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The East Carolinian



An overview of the Jan. 6 hearings U.S. House Select Committee discusses attack

Rachana Charla
TEC STAFF

Following a year of political unrest since the Jan. 6 attack on the U.S. Capitol, the United States House Select Committee began an investigation and aired public congressional hearings on June 9 regarding the attack, continuing into July.

Below is a timeline of the Jan. 6 attack on the U.S. Capitol Building and an overview of the congressional hearings to date, according to transcripts of the hearings.

June 9

According to the transcript of the first congressional hearing, the public hearings were broadcast on public television by all major news outlets, except Fox News. The committee outlined a plan taken up by former President Donald Trump.

The hearing featured opening statements by committee mem-

bers Chairman Bennie Thompson, D-MS, and Vice Chair Liz Cheney, R-WY.

“For Donald Trump, this was only the beginning of what became a sprawling multi-step conspiracy aimed at overturning the presidential election,” Rep. Thompson said.

Jared Kushner, Ivanka Trump’s husband and son-in-law to President Trump, as well as other Congressional Representatives discussed issuing Presidential Pardons to prevent any criminal charges for those involved in the attacks.

On tape, Chairman of the Joint Chiefs of Staff Mark Milley said the White House encouraged him to claim that Trump had ordered the National Guard to respond to the attacks, even though Vice President Mike Pence gave the order.

“He said we have to kill the narrative that the Vice President is making all the decisions. We need to establish the narrative that, you know, that the President is still in charge,” Mark Milley said.

June 13

According to the transcript of the second congressional hearing, the June 13 hearing focused on false claims of voter fraud allegations made by

Trump and his staff. Officials in charge of declaring elections were pressured to announce the former president as the winner, despite the ballot numbers.

Former U.S. Attorney for Georgia, B.J. Pak testified and resigned after Trump officials told Pak he would be fired if he did not declare Trump the victor. Chris Stirewalt, former Fox News editor, testified that he was fired by Fox News for being the first to declare the state of Arizona a Biden victory.

“We found evidence that the Trump campaign and its surrogates misled donors (of the Official Election Defense Fund) as to where their funds would go and what they would be used for. So not only was there the big lie, there was the big rip off,” Rep. Logan said.

June 16

According to the transcript of the third congressional hearing, the public hearing explored the roles and responsibilities of the vice president outlined in the Constitution.

Despite Trump’s pressure on Pence to override election results, Pence, who did not testify, was cleared of participating in Jan. 6, following Chief of Staff Greg Jacob’s testimony that Pence was aware that he had no legal authority to overturn election results.

Around the same time, Trump was made aware of the breach and tweeted at 2:24 p.m., “Mike Pence didn’t have the courage to do what was necessary.” The mob that attacked the Capitol made it 40 feet away from Pence as he was hidden in a secure location inside the building.

“The Mike Pence tweet was sent out I remember us saying that that was the last thing that needed to be tweeted at that moment,” Sarah Mathews, former White House Deputy Press Secretary, said.

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JAYLIN ROBERTS | THE EAST CAROLINIAN

An ECU community member walks out of Brewster’s A-Wing.

University awaits Brewster update, NIOSH results

Breanna Sapp
TEC STAFF

Almost a year after five professor pancreatic cancer deaths led to investigations surrounding the health and safety of East Carolina University’s Brewster Building, university officials provide the community an update on the ongoing National Institute for Occupational Safety and Health (NIOSH) investigation.

Following faculty concerns regarding the presence of the carcinogen asbestos in the building, ECU launched third-party, state, federal and university-led investigations throughout the A-Wing of Brewster.

“No building-related health concerns or sources connected to reported building occupant health issues have been identified by any of the offices and agencies involved in the Brewster-A Wing Health Hazard Evaluation,” a memorandum sent to the university on Dec. 1 stated.

William Koch, associate vice chancellor of Campus Safety and Auxiliary Services, said to date, the investigation conducted by federal agency NIOSH is ongoing. Koch said NIOSH does not have an expected end date currently.

In a recent update made to faculty, Koch said the NIOSH report is currently incomplete and therefore, no final conclusions can be drawn to date.

Unless NIOSH’s assessment identifies a health or safety concern, Koch said the agency recommended no further testing.

> NIOSH page A2

GMoA welcomes new executive BoT leadership

Breanna Sapp
TEC STAFF

Following the end of the 2021-2022 fiscal year, the Greenville Museum of Art (GMoA) appointed a new set of leaders to the museum’s Board of Trustees (BoT).

Since the GMoA is a nonprofit organization, Executive Director Trista Reis Porter said the BoT is the museum’s main governing entity, making major decisions alongside GMoA executives and staff.

BoT members are volunteer-based positions for local community members and figures, Porter said, and the board’s Executive Committee is selected each fiscal year, made up of a president, vice president, treasurer, secretary and immediate-past president.

“Our whole purpose is to kind of serve the whole community, providing these arts experiences and ways for people to learn about and engage with the arts, for the community of Greenville, Pitt County, eastern North Carolina,” Porter said. “So the Board (of Trustees) is really in service to that, as the sort of governing agency for the museum.”

When BoT members apply to be on the board, Porter said museum executives ask if members would like to join the Executive Committee or any others. The current Executive Committee then discusses what members will fill future executive positions, Porter said, though vice presidents are often determined by the current president.

When looking for board members, Porter said the GMoA often looks for individuals who can donate their time and efforts to help the museum plan events, form committees, fundraise, network and more. She said BoT members are often active members of the community.

“The president works, is, you know, the head of everything, they’re kind of the main person in charge of the rest of the board,” Porter said. “Kind of organization board meetings, and

really setting their own vision for, like, what their goals are for the museum, working directly, again, with the staff.”

Having recently begun her role as president at the start of the fiscal year, local realtor Weir said she is excited for the opportunity to help further the goals and vision of the GMoA. Although not an artist herself, Weir has an interest in the craft and was asked to join the BoT by past President Brian Farkas.

As the 50th anniversary of the GMoA approaches alongside both upcoming and recent exciting exhibits, Weir said she feels as though it’s a great time of growth for the museum and that she’s grateful to be involved with its leadership.

A personal goal of hers as president, Weir said she hopes to use the experiences of both past and current members through an advisory council. Another goal Weir has is to streamline fund-

raising efforts, she said, to create a consistent stream of funds and to relieve some of the pressure off of staff and board members.

“And then, of course, (I hope to) to always continue to further both our mission and core values,” Weir said.

