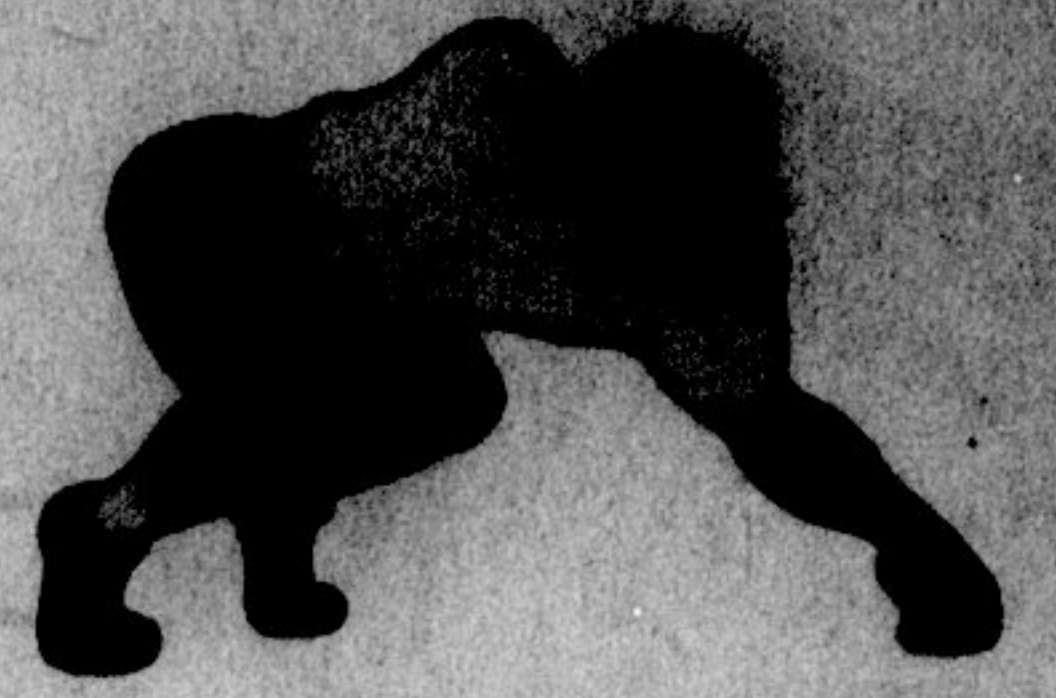




Thursday  
High: 78  
Low: 71

Friday  
High: 80  
Low: 65

# the east carolinian



Conference USA is up and coming.  
See pg. 8

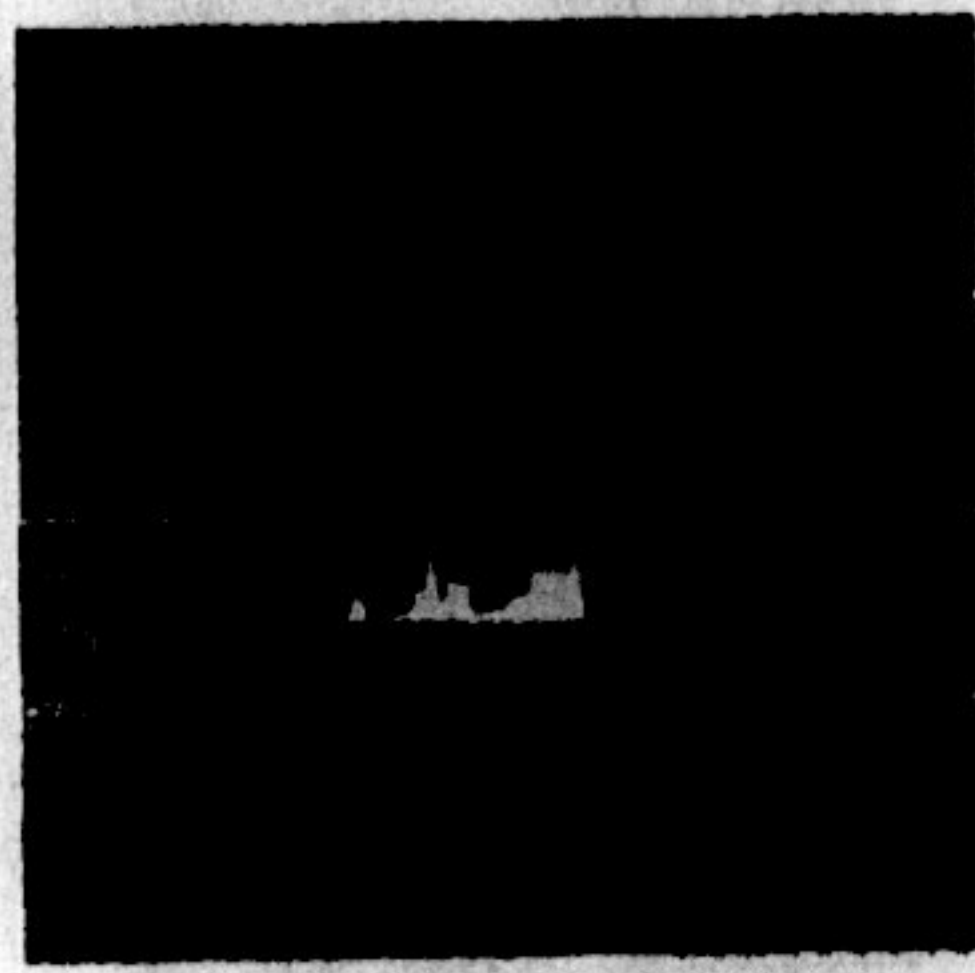
Online Survey  
Do you want enrollment to increase of the next 10 years?

www.tec.ecu.edu

THURSDAY, SEPTEMBER 2, 1999 VOLUME 74, ISSUE 60

## NEWS BRIEFS

Monday is Labor Day. There will be no classes.

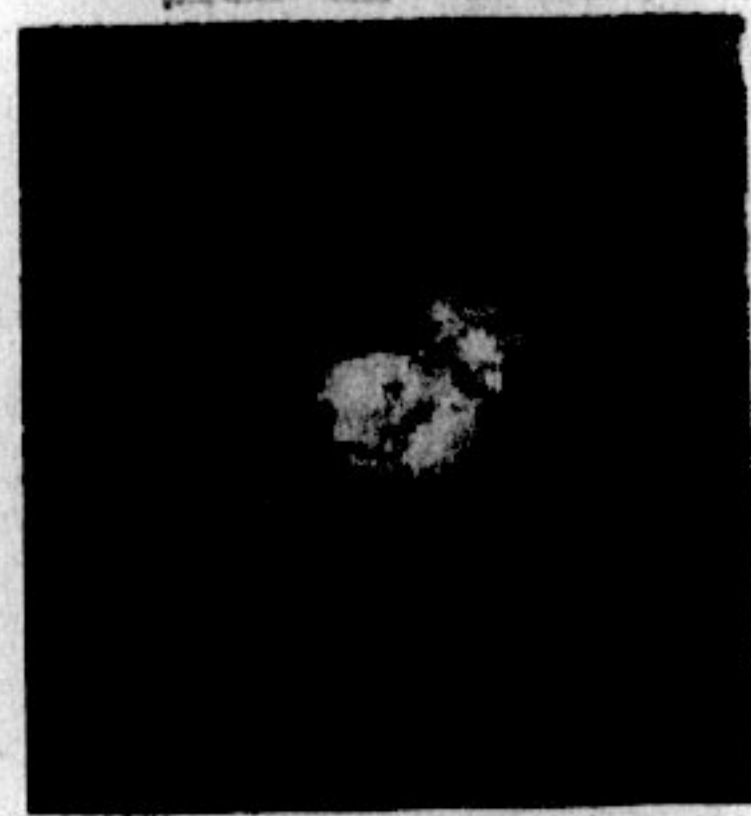


ECU and West Virginia begin their 1999 seasons with a game at Charlotte's Ericsson Stadium. The kick-off is set for 3 p.m.

ECU has completed a study on the impact of last summer's Hurricane Bonnie, and has found that the evacuation costs for the storm were more than \$46 million. According to the study produced by ECU Regional Development Services and the departments of sociology and economics, the businesses in eight coastal counties suffered the greatest economic impact from the storm.

The average cost, or loss of revenue to each of 1,740 firms impacted by the voluntary evacuation order, was estimated at \$17,593. The total evacuation costs for the businesses were \$30.6 million.

A total of 48,102 households evacuated during the storm. This number represents just over 26 percent of all the coastal households. The cost incurred by homeowners in leaving their property and staying elsewhere was an estimated total of \$15.5 million, or about \$323 per household.



ECU participated at the annual SIG-GRAPH (Special Interest Group in Graphics) meeting held in August in Los Angeles. The ECU representatives from the Division of Continuing Education and the School of Medicine demonstrated educational programs and computer connections to other high schools and colleges as part of a Virtual Reality Storytelling Environment program.

### msn Hotmail

Redmond, Wash.—Microsoft shut down its free Hotmail e-mail system, which has 40 million accounts, for about seven hours Monday morning after discovering the flaw that made accounts vulnerable to outside access. The company said the trouble was fixed by 10 a.m. PDT.

The problem was first reported by the Swedish newspaper Expressen, which said several hackers around the world had set up web sites offering unauthorized access to Hotmail's accounts, by simply typing in a user name.

It is unclear if anyone was harmed during the incident.

## Fall enrollment exceeds 18,000 students

### Freshman class largest ever

CORY SHEELER  
NEWS EDITOR

ECU has set a new enrollment record this semester with over 18,000 students.

The current figure for enrollment is 18,223, eclipsing the previous record of 17,846 set in 1997.

Of the record-breaking 18,223, there is also a record number of freshmen.

This year, 3,253 freshmen enter ECU, surpassing 1997's record of 2,935.

According to Tom Powell, director of admissions, 737 students are coming from out of state.

That shows that ECU has recognition coming from the mid-Atlantic states," Powell said. "It's important that our university gets more regional, East Coast recognition."

Powell also believes that the quality of students is increasing. "The new students' average GPA from high school is a 3.2 on an un-weighted scale," Powell said. "That shows that we are getting quality high school students."

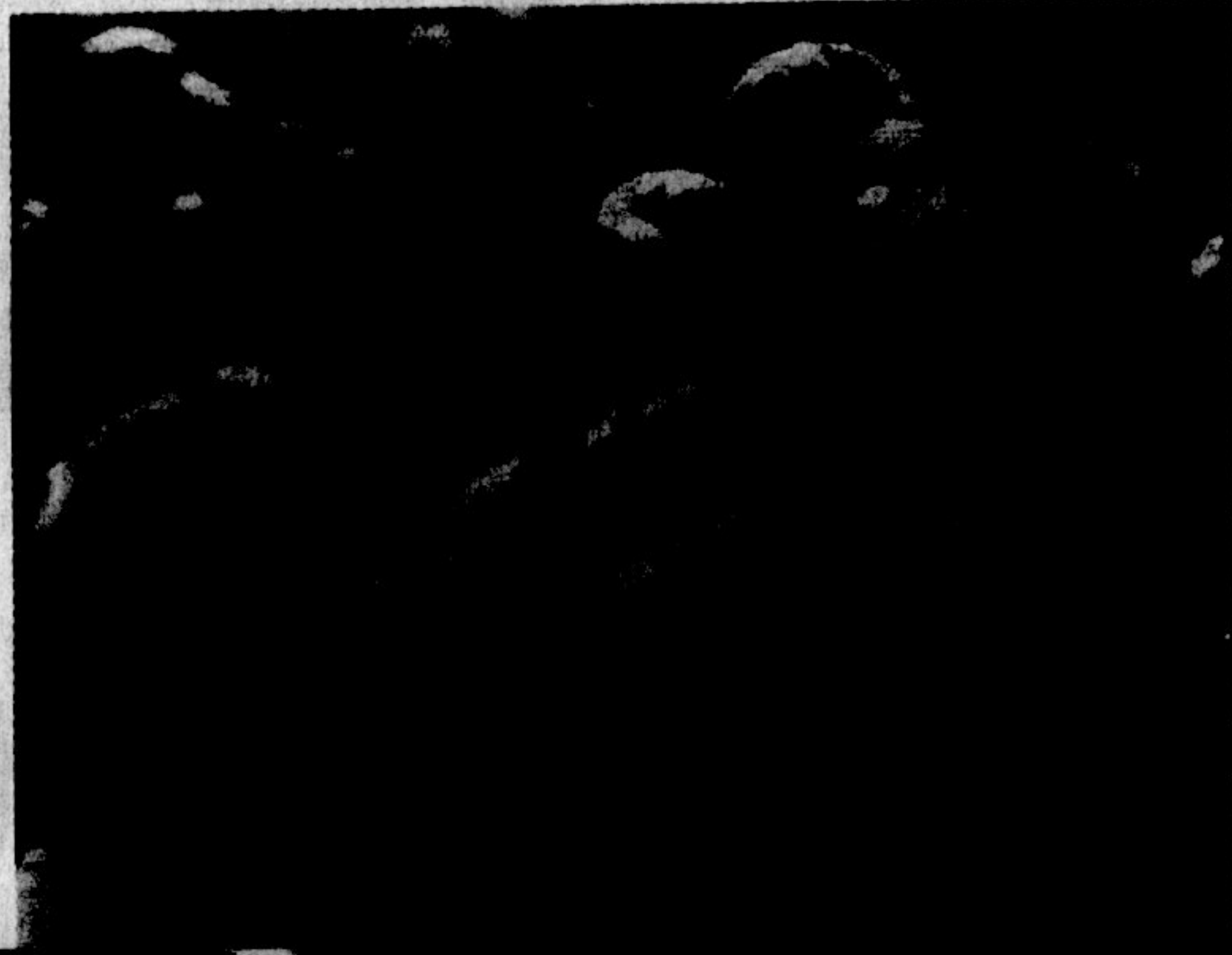
Vice Chancellor of Academic Affairs Richard Ringeisen agreed that students are being drawn to Greenville because of ECU's reputation.

