

"Let's Review"

Dollar Stores There's no shame anymore in shopping at dollar stores, says Laura Daily, a freelance writer on consumer

finances. One financial planner (and a single dad) searches the aisles of a Dollar Tree store piling his cart up with canned goods, shampoo, pretzels, and breakfast cereal. He saves \$20 to \$30 a month. A few years ago shoppers were reluctant to admit they were dollar store fans. Associated with drab strip malls and rundown parts of town, dollar stores - no frills outlets that slash prices on everything from silk roses, grease remover and dog biscuits to turkey basters and Scooby-Doo underwear-were stigmatized as lastditch markets for battered or expired merchandise. No More. These days bargain hunters have turned places with names like 99 Cents Only, Dollar Tree, Dollar General, It's A Buck, and Family Dollar into one of America's fastest-growing retail indus-

Dollar stores, once the province of low-income shoppers, have become chic, attracting high-income customers. A third of all shoppers are over age 55. Dollar stores, found worldwide, are not new. In this country, they date

back more than 50 years, descendants of five-and-dime stores. Despite their names, dollar stores don't necessarily sell their wares for \$1apiece. Some dollar stores do charge 99 cents or \$1 per item, but others like Family Dollar or Dollar General sell items at multiples of a dollar (from \$1 for household cleanerr to \$30 for a CD box).

Dollar stores can sell their goods for so little because of mass buying power, high-tech distribution systems, smaller store size and minimal "extra" services. They rarely advertise or offer coupons.

They don't offer, layaways or rebates. Imported merchandise accounts for some lower prices, as do product closeouts or overruns from manufacturers. Sometimes dollar stores carry familiar products with odd-looking labels. Sometimes a manufacturer prepares a batch of product for overseas sale or simply with a different label design, then someone changes their mind. Which isn't to say dollar stores carry only off-brand or discontinued merchandise. Brand-name goods like Hershey, Coca-Cola, Fruit of the Loom, 3M, Procter and Gamble and General Mills fill the shelves. Food increasingly represents some of the best bargains. If you cheek the expiration dates on foods, you find that they don't sell expired products, but they

may sell-closer to an expiration date than a grocery store, but no more than two to twelve months. The expiration dates on produce and fresh foods are the same as those found in grocery

Best sellers beyond food include paper products, detergents, stationery, candy and household cleaners. Before the holidays, shoppers stockpile gift bags, wrappings, bows and tags for a fraction of the cost of even super-dis-

counters. Reading glasses are a good seller. The best part is if you leave them on a table in the restaurant or drop them on the floor and somebody steps on them, nobody gives a hoot. They only cost a dollar!

A monthly column by East Carolina University Chancellor Dr. Steve Ballard

Since my first days here at ECU in Greenville in early June, the residents of Greenville have warmly welcomed my family and me and made our transition a comfortable one. For that, I want to offer my sincere thanks.

I have made a commitment to learn about the community in which I live and work. To me, learning about a new community is a lot like learning about a new friend. It's important to talk, but most important to listen. If you don't listen, you might miss something really important. That's why I want to reach out to the many communities in eastern North Carolina that have a direct role in the future of ECU. I don't want to miss what's important.

One way we plan to open this diague is through our monthly meetings of the Chancellor's Community Advisory Council, a group that was formed last year as a result of public forums in this area. Local residents come together to advise us about community needs and work to find ways for ECU to be more active in the community.

Another way to reach out to our communities is through this monthly column in local newspapers.

I'm a strong believer in partnerships. Whether you call it external relationships, or services to our communities, we have a great opportunity to build strong partnerships in eastern North

We recognize that eastern North Carolina communities want to be partners with ECU, and we have a lot to contribute. Sometimes we're the driver. Sometimes we're the partner. Frequently we're the supporter or the helper.

But our partnership opportunities are huge. We have to get some traction in a couple of areas that I think are criti-

First, we must work well with the community colleges. One great example of this is Wachovia Partnership East. It is a "2 plus 2" program in our College of Education.

