: he willingly supplied records that ultimately led to the charges against him.

Instead of handing over all those records, Libby could have pulled a Hillary Clinton and "lost" vital, subpoenaed records for a couple of years. He could have done what Sandy Bugarlar (er-r, Berger) did and shove Top Secret documents down his pants and into his socks to destroy at his leisure in order to protect Bill Clinton (Berger was just slapped on the wrist for that).

Instead of talking to the FBI and the Special Prosecutor at all he could have had a sudden "memory lapse" about everything, saying "I don't remember," "I don't recall" and similar phrases about a thousand times like Bill and Hillary Clinton did concerning Whitewater, Monica Lewinski, Paula Jones and every other scandal they were involved in. He could have even taken the 5th Amendment, and not said a word, as so many truly guilty people have done in the past.

He didn't though. And because he didn't, he has resigned his position, he will have to spend untold amounts of money to defend himself against frivolous charges and his reputation has been ruined. Quite a price to pay for not being able to remember specific details, don't you think?

Ultimately, the fact that a Vice President's Chief of Staff was indicted is not what will most be remembered about this incident. Nor will the fact that ultimately

he will be acquitted, if the charges are not dropped first. What will most be remembered is the criminalization of human memory.

Make no mistake about it - the indictment of Libby is nothing more than a precedent setting indictment of the human mind. Libby did not remember exactly what he said or when he said it years ago. If allowed to stand, this indictment sets the stage for anybody to be charged and/or sued if they do not recall EXACTLY what was said to whom, when it was said, where it was said, how it was said and why it was said in that way. Not only that, but there is going to be no limit to how long you are supposed to accurately remember all this information.

To put this into perspective, I challenge each and every one of you to recall and write down, exactly what one of your professors said in class last Wednesday, beginning 20 minutes after class started. Remember, it has to be exact.

When you are done, you will have to hand your recollections, as well as your class notes from the day in question, over to a panel of people who will comb over it word by word. If there are any discrepancies, you will be expelled from school for lying, blackballed from every school in the country and then, and only then, you will be allowed to defend yourself.

Think you can do it? You may want to start practicing, especially those of you with political aspirations. I understand there are some excellent memory training courses available online. You may want to check that out. You may want to go the Nixon way and record all of your conversations, starting right now.

Welcome to the brave, new world folks.
(Ms. Rosa Parks, a brave and noble lady, died recently. Her courageous actions helped make this country, and the world, a better place to live. May she Rest in Peace.)

Pirate Rant

The girls at ECU make Homecoming/Halloween so enjoyable ... Keep up the good work ladies!

Whose bright idea was it to put Krispy Kreme within smelling distance of the Rec center?

To the people who feel the need to walk in front of people while they are throwing a football and expect not to get hit, get over it and walk around.

Can the Marching Pirates please come downtown and teach some of these people how to dance?

Who would win the game between ECU and J.H. Rose High School?

What is up with everyone trying to bum-rush the elevators when the doors open? There are usually people on the inside trying to come out, so you people need to give me some space to actually leave the elevator before you rush.

Airline food, am I right? Am I right?

You know, drinking wine from a box is like drinking beer from a Capri Sun pouch.

Seriously, what other college has a student running for mayor?

It scares me to know that \$1.2 million of our money was spent on columns - annoying ones at that - which can possibly alert every predator that may be lurking around that I am now entering the dimly lit mall area. Let's spend our money on more lighting and more useful items eh? Not to mention the splash percussion wall - I must say, it enhances my education, how about yours?

Why was my bus driver text-messaging people WHILE DRIVING last night (Last night being Halloween, no less)? I don't know about anyone else, but I think when you're transporting at least 20 other people, that is dangerous.

To all our professors: ECU has some of the best professors in the state. Days when you feel discouraged, please know that you really are making a difference and you are greatly appreciated. Thanks!

To the funny little man working the wax hands at Midnight Madness last night: you made burning my hand worth it.

What is the point of drinking? I mean to the point that you get so drunk that you puke, pass out, miss class and almost get kicked out of school, don't come to work, and act like a jerk in front of others. Yeah, you are real cool, jerk. Don't bother calling me again.

Do you really think "Eh yo b***h, lemme holla atcha" is an efficient pickup line?

To the nice cashier over at the Wright Place, you're always so nice so early in the morning. That's what we need more around here. Thank you.

Halloween should be every day. I understood my lectures better on the day after Halloween than I did the entire year. Maybe it's because the rest of the idiots were still sleeping/hungover at 8 a.m.

To the robot who won the Costume Contest at Midnight Madness: I'd give you another \$100 if you do more dancing! Domo Arigatou Mr. Robotto!

For all of you education majors who feel the need to cheat on tests, you do know that though it is a time consuming major, you don't require the highest IQ to do well in it. If you can't even take the tests without help, I'd hate to see how well you would succeed teaching the alphabet to children.

For all you students out there who interrupt the class to make comments on a class issue just to show how much you know about the topic, PLEASE SPARE US!

To all the professors who are so rude when responding to their students' questions via e-mail: we wouldn't be so stressed out and have so many questions if you would have things prepared for us and not give us so much busy work that doesn't apply to anything we will ever have to do in the real world!

To four out of every five guys who skateboard on campus: I love you. You make me smile and make the walk to classes just that much better. To the remaining one of five: Well, since you ride around with that holier-than-thou look in your eyes and smirk on your face, I really am secretly hoping you wipe out as you turn a corner.

Even if I don't like all your articles and complain and disagree sometimes, I still appreciate the hard work you all do over there at TEC. Thanks a lot guys.

To the gorgeous girl I saw at the hospital bus stop with the Russian sounding accent and piercing green eyes: you are the essence of natural beauty, thank you for your presence.

Get a life and stop Instant Messaging me after one second when I come back from being away. Stalker.

Just because you don't care about what the professor says, doesn't mean you have to be loud and annoying. Shut up or don't bother rolling out of bed.

FYI: A black shirt, WHITE pants and brown shoes are not OK! White pants after Labor Day are not OK!

How come every time I go to the Wright Plaza in the afternoon they only have one person at the registers? I only want to get a drink, but I have to wait in a line all the way to the back.

ECU spends millions on a football stadium, so why can't we have a parking deck?

Pirate Underground: there are more musical genres than Christian "screamo," and singer songwriters - book something else!

That steam coming out of the sewer grates smells like hot dogs.

Last time I checked we were in America, and I'm not sure if you knew this, but in America we drive and walk on the right side. NOW WHY IS THAT SO DIFFICULT TO UNDERSTAND? So next time you're on the sidewalk, get out of my way and stay on your side!

How come I always e-mail the editor a Pirate Rant, but I have yet to see my rant in the paper?

Well, excuse me for not having \$40 to spend on a PROPER purple hoodie. Just because I don't wear purple and gold 24-7, it doesn't mean I have no school spirit. I love being a Pirate.

Although Kristin M.'s picture was not very flattering this week, I'd still like to marry her ... and maybe Kristin D. too. I wouldn't mind both of you. At least I wouldn't mix your names up.

Please stop wearing pajama pants to class! It's not stylish, it's lazy.

Editor's Note: The Pirate Rant is an anonymous way for students and staff in the ECU community to voice their opinions. Submissions can be submitted anonymously online at www.theeastcarolinian.com, or e-mailed to editor@theeastcarolinian.com. The editor reserves the right to edit opinions for content and brevity.

