# **Expressions** Spring 2021



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### **Expressions**

Minority Voice Magazine

Spring 2022

Cover Artwork by Brittany Yarbrough

# Letter From The **EDITOR**

There comes a time in everyone's life when the question of one's identity begins to creep into our mind. Am I who my family says I am? Am I who the world says I am? Does my physical appearance or my passions or my beliefs truly speak of who I am inside?

As college students, our journey to our identity has just begun and will continue through death. The journey to finding our identity can take an endless number of routes. The most important part is not the route you take but rather how you handle the journey there and what you discover throughout it.

The year of 2020 was a big time of selfdiscovery for me. It's something that I think will be with me for the rest of I've come to learn is that who I am is a gritty, painful, joyful process. But at the end of the day, who

something that cannot be summarized. For me, who I am is a combination of a million different things. Its what I love, its what I've been through, its my passions and beliefs. Who I am is everything that encompasses me. Identity is not something to be created but rather something that is already apart of us.

representation of the pain, sorrow, acceptance, joy, loss and so much more that comes with discovering who you truly are. Your identity cannot and will never be determined by anyone else but yourself.

As you look through this publication, I encourage you to do two things. One, take in and appreciate the vulnerability of your fellow classmates and peers as they share their route to identity, wherever they may be on it. And two, open your mind to the depths of your soul. One's identity is not measured by a single big thing but by a million little things. I encourage you to learn from the one's around you and dig deep into who you are. You are the only one who will ever truly know the depths of who you are.

Often this journey can feel monotonous and helpless, like who you are is slipping from your grip. But I hope this publication shows that you are not alone extraordinary.

alliron Fodd

Allison Todd

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# IPSEITY **IPSEITY** IPSEITY **IPSEITY** IPSEITY **IPSEITY** IPSEITY **IPSEITY** IPSEITY IDCEITV

### WHAT PAST EXPERIENCES HAVE LED ME TO WHERE I AM?

IS MY INNER CHILD HEALED OR SCREAMING FOR HELP?

DO I BELIEVE I AM WORTHY OF GOOD THINGS?

DO I COME FROM A PLACE OF LOVE OR FEAR?

DO I SEEK EXTERNAL VALIDATION TO FEEL COMPLETE?

WHAT PART OF ME AM I HOLDING BACK FROM THE WORLD?

CAN I RELY ON MYSELF?

noun The quality of being oneself or itself; the essentia] element of identity.



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Untitled Yarbrough

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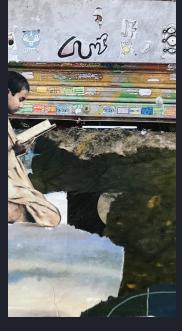
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True Colors



BRITTANY YARBROUGH Lithography



# Right To Breathe

TORY ROSE Poetry

What a world we live in

Born unto a bloody towel in a white room surrounded by people cheering us on while we cry and scream

Gently patted on the back until we can breathe

Slowly we're taught to muffle those same cries that were once applauded

Indoctrinated to know wrong from right, black from white

Walking on stolen land to school to learn about 1492

And say a pledge to a cloth of red, white, and blue

But what does that all mean to you?

When the Trail of Tears has been erased from the history books

When it's not about individual thoughts but how someone looks

And what about when that same baby applauded for crying, screaming, and breathing, cries out that they can't breathe?

But we're applauding the perpetrators because possibly they weren't a perfect human being

Perhaps they had a dark side

Or simply, came from the darker side.

When we come into this world covered in blood, gasping for air, and leave the same way Where's the Deus Ex Machina of our burning world when crimes against humanity are being committed in the name of the good god above?

Take a breath and breathe in the air from

Californian and Australian wildfires

Go out to a restaurant and chat about cancelled football games while someone without a mask coughs in the background.

When did breathing become so controversial?

The very thing that sustains us has become a political warzone

We protect our own but no one else

When did the right to life become up for debate?

