

PIRATE PREVIEW



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JENNIFER SIEG | THE EAST CAROLINIAN

The East Carolinian's Editor-in-Chief Emily Peek poses with a newspaper in front of the Pirate Media 1 office in Mendenhall.

Letter from the Editor-in-Chief

Emily Peek
TEC STAFF

Welcome aboard, Pirates!

Congratulations on starting your new journey at East Carolina University and welcome home from the editor-in-chief of The East Carolinian (TEC), ECU's student-run newspaper!

Your next four years here will arguably be some of your favorites. You'll make new friends and memorable experiences, as well as get a taste of freedom for the first time while you navigate your first time living away from home. However, just remember, feeling homesick is normal in the beginning, but once you get accommodated and make a few friends, you'll never want to leave.

ECU is a special place full of Pirate pride, enthusiastic students and rowdy sports fans. It's a place you'll learn to call home. Whether your cup of tea is athletics, theater, dance, journalism, art or anything else, you'll find your place where

you fit in at ECU.

As I prepare for my senior year here, I can't help but think back to how I felt when I was starting out in Greenville, North Carolina, just a few years ago. You'll have many firsts here. Your first orientation, your first roommate, your first football game and your first class. Most importantly though, you're about to become a part of Pirate Nation.

The best advice I've learned through my time here is to step out of your comfort zone. Take that intriguing class, go to that campus event, make friends with the people in your dorm and join that club. While I had a great freshman year, I can confidently say I didn't truly find my place at ECU until I joined TEC, and that being said, one of my biggest regrets is not joining a year earlier.

While college is said to be the best four years of your life, and it definitely can be, there will always be some tough times. School will start to get stressful, you'll find

yourself in Joyner Library at 2 a.m., and you'll start to miss your parents' home cooking. However, some of your best memories can be made during those late nights in the library, or when you're at the dining hall wondering what to eat.

Not specific to ECU, staying safe while living in a new college town should be one of everyone's main concerns. After living here for the past three, almost four years, I have learned to carry pepper spray, memorized the ECU Transit bus's hours of operation and remained aware of my surroundings.

One of the most important things to remember while you're here is that time truly flies by. It feels like just yesterday when I moved onto College Hill and met some of my now best friends.

So, remember to soak these next four years in, and welcome home, Pirates!

This writer can be contacted at
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Chancellor discusses ECU leadership



CONTRIBUTED BY ECU NEWS SERVICES

Chancellor Rogers and former SGA President Chandler Ward paint the first accessible icon during an event in April 2022.



CONTRIBUTED BY ECU NEWS SERVICES

Chancellor Philip Rogers greets fans in The Jungle at Clark-LeClair Stadium during an ECU baseball game in March 2022.

Kristin Outland
TEC STAFF

To ease the transition of incoming students, Chancellor Philip Rogers discusses his role in leadership and provides words of advice for the incoming class of 2026.

Rogers wrote in a written statement that it has been

an honor to serve the community of East Carolina University, as he grew up in Eastern North Carolina and cares passionately about the region.

“I enjoy being out and interacting with Pirate Nation - visiting classes, walking around campus and engaging in opportunities to meet with students and faculty,” Rogers

wrote.

Rogers wrote that his role as chancellor is often filled with long days of important work that went towards benefiting the ECU community as well as NC.

His role as chancellor is filled with important work to better the region and state, Rogers wrote, and he is often astonished by the amazing work and dedication that takes place every day by students, faculty and staff who work together to make ECU a great establishment.

“I can say with confidence that I begin each day reflecting on how I will advance ECU’s mission of student success, public service and regional transformation,” Rogers wrote.

ECU’s mission is the reason students, faculty and staff stay at East Carolina, Rogers wrote. He wrote that he believes it’s important to keep these values as they are his main focus for everything he does as chancellor.

Rogers wrote that he looks forward to having new Pirates on campus and encourages them to join the university in experiences of on-campus traditions.

“My best piece of advice for our first-year students is to get involved on campus,” Rogers wrote. “It’s the best way to meet people and get the most out of your time at ECU.”

A look into ECU’s leadership positions

- **Interim Provost and Senior Vice Chancellor for Academic Affairs:** *Grant Hayes*
- **Vice Chancellor for Student Affairs:** *TBD*
- **University Counsel and Vice Chancellor for Legal Affairs:** *Paul H. Vigas*
- **Vice Chancellor for University Advancement:** *Christopher Dyba*
- **Interim Vice Chancellor for Health Sciences:** *Ron Mitchelson*
- **Interim Vice Chancellor for Research, Economic Development and Engagement:** *Michael Van Scott*
- **Vice Chancellor for Administration and Finance:** *Stephanie Coleman*
- **Chair of the Board of Trustees:** *Scott Shook*
- **Senior Vice Chancellor for Academic Affairs:** *Robin Cogger*
- **Associate Vice Chancellor:** *Eric Kneubuehl*
- **Associate Vice Chancellor, Dean of Students:** *Roeder Lynn*

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A letter to my freshman year self



JAYLIN ROBERTS | THE EAST CAROLINIAN

Student Government Association President Ryan Bonnett poses with peedee.

To my freshman self,

I want to start this off by easing your mind a little. You made the right decision. Going into my fourth year here, I could not imagine myself

“ Don’t take it for granted because it doesn’t last forever.”

-Ryan Bonnett

anywhere else. ECU and Greenville have so much to offer that it is almost overwhelming. You would never imagine how much you’ll change and how far you’ll come, even if I told you. There will be ups and downs, highs and lows, but the next four years will be the best of your life. I’ve been taught a lot of life lessons over the past 3 years; some came painlessly and others not so much. So, I wanted to take a minute and try to give you a little head start on everyone else and save some of those pains. If nothing else, try and do these three things to capitalize on your college experience:

Networking

I cannot emphasize enough the importance of getting involved and getting your name out there. BE SOCIAL! Being able to have a conversation with someone and make a connection is an unbelievably valuable skill. Whether that is just staying after class and talking with your professor or making a friend at the bar (once you’re 21). Do anything to get involved, join one (or more) of the over 500 student organizations on campus. Joining a fraternity was hands down the best decision I made in college and opened a multitude of doors.

Be Smart

You are about to face a lot of new freedoms and responsibilities so it’s important to think before you act. Living independently comes with

a bit of a learning curve. Mama isn’t there to make you mac and cheese when you get home from school anymore. Although Ms. B at the West End dining hall has you covered (you’ll understand later). There will be a lot of outside pressures so it’s important to keep a good mental headspace and make good decisions.

Always Be Uncomfortable

College is a time of unbelievable growth, both in the classroom and as a person. By staying comfortable with where you are at, you are missing out on potential growth. Going out of your comfort zone will help you improve so many aspects of your life. The city of Greenville honestly has a lot to do and see, you just have to go find it.

You’re about to meet a lot of new people, learn a lot in the classroom and about yourself, and make a lot of mistakes, but enjoy every minute of it. My last piece of advice is to appreciate what you have around you. There will be big moments in your college career that are worth celebrating, but it is the little moments that will leave the most impact. Your favorite memories will be sitting with your friends in the dining hall, going out on a random Monday, and an impromptu slip n slide day when it’s 90 degrees in August. Oh, and when you’re late to that biology test and don’t have a blue scantron, just go up to the SGA office and grab a free one. Entering my last year of college now, it is crazy to think back to when you moved into the dorms or went to your first football game. Don’t take it for granted, because it doesn’t last forever. There will never be another time in your life when you can live with your best friends and have relatively few responsibilities beside school and work.

Stay safe and have a great freshman year!