"We were very pleased with that kind of increase," Ringeisen said. "One of our goals is to increase our student body. We had more students say yes to us. That has to do with the high quality that people are perceiving us with. The director of admissions has worked very hard at that."

Dr. Ronald Speier, dean of students, also recognized ECU's growing reputation.

"My feeling is that it's a recognition that we are doing good things academically," said Speier. "We have a quality experience for students who come here."

Chancellor Richard Eakin has set a goal of increasing the student population by 9,000 students over



9,000 more students expected in 10 years.  
PHOTO COURTESY WORLD WIDE WEB

Presently, students are complaining of crammed classrooms; that complaint is certain to become more vocal if new classrooms aren't provided for all new students that arrive at ECU in the years to come.

"We have plans for the future."



the next 10 years.

Vice Chancellor of Academic Affairs Richard Ringeisen confirmed the increase, but estimates the University will increase its enrollment by 7,000-10,000 students in the next 10 years.

He also went on to say that the UNC system as a whole is expecting enrollment to increase by 48,000 students, with most of the increase taking place in the last five years of that 10-year period.

The question that now arises is what the University will do with all of these students.

With freshmen forced to live in make-shift living spaces for a week while they are placed in dorms, there has to be a plan to house all of the new students.

Ringeisen said. "We would like to keep the same ratio we have now of people living on campus to people living off campus. We have plans for more housing and more dining facilities."

Layton Getsinger, associate chancellor of Administration and Finance, says that such problems would be paid for through non-appropriated funds.

"They would have to be paid for by using a bond issuance or bank loans," Getsinger said. "And then the University would repay those loans or bond issuances through fees charged to students for living in the residence halls or

SEE ENROLLMENT PAGE 2

## Career Services offers online tools

### Website helps students prepare for real world

CORY SHEELER  
NEWS EDITOR

ECU's Career Services is up and running with its new website on the Internet.

The hope is that upcoming graduates will take advantage of their resources and help prepare themselves for life after college.

Dr. James Westmoreland, director of Career Services, hopes that the new website will bring more students into contact with his office.

"We expect to grow over time as people become familiar with the service," Westmoreland said. "People will take the time to do things when it is real to them."

Westmoreland encourages all undergraduates and graduate students who plan on graduating in December of 1999 or May/Summer 2000, to take advantage of the office's tools.

Getting started with the center is simple. After logging onto their website at [www.ecu.edu/career](http://www.ecu.edu/career), you must complete an intake/release form that will register you with the system.

This also gives your permission for the center to release your infor-

mation to possible employees. Once registered, students will be able to access tools such as creating and publishing your resume online as well as a database of websites on the World Wide Web where job listings are published.

Also, this service will allow students to make appointments with companies who will be in Greenville to give interviews with potential employees.

All of these services have been offered at Career Services, but with the new online format Dr. Westmoreland hopes students will become more easily accessible to them and that students will start early in planning their future.

"Over time it will help educate people to understand how important it is to get started early," Westmoreland said.

Potential employees also find Westmoreland's service extremely helpful.

Hamilton Morales, regional recruiter for Enterprise Rent-A-Car, has found that schools that use an online approach get more students involved in marketing themselves for employers.

"Some other schools use similar tools," Morales said. "It will provide potential companies [interested in hiring students] with a higher volume of students to pull from and it will get more companies involved."

SEE CAREER PAGE 2

## NAACP hopes to add members to local chapter

### Connor has high aspirations for group

ANGELA HARNE  
STAFF WRITER

Many filled the tiny room of the Ledonia Wright African-American Cultural Center on Tuesday Aug. 31. It was the first meeting of the year for the NAACP.

The room overflowed with about 50 members, old and new, as NAACP President Ramsey Connor started the meeting with a moment of silence.

A membership drive will take place Sept. 13-17 from 9 a.m.-12 p.m. in the front yard of the Ledonia Wright African-American Center, which is located in the

Bloxtown House.

"I have a lot of aspirations for this year," Connor said. Membership dues for the NAACP is \$12 a year.

Besides Connor, the NAACP chapter board members include, Vice President Kevin Jordan, Chaplain Chris Owens, Secretary Jashun Gaddy, Treasurer Charlene Whitaker, Assistant Treasurer Davetta Ghist and Historian Jim McNulty.

The back-to-school NAACP cookout, held Aug. 17, was very successful.

"Thank you for all that came out for the cookout. We had a good turnout and it was a great success," Connor said.

The NAACP will be offering a library tour this Tuesday at 5 p.m. This group holds many other

SEE NAACP PAGE 2

## Joyner to charge for computer print-outs

### Decision made for money to be spent elsewhere

TERRA STEINBEISER  
STAFF WRITER

Joyner Library is in the process of testing a program that will charge students for printing from the library's computers.

It is part of their effort to cut down on paper waste and keep up

with the rising cost of production.

"Five years ago, ECU's library only had about 40 computer workstations and there was no such thing as the World Wide Web," said Gail Munde, associate director of library services. "Because we now have 160 public workstations and electronic access to full-text databases, the cost of printing has skyrocketed. The library now sets aside about \$100,000 out of its yearly budget for printing paper, toner and printer repair."

The new solution, called Uniprint, is designed to monitor

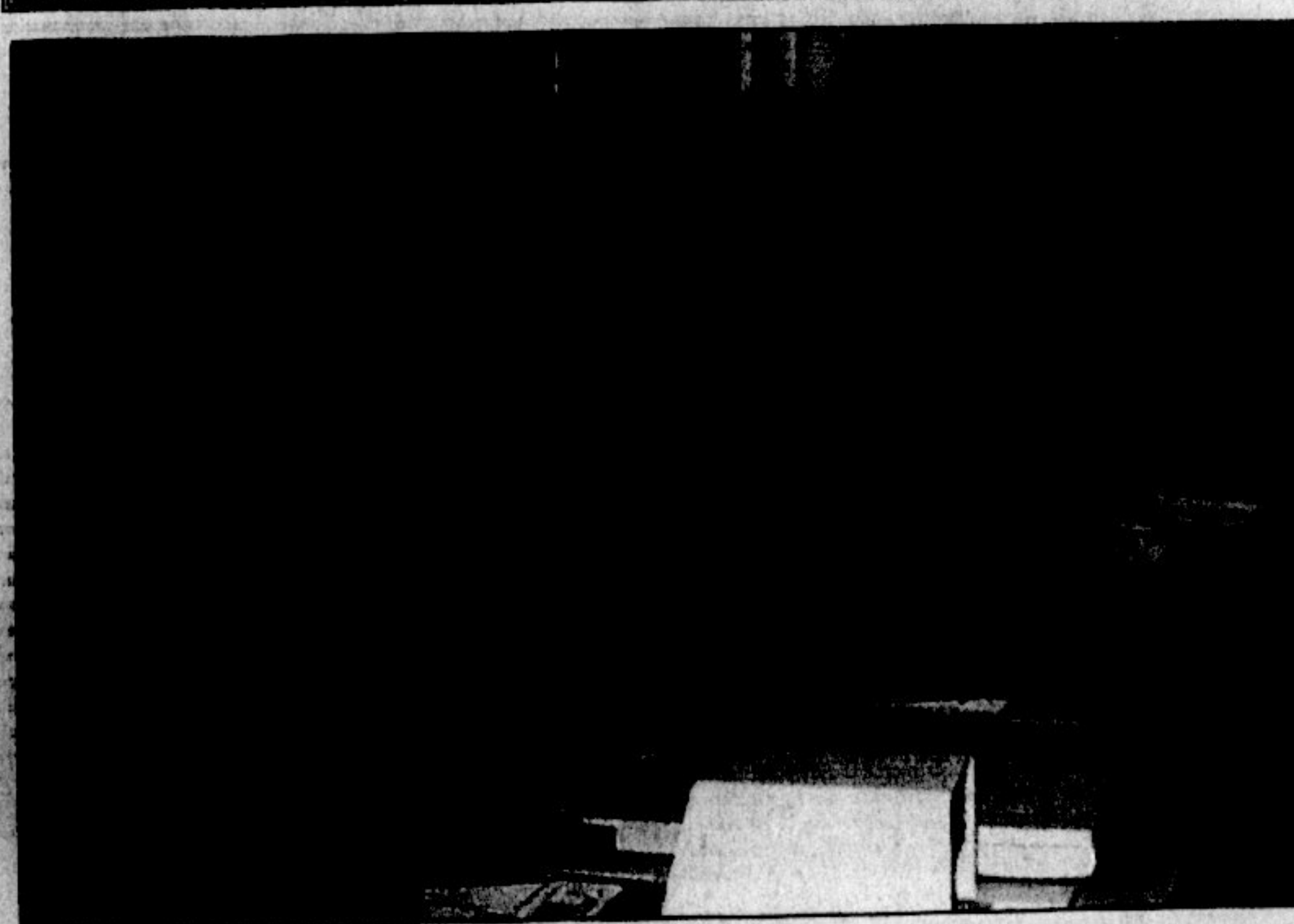
printing in much the same way that copying is overseen. It was originally scheduled to be in full service by the beginning of this semester.

"We didn't get to finish all of the testing this summer like we had planned," Munde said. "It should be up and running before the end of September though."

Jeff Huskamp, associate vice chancellor of Computing Information Services, explained how the new system will work.

"When the system is first imple-

SEE CHARGE PAGE 2



Joyner will cut down on paper waste by charging for computer print-outs.

PHOTO BY WILLIAM KEITH

# across other campuses

U. South Florida—A University of South Florida policy limiting the area where people can engage in free speech is causing some to exercise their own right to condemn the measure.

Four professors in the department of Government and International Affairs: Michael Gibbons, Kennan Ferguson, Cheryl Hall and Steven Johnston, released an open letter to the university community Wednesday bashing USF's new policy, which restricts campus speakers to two specific areas.

The letter calls the plan unconstitutional and claims the proposal goes against the purpose of places of higher learning. It also urges the university to rethink its position.

A 10-person committee decided

this summer to restrict freedom of speech to an area west of the Administration Building and a plot on the east end of Elm Street.

The latter is designed for large groups and requires a reservation.

Senior Counsel Debra King, one of nine faculty/staff members on the board, said the letter misinterprets the committee's reasoning for creating a Speakers Square.

The professors' letter claims the policy is unconstitutional and unconscionable.

Gibbons said such policies could also later be used as precedents to either restrict other Constitutional rights or increase the regulations of the freedom of speech.

Laurie Woodward, acting director for the Phyllis P. Marshall Center, said the professors' letter

was off the mark. She said the committee spent a lot of time examining and developing the best solution for the university.

Gibbons said he received around a dozen e-mails siding with the professors' position.

The policy was signed this week by Harold Nixon, Vice President for Student Affairs. Though it is now part of USF's regulations, it goes to President Betty Castor and groups such as Student Government and the Faculty Senate for review. Nixon can then choose to amend the policy.

King said it is standard for vice presidents to sign policies before they are submitted for review.

Nixon did not return the phone calls made to both his home and office.

## NAACP

continued from page 1

events throughout the year, including the "Little Willy" Halloween party, the "Nubian Pageant" and an Apollo Night.

"The Little Willy Halloween party will be held in October for the local elementary school kids in Mendenhall," said Connor. "The Nubian pageant recognizes African-American women. The pageant will take place in November."

"Members participate in make-up and modeling tryouts, so they can make the runway and get judged. Apollo Night will take place in October and will consist of talent show acts, and just like the pageant, the audience will be the judge," Connor said.

The chapter will also be entering the Homecoming banner contest taking place on Oct. 20.

The NAACP attends four conferences a year. The first one will

take place Sept. 30 through Oct. 2 at UNC-Charlotte. During the conferences, board members attend and discuss the campus issues they feel are important.

Due to last year's racial outburst by a staff member, the NAACP, along with other minority groups on campus, have formed a minority coalition. The coalition will target faculty discrimination.

"I think it's a strong, well developed organization," said Jacqueline Owens, freshman. "I hope that a lot of freshman join because it will give us something to do, along with meeting a lot of new people and learning about their different backgrounds. I can't wait to become a member."

After background information and future events were discussed, Chaplin Chris Owens closed the meeting with a prayer.

"I think that ECU's chapter of the NAACP is very well-organized and in-tune to dealing with minority issues and all those who wish to participate," said Ernest Daily,

freshman. "I am very proud to be a future member, once I pay my \$12 membership fee."

"I'm looking forward to joining ... it's a nice organization that I want to learn more about," said Angela Melvin, freshman.

The NAACP was formed in 1909 and came to ECU in 1981 to help eliminate segregation. The NAACP gradually expanded and by 1985 consisted of 40 members.