Mark Rasdorf, vice president of the Executive Committee, said his involvement with the GMoA began with a mental health exhibit prior to COVID-19. After submitting two pieces to the exhibit, Rasdorf said he was asked to donate a piece by Porter and his relationship with the museum grew from there. He said he eventually joined the BoT in fall of 2021 and was asked to join the Executive Committee at the start of the fiscal year.

As vice president, Rasdorf said he plans to support both Weir’s leadership and the growth of the museum. With engaging exhibits like Growing Up Queer in the South, Rasdorf said as students return to campus he hopes visitors will continue to “take in” what the GMoA has to offer. The museum is growing in staff, he said, and will welcome new outreach and membership programs in the future.

As the Fine Arts Ball approaches, a major event that celebrates the anniversary of the museum, Rasdorf said he’s excited to work alongside Weir and BoT members in fundraising efforts. He said the GMoA will welcome an exhibit by ECU alum Scott Avett of the Avett Brothers, which he describes as a great opportunity for the museum’s expansion.

“I think it’s (the GMoA) a tremendous asset, you know, a lively cultural scene, be that the performing arts, the visual arts or any other kinds of arts,” Rasdorf said. “I think it’s important for the life of any city.”

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JAYLIN ROBERTS | THE EAST CAROLINIAN

Patrons visit the GMoA and speak with a museum staff member.

ONLINE

» Check out our website for stories, photo galleries and more.

» Check out our website for a poll about the Mission BBQ restaurant.

SOCIAL MEDIA

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BRIEFS

BOE to meet in regular session

Today, Pitt County’s Board of Elections (BOE) will meet in regular session at 4:30 p.m. at the Pitt County Elections Office. Composed of five members who are appointed every two years by the state, BOE members and staff are charged with municipal, county, state and national elections. Members include Chair Etsil S. Mason, Secretary Debbie Avery, Jeffrey Blick, Derek Brown and Patricia C. Dunn.

CET to present college information session

Friday, East Carolina University’s College of Engineering and Technology will host a college luncheon and presentation from noon to 2:30 p.m. in the first floor atrium of the Life Sciences and Biotechnology Building. Students can learn about the college’s programs in computer science, construction management, engineering and technology systems. A tour of the college’s lab facilities will also be given to attendees.

City HPC to discuss historic properties, districts

Monday, East Carolina University’s Health Medical Center will provide virtual childbirth classes to the public from 6 p.m. to 9 p.m. in an effort to offer instruction on the labor and delivery process. The session will include topics on the labor process, hospital birth plans, breathing techniques, medication, methods of childbirth and more. Those interested can register through email or by phone.

CORRECTIONS & CLARIFICATIONS

If you feel there are any factual errors in this newspaper, please contact Emily Peek at editor@theeastcarolinian.com.

CRIME LOGS

Editor’s Note: The East Carolinian Crime Logs are derived from East Carolina University Police Department’s (ECU PD) public crime logs accessible to all individuals. Crime Logs are done within the partnership of ECU PD and The East Carolinian, as this publication is meant to act as an additional resource for Pirate Nation. Below are listings of criminal activity that has occurred on or within proximity of main campus.

June 11, 2022

Warrant Service for Other Agency was cleared by arrest at 10th and Anderson Street at 3:24 p.m.

July 14, 2022

Violation of Protective Order was cleared by arrest at the PVA of the Thomas Professional Building at 2:32 p.m.

July 15, 2022

Driving While Impaired was cleared by arrest at Fifth and Harding Street at 1:56 a.m.

July 17, 2022

Possession of Marijuana < 1/2 oz. was cleared and prosecution was denied at Fourth and Library Street at 1:02 a.m.

ECU welcomes Robin Coger as provost
University's Division of Academic Affairs to see new leadership

Breanna Sapp
TEC STAFF

Last Monday, East Carolina University formally welcomed Robin Coger, former dean of the College of Engineering at North Carolina Agricultural and Technical State University (NCAT), as provost and vice chancellor of the university’s Division of Academic Affairs.

In addition to her roles as provost and vice chancellor, Coger will also hold an academic appointment as professor within ECU’s College of Engineering and Technology (CET).

Following a competitive national search beginning in June 2021, Chancellor Philip Rogers said Coger’s past leadership experience brings a variety of “multi-dimensional talents” to the university.

“We’re deeply, deeply pleased that Provost Coger has officially joined the ECU community,” Rogers said. “In every way, she demonstrated to the search committee, and to me, that she’s the right fit for this role and she’s the right fit for East Carolina University.”

The provost of Academic Affairs is the chief academic officer of the university, Rogers said, a position in which the deans of every college and school within the institution reports to directly. Coger will set the overall academic strategy of the university, Rogers said.

As Rogers thought about what quality to search for in a new provost, he said there were a number of values that were important to the institution that Coger embraces: a servant’s mentality in honor of ECU’s motto “servire,” transparency with the university community, integrity in decision-making, a team-oriented spirit and a commitment to diversity, equity and inclusion.

“I think she (Coger) embodies the spirit of what we were looking for in a new provost. She brings, to the role, a diverse set of academic experiences, and that’s sort of especially important for the position of provost, ranging from being a faculty member, to a researcher, to a dean,” Roger said.

Beginning her journey in higher education in 1996, Coger said her path to ECU all began like many administrators: as a student. This was an important step of her journey, Coger said, as being a student shapes how one would like to



Philip Rogers



COURTESY OF EAST CAROLINA UNIVERSITY COMMUNICATIONS PHOTOGRAPHY

Newly-appointed Provost of Academic Affairs Robin Coger poses on East Carolina University's campus.

make their impact on the world. Moving her way up from her role as assistant professor at the University of North Carolina at Charlotte, Coger said she then found the university’s Center for Biomedical Engineering Systems. Coger’s next role was dean of NCAT’s College of Engineering, she said, before stepping into her role as provost at ECU.

As former dean of NCAT, Coger said her position allowed her to see different areas of the university and discover how she could continue her impact. When the opportunity arose for Coger to apply for ECU’s provost position, she said thought it was worth exploring how she might fit into the university.

Through her position as provost, Coger said she will work closely with the college deans, administrative leaders, faculty and students at the university. A vision Coger said she has for Academic Affairs is to not only ensure that students graduate on time and are excited to be in the classroom, but to prepare students to continue ECU’s mission of service.

“It just so happened that the people of ECU thought I was the right match for the university, and I thought, I mean I was so excited about some of the great things that were going on here. So ultimately, it was that match of why I decided that I’d like to be here,” Coger said.

Like the chairs of various college departments report to college deans, Dean of the CET Harry Ploehn said he and other deans will report to Coger. Throughout past interactions with Coger, Ploehn said he has come to know the provost as both a skilled and experienced leader.