Well, it all started when a group of slaveowners and enablers wrote a document that would determine the fate of their newly acquired land across a continent that was not theirs for the taking

And thus: A Nation Was Born.

But the right to breathe was only guaranteed if you fell within the hidden asterisk after "land of the free"

For whom is this land free for if the right to breathe is not guaranteed?

If the right to kick and scream changes not only with your age but with your skin color, too?

This is our child that we have raised

And it's continued destruction by perpetuating this toxic social construction is our cross to bear and burn.

We are but a young nation in this world

And thus we have so much growing up to do

In rearing this child not learning from but re-enacting the past

If we continue to stay stuck in our old ways, we will always be taking and breaking our toys

And when we're playing with human lives

It becomes more than just the most dangerous game.

We built this world

Simply fit together a base of blocks in slots, but never thought to think outside the box

It's time we tear this dollhouse down

And build a playground fit for everyone.

As with any construction

If you can build it up, you can tear it down.

And so it's time we grow up and found a new home built with enough freedom,

space, and grace, for every human and race to breathe

And turn up your face to the smiling sun that asks not what your privilege can do for you, but blindly asks what your light and warmth can do for the world.

ABIGAIL LUND Illustration

### Untitled

SAFANA ALGUTAINI Photography

Cre C

### **Our Beautiful Details**

SAFANA ALGUTAINI Poetry Happiness comes in the form of beautiful moments. Friends with innocent souls. In the form of days we enjoy with God's conviction. Happiness is not luck. So what? Happiness within us...

We choose to see things the way we want, the bright side is always there; But a few of us talk to it

The others will see him/her from afar.

Nothing comes to you, everything wants you to take the first steps to get it...

Beauty within us and light radiates from our eyes and beautiful life will grow with us through our way of dealing with life!

Happiness is a moment we make with our beautiful lives, with our details that mean so much to us.

Beauty and happiness come from something beautiful inside us, even if we're in a cabin; It's not places or decorations that make us happy.

Our way of doing it...

Look who's doing it!

The beautiful things inside us who do this..

Neither luck nor places have anything to do with it; It's just excuses for whoever wanted to make his life miserable.

And finally... The glory of thowse who enjoy their simple details and beautiful souls... TARGET

BRITTANY YARBROUGH Lithography

In this piece I wanted to express the issue about police brutality, and show how the black man is always the target, about little black boys who have to grow up in a world that views them as targets. I used the splatter effect on this piece to emphasize the brutality. The women are protesters, moms, sisters who are fighting for their men and boys, being their voice. The piece is important to me because of its relevance with the BLM movement.