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In My Opinion

(KRT) - The notion that Internet content is generally "free" is one of the cyberworld's most cherished lies.

In fact, Internet economics is complex and bizarre. It consists of overlapping levels of subsidy, direct payment and covert transfers, along with under-the-table bribes to Web users for personal information most of us don't know we're giving up.

But free it's not. One way or the other, somebody's always paying. Usually, that's you.

A great deal of content is funded through straight-up subsidy. Stories, weblogs, commentary - much is produced by people whose day jobs spill over onto the Web. If the authors are freelancers, they are providing uncompensated labor. This column may be picked up by any number of blogs and read by people who pay nothing for it. They think it's free; it's not. It costs me plenty, in time and sweat. In these cases, it's the content producers who do the paying.

If the content is posted by media organizations on "free" sites, the online audience may not pay, but the offline audience does. The cost is reflected in the subscription price or the ad rates charged for, say, the newspaper's print edition. One set of customers is likely paying to inform and amuse another set of customers, one of the less charming features of "free" cyberspace.

More and more content is funded by stealth: furtive marketing devices that enable audiences to be identified, targeted and hit with sales messages. The keywords you plug into your

Google search - Google auctions them to advertisers to get their pop-ups alongside the search results. Your Web-based e-mail - it's paid for by marketers who buy the right to scan messages for tell-tales that qualify you as a potential customer so they can put ads on your screen.

Are those services "free"? True, you're not paying with cash. But you do pay, with precisely the same things you normally sell for dollars - your time and attention.

This isn't a trick of language. It's important to realize that all of these models are systems of payment, which extract costs from someone and confer benefits on someone, often someone else. Somebody's always paying. Print subscribers pay for services used by online readers. Consumers of advertised products pay, through their purchases, for Web sites. Forget "free."

The problem is that none of them offers a clean, logical way to do what markets are supposed to do: Enable buyers to pay sellers for what they use and to ensure that content producers are compensated by the people who benefit from their creations.

The ideal would be an arrangement in which producers are rewarded for the value they create. That is tough to measure, but quantifying value is exactly what markets do. It would be reflected in the numbers of people who read or view the content, and that would be only part of the picture. Specialized content of intense interest to fewer people would command higher prices. So pay

rates would have flexibility.

Such are the broad lines of an Internet content market. Producers would be credited when their content was downloaded. They could code their content, setting a price. If the work originates with a news organization, its account would receive the micro-payments.

Hence, the system would be engineered to register not only charges but credits, since Internet users are often information sources. If you upload content viewed by others, you'd benefit from offsets against your usage. You'd be not only a paying customer, you'd be a paid producer.

At the end of the month, along with your other utility bills, you'd be charged directly for your Internet activity. And the producers of content that you used would be paid for the value they created - not for the advertisers or employers they helped feed.

This would require assembling a generalized payment system. But standardization wouldn't be any tougher than the Web protocols or domain naming systems that have long been in use, and the technical sophistication couldn't be any greater than the diabolically complex wizardry that is used right now to track, record, compile and resell all kinds of data about what you do online.

It may be fanciful, but the alternative isn't pretty. That's what we're lurching toward now, a costly system of producer subjugation wholly dominated by the goals of sales and manipulation, arrayed under the banner of freedom.

Top 5's

Top 5 Movies

1. *Doom*
2. *Dreamer: Inspired by a True Story*
3. *Wallace & Gromit: The Curse of the Were-Rabbit*
4. *The Fog*
5. *North Country*

Top 5 Pop Albums

1. Ashlee Simpson
2. Rod Stewart
3. Martina McBride
4. Nickelback
5. Stevie Wonder

Top 5 TV Shows:

- There are many different forms of contraceptives. Male and female condoms, oral contraceptives (birth control pills), Depo-Provera shots, the patch, vaginal rings and diaphragms are just a few contraceptives used widely today.
1. "CSI"
 2. "Desperate Housewives"
 3. "Lost"
 4. "Without a Trace"
 5. "Grey's Anatomy"

Top 5 DVD Rentals:

1. *Kingdom of Heaven*
2. *Kicking and Screaming*
3. *The Interpreter*
4. *The Longest Yard*
5. *Unleashed*

Top 5 Books:

1. *Knife of Dreams*
2. *The Lincoln Lawyer*
3. *Consent to Kill*
4. *A Breath of Snow and Ashes*
5. *Blue Smoke*

Horoscope:

Aries - Travel beckons, and this time it's worth your while to check it out. You'll discover amazing things out there, much to your delight.

Taurus - You'll discover lots of new ways to save money over the next day or two. Everyone wants to barter, so hold out for the very best deal.

Gemini - One of your favorite conversationalists has a lovely idea. Encourage it, don't argue. That would be counter-productive.

Cancer - More work coming in. Also, more confusion. Set up a new routine and make things go more smoothly.

Leo - True love will prevail again, much to your delight. A bold suggestion is apt to be merrily encouraged.

Virgo - The odds are high that your place is a mess. If it isn't, it will be soon. It could be you tossing things out, doing your November cleaning.

Libra - Ask questions and you're apt to make an interesting discovery. Be bold talking about anything except money, that's how you get in trouble.

Scorpio - There's a lot of money coming in. The challenge is to hold onto it. Learn the value of what you have and don't let it go.

Sagittarius - Now's the time to suggest the changes you believe will work. You've got a charming, charismatic style.

Capricorn - Get things arranged behind the scenes, so you'll be able to move quickly. You want everything to fall the right way when you give it a shove.

Aquarius - The tension is broken. The adversaries get interested in other things. They may not ever know you helped, but if you cared, you did.

Pisces - People who have lofty ideas actually need your help. Point out things you see they haven't noticed, yet.

Announcements

The Emerge Gallery and ECU Graduate Artist's Forum is hosting the Heart to Hand silent benefit auction Nov. 4 from 6 - 9 p.m. at the Emerge Gallery. All proceeds will be donated to children's art education programs in areas that were affected by Hurricane Katrina. Work will be available for viewing and bidding beginning Nov. 4. Bidding continues Saturday, Nov. 5 from 11 a.m. until 6 p.m., Tuesday, Nov. 8 and Wednesday, Nov. 9 from 11 a.m. until 6 p.m., and Thursday, Nov. 10 from 11 a.m. until 4 p.m., bidding ends at this time. Emerge Gallery is located at 404 South Evans St. in downtown Greenville. For more information, call Emerge Gallery at 551-6947.

The Apparel and Interiors Merchandising Organization will be holding a charity fashion event titled "Ripped, Torn and Fabulous" Friday, Nov. 11 at 9 p.m. at Club Aqua. All proceeds will benefit Give2theTroops.

The African American Quiz Bowl will take place Nov. 16 from 6 - 8 p.m. in 1009 Bate Building.

The Importance of Being Earnest by Oscar Wilde will open Thursday, Nov. 17 at 8 p.m. in McGinnis Theater. Tickets are \$12 for the general public, \$10 for senior citizens and ECU Faculty/Staff and \$8 for children and ECU students. Call 1-800-ECU-ARTS for more information.

Editor's note: Any opinions expressed in this section are those of the individual writer. They are not the opinion of TEC, therefore should not be addressed as such.

What you should know about contraceptives

Getting the facts and available choices

TOMEKA STEELE
SENIOR WRITER

It's a subject we all know something about, but do we ever truly know enough about contraceptives? There are many different forms of contraceptives. Male and female condoms, oral contraceptives (birth control pills), Depo-Provera shots, the patch, vaginal rings and diaphragms are just a few contraceptives used widely today.

