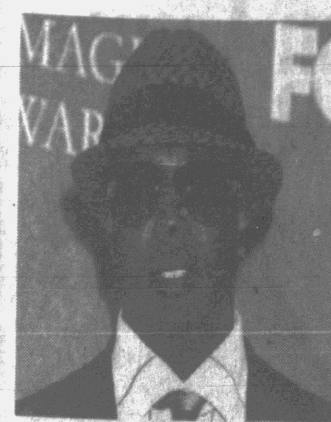


Make Room For The New Girl on Da Block!



Slip N' Slide's Diamond Princess is gearing up to take back her crown as the baddest female in the game. The 'Baddest Bitch' was in Atlanta to make an appearance at the BET Hip-Hop award and to promote her upcoming endeavors. Not only does she have a new album on the way, the princess divulged to *HipHopWired* exclusively that she will share her world with her fans through a reality show and give the ladies a chance to emulate her style through a clothing line. Unbeknownst to many, Trina's 'Diamond Girl' clothing was almost shelved completely following disagreements on the direction. The princess claims that designers lost sight of her vision, a line of jeans to fit "curvy, bodacious" women much like herself, forcing her to step in and call for a revision "It's a beautiful line, I've worked with so many different designers that I wasn't too pleased with the work, so I put a stop to it and revamped it. So now the jeans are actually to fit curvy, bodacious, beautiful women and they lost that, they lost that factor and I was like, I'm not feeling it."

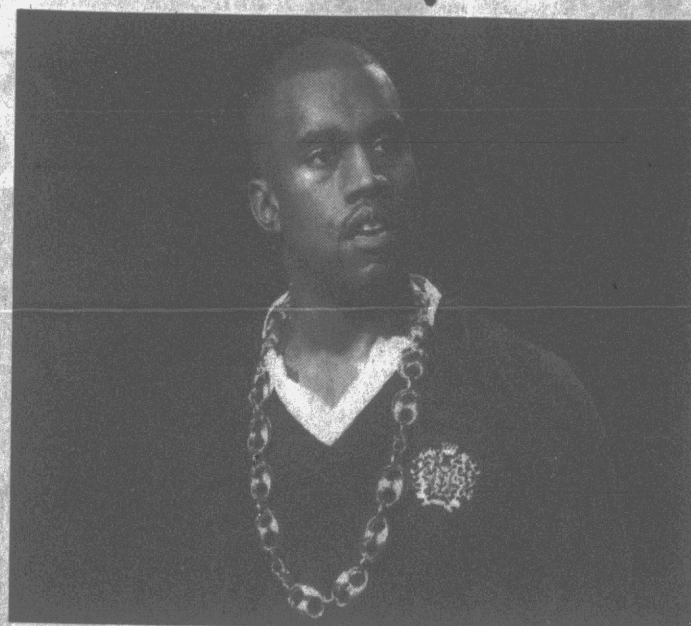
Master P Gives Back



Uhh!!! The Colonel of The Tank, Master P, has announced that he will be teaming up with OneMillionGifts.org by

donating his money and volunteering his time to help accomplish the great mission for the Thanksgiving and Christmas holiday season, which will be to feed and clothe at least 1 million of our world's less fortunate. A large number of those being assisted are children and their parents who lack education are homeless, have mental or physical disabilities, and have life threatening illnesses. Others have parents facing addiction or come from single family homes or the foster care system. Master P stated.

Where Is Kanye West?



Kanye's been noticeably absent from the limelight following his infamous stint at the VMAs and his almost breakdown on Jay Leno's 'Jay Leno' show. Now reports have surfaced about Ye taking time off from the music scene and retreating to India. The no-show at the BET Hip-Hop Awards is believed to be finding himself in India. As previously reported he's believed to be on a religious retreat at a Sri Aurobindo ashram in Pondicherry, a small

Now as Ye takes his time off, a Hindu leader is coming forward to offer solace to the embattled lyricist.