Under the direction of Dr. Marilyn Sheerer and the Department of Curriculum and Instruction, ECU has entered a partnership with the community colleges throughout the eastern part of the state. With the help of Wachovia Corp., the College established four consortia partnerships within the university's ser-vice region. This program is designed to allow students easy access to educational opportunities. Students, many of whom are working adults with families still at

home, can study to become teachers without having to leave their homes, their workplaces or their busy lives so they can "go to" college

This "2 plus 2" program lets these students earn their first two years of college work at any one of the partnering community colleges. They can then finish their last two years with access to ECU faculty through a mix of technology and classroom instruction at one of the consortia hub sites.

This program has about 150 students enrolled now, and it plans to graduate at least 100 new teachers annually beginning in 2006. This concept is especially exciting now, in light of the extreme shortage of qualified teachers in our K-12 system, particularly in science and math.

In the near future, we're hoping to expand the program to include those living on the Outer Banks, and to strengthen the program at Pitt Community College here in Greenville.

Another critical partnership is with the city of Greenville.

While it is still very early in this project, ECU is working with the city leaders to rejuvenate an area in downtown Greenville that would support an alumni center and office space.

Another exciting project involves our own Regional Development Services staff members, who are working with the Redevelopment Commission of Greenville, the City of Greenville and the Uptown Greenville Association to secure a grant from Golden Leaf Foundation to develop an arts and cultural district in Greenville. Both of these projects are in the very

Dr. Steveve Ballard Chancellor, East Carolina University early stages, but I am excited about the prospects of what this could mean for ECU and our communities.

Along with these regional partnerships, we need to pursue relationships with other institutions, including the University of North Carolina (UNC)

Within the K-12 public school system, we are fortunate to have a great supporter in Mike Priddy, superintendent of Pitt County Schools.

So partnerships and community outreach and growth will be essential to the future of ECU.

I hope you will share my excitement about these few projects I've out-lined here. Working together, we can build a common goal that will mean a bright future for everyone in eastern North Carolina. And with your help, we can make that future a reality.

WITH FAITH MAY

Why don't my children appreciate evil ine. In a world where more than half of erything I have given, and all the sacrifices I have made for them?" Still, many parents will leave such thoughts unspo-ken and try to put family differences aside for the day.

Thanksgiving Day has a rich heritage. Most historians trace its origin to a three-day feast, held in the fall of 1621, at which the Wampanoag tribe and the Pilgrims gathered together to celebrate a bountiful harvest. President George Washington proclaimed the new nation's first Thanksgiving in 1789 and another in 1795, but these celebrations were not held in the fall. It was Abraham Lincoln who established Thanksgiving Day as an annual fall holiday, held on the final Thursday of November. This custom remained until 1941, when the U.S. Congress enacted a law placing Thanksgiving Day on the fourth Thursday of

Most of us who live in the United States or other English-speaking nations have much to be thankful for: we have received blessings that the majority of

per day, even the poorest in the U.S. and Britain are among the most blessed people on our planet.

Yet God has given us something more valuable: the Bible—His "instruction manual" for how to live in harmony with His creation and reap the blessings that He intends for his creation. God is our perfect Parent.

We know how a parent feels about a disobedient and thankless child at the Thanksgiving table. But are we disobedient and thankless children of our Father? As we prepare for Thanksgiving Day this year, we should ask ourselves: "Am I thankful to God? Do my actions show my thankfulness?" Do we have the peace that comes through thankful obedience to our Savior? Do our actions say "thank you" to God-or do they say "thanks for nothing"? This year, let us resolve to thank God with our actions, not just our words.

Resource: Tomorrow's World Excerpted from Nov.-Dec. 2004 Article by William Bowmer

wonder, quietly, "What went wrong? the world's population can scarely imag-Home-Work: Direct Selling Spurs Increa



THANKS FOR NOTHING?

(Submitted by Faith May)

"How sharper than a serpent's tooth it is to have a thankless child." (King Lear,

famous words from William Shakespeare?

On Thanksgiving Day, millions across

the United States will put aside their fam-

ily squabbles and try to enjoy a pleasant

meal together. Millions of parents will

What parent cannot relate to these

Act I, Scene 4).

(NAPSA)-One of the fastest growing ways to buy and sell products is also proving to be the most lucrative and convenient for many involved.

Direct selling has become a global phenomenon as consumers are drawn to the appeal of shopping from homeand the outdated image of the door-to-door salesperson has been replaced by that of savvy entrepreneurs managing profitable businesses from the convenience of their homes.