As the chief academic officer of a university, Ploehn said it can be a “daunting task” to supervise hundreds of faculty members, staff and budgets. As an engineer, Ploehn said Coger is a

ONLINE | FULL STORY

problem solver who understands data, numbers, metrics and critical thinking, but also describes her as an empathetic individual with excellent listening and communication skills. He said this combination of skills makes Coger well-fitted for her role as a leader in higher education.

An advocate for leaders of higher education with clear vision, communication skills and a proper allocation of resources, Ploehn said he welcomes Coger’s newly-appointed position as provost and trusts her future leadership.

“I think that there is real hunger for vision and alignment, and I think across the colleges, the academic deans are all eager and eagerly anticipating working with the provost,” Ploehn said. “You know, the provost is our path to the chancellor, and working together with the provost and the chancellor to put all of our academic efforts forward.”

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JAN. 6 continued from A1
June 21

According to the transcript of the fourth congressional hearing, the hearing introduces the “Pence Card” which banked on Pence to fall to Trump’s pressure and overturn election results.

Most notably, the committee outlined Trump’s pressure in the state of Georgia. Georgia’s Secretary of State Brad Raffensperger testified, describing the pressure Trump was putting on state officials to “find 11,780 votes,” the number he needed to beat Joe Biden by one vote.

“The numbers don’t lie. We had many allegations and we investigated every single one of them,” Raffensperger said.

June 23

According to the transcript of the fifth congressional hearing, the hearing described Trump’s plan to

pressure public servants, specifically top Department of Justice (DOJ) officials who resisted Trump’s calls for a fraudulent election.

Jeffrey Rosen, former acting attorney general, and Richard Donoghue, former acting deputy attorney general, were repeatedly asked by Trump to investigate election fraud conspiracy QAnon theories that were already debunked as “absurd” and never likely.

“We had seen nothing improper with regard to the voting machines. And I told him that the real experts that had been at DHS (Department of Homeland Security) and they had briefed us,” Rosen said.

June 28

According to the transcript of the sixth congressional hearing, the hearing featured Cassidy Hutchinson, former White House Aide during the Trump administration. Hutchinson was questioned by members of the committee on her prior knowledge of the attack on Jan 6.

NIOSH continued from A1

“Based on our last communication with NIOSH, they are committed to completing our report as a top priority but COVID is currently utilizing their available time. They did state the following: ‘As all our reports and letters are thoroughly peer-reviewed by management so, no preliminary assessments are generally available,’” Koch said.

Considering the lack of building-related health hazards found and challenges regarding research on pancreatic cancer causes, Koch said the university community should prepare for the fact that they may not have “definitive answers” from the final NIOSH case study and report.

Conclusions won’t be drawn until the university reviews the final NIOSH report, Koch said, but there are not always definitive answers to cancer and its causes.

“While we wait for the NIOSH report, I think we can take comfort in all the internal (EH&S), consulting and regulatory experts who conducted the assessments and the wide variety of testing we have done that have revealed no building-related health concern,” Koch said.

Like Koch, Chancellor Philip Rogers said the university is in a similar place as early 2022 with its investigations of Brewster. The university has

made a commitment “to ensure that we leave no stone unturned” through the investigations, Rogers said, and ECU has remained consistent in its efforts to guarantee a safe environment within the building.

ECU has worked with local, state and national partners throughout the investigations, Rogers said, and as of date of publication, there have been no building-related health concerns identified. Rogers said no further testing is required unless the agency’s assessment identifies any concerns.

As the university awaits the final NIOSH report, Rogers said it’s important to note that there is not an established timeframe for completion of the federal agency’s investigations.

“That hasn’t been the particular situation with this evaluation to date. If there was a serious concern, I feel confident they (NIOSH) would have reached out to us,” Rogers said. “And we have been very consistent over the last year ensuring that we’ve placed experts at the table.”

After several faculty members with offices in the Brewster building died of pancreatic cancer, Susan Pearce, associate professor and former interim chair of ECU’s Department of Sociology, said questions were raised by faculty regarding the building’s safety.

Administration and William Koch have been

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to the violent escalation at the Capitol steps.

The committee displayed video-taped testimony of Pat Cippollone, former White House counsel, who discussed a draft executive order made by Trump for the U.S. military to seize voting machines, to draft speeches with negative language regarding Pence, and to reveal knowledge of the armed protestors at Freedom Plaza the night before Jan. 6.

“Today there appears to be general recognition the committee has established key facts, including that virtually everyone close to President Trump, his DOJ officials, his White House advisers, his counsel, his campaign, all told him the 2020 election was not stolen,” Rep. Liz Cheney said.

The eighth and ninth public hearing will occur this Thursday and next Thursday and will be available on major news channels.

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transparent with university faculty throughout investigations, Pearce said, and a panel discussion was held in fall of 2021 for those with concerns about the building or pancreatic cancer. Though there hasn’t been a university-wide update since December of 2021, Pearce said the faculty Environmental Committee has been informed of any information released regarding the building.

Cancer is often hard to trace back to a direct source, Pearce said, and it is possible that Brewster is unrelated to the number of cases that have occurred within the past decade.

If there are no findings, Pearce said it’s possible that there may be a risk factor that hasn’t yet been discovered.

“I hope that there are no findings that show some kind of risk of the building. You know, I think it’s kind of interesting to say it that way because I think faculty, not just faculty but employees of the building, maybe have some suspicions that something’s going on and we want to know what it is, right,” Pearce said. “But, at the same time, I think we would be relieved to know that we haven’t been exposed to something.”

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Susan Pearce

EVENTS

TOMORROW

July Wine Tasting
Dickinson Avenue
Public House
703 Dickinson Ave.
5:30 p.m. to 9 p.m.
(252) 689-6388

**Thursday Throwback
90's Night**
The Buccaneer Music Hall
2120 E. Firetower Rd.
10 p.m. to 11:59 p.m.
(252) 756-5505

FRIDAY

**Anita's Taqueria
Food Truck**
Pitt Street Brewing Company
630 S. Pitt St.
6 p.m. to 9 p.m.
(252) 227-4151

SATURDAY

Guided Kayaking Tour
Wildwood Park
3450 Blue Heron Dr.
9 a.m. to 10:30 a.m.

Holden Dixon Band
Pitt Street Brewing Company
630 S. Pitt St.
8 p.m. to 11 p.m.
(252) 227-4151

SUNDAY

**Sunday in the Park:
British Invaders**
Greenville Town Common
105 E. 1st St.
6:30 p.m. to 8:30 p.m.
(252) 329-4543

FOOD REVIEW

FOOD REVIEW: MISSION BBQ



Kristin Outland
TEC STAFF

With a recent location opening in Greenville, NC, American barbeque restaurant chain, Mission BBQ, provides customers with a southern dining experience that honors those who have served.