The President of the Universal Society of Hinduism, Rajan Zed is inviting Ye to continue to study Hinduism even after he returns to America. He spoke out on Kanye's recent fascination with the religion and offered his guidance saying, "West should put into practice what he learns at the ashram. If he needs any help in further exploring Hinduism, I would gladly guide him."

National Urban League Policy Takes On Hateful Talk Shows

by Pharoh Martin

NNPA National Correspondent

Originally posted 9/9/2009

WASHINGTON (NNPA) - The gatekeepers of political opinion on cable are doing nothing to curb the increasingly incinerate and oft times blatantly false rhetoric coming from their political hosts and commentators against political figures of color such as President Obama and Supreme Court Justice Sonia Sotomayor. Therefore, advocates are going for the jobs of conservative pundits like CNN's Lou Dobbs and FOX's Glenn Beck, who have made some of the most inflammatory statements. "In recent months, we've seen a ramping up of the most hateful rhetoric," said Stephanie Jones, executive director of the National Urban League Policy Institute. "And also, complete misinformation about President Obama and a bunch of other issues." In August, Jones wrote a letter to the heads of all three of the major cable news networks and NBC for giving the one-sided platform for such incendiary points-of-view. "We wrote to you in October 2008 to urge you to increase the racial diversity of your political and policy coverage in order to meet your obligation to present fair and accurate information to your viewers and to prevent the increasingly frequent dissemination of dangerous myths on your programs," Jones wrote in the letter addressed to network presidents Roger Ailes of FOX News, Steve Capus of NBC News, Phil Griffin of MSNBC, and Jonathan Klein of CNN. "Unfortunately, in recent weeks, certain hosts and commentators on your networks have ratcheted up their rhetoric and are actively advancing outright lies, advocating offensive and extremist social agendas and inflaming dangerous elements in our society," Jones wrote. Jones specifically targeted conservative talking heads Lou Dobbs, Pat Buchanan, Glenn Beck and Michele Malkin in her letter. "While differing perspectives are welcome, these persons not only often blatantly misrepresent facts, the views they express are so extreme and reckless that they have no place on the public airwaves. The fact that such hosts and commentators are given erratic on-air behavior," said expansive and consistent

exposure on your programs, while minority hosts and guests are still all-too-rare, makes this situation even more unacceptable." These shows very rarely have African-American hosts, Jones said. She said when African-Americans are presented as guests they are almost always paired up with another guest to talk about race or politics but are almost never presented as experts. "The past few months the National Urban League has been stressing harder to the networks that some of their commentators are problematic and should not be there," Jones said. "I think Pat Buchanan is a perfect example with some of the things that he has been saying." Buchanan's recent comments have suggested that the Supreme Court's first Hispanic Justice Sotomayor was an "affirmative action" selection and that White males have become victimized due to such policies that ensure diversity. The National Urban League did not receive any responses to their letter. None of the network presidents; nor their representatives responded to NNPA's repeated requests for comment. CNN president Joe Klein has defended Dobbs' continual pursuit of the "birther" conspiracy, which questions Obama's country of birth, as one of editorial prudence. "[Lou Dobbs] got more than 30 years as a television journalist, and I trust him, as I trust all our reporters and anchors, to exercise their judgment as various stories evolve," Klein said in an interview with the Los Angeles Times. While FOX News has not publicly prodded Glenn Beck for calling the president a racist who has a "deep-seeded hatred for White people" advertisers have been pulling their dollars from Beck's show. To date, 57 advertisers have pulled their support from Beck's show, according to Colorofchange.org, a Web-based African-American advocacy organization that is spearheading the Glenn Beck Show advertising boycott. "Unfortunately, 57 advertisers dropping Glenn Beck's show have not convinced Fox News to take responsibility for his comments publicly and it does not appear network executives have made any attempt behind the scenes to reign in Beck's erratic on-air behavior," said Jessica Levin, spokesperson for