Student Health Services offers all of these contraceptive choices and more. There are some side effects to most contraceptives and many myths to some of them as well. Knowing the facts is essential when engaging in sexual activity.

The condom has been used to prevent pregnancy and sexually transmitted diseases since the 16th

century according to Norman Himes' *Medical History of Contraception*. Condoms block the traveling of sperm into the vagina and block contact of bodily fluids. In a 2002 study, "Condom Use: Errors and Problems among College Men," 40 percent of the young men surveyed reported that within the previous three months, they had

not left space for ejaculate at the tip of the condom and 15 percent had taken a condom off before completing intercourse. The failure rate of condoms most often happens because of incorrect use of the condom, not breakage.

Male condoms are very inexpensive and offer the best protection against most STDs. They are effective 98 percent of the time when used correctly and are distributed at Student Health Services for practically nothing.

"The best condoms are definitely Trojans. They are America's favorite and very reliable," said senior communication major Elijah Jackson.

Some people may have allergic reactions to latex, which is no excuse.

Both Trojan and Durex make many different kinds of condoms that are latex-free so that both you and your partner can be safe

without the worry of an allergic reaction.

If the guys are feeling like there is too much pressure put on them to wear a condom, there is the female condom. This is a pouch that is placed into the vaginal canal to block sperm. It too can cause allergic reactions if it contains latex and is 79 percent effective when used correctly. Again, this product can be purchased latex-free.

The pill works by delaying ovulation. This means that eggs are not released from the ovary, so sperm has nothing to come into contact with or fertilize. The pill should be taken every day at the same time. The last seven pills of the 28-pill pack have no active ingredients. These are placebos to allow the shedding of the uterine lining and thus a menstrual period. If a pill is missed, it should be taken as soon as one remembers.

Birth control is 98 to 99 percent effective when used correctly. Many different types of the pill are offered at Student Health Services and range from \$12 to \$38 a pack. The pill reduces menstrual cramps but offers no protection against STDs. Some side effects of the pill are nausea, spotting, weight gain and acne.

"I think birth control pills are great for college women not wanting to get pregnant. College is an important time to focus, and an unwanted pregnancy could make it even more hectic than it already is," said

senior special education major Yolanda Mitchell. One important thing to remember about this method is that your male partner needs to wear a condom if both of you have not been tested for STDs. An unwanted pregnancy can be bad, but a disease could be life threatening.

Depo-Provera shots, the contraceptive patch and vaginal rings are forms of contraceptives that deliver estrogen or progestin into the female reproductive system to suppress ovulation and increase the thickness of the cervical mucus to decrease sperm passage. None of these forms provide protection from STDs.

Depo-Provera is administered by a shot every three months and is 99 percent effective when used correctly. The patch is a small patch applied to the skin weekly and then removed on the fourth week to allow menstruation. The vaginal ring is placed inside the vagina and is removed on the fourth week to allow a period. All these methods are 98 to 99 percent effective and some side effects are nausea, weight gain, dizziness and increased risk for cardiovascular diseases. Student Health

Services charges \$50 per Depo shot.

Diaphragms are dome-shaped disks that can be placed inside the vagina over the cervix and keep sperm from reaching the uterus. It should be used with spermicide that contains nonoxonyl-9 to kill sperm. These contraceptives are 83 percent effective when used together properly.

Student Health Services requires that students seeking contraceptives other than condoms attend a Health Issues Class. The class can be taken online as well. All of these contraceptive choices are available at Student Health Services for a discounted rate. Take advantage of the services available to you. There are not many other times in your life when you will be able to buy so many condoms for such a good price. Student Health offers education, cost-effective solutions and convenience. Make the right choice - protect yourself and your partner.

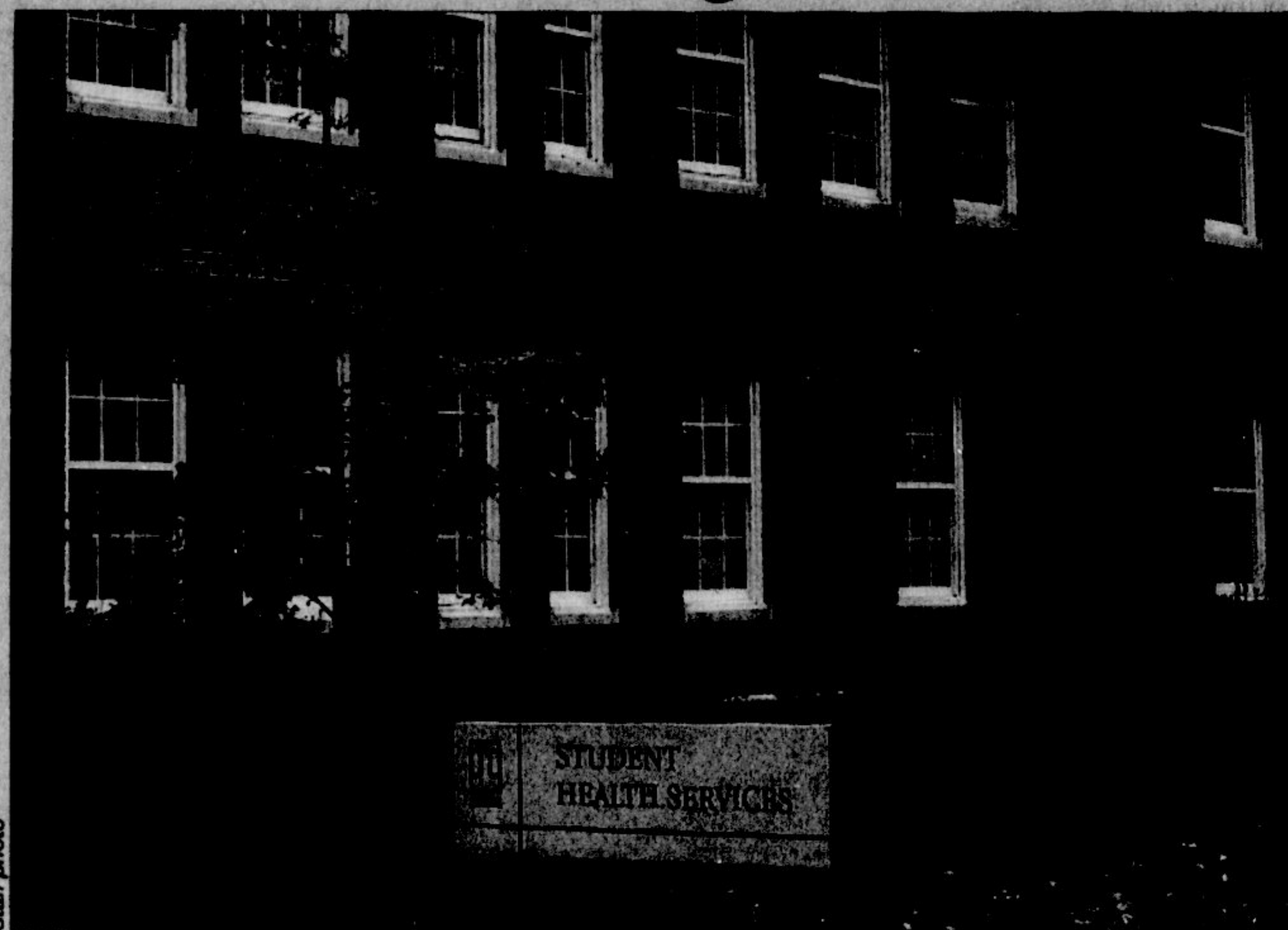
This writer can be contacted at features@theeastcarolinian.com.