Ryan Bonnett

ACADEMIC SCHEDULE

FALL

2022

AUG.

19

Faculty Convocation at 9:00 am; Faculty Meetings Advising, registration and schedule adjustments

22

Classes begin; schedule adjustments.

26

Last day for registration and schedule adjustments (drop / add), by 5:00 pm



SEPT.

02

Census Day (Official enrollment count taken at 5:00 pm.)

05

State Holiday (no classes)



OCT.

08-11

Fall Break begins on the 8th and ends on the 11th.

12

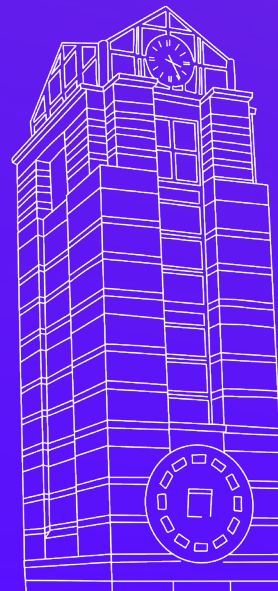
Classes resume at 8:00 am Wednesday, October 12.

24-28

Advising for Spring Semester 2023

31

Last day for undergraduate and graduate students to withdraw from term-length courses or withdraw from school without grades, by 5:00 pm; block courses may be dropped only during the first 60% of their regularly scheduled class meetings.





NOV.

04 Early registration for special populations begins at 1:00 pm.

07 Registration for Spring Semester 2023 begins.

08 Election Day / Civic Engagement Day

22 Survey of Student Opinion of Instruction becomes available, Last day for undergraduate students to submit work for removal of incompletes given during Spring or Summer Sessions 2022

23-27 Thanksgiving Break begin

28 Classes resume at 8:00 am Monday, November 28.

DEC.

05 Last day for graduate students to submit work for removal of incompletes given during Fall Semester 2021, Classes end; last day for Survey of Student Opinion of Instruction (SSOI); last day for submission of grade replacement requests.

06 Reading day

07 Final exams begin

14 Exams for fall semester end

16 Commencement, grades due at 4:30 pm.



ECU SHS offers resources to students

Markayla McInnis

TEC STAFF

Students are encouraged to visit Student Health Services (SHS), an East Carolina University clinic that offers many services to the ECU community, for check-ups, pharmacy pick-ups, X-rays, ultrasounds and more.

According to the SHS website, its mission is to provide accessible quality health care services to eligible members of the university community. The SHS has two clinics, one on ECU's Main Campus and the other on the Health Sciences Campus located off of Fifth Street. Both campuses are open to all students.

SHS Staff physician Leanna Thorn said there are seven full-time practitioners, multiple nurse practitioners and physician assistants at the Main Campus location. Services there include LGBTQ+ health, mental health care, nutrition, personal safety and sexual assault assistance, reproductive and sexual health care, and triage care. General medicine, immunizations lab, a pharmacy and an allergy clinic are also included in the SHS services.

"We are a full-service clinic. Anyone who is an ECU student

serve," Thorn said. "Our goal, of course, is to improve the health of ECU patients."

Some of the more advanced services the SHS provides are X-rays. Thorn says inside the Main Student Center side of the main campus location there are machines that can do scans from as small as a toe, an ankle, and even chests in scenarios like pneumonia.

Thorn said there is also a radiology technician that comes in once a week to do ultrasounds for cases like pregnancy and gallstones, as well as breast, testicular and kidney ultrasounds.

ECU is part of the Student Health Insurance Plan (SHIP) that the UNC Board of Governors approved and implemented in all 16 four-year campuses throughout North Carolina. ECU requires health insurance for each student, so if students come to school without health insurance, SHIP is automatically added to a students' tuition costs.

Non-ECU insurances accepted at SHS are Aetna, Blue Cross Blue Shield, Cigna, Coventry, First Health Network, MedCost, TRICARE East and UnitedHealthcare. Students are able to waive out of SHIP with proof of coverage through one of these providers.

"As far as providers go, we can see anything, there's nothing that you shouldn't walk in for," Thorn said. "Nobody should be scared to come in, we do a lot."

Associate Director for Clinical Operations Ellen Goldberg said ECU is no longer conducting COVID-19 testing on a larger scale since there are no testing requirements anymore.

Though, Goldberg said the SHS still have tests available for students in need of one.

However, the SHS is still responsible for tracking students that test positive, as well as required to stay in contact with them until their isolation is complete. SHS also offers the Johnson and Johnson and Moderna COVID-19 vaccines.

"Students can still make an appointment if they need either their second (vaccine) to finish their initial series or if they're due for a

booster dose," Goldberg said.

"We are still doing some contact tracing and doing class release notes and things like that, monitoring of students that are sick with COVID (-19)."

As for the SHS over the summer, both locations will remain open, Goldberg said. The only slight change for the summer is that there are no weekend hours offered like during the fall and spring semesters.

Senior communication major Kellie Proctor said that in her four years at ECU, she has used SHS services various times. She said overall her experiences have gone well. Proctor said that the SHS has a well-rounded variety of services offered.

"Appointments are super easy to make. I have never used the online version of appointment making but calling in, I've never had a problem with," Proctor said. "The call usually only lasts for maybe five minutes so it's a win for me with my busy schedule."

Get in contact with SHS:

General number: (252) 328-6841

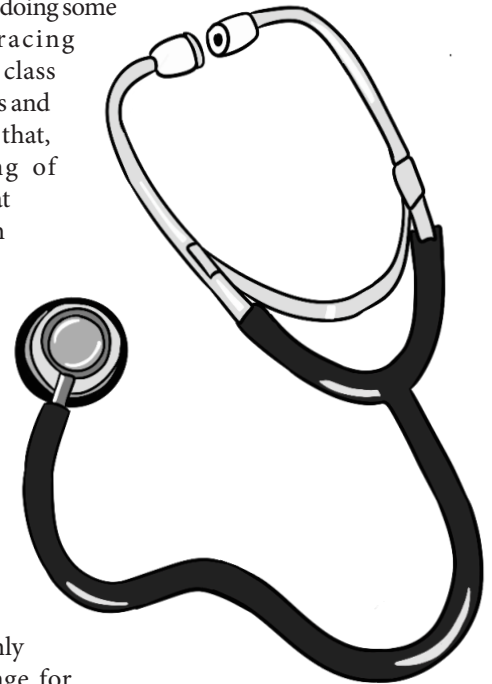
After hours number: (252) 328-6841

Email: gotquestions@ecu.edu

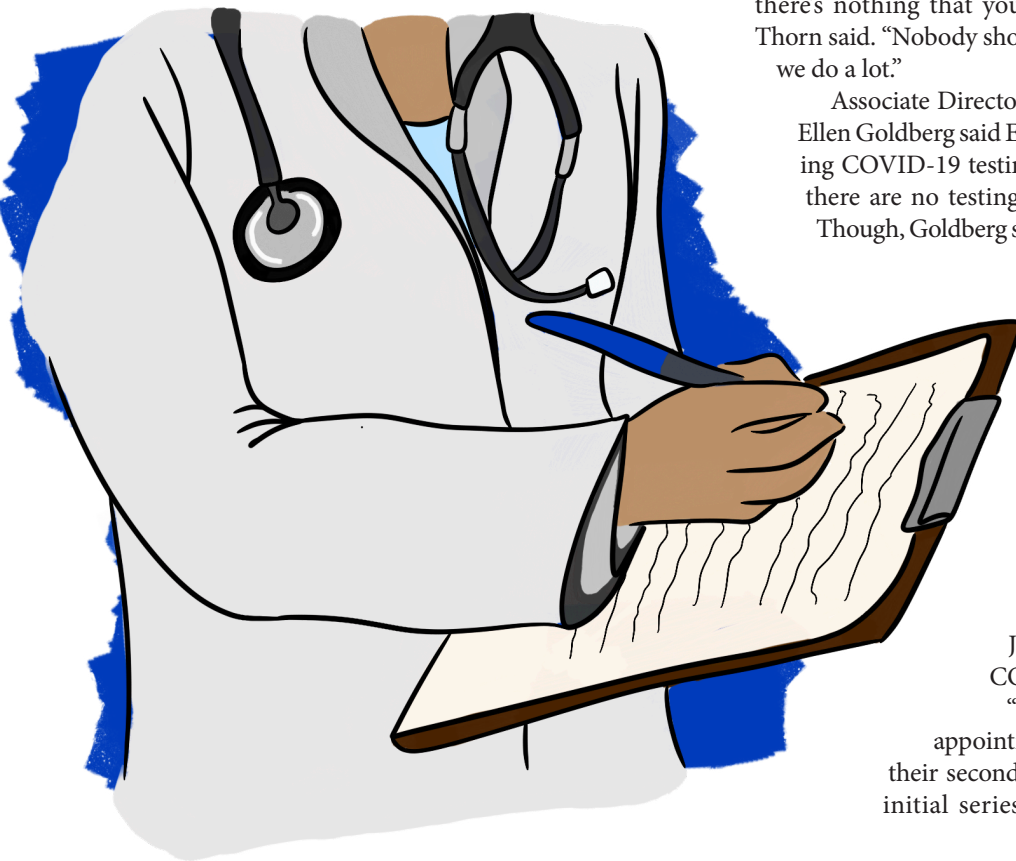
Visit: Monday through Friday from 8 a.m. to 5 p.m.

Make an appointment: through ECU Pirate Chart

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ILLUSTRATIONS BY AUDREY MILKS



ILLUSTRATIONS BY AUDREY MILKS

A sneak peak into ECU's student organizations

Emily Peek
TEC STAFF

Jala Davis
TEC STAFF



East Carolina University offers a multitude of organizations and clubs for students to join, enhancing students' involvement and engagement on campus. Below is a sneak peak into a few of ECU's offered clubs.



Scan this QR code to explore all of ECU's student organizations.

Best Buddies

According to the Engage website, the Best Buddies club aims to connect ECU students with their "buddy," or a student with Intellectual and Developmental Disabilities (IDD). Buddies form a one-on-one friendship by hanging out twice a month and communicating by phone once a week. The buddy to buddy connection promotes the inclusion of those on campus with IDD's.

Contact: bestbuddiesecu@gmail.com

Black Student Union

The Black Student Union, according to the Engage website is an organization that encourages union between students while celebrating, highlighting and engaging in black success. The club hosts events, participates in community service activities and spreads awareness about black issues and movements to the East Carolina University student body.

Contact: Bsu@ecu.edu

Body Positive Pirates

The Body Positive Pirates club, which is open to each and every ECU student, enhances a safe campus community and "redefines" beauty on campus, according to the Engage website.

Contact: bodypositivepirates@gmail.com

Dance Xtensions

For those interested in choreography and dance, the Dance Xtensions club, according to the Engage website, promotes the love of dance for students throughout their time in college. Open to all types of dancers and all levels,



GABRIELLA GALVAN | THE EAST CAROLINIAN

A womens club rugby team talks to attendees at Barefoot on the Block where multiple student organizations held tables.

the club meets weekly and puts on a showcase at the end of each spring semester.

Contact: dancextensionsecu@gmail.com

Dr. Jesse R. Peel LGBTQ Center

According to the Engage website, the Dr. Jesse R. Peel LGBTQ Center serves all parts of the ECU community. The center enhances support to Pirates of all gender identity, gender expression and sexual orientation. The Peel center "offers a safe and welcoming environment" by promoting visibility, acceptance and understanding of the LGBTQ community.

Contact: lgbt@ecu.edu

ECU Ambassadors

The ECU Ambassadors club uses leadership, devotion and passion to serve and represent every member of the ECU and Greenville community, according to the Engage website.

Contact: ecuambassadors@ecu.edu

ECU Magnolia Belles

The Magnolia Belles are a student-led music organization for ECU women to create music with their voices. According to the Engage website, they practice a variety of songs in which they only use their voices and tap into different genres to perform on campus and at other community events.

Contact: magnoliabelles@ecu.edu

ECU Purple Pantry

The Purple Pantry focuses on combating the issue of food insecurity on campus by making essential food and daily items available to all Pirates, according to the Engage website. The organization's mission includes promoting access to such items, as well as decreasing food insecurity and educating "the greater campus" about the prevalence of the issue.

Contact: howardl16@ecu.edu

G.O.L.D. Leader Series

According to the Engage website, the G.O.L.D. Leader Series is a program that promotes leadership and service amongst students. Students are allowed to create their own ways of leading and must choose from a list of activities to attend in which they can earn credit. Contact: studentorganizations@ecu.edu

Pirates Give

Pirates Give, a student-led organization, combines periodic and national days of service to provide support and resources to ECU organizations in need of service events and planning, according to the Engage website.

Contact: dennisa15@ecu.edu

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Local, late night eats to explore

Jala Davis
TEC STAFF

As an incoming college student, dining options can feel especially limited. For those tired of the dining hall or eating at the same few options that are on campus, here are ten restaurants close to East Carolina University’s main campus to try out.

OPEN
9-5

Sup Dogs

213 East 5th St. | \$
Known for its reputation in the Barstool Sports Best Col-

lege Bar Competition, Sup Dogs is a casual American style restaurant that serves hot dogs, hamburgers, chicken and an array of appetizers. Alongside the American style dining, the restaurant provides a variety of alcoholic beverages, like its signature Sup Crush.

Hours of operation
Monday: 10:30 to 2:30 a.m.
Tuesday-Sunday: 11 a.m. to 2:30 p.m.

Pirates Deli

810 East 10th St. | \$
Pirates Deli is a New York Style Delicatessen located right across from main campus. The menu gives students a wide variety of items to choose from such as breakfast sandwiches, burgers, salads, sandwiches and fresh squeezed juices. They also offer ready to go convenience items.

Hours of operation
Monday-Friday: 7:30 a.m. to 9 p.m.
Saturday: 8:30 a.m. to 9 p.m.
Sunday: 9:30 a.m. to 7 p.m.

Angus Grill

201 South Jarvis St. | \$
Serving a wide variety of custom style burgers alongside an array of other American classics, Angus Grill is the perfect place for food and fun. Located on the grid on South Jarvis St., Angus Grill is less than a five-minute drive from ECU’s main campus and is the closest location to campus.

Hours of operation
Sunday-Thursday: 11 a.m. to 10 p.m.
Friday-Saturday: 11 a.m. to 11 p.m.

Starlight Café and Farm

104 West 5th St. | \$\$

In their quaint Uptown Greenville location, Starlight Café and Farm serves dishes with locally sourced ingredients from farms and fishermen in North Carolina. More on the pricy side of the dining options, Starlight Café and Farm aims to provide quality dishes for those who dine with them and is available for curbside or dine in services.

Hours of operation
Tuesday-Thursday: 5:30 to 9 p.m.
Friday and Saturday: 5:30 to 10 p.m.
Sunday and Monday: Closed

The Scullery Coffee House and Creamery

431 Evans St. | \$\$
The Scullery Coffee House and Creamery offers a relaxing environment where one can enjoy an array of breakfast options, soups, salads, sandwiches, coffee and much more. With a menu full of options, you are sure to find something you enjoy.