Media Matters, a media watchdog organization. "Similarly, efforts by organizations to reign in Lou Dobbs seem to have fallen on deaf ears. CNN President Jonathan Klein has been Dobbs' number one defender, calling his relentless promotion of conspiracy theories about President Obama's birth certificate "legitimate." Levin said that none of this changes the fact that cable news networks must be held responsible for what is said on air. Some observers have questioned whether the attacks on political figures of color like Obama are more incendiary than their White counterparts? "The president doesn't think it's the case," Obama spokesman Bill Burton responded when asked at a press brief last week during the President's vacation in Martha's Vineyard. Levin disagrees. "There's no doubt that attacks on President Obama and Supreme Court Justice Sonia Sotomayor have racial undertones," Levin said. "In fact, at times the attacks have been outright racially charged. I think everyone can agree that the conservative media's coverage of Obama has been vicious, violent, and unlike coverage of previous presidents. No one ever demanded to see George W. Bush's birth certificate. Since the start of 2008, conservative media figures have attempted to paint Obama as 'foreign' and 'not one of us' and I think a lot of that is a blatant attempt to play off of people's fears about the first Black president." She continued by saying, "The problem is that the viewpoints being presented are not representative of the diverse country we live in. During the controversy surrounding Don Imus' racist and sexist remarks in 2007, a Media Matters report found that a huge majority of the guests on cable news shows were White males. Such disparities still exist today. So when you have someone like Glenn Beck calling the president 'racist', there is often not a person of color there to explain why that assertion is not only ridiculous, but dangerous."

Photo by Jim Rouse

Call for Letters of Intent

The Pitt Memorial Hospital Foundation is accepting letters of intent for grants or funding to support projects in the program's focus areas:

- Diabetes
- Access to Care
- Minority Health
- Senior Services
- Nutrition/Physical Activity

The grants will be awarded as part of the Foundation's 2010-2011 Community Benefits and Health Initiatives grants program.

Grant funding for 2010-2011 is restricted to Pitt County and will not be awarded for medical research. Only government entities or non-profit organizations with 501 (c) (3) status are eligible for funding.

The grant period is for July 1, 2010 - June 30, 2011.

Letters of intent should include the following:

- Brief organizational history
- Project description; include target population
- Explanation of how the project addresses the program's focus areas (listed above)
- Dollar amount being requested and how funds would be used
- IRS Letter of Determination

Letters of intent must be received by November 6, 2009. Submit letters to the address below.



Pitt Memorial Hospital Foundation

Community Benefits Grants Program
P.O. Box 8489, Greenville, NC 27835-8489

Jesse Jackson Accuses BMW of Racism



What exactly is a
'No Urban Dictate'?

Well the Rev. Jesse Jackson, president of the Rainbow Push Coalition would like to know. According to published sources, one of BMW's media buying agencies, The Matlock Group, sent an email to radio stations throughout the country requesting ad rates but took it a step further by specifying, that "No combos or urban formats should be included." The 'No Urban Dictate' (NUD) clause simply means that a particular corporation would prefer, that their marketing campaign not be placed in media outlets that claim people of color (African-Americans) as their main target. ... Back in 2004 radio

personality Tom Joyner was very vocal about this practice when CompUSA exercised this racist tactic. Joyner went on to single out over 20 corporations that had also been guilty of following suit including Lexus, Eddie Bauer, Keebler, Starbucks and Northwest Airlines. Rev. Jackson who is notorious for letting big business 'have it' with both barrels sent a letter to BMW expressing concern over the NUD stamp on any future MINI Cooper ads. In his letter to BMW's Chairman and CEO Jim O'Donnell, the Rev. Jackson called the exclusion of urban radio stations "disturbing." He also went on to say that, "This issue, along with many others, continues to boycott communities of color and excludes us from participating on a level economic playing field even when we fully embrace and purchase your vehicles." The automaker has been sent several invitations by PUSH over the years to participate in symposiums to address diversity issues and they have repeatedly declined. "Because diversity and inclusion are so important to the automotive industry, each year the Rainbow PUSH Automotive Project hosts a symposium whose mission and programs include a multitude of topics on diversity," wrote the Rev. Jackson. "The symposium's purpose is to facilitate substantive dialogue, open communication on diversity opportunities, and to prevent this type of behavior recently demonstrated by BMW." The matter is still unresolved, Rev. Jackson is waiting for a response from the BMW powers-that-be. So what do you think? Is this racist or targeted marketing?