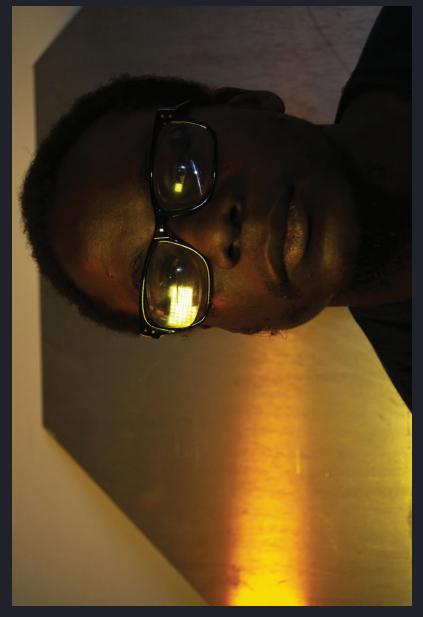


# Untitled

CHLOE DEHART Photography

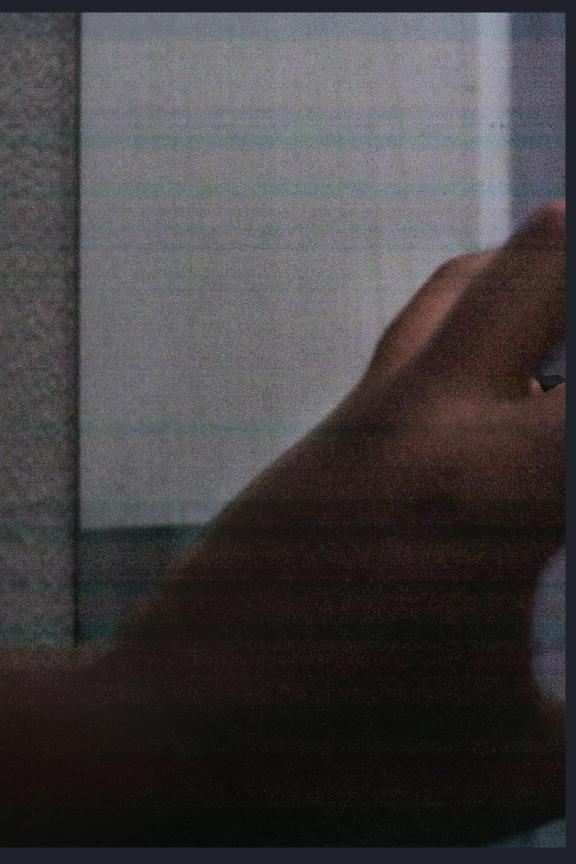


# UNTITLED



CHLOE DEHART Photography







ISHARA MATHEWS Digital Photography





doesn't fit me never did probably never will maybe when i was a child wearing pigtails and itchy blouses dresses with my pink converse having grass stains on my pants as i played outside she/her suited me then, but not now

she/her reminds me of the women in my life my mother, my aunts, my grandmothers, my cousins,

### who fit the

cis-tem of a binary society

it's not about them as a whole, it's about me and my journey uncovering the vastness of my gender identity

> she/her outgrew me and i left her to become something more than what i was assigned to at birth

something outside my very own existence

she/her

felt like wearing big shoes much too big for my feet

more like wearing non-slip socks but they keep slipping into my shoes until i am forced to fix it myself

myself? an identity crisis is not for the weak honestly, it took me years and years to finally feel at home in this body make it my own add my unique touch spin my own record