Contraceptive Information

Student Health Services 328-6841
Health Issues Class:
Mondays, 2 p.m.
Wednesdays, 10 a.m.
Thursdays, 3 p.m.

Online class at ecu.edu/wellness/ issues/index.htm

STIs: How much do you really know about dangerous sex?



Student Health Services provides many essential student services and is conveniently located on campus.

Get the facts before it's too late

EMILY JORDAN
STAFF WRITER

What once was called Sexually Transmitted Disease is now referred to as Sexually Transmitted Infection. The new term is more politically correct because infections can be treated with medications, as opposed to diseases, which usually cannot be treated with anything. What do you really know about STIs?

STIs are serious, sometimes painful and can even have life-long effects. Some STIs infect your sexual and reproductive organs, while others cause general body infections. STIs are either viral or bacterial. Bacterial infections are treated with antibiotics, while viral infections are most often not treated with medication that will cure them, but rather with medications to reduce symptoms. STIs infect places such as the mouth, anus, vagina, penis and testes.

STIs are transmitted through unprotected vaginal, anal and oral sex. And some STIs are spread by contact with infected blood, such as with HIV and hepatitis B. The more partners a person has, the more likely he or she is to have an STI. Just think, when you are having sex with your partner, you are also having sex with his or her past

partners. That may be (depending on your partner) a lot of people to be having sex with at once. Jolene Jernigan, director of Student Health Services says, "If you have one STI, you are likely to have another."

Tired of the gore from Halloween? Well, here's some more. Women and men who are sexually active should look out for STI signs such as sores, bumps, blisters, itching or swelling on the genitals, burning during urination, the need to urinate frequently and flu-like symptoms. Other signs vary from women to men.

There are a variety of STIs a person can contract such as chlamydia, genital warts, herpes, gonorrhea, hepatitis B, HIV/AIDS, syphilis or trichomoniasis. The national average suggests that HPV (Human Papillomavirus) is, by far, the most prevalent throughout the U.S. Forget about the rumors that STIs are only common in ECU students. Jernigan assures that the average number of students with STIs is "neither higher nor lower than the national average."

Most often a person has a STI without even knowing it. The lack of symptoms can persist for years, months, weeks - it depends on which infection you contract. HPV can take years before a person sees signs of it, while chlamydia can appear within seven to 28 days after having sex. Each STI is different, so the symp-

oms are individual to each infection and to each person.

Trichomonas vaginalis or "trich" is the most common STI in young women and is often asymptomatic. If symptoms do appear, they include malodorous, frothy yellow/gray-greenish discharge that may turn the female cervix a strawberry color and texture. This infection can be treated with certain antibiotics, but if left untreated, it can increase susceptibility to other STIs, especially HIV, according to the CDC.

Human immunodeficiency virus or HIV can be life altering. North Carolina is number 10 in the U.S. for HIV/AIDS cases, and U.S. women account for the most rapid increase in the number of new cases each year according to the CDC. This virus makes you much more likely to contract another kind of STI and can eventually kill you due to severe immunosuppression. This means that the disease weakens your body's natural defenses, so you even the common cold could kill someone very sick with this disease.

Syphilis, or "the great imitator" can disguise itself as many other things because so many of the signs and symptoms are close to those of other diseases. Syphilis is passed from person to person through direct contact with syphilis sores, which

see STI page A5



Being young and in love is not always about being a girl and a guy.

Overcoming stereotypes

How many ECU students are taking risks for love?

AMANDA WINAR
STAFF WRITER

Normal. According to Merriam-Webster's Online Dictionary, the term "normal" suggests something that "conforms to a type, standard or regular pattern."

In our society, a man and a woman fall in love like *Beauty and the Beast*, like *Sleeping Beauty* and then get married like *Cinderella* to live a "normal" life. The fairy tale usually ends there, and in today's society, that seems to be the case as well.

According to a 2003 study by the Census Bureau, "about 50 percent of first marriages for men under age 45 may end in divorce, and between 44 and 52 percent of women's first marriages may end in divorce for these age groups."

Does this seem normal? For the American public in 2005, it does seem normal because divorce has become the norm. Two heterosexuals falling in love has always been the norm. Yet homosexual relationships, something right now that cannot end in divorce since they do not have marriage rights, have become increasingly prevalent.

Two girls in an emotionally stable and thriving relationship, two guys who caught each other's glance across a room and it was love at first sight. These types of relationships aren't found in *The Little Mermaid* or *Bambi*, yet are they classified outside of the range of the norm?

Another definition provided

by Merriam-Webster described normal as "occurring naturally," and individuals in a homosexual girl-girl or guy-guy relationship will tell you they feel as though it is natural.

A sophomore at ECU currently in a homosexual relationship with a girl said "it is tough to fall in love with someone when everyone else is telling you it's not right."

The most trying thing about a homosexual relationship that most individuals agreed with is that society, in general, is still ignorant.

Senior nursing major Holly Spain said "I had a friend whose mother stopped telling her she loved her because she discovered her daughter was a lesbian."

Other individuals will tell you that parents, friends and society in general will ostracize a person in a homosexual relationship. "Society does not respect people in homosexual relationships partly because the average longevity of the relationship is three months," added Spain.

A recent study was conducted in the Netherlands where gay marriage has been legal for several years, and researchers found that the average homosexual relationship lasts only one and a half years.

Currently, there are many girls and guys in homosexual relationships and alternative dating circumstances at ECU. College students tend to be more open and honest about their sexuality while in college, said the aforementioned ECU sophomore,

see RELATIONSHIPS page A5

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STI from page A4

are usually on the external genitals, in the mouth, on the lips, in the vagina, anus or in the rectum. This disease, like most others, can be transmitted while performing vaginal, anal or oral sex. Syphilis can be treated with antibiotics, but if left untreated, the infection can go through three stages. The first stage will include cancers, sores that appear on the genitalia or in any mucous membrane. In the second stage, if the first stage was not treated, symptoms may include fever, swollen lymph glands, sore throat, patchy hair loss, headaches, weight loss, muscle aches and fatigue. The latent (hidden) stage is often when people think there is nothing wrong with them. The infection stays in the body and silently damages internal organs, including the brain, nerves, eyes, heart, blood vessels, liver, bones and joints. Signs and symptoms include difficulty coordinating muscle movements, paralysis, numbness, gradual blindness and dementia - eventually all of these symptoms could be serious enough to cause death. Seems

kind of silly not to spend the 20 seconds putting on that condom, huh?

There are so many STIs and a lot of information out there about them. Information is available at the CDC Web site at cdc.gov, where they break down the signs and symptoms of all the STIs, possible treatments and possible life altering changes.

If you are sexually active, regular screenings can help to prevent getting STIs. If you have had any kind of sex with a person that you do not know, get a screening. If you've shared needles with other people, get a screening. And especially if you show signs of an STI, get a screening.

STIs are nothing to look past. You can hurt yourself, and worse, you can hurt others, not just by way of sex. Mothers can give STIs to their children, too. Some STIs are life-long and can never be cured, such as HIV and herpes.

If a student thinks that he or she has an STI, Jernigan recommends that the person should go to the Student Health Services to

get checked out.