**Vote
Now, Sir!**

In A Rare Public Comment The Nobel Jury Strongly Defends Their Selection of Barack Obama

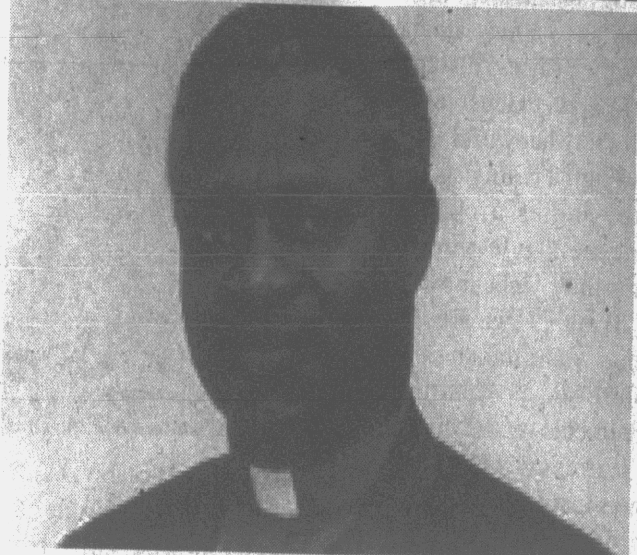
By IAN MACDOUGALL and KARL RITTER, Associated Press Writers
Ian Macdougall And Karl Ritter, Associated Press Writers - OSLO - Members of the Norwegian committee that gave Barack Obama the Nobel Peace Prize are strongly defending their choice against a storm of criticism that the award was premature and a potential liability for the U.S. president. Asked to comment on the uproar following Friday's announcement, four members of the five-seat panel told The Associated Press that they had

expected the decision to generate both surprise and criticism. Three of them rejected the notion that Obama hadn't accomplished anything to deserve the award, while the fourth declined to answer that question. A fifth member didn't answer calls seeking comment. "We simply disagree that he has done nothing," committee chairman Thorbjørn Jagland told the AP on Tuesday. "He got the prize for what he has done." Jagland singled out Obama's efforts to heal the divide between the West and the Muslim world and scale down a Bush-era proposal for an anti-missile shield in Europe. "All

these things have contributed to — I wouldn't say a safer world — but a world with less tension," Jagland said by phone from the French city of Strasbourg, where he was attending meetings in his other role as secretary-general of the Council of Europe. He said most world leaders were positive about the award and that most of the criticism was coming from the media and from Obama's political rivals. "I take note of it. My response is only the judgment of the committee, which was unanimous," he said, adding that the award to Obama followed the guidelines set forth

by Alfred Nobel, the Swedish industrialist and inventor of dynamite, who established the Nobel Prizes in his 1895 will. "Alfred Nobel wrote that the prize should go to the person who has contributed most to the development of peace in the previous year," Jagland said. "Who has done more for that than Barack Obama?" "It's an embarrassment and even an impediment to peace. President Obama, in letting the committee award it to him, has made himself look vain, a fool and dangerously lost in his own mystique." Yet Obama was humble in acknowledging the prize.

The Next Pope Could Be Black



VATICAN CITY — A prominent African cardinal says there's no reason why the next pope can't be black.

