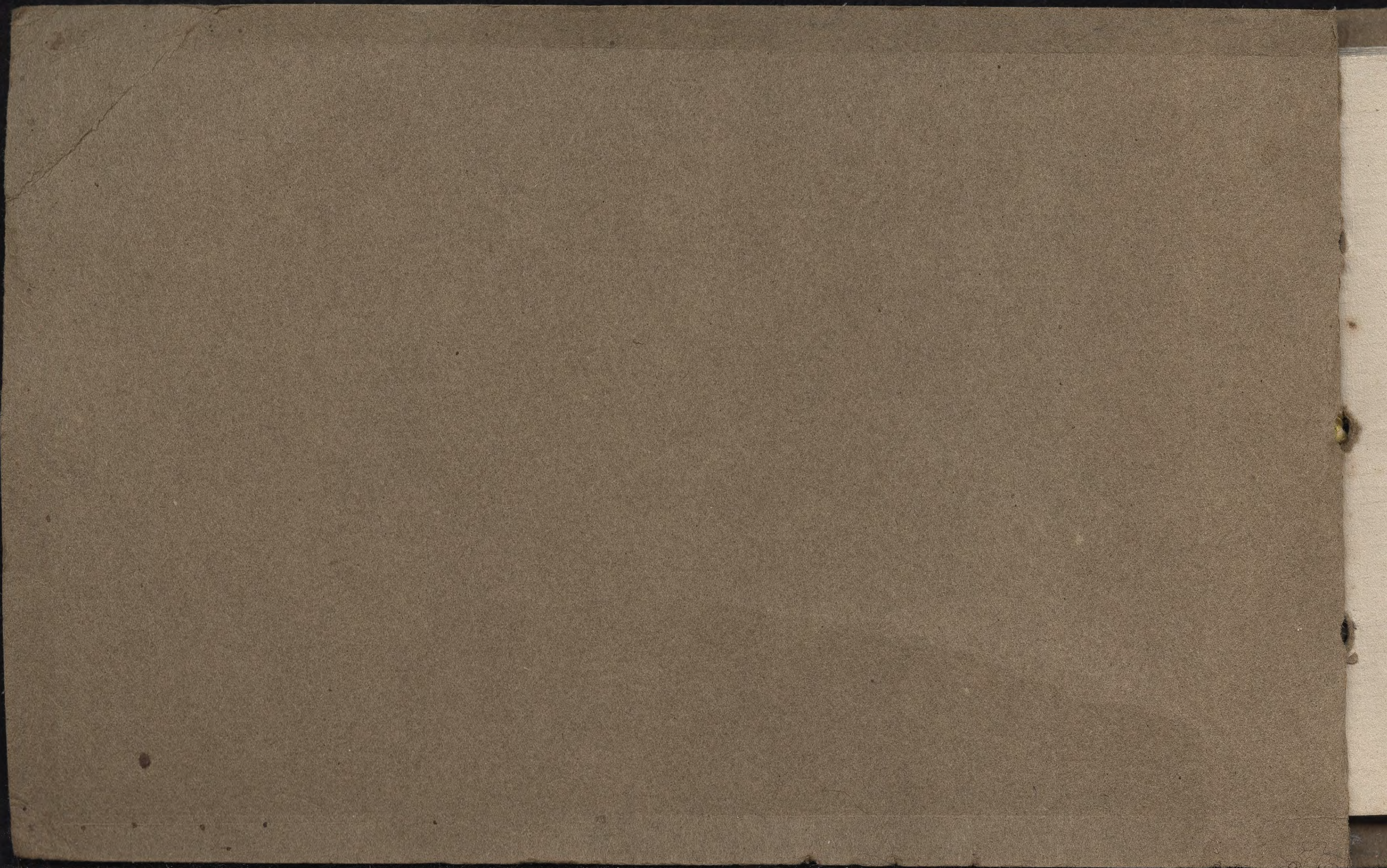




PAIR OAKS.

Summit, N. J.







PAIR OAKS

Summit, N. J.