Hours of operation
Monday-Friday: 7 a.m. to 2 p.m.
Saturday: 8 a.m. to 3 p.m.
Sunday: Closed



ILLUSTRATIONS BY OLIVIA MAGISTRO

LATE NIGHT

Insomnia Cookies

116 East 5th St. | \$\$

When in need for fixing a late-night sweet tooth, Insomnia Cookies is the place to be. Designed with late night cravings and college students in mind, Insomnia offers a variety of classic cookie flavors such as chocolate chunk, snickerdoodle, and sugar. They also have some unique flavors on their menu such as berries n' cream, double mint chocolate chip, as well as vegan options.

Hours of operation

Monday-Wednesday: 11 to 1 a.m.

Thursday and Friday 11 to 3 a.m.

Saturday: 12 p.m. to 3 a.m.

Sunday: 12 p.m. to 1 a.m.

Wings Over

1400 Charles Blvd. | \$\$

With a wide variety of flavors and combinations, Wings Over Greenville is the place to be when you have a late-night craving. Serving wings, tenders, sandwiches, wraps, salads and sides, Wings Over has something for everyone.

Hours of operation

Monday-Thursday: 4 p.m. to 1 a.m.

Friday: 4 p.m. to 3 a.m.

Saturday: 11 to 3 a.m.

Sunday: 12 p.m. to 1 a.m.

Jack Brown's Beer and Burger Joint

805 Dickinson Ave. | \$\$

If you're in need of a burger, Jack Browns is the place to be. With a very simple menu of just burgers, sides, and alcoholic beverages, Jack Browns is a place for food, friends and fun.

Hours of operation

Everyday: 11 to 12 a.m.

The Blackened Kraken

123 East 5th St. | \$\$

If you're looking for a vacation without actually traveling, visit The Blackened Kraken for a New Orleans style menu. Serving burgers, seafood, po boys and much more, there is surely something for you to indulge in. The Blackened Kraken also offers a brunch menu on the weekends.

Hours of operation

Monday-Thursday: 11 a.m. to 11 p.m.

Friday and Saturday: 11 to 12 a.m.

Sunday: 11 a.m. to 10 p.m.

Jimmy Johns

540 Contanche St. | \$

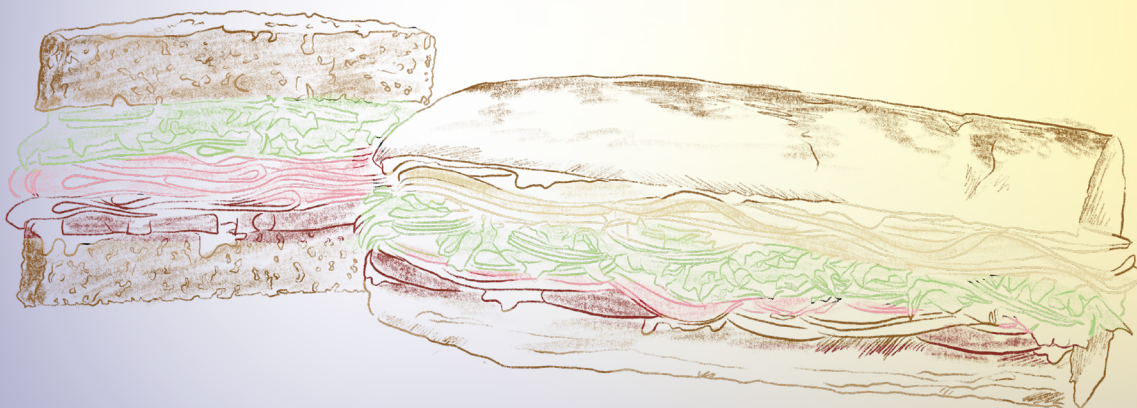
Jimmy Johns is the spot for a late-night craving after a night on the town. Just minutes from ECU's main campus, Jimmy Johns serves a menu full of customizable sub options.

Hours of operation

Sunday-Wednesday: 10:30 to 12 a.m.

Thursday-Saturday: 10:30 to 3 a.m.

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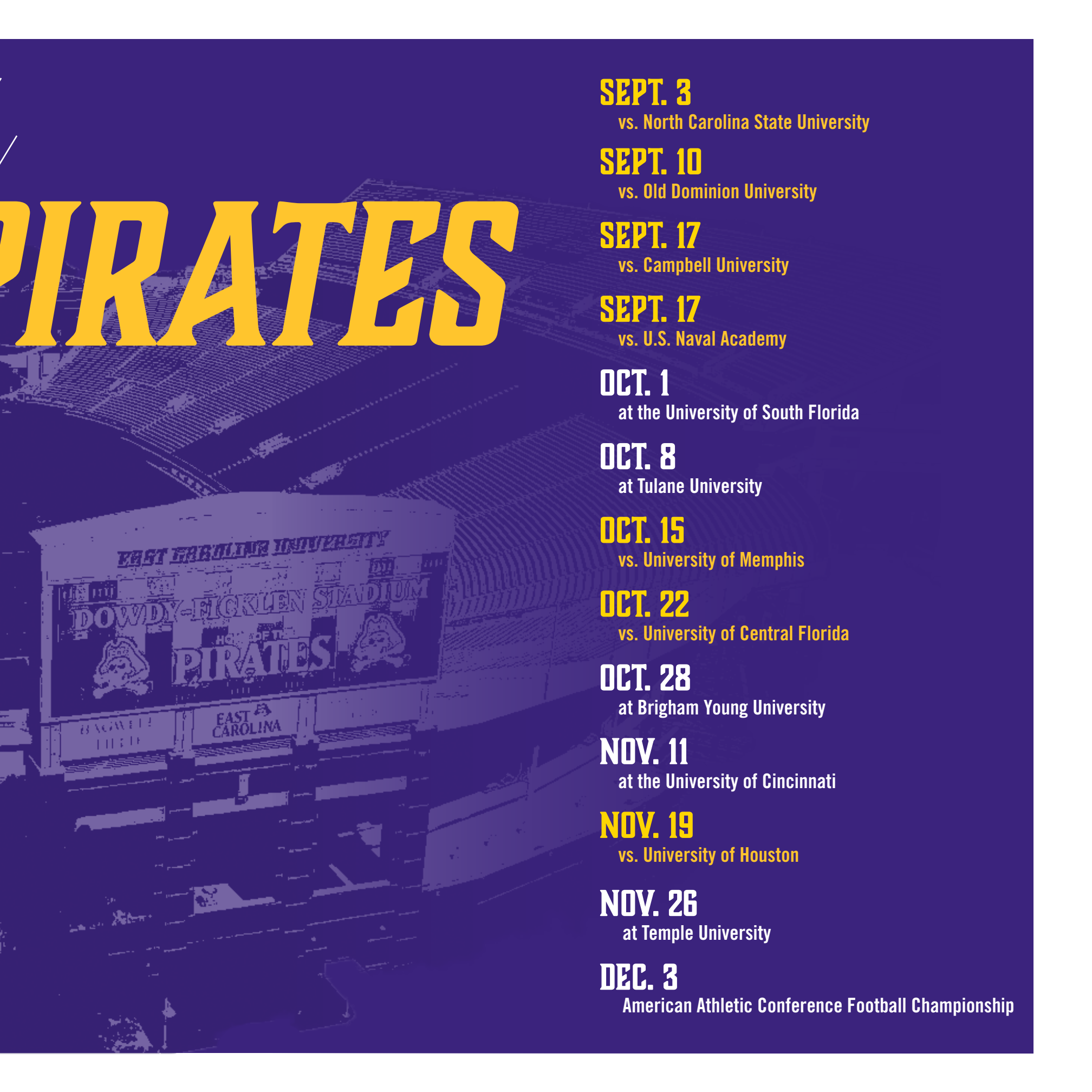
ILLUSTRATIONS BY OLIVIA MAGISTRO