Cardinal Peter Kodwo Appiah Turkson of Ghana is playing an important part in a three-week meeting at the Vatican on the role of the Catholic Church in Africa. At a news conference Monday Turkson was asked whether he thought the time was right for a black pope, particularly following the election of President Barack Obama. Turkson replied: "Why not?" He argued that every man who agrees to be ordained a priest has to be willing to be a pope. He noted that, with Obama and the previous U.N. secretary-general, Kofi Annan, there have been several blacks in positions of global leadership. He said "If God would wish to see a black man also as pope, thanks be to God."

V
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One city, one people!

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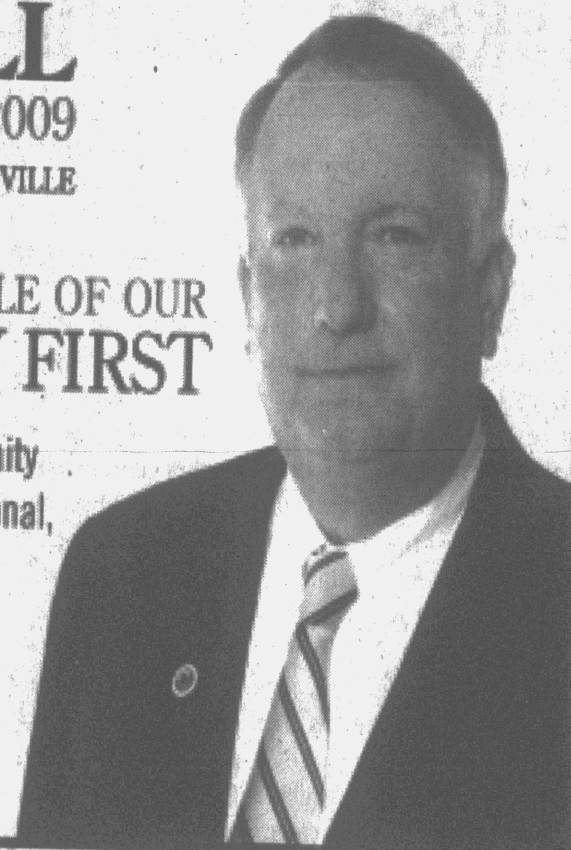
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EARLY VOTING STARTS
OCTOBER 15TH

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My dedication to our community is a vital part of my professional, personal and spiritual life. To learn more about my campaign, or to volunteer, visit Kittrell4Council.com.



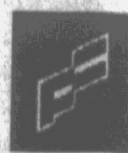
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From The Desk Of Mrs. Beatrice Maye



Congratulations! Your child has decided to participate in an athletic activity, whether he or she is in league play or not, remind them that although winning is nice, it should not be the main emphasis. If the boys and girls are having fun and learning the fundamentals of the game, that is what really matters and should be stressed more than winning. Also, please emphasize the importance of being good sports, whether you win or lose. Lastly, the success of many programs is because of the excellent volunteers who make it such a rewarding experience for the youth of our community. Thanks for doing a superb job with our youth. You are truly appreciated

Beatrice C. Maye

Proven Strategies For Beating Stress

Socialize. See friends, relatives, go to club meetings, stay connected. This is paramount.

Talk, Laugh, cry, get angry. Let it out.

Exercise regularly. Studies show exercise reduces anxiety, releases tension and spurs the brain to pump out endorphins, chemicals that create a sense of well-being. Try for 30 to 60 minutes three times a week.

Eat a healthy balanced diet.

Block stress by losing yourself in activities you enjoy deeply-reading, playing mu-

sic, gardening, visiting friends. Add these activities to your daily or weekly schedule. Be discipline about this.

Get perspective. Remember past hardship and problems you've overcome.

Live in the moment through activities you enjoy, and small escapes like movies and TV.

Practice slow, deep breaths. Shallow, fearful breathing seems to send stress signals to the brain.

Try yoga or meditation. If you don't enjoy them, don't force yourself-try another activity.

Today's Helping of Chicken Soup for the Soul.....