Located at 425 Greenville Blvd., the western and sports theme is very prevalent throughout the restaurant. The walls are decorated with a large amount of photos, stickers and branding. Upon entry, an aisle for ordering food forms to the left.

In the middle of the restaurant, a large American flag, a flag representing North Carolina and a prisoner of war flag which reads "You Are Not Forgotten" are hung side by side.

One wall is adorned with sports memorabilia of jerseys and football helmets, and pictures of those who had served in the military can be seen throughout the restaurant. Above the jerseys, the quote "If you knew you couldn't play tomorrow how hard would you play today?" was painted in large black lettering.

The country-themed setting and friendly staff provide a pleasurable dining experience for all customers. Its western-based theme honors those who have fought in the army and navy, as well as firefighters and policemen. The spacious tables and booths were both clean and prepared for dining.

The tables were prepared with a wide variety of barbecue sauces, ranging from the KC Classic, South Carolina Zing, Tupelo



Mission BBQ, located at 425 Greenville Blvd. SE., honors those who have served through service.

Honey Heat, Texas Twang, Smoky Mountain and the Memphis Belle.

A member of my party tried all six of the sauces, and decided the Smoky Mountain sauce was his favorite, although he agreed all of them were good.

The menu offers a selection of southern style, home-cooked food such as chicken, barbecue, ribs and pulled pork. It also offers sides ranging from fries, macaroni and cheese, coleslaw, collard greens, potato salad and baked beans, as well as salads, sandwiches and more.

Catering options are also available, as well as a meat sampler for items offered under the "Meat Market" selection, where the menu states, "Try 'em All."

Sandwiches are prepared "fresh to order," with options including pulled chicken or pork, turkey, a brisket sandwich or chopped brisket. A kids menu is also provided, which offers options such as Jr. Ribs, which the menu describes as "Just Like Dad's," sliders with meat options such as chicken, turkey, or pork, and a "Kid-Mac," which is "extra cheesy." A fountain machine for beverages included a variety of soft drinks, sweet and unsweetened tea and fresh lemonade.

Although it was difficult to decide upon a menu item, I finally decided to order the half chicken with a side of macaroni and cheese,

which came with a slice of cornbread. For my beverage, I decided to try the fresh lemonade. The lemonade was sweeter than expected, but it was just the right mixture.

The chicken was very tender, moist and cooked with a good amount of seasoning. It was so tender that the chicken could be pulled apart. "Maggie's Mac-N-Cheese" was made from scratch with sharp cheddar cheese, which gave it a homemade taste. The cornbread was fluffy with a sweet taste to it.

A member of my party opted for the fresh cut french fries, which were crispy and seasoned well. Service was very fast and accurate, and it only took about five minutes for three plates of food to be served. Although we did not have a server, the staff was very welcoming to provide assistance if needed.

It was an awesome dining experience, especially for those interested in enjoying southern-themed food with a home-cooked feel in a location that displays respect for those who have fought for our country.

RATING:

★★★★★

5 out of 5

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The East Carolinian
CAMPUS NEWS SINCE 1925

Do the
WRITE
thing

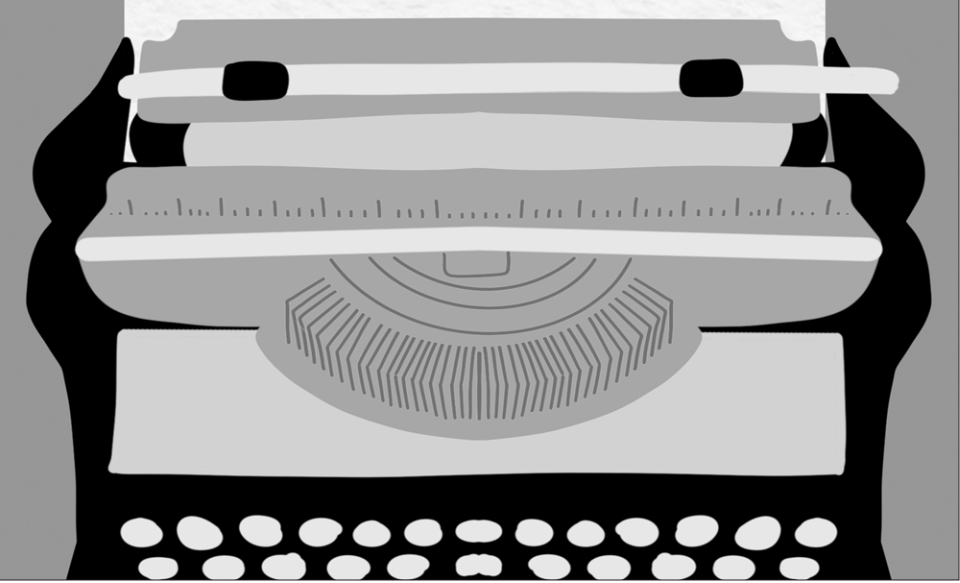
Tryouts
Monday, Aug. 29
Wednesday, Aug. 31 or
Thursday, Sept. 1
9 a.m. to 12 p.m.
or 2-4 p.m.

Tuesday, Sept. 6
9 a.m. to noon

Wednesday, Sept. 8
10 a.m. to 3 p.m.

Bring a pencil and a bluebook.
No experience needed.
All majors welcome!
Students must have a 2.25 GPA or
higher to apply; freshmen may apply.

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Ground Floor, Mendenhall, G51
Greenville, NC 27858



Area celebrates West Fest

Rachana Charla
TEC STAFF

West Fest, a street festival celebration in the historic West Greenville Cultural District, will host fun for the whole family with indoor and outdoor activities, live performances, nonprofit community resources and vendors on Saturday from noon-6 p.m.

Jermaine McNair, founder and executive director of the North Carolina Community and Industry Value Interactionist League (NC CIVIL), said West Fest is a community festival welcoming families and peoples of all ages to support the creative economy in West Greenville.

The street festival will feature over 75 food trucks and craft vendors, nonprofits, community resources and carnival-style booths spread out over multiple lots, McNair said. He said activities will include an Adult Field Day and a youth performance by the Boys and Girls Club

"West Fest is an actual community festival, street festival, that is taking place along the historical West 5th St and Albemarle Avenue over in the West Greenville Cultural District. And the purpose of the event is to celebrate and promote the creative economy of that community," McNair said.



Jermaine McNair

Greenville become more accessible and available to community members through outreach programs like West Fest.