EAST CAROLINA



2022 FOOTBALL SCHEDULE

COURTESY OF ROB GOLDBERG | ECUPIRATES



PIRATES

SEPT. 3

vs. North Carolina State University

SEPT. 10

vs. Old Dominion University

SEPT. 17

vs. Campbell University

SEPT. 17

vs. U.S. Naval Academy

OCT. 1

at the University of South Florida

OCT. 8

at Tulane University

OCT. 15

vs. University of Memphis

OCT. 22

vs. University of Central Florida

OCT. 28

at Brigham Young University

NOV. 11

at the University of Cincinnati

NOV. 19

vs. University of Houston

NOV. 26

at Temple University

DEC. 3

American Athletic Conference Football Championship

How to utilize your academic advisor

Kiarra Crayton

TEC STAFF

East Carolina University's academic advisors are at service to students to help them navigate their academic journey, answer an array of questions and are important to utilize throughout their time in college.

Katie Butler, an ECU academic advisor for the College of Business, said the academic advisors at ECU will work with their students on achieving the students academic goals for the semester. An advisor's general goal for each of their students is to graduate on time. It is sometimes easier for an advisor to help set and reach students' goals if they know you personally, Butler said.

Butler said advisors are assigned to students once their major is established. Butler said based on a student's major, an advisor will contact them sometime before or after orientation if they haven't reached out already.

Emails during the summer will typically come from the director of advising for the specific college, and after orientation, Butler said a student's major advisor will reach out about registering for classes.

"We also work with students on goal setting," Butler said. "We talk about some of the more personal circumstances going on in a student's life."

Butler said she has around 500 students this semester. It would be beneficial to make the most out of the meetings with one's advisor, Butler said, especially during peak times like class registration when many become busy and less available due to the other students.



ILLUSTRATIONS BY AUDREY MILKS

ECU academic advisor for the College of Health and Human Performance Sharon McNair said if students have a question about anything university related, advisors can help to guide them in the direction of the best answer. McNair said advisors may be trying to find the best person to provide a student with the most accurate and needed information.

"I think the one message that I really try and drive home to our students is to really establish that relationship with your advisor early," Butler said. "I see a lot of success in the students that I have gotten to know over the years that make meeting with me at least once a semester a priority because I am really able to get to know what makes that student tick and what their passions are."

McNair said the biggest difference from an academic advisor in college compared to a high school guidance counselor is that advisors give you more freedom in the choices a student wants to make regarding their schedule.

Students might be able to find answers to questions simply by looking at the ECU website. It typically takes advisors one to two business days to answer emails, McNair said. If it is an urgent but basic question, she said it might be more beneficial to look online or on Degree Works for the answer.

"We have to take time to look through your situation," McNair said. "I have 350 plus students, every student is completely different so to optimize the advisor, advisee experience communication is really key."

College advisors will give students more options so they can choose what classes they may want to take specific to their major and interests, McNair said. She said advisors guide students through the process rather than the hand holding highschool students are used to.

"I think that's the hugest shift too, is coming from highschool where decisions are made for them to coming to college where I'm saying, 'I am not making a decision for you,'" McNair said. "I am going to help you guide your thinking process through making a decision for yourself."

The best way to contact your advisor is to email them, McNair said. She said a student's banner identification number and name should be included in the email, as well as specific details regarding their question.

For example, McNair said if a student is having registration issues, there's a few specific things they should include in an email to their advisor. She said they should include the error code, the class day, class time, the professor's name and sec-

tion number in their email. She said information like this will help to speed the communication process along because it gives a student's advisor everything they need to help them in the initial email.

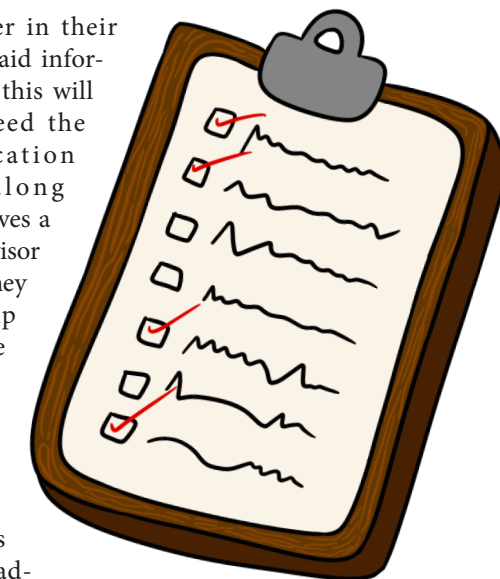
"That type of communication is what makes an advisor-advisee communication best," McNair said.

Another way to reach out to advisors is through Pirate Port. A simple step like clicking "Schedule an Appointment" would take a student to the advisor's open appointments for that week and other future openings. Advisors can meet on the phone, in-person, or through video with students.

Most advisor's offices are located in the Old Cafeteria Complex located at 630 Faculty Way on main campus, with the exception that a student's specific college has a separate office.

What can your advisor do for you?

- Set up your course schedules
- Answer questions about your major
- Help you stay on track for graduation
- Mental check-ins
- Add or drop you from a class
- Help you explore your academic interests
- Aid you in avoiding expensive mistakes
- Help you transition between majors
- Keep you updated with important reminders
- Help you build a career plan



ILLUSTRATIONS BY AUDREY MILKS

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THE EAST CAROLINIAN- Serving as ECU's official school newspaper for nearly a century, The East Carolinian is the main source of news and information on campus. The paper is distributed on Wednesdays and TEC's e-newsletter the Teco Echo is sent out on Fridays, but content is published daily on theeastcarolinian.com. Editorial inquiries may be sent to editor@theeastcarolinian.com. If interested in trying out for the print division, email spellerch16@ecu.edu.

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**PirateTM
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ECU traditions from past to present

Pirates continue to engage in university pastimes

Rachana Charla
TEC STAFF

From as early as the East Carolina Teachers Training School in 1903, which transitioned into East Carolina University in 1967, ECU Pirates have continued to follow traditions, as well as establish new ones every year.

For ECU, traditions look like welcoming incoming Pirates through fall Convocation, dressing up for Halloween and taking to Uptown Greenville for Halloween Havoc, jumping into a freezing pool for the annual Polar Plunge, or singing along to popular artists on the campus mall during Barefoot on the Lawn.

Convocation

Convocation is a welcoming ceremony after the start of school for the university's incoming class of students. Students hear from the current chancellor, vice chancellor of Student Affairs and Student Government Association president, according to the Office of Student Transitions website. The ECU Athletics Departments leads a pep rally, students sing the ECU fight song along with popular chants and cheers, and a class photo is taken by the Office of Student Transitions.

Convocation fosters a sense of community, encourages student involvement and helps students feel like they belong, the website said, as well as celebrates new students' entry into higher education and officially welcomes them to college.

Karen Smith, director of the Office of Student Transitions said the office is in charge of a lot of on campus events like convocation, commencement and orientation. Smith said convocation is a time to get all incoming students together and teach them about Pirate Nation.

"We do purple, gold, we do the fight song, we do the alma mater and we share a bunch of the names of the other events that they should know about, like Get a Clue, Barefoot on the Mall, Polar Plunge," Smith said. "So I think that really helps create that sense of belonging that students are looking for when they come and help them to kind of find their place on campus."