FAIR OAKS SANATORIUM

INCORPORATED

DR. ELIOT GORTON

DR. THOMAS P. PROUT

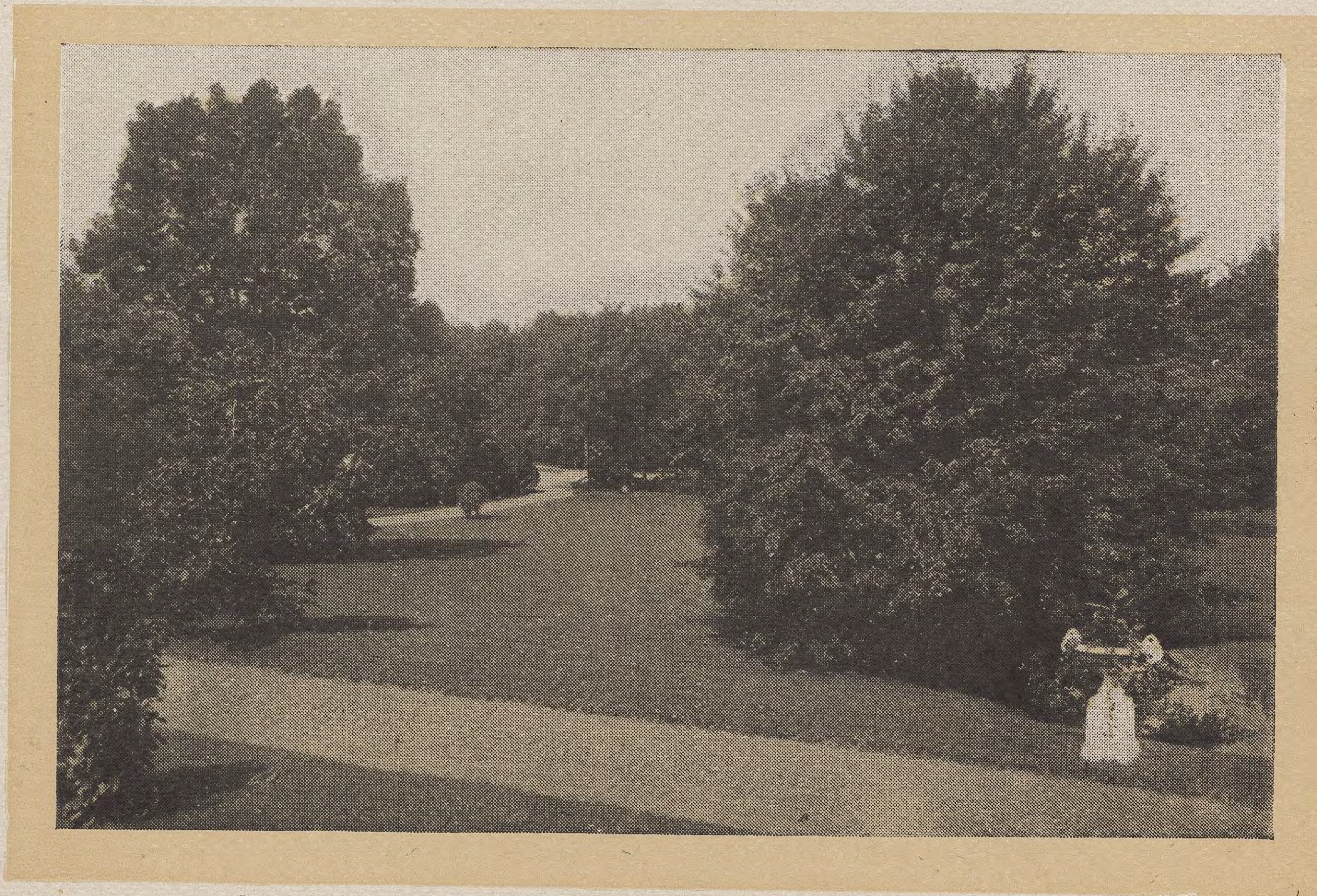
TELEPHONE 143 SUMMIT

N. Y. CITY OFFICE, (DR. PROUT) 152 WEST 57TH ST.



FAIR
OAKS
NORTH
APPROACH

LAWN



FAIR OAKS, IS A WELL EQUIPPED SANATORIUM FOR THE TREATMENT OF ALL FORMS OF NERVOUS DISEASES AND SELECTED CASES OF DRUG AND ALCOHOL ADDICTION.