"Part of our goal is education, not simply treatment. We can provide a better well-rounded treatment and education here," said Jernigan.

The costs of tests and screenings are also a bit cheaper at SHS. Most routine screenings should cost around \$20 and under, though prices will vary depending on the test.

Most students probably feel they are well informed about STIs, but fact is, they don't know everything.

"We all tend to not pay attention to it [STIs] until we have the problem ourselves," Jernigan said.

So, even though your Health 1000 class may most likely be the least demanding class that you take at ECU, maybe you should pay attention. You might learn something.

ECU Health Services provides as much information as they can, believes Cynthia Carmichael, freshman biology major.

"Students cannot expect to be spoon fed," said Carmichael.

They must take the initiative themselves to get the proper information.

Obviously, not having sex is the surest way to protect yourself from contracting an STI, but if you're going to have sex, be smart about it. Be open with your partner and talk about your past experiences.

"If you can't talk to somebody [your partner] about your sexual past, you shouldn't be having sex with them," Jernigan says.

Having a two-way communication is vital to you and your partner's safety.

For more information about STIs, please make an appointment to talk in confidence with someone at the SHS.

There are many resources available to ECU students that would regularly cost an arm and a leg for treatment. If you are concerned about your sexual health or just have some questions, take advantage of Student Health Services and all of the dedicated professionals that work there to help students.

This writer can be contacted at features@theeastcarolinian.com.

Relationships from page A4

because their peers tend to be less ignorant and more accepting of individuality. There is a club on campus called B-Glad that meets on Wednesday nights. B-Glad's main focus is to promote diversity awareness and education of these alternative relationships. Many individuals attend meetings, but others feel attending brings too much attention and is unnecessary. Whether everyone approves of the club or not, it is nice to know that there is somewhere on campus that everyone can feel comfortable.

Besides heterosexuality and homosexuality, some individuals identify themselves as being bisexual. Senior communication major Shay Johnson said that his sister told him a few months ago she was bisexual.

"I didn't understand at first how she could like both girls and guys. Then she explained how she felt she still might want to get married and have kids later on in life, but as for now she just feels closer to girls. It is hard to see her point of view, but I love her and respect her decisions."

Johnson's sister is a lucky one, since those who are bisexual fit into the same stereotypes and critique as homosexuals usually.

The critique and problems that come their way also pro-

duce some wear and tear on homosexual's quality of life. For example, Dr. E. Fields wrote an article titled "Is Homosexual Activity Normal?" In his study, he found that "The median age of death of lesbians is 45 (only 24 percent live past age 65). The median age of death of a married heterosexual woman is 79."

Not only is life span of a homosexual woman decreased, but Fields also says that homosexuals are 100 times more likely to be murdered (usually by another homosexual) than the average person, 25 times more likely to commit suicide and 19 times more likely to die in a traffic accident.

Obviously, one's sexual orientation does not seem that it would be a big factor in getting hit by a car, which proves one must be cautious when accepting facts, statistics and theories about homosexuals in general.

Assumptions are dangerous, said one ECU student. When asked what she felt about sexual orientation and herself personally, all she replied with was "I have relationships like everyone else. I date, have quiet nights, good dinners and fun days, it just happens to be with another girl."

This writer can be contacted at features@theeastcarolinian.com.

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Report news students need to know. tec

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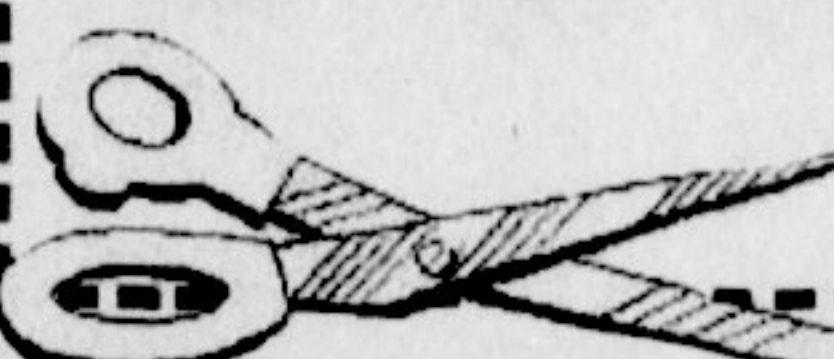
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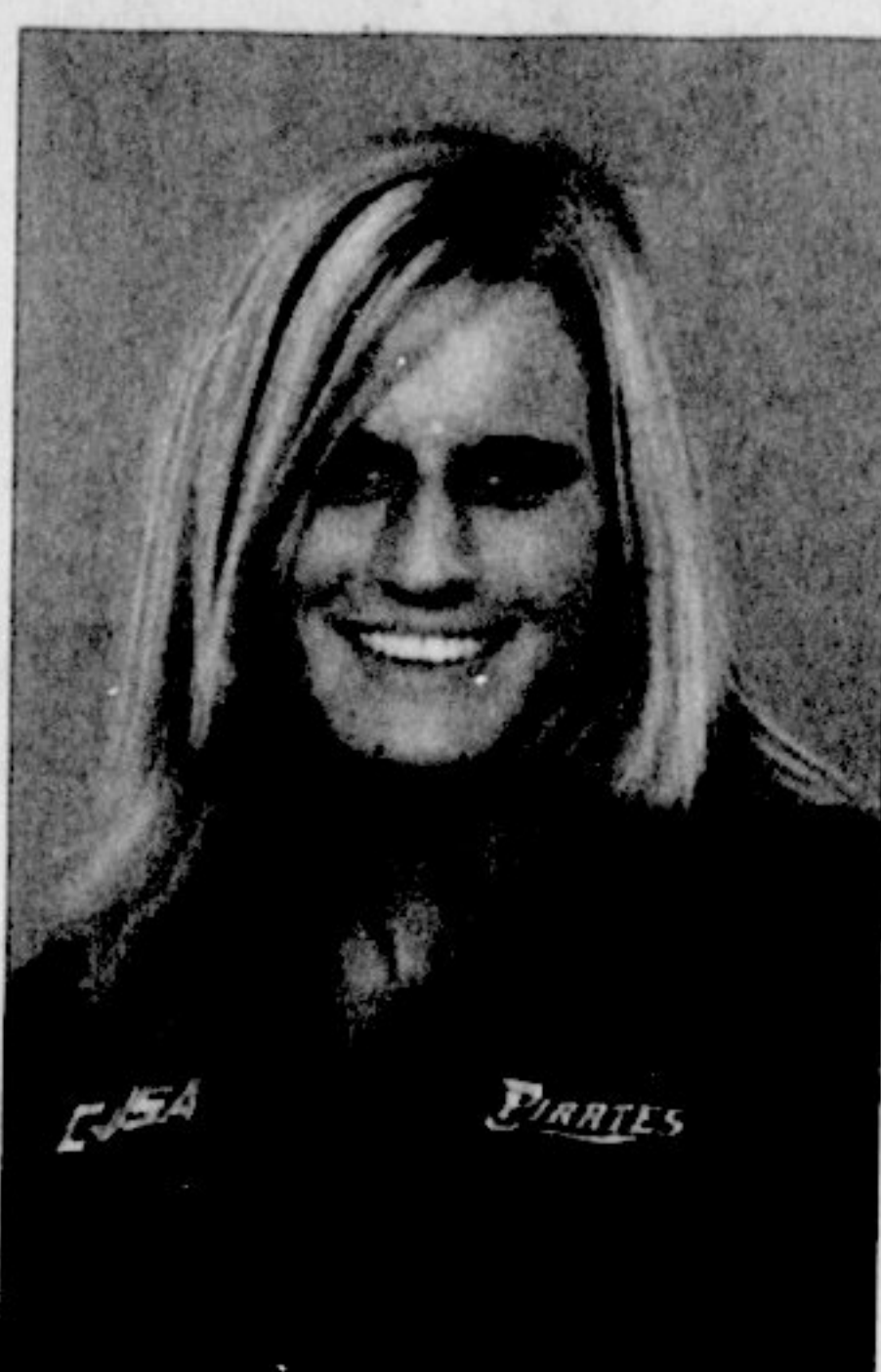
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Sports Briefs