"In 1997 Darryl Umstead reorganized the chapter and its been going strong ever since," Connor said. "We strongly believe in affirmative action and welcome any new members."

Meetings take place every Tuesday at 6 p.m. in the Ledonia Wright African-American Center located across from the Student Union.

This writer can be contacted at [aharne@studentmedia.ecu.edu](mailto:aharne@studentmedia.ecu.edu).

## Charge

continued from page 1

mented, it will be running on a debit card system. But eventually students will be able to put money on their ECU One Card and pay for the service that way."

The decision to charge students for printing was not an easy one.

"We decided that we'd like to spend our money on other things on their ECU One Card and pay for the service that way."

The decision to charge students for printing was not an easy one.

"We decided that we'd like to spend our money on other things for the students other than covering printing costs," Munde said.

"We wanted to extend our hours from 100 to 116 a week, which we've now done and we also wanted to subscribe by license to more electronic databases. The library feels the tradeoff is worth it, even though it isn't going to make us very popular."

Students' reactions were mixed. "There's always going to be just one more thing they're going to charge us for," said Francie Carlson, junior. "I'm starting to get used to it."

"It's annoying, but I can understand why they need to do it," said Jon Hegy, sophomore. "I just wish there was some other way to cover the costs without charging us poor students."

The library, however, will get none of the money made from printing.

"It all goes to Rapid Copy, the people who manage all of the copiers," Munde said. "They're going to start managing and maintain the library's printers as well. All the library gets out of it is relief from printing costs."

Contrary to popular belief, the library receives no money from the student computing fee, which is part of every student's tuition, to help with their printing costs. This is another reason why the library is implementing Uniprint.

"I wish we didn't have to charge students to print, but this really is the most fair way to do it. After all, this library is open to the public as well, and they've been getting free printing too," Munde said.

## Career

continued from page 1

One student found Career Services extremely helpful, especially in building his resume.

"Career Services helped me get my resume to the point where I felt comfortable presenting it to companies," said Joe Donlevy, senior. "I think it's important for students to

"Career Services helped me get my resume to the point where I felt comfortable presenting it to companies," said Joe Donlevy, senior. "I think it's important for students to

at least see what they have to offer. Morales has always found Career Services at ECU to benefit him as well as students that have dealt with it.

"I think they have done a great job so far without having the online resources up until now," Morales said. "They have a great staff and with this new system, it will give students no excuse not to be prepared for life after college."

resources up until now," Morales said. "They have a great staff and with this new system, it will give students no excuse not to be prepared for life after college."

## Enrollment

continued from page 1

using the dining halls."

Because the bond issue failed to get passed this summer by the state legislature, there is concern that there may be no bond money to pay for such projects.

"It's going to effect all the universities in the North Carolina system if [the bond] doesn't pass. There are 48,000 students coming at us, ready or not," Getsinger said. "If they don't pass the bonds, the powers that be will have to answer to the people. And if it goes to a voter referendum, the people will have to answer to themselves."

While some students feel a bigger student body would enhance the University, others are afraid a bad situation will only get worse.

"I hate it," said Jason Mathews, senior. "While driving on campus, I've already almost hit three people. And the dorms are already overcrowded."

Freshman Julia Allard is afraid the small college atmosphere may be taken away with the addition of more students.

"I think it's bad because I like smaller classroom settings," Allard said. "It will be more of an institutionalized environment."

One student also felt there were a few things that need to be changed about campus before the University can think about expanding.

"It's good," said Paige Orrock, freshman. "We will be a big school

## Fall 1999

Total students enrolled: 18,223

Total number of freshman: 3,253

Total number of women: 10,785

Total number of men: 7,438

## Fall 1998

Total students enrolled: 17,799

Total number of freshman: 2,819

Total number of women: 10,559

Total number of men: 7,240

sition it will go through after adding approximately 9,000 new students.

"When things grow, they have to adjust," Mills said. "Things have been growing here for a while and they have done a good job adjusting. It's still a good school so it should be fine."

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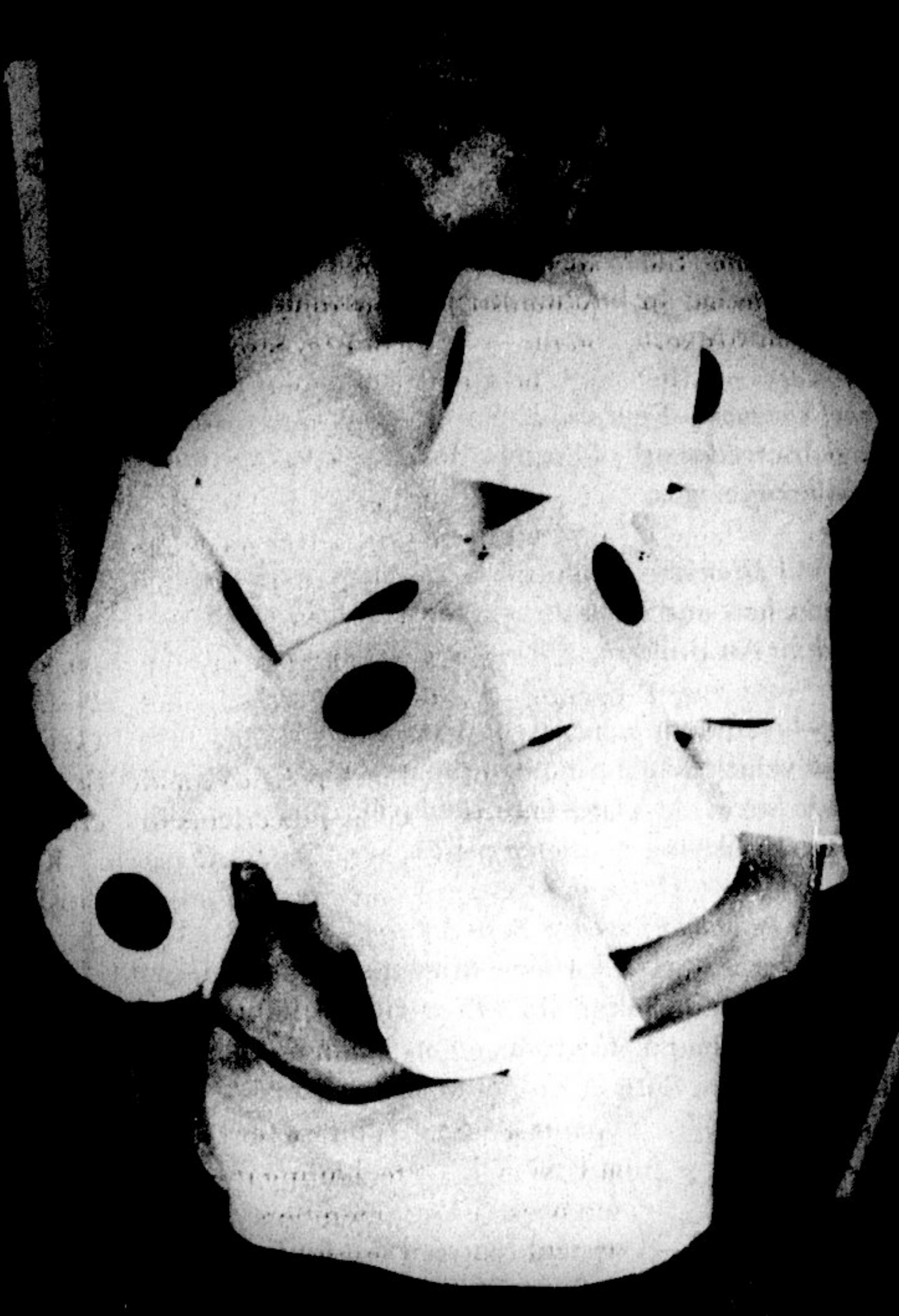
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# Crime Scene

August 29

**12:03 a.m.—Alcohol Violation; Littering**—A student was issued a campus appearance ticket for littering and possessing alcohol in the lots on Reade Street.

**2:16 a.m.—Alcohol Violation**—Four students were given CATs after being observed north of Speight Building trying to conceal alcoholic beverages.

**12:19 p.m.—Malicious Mischief**—An officer discovered a bench, trash can, bike rack and sculpture turned over between Jarvis & Jenkins Art Buildings. There was no damage.

**2:45 p.m.—Larceny**—A student reported someone stole a license plate from his vehicle while parked in the lot at the corner of 5th & Reade Street. At a later time Greenville officers arrested a subject displaying the stolen plates.

**3:41 p.m.—Assault by Pointing Firearm & Auto Accident**—A non-student was struck at a stop sign while exiting the parking lot south of Belk Hall onto College Hill Drive. He was fleeing from a subject who had pointed a handgun at him on the Belk basketball court. Subject has not been located.

August 30

**12:04 a.m.—Trespass Warning**—A student reported that four unescorted males were on the fifth floor of Greene Hall. They each were issued trespass warnings.

**6:29 p.m.—Auto Accident**—An ECU Transit van and a truck were involved in an accident at the intersection of 10th Street & Charles Boulevard.

August 31

**1:45 a.m.—Harassing Phone Calls**—A student reported to Greenville Police that she was receiving harassing phone calls in her residence hall room. She was transferred to ECU Police Department where the situation was handled.

**1:28 a.m.—Rape Occurred Off-Campus**—A student was detained by an ECU officer because he fit a description of a suspect in a rape incident that had occurred off campus earlier. His story was verified and subject was released.

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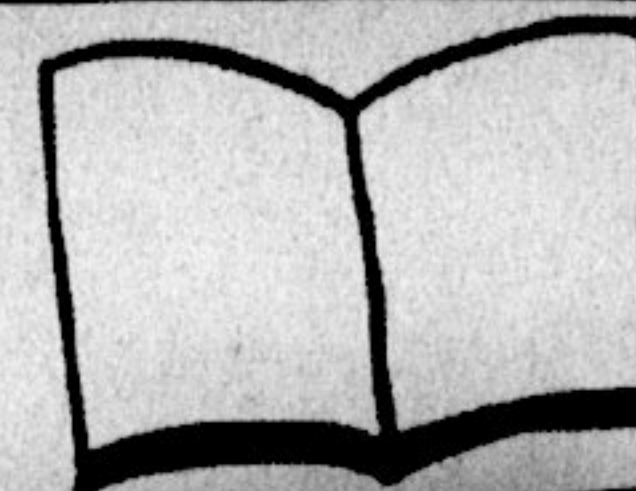
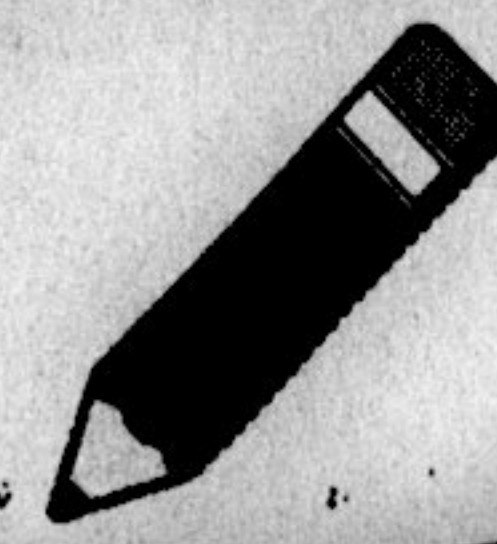
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OPINION

PAT  
MCMANUS

Has anyone noticed a decline in common courtesy?

Last year, I bumped into someone who was in a bad deal. The person was grumpy and that was not a good look. There were no smiles and rude looks. I was a bit shy. Not anyone who has been overwhelmed by aggression, which is the opposite of the love and respect we should have. This expansion of the campus is summed up in the words of those damn Yankees.

Think about it. We are Yankees because they say it is in our nature and they prove it.

OPINION

LETTERS

Yes, there is racism. There is racism. Whenever there are different groups, there will find racism.

I've only been at ECU for two years, and in that time, I have seen things that I don't have and vice versa. Has ECU changed, or does it appear to be changing? My response is that the key to making a difference is to first realize that there is a problem. That ECU has a problem. The first step, acknowledging the problem, is to reach out to me when I am here at the University. It is not overprotective of the faculty members. It is a point that even if it is to state an

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## Overview

Chancellor Eakin seems to be pleased with ECU's growing student body to the point where he plans to increase ECU by 9,000 students in the next 10 years.

Have you ever noticed during your daily stroll around campus that you see the same folks every day? Perhaps it is because you have a similar class schedule with those students whom you see frequently. Still, when it goes on for four years straight, you begin to realize ECU is a pretty small place. Compared to certain surrounding universities like as NC. State and UNC-Chapel Hill, we are.

From fall semester 1998 to fall semester 1999, ECU has increased by 424 students. Though it seems like a small number, consider this: It's 424 more people who will be competing for a metered parking spot on campus. It's also 424 more people who will be sharing crowded computer labs with, and so on.

Chancellor Eakin seems to be pleased with ECU's growing student body to the point where he plans to increase ECU by 9,000 students in the next 10 years. There is optimism in such an increase, considering it will no doubt boost ECU's national recognition—more students means more press, and more press means more money.