Halloween Havoc

For Halloween, ECU students dress up and celebrate the holiday's many traditions. Halloween Havoc and

"Halloweek" include some of the week-long traditions ECU students participate in for a fun-filled celebration.

Halloween Havoc is hosted by ECU's Student Activities Board as a safe alternative to going out and avoiding the crowds in Uptown Greenville. Halloween Havoc is a free event that offers students food, activities and music from a DJ.

"I do think that it really is important to offer a safe option for students. We know Halloween is a big tradition at ECU, so helping them to be able to celebrate that in a safe way, but still experience that tradition is really important," Smith said.

Polar Plunge

Starting in 1996, Polar Plunge became a staple campus event to make the most of the cold January weather. The event commemorates the day the Eakin Recreation Center opened and hosts Polar Plunge, Smith said. Hundreds of students line up outside the Eakin Student Recreation Center on main campus to jump into the freezing cold outdoor pool. Polar Plunge is a free event where students can get free T-shirts, food, certificates and have fun.

Kendall Norfleet, sophomore elementary education major, said participating in Polar Plunge was a great way to show her school spirit. She said she earned a registered time at the event and saw Chancellor Philip Rogers and SGA President Chandler Ward jump in the pool.

"So, I had to participate (in Polar Plunge) as a part of club sports, but the cool part about it was that we jumped the night we got the first snow in Greenville," Norfleet said. "Like it was actually snowing when I jumped."

Barefoot on the Mall

On the last day of class for every spring semester since 1979, ECU has hosted Barefoot on the Mall, an event with booths from various student organization, outdoor activities like bungee jumping and inflatable bouncy houses, food trucks, free T-shirts, and of course, live music with well known artists of the time.

From the Beach Boys and Earth, Wind & Fire, to Jason Derulo, Future and most recently KCAMP, Barefoot on the Mall has brought big artists to Greenville and has helped to liven up finals week with a day for students to let loose.

Emily Shultz, associate director for freshman recruitment in University Admissions, said events like Barefoot on the Mall represent an active student life on ECU's campus and there are things to do in Greenville from the beginning to the end of the year.

"Barefoot on the Mall is one (event) that we love to advertise in (university) admissions because it is so pretty and looks so cool. Having that happening today on campus on such a nice day, is such a cool way to show students, like this is what you could be doing as an ECU student. And it's free, which is really exciting," Shultz said.

Commencement

ECU graduates are celebrated at the end of the fall and spring semesters with a commencement ceremony. Commencement is a time for students to be recognized and reflect on their accomplishments as they take in their last big undergraduate college event before moving onto the next chapter of their lives.

According to ECU's Commencement website, ECU University Archivist Arthur Carlyson wrote that in 1910, the East Carolina Teachers Training School organized its first Commencement to recognize students who completed the one-year rural teacher education program.

By 1913, Commencement evolved into a four-day affair with music recitals, theatrical performances, religious sermons and an alumni banquet, Carlyson wrote, according to the ECU Commencement website. During the 2007 commencement ceremony, graduates earning bachelor degrees wore purple robes for the first time and Masters and Doctoral graduates continued with black robes and discipline-specific colored hoods, Carlyson wrote, according to the ECU Commencement website.

"It's super exciting to be able to do it in person and back to being back to as normal as we can be at this point. But it really is just to recognize students, our graduates and what they've done and what they've achieved," Smith said. "And a lot of that is why we were here to do our jobs to help students be successful. So to be able to celebrate that with them is really awesome."

This writer can be contacted at
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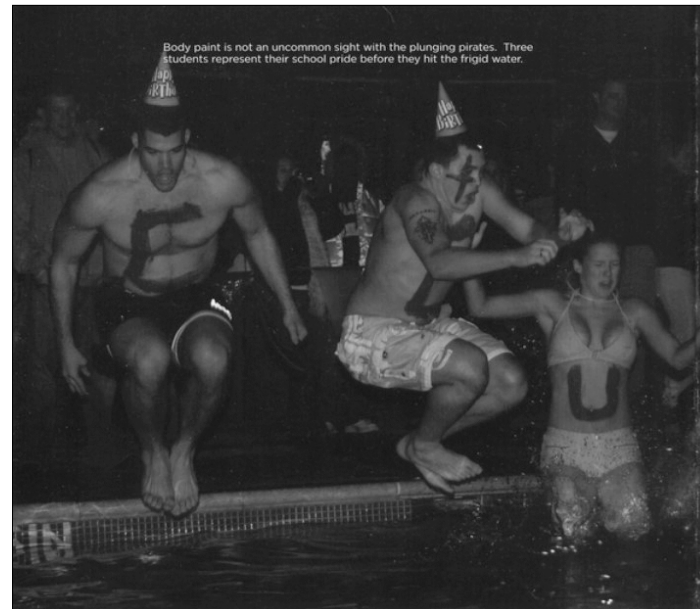
CONTRIBUTED BY UNIVERSITY ARCHIVES

East Carolina University students celebrating Halloween on the corners of 5th and Cotauche Streets in 1981.



CONTRIBUTED BY UNIVERSITY ARCHIVES

East Carolina Teachers College women graduates wear white dresses for the 1932 commencement ceremony.



CONTRIBUTED BY UNIVERSITY ARCHIVES

East Carolina University students participate in the 2008 polar plunge.



CONTRIBUTED BY UNIVERSITY ARCHIVES

East Carolina University students enjoying Barefoot on the Mall in 1980.

A guide to student living at ECU

Breanna Sapp
TEC STAFF

Deciding where you want to live throughout your years at East Carolina University can be a tough decision. Student living apartments can provide a number of benefits, including low rates, parking, useful amenities and a close proximity to campus and Uptown Greenville.

There are many student living apartments to choose from throughout Greenville, each with their own pros and cons. This student living guide will help make your apartment hunting a bit less tedious.

The Davis

3535 E Tenth St

Some amenities included with your stay at The Davis include utilities, washer and dryer, patios and balconies, Wi-Fi, study lounges, a fitness center, a swimming pool, on-site management and maintenance, a community clubhouse and move-in ready units.

Proximity at 10th

306 E Tenth St

Described as “luxury” apartments by Proximity at 10th’s website itself, the complex has many features that add modern comfort to a student’s day-to-day life. Some of these include walk-in closets, ceiling fans, washer and dryer, plank wood floorings, modern furniture and granite countertops. Additional amenities include individual leasing, 24/7 maintenance, inclusive utilities, electronic key entry, a pool, a dog park, a fitness center and study rooms.

The Landing

1920 Exchange Dr

Though the location requires a drive to campus, the Landing offers a number of amenities that are helpful to residents. Community amenities include study rooms, a 24/7 fitness center and computer lab, a club house, a game room, tanning, a pool and on-site maintenance. Apartment amenities include a washer and dryer, fully-furnished units, a patio, Wi-Fi, a dishwasher and intrusion alarms.

Copper Beech Townhomes

2001 Copper Beech Way

The complex offers multi-story apartments and townhomes that are fully furnished with balconies and patios, in-unit washer and dryers, high-speed Wi-Fi, a pool, a fitness center, a shuttle-bus stop to campus and more.

The Eastern on 10th

2301 E Tenth St

Like the Proximity at 10th, the Eastern on 10th offers an array of amenities in addition to luxurious apartment styles. Apartment features include fully-furnished apartments, electronic key-fob entry, patios and balconies, high-speed Wi-Fi and inclusive utilities. Community features include a community pool, a 24/7 clubhouse and gym, study lounges, a self-serve coffee bar and 24/7 emergency maintenance.