Nearly 50 million people comprise the global sales force today, 13.3 mil-

nearly half a million new independent no adds, salespeople join the ranks each week. In fact, direct-selling sales in the U.S. went up about \$1 billion in 2003, hitting \$29.6 billion. Overseas the increase was even more dramatic. One reason may be that direct sell-

ing offers an unprecedented opportunity, says Neil Offen, president of the Direct Selling Association: "Two wonderful aspects of direct selling are that you can balance your family responsibilities in life with your business opportunity and you can set your own finan-cial goals."

If you're attracted to a profession in direct selling, however, do a little re-search. The Direct Selling Association

 Find a company and product that appeals to you

Make sure your start-up costs are minimal

 Look for companies that offer cutting-edge support for their sellers. Online tools, in particular, can make purchasing products and running of the business much easier

• Find a company that offers education, training, support and incen-

Rhonda Shasteen, senior vice presi-

provide online programs that Independent Beauty Consultants to manage their businesses. They can track sales, keep their customer information right at their fingertips, place orders and always have access to the most up-to-date company information. What's also great is that customers can conveniently purchase products from their consultants online 24/7 and have them delivered right to their door."

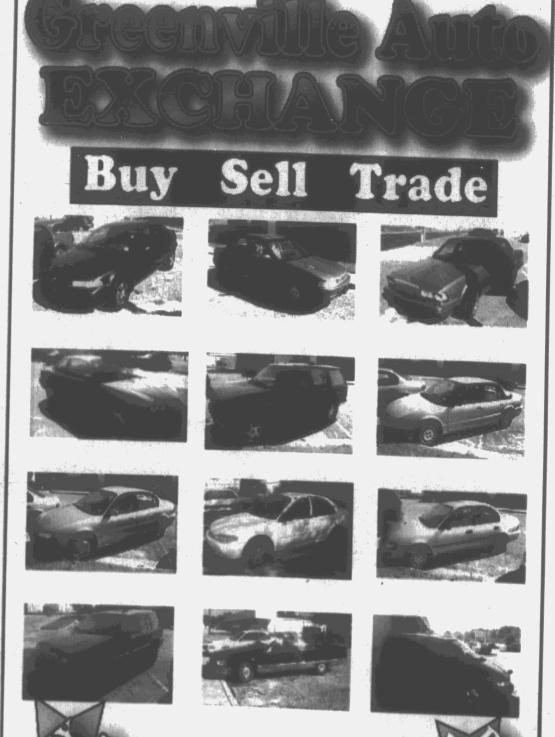
One Mary Kay independent sales director describes her career: "I was able to grow my business at my own pace without having to sacrifice time with my family or my friends. Now, it's my full-time career and not only has it been lucrative but it's flexible and I have a lot of fun." There's no "glass ceiling," she adds. Direct sellers enjoy success limited only by their own time and effort.

The industry is greatly expanding as new independent salespeople recognize what direct sellers have known all along: When this opportunity knocksopen the door.

Trends in home shopping, coupled with the needs of people to balance their lives, are fueling the growth of directselling careers.

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Ways To Pamper Your Blackman

- 1. Ask, don't beg or command 2. Compliment him on his accomplish-
- his favorite things.

 4. Keep yourself clean.
- 5. Take his mother to lunch.
- 7. Laugh with him, not at him.
- 3. Prepare a candle-light dinner with all

GREENVILLE, NORTH CAROLINA

PROJECT NC 22-50203/2617

27. Be polite. 28. Look at him when he's speaking. 29.Encourage him to stay within his budget, and don't be the cause of his

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4. All related work

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HOUSING AUTHORITY OF THE CITY OF GREENVILLE

- overspending.
 30. Call his mother to say hello.
- 6. Buy him cologne or after-shave.

16.Buy him a new toothbmsh when

you notice the old one fraying. 17.Ask him to teach you something, and

take a real interest in learning it.

20. Notice what's new about him.

24. Don't remind him of his failures.

31. Don't put his business in the street.

26. Limit your time on the phone.

21 .Leam to be a good cook. 22.Have meals ready on time.

