

W. K. CARR,

1008 F ST., N.W.

Washington, D. C., Nov. 16 1896

Dear Father:

Your letter duly
recd. Am glad to hear that
you are not ^{now} looking entirely
on the blue side of affairs.
You will recall the fact that
I wrote you a year or more
ago, warning you against this
tendency, & telling you what
you would have to expect.
An honest, sensitive man
with waning political fortunes,
& no more offices to bestow
Great Lord, what an unenvi-
able position to occupy! But
forewarned is fore armed. You
know that this has to come,

Any body in the world occupying
the same position would have been
compelled to undergo the same
hardships. But there is always
one antidote for these things - a
busy mind, busy with external
affairs. However, never let it
run into introspection, for that
is hopeless ruin. Even the
rich & healthy, with nothing to
worry them, will, under such
conditions, go to ruin both
mentally & physically. I have
seen so, so many cases of this
that it absolutely frightens me
when my mind turns back on
itself. But this is never for
any length of time, because
I crush it out with a thous-
and ^{schemes} with which at will I
can fill my thoughts. What
I say is absolutely true, there

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is no mystery about it, It is the result of a natural law, & just as readily explained as thousands of other mental phenomena, If I had the time to explain I could readily convince you that this tendency & intemperance, if indulged, would soon bring the human race to the most hopeless condition, Herein lies the advantage of a scientific education, or rather some acquaintance with mental & physical phenomena, It gives the person thus acquainted the tremendous advantage of an excellent reason for his actions, & warns him against

certain others which must inevitably lead to his deterioration & destruction.

I have been looking into the matter of a school for Eleanor. I have not yet a decided, but either Notre Dame or Georgetown, it seems to me, would be best. At the former the expense would be about \$160. for the second half of the session - from Feb 1st to June 1, Eleanor has, it appears to me, a decided talent for caricature drawing. It ought to be cultivated, for it is the best paying business into which a woman may go. Have you looked after those two books for me - Resourcers of N.C.? Mr Bruner, I believe, was getting them up. M. joins me in much love.
Sincerely & affly Boston.