Women's Soccer Trio Earns C-USA Honors

Conference USA announced its 2005 all-league first and second teams and postseason award winners for women's soccer today, as selected by the conference's head coaches. The awards are announced one day before the start of the 11th Annual C-USA Tournament, which is scheduled for Wednesday through Sunday, Nov. 2-6, at the Rice Track & Soccer Stadium in Houston, Texas. For the fifth consecutive year, the Pirates (8-11-0, 4-5-0) placed multiple players on the yearly All-C-USA teams. Senior Meghan McCallion became the second Lady Pirate to earn all-conference honors all four years at ECU with her second-team selection. The Long Island, N.Y. native currently leads the team in goals (9), assists (6) and points (24). This season she became the school's all-time scorer (96) and all-time goal scorer (39). A pair of Pirate defenders also took home C-USA honors on Tuesday as sophomore Kat Norris (Houston, Texas) was named to the second-team with McCallion and Nicole Moore (Springdale, N.C.) was named to the All-Freshman Team. UCF and SMU earned regular season co-champion honors their first season in the conference. The Golden Knights earned the top seed in the tournament and were led by 2005 C-USA Defensive Player-of-the-Year Courtney Baines, who anchored a backfield that allowed only seven goals in October. Teammate Roberta Pelarigo joins Baines on the All-Conference first-team.

Meters upon meters of heart



DUNCAN

Duncan perseveres through heart condition

SCOTTY WILLIAMS
STAFF WRITER

She wakes some mornings and feels a little lightheaded. She feels slightly short of breath. It happens like this every now and then. It's there lurking in the back of her mind from the moment she starts her day. Some-

times, she has to focus a little harder than everyone else just to keep her mind off of it.

Amanda Duncan begins her day more determined, more driven, more motivated than the rest of the crowd. She wants to go out and prove something. She wants to prove she can do what any other highly touted freshman recruit on the ECU swim team can do – swim and win.

It's a little different for Duncan than it is for any other swimmer on the Pirates' squad. No one else has to fight the fear of passing out during a race. No one else fights a daily battle with the thing that Amanda displays so much of by continuing to swim at such a high competitive level – heart.

More specifically, Duncan's heart.

Duncan was diagnosed with ventricular tachycardia a few years ago, a condition that causes a rapid heartbeat and can double or triple the normal heart rate. Ventricular tachycardia can cause palpitations, light-headedness, fainting and shortness of breath. Duncan has battled heart problems since she was six years old.

She has undergone procedures called cardiac ablations at Duke University several times and has often had to rehabilitate. She is on medication for the condition, but admits that it can be unpredictable, as she was already forced to sit out for a week this season.

"When I train, I lose body fat, and the medicine I am on is stored in body fat, so at times it doesn't store very well," said Duncan.

"It's pretty random, basically whenever my medicine decides it wants to stop working."

Despite her condition Duncan has a positive outlook and a ready smile. She draws motivation from the many doctors who have told her not to swim. After all, swimming is a sport that requires top-flight cardiovascular conditioning.

The last thing Duncan wants to do, however, is let anyone think she swims with a handicap.

"I want to show people that just because I have this problem, it doesn't mean I can't do what everybody else does," Duncan said.

As a sports and exercise science major, Duncan is interested

in the kind of research that goes on at the Gatorade Sports Science Institute and wants to study human performance.

For this year she wants to make it from the B team to the A team and make the NCAA's in swimming, and she has her eyes on competing in the Olympics in the long run. She admits that the hardest part of swimming can be being out of the pool due to her condition – she sometimes stays out of the pool for months at a time.

Being a true freshman, Duncan's biggest challenge as a newcomer collegian would be time management. She admits that between training (in the pool and on the weights) and studying she doesn't have much time to do other things. She does like to go to the beach and hang out with her friends, but admits that swimming takes a high priority.

"There's always something for me to do other than sitting around the dorms doing nothing," Duncan said.

She's very happy with ECU thus far, and says she's developed a close relationship with her teammates. Duncan chose ECU over Florida State and

Auburn University because she's close to her family in Wake Forest and because she felt more wanted in Greenville.

For Duncan, inspiration is all over in the form of her family and friends, and what she calls the "happiness of accomplishment" – when you do something you set out to do. Her family is very important to her and they have supported her.

"The first time I passed out at a swim meet, they had me in the next event, allowed me to swim in the next event. They work with my doctors and they've always been very helpful," Duncan said.

She's been swimming since the age of seven, and after setting new state and regional swimming records in her senior year at Wake Forest Roseville High School, she suits up in the ECU purple and gold as a true freshman.

Duncan believes her condition doesn't hinder her performance at all. So far Duncan has been right as she's already hot on the heels of seniors in the 100-yard freestyle and is barely a few seconds off of ECU records after just a few meets.

see DUNCAN page A7

Bell Out Indefinitely

ECU junior forward David Bell will be out indefinitely due to an injury he suffered to his left knee during "Minges Madness." Bell sat out the 2004-05 season after transferring from LaSalle University, where he played his freshman and sophomore seasons. Prior to transferring to ECU, Bell played in 59 games during a two-year stint at LaSalle, where he averaged 0.8 points and 3.7 rebounds per game. ECU will open its exhibition season against North Carolina Central on Friday, Nov. 12. Tip-off is slated for 7 p.m. inside Williams Arena at Minges Coliseum.

Bunning, McCain reintroducing steroids legislation

Aiming to spur baseball and other sports to adopt tougher steroids policies, Sens. Jim Bunning and John McCain are reintroducing legislation that would standardize drug testing and penalties for professional leagues. The new bill combines two already proposed separately by Bunning, a Kentucky Republican who was elected to baseball's Hall of Fame in 1996, and McCain, an Arizona Republican. Bunning, a former major-league pitcher, said the new legislation would be introduced Tuesday or Wednesday. Like the earlier bills from Bunning and McCain, this one is based on the Olympic model, calling for a two-year suspension for an athlete who fails a steroids test for the first time and a lifetime ban for a second offense. Athletes would be tested at least five times a year, three during the season and two in the offseason. The proposal has a provision urging leagues to erase records achieved with the help of performance-enhancing drugs. Three House bills with similar testing minimums and punishments have been proposed, including one sponsored by Tom Davis, the Virginia Republican who chairs the Government Reform Committee. That panel held the March 17 hearing with Rafael Palmeiro, Mark McGwire and baseball officials. During congressional hearings on steroids over the past eight months, the focus has been on baseball, and while Bunning's bill would also apply to the NFL, NBA and NHL, the timing of the reintroduction is tied to last week's end of the World Series. Baseball currently suspends a player 10 days for a first offense. In April, commissioner Bud Selig called for a 50-game suspension after an initial positive test, a 100-game ban for second-time offenders and a lifetime ban for a third violation. Under questioning from McCain at a Senate Commerce Committee hearing Sept. 28, baseball players union head Donald Fehr said he hoped a new steroids agreement could be reached by the end of the World Series.