25. Love him for who he is.

32. Respect his privacy.

14. Watch TV withhim.

15.Don't gossip.

18.Encourage him.

19.Be sexy.

23.Don't sulk.

- 8. Keep your bag of sexual tricks and treats full.
- children, with respect. 9. Don't try to change him radically. 39. Spend time with his kids. 10. Listen to him.
- 40. Say what you mean and mean what 11. Cheer him on at his basketball you say. games or his bowling league.

 12. Write love notes and hide them in 41. Never share your secrets with anyhis personal things.

 13. Want the best for him.
 - one else.

33. Allow him to have friends.

36. Respect him in front of his friends.

38. Treat his ex-wife, the mother of his

37. Give him a kiss for no reason.

34. Don't snoop.

35.Be faithful.

- 42. Buy him a present for no reason. 43. Don't leave your hair in the bath-
- room washbasin. 44. Take his clothes to the cleaners.
- 45. Never compare him to anyone. 46. Serve him breakfast in bed.
- 47. Don't nag or complain. 48.Be his friend.
- 49. Encourage him to stay fit and healthy.
- 50. Praise him to his children. 51.Be mindful of his moods.
- 52. Save a few dollars each week for as surprise weekend getaway. 53: Be forgiving and don't hold grudges.
- 54. Clean his brush and comb. 55. Pray for him and with him.

How to Stay Young Your Whole Life by Dr. Charles F. Stanley

1. Keep learning. Don't settle for what you already know, as soon as you accept things as they are, you cease to stay young. Keep gaining knowledge about valuable things, starting with the Bible. If we cease to leam, we get into "rut living", which leads to aging. Find something you don't know how to do and

challenge yourself to do it.

2. Keep loving. The Lord doesn't want His children to live with bitterness, anxiety, resentment, ar hostility; those things negatively affect the body, our mind, and every aspect of our life. Unhealthy emotions such as these indicate something is missing from our

Perhaps destructive patterns, like selfcenteredness, jealousy, or anger, have taken root instead of love. But unless we have the capacity to love someone, we cannot be the person God wants us to be. Nor can we achieve or accomplish the things that He has set for our life.

3. Keep laughing. Did you know that

laughter affects every cell in our bodies? When we laugh, our immune system is stimulated, as is our creativity. In addition, we tend to let down our defenses and become more open and transparent. But laughing; that is, being joyous in heart, is of God. The Great Physician tells us that "a joyful heart is good medicine, but a broken spirit dries up the bones". Take yourself less seriously. If you don't have any friends who make you laugh, find some. And remember: children of God should be living illustrations that, when Christ comes into our life, there's reason to rejoice.

4. Keep laboring. Psalm 92:14 compares us to strong trees that "will still yields fruit in old age". This means that we should be fruitful and productive, regardless of age. There is nothing wrong with retiring from alifelong secular career, but to cease working in order to do nothing is a sin. With such a retirement, the brain sends a message to the body: "It's all over". We start aging when we stop being challenged and motivated. 5. Keep leaving... emotional baggage, Too many people live in the past, clinging to old hurts. Plagued by criticism, rejection, and jealousies, they are weighed down by bitterness and haunted by old resentments and hostilities. Such unrelenting memories bend the spirit, the emotions, and body. God, however, never intended for His children to live with such burdens.

6. Keep on longing... for better things. Don't give up your dreams, or you will start aging. Anticipation keeps us young. Keep in mind that God has wonderful plans for each of us.

7. Keep leaning...on God. If I had to select a single verse that's been the anchor of my life, it would probably be Proverbs 3:5-6: "Trust in the Lord with all your heart and do not lean on your own understanding. In all your ways acknowledge Him, and He will make your path straight". Never stop talking to God or listening to Him. Keep believing that HE can and He will. Will your body age? Yes, it will. But that certainly doesn't mean you also have to become old in the mind, in the spirit, or in your heart. Choose God's best. Start living today with the confidence and assurance that God will work in your life to renew your strength. (Isaiah 40:31)

Norma Petway Appointed New Affairs Director

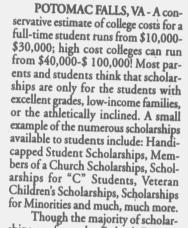


DURHAM, N.C.-Norma D. Petway, a seasoned professional with more than 20 years of experience in human resources, customer relations and manufacturing management,

Alumni Affairs at North Carolina Central A 1977 graduate of NCCU with a bachelor's degree in business administration, Ms. Petway worked as a customer relation manager for Wachovia Corporation in Durham prior to her appointment.