DISTURBED MENTAL CASES ARE NOT ACCEPTED.

THE INSTITUTION IS DELIGHTFULLY LOCATED AT SUMMIT, N. J. THE ROOMS ARE SPACIOUS AND SUNNY. THE VENTILATION AND PLUMBING ARE PERFECT. THE GROUNDS ARE AMPLE AND ATTRACTIVE. THE HOUSE IS ON HIGH GROUND AND, ALTHOUGH BUT EIGHT MINUTES WALK FROM THE DEPOT, IS SECLUDED,

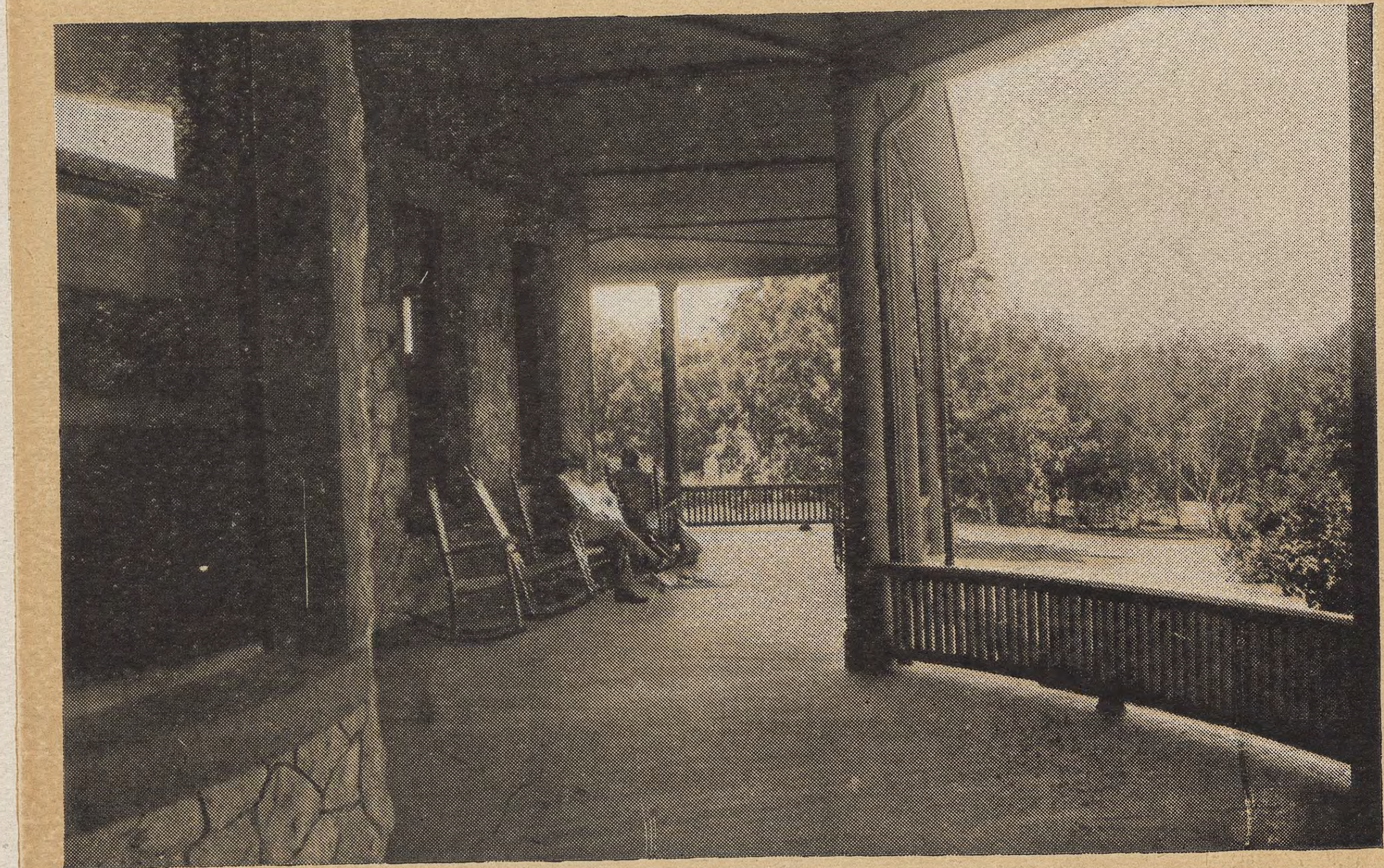
SUMMIT, WIDELY KNOWN AS A HEALTH RESORT, IS ON THE MORRIS AND ESSEX DIVISION OF THE D., L. & W. R. R., TWENTY MILES FROM NEW YORK CITY. IT HAS AN ALTITUDE OF 540 FEET AND IS ONE OF THE HIGHEST POINTS WITHIN THIRTY MILES OF NEW YORK.