find a home within these hollow bones to finally feel like

# she/her

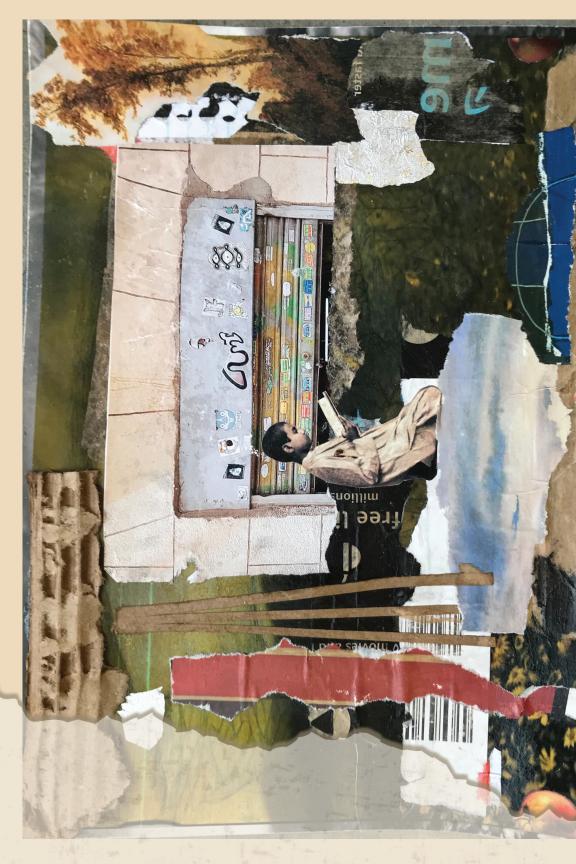
MICHELLE GIRON MORALES Poetry

me

whole and complete .-m.g.m

# ORBIT EMOTIONS

ERICA DUNCAN Acrylic Painting





# ZEN ZEN Z U

-ORRAINE SCALAMONI Collage

## The Found Orphan

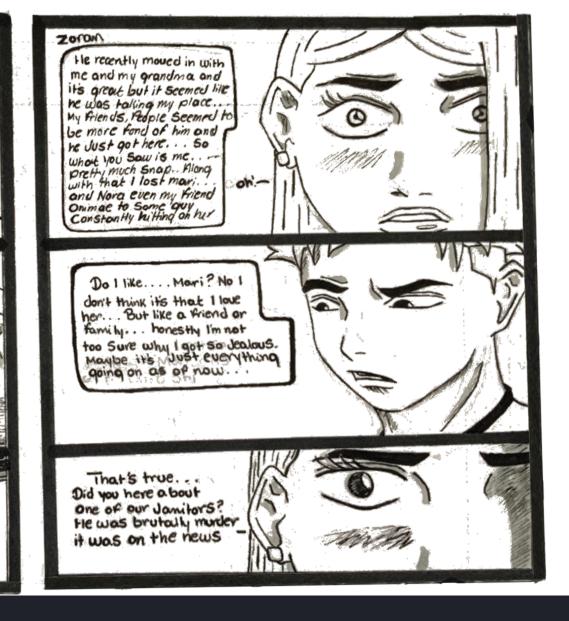
ANONYMOUS Sonnet

For years I searched For a Place To be For Time has Shown That I have No home The Idea of Sataty Feels So Strange To Me Through The years I've grown to being Alone For days and weeks My SKIN left Untouched My heart and mind blank of Kind words and love But trying To Find it left Mc Clushed. Yet Time has changed The nattative Written above Through higher Powers bringing on offbar home Through The love of the heart Creating a board Builds a family with laughs Sweeter Than honey comb Where lave Flows into an abundant Pond But Weary is Me, an or Phan who searched Who Found a home, a Safe Place To Perch



A 0 0 0 I don't want you to Seemed forced | I quess | Just wanted to Should Star help as much as 1 talking ... Can ! And talking t's Just helps you dust ts been seem Stressed as of late . roughlate No that's not it I did want to talk to you ... I honestly was going to find you once things got better .... After the Commotion in the hall things haven't been the Same ... Ocoh! You mean with -No. Not Just you and mari? Mori Nora Alhh I see why the green haired Kid. Hes-my. you've been tutor Sad '





# White

CAM MOORE Drawing



### Voskresen'ya MICHAEL ORLANDO

Linoleum Relief



### The Longest Conquest

MICHAEL ORLANDO Linoleum Relief

### Bring Me a Dream

MICHAEL ORLANDO Linoleum Relief





# Freak Show

OLIVIA MAGISTRO Lithography



# Empowerment BRITTANY YARBROUGH

Lithography

# Over the Bridge You Go

CANDAISHA JOHNSON Poetry

I saw you flowing in the wind. Wondering where you were going, I followed. You looked so beautiful with your brown covering. You looked so free-spirited, it gave me chills. I never witnessed the wind complement anything for a while. You begin to lose your flow. You're slowing down and I see that you're falling to the ground. You try to keep up in order to reach your destination. Seeing you continue to flow brought a smile to my face. Much like the wind that continues to push you forward, I tried to stay connected. I began to notice our surroundings and see there is a bridge. You must notice it too, but you're still going ahead. A big gush of wind flowed through my hair, then hitting you. My eyes follow your movement as you go into the air and go over the bridge. I looked down, worried of your current state. You landed softly on the water. Now floating down the bay, I understand the meaning of "letting nature take its course."