She began her career in human resources at Austin Quality Foods Inc., in Cary as a senior human resources representative. She was promoted to employment and communication manager before leaving the company in 1992 to serve as a human resources representative at Glaxo SmithKline, Inc. In 1996 she became an affirmative action/EEO specialist with Nortel Networks and was responsible for developing and analyzing the affirmative action plan for the Research Triangle Park location, which included 8,000 employees. She served as human resource manager before leaving the company in 2001 to oversee customer relations at Wachovia Cor-

Petway is a life member of the NCCU National Alumni Association and has served as president of the Durham Chapter of the



ships are from the Federal Government and are merit and/or need-based, millions of dollars are available to students from private sector scholarships. Much of private sector financial aid goes unused because the parents and students do not know how or where to apply. There are organizations that

have spent hundreds of hours in research locating scholarship sources. The U.S. Commission for Scholastic Assistance - College Bound is such an organization and supplies the public with over 1000 different private scholarships sources. The scholarship list includes the scholarship names, addresses, application deadlines; summaries about the scholarship and the amount the scholarship will pay your child. Many scholarships pay the entire fuition; others can be applied towards tuition; others can be applied towards tuition. wards tuition, living expenses, and/or other fees.

Most scholarships can be used at junior colleges, career and vocational schools, 4 year colleges, graduate schools, medical and law schools. For information on obtaining these scholarship lists, send a self-addressed, stamped, business size, #10, envelope to: The U.S. Commission for Scholastic Assistance, P.O. Box 650067, Potomac Falls, VA 20165-0067



(NAPSA)-In the United States, a person dies by suicide every 18 minutes, leaving behind family members, friends and coworkers-"survivors"-to cope with their pain and their ques-

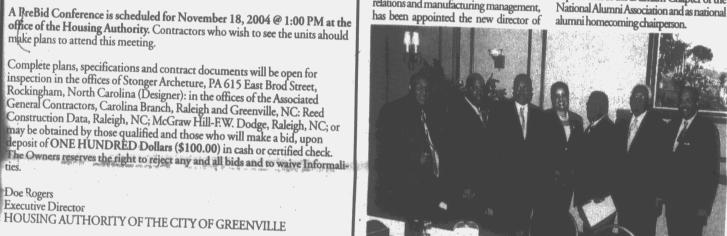
National Survivors of Suicide Day, sponsored by the American Foundation for Suicide Prevention (AFSP), is an annual commemoration that al-

lows survivors nationwide to join together for support, healing, informa-tion and empowerment. Linking over 90 survivor conferences nationwide through a live broadcast, National Survivors of Suicide Day-observed this year on November 20-helps sur-vivors express and understand the powerful emotions they experience.

The broadcast features panel dis-

cussions with "veteran" survivors and clinical experts. The event is also broadcast live on the Web. An online chat immediately follows the Web cast, enabling survivors to connect with others and share their own stories.

For more information about National Survivors of Suicide Day, visit www.afsp.org.



From Left to right, Ed Carter, Former Mayor of Greenville, Carl Pckney, Craig Reed, City Councilwomen, Rose Glover, William Wainwright, Wake County Commissioner-Vernon Malone, and Everette Ward. Carter, an Alpha Phi Alpha conducted the wel-coming cereomies during an Alpha Conventuion, here in Greenville. Photo: Jim Rouse

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NCCU PROFESSOR AWARDS \$1 MILLION TO NCCU



DURHAM, N.C. -The family of the late Dr. Mary M: Townes awarded a \$1 million check to North Carolina Central University (NCCU) during Homecoming in honor of the endowment established by Dr. Townes who served the university for nearly 44 years. Prior to her death in 2003, Dr.