THE WALKS AND DRIVES IN SUMMIT AND ITS VICINITY ARE NUMEROUS AND BEAUTIFUL. THE TRAIN SERVICE FROM NEW YORK IS EXCELLENT, WITH FORTY TRAINS DAILY IN EACH DIRECTION. TIME, FORTY TO SIXTY MINUTES FROM BARCLAY, CHRISTOPHER OR TWENTY THIRD STREET FERRIES. TIME FROM NEWARK IS FROM TWENTY TO THIRTY MINUTES.



RUSTIC BRIDGE

THE
PORCH



SUMMIT IS SITUATED UPON THE TOP OF A SPUR OF THE ORANGE MOUNTAINS AND ITS HEALTHFULNESS IS UNSURPASSED. THE GROUND SLOPES AWAY IN ALL DIRECTIONS AND THE SOIL, A DEPOSIT OF SAND AND GRAVEL, ALLOWS FREE DRAINAGE.

THE WATER SUPPLY IS UNLIMITED AND PURE. THE SEWERAGE SYSTEM IS ENTIRELY SATISFACTORY.

FAIR OAKS IS CONDUCTED STRICTLY UPON PROFESSIONAL LINES
AND THE PRINCIPLES GOVERNING TREATMENT ARE RATIONAL AND
SCIENTIFIC.

THE INSTITUTION HAS A MODERN ELECTRO-THERAPEUTIC AND
HYDRO-THERAPEUTIC EQUIPMENT AND IS WELL PROVIDED WITH OTHER
WELL RECOGNIZED ADJUNCTS TO TREATMENT,—VIBRATION, OSCILLA-
TION, PHOTOTHERAPY.

DIETETIC TREATMENT RECEIVES CAREFUL ATTENTION.



DINING
ROOM
CONSERV-
ATORY

BEECH-
WOOD
GROVE



IN THE NEWER TREATMENT OF STATES OF DEPRESSION, NEURAS-
THENIA, HYPOCHONDRIA, HYSTERIA AND CERTAIN OTHER NEUROSES,
ELECTRICITY AND TONIC BATHS ARE INDISPENSABLE, AND THE NE-
CESSITY FOR SANATORIUM TREATMENT IN THE MAJORITY OF THESE
CASES IS WELL RECOGNIZED. THE CHANGE OF SURROUNDINGS, IN-
TELLIGENT MEDICAL SUPERVISION AND THE ROUTINE OF TREATMENT
ALL TEND TO PROMOTE RECOVERY.

THE IMPORTANCE OF HYDRO-THERAPY IN THE TREATMENT OF NERVOUS CONDITIONS CAN HARDLY BE OVERESTIMATED. THE RESULTS OBTAINED GIVE TO THIS METHOD OF TREATMENT, WHEN PROPERLY ADMINISTERED, A DISTINCTIVE PLACE AMONG THE REMEDIAL MEASURES OF NERVOUS THERAPEUTICS.

WE HAVE INSTITUTED AT FAIR OAKS THE SYSTEM PRACTISED AT THE CLINIC OF PROFESSOR WINTERNITZ, OF VIENNA, AND HAVE INSTALLED A COMPLETE AND MODERN EQUIPMENT FOR THE SCIENTIFIC ADMINISTRATION OF BATHS.