ABIGAIL LUND Illustration

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MAA

# Not Silent. Not Seen.

ELIJAH WALDON Drawing





This exhibit is made possible by a collaboration of the Dr. Jesse R. Peel LGBTQ Center and the School of Art and Design.

"Hope: is a thing with feathers-That perches in the soul-And sings the tune without words-And never stops-at all.

#### - Emily Dickinson

# $S_{VISION}$

Presented in celebration of LGBTQ History Month.

As the Dr. Jesse R. Peel LGBTQ Center celebrates its tenth anniversary, we reflect on our journey up to now and our hopes for the future.

Throughout history, the LGBTQ community has, time and again, proven its grit and tenacity against seemingly insurmountable odds. We stand on the shoulders of those in the LGBTQ community who came before us and helped to establish a legacy of perseverance and hope.

Our stories are our history, each one a reflection of a life lived and a journey unique to each person. In this exhibit, participants reflect on those who have influenced them and how they hope to impact their future. We also asked them to think about their legacy and their vision for the future.



### Beyonca Mewborn She/Her/Hers

ECU Class of 2021



## Blake/Blue Mansfield They/Them/Theirs and Xe/Xir/Xirs

Animation



Crystal Bowers She/Her/Hers

ECU Graduate student in Graphic Design

Sondi Hoffman She/Her/Hers WCC Biology instructor



I finally came out when I was 19. It was 1982 and the terror of AIDS was about to be an everpresent reality in my life and the lives of so many others in the LGBTQ community.

Twelve years later, I saw Tony Kushner's Angels in America on Broadway. In the closing moments of the play, Prior Walter proclaims, "This disease will be the end of many of us, but not nearly all, and the dead will be commemorated and will struggle on with the living, and we are not going away. We won't die secret deaths anymore. The world only spins forward."

It was, for me, an indelible experience in the theater. Kushner's eloquent, defiant words capture the resilience of our community. Amidst death, homophobia, transphobia, and elected officials who think nothing of playing legislative games with our lives, we persevere.

My work today honors all those who came before me and I stand on the shoulders of the role models throughout my life–from Jack Carr in 1980 to Jesse Peel today–who have inspired me to help build a better future for LGBTQ people everywhere–most especially in eastern North Carolina.



The thing that gives me hope in the world is the ever-increasing pace of acceptance towards the LGBTQ+ community. Since gay marriage was legalized in 2015, I have felt such a relief in knowing that other gay people like myself have an equal chance at happiness. Although we have a long way to go, the amount of people who are expressing themselves and showing their support for the community becomes more prevalent every day. I hope to use my position in every phase of life to be able to help other LGBTQ+ people feel loved and supported as they are discovering who they truly are. I strive to use my knowledge and resources to build connections and a foundation for others. I want to be able to continue helping create an environment where everyone feels loved for who they define themselves to be.



I have always felt like I didn't belong in some aspects of the world. It was a nagging feeling I could never get rid of and I felt that way until I came here to ECU. It was here that I started to have hope.

With each new friend that I make and the changes that I am making to my life, my sense of belonging increases. My friends, teachers, classmates-they give me hope and they all make an impact on my life. My friends aren't just friends, they are my family and a family I can be proud of.

As I continue to make new discoveries about myself, I am grateful to all those who have positively impacted my life. My hope is that with my art and my time here at ECU, I can make an impact and give back that hope that was given to me.



Perice Manns She/Her/Hers

Brody School of Medicine, Class of 2023



Michael Gaines He/Him/His Master of Fine Arts candidate in Art



**Curtis D. Wilson, M.A.** He/Him/His Clement Hall Coordinator



#### **John Rhodes-Pruitt**

He/Him/His Master of Fine Arts Candidate in Painting and Drawing

#### **Michael Pruitt**

He/Him/His Technology Support Specialist, UNC Pembroke



#### Heudith Molina-Elizalde

They/Them Pre-med/Biomedical Engineering



**lan Hope** He/Him/His Psychology major with a minor in Linguistic

#### **Brad Collier**

He/Him/His Assistant Director of First Year and Transition Programs College of Engineering and Technology Justin Pritchard

Administrative Support Associate East Carolina University Office of Economic and Community Engagement

Acceptance gives us hope and that hope is the one legacy we want to leave behind. There is nothing more comforting than to know you are accepted for who you are. In all we do, we accept and love people and the journey they are on. Our goal is to allow people to be their complete selves and to be welcomed into the circle of friendship without limitations. It is our desire that when people think of Brad and Justin, they say, "Those guys loved me just as I was."