Suzuki, Hunter, Chavez bag fifth consecutive Gold Gloves

Seattle outfielder Ichiro Suzuki, Minnesota outfielder Torii Hunter and Oakland third baseman Eric Chavez won their fifth consecutive Gold Gloves on Tuesday. Boston catcher Jason Varitek, Texas first baseman Mark Teixeira and Toronto second baseman Orlando Hudson were first-time winners, while New York Yankees shortstop Derek Jeter and Toronto outfielder Vernon Wells won for the second season in a row. Texas pitcher Kenny Rogers won for the fourth time overall and second in a row.



Penney has been an intricate part of the Lady Pirates' attack her entire career at ECU.

Melissa Penny proves to be model student-athlete

Lady Pirate senior successful both on and off the field

JOSH FERNANDEZ
STAFF WRITER

She's a communication major who is on the fast track to a career in sports broadcasting. She was named to the Director of Athletics Honor Roll in the spring of 2004. She has responsibilities that most ECU students would cover from. She's even got her sights set on pursuing a job in personal training. Oh yeah, and she's been one of the most integral parts of the Lady Pirates soccer team for the past four years.

Melissa Penny is the type of collegiate athlete that should be emulated. Her dedication to academics above her athletics is something that is commonly overlooked in our society. Melissa knows her priorities and it shows in her demeanor.

"As a student, it's very important to me," said Penny.

"Soccer has helped keep me on a set schedule because of traveling and practice, but school has always been my top priority."

Obviously Melissa is quite a student, but how exactly did this girl from Damascus, Md. begin her illustrious soccer career?

"As a little kid, I started playing on all-boys teams because there weren't any girls teams in my hometown," Penny said.

"But soon, girls teams began to form and I joined club teams and my middle school team as well."

Melissa says her family was a big influence in her soccer beginnings. Her brother, Mitchell,

played soccer as a kid and had some bearing on Melissa picking up the sport. Her mother, Dorann, and her father, Charles, encouraged her to play the game she would soon dominate in high school.

In 1998, Penny entered Damascus High School, one known for its rich football program – not for soccer.

"When I was entering high school, I was going to go to Good Counsel (a private high school in suburban Maryland known for its athletics) because Damascus' program wasn't that great," said Penny.

"But I ended up attending Damascus."

It's a good thing she did – she led the Hornets to a 4A Division Championship and set Damascus records in career goals (75) and assists (33) during her four-year career.

Among her pre-college soccer accomplishments, Penny was part of the Maryland State Olympic Development Program team from 1999 until 2001 that was the runner-up to the 2000 national championship. Also, she was a member of the Bethesda Sting club team that won the 2000 Maryland State Cup championship.

She was a second-team all-state forward primed and ready for the NCAA.

Melissa entered ECU in 2002 and right from the start, the freshman was contributing to her team. In the 36th minute of the Pirates' match against Memphis, she scored her first career goal. That year, ECU Women's Soccer turned in their best single-season record at 11-6-4 and earned the best home record at 6-0-1.

"I think [the first-career goal

against Memphis] was one of my proudest moments at ECU," said Penny.

But this season could possibly be the crowning jewel of her career.

Individually, Penny is second on the team in goals (4), points (11), and shots (25) and is tied with fellow senior Meghan McCallion for game-winning goals (2). Of the eight players with at least 10 shots this year, Penny has the highest shot-on-goal percentage at .760.

But enough about her stats – she's been on the field for all eighteen games this season and will be in Houston to take on SMU in the Lady Pirates' first match of the C-USA tournament.

"I'm so glad to be in the tournament," said Penny.

"It just wouldn't feel right if we didn't get in. But we did and I know we're going to do fine."

Win or lose, Melissa knows her experience at ECU is something she will take with her for the rest of her life. Above all, she knows that she's made friends to last a lifetime.

"Going to school at ECU and playing soccer here – it was an amazing experience. All the girls I've been playing with the past four years and just everything in general ... they're memories I'll never forget," said Penny.

"My advice to the younger players is to never think you're down and out. Just don't give up and always give your best."

Good advice, especially coming from someone who has personified dedication her entire life.

This writer can be contacted at sports@theeastcarolinian.com.

ECU swimmers dominate in Va.



ECU stayed undefeated in Virginia this past weekend.

ECU sweeps tri-meet to stay undefeated

SCOTTY WILLIAMS
STAFF WRITER

The ECU swimming and diving teams kept their promising start going on the season after coming up with a tri-meet sweep of George Mason and William & Mary in Fairfax, Va. Saturday.

The women's team continued to dominate their events, beating both teams handily. The women defeated George Mason 157-81 and trounced William & Mary 145-93. They did so winning comfortably in all events.

In the 400-yard medley relay event, the women put three teams across the finish line before either George Mason or William & Mary's second teams finished. The relay team of Alli Miller, Kelly Shinton, Kate Gordon and Adrienne Williams won the event with a final time of 3:55.01. Adrienne Williams also took first place in the 50-yard freestyle.

Megan Pulaski won the 1000-yard freestyle event for the Lady Pirates with a time of 10:24.53, nearly four seconds ahead of second place Marina Falcone from William & Mary. Kim Brewer and Brennan Gaekle finished the event fifth and sixth for ECU.

Lady Pirate swimmers finished in three of the top five positions in the 200-yard freestyle. Jennie Meade came in barely two hundredths of a second ahead of teammate Meghan Brosi with a time of 1:55.53. They finished second and third, and Gordon came in fifth for the Pirates.

In the 200-yard individual medley, Holly Williams and Miller finished first and second respectively with times of 2:10.28 and 2:10.86. The Lady Pirates also claimed the top two spots in the 100-yard freestyle (Courtney Felker and Amanda Duncan) and 200-yard backstroke (Miller and

E.C. Moore). In addition to the win in the 200-yard individual medley, Holly Williams won the 200-yard butterfly.

The Lady Pirate divers also performed well. Lucy Hicks took first in the one-meter diving event and second in the three-meter diving event. Teammate Andrea DePhillips won the three-meter event.

The men had a bit of a tougher time with their meets but still managed to win both.

In the 50-yard freestyle, the men claimed the top four spots with Chris Lubenau (21.24), Bryan Yasinsac (21.37), Erik McVeigh (21.82) and Josh Churnutte (21.84). Yasinsac took first place in the 100-yard freestyle with a time of 47.81 seconds.

The men also got a clutch performance in the 400-yard freestyle relay when ECU's team of Churnutte, Lubenau, Cenk Turkmen and Yasinsac won the event by nearly three seconds over the George Mason team with a final time of 3:10.52.

Charlie McCanless took the top spot in the 200-yard backstroke for the men with a time of 2:09.64 and Rob Pearce finished third in the event with 2:11.67. Pirate diver Ryan Hunt won the one-meter diving event by 47 points over second place in the winning effort.

Pirate swimming coach Rick Kobe expressed excitement over the team's performance thus far.

"We swam very well and dominated two good teams. We won every single event. It was a great team effort and it feels great to be undefeated at this stage of the season," said Kobe.

The next meet for the women will be Saturday, Nov. 12 when it takes on Gardner-Webb and Marshall for a tri-meet at Minges, starting at 2 p.m. The next meet for the men isn't until the Nike Cup on Nov. 17, 18 and 19.