The Youth Play Social hosted by the Boys and Girls Club and HeARTscope will feature activities in two locations, Woodberry-McNeil said. She said there will be family activities setup in the Community Room of the Lucille W. Gorham Unit. She also said the playground outside of the Lucille W. Gorham Unit will have games like Name Ball, Steal the Bacon,

Red Light, Green Light and Tug-of-War.

The festival will have staff and members volunteering from the Boys and Girls Clubs and surrounding local communities, Woodbury-McNeil said. She said members will be assisting with and participating in the activities, where they will earn community service hours. She said events like West Fest create an opportunity for exposure to resources, advancement and other opportunities members might not normally have.

"The Boys and Girls Clubs offers young people, six to 18 years of age, what they want and need most: staff members who are models who respect and listen to them, a safe environment where they can be themselves and have fun and constructive activities to channel their youthful energy," Woodberry-McNeil said.

Nancy Winterbauer, associate professor for the Department of Public Health at ECU and the vice chair of the West Greenville Health Council, said the Health Council will set up alongside other nonprofits during West Fest giving out freebies and providing information about health disparities and educational opportunities.

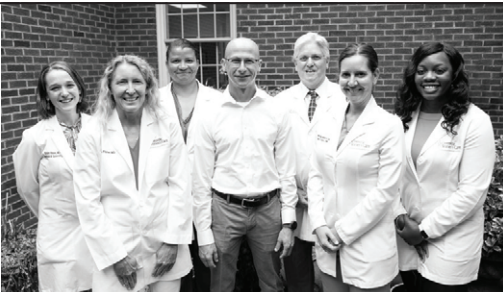
The West Greenville Health Council was created by a group of concerned citizens with ties to West Greenville to form a mission to improve the quality of health of West Greenville residents, Winterbauer said. She said the council is community-driven and encourages community and citizen engagement in an effort to target some of the social determinants of health like race and ethnicity, income level, education and more.

"Reifying community identity and we think a strong sense of community identity is important in the self direction of one's own health and healthcare, and again, with that kind of larger lens around what health is and so," Winterbauer said. "West Fest is right in keeping with that idea of a community identity, and so we're happy to be involved in and celebrate with all of the other people in agencies that, you know, share those interests."

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Greenville Women's Care
A DIVISION OF PHYSICIANS EAST, P.A.
greenvillawc.com | 252.757.3131
2251 Stantonsburg Rd.
Greenville, NC 27834
@ greenvillawc



Providing comprehensive obstetric and gynecologic services to women throughout eastern North Carolina.

OUR VIEW

Uptown area to see change in parking

Approved by the Greenville City Council, several changes will be made to Greenville parking policies following the 2022 Proposed Uptown Greenville Parking Plan, which will be implemented on Jan. 1, 2023.

Uptown parking policies will be enforced from 7 a.m. to 7 p.m. during which different rates will apply for different lots around the city. On-street parking will have an hour of free parking but will cost \$1 an hour after that with a maximum of three hours at a time. Surface lots will have no maximum time but will cost 75 cents an hour.

Monthly permits will be available for purchase. For a reserved parking space, a monthly \$70 permit can be purchased and for an unreserved space, \$50 will be the cost. Employees of Uptown Greenville will be able to purchase \$20 monthly permits for unlimited parking.

We, the editorial staff at The East Carolinian, believe these changes will create a sense of consistency with the parking policies in the city of Greenville, however, paying for parking is still not ideal.

There are currently 150 free parking spots and 250 paid ones, and the idea is to make all of them require some sort of payment from 7 a.m. to 7 p.m. Community members had an impact on the decision making process and there were meetings with businesses and public hearings.

Warning tickets will be dispersed for a few months. The goal is to promote consistency and more parking turnover within the uptown area.

PIRATE RANTS

The East Carolinian does not endorse the statements made in Pirate Rants.

The new parking plan for downtown is ridiculous. Especially having employees pay for a MONTHLY parking pass? You're funny.

Parking and Transportation, change back to 30 credit hour minimum to get A/B lot parking passes! Us Sophomores, Juniors, and Seniors have apprenticeship/internship stuff to drive to, we don't have time to wait for a bus!

All positions are not created equal.

People in Greenville need to learn how to drive..

The landing doing renovations on the office but not getting rid of mold in people apt.

I am dreading the upcoming semester because the grind culture is toxic.

There's no reason why our target should be so raggedy!!!

If you are renting a U-Haul to move out, make sure you know how to drive it...

Having to park in uptown and move your car every two hours while working is a parking ticket waiting to happen.

We need more food options in Greenville.

The Horizon needs to get their act together.. Please clean up all those old fallen trees from weeks ago.

The Greenville mall sucks.

Questions regarding Pirate Rants can be directed to Emily Peek at opinion@theeastcarolinian.com.

Submit your Pirate Rants on our website under the opinion tab or scan the QR code.



JALA DAVIS | THE EAST CAROLINIAN

Avery Family Farm in Durham, North Carolina, hosts weekly Goat Yoga courses with 23 Nigerian Dwarf goats and two sheep for attendees to pet.

Goga: goats with a side of yoga

That's that on that

Jala Davis
TEC COLUMNIST

Over the weekend I had an experience that you won't understand until you get to experience it yourself: goat yoga.

A few weeks ago, one of my childhood friends sent me a video of people doing goat yoga and I knew that I had to get in on the action. With that being said, we coordinated a date, bought our tickets and then we were on our way to Avery Family Farm in Durham, North Carolina, to have the best time of our lives.

It was a 40 minute trip from my house to Durham and the entire way there I had a lot of thoughts and even more emotions. Were the goats truly friendly? Would there be any mishaps? Would I ever do this again? Do I truly want to do this right now?

When we arrived we were greeted by a long country road with only a few houses in sight, something truly out of my element. At this point I had already made the drive all the way there, so despite how uncomfortable and nervous I was I certainly couldn't back down now.

The class was supposed to start at 11 a.m., but when we got there we were informed that the class would be starting 35 minutes late, so we had time to

explore and see a little bit of the quaint family farm. There was a horse out, but she wasn't in the mood to come closer to us so we could see her, but in her defense if I was a horse and was just given fresh hay I wouldn't be in the mood either.

This small family owned farm had a little gift shop where they sold t-shirts, goat milk soap, duck and goose eggs, towels for rent and more. We spent a little bit of time looking at what they had to offer but I was slightly more interested in sitting under the carport where they had picnic tables for us to sit at, it was incredibly hot.

My friend and I were the first people to arrive so we were waiting just a little while for the rest of the class to arrive and when they did we were directed to our next area. This is where my nerves skyrocketed! I wasn't sure what to expect at all, but what was to come definitely wasn't on my radar.