HYDRO-THERAPY ROOM



LIBRARY

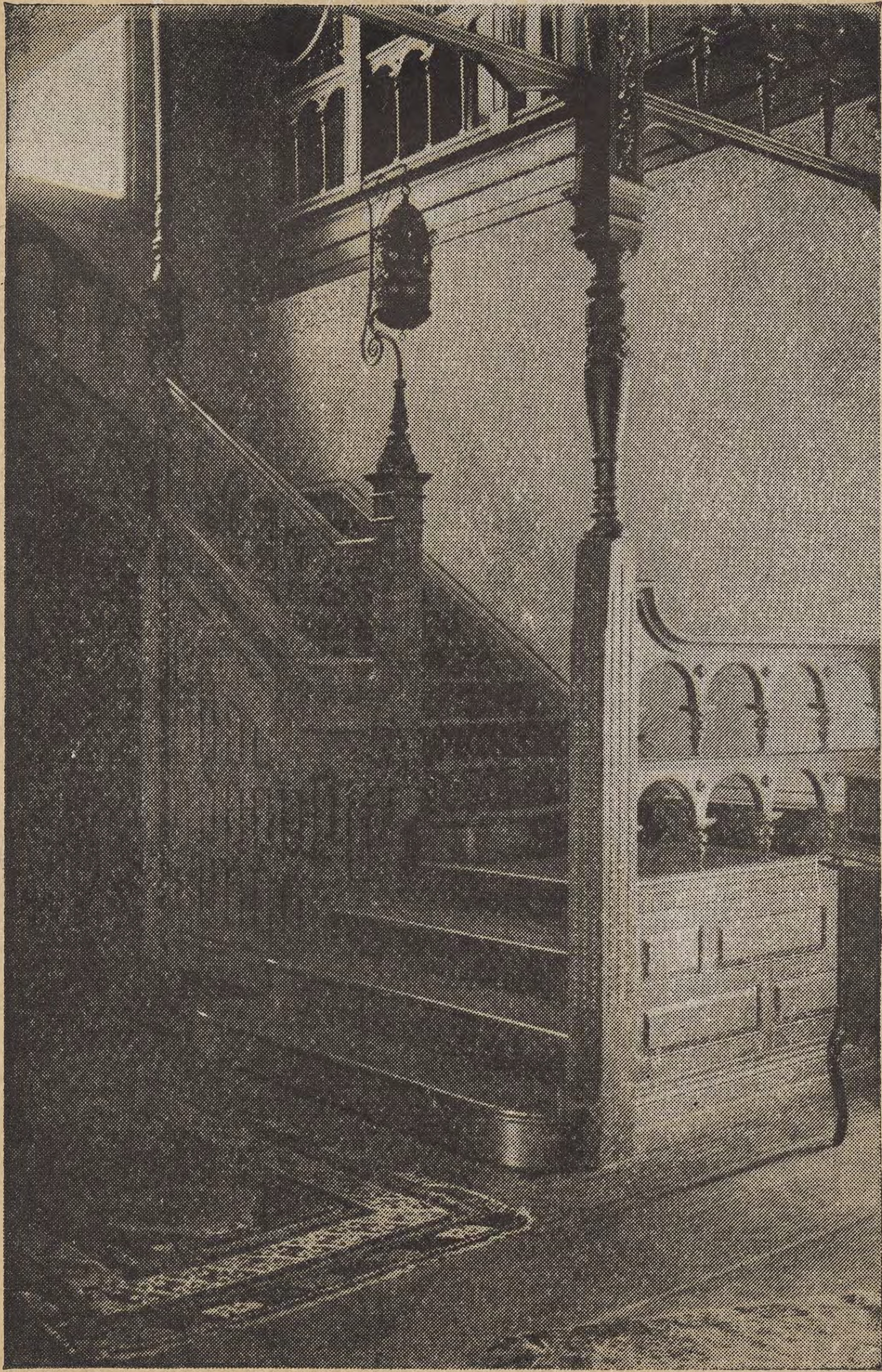
THE LIMITED NUMBER OF PATIENTS WHICH CAN BE ACCOMMODATED AT FAIR OAKS, (23) INSURES INDIVIDUAL ATTENTION, WHILE THE HEALTHFUL LOCATION, HOMELIKE SURROUNDINGS AND ACCESSIBILITY RENDER IT AN IDEAL PLACE FOR ITS PURPOSE.