However, an increase in ECU's population could become quite a nuisance if we do not have the proper resources to accommodate the increase. Questions abound such as, "Will we have enough housing?" and "Will there be sufficient parking?" Class space is also a major concern that ultimately raises the question as to whether or not we will be getting a new science complex after all.

If ECU seems small to you now, pray that you graduate within the next 10 years. Or, maybe you plan to stick around to see the chancellor's plan be carried out. Regardless, even if an increase in the student body eventually proves to be an asset to the University as a whole, it is crucial for ECU to begin preparing in advance. Adding all of this weight too soon may cause the boat to start sinking.

### OPINION

**CHRIS SACHS**

## How to avoid getting bum-rushed

I enjoy going downtown as much as the rest of the school, drinking myself blind and creating bar tabs as high as the sky. One of the things I love most about downtown Greenville are the characters that walk the sidewalks asking for spare change. These guys are great. I do think most people take their begging too seriously and see it as some awful social problem. Yet it's not. It is actually what everyone should see it as—pure entertainment.

Asking for change has turned into an art form for your modern-day street transient. These people have evolved techniques that can get the best of any warm-hearted dope easily buffalooed by their convincing story.

I had a guy in L.A. once sell me a map of all the cool places to visit, saying the money would go to a home for abused children. Little did I know the first restaurant I visited had a huge rack filled with these maps. I was duped, yes I was. But I take comfort in the fact that I helped the drunken public by keeping social workers and AA in business.

In New York the street denizens get on the subway just before it leaves and proceed to loudly announce some fake name and rant and rave about the money

they need for their gay cousin's roommate's brother who is in dire need of a colon transplant. Once the announcement is made, the begging telethon begins.

As the years go by, I have noticed that street urchins are getting lazier and lazier. I actually once saw a guy in Washington D.C. who sat on the stoop of a building with a can tied to the end of a pole and proceeded to swing his can at the passersby, fishing for money! Talk about one lazy human being. However, that image was not sad in any way; it was extremely funny.

Here in Greenville the same guys mosey up and down the streets every night pestering students for spare change, cigarettes, booze and even sex. And year after year, new, naive students give them change, cigarettes, booze and some probably do give sex.

When I was a teenager in Buffalo, N.Y., my friends and I used to make the beggars do handstands, push-ups and cartwheels to get our change. We made them earn it! I say it is time to bring my tradition here to Greenville. I now call for all students to make the street leeches do a bit of work for their keep. It helps by making them so embarrassed they're forced to go look for jobs, and it

provides us students with good, wholesome entertainment to watch.

If you feel that it would be too cruel, then make them wash and wax your car while you are in the bar getting blind. You can drive home in a nice clean car. Pay them to beat the hell out of the guy who spilled his drink on your girlfriend. Or better yet, you can pay them to carry you home on their shoulders when you are too drunk to even crawl. (Just give them a map before you begin drinking.) My point is that there are many useful ways these people could work for their change. You just have to be creative. And if you are as broke as I usually am, and you can't spare any change at all, then go to Lowe's and buy a large bag of metal washers. They sound just like quarters and the bums will never know the difference. (This works great for church collection plates, too.)

Have a good time downtown and remember that these people want our change and we need their entertainment. I will see you all there, and if you need to borrow any washers I've got plenty to spare.

This writer can be contacted at csachs@studentmedia.ecu.edu

### OPINION

**PATRICK MCMAHON**

## Damn Yankees invade campus

Has anyone other than myself noticed a decline in the level of common courtesy here on campus?

Last year, if you accidentally bumped into someone it was no big deal. The people at fault apologized and that was the end of it. There were no crinkled up faces and rude looks, just common courtesy. Not anymore. The campus has been overwhelmed by a force of aggression, which is a complete opposite of the ECU I came to know and love. I have a theory on this expansion of idiocy that can be summed up in three simple words: those damn Yankees.

Think about it. You can tell they are Yankees because every word they say is in rapid-fire progression and they pronounce "cat" and

"heart" like "ket" and "het" (insert stereotypical Yankee pronunciation.) Maybe up north (lower case spelling) they are used to a profane, high speed lifestyle, but here in the South (upper case spelling) we like our days laid back and relaxed. Yankees love their hockey and "grinders" (called hoagies here in the South) while we love our college sports, Moon-Pies and Cheerwine (soda, not alcohol.)

All name calling aside, the flood of "northerners" who have oh-so-graciously migrated South has pretty much disrupted our natural, Southern way of existence. For one, try to drive around town with these people. For instance, 45 mph in Yankee terms=60 mph, or a red stop light in Yankee terms=floor it, the

other cars will stop.

Honestly, I have nothing against people from the North as long as they come down here and demonstrate respect for their fellow people. Mostly, it's hard to tell if someone is a Yankee until they open their mouth. So here is the Idiot's Guide for Yankee Survival in the South: (1) Don't open your mouth in public. (2) Be courteous to EVERYONE. (3) You are not better than anyone else, so don't act like it. The final, and most important lesson of them all, (4) AIN'T is a real word and we use it often, so get used to it.

This writer can be contacted at pmcmahon@studentmedia.ecu.edu

### OPINION

**LETTER TO EDITOR**

## University takes steps towards new era

Yes, there is racism on campus. There is racism among the land. Whenever there is a mixture of different groups of people, you will find racism.

I've only been at the university for two years, and in that period of time, I have seen quite a lot. I've seen things take place that shouldn't have and vice versa. If asked, has ECU changed since I graduated, or does it appear to be changing? My response would be "the key to changing, the key to fixing and the key to making things better is to first realize and acknowledge that there are problems. I say that ECU has already taken the first step, acknowledgement. One of the damaging things that stood out to me when I began working here at the University was how overprotective of the school the faculty members are. It was at a point that even to give a suggestion or to state an opinion in oppo-

sition to the way things were done called for a punishment, and a bad label was placed on you.

Today versus yesterday, I see managerial staff willing to take the time to listen. It appears that the University may be at the beginning point of trying to develop the negatives into positives. Managerial staff is allowing space for the development of different forums. They are welcoming students' input whereas in the past very little to nothing was done to promote student interest. There have been two well-deserved promotions: Dr. Garrie Moore, Vice Chancellor of Student Life and Ms. Taffye Benson Clayton, Special Assistant to the Chancellor for Special Assignment/EEO Officer. Promotion of qualified blacks has been a sore eye and a problem within the University throughout the years. Ms. Clayton's interim replacement is a

graduate of ECU. It has been a concern for many black graduates from the University that they are never totally admitted into the family at ECU. Families do not abandon family. In other words, the vast majority of black graduates are very seldom hired for employment upon graduating. Hopefully, this will become a problem of the past.

As a staff member of the university I say "continue to push ECU, continue to strive, continue to listen and hear what your student body has to say. It appears that you have made some progress, but the distance you have to go is way farther than the distance you have come. It is our job collectively to strive to promote unity. When this happens, great is the reward!"

Barbara Willoughby

### OPINION

**MIKE EDWARDS**

## True organized religion does not exist

I agree with the many fine points relating to the banning of organized religion. However, the term "organized" is a misnomer. There is no organized religion. Each one of the hundreds of religions have dissenters; for no one individual believes exactly as another.

For one reason or other, we enjoy differing opinions about almost everything. Many are led to believe these differences were developed in some laboratory by a supernatural being somewhere in a place called Heaven. Others believe each tiny snowflake, crystallized element or strand of DNA is due to the mysterious powers of Nature, as exists on this fragile place called Earth, and perhaps other places similar to Earth. Many folks don't know, don't care and are far better off not worrying about it. There are the religious—the definitely's, the non-religious—the definitely not's, and those who aren't sure what they are—the maybe's.

Unfortunately, the term religious often equates in the minds of some as the good or those without fault. Often, however, it is very much the

opposite, as in the case of those individuals of the cloth who are caught with their fingers in the till, their hands on each other or their pants around their ankles—as sometimes happens to the rest of us mortals.

Prisons are full of religious people. Unfortunately, it is against a federal statute for the government to break down the prison populations into specific preferences, but there have been several studies done by independent sources. The results will amaze many, disappoint some, and enrage others. The fewest group of prisoners are actually Humanists, Unitarians, and atheists—mostly made up of the maybe's and the definitely not's. I can understand, actually, why these numbers are quite low. If you listen carefully to many overly-religious people (those that can't wait to get to Heaven and tell the rest of us all about why we need to pack our bags as well), you will find that often, they care little about the Earth because they feel this is just a vacation—a stopover on the way to somewhere else. Many of the rest of us, who feel that this is Heaven—or

Hell—depending on your professors and a few other factors, believe this is the end. We want to protect the Earth and make it a better place for those who will replace us after we're pushing up shrubbery.

I do not fault those who call themselves one group or another, but I do protest those who shake their symbols at others in order to degrade them—whether they be female, poor, homosexual or of another religion. It is unfortunate that some always attempt to make you believe the way they do, and give you grief when you resist. Therefore, I usually find myself more comfortable around Humanists or Unitarian Universalists, because they serve humanity and serve the living rather than the dead. They tend to accept each person's individuality because they realize that we are all in this together.

Yes, I quite agree with Everett Knox that God is not sitting in a far off sky, but here on this earth, reflected in the trees, the rocks and you and I.

This writer can be reached at edwardsm@studentmedia.ecu.edu

# comics

6 Thursday September 2, 1999

The East Carolinian

7 Thursday, Sept

4 SEATS LEFT

BY JASON LATOUR



4 SEATS LEFT

BY JASON LATOUR



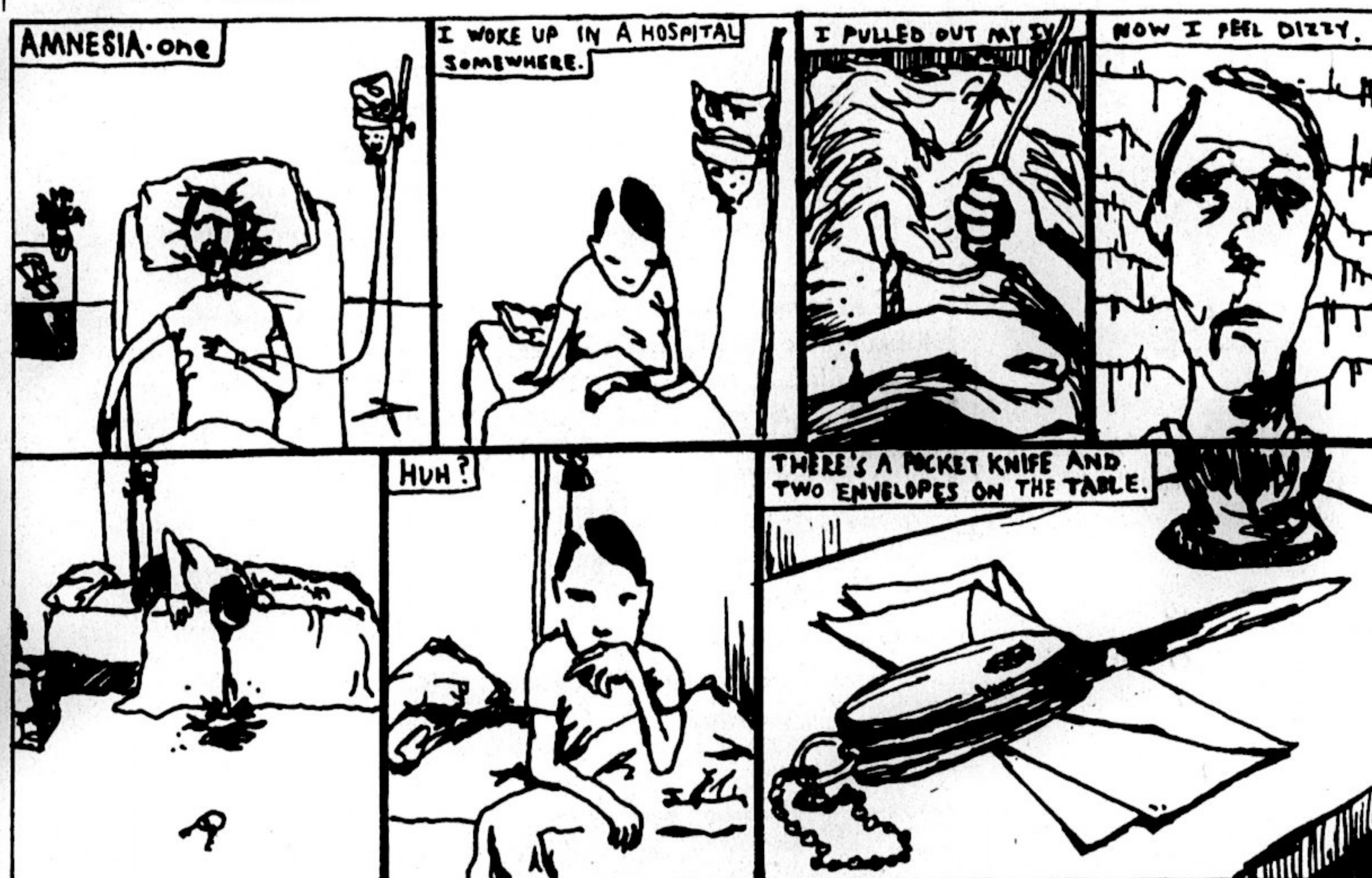
MAMA'S BY-PRODUCT

BY JEREMY FALLS



BRAIN-VOMIT

BY STEWART SINEATH



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# BEGIN >

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Facts about

Espresso and started in Italy a beans have a full vpr than regular that are used a blended from Indonesian beans. According to the concept for espresso-based dr customers quickly

Espresso: Esp cial Espresso Roa intense flavor, as than regular coff alone in a demita for a speciality dr

Espresso Co espresso topped v

Espresso M espresso topped v

Bene Gio

Caffe Latte: T ers. The base is a the drink is built. Finally, a layer of on the top.