The goats were let out of their enclosure and next thing we knew, we had 23 Nigerian dwarf goats and two sheep running towards us and picking their friends for the day. It was nerve wracking seeing wild animals run towards you, 25 of them at that. However, when the goats came to me and started to settle down, I was at ease.

I had two goats that sat in my lap a majority of the time and it was one of the best things I have ever experienced. I was able to sit and pet two goats for an hour

and honestly there was nowhere else at that moment that I would rather be.

You truly don't know what to expect when you walk into a goat yoga class, but you would expect to attempt to do a little bit of yoga, right? Well that wasn't the case. It's hard to move around when you have goats surrounding you, sleeping and you don't want to disturb this. Essentially, you would think that I would be upset that I paid for yoga but didn't get it. But, honestly I wasn't mad about that at all!

It was truly one of the best things I have ever done in my life, being out in nature at a farm and being surrounded by goats who are trained to love and cuddle you! Like I said, it's not something that you understand until you get to experience it yourself.

Sure, it sounds crazy but it's something I would suggest to anyone who wants to have an hour of being surrounded by very loving and adorable animals for an hour on aaturday morning. It was a great way for me to take my mind off what was happening in my life and all the crazy things happening in the world. It was definitely the experience of a lifetime.

I would 100 percent recommend that everyone at least once in their life get the chance to do goat yoga because it's a great activity and a major boost of serotonin!

Davis is a senior majoring in communication and a TEC Columnist. To contact her, email opinion@theeastcarolinian.com.

My experience as a POC at a PWI

Kiarra Crayton
TEC COLUMNIST

As a small percentage of the population on campus, the Black community is close. I would say the Black community looks out for each other for the most part. Of course there's a few bad apples in the bunch but I think we do a good job of being inclusive and supportive of one another.

My reasons for choosing a Predominately White School (PWI) over a Historically Black College and University (HBCU) was the better financial aid, on campus housing, and I loved the way campus looks modern and updated.

Some popular HBCU's haven't been able to provide housing to students and have been even taking housing assignments from those that were already established. I wouldn't want to stress about where I'm living so last minute and still have to worry about summer classes and

the other mountain of responsibilities I have already.

There's debates out in the world that Black students attending a PWI are sell outs and don't get the full black experience as someone attending a HBCU would. I think that's false because I have a blast at the parties with mostly black people at them. Not to say that I don't have fun at the white greek events but nothing has compared to the memories made around my people.

There are moments when walking around campus that I am reminded that I do attend a PWI. For example the time tortoises were strolling around the campus mall, you just wouldn't see that on an HBCU's campus.

I have experienced microaggressions during the year I was on campus like people touching my hair and asking if it's really mine, being looked at weird for

As a small percentage of the population on campus, the Black community is close. "

- Kiarra Crayton

talking or laughing too loudly and being called on constantly as the only Black woman in the classroom. These don't really affect me as much anymore because I have experienced microaggressions my whole life. I just take it with a grain of salt and move on because sometimes people just don't know any better.

Could there be different versions of this? Yes of course but I feel it's because the university is divided into white and black with not much room in the middle. It would be different if parties weren't so segregated and if white people were more educated about black culture. I've thought about what attending an HBCU would look like for me but I think I'll stick with my mini HBCU community here at ECU.

Crayton is a sophomore communication major and a TEC Columnist. To contact him, email opinion@theeastcarolinian.com.

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ECU House for Rent! 3
Bedroom 1 ½ Bath, 1909
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Call 252-756-3009.

Album Release Party! Friday
August 20th, 2022 @ Molly's
Community Cafe! 300 Evans
St. 8-9:30pm Original Music
by Chris Puckett! Doors open
@ 7pm

 Aries (March 21-April 19) — Today is a 9 — Get into a financial phase. Your head's full of ways to make money. Have faith in your own imagination. Read the fine print before signing.

Leo (July 23-Aug. 22)
Today is an 8 — Complete for professional responsibilities. Misunderstandings could delay things. Talk is cheap. Don't believe everything you hear. Postpone financial discussions. Focus on the gold.

 Sagittarius
(Nov. 22-Dec.
21) — Today
is an 8 —
Slow the pace when
necessary. Confusion or
misunderstandings could
cause delays. A workout
energizes you and clears your
mind. Natural settings soothe
tension.

 Taurus
(April 20-May 20) — Today is a 9 — You're more confident and less patient today. Check your course, then full speed ahead. Advance personal goals through determined action.

 Virgo (Aug. 23-Sept. 22) — Today is a 7 — Take a refreshing pause to review plans and itineraries. Monitor conditions to avoid traffic or delays. Expand your exploration. Take the safer route.

 Capricorn
(Dec. 22-Jan. 19) — Today is an 8 — Relax and have fun. Tap into your playful side. Keep your patience and a sense of humor. Choose family, diversions and romance. Get creative.

 Gemini
(May 21-June 20) — Today is a 6 — Transitions abound. Find a quiet spot to catch your breath. Familiar routines and rituals let you process all the change going on. Rest and recharge.

Libra (Sept.
23-Oct. 22)
— Today is an
8 — Use what
you've learned to cut costs.
You're more patient with
finances. Avoid controversy.
Solicit advice from an expert.
Manage accounts for growth.

 Aquarius
(Jan. 20-Feb.
18) — Today
is a 7 — Enjoy
time at home with family.
Beautify spaces with simple
touches. Rearrange furniture.
Clean closets and drawers.
Prepare and serve something
delicious together.

 Cancer (June 21-July 22) — Today is an 8 — Collaborate to tackle a community issue. Talk with friends to resolve a concern. Your team comes to the rescue. Shared efforts build and strengthen bonds.

 **Scorpio**
(Oct. 23-Nov. 21) — Today is a 9 — Make sure you understand each other. Miscommunications could spark easily, but love is the bottom line. Don't leave any doubt. Share appreciation and thanks.