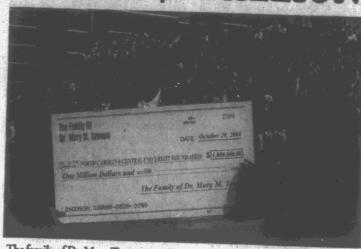
Townes gave an anonymous gift of \$239,000 to establish The Mary E. Townes Continuing Education Scholarship Fund. Upon her death, she bequeathed more than \$761,000 that the university received recently.

We are extremely pleased and proud to have a wonderful planned gift from Dr. Mary Townes," said Susan Hester, interim vice chancellor for Institutional Advancement. "We hope that this will inspire other alumni to give to their alma

Bom July 12, 1928 to Nora McPhatter and Mitchell McLean in Southern Pines, N.C., Dr. Mary M Townes began her teaching career at North Carolina Central University in 1950.

Dr. Townes was the university's first director of the faculty-based Academic Advising Program. She was also the first coordinator of the North Carolina Central University Graduate Research Program.

She has published more than



The family of Dr. Mary Townes presents a mock check for \$1 million to Chancellor James H. Ammons during NCCU's Homecoming game. Dr. Townes bequeathed \$1 million to the university to establish the Mary E. Townes Continuing Education Scholarship Fund. From left to right are: Susan Hester, interim vice chancellor for Institutional Advancement; Ammons; Helen McLean, Dr. Townes' sister; and the daughter of Dr. Townes, Tricia Townes of New York.

60 articles in the Journal of Cellular and Comparative Physiology, The Journal of Comparative Bio-

chemistry and Physiology, The Journal of the Elish Mitchell Scientific Society, The Journal of Chemi-

knew, as Martin Delaney told us, that our economic prosperity had to come from the work of our own hands.

Marcus Garvey-type brother, who put the welfare of his people before his own. I am not suggesting that every Black person will or even should do the same as he did. What I am suggesting is that we consider the ways we are spending our money by taking a look at the "policies" we pay for very month, and start putting more of our money into policies that Black folks write. Let's pay some premiums to ourselves for a

gram, Dr. Townes brought to the university \$642,159 in grants from 1980-85. In 1993, Dr. Townes became the University's first recipient of

As director of the Minority Ac-

cess to Research Careers Honors Un-

dergraduate Research Training Pro-

dia International.

the North Carolina Governor's Award of Excellence and in 1994, was awarded the National Association for Equal Opportunity Distinguished Alumna Citation. During her 44 years of service, Dr. Townes served as chair of the

Department of Biology for four years, dean of Graduate Students for seven years and dean of the College of Arts and Sciences for four years until her retirement in July

NCCU also honored Dr. Townes posthumously with the Dr. James E. Shepard Legacy Award at the Legacy Gala during Homecoming weekend.

"insurance premiums" to everybody ac-

cept us. Monthly payments to Black businesses, through purchasing and member-

ships, and monthly payments to Black or-

funds for our businesses will lead us to

nizations via local investment and loan

cies" for our children. (James E. Clingman is an adjunct professor at the University of Cincinnati's African American Studies department and founder of the Greater Cincinnati African American Chamber of Commerce. See www.blackonomics.com)



GREENVILLE, NC - Two Aphan Psi Alpha Men above congradulate Dr. Artis ((center) for his life long achieve-ments in the medical field. Mr. White, who was the conference chairman, did a spectacular job hosting the largest conference ever held in the state of North Carolina. Rodney White (left), Ron Hill (right) and Dr. Isaac Artic, MD.

Photo Commentary: Jim Rouse



by James Clingman No doubt you have heard about the various insurance companies being sued be-cause they misled and cheated Black consumers. I remember my great-grandmother religiously paying her few cents on her debit policy in the 1950s; every Saturday when the agent came to the door she handed him the payment and he wrote it in a little book she kept. Of course, when she died there was no money at the end of that policy. What was it that made our elders care so much about paying those premiums? You may not have noticed, but we do the same thing today.

Why are some of our people still paying for "policies" while not receiving anything in return for their money except a promise? To what kind of policies am I referring? Well, there's the one that signs us up for, say, \$25 per month, and then promise to be there when we need a legal service. There is also the kind that promises good health if we would just pay a small amount every month, or the one that offers us millions of dollars in return for a mere \$29.95 per month. Of course, you can pay it in a lump sum if you choose.