Caffe Mocha: espresso and stea also blended into often topped with cocoa powder.

Cappuccino: Latte, a Cappuccino of espresso. The amount of steam is more foamed n

Caffe Amer espresso is com water to make a

PHOTOS COURTESY

## FAST FACTS

### Facts about coffee culture

Espresso and espresso-based drinks started in Italy at coffee bars. Espresso beans have a fuller and more intense flavor than regular coffee, and the beans that are used at Starbucks' Cafe are blended from South American and Indonesian beans.

According to Starbucks' Cafe, when the concept for serving espresso and espresso-based drinks came to America, customers quickly picked up on the trend.



**Espresso:** Espresso is made from special Espresso Roast beans. It has a more intense flavor, as well as caffeine dose, than regular coffee. It is either served alone in a demitasse or used as a base for a specialty drink.

**Espresso Con Panna:** One shot of espresso topped with whipped cream.



**Espresso Macciato:** A shot of espresso topped with foamed milk.

### The Benevolent Gourmet



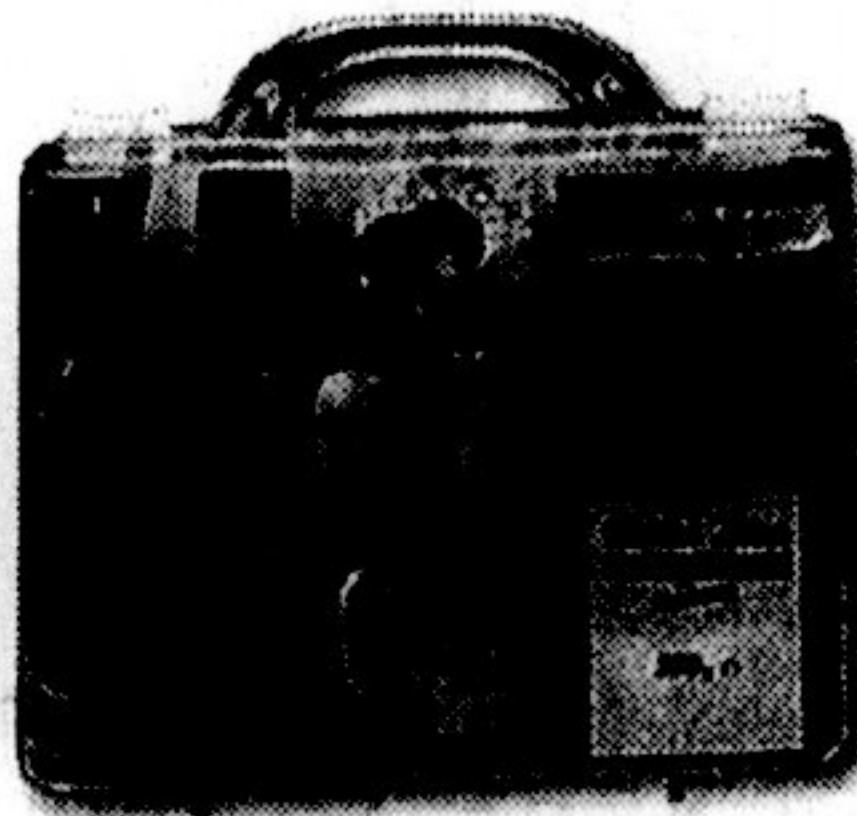
**Caffe Latte:** This drink has three layers. The base is a shot of cappuccino, and the drink is built up by steamed milk. Finally, a layer of foamed milk is poured on the top.



**Caffe Mocha:** It begins with a shot of espresso and steamed milk. Chocolate is also blended into this drink, and it is often topped with whipped cream and cocoa powder.



**Cappuccino:** Similar to the Caffe Latte, a Cappuccino uses the same shot of espresso. The difference is, that the amount of steamed milk is less, and there is more foamed milk.



**Caffe Americano:** One shot of espresso is combined with enough hot water to make a full cup of rich coffee.

PHOTOS COURTESY OF THE WORLD WIDE WEB

# Societal images create unrealistic pressures

*Individuals strive for unattainable perfection*

NINA M. DRY  
ASSISTANT FEATURES EDITOR

"Gain more muscle mass." "No restricted dieting." "No dangerous drugs." "Lose the weight naturally in 30 days." In this day and age, more products are appearing on the market claiming to improve the appearance of all individuals.

Instead of being happy with what we see in the mirror some sources say that there are an increasing number of people who suffer from eating disorders in an attempt to fulfill unreasonable body expectations.

"I think people shouldn't concentrate on the weight on their scales, but on how they feel about themselves and what type of physical condition they're in," said Heather Zophy, director of health education at Student Health Services. "The weight on the scale doesn't indicate how fit you are."

According to *The Secret Language of Eating Disorders*, by Peggy Claudes, more than eight million people in the United States suffer from eating disorders. These types of illnesses rate the highest mortality rate of any psychological disease. Most of these victims are struggling with the two most common disorders, anorexia and bulimia.

"About 20-25 percent of college women suffer from eating disorders," said Dr. Jane Ross, staff psychologist, Student Health Services.

Anorexia is a disorder in which an individual obsesses about the way he or she looks and tries to control the perceived self-image by not eating.

According to Student Health Services (SHS), some of anorexia's symptoms include refusal to maintain normal body weight, displaying intense fear of fat and a distorted sense of body image.

"Typically, people who are

anorexic are perfectionists, quiet, introverted, very intelligent," Zophy said. "There's a whole prototype that fits the typical anorexia behavior."

A person diagnosed with bulimia—or the binge/purge syndrome—may overeat and then induce vomiting before the food is digested.

"It's an emotional issue where an individual will engage in the purge activity once a week, usually ending in an addictive act," Zophy said.

Some of the long-term consequences of bulimia include dental problems, dehydration, ulcers, extreme fatigue, a combination which can be potentially life-threatening.

The number of women who suffer from eating disorders is still higher, however an alarming percentage of those diagnosed with eating disorders are men.

"About five percent of college men suffer from eating disorders," Ross said. "It has gone up from one percent."

Another alternative compulsive dieters are turning to is dietary supplements. These products have always been available to the public, but recently supplements such as Metabolife and Slender Weigh have been marketed aggressively, enticing people to gain their ideal weight in a short amount of time.

According to the Metabolife website, more than \$1 million worth of Metabolife 356 is sold every day and several publications (although none were mentioned) listed it as the most popular dietary supplement on the market. This herbal supplement claims to curb appetite, increase metabolism and urges you to eat healthy food since it "works better with food."

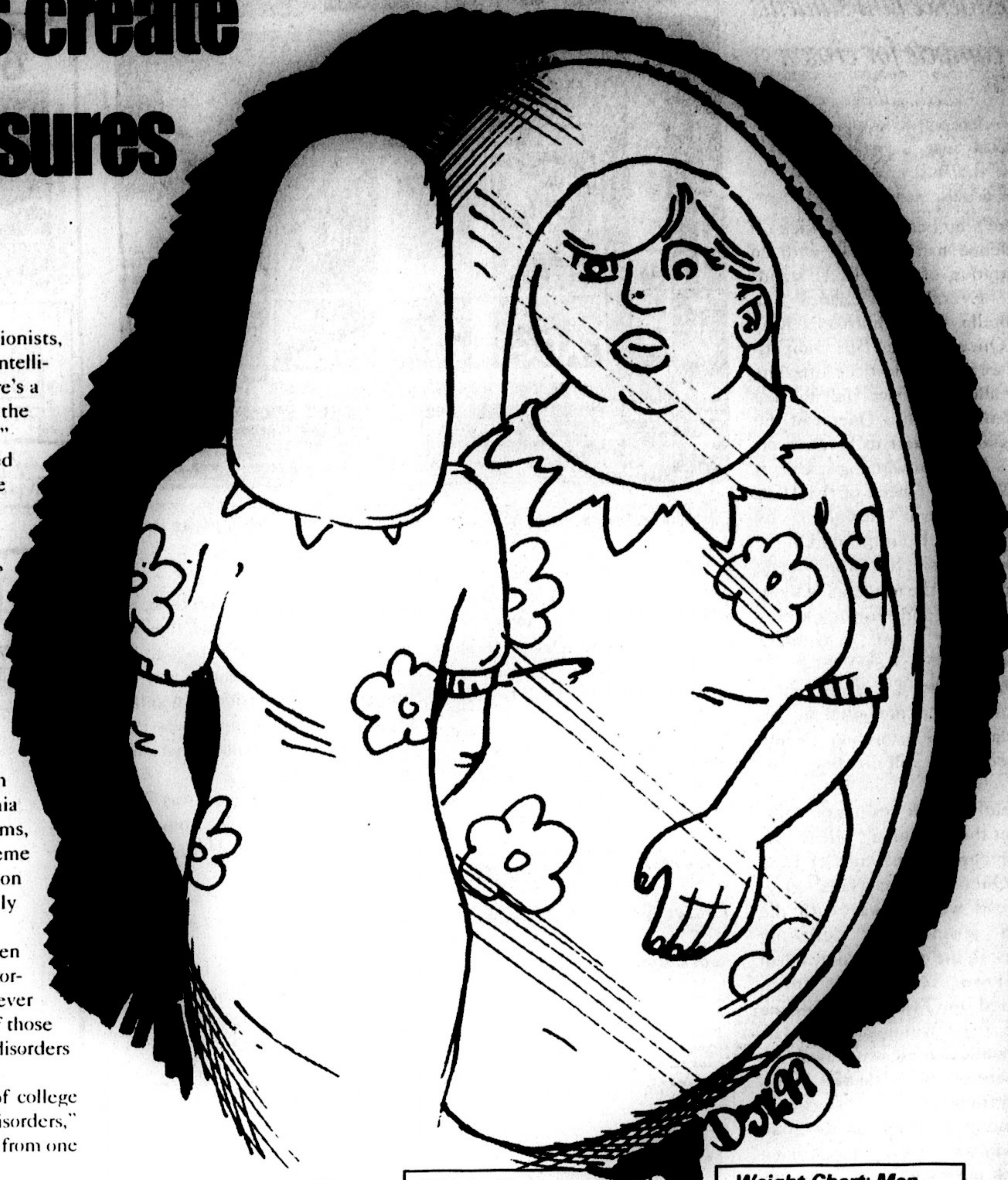
According to Slender Weigh, the supplement allows you to eat the foods you enjoy, and is all natural. Opinions on the topic of diet supplementary pills vary among students.

"I believe pills are useful to those who are truly overweight, and are trying to obtain a reasonable goal of weight loss," said Lissa Griffin, senior.

"I think [diet pills] are over the top," said April Petty, senior. "I don't think it's healthy."

Aside from the traditional scapegoats, media and society, some may place the blame on the

SEE BODY PAGE 9



### Weight Chart: Women

Height	Frame size
4'10"	Medium
4'11"	109-121
5'0"	111-123
5'1"	113-126
5'2"	115-129
5'3"	118-132
5'4"	121-135
5'5"	124-138
5'6"	127-141
5'7"	130-144
5'8"	133-147
5'9"	136-150
5'10"	139-153
5'11"	142-156
6'0"	145-159
6'0"	148-162

courtesy of the ECU School of Medicine

### Weight Chart: Men

Height	Frame size
5'2"	Medium
5'3"	131-141
5'4"	133-143
5'5"	135-145
5'6"	137-148
5'7"	139-151
5'8"	142-154
5'9"	145-157
5'10"	148-160
5'11"	151-163
6'0"	154-166
6'1"	157-170
6'2"	160-174
6'3"	164-178
6'4"	167-182
6'4"	171-187

courtesy of the ECU School of Medicine

## Students attempt to evade loan collectors

*Student Loan Office cites numerous excuses*

BRIAN FRIZZELLE  
STAFF WRITER

Everyone knows that in the pursuit of higher learning, knowledge doesn't come for free. Whether it's by grants or loans, a check from mom and dad or slaving over a job yourself, the bottom line is that it all has to be paid for somehow.

Student loans offer a chance for people to go to school who might not otherwise be able to attend. Almost half of college students receive some form of financial aid, and the percentage of undergraduate students who borrowed from federal loan programs during the academic year has increased by 11 percent in recent years.

According to the US Department of Education, the average college student will owe more than \$11,000 by their senior year. However, there are some borrowers who ignore the constant bills to repay the big bucks.

Officials in the office of Financial Aid say only five percent of students offer excuses on why they cannot pay back their loans.

"Sometimes loans are the student's only option," said Rose Stelma director of Student Financial Aid at ECU. "This year we will loan \$35-\$40 million to students. The problem is the unavailability of grants."

"We get a lot of excuses," said Lisa Warren, receptionist at the Student Loans Office. "We've been told that they never got their mail for some reason, or that they couldn't get to their mailbox to mail off their payment because of an earthquake that was 300 miles away."

