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There are many paths to the top of the mountain, but the view is always the same.
—Chinese Proverb

EASTERN NORTH CAROLINA'S MINORITY VOICE-SINCE 1981

ISSUE OF NOV. 19-25

WITH
THANKS
TO
YOUMay you and yours
share wonderful times
this holiday.You have our sincere
appreciation for your
patronage.Happy Thanksgiving
to everyone.

Jeff Savage To Run For Mercer Seat

From Staff Reports

Pitt County Commissioner Jeff Savage plans to run for the 8th District House seat in the 1998 election, he said recently.

The seat is currently held by Rep. Linwood Mercer, D-Pitt, who has announced his candidacy for the 1st Congressional District seat now held by Rep. Eva Clayton.

"While my interest was primarily in serving the people here in Pitt County, I saw it being a real opportunity that I could serve the citizens all across North Carolina," Savage said.

Savage, a Democrat, said he began thinking about running for the House seat shortly after his re-election to a second term as county commissioner in 1996. He has been on the board since 1992.

His formal announcement came at Philippi Church of Christ on Nov. 9.

"I spent the last, almost two months, just trying to make sure that people here in Pitt County would support me," he said. "Once I felt comfortable that I had solid support in my own back yard, I've since started going elsewhere making

contacts with other people letting them know my intentions. I've been making the rounds ever since then. It was a decision that I did not make lightly. I thought about it intently for about six months."

Mercer had heard rumors for some time that Savage might run. Mercer preferred not to endorse a candidate now or to speculate on Savage's qualifications.

"We're running our own race and we'll stay as far as we can from that (race)," Savage continued, "I wish them all well."

(See SAVAGE PLANS, P. 2)



A BUNDLE OF JOY—Bro. Lee, of Lee's Barber Shop in Washington, is shown here beaming brightly with his wife, and little ones. It's obvious that the bundle he holds is truly a "Bundle of Joy!" (Jim Rouse Photo)

C. Delores Tucker Asks Senate Take Action To Control 'Vile, Demeaning' Music

WASHINGTON, D.C.—"No corporation should be allowed to exist if engaged in activities that contaminate, poison and infect the minds of children," charged Dr. C. Delores Tucker, founder/chair of the National Political Congress of Black Women.

Testifying on "The Social Impact of Music Violence" before the Senate Subcommittee which oversees the District of Columbia, Tucker said action must be taken to curb and control the proliferation of what she termed "vile, demeaning, pornographic and misogynistic" music.

"Those malicious lyrics grossly malign black women, degrade the unthinking young black artists who create it, pander pornography to our innocent young children, hold black people (especially young black males) universally up to ridicule and contempt, and corrupt its vast audience of listeners, black and white, throughout the world,"

said Tucker.

Those attending included Senators Sam Brownback (R-Kan.) and Joseph Lieberman (D-Conn.), Recording Industry Association of America President and CEO Hillary Rosen, medical experts, scholars, lobbyists, parents and shock rock fans.

Sen. Brownback, chairman of the Senate Governmental Affairs Subcommittee on Oversight and Government Management, Restructuring and the District of Columbia, said, "Over the last 30 years, violent juvenile crime has jumped more than 500 percent. Such trends are especially dramatic in Washington, D.C., where juvenile crime, teen death and teen drug use rates lead the nation."

Tucker said, however, that the problem was one which affected all areas of the country.

North Dakota parent Raymond Kuntz told of his 15-year-old son's suicide after listening to shock rocker Marilyn Manson.

Kuntz read lyrics to "Antichrist Superstar," found in Richard's CD, which he claims encourages suicide: *One shot and the world gets smaller! Let's jump upon the sharp swords! And cut away our smiles. Without the threat of death! There's no reason to live at all...*

At the heart of violence in music is the debate over First Amendment rights. While legislators urged record companies to control explicit and offensive music, Rosen defended the rights of artists to freely express themselves.

She also insisted that guidelines already exist to restrict minors from purchasing music that displays "parental advisory" stickers.

Tucker countered that labeling is worthless because children purchase those CDs every day.



SHOWN ABOVE: FCC ATTORNEY WADE HARGROVE & BRO. JIM ROUSE AT 50TH ANNIVERSARY OF N.C. ASSOCIATION OF BROADCASTERS HELD RECENTLY IN RALEIGH.

WOOW-JOY 1340 Cited For Distinguished Service

Radio Station-JOY 1340 AM was the recipient of The Distinguished Community Service Award at the finale of the "Love Feast" held to honor The Reverend C.O. Caldwell on Sunday, Nov. 16, 1997, at the York Memorial AME Zion Church. Bro. Jim Rouse, Executive Director, accepted the award on behalf

of the "Joy" staff.

WOOW was a motivating force in the "Jail-A-Thon", (a fund raising marathon) sponsored by the Philippi Church of Christ, coordinated by Bishop Randy Royal, Pastor of Philippi. These efforts netted \$6,198.50 to aid Rev. Caldwell.

Gatewood: 'Let's Stop Fighting'

By Cash Michaels

Staff Writer

Telling his supporters, "I love you very, very much," Min. Curtis Gatewood, state NAACP District 8 director and former Durham branch president, called for adversaries both inside the NAACP and the African-American community to stop their infighting, and bury the hatchet for progress.

The charismatic activist and honoree at the 23rd Annual Durham NAACP Freedom Fund Banquet at NCCU Saturday warned those listening that unity has many obstacles.

"Whatever differences we may have, if it's between NAACP officers, let's make it NAACP business. If it's between the family, let's make it family business," Gatewood said. "Let's say right now, that we're not going to do anything that would hurt somebody that could possibly be working to liberate our people."

While never calling names or noting situations, there are a

plethora of instances Gatewood may have been alluding to—from his own controversies after leaving the Durham branch presidency last June, to his third-place finish in his hard-fought battle to win the state conference presidency two weeks ago.

"There are a lot of ignorant folk, a lot of divisive folk, a lot of