These are the modern-day insurance policies that are sold to Black people and others, of course, which for the most part are never used or redeemed. These policies never pay off, not even when you die. We pay the premiums into a pool of reserves that create and maintain wealth for other people but never translate into wealth for our people. Sure, there are the "success stories" they always parade out for potential policyholders, but the chances are slim to none that a cancelled check, such as the one they always let you see, will ever be in your bank account. Yet, we sign up to pay for a policy we trust will pay off one day and carry us to that promise-land of riches we dream

Black consumers pay into an array

of "policies" owned and controlled by non-Black companies or individuals. Some may be good and some may pay off, but the point is that we do it and promote them as if they belong to us and as if they actually will help our people. They may help you as an individual, but as for the Black

collective, I don't think so. I remember Brother Ken Bridges tell ing me that after reaching the highest level in a nationally known multi-level organization he walked away from it. "Why would you do that?" Friends and associates asked Ken and his wife. Ken told me that after he discussed with top management the possibility of adding some component that would help empower Black folks, and being turned down, he left the organization.

He left because the policies they were selling had no positive, long term, collective economic effect on his brothers and sisters. Sure, Ken and his family were earning a tremendously good living, but he was concerned that there was no way the masses of Black consumers could truly benefit from what he was involved with. He knew that ownership of income-producing assets such as distribution channels, manufacturing concerns, and other businesses were necessary for Black people to move forward collectively. Ken also

Ken Bridges was a rare brother, a

Just as we pay for our life insurance policies to pass something on to our fami-lies, especially our children, when we die, we should also be willing to pay on a collective policy that will strengthen and sustain our children and their children long after we are gone. Our conspicuous consumption of everyone else's products and services are essentially economic insurance policies for those who own the businesses we support. If we would support our own businesses and pay more of our premiums to them-to ourselves-we could build an economic future for our beneficiaries.

Beware of so-called Black leaders who stand up and promote Black support of companies that require us to pay premi-ums on "insurance policies" sold by everyone else. Beware of them, especially if they do not also promote Black-owned companies that have the same kinds of "policies," "memberships," "monthly purchasing plans," etc. You should at least question why they are advocating for non-Black businesses and not advocating for businesses owned by their brothers and sisters.

Black people must not repeat the mistakes of the past by paying monthly

collective economic prosperity. Let's leave some paid-up "collectible insurance poli-

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rance News an Notes

(NAPSA)-There are ways to ensure you choose the right life insurance. That's important, because analysts say a sound financial plan begins with a good life insur-



ance package. These questions and answers may help you decide which type is best for you:

1. How much life insurance do I need? Carefully examine your current and future financial obligations, and the resources that your surviving family members could draw on to meet them. The difference between the two is the approximate amount of additional life insurance you need.

2. What type of policy should I buy: term or permanent? Generally speaking, "term" offers the greatest coverage for the lowest initial premium and is a good solution for people with temporary needs. Permanent insurance may make more sense if you anticipate a need for lifelong protection and like the option of tax-de-

ferred savings.
3. Should I just buy basic life insurance coverage? That depends on your specific needs and budget. Here are a few



optional policy riders:

A disability waiver of premium, which stipulates that if you become totally disabled for a specified period of time, you don't have to pay premiums for the duration of the disability.

Accidental death benefit, which pays an additional benefit in the

case of a death resulting from an accident.

* Accelerated death benefit, which allows you, under certain circumstances, to receive the proceeds of your life insurance policy be

Does it make sense to replace a policy? Before dropping any in-force policy, consider:

If your health status has changed over the years, you may no longer be insurable at standard rates.

Your present policy may have a lower premium rate than is required on a new policy of the same type.

If you replace one cash-value policy with another, the cash value of the new policy may be relatively small for several years and may never be as large as that of the original one.

5. How do I find a good insurance agent? Seek recommendations from friends and professionals such as your lawyer or accountant. Also, consider someone who has received special certifications such as Chartered Life-Underwriter (CLU), Chartered Financial Consultant ChFC) or LUTCF. You can also search for an agent or advisor with an organization such as the National Association of Insurance and Financial Advisors (NAIFA), the nation's largest financial services membership association. To find a NAIFA member in your area, visit

www.naifa.org. Financial resources are just one factor to consider when buying life insur





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