While Financial Aid makes the loans, it is up to the Student Loans Office to collect repayment. This office at ECU deals with a variety of payment methods.

There are many loans offered to ECU students, the largest being the Perkins Loan. Some students are eligible to relieve the Sarah E. Clement Emergency Loan. This loan is designed to help students while they are waiting for their regular financial aid to come in. The Emergency Loan is valid for a period of 60 days, and is repaid from the student's financial aid check when it arrives.

Some students try everything to avoid repayment. Some of the excuses given to the Student Loans Office vary, ranging from almost believable to downright laughable.

Larger loans, such as the Stafford Loan, are handled by the College Foundation Inc. in Raleigh. They, too, receive numerous false excuses regarding delin-

*"We've been told that they never got their mail for some reason, or that they couldn't get to their mailbox to mail off their payment because of an earthquake that was 300 miles away."*

Lisa Warren  
Receptionist, Student Financial Aid Office

quent payments. "We mainly get the excuse that they had a car or a credit card payment and they couldn't afford to pay us," said Ellen Mathis of the College Foundation. "Some students tell us that they thought it was a grant, or that they did not get a job in their field and that it shouldn't have to be paid back."

This writer can be contacted at [brizzelle@studentmedia.ecu.edu](mailto:brizzelle@studentmedia.ecu.edu)

## Yoga classes decrease stress

*Ancient practice increases health*

BROOKE POTTS  
STAFF WRITER

Stress: an established part of college life. If you're already worried about your microbiology test Friday, along with the \$400 worth of textbooks you just bought and you still haven't decided what to wear to your neighbor's keg party this weekend, stop worrying because you are not alone.

Stress will undoubtedly be a frequent visitor during your time at ECU, but, if you learn how to manage it in a fun, healthy manner, your life could be made drastically simpler.

Students can come up with some of the most interesting ways to deal with stress, some of which are not very productive and may only contribute to more headaches. (FYI: Setting fire to the General Classroom Building, intentionally crashing the library computer system, or offing your roommate to get a 4.0 are NOT acceptable ways to handle stressful situations.) Before you do something drastic, keep in mind the Student Recreation Center has come up with a more productive, relaxing way to help students cope with daily frustra-

tions. As a response to student and community interest, the SRC is offering yoga classes again this year.

"Often, students push themselves very hard mentally, physically and emotionally," said Debbie Niswander, yoga instructor at the SRC. "These classes help teach them to let some of that tension go, and how to control stress when it arises."

Basically, through learning, breathing and stretching exercises, participants learn to pay attention to their bodies, and to take time for themselves.

"This helps your general well-being, as well as your overall outlook," Niswander said.

Student feedback has been very positive. Senior Courtney Bennett participated in the classes last year and plans to attend again this semester.

"I feel much more relaxed and less tense when I finish a class," Bennett said. "The passes are inexpensive and the instruction is good, even if you have never done yoga before."

The SRC is also encouraged by the success they have had in the past.

"There has been continued interest over the last one to two years, and classes have consistently been full," said Kari Brown, assistant director of Fitness and Lifestyle

SEE YOGA, PAGE 9

# New King and Queen reign supreme

Residence hall students compete for crown

ERICA SIKES  
STAFF WRITER

There's no better way to kick off residence hall life than with an illustration of what ECU stands for: Everybody Carries an Umbrella. Last Thursday's King and Queen of the Halls competition went on amidst the drizzling rain, allowing Tyler Hall to take back the crown as Queen of the Halls and Garrett to break Scott Hall's four-year winning streak.

"King and Queen of the Halls is a program designed by Recreational, Housing and Dining Services to build teamwork among the halls and the residents of those halls," said Todd King, marketing coordinator for Student Recreational Services.

This is one of five residence-oriented events promoted by the Recreation, Housing and Dining Services that will be held this year.

Nearly 1,000 residents gathered at the bottom of College Hill to compete for the title of King and Queen of the Halls. Slay-Umstead walked away with the crown jewels after defeating Aycock in the co-ed residence hall showdown. The queen's crown returned to Tyler after Greene broke their winning streak last year, while Garrett swept away the competition and stole the king's crown from Scott.

Among the events at the competition were tricycle races, potato-sack races and the grand finale



Artwork for King and Queen of the Halls is displayed in front of Scott Residence Hall.

PHOTO BY BILL KEITH

event: tug-of-war. Tug-of-war is critical to the event every year because determines the champion in an unusual fashion, making it possible for either of the two lead-

"King and Queen of the Halls is a program designed by Recreational, Housing and Dining Services to build teamwork among the halls and the residents of those halls."

Todd King  
Marketing Coordinator for Student Recreational Services

ing teams to win, regardless of how far ahead or behind it is in point standing.

The event is a positive way to bring on-campus residents together. Meeting new people is essential to college students, especially first-year residents.

"It was good because I was able to meet more people from my dorm," said Brigette Hall, freshman.

All of the events are intended to promote the positive spirit of on-campus living.

"I thought it was a lot of fun because it was different than anything I've ever participated in," said Ann Swinson, freshman. "I also met a lot of new people."

This writer can be contacted at  
esikes@studentmedia.ecu.edu

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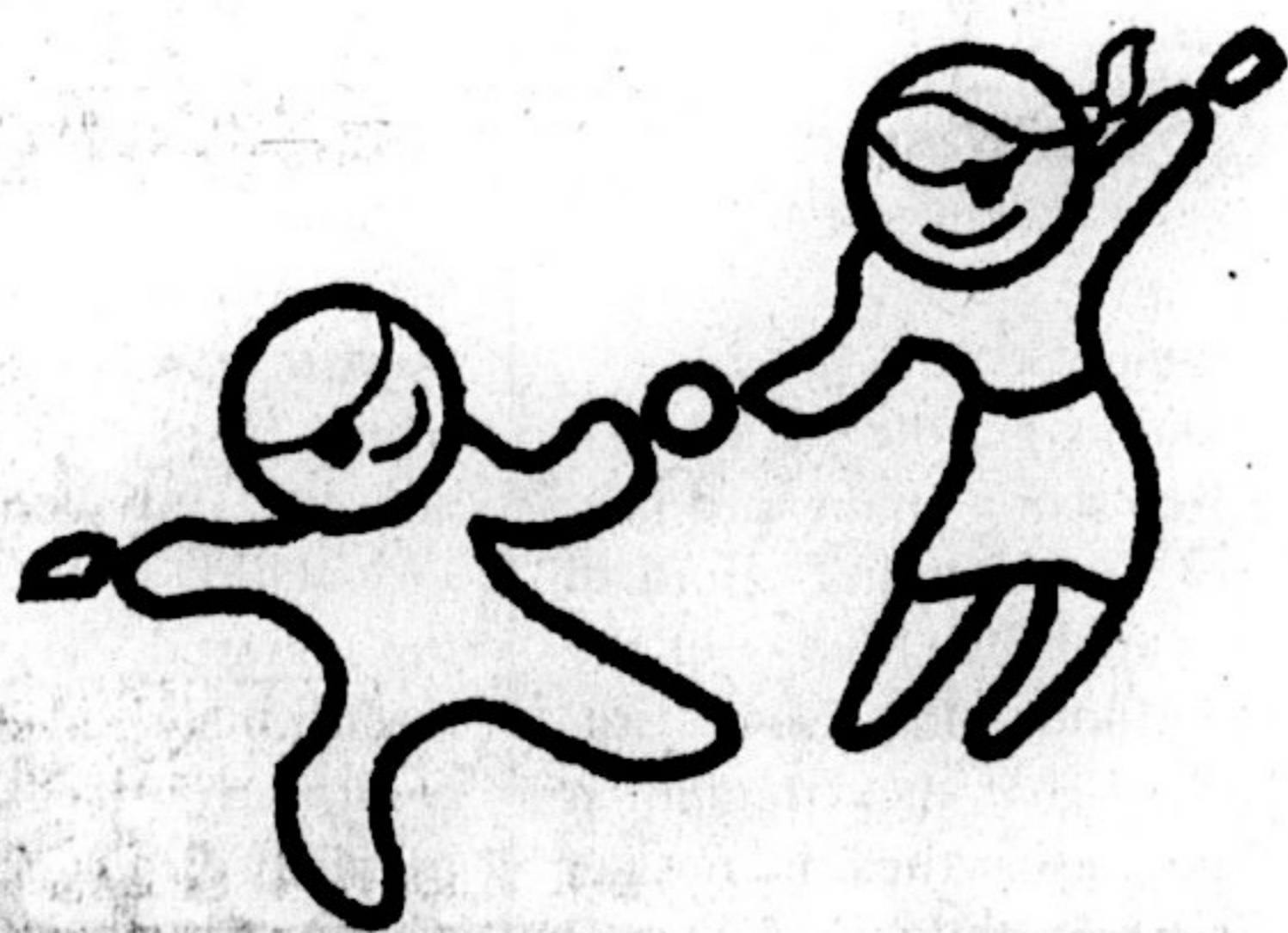
Activities application include

Float

Banner

Skit Night

King/Queen Candidate



Sage Hunihan, Chair  
ECU SGA Homecoming Committee  
Mendenhall Student Center Room 222  
Greenville, NC 27858  
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Chianti \$3.00	Mikey Finn, Elegant

**Sunday Night**  
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15% Off Food  
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# Museum hosts art exhibits, musical talents

## Greenville's cultural coming attractions

ERICA SIKES  
STAFF WRITER

The Greenville Museum of Art will soon be sponsoring interesting events that few around the city are aware of.

Another popular program is the Writers' Reading Series of Eastern North Carolina. On Wednesday, Sept. 22, Lorraine Johnson-Coleman will hold a "Meet the Writer" program at 3 p.m. followed

by a reading of her work at 7 p.m. This event is free and open to the public.

Museum exhibitions on display for the months of September and October include works by artists Jane Filer, Robert Irwin and Kate

*Museum exhibitions on display will include works by artists Jane Filer, Robert Irwin and Kate Murphy.*

Murphy.

On Sept. 9, The Greenville Museum of Art Guild will host the

GMA opening reception featuring works by Filer, Irwin and Murphy.

On Oct. 6 and 7, there will be a trip to Richmond, Va. to the Virginia Museum of Arts to view "The Splendor of Egypt." Tickets to the event will cost \$20.50 (accommodations not included).

On Nov. 19, the 1999 Fine Arts Ball will be held at Rock Springs Center in Greenville. Among the events included in the occasion will be a silent auction which will display everything from artwork to ECU-NCSU game tickets. Carroll Dashiell's jazz ensemble and Billy Scott and the Prophets will provide musical entertainment for the spec-



Additions were made to GMA exhibit.

PHOTO BY BILL KEITH

tators and participants at the event.

For more information on upcoming events at the Greenville Museum of Art call 758-1946.

This writer can be contacted at [esikes@studentmedia.ecu.edu](mailto:esikes@studentmedia.ecu.edu)

## YOGA

continued from page 7

Enhancement Programs. Many people involved in the classes like the weekly schedule, which requires less of a time commitment.

Not only do students in the yoga class feel better, they are actually improving their overall health.

"Being less stressed helps you focus and regroup; it also lowers blood pressure and heart rate, and increases concentration and balance coordination," said Brown.

For those with physical challenges such as arthritis, asthma, chronic fatigue, muscle pain or extreme burnout, an alternative class is offered. The stretches in this class will be very gentle and relaxing, focusing in on the special needs of its participants.

These classes will begin on Sept. 20 and are held from 12:10 p.m.-1 p.m. every Monday.

If less stress and more relaxation sound like something you might need, especially later in the semester when finals get you down, you should take advantage of the sign-ups going on now.

The entire campus and community are invited to attend the regular classes. The cost is \$15 for SRC members and \$25 for non-members. The classes run for two six-week terms, from Sept. 8-Oct. 14, and Oct. 26-Dec. 9.

This writer can be contacted at [bpotts@studentmedia.ecu.edu](mailto:bpotts@studentmedia.ecu.edu)

## BODY

continued from page 7

opposite sex as to why people, especially women, may take these extreme measures.

"The majority of the pressure is not from guys," said James Strickland, junior. "But it is the product of the female psyche for the sake of competition of other women. They're just using men as the scapegoat."

Experts say weight loss is a process, not something that can happen immediately.

"[People] didn't put the weight on in a day, so you won't lose it in a day," said Kari Brown, assistant director of Fitness and Lifestyle Enhancement Programs.

According to Brown, to achieve your ideal look, one should eat healthy foods, exercise consistently and manage eating habits.

"Weight loss is difficult and will take time, but it's safer to take 20 minutes for a power walk, instead of eight pills each day," Brown said.

Students may seek help if they believe they have an eating disorder.

"We do therapy support groups for those with eating disorders at Mental Health Services and the Center for Counseling and Student Development," Ross said.

Dr. Ross, along with Dr. Valerie Kissler from the counseling center collaborate on the group sessions. If interested in attending a session, contact Dr. Ross at 328-6795 or Dr. Kissler at 328-6661.

This writer can be contacted at [ndry@studentmedia.ecu.edu](mailto:ndry@studentmedia.ecu.edu)

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## SPORTS BRIEFS

Underwood shows up in Miami After leaving Vikings camp, retiring from football, signing with the Dolphins and avoiding Dolphins camp, troubled defensive lineman, Demetrius Underwood finally showed up in South Florida. Tuesday, he practiced for only the second time since he was drafted in April.