This writer can be contacted at sports@theeastcarolinian.com.

Indianapolis Colts: A perfect season in the making?



Manning and Dungy are all smiles at 7-0 going into week nine against the New England Patriots.

Colts face tough test next against Patriots

JEFF FELTON
STAFF WRITER

On Monday Night Football, Nov. 7, Peyton Manning and the Indianapolis Colts will attempt to exorcise the demons that are the New England Patriots and Head Coach Bill Belichick's defensive schemes.

The Colts, at 7-0, are running through the NFL with surprisingly stellar defense. Over the past four games, the Colts' offense has "finally" started to come around after a slow start.

The Patriots have owned the Colts over the last two years, knocking them out of the playoffs while dominating the Colts' vaunted offense.

This year, things might be a little different. The Colts are undefeated heading into their Monday night game against the defending world champs, dominating opponents with their defense.

The Patriots on the other hand, are without the heart and soul of their defense Safety Rodney Harrison, who is out for the year with torn knee ligaments. With the return of linebacker Tedy Bruschi, the Patriots' defense will be improved, but they still have

problems with the offensive line and the secondary. Technically, they are ripe for the plucking. The Colts' defense, led by defensive end Dwight Freeney, should be able to handle the Pats' running game. Indy's defense has given up a total of 77 points on the season.

Another reason the Colts have a chance of running the table and going undefeated is their schedule. If Indy can get pass New England Monday night, they will still have to face a tough Pittsburgh Steelers team that runs well, and a San Diego Chargers team that has been coming on strong as of late.

But the Colts should be able to handle them along with weak divisional teams such as Houston and Tennessee. After years of futility against the Patriots, and years of record breaking performances, Peyton Manning and the Colts have a legitimate shot not only at a perfect season, which has not been done since the 1974 Miami Dolphins, but also a chance at going to and possibly winning Super Bowl XL in Detroit.

But as all athletes will say and as Colts DE Dwight Freeney said Sunday on CBS' Football Preview Show, "We got to take it one game at a time."

This should be a Monday night

football game to remember, and one that could eventually make or break Peyton Manning's career. I know, I know, he has put up a ton of numbers and a good winning percentage, but he has only won three out of the seven playoff games in which he has appeared.

The knock against Hall of Famer Dan Marino is that he never won the big one but he put up record numbers. Well, with a win against New England Monday and a chance at home field advantage in the playoffs, Manning should "officially" take his place among the all-time great quarterbacks.

Maybe it's just luck maybe it's fate, but Manning threw a record 49 touchdowns last season, and he finally has a defense to complement one of the most potent offenses in NFL history. It has been a matter of time for Manning and the Colts, but this is the year.

So Colts, good luck, but just remember, these are still the defending Super Bowl champs, and the road to a championship runs through the Patriots. Then again, I doubt Peyton Manning needs to be reminded of which team has had his number.

This writer can be contacted at sports@theeastcarolinian.com.

Duncan from page A6

Her future is bright and Coach Rick Kobe has nothing but praise for his new recruit, touting her as one of the fastest sprint flyers on the East Coast.

"She's an extremely hard worker, and I've been real pleased with her training. I think she's only going to get faster, faster and faster," said Kobe.

Not bad for an athlete who has often had to sit out of the pool for weeks and months at a time.

And the truth is she has to

think about it most of the time. "It's always in the back of my head that I might pass out after a race, so I have to focus more," she said.

Duncan also faces many other challenges that come with the territory of being an ECU student athlete. She has to balance the demands of a steady course load with the demands of competing at a high level in Conference USA. All of her support staff have no doubts that

she'll succeed to the highest degree that she can and she will set many of her own records here before her time is up. She will likely take her place as the top sprint flyer in C-USA more than once in her career.

Just don't put an asterisk beside any of those records or awards - she would never have it that way.

This writer can be contacted at sports@theeastcarolinian.com.



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PROCEEDS GO TO EASTER SEALS/ CEREBRAL PALSY

CLASSIFIEDS

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WEDNESDAY November 2, 2005

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Beech Street: 3 bedroom 2 bath apartment. Close to ECU. Cat allowed with fee. For more information call Wainright Property Management 756-6209 or visit our web-site www.rentingreenville.com

Cannon Court/Cedar Court: 2 bedroom 1.5 bath townhouse. One ECU bus stop. For more information call Wainright Property Management 756-6209 or visit our web-site www.rentingreenville.com

Large 2 & # Bedroom townhouses, 1.5 to 2.5 baths, full basement, W/D Hook-ups, great storage, enclosed patio, ECU bus route, No pets 752-7738

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For Rent 2013A River Drive (Dockside) 2 Bedroom - 2 Bath - 1st month rent free - Available January - \$600/month - Call 252-355-6339 or 252-341-1726

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Park Village: 1 & 2 bedrooms. Close to ECU. Water/Sewer included. For more information call Wainright Property Management 756-6209 or visit our web-site www.rentingreenville.com

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Cypress Gardens: 1 & 2 bedroom 1 bath apartment. On ECU bus stop.

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FREE! 1st Mo. Rent plus High Speed Internet - 4 bedrooms, 3 baths, Central heat/AC, fireplace, fenced yard, dogs OK. Near ECU, PCMH, 427W. 4th St. \$1100.00/Mo. 347-6504

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FOR SALE

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HELP WANTED

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Escorts For Social Club Agency. Safe, Friendly, Discreet Environment of Arts and Entertainment Now Hiring Females For Greenville Club. Call Rex at (252)347-9134 or (252)746-6762

Greenville Recreation & Parks Department is recruiting 14-18 part-time youth basketball coaches and officials for the upcoming basketball program. Applicants must possess a good knowledge of basketball skills and have the ability and patience to work with youth. Applicants must be able to coach young people ages 5-18 in basketball fundamentals. Hours are from 4pm to 9pm, weekdays and some weekend coaching. Flexible with hours according to class schedules. This program will run from November 29 through the beginning of March. Salary rates start at \$6.50 per hour. For more information, please contact the Athletic Office at 329-4550, Monday through Friday, 10am until 7pm. Apply at the City of Greenville, Human Resources Department, 201 Martin L. King Dr. Phone 329-4492.

Bartenders Wanted! \$250/day potential. No experience necessary. Training provided. Call (800) 965-6520 ext. 202

Work on the Golf Course. Work includes mowing fairways, greens, and other grasses, weed eating,

irrigation and other maintenance work. Must have valid drivers license. Flexible Hours depending on School Schedule between 6:30am to 3 pm. Some weekends required. \$6.25 an hour plus excellent benefits for a golfer. Call 329-4659 for information or apply at the City of Greenville, Human Resources, City Hall, 201 Martin L. King, Jr. Drive, Greenville or online at www.greenvillenc.gov under Employment.

Part-time Sales position; afternoon hours; apply in person @ Larry's Carpet One, 3010 E. 10th Street, Greenville, NC - No Calls, please!

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ANNOUNCEMENTS

The ECU Harriot College Department of Economics Advancement Council Presents a Public Lecture, Mr. Tom Gibbens, Bank of America Investments, Inc., "Wagging the Dog: Bond Markets and the Economy" or "Understanding the Capital Markets," November 10th, 2005, 7:00 pm, Rivers West Auditorium (RW-105A) East Carolina University main campus off 5th Street. Preceding Reception for all in the Rivers West Foyer (outside RW-105A), 6:15 pm

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