He is Just A Little Boy

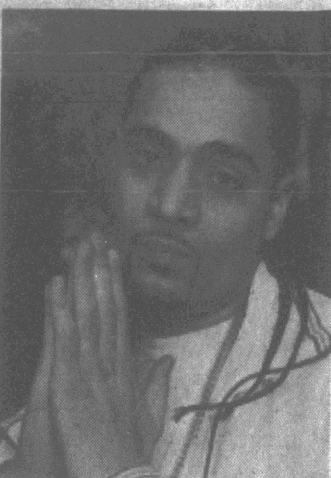
He stands at the plate with his heart beating fast. The bases are loaded, the die has been cast. Mom and Dad cannot help him, he stands all alone.

A hit at this moment, would send the team home. The ball meets the plate, he swings and he misses. There's a groan from the crowd, with some boos and some hisses, a thoughtless voice cries, "Strike out the bum". Tears fill his eyes, the game's no longer fun. So open your heart and give him a break, for it's moments like this, a man you can make please keep this in mind, when you hear someone forget, He is just a little boy, and not a man yet.

By Chaplain Box Fox
from Condensed Chicken Soup for the Soul
Copyright 1996 by Jack Canfield, Mark Victor Hansen
Patty Hansen

**Read
Learn
Grow**

Tru Life Indicted On Murder Charges



Once dubbed to be Jay-Z's protégé for Roc-A-Fella, it has been reported that artist Roberto "Tru Life" Rosado has been indicted on a murder charge and will remain behind bars in a New York prison. The charge revolves around stabbings on June 15 which left two casualties. Christopher Guerrero, 20, was left fatally wounded and Jason Grey, 27, is in critical condition. Rosado is being held without bail for allegedly stabbing Guerrero in the stomach and Grey in the chest. A 1st Degree murder charge carries a maximum sentence of life in prison under New York's law.

The 33-year-old rapper allegedly turned himself in last week, was taken into custody June 22 and placed at Riker's Island on charges of murder, assault and weapons possession along with his brother, Marcus, who is being held as being an accomplice to the attack. The violent act by Rosado is allegedly an act of retaliation for the shooting of a suspected drug dealer. Police reported that the stabbings, which occurred at 9:30 am in the lobby of a Manhattan building, were the aftermath of an altercation that had occurred earlier at Club Pasha

in Hell's Kitchen. Hip-Hop Life and Cam'Ron occurred during a time where Dipset had a beef brewing with Jay-Z. Tru Life and his crew also had a run in during the past with Mobb Deep and its rumored that members of the Queens Bridges duo's entourage were pistol whipped and robbed after Prodigy double sold a verse to Tru and then recorded it for the Any Given Sunday soundtrack on the song "Never Goin back". The confrontation went from a war of words to a threat of gun fire and ended with Tru Life allegedly punching the Dipset founder in the face. The confrontation of Tru

**WTOW JOY
1320 AM
WOOW
1340 AM**

Coolio Pleads Guilty To Cocaine Possession



90's rapper-turned-reality TV star Coolio, 45, whose government name is Artist Leon Ivey, Jr., plead guilty June 26 after being charged with possession of cocaine.

Together We Have the Power To Find a Balanced Solution.

Ask for Affordable Energy Legislation.

Congress will soon be voting on legislation that will increase energy costs for families and businesses.

Tell your Congressional representative to vote for solutions that balance the needs of the environment with the financial concerns of the American people.

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RE-ELECT Judy Jennette MAYOR OF WASHINGTON, NC



Mayor Judy Jennette joins several honorable Beaufort County veterans to sign a "hire a vet" proclamation and then unveil the new fallen soldier statue

RECENT ACCOMPLISHMENTS (THIS TERM)

Commercial bus stop now based in Washington Veterans' Park improvements (with input from vets)
Social welfare providers meeting regularly with city
Improved electric deposit and cut-off policies
PCM Skatepark and Beebe Park opened

KEEP THE MOMENTUM GOING!

Paid for by the committee to Re-elect Jennette

Reelect Pat Dunn Mayor



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Working for the good of the entire city.

patdunnformayor.com

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Princeville Celebration