Rafter out Two-time defending U.S. Open champion, Patrick Rafter retired from his first round match with Frenchman Cedric Pioline. The Australian injured his shoulder and had to quit after taking the first two sets.



Holyfield-Lewis rematch set IBF and WBA Heavyweight champion, Evander Holyfield and WBC champ Lennox Lewis will meet again on November 13, 1999 in Las Vegas. The fight will be each fighter's first since they battled to a controversial draw in March.



Jones out for track season Marion Jones has been sidelined for the remainder of the 1999 European track season. Jones was forced out of the World Championships in Spain by back spasms. Jones was injured in the finals of the 200 meters, an event she was favored to win.



Williams cleared to play Saints rookie runningback, Ricky Williams has been cleared to play the season opener on September, 12. The Heisman winner injured his ankle in a preseason game against the Miami Dolphins.

PHOTOS COURTESY OF THE WORLD WIDE WEB

# Season opener will cost students

ESPN deal makes few happy, some irate

PETER DAWYOT ASSISTANT SPORTS EDITOR

As the Pirates gear up for the much-anticipated season opener against West Virginia, fans are looking towards many exciting events going on in the area.

One complaint some students have had is the charge the students must pay for tickets. In many cases, this would not be seen as a problem since the game is being played at Charlotte's Ericsson Stadium. Unfortunately, because ESPN paid in excess of \$1 million for the rights to telecast the game, some students have expressed concern that students should not have to pay for tickets since the game is considered a home game for ECU.

"I understand that it is expensive for this game to be put on, but students should not have to pay since we already pay in university fees, not to mention all the money we just received for ESPN to show the game," said senior Julie Gorman.

Associate Athletic Director Henry VanSant said the money ECU received for the game from ESPN has been used to help benefit areas of the athletics program which otherwise might not have been helped. Some of the money has gone towards renovations of the track for the track-and-field team, as well as for the new lighting system for the baseball team installed this summer.

"The money enabled us to do those two projects," VanSant said. "It's been a good help to the overall athletic program."

The majority of the money received from ticket sales are to be used for other purposes such as maintenance procedures and general use of Ericsson Stadium.

In any case, when a facility as big as Ericsson is in use, some portion of ticket sales are going to return to the stadium for other purposes including lighting for the stadium and payment for all employees involved with the game. Additionally, necessities such as insurance all add up and must be paid for through the sale of tickets.

West Virginia and ECU chose to play the Charlotte game as opposed to one of the two home stadiums since the distance between Ericsson is nearly a half-way point, thus allowing for more fans from both universities to attend the game.

"[ECU versus West Virginia] is an attractive match-up, an attractive event to bring to Charlotte," Reilly said.

"It's a pretty short trip for West Virginia people," VanSant said. "There should be a good crowd there from both teams."

ECU is no stranger to Ericsson Stadium, which can hold a crowd of 73,250. The Pirates played on that same field Nov. 30, 1996, when they crushed NC State with a final score of 50-29.

This Writer can be contacted at pdawyo@studentmedia.ecu.edu



ECU will play West Virginia in Ericsson Stadium.



## C-USA still not among elite

New teams, more bowl opportunities kick off

STEPHEN SCHRAMM SPORTS EDITOR

Conference USA football is considered by many to be a college backwater and a conference of misfits and has-beens where teams that couldn't find their way into one of the major conferences or whose conference ties were severed are members.

Houston used to be in the powerful Southwestern Conference, until the conference dissolved in 1995. Army remained independent until they joined the league in 1998. University of Alabama at Birmingham only recently entered Division I-A.

Coming into 1999, Conference USA has the trappings of a major conference. They have three bowl

tie-ins, a team coming off of an undefeated season (Tulane) and a bona fide Heisman contender, Louisville's Chris Redman. Still, they lack national recognition and a bellwether program.

"It's developing," said Steve Logan, head coach. "What we've got to do is, out of the conference start getting victories. If we do that, then that's the true sign. I don't

"What we've got to do is, out of the conference start getting victories."

Steve Logan ECU Football Coach

think we did very well last year, but this year we've got a lot of opportunities."

Last year, they had those opportunities. Southern Miss got blown out by Penn State and Texas A&M. ECU lost 38-3 to Virginia Tech in Blacksburg. Kentucky scored 68

points in a win over Louisville. Cincinnati lost to both Syracuse and Miami.

Getting opportunities has not been a problem for C-USA, but making the most of them has been.

"I think we're all-right," said Jamie Wilson, junior. "We're playing other good out-of-conference teams. So sooner or later, maybe next year, I think we'll make our mark."

This season sees another crop of big name opponents for C-USA teams. Cincinnati will host Ron Dayne and Wisconsin. Southern Miss will face Big 12 powerhouses Texas A&M and Nebraska. The Pirates will face Miami and West Virginia.

The lack of a national power in the conference has kept C-USA from gaining college football legitimacy. Though the conference has expanded over the last few seasons, a powerhouse program has not emerged.

The latest round of expansion brings UAB in the conference. In

### OPINION

STEPHEN SCHRAMM

## Pirates to face tough challenge

Mountaineers' experience will be vital

STEPHEN SCHRAMM SPORTS EDITOR

ECU has never shied away from tough openers in the past. This season will be no different, as the Pirates take on Big East power, West Virginia.

The Mountaineers finished 8-4 in 1998, with a loss to Missouri in the Insight.com Bowl.

The 1999 West Virginia squad, while young in the trenches, will have loads of talent in the skill positions. An experienced signal caller, dangerous wideouts and one of the nation's best secondaries will make the Mountaineers a talented team, that will be a test for the Pirates.

In his 20th season as head coach,

Don Nehlen welcomes back senior quarterback Marc Bulger. Bulger threw for 3,607 yards and 31 touchdowns last season. Entering 1999, Bulger is 2,747 yards away from Donovan McNabb's Big East record for career passing yards. To complicate matters for the Pirates, three receivers, Khoi Ivy, Antonio Brown, and Pat Green, return for the Mountaineers, giving Bulger plenty of options for the high-powered passing game. For WVU, the passing game may be the only option, as a young offensive line and an inexperienced tailback could lead to an anemic rushing attack. The Mountaineers' career rushing leader, Amos Zereoue, is now in the NFL. Five starters from the offensive line are gone. Redshirt freshman Avon Cobourne, will try to replace Zereoue, while five new starters will be broken in on the offensive line.

The story is slightly better for

SEE TEAM, PAGE 12



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## Rec center offers cross-training program

*Triple Threat available to students*

SUSANNE MILENKEVICH  
SENIOR WRITER

For anyone in search of motivation to get in gym and get in shape ECU's Recreational Services has the answer.

The Rec Center is offering a new program called Triple Threat which challenges students to work out for 660 minutes over the next month and a half.

"This is a fitness incentive program that encourages consistent exercise over month and a half," said Kari Brown, Recreational Services fitness director.

The program is designed to encourage cross training by having students participate in three different types of exercise they choose including biking, swimming, aerobics and strength training.

"There is this sort of mentality out there with fitness where people come in and work out for an hour or so then leave," said Sam Combs, Recreational Services group fitness coordinator. "It is usually the same exercise every day."

By repeating the same exercises every day there is a chance of risk to overused body.

"I see a problem with this that is two-fold," Combs said. "People tend to get bored and burn out when they stop seeing results. Also there is a lot of stress on the same joints so they set themselves up for

problems with the knees or ankles or lower back."

Cross training helps to take stress off certain joints as different exercises affect different parts of the body.

"By cross training you are getting off joints that you stress all the time," Combs said.

Although the program is just beginning, students are aware of it and like the idea.

"I think it will get me to do more

complete 220 minutes of each exercise they choose," Brown said. "It will be a total of 660 minutes of exercise between September 1 and October 15."

The program is set up so that only 30 minutes a day in one of the three chosen exercises will count toward the total time so that it encourages people to visit the gym every day.

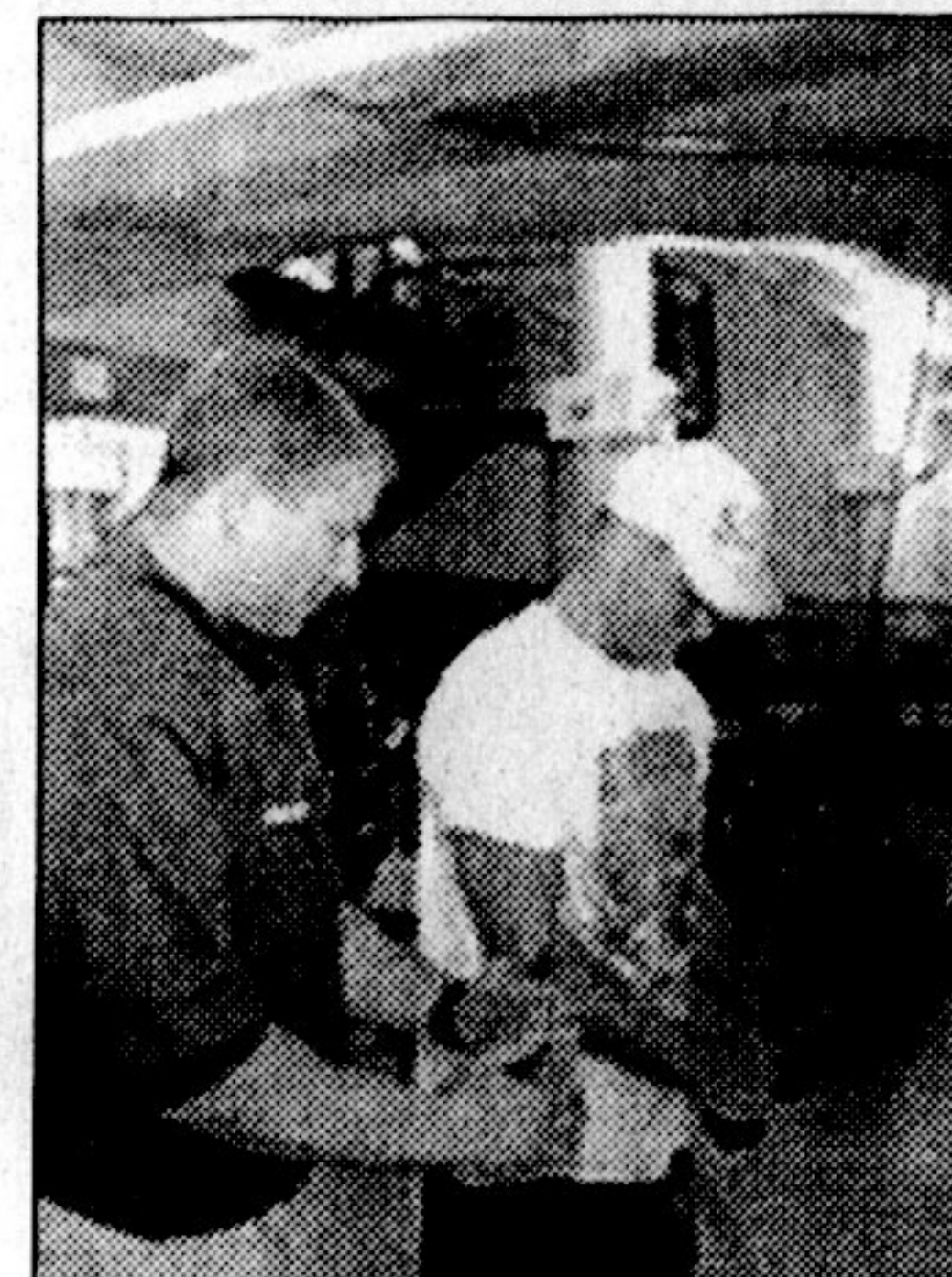
"It is not a race. We do not want people to finish in one week," Brown said. "The maximum time is 30 minutes per day that counts toward the program in one exercise. The idea is to get people to come back."

Registration began yesterday but students can continue to sign up at the fitness desk, in the weight room, until September 10.

Each day that students exercise they must check in at the fitness desk and specify which of the three chosen exercises they will complete that day. After finishing the workout students can check out at the fitness desk to gain credit for the program.

Students who successfully complete the 660 minutes by October 15 will receive a free tee shirt.

"This is a great program to keep people motivated and to keep them coming back and even to help them get started with a program," Brown said. "With cross training we hope to get people interested in other activities and it is a great way to work other muscles."



Students work out at the Rec Center  
FILE PHOTO

exercises and give me a variety in my training since I usually just run," said Maryann Hume, a sophomore exercise physiology major. "It will get me to work different muscles."

Triple Threat allows students to choose three different exercises and sets a goal of 220 minutes per exercise.

"Students who participate will

This Writer can be contacted at  
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## Women's soccer team experiences loss

*Pirates dealt first conference loss*

TIFFANY WATERS  
SPORTS WRITER

The women's soccer team suffered a tough five-to-one loss from 10th nationally-ranked College of William and Mary on Tuesday.

"It was a tough game for the team tonight," said first-year Head Coach Rob Donnennwirth.

ECU started the game strongly taking a one-to-nothing lead off a goal from Amanda Duffy with an assist from Erin Cann in the 25:00 minute. The goal was Duffy's first of the year.