CASES OF NERVOUS EXHAUSTION DUE TO THE STRESS AND STRAIN OF BUSINESS OR OTHER CARES, WILL FIND FAIR OAKS AN IDEAL PLACE FOR REST AND RECUPERATION.

THE INSTITUTION ACCEPTS NONE BUT VOLUNTARY CASES.

CASES OF SPINAL CORD DISEASE, REQUIRING MANUAL AND ELECTRICAL TREATMENT AND SYSTEMATIC FORMS OF EXERCISING, RECEIVE THE ATTENTION THEIR CASES DEMAND.

THE NUTRITIONAL AND METABOLIC DISTURBANCES SO COMMON TO EXHAUSTED NERVOUS STATES, RECEIVE SPECIAL CARE AND ATTENTION.



STAIRWAY



HALL

THE NURSING OF NERVOUS INVALIDS IS OF SUCH IMPORTANCE THAT WE HAVE ESTABLISHED AT FAIR OAKS A TRAINING SCHOOL IN WHICH PUPIL NURSES ARE TAUGHT NOT ONLY THE RUDIMENTS OF NURSING BUT ARE ALSO INSTRUCTED IN BATHS AND BATHING ELECTRO-THERAPY, VIBRATION, MASSAGE AND PHOTO-THERAPY, AND ARE TRAINED IN THOSE ELEMENTS OF MENTAL THERAPEUTICS WHICH ARE SO ESSENTIAL IN THE ACCEPTABLE NURSE.

OUR NEW BUILDING, SHOWN HEREWITH, WAS DESIGNED AND BUILT FOR THE PURPOSES OF A SANATORIUM AND WILL ACCOMMODATE FOURTEEN PATIENTS.

IT IS STEAM HEATED, ELECTRIC LIGHTED AND HAS FIVE BATHROOMS FITTED WITH THE BEST OF MODERN PLUMBING.

IT ALSO HAS AN ELECTRICAL TREATMENT ROOM EQUIPPED WITH A 32 PLATE STATIC MACHINE WITH X-RAY AND HIGH FREQUENCY CURRENTS; FARRADIC AND GALVANIC CURRENTS, VIBRATOR AND OSCILLATOR.

THE BASEMENT HAS A BILLIARD ROOM AND A MODERN HYDRO-THERAPEUTIC ROOM, THE LATTER EQUIPPED WITH THE LATEST AND BEST APPARATUS FOR THE ADMINISTRATION OF ALL FORMS OF THERAPEUTIC AND TONIC BATHS, INCLUDING THE HOT AIR AND ELECTRIC LIGHT BATH.

THE THIRD FLOOR IS GIVEN UP TO A DIET KITCHEN, CLINICAL LABORATORY AND ROOMS FOR NURSES.

OUR RATES ARE AS LOW AS IS CONSISTENT WITH THE MAINTENANCE OF A FIRST CLASS SERVICE



FAIR
OAKS
NEW
BUILDING

FAIR
OAKS
WEST
APPROACH



FAIR OAKS IS CONDUCTED BY DR. ELIOT GORTON AND DR. THOMAS P. PROUT, BOTH OF WHOM HAVE HAD LONG AND VARIED EXPERIENCE IN THE MANAGEMENT OF THE VARIOUS FORMS OF NERVOUS DISEASES.

FOR TERMS OR FURTHER PARTICULARS, ADDRESS

DR. ELIOT GORTON

SUMMIT, N. J.

TELEPHONE 143 SUMMIT.

DR. PROUT,

N. Y. OFFICE, 152 W. 57TH ST.

11 TO 1.30 P. M.

TUESDAYS, THURSDAYS AND
SATURDAYS, AND BY APPOINTMENT.