Campus Pointe

2230 Greenville Blvd NE

The complex offers apartment amenities such as a dishwasher, an in-unit washer and dryer, high-speed internet and fully-furnished apartments. Community amenities include a TV lounge, fitness center, a pool, tanning beds, package receiving and a clubhouse.

The Jolly Roger

1307 Cotanche St

Apartment amenities at the Jolly Roger include a 50 inch smart television, inclusive utilities and an in-unit washer and dryer, as well as modern touches like quartz kitchen countertops, faux hardwood flooring, a marble bathroom sink and stainless-steel appliances. Community features include a rooftop pool, fitness room, package room, coffee bar and a 24/7 computer and printing lounge.

The Horizon Student Living

2201 Greenville Blvd NE

Some amenities at Horizon Student Living include all-inclusive utilities, fully-furnished apartments, Wi-Fi and private balconies. Community amenities include a 24/7 business and fitness center, a basketball court, fire pits, a dog park and a pool.



ILLUSTRATION BY AUDREY MILKS

University Edge and Dickinson Lofts

550 Pitt-Greene Connector

Apartment amenities include fully furnished apartments, walk-closets, all-inclusive utilities, Wi-Fi and cable access, washer and dryer, and controlled building access. Community amenities include a clubhouse, pool and sundeck, a fitness center, study lounges, a computer lab, firepits and tanning bed access.

The Bower Apartments

1526 S Charles Blvd

The Bower Apartments has many amenities for its residents, with apartment features such as all-inclusive utilities, Wi-Fi, washer and dryer and fully-furnished apartments. Community features include on-site management and maintenance, sports courts, a pool, a 24/7 fitness center, study lounges, on-call staff and a business center with free printing.

The District at Tar River

1725 E First St

Apartment amenities at the District at Tar River

include in-unit washers and dryers, ceiling fans, select fully-furnished homes, Wi-Fi, a dishwasher and short-term leases. Community amenities include a pool, dog park, tanning beds, a fitness and business center, on-site management and maintenance, a clubhouse and package receiving.

Yugo Greenville Uptown

400 S Greene St

Featuring a number of amenities for its residents, apartments at Yugo Greenville Uptown are set with flat-screen televisions, hardwood style flooring, a walk-in closet, washer and dryer, all-inclusive utilities, security and controlled-access to the building, cable and Wi-Fi. Community amenities include a resort-style pool, theater room, 24/7 fitness center and study lounge, rooftop terrace, community cafe and more.

Yugo Greenville Campus Towers

635 Cotanche St

Apartment amenities include a ceiling fan, walk-in closet in select units, fully-furnished apartments, high-speed Wi-Fi and all-inclusive utilities.

The Province

504 Boxelder Way

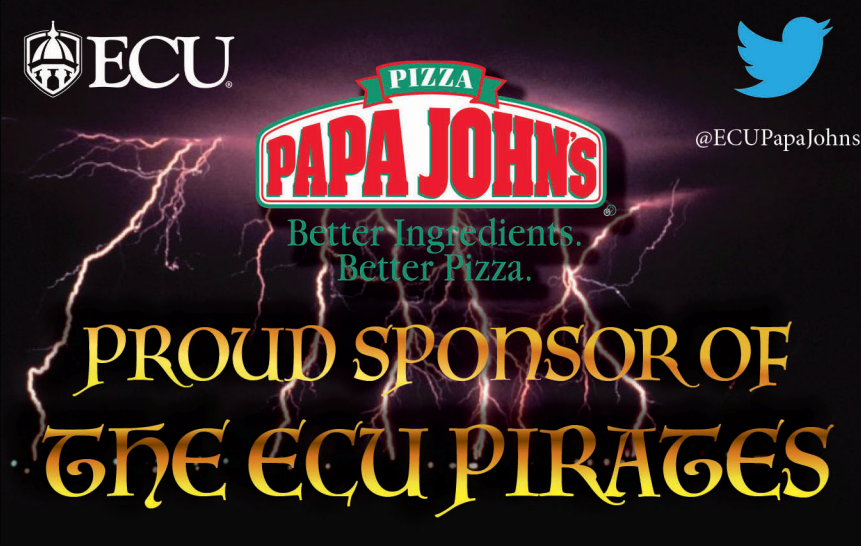
Apartment amenities for The Province include Wi-Fi, walk-in closets, washer and dryer, fully-furnished apartments and balconies for select units. Community amenities include a pool, business and fitness center, a clubhouse, package notification service, on-site maintenance and a student center.

33 East

3305 E Tenth St

Like many student living apartments, 33 East offers many amenities and perks to their residents. Apartment features include high-speed Wi-Fi, washer and dryer, dishwasher, hardwood floors and granite countertops. Community features include a 24/7 fitness center, two swimming pools, a hammock garden, clubhouses, video game consoles, social events, study rooms and 24/7 on-site management.

This writer can be contacted at
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JAYLIN ROBERTS | THE EAST CAROLINIAN

Multiple members at the main campus Eakin Student Recreation Center in a cycling class.

Recreational facilities help students stay fit

Chris Long
TEC STAFF

The Eakin Student Recreation Center (ESRC) and Campus Recreation & Wellness (CRW) at Health Sciences Campuses (HSC) are some of the facilities provided by East Carolina University to stay active on campus during the upcoming semester.

Facilities

The ESRC, located on main campus, has a variety of recreational activities, equipment and services. The ESRC has equipment rentals, locker rooms, an indoor and outdoor pool, weight and fitness areas and equipment, three fitness studios, racquetball courts, an indoor running track and a climbing wall. The facility also has basketball and volleyball courts.

The CRW facility, located on the HSC, is a two-floor facility that consists of a first floor with a multipurpose gym among different sized courts as well as a second floor with exercise equipment. The Well-Being Center offers meditation space as well as massage chairs.

Reservations and Classes

Both campuses also serve as venue spaces for individual classes. According to the CRW website, group classes are available for yoga and cycling amongst

various other classes instructed both live and in-person. Group classes are limited to 10-25 people.

To join classes, a student can download the ECU Campus Recreation and Wellness app and find the "Join Classes" tab or visit the ECU CRW website. There are a variety of times and classes that are all open and available. To become an instructor for one of these classes, one can contact CRW directly.

Guest Policy

Guests are welcome into the facilities with a member. Members are allowed to bring up to two guests with them at a coverage charge of \$5 per day and have access to all equipment and facilities for that day.

Hours of Operation

ESRC

Monday - Thursday: 5:30 a.m. to 8 p.m.
Friday: 5:30 a.m. to 6 p.m.
Saturday: 9 a.m. to 6 p.m.
Sunday: 1 to 8 p.m.

HSC

Monday - Friday: 5 to 9 a.m., 11 a.m. to 1 p.m., 4 to 7 p.m.
Saturday: 12 to 4 p.m., 4 to 8 p.m.

This writer can be contacted at news@theeastcarolinian.com.

A guide to navigating textbooks at ECU

Destiny Miles

TEC STAFF

As East Carolina University students enjoy their summer break, Dowdy Student Stores and Uptown Greenville, North Carolina's University Book Exchange (UBE) prepare to offer textbooks and resources for the upcoming semester.

How to get the textbooks

Assistant Store Manager of Dowdy Student Stores, located in the Main Campus Student Center, Chris Sutton said Dowdy gets its textbooks through communication with professors. Professors inform the store of their required materials and Dowdy then places its orders, preparing for renting and selling of textbooks in-store.

"We partner with publishers, partner with wholesale partners, partner with other book stores even in our company such as Barnes and Nobles college, we get used copies and new copies and source them from all these different locations," Sutton said.