"We started off well and were confident and knew we could win," said Jill Davis, senior defender. "After the first goal, we let down and they stepped up—that's what made the difference in the game." After taking the lead, the lady Pirates "backed off" according to

Donnennwirth. Senior All-American Missy Wycinsky quickly tied the game up in the 30:00 minute with an assist from Jordan Krieger. This was one of Krieger's three assists on the evening.

Toward the end of the half sophomore Avery Willis, with an assist from Wycinsky, put the Tribe on top.

"The team played well the first half but after William and Mary scored, we just let down," said Kelly Gray, sophomore midfielder.

The second half was dominated by the Tribe offensively with a ten to two shot on goal ratio in favor of the Tribe.

The third goal from William and Mary didn't come until the 52:39 minute with a goal by Franny Swajkoski off an assist from Krieger.

"After the third goal the girls stepped up their game," Donnennwirth said.

William and Mary went on to score two more goals toward the end of the second half. One goal from Emily Davis came off another

Krieger assist and another goal from Wycinsky was assisted by Willis.

According to Donnennwirth, the team was very disappointed with the loss, but took a lot away from it. "The girls are going to have to work on team defense and communication,"

Donnennwirth said, adding that this was the first time in about two years that the girls had played at William and Mary's astro-turf field, which caused problems as well.

"We learned not to let down so easily and to have more confidence," Gray said.

"We were really disappointed because it was a tough loss and we know we could do better," said Amy Horton, senior goalkeeper. "We learned that we need to start out strong and maintain."

The lady Pirates will return to action on Sept. 5 at 12 p.m. against Bowling Green University in Athens, Ga.

This Writer can be contacted at  
twaters@studentmedia.ecu.edu

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Team

continued from page 10

the Mountaineers on the other side of the ball. A young defensive line with three new starters will be backed up by a solid linebacking corps, and one of the nation's elite defensive backfields.

Cornerbacks Nate Terry, Perlo Bastein and Scooter Davis return,

as do safeties Jerry Porter and Gary Thompkins. The West Virginia secondary is rated among the best in the nation by many.

To beat the Pirates, West Virginia will look to use the passing attack to open up the Pirate defense. If they are able to pass effectively, they could create some breathing room for their running attack.

For the Pirates, it will be extremely important to contain Bulger and the passing game, making West Virginia run the ball.

If the Pirates can keep the Mountaineers grounded and move the ball well, Charlotte could be painted Purple once again.

This Writer can be contacted at sports@studentmedia.ecu.edu

Usa

continued from page 10

1998, Army became a member and in 1997, ECU joined. Next year, South Florida will begin league play in only their second year of Division I-A play.

Another change in C-USA is the third bowl tie-in. The first place

team will go to the Liberty Bowl to face the champion of the Mountain West Conference. The second place team will travel to Boise, Idaho, for the Humanitarian bowl and now, the third place team will go to the Mobile Alabama Bowl.

C-USA has had most of their games broadcast on the regional Fox Sports Network, giving the conference much needed exposure.

However, C-USA still sits in the shadows of the college game. To get out, Jamie Wilson has a simple solution.

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This Writer can be contacted at sports@studentmedia.ecu.edu

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## HELP WANTED

**FUN & free pictures.** Looking to try something new? Looking for fun? Would you like to have special pictures to give to your family or boyfriend? I enjoy shooting pictures of young women for my portfolio. If you model for me, I will give you free pictures. Reputable amateur photographer. References available (I've photographed dozens of ECU girls). Please send a note, phone number and a picture (if available - it will be returned) to Paul Hronjak, 4413 Pinehurst Dr., Wilson, NC 27893 or call 252-237-8218 or e-mail me at hronjak@simflex.com

**YOUTH IN-LINE Hockey Coaches.** The Greenville Recreation and Parks Department is recruiting part-time youth In-Line Hockey coaches. Applicant must possess some knowledge of the hockey skills and have the ability and patience to work with youth. Applicants must be able to coach young people ages 5-18, in hockey fundamentals. This program will run from early October to mid-December. Salary rates start at \$5.15 per hour. Applications will be taken until the positions are filled. For more information, please call Judd Crumpler, Michael Daly or Ben James at 329-4550 after 2PM.

**CONSTRUCTION MANAGEMENT,** industrial engineer or similar major needed for part-time to full-time work. Must be able to use drill, etc. Will work with your schedule. Call 756-8470 for appt.

**ELEMENTARY ED** major to keep 4 yr. old Monday and Wednesday afternoons. Send resume to 3807 Sterling Trace Drive, Winterville, NC 28590. Own transportation required. Fax number 353-8902.

**SPRING BREAK 2000** with STS - Join America's #1 Student Tour Operator to Jamaica, Mexico, Bahamas, Cruises, and Florida. Now hiring on-campus reps. Call 1-800-648-4849 or visit online @ www.ststravel.com

**LOOKING** for a hard working, dependable person for a flight line position. Duties include cleaning and moving airplanes. Aviation experience preferred but not required. 15-25 hrs/week. Some weekends. \$6.50/hr start. Apply in person at Dillon's Aviation, 1105 N. Memorial Drive, Pitt-Greenville Airport.

**FREE BABY Boom Box + Earn \$1200!** Fundraiser for student groups & organizations. Earn up to \$4 per MasterCard app. Call for info or visit our website. Qualified callers receive a free baby boom box. 1-800-932-0528 ext. 119 or ext. 125 www.ocm-concepts.com

**BABYSITTER NEEDED** for Tuesdays or Thursdays all day for my 3 and 6-year olds. Must have references. No smokers, please. Call 355-7875.

**PART-TIME JOBS AVAILABLE.** Joan's Fashions, a local Women's Clothing Store, is now filling part-time positions. Applicants must be available for Tuesday afternoons, Thursday mornings and/or Thursday afternoons. The positions are for between 7 and 20 hours per week, depending on your schedule and on business needs. The jobs are within walking distance of ECU and the hours are flexible. Pay is commensurate with your experience and job performance and is supplemented by an employee discount. Apply in person to Store Manager, Joan's Fashions, 423 S. Evans Street, Greenville (Uptown Greenville).

**\$25+ PER HOUR.** Direct sales reps needed Now! Market credit card appl. Person-to-person. Commissions avg. \$250-500/wk. 1-800-651-2832.

**EARN \$50.00 to \$100.00** per hour modeling and dancing for local adult entertainment agency. No experience required. Flexible work hours. Discretion and confidentiality assured. 830-0494.

**TEACHER NEEDED** full-time to teach 2 year olds class. Must have experience. Also hiring substitutes. Call Harmony Child Care, 756-6229.

**HELP WANTED:** hiring part-time kitchen, dish, and wait staff. Apply at Basil's Restaurant, 1675 E. Firetower Rd.

## HELP WANTED

**ONLINE INFORMATION Services** is looking for 3 parttime telephone collectors to work evenings from 5 p.m. to 9 p.m. and every other Saturday from 8 a.m. to 12 p.m. Call Brian Franey at 757-2130 or Andi Cullums at 754-1615.

## PERSONALS

**THE CARD POST** Report #334 v Inn. While still needing a solid day to invest studying at the law library 'the legal limbo' of the appeal of 'warning of trespass' issued 1/29/99 at ECU ...I will update the status of the 'warning of trespass' issued last fall at UNC Chapel Hill. Recognizing the need to go to the streets of Chapel Hill to explore the status of the 'forum' at UNC...I inquired of the Shipley Hill Police Department...where and how one could do so. Several hours after the Chapel Hill Police Department stopped and checked my 'credentials and said OK and went on...the UNC campus police stopped and issued me a 'warning of trespass...a ban of entire campus. They verbally explained that I had 96 hours to appeal. This information was inclusive on citation presented. In comparison the officer issuing the 'warning of trespass' at ECU upon my stating 'I would appeal'...said 'one could not appeal a warning of trespass'. There was no appeal information on the citation. After fact finding via ECU Police Department's Standard Operating Procedures...the understanding found is that the issuing officer should present appeal information both verbally and written and that one has 10 days/240 hours to appeal. Back to Chapel Hill. After much effort I was able to speak with the appeal officer by phone. Addressed that I had checked with the Chapel Hill Police Department prior to going to Chapel Hill...and they had checked me after I got there. To cut to the chase of what I recognized as a bogus 'warning of trespass' I asked 'As the basis of the 'warning of trespass' is a complaint that I was trespassing...where could one who coming to take my place in addressing this matter...stand? The reply was 'He couldn't answer...and not to call back until I heard from him.' Ten days later...after several hungered dollars of my time and money...I received a fax stating 'the ban was lifted and reason was the officer made a technical error.' Need to check back and explore what the 'technical error' was. Prosper 'n Live Long 27533-0587 Tom Drew

## GREEK PERSONALS

**CONGRATULATIONS BOB** on pinning Melissa. We can't wait to show you how proud we are. The brothers of Phi Kappa Psi

**THANKS, ALPHA Phi,** for allowing us to host rush at your house. Congrats to the Xi pledge class. Live ever, die never. Phi Kappa Psi

## SPRING BREAK 2000 The Millennium

A new decade...new in Travel! Free Trips, Free Drinks, Free Meals! Enjoy it all on Florida's Eastern Seaboard...at the beautiful beaches of Palm Beach. 1-800-426-7710 www.springbreak.com

## GIVE US TIME TO REPAY YOUR LOAN.

After just three years in the Army, your college loan could be a thing of the past. Under the Army's Loan Repayment program, each year you serve on active duty reduces your indebtedness by one-third or \$1,500, whichever amount is greater, up to a \$65,000 limit. This offer applies to Perkins Loans, Stafford Loans and certain other federally insured loans which are not in default. And this is just the first of many benefits the Army will give you. Get the whole story from your Army Recruiter.

**756-9695**  
**ARMY.**  
**BE ALL YOU CAN BE.**  
www.goarmy.com

## GREEK PERSONALS

**GAMMA BETA Phi Society** will meet Thursday, Sept. 2, at 8 p.m. in GC 1031. For more info: www.ecu.edu/org/gbp/

**THETA CHI** - We had fun pushing your new members' buttons. We wish them the best of luck with pledging. Love, Alpha Phi

**CONGRATULATIONS NEW** members on your pinning. We love our new members. Love, the sisters of Alpha Omicron Pi

**GAMMA SIGMA** Sigma would like to congratulate and welcome the members of the Xi pledge class: Kim Barbour, Kelly Boyette, Tracy Carr, Jennifer Chavers, Andrea Collins, Lindsey Dishman, Kristie Hriso, Beth Issacson, Leslie Jeter, Alyson Marguesat, Ashley Misenheimer, Erin Mitchell, Samm Morris, Bobbie Norris, Dana Peele, Kim Powell, Casey Pritchard, Autumn Proctor, Sunshine Shavers, Yolanda Stancil, Caryn Wedding, Brooke Willis, Megan Woolheater, and Sheri Worters.

## OTHER

**FREE KITTENS** to good homes. Four, cute, long-haired kittens now four weeks old. Call Amy at 551-1022.

## ANNOUNCEMENTS

**FIRST DANCE** of the year! September Contra Dance music by Contradition; caller: Brian Hayes. Free beginners lessons: 7-7:30 p.m. Dance: 7:30-10:30 p.m. Location: Willis Bldg., 1st and Reade Sts. downtown. Students \$3.00, public \$5-6. ECU Folk and Country Dancers. Come alone or bring a friend! 328-0237.

**NEED A JOB?**  
YOU'RE LOOKING  
IN THE RIGHT  
PLACE!

# Advertise in The East Carolinian classifieds

**OPEN LINE AD RATE . . . . . \$4.00**  
for 25 or fewer words/  
additional words 5¢ each

**STUDENT LINE AD RATE . . . . . \$2.00**  
for 25 or fewer words/  
additional words 5¢ each

Must present a valid ECU I.D. to qualify. The East Carolinian reserves the right to refuse this rate for any ad deemed to be non-student or business related.

**CLASSIFIED AD EXTRAS RATE . . \$1.00**  
add to above line rate for either **BOLD** or **ALL CAPS** type.

All classified ads placed by individuals or campus groups must be prepaid. Classified ads placed by a business must be prepaid unless credit has been established. Cancelled ads can be removed from the paper if notification is made before the deadline, but no cash refunds are given. No proofs or tearsheets are available. The Personals section of the classifieds is intended for non-commercial communication placed by individuals or campus groups. Business ads will not be placed in this section. All Personals are subject to editing for indecent or inflammatory language as determined by the editors.

**CLASSIFIED AD DEADLINE**  
. . . . . 4 p.m. FRIDAY  
for the following TUESDAY'S issue  
. . . . . 4 p.m. MONDAY  
for the following THURSDAY'S issue  
We reserve the right to change a deadline for holidays or as necessitated by other considerations.

## WE'LL PAY YOU TO HAVE EXCITING WEEKENDS.

The Army Reserve will give you weekend excitement like you've never had before, and you can earn more than \$18,000 while you're enjoying yourself during a standard enlistment. Think about it. On a part-time basis, usually one weekend a month plus two weeks' Annual Training, you could earn good pay, have a good time, make good friends and even be entitled to good benefits and opportunities to get money for education. You'll also be getting hands-on training in a skill that will last you a lifetime. Army Reserve knows how to make weekends interesting. Are you interested?

Think about it. Then think about us. Then call:

**756-9695**

**BE ALL YOU CAN BE!**  
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