#### Laurendine "Lauren" Thomas Clark

She/Her/Hers Pursuing bachelor's degree with a double major in Religious Studies and Psychology

"What gives me hope is that I truly believe people are intrinsically good and want to help each other. Each stage of life presents its own set of unique challenges that cannot be overcome by individual effort. I could not have made it through combat in Vietnam, the rigors of nursing school, or my gender transition without the love and support of those who were sent to be a part of my inner circle. I have been shown much love and support by the LGBTQ community. It has been consoling that there have been others who have faced similar issues and who so graciously showed me how to overcome the challenges of transitioning. My hope is that I will continue to pay it forward for others who are struggling with life issues and give them that little extra boost they need to accomplish their life goals."



You will never truly be free until you learn to be comfortable and gain confidence in living in your own skin. I pray that as I continue in my career path, I will inspire and touch lives in a way that empowers, encourages, and impacts future generations. Remember, you can't spell beautiful without "U"!



The word resilience comes from the latin "resilio", "re- + salio" meaning to rebound, spring back. Individuals who are resilient are always bounding back from losses and ready elevate themselves and those nearby to new levels. Like springs, we LGBT folk are full of latent, indominable energy. The people of the LGBT community have faced historical hurdles in health care, social justice, and financial wellbeing. From family and stranger alike, we have been told "NO" to fair treatment, gentle consideration, and basic decency. Despite these challenges, in no other community is there found more color, more smile, more song and dance, mind and creation, nor fiercer lovers than ours. Overcoming our losses, we educated the masses. Our resilience knows no bounds.



Omar Diaz He/Him/His Master of Public Health Candidate, Brody School of Medicine East Carolina University, Bachelor of Science in Biology '20



#### Karena Graves

She/Her/Hers Master for Fine Arts candidate in Sculpture

#### Kiarah Peoples She/Her/Hers

She/Her/Hers Fashion Artist





**Briana Earl** She/Her/Hers and They/Them/Theirs Master of Fine Arts, Photography

# THANK YOU TO:

#### **OUR CONTRIBUTORS:**

We cannot thank you enough for the vulnerability you continue to share with us. Your hearts and minds are beautiful, and this publication would be nothing without you. Thank you for sharing your journey to identity with us and trusting us with your work. It is an extreme privilege and honor to feature not only your art but your soul in our publication. We hope that you continue to find a place of peace and expression in our publication.

#### **TERRENCE DOVE:**

We will never be able to fully express our thanks and gratitude for all you have done for the magazine division. You continue to influence every piece of our publication and that will never stop. All of our hard work is a direct reflection of who you are and what you have taught us as magazine staff. We promise to continue creating meaningful and impactful work in your honor.

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#### **OUR READERS:**

As you read through this publication, we hope that you feel the immense passion through every piece and design. The time and work put into this publication is all worth it when we know that our readers will truly appreciate it all. Thank you for supporting us and for allowing our contributors to share a piece of them with you. Without your support, Expressions and Pirate Media 1 would be nothing but paper and ink. With your support we are so much more.

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#### Submission Guidelines

Expressions is currently accepting submissions for our next issue. Contributions can be any illustrations, poems, short stories, photographs or non-fiction works. All submissions should include your full name, major and classification. Please send all work to expressions@ecu.edu. Those pieces selected may appear in our next edition.



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