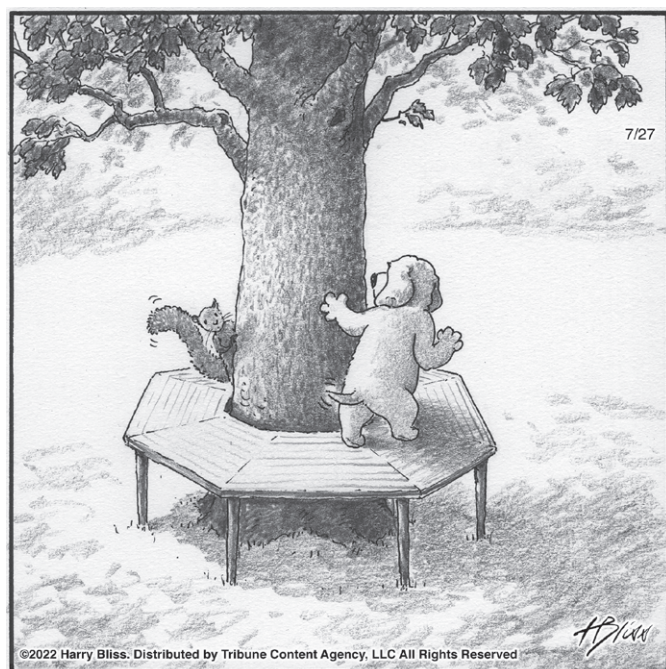
 Pisces (Feb. 19-March 20) — Today is an 8 — You're sharp as a tack. Reduce stressors by postponing or delegating what you can. Focus on an elusive puzzle. Try unorthodox ideas. Discover unusual solutions.

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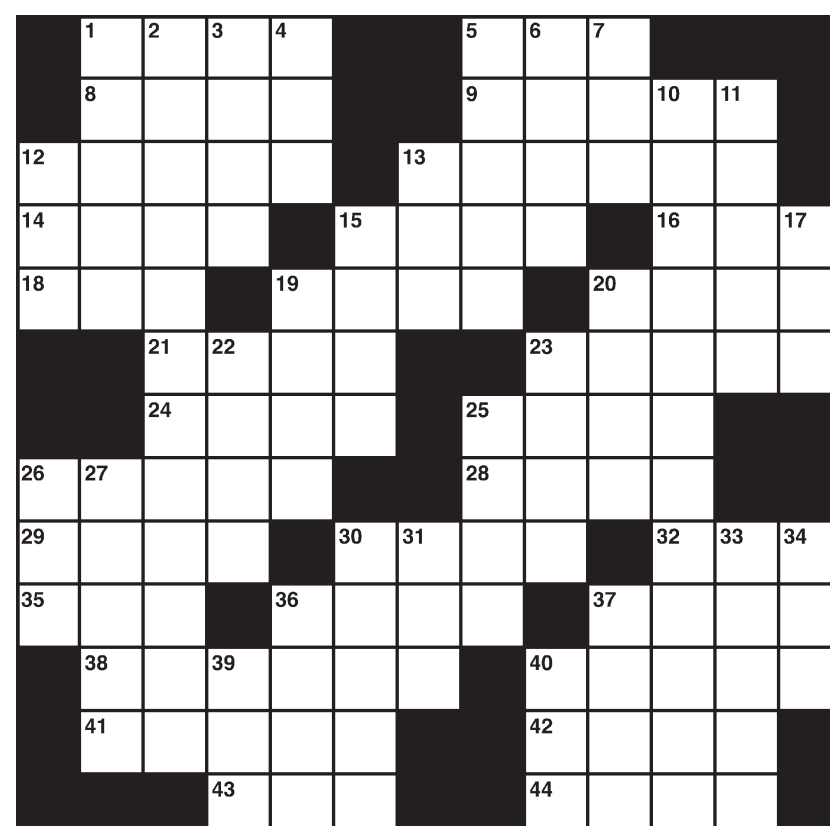
BREWSTER ROCKIT



BLISS



by Jacqueline E. Mathews



Created by Jacqueline E. Mathews

ACROSS

- 1 Series for Michael Weatherly
- 5 Role on "Alice"
- 8 "Lean ___"; hit song of 1972
- 9 Actress Fox
- 12 "Growing ___" (1985-92)
- 13 DeVitto of "Chicago Med"
- 14 "Leave ___ Beaver"
- 15 Harrison or Faith
- 16 Mme. in Madrid
- 18 Suffix for Vietnam or Siam
- 19 "The ___ Place" (2016-20)
- 20 Utilizes
- 21 "___ John" (1988-92)
- 23 "Say Yes to the ___"
- 24 Ingredient in many recipes
- 25 Ren & Odie
- 26 Actress Davis
- 28 Kamala, for short
- 29 Gardner's namesakes
- 30 Serling & Steiger
- 32 "A Nightmare on ___ Street"
- 35 "Your ___ Parade" (1950-59)
- 36 Stewart & Lovitz

Solution from 7/13



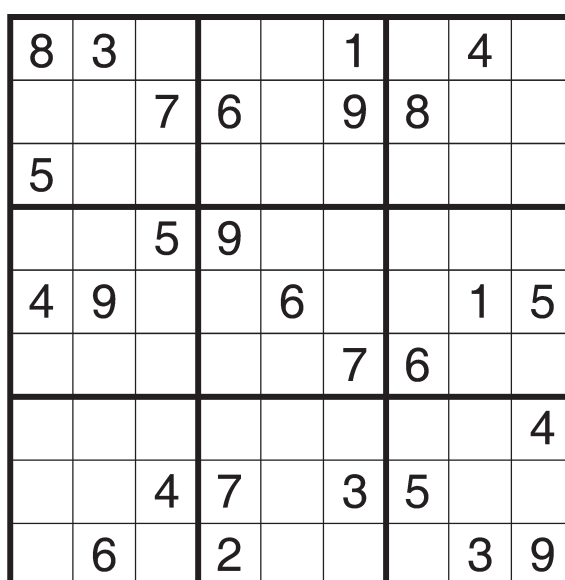
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37 Make bootees
38 ___ Lisbon; role on “The Mentalist”
40 Lemmon & Nicholson
41 Set ___; save for later
42 To ___; exactly
43 Prefix for fit or fire
44 “___ Free”; film about a lion

DOWN

- DOWN
- 1 Dories & dinghies
- 2 “__ of Al”
- 3 Center of the alphabet
- 4 “__ Miserables”
- 5 Long narrow inlet
- 6 Actor Jack
- 7 Hockey’s Bobby
- 10 Actor on “Chicago Fire”
- 11 Actor Lew
- 12 Slapstick projectile
- 13 “A Bridge __ Far”; Sean Connery film
- 15 “__ Apache”; John Wayne movie
- 17 Long-eared animal
- 19 Storm or Gordon
- 20 Plead with
- 22 Polishes off
- 23 Female animals
- 25 Film buff’s collection
- 26 Word from Scrooge
- 27 1996 film for Madonna
- 30 Kennedy & Byrne
- 31 “Bird __ Wire”; Mel Gibson movie
- 33 Compare
- 34 Whitney & McKinley: abbr.
- 36 “Star Wars: Episode VI - Return of the __”
- 37 Bruce Lee’s “The Green Hornet” role
- 39 Curved edge
- 40 Poke roughly