Renting and selling

Some of the textbooks are rentable and some aren't, Sutton said, and if students choose to rent a textbook they are required to bring them back by the last day of finals. There are textbooks for each class, he said, and every department of the university is going to have a textbook.

Students can buy or rent textbooks online or in stores depending on if the books are rentable, as some are only buyable. A lot of textbooks are rentable by students, who are then required to bring them back, Sutton said.

Barnes and Noble College

Any resources and books purchased through Barnes and Noble College Booksellers, like Dowdy, then sell and give a cut to the company, Sutton said. He said ECU does different things with the funds at the end of the year, including scholarships and funding for different areas of campus.

"Barnes and Noble College (Booksellers) is the company that ECU works through and outsources the book store through instead of having it under their own blanket of expenses and projects that they have to manage," Sutton said. "Barnes and Noble College (Booksellers) comes in to do all the staffing and ordering and work directly with the university to give back to students in scholarships and anything like that."

UBE renting, selling and buying

UBE Textbook Manager Mark Brett said the store, located at 516 Cotanche St, is not connected to Dowdy in any way and that the bookstore is privately owned and unaffiliated with the university.

Brett said students can rent, purchase and sell textbooks to UBE throughout the semester. If a student purchases a book from the UBE that can be used in the upcoming semester, he said the bookstore will pay half the new price for it as long as they are not overstocked.

"We always get as many used books as we can because used is cheaper, cheaper is better, used sells better, we'll make more money," Brett said. "We try to be a little

cheaper and get more used books."

Brett said UBE takes a little less money per book if the class includes a high number of students in order for the bookstore to have more customers. Ebooks and rentals are taking over the market now, he said, so the textbook market is drying up a little.

If an ECU professor asks UBE to purchase textbooks for their classes, Brett said the bookstore tries to get used books. If unable to do so, he said UBE will purchase new copies which may be more expensive. If UBE isn't getting used books from students, Brett said the bookstore will order from national book wholesalers that both deal and used books.

"If I got a book left over and I can't sell it next semester, I'll sell it to a wholesaler and if they got the book I need that I can't get from here, I'll buy from them," said Brett.

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ILLUSTRATIONS BY OLIVIA MAGISTRO

All things ECU transportation

Reyna Crooms

TEC STAFF

Leaving one's hometown to come to college can be a scary and overwhelming thought, as students may have concerns about making new friends, where to eat and, of course, transportation.

Below is a guide to all things transportation.

ECU Transit

ECU Transit is here to make the transition into your college career just a little bit easier.

Lee Sasser, fixed-route operations manager at ECU Transit, manages all of the university buses every day. He says he wants freshmen and incoming students to know that ECU Transit has a variety of routes that will take them to and from where they need to go throughout Greenville.

"We have busses start Monday through Friday from 7 a.m. to until 11 p.m., if not later, that take (students) to and from College Hill, West End, Main Campus Student Center to get their cars. If they need to get to the Health Sciences Campus we have buses Monday through Friday 12 hours a day that run every 30 mins that take from the Main Campus Student Center over to the Health Sciences Campus," Sasser said.

Tracking routes

Students also have the option to use ECU Transit On-Demand, also known as SafeRide, to get to and from campus after bus hours. Sasser said if students need to get to the airport or to a proctoring center to take a test, they have the option to schedule a ride in advance.

"We have Transit On-Demand, which is a free version of Lyft or Uber and a very safe alternative to using Lyft or Uber. A lot of our drivers go through extensive training. They (students) have to have their 1 Card, our vehicles are maintained very frequently, always cleaned every day. We are still doing the COVID(-19) standards as far as cleaning vehicles," Sasser said.

Students can use the TransLoc app to schedule a ride to any off-campus location, Sasser said. Students can also use ECU BusTime, which can be used to find out more information about a specific bus.

Through BusTime, one can find the exact location of a bus, when it will arrive at a certain stop and how full the bus is. Sasser recommends that students visit the ECU Transit website and study the bus routes to gain a better

understanding of the ins and outs of the transportation system, he said.

Safety

Sasser said he wants students to know to never be afraid to speak up and communicate their needs. He said ECU Transit employees would never want a student to be in an unsafe situation where they feel lost or like they have no way home. ECU Transit also makes rider guide books that can be found in the campus Neighborhood Service Offices, dorms and the Main Campus Student Center.

"If you need help trying to learn, our team is always standing by ready to help. We may not always know how to help but we always encourage our students," Sasser said.

ECU Transit also encourages parents or guardians to be involved with the transportation process, Sasser said, as the more resources a student has, the better and easier the experience is for them. Parents or guardians are encouraged to reach out to ECU Transit over the phone and on move-in day with any questions or concerns.

"We are excited for things slowly getting back to normal and we are here to help. We want students to ride the bus, we want students to take part in it, so if you are a student who comes in and wants a job, this is a great job to have while you are in school," Sasser said. "We want students to use our on-demand service at night. Let us take you where you want to go. Let us take you home safely."

Bus Schedules & Routes

Route 301 Gold circulates between the Main Campus S t u -

Center (MCSC), all locations on ECU main campus, the life sciences and biotechnology building and D- zone parking. The 301 Gold runs from 7 a.m. to 7 p.m. and after 7 p.m., 850 Gold will begin to operate. 850 Gold operates until 11 p.m. and serves main campus locations. 301 Gold runs every 15 minutes and 350 Gold every 15 minutes.

302 Health Sciences works as ECU's medical campus and off-campus internship sites. The bus stops at the Main Campus Student Center every 30 minutes and runs Monday- Friday from 7 a.m.- 6:30 p.m.

304 Campus Circulator, this route serves locations around main campus including college hill and Christenbury. The bus operates Monday through Friday starting at 7 a.m. and the last stop runs from the Main Campus Student Center at 6:30 p.m.

610 Minges Park and Ride works as the route from the parking lot at Minges Coliseum and Dowdy- Ficklen Stadium. The bus runs approximately every seven minutes. The route runs Monday through Friday from 7 a.m. to 7 p.m. For more information about 610 Minges or any other route visit [Transit.ecu.edu](https://transit.ecu.edu) or use the BusTime app to find exact locations.

305 Uptown serves uptown locations in Greenville, North Carolina. 305 Uptown runs from 7:30 a.m. and the last bus departs from the bus terminal at 6:40 p.m. The route stops at the ECU Career Center, B-zone parking and in front of First Street Place. First Street Place serves as the payroll office and human resources for ECU students.

ECU Transit also runs multiple routes that run to off-campus apartments. The routes include The Bellamy, Carolina Creek, Copper Beech, The Davis, 33 East, The Landing, The Horizon and The Eastern on 10th. All of these stops operate on the 500 series and run from 7 a.m. until 2:30 p.m.

Hours of Operation

ECU Transit currently runs 301 Gold Monday- Friday 7 a.m.- 7 p.m. After 7 p.m. 850 Gold will operate until 11 p.m. and runs every 30 minutes starting at noon until 7 p.m. on Saturday and Sunday. 302 Health Sciences runs Monday- Friday 7 a.m.- 7 p.m. 610 Minges runs every weekday from 7 a.m.- 3:30 p.m.

ECU Transit runs Transit On- Demand which operates limited rides during the day from 7 a.m. to 7 p.m. On the evenings On- Demand runs from 7 p.m. until midnight Monday - Friday and from noon until midnight on Saturday and Sunday.



JAYLIN ROBERTS | THE EAST CAROLINIAN

ECU students can view live bus routes on bustime.ecu.edu.

This writer can be contacted at news@theeastcarolinian.com



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