THE SAMURAI OF PUZZLES *By The Mephram Group*



Complete the grid so each row, column and 3-by-3 box (in bold borders) contains every digit, 1 to 9. For strategies on how to solve Sudoku, please visit sudoku.org.uk

Solution from 7/13

3	7	4	9	6	8	1	5	2
8	9	5	1	7	2	6	3	4
6	1	2	5	3	4	9	7	8
9	4	8	3	1	5	7	2	6
7	2	6	8	4	9	5	1	3
5	3	1	6	2	7	8	4	9
2	6	3	7	9	1	4	8	5
1	5	9	4	8	3	2	6	7
4	8	7	2	5	6	3	9	1

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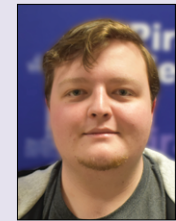
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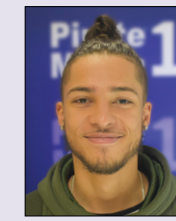
TEC'spertZ

The East Carolinian Sports experts predict this week's events



Chris Long
Sports Reporter

ECU 2022-2023 volleyball season predictions
Season Prediction? 10-25
Why? The Pirates were near the bottom of the AAC on the court last season and without much changing, the outlook for the year to come doesn't seem much brighter.



Brendan Cavazos
Sports Editor

ECU 2022-2023 volleyball season predictions
Season Prediction? 16-19
Why? ECU volleyball has struggled to put together a winning season despite having such high talent on the floor. This year, the Pirates will need to fight hard once again with the amount of new talent on the floor.

The East Carolina University women's basketball team warms up to face its opponent on the Pirates' home floor of Williams Arena at Minges Coliseum.

How WAC seeding may change AAC

Chris Long
TEC STAFF

It was recently announced that the Western Athletic Conference (WAC) would be changing how it seeds its men's and women's basketball conference for tournament competition, creating a bold, new dynamic change to the way seeding will work for sports. Here is how that could affect East Carolina University basketball.

Seeding is the method of determination by which leagues determine who faces who in tournament play. The highest seed will face the lowest seed, with teams higher and lower coming closer to the middle. For instance, the two seed will play the 15 seed in a 16 team tournament. The three seed will play the 14 seed, so on and so on.

The WAC is a conference comprised mostly of schools in the southwestern United States of America. The 13 team conference is a full participant in the National Collegiate Athletic Association (NCAA) Division I program, with conference winners receiving a spot in the March Madness tournament.

The WAC traditionally seeded conference rankings the same way that

every other school does. Teams are typically seeded by highest in conference play record, which does not necessarily mean the best overall record.

For example, in the American Athletic Conference, the University of Tulane faced an overall record of 14-15 during the 2021-2022 season yet were seeded four spots above ECU who had a 15-15 overall record on the season.

Last Monday, WAC's announcement means that now, teams will be seeded based off of advanced analytics.

"The 2022-23 season will see the WAC's men's and women's basketball standings be determined not just by conference wins and losses, but also an algorithm that rewards and/or punishes based off performance against all teams they face in the regular season," Matt Norlander of CBS Sports reported.

The algorithm is a combination of net offensive and defensive rating, as well as strength of schedule and the KenPom



Matt Norlander

This writer can be contacted at sports@theeastcarolinian.com.

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ECU women's basketball opponent pairings released

Kiarra Crayton
TEC STAFF

On Thursday, the American Athletic Conference (AAC) announced the women's basketball conference pairings for the upcoming 2022-23 season.

Each team in the conference will play six of the 10 opponents twice and the remaining four opponents once, two teams will be played at home and two will be played away.

The head coach for women's basketball, Kim McNeill, said she looks forward to the upcoming season because of how the offseason is going for the athletes. She said she is ready to "get on the floor" and compete.

"I think our conference is extremely competitive, I don't think we give them credit for how good the conference is," McNeill said. "You gotta come out and you gotta battle every single night".

The first round of conference games will start Dec. 30 through Jan. 2, 2023. The dates and times will be announced at a later date.

The East Carolina University team will play the University of Central Florida (UCF), the University of Cincinnati, the University of Memphis, Temple University, Tulane University, and Wichita State University twice, home and on the road. The Pirates will host the University of Houston and Tulsa University at home. ECU will travel to the University of South Florida (USF) and Southern Methodist University (SMU).

The Pirates had some close games last season including a loss 59-60 to Temple Feb. 6, a 60-68 loss to USF Feb. 27 and a three-point loss against Memphis on March 2. Coach McNeill said she hopes the offseason training will help the team be able to push through and win those games. She said the main focus right now is to build the stamina and toughness of the team.

"A lot more conditioning (is needed) than what we did last year just to try and build that toughness and try to push through the fatigue," McNeill said. "Just really focusing on a lot of shooting so we can hit more shots".

UCF and USF were selected for the NCAA Championship for the 2021-22 season after the Knights were No.1 in the conference and beat the USF Mustangs 53-45 in the AAC championship last season. The Mustangs were eliminated in their first game of the NCAA Championship against the University of Miami. UCF went on to beat the University of Florida

but lost to the University of Connecticut 47-52 to end their NCAA Championship run.

Houston, Tulane, Tulsa and SMU competed in the Women's National Invitation Tournament last season. Houston was the last one standing out of the AAC and lost to the University of Alabama 64-79.

Pirate junior guard Synia Johnson said she is ready to get into the season and make it farther than last season. She said her favorite part of the season is towards the end when the team is trying to make it to championships, tournaments and because it is everything the team worked for during the offseason.

"Of course getting more wins this season and kinda just playing together," Johnson said. "I'm ready to just get into the actual season to get playing and make it further than we did last season".

The workouts the team has been doing this summer has been focused on pushing through, Johnson said. She said the summer workouts have helped the team take the extra step and to help build stamina to make it through games.

Johnson said some of the games the Pirates previously lost were close and she thinks the summer workouts will help the team in close game situations because the team will be better able to push through the tiredness some of the athletes experience during the end of the game.

"Just thinking back on those games where we could've and should've won but not having enough gas in the tank," Johnson said. "Really putting in that work this season and pushing through whenever we get tired".

Pirate forward and graduate student Tiara Chambers said she decided to stay at ECU for graduate school because she enjoyed the coaching staff. She said that she plans to stay at East Carolina for the remainder of her eligibility for collegiate basketball.

"The mindset is to achieve every goal," Chambers said. "To either out rebound somebody or get this amount of stops and stuff like that".

The AAC women's basketball championship will be held in Fort Worth, Texas in Dickies Arena from March 6 through 9.

This writer can be contacted at sports@theeastcarolinian.com.



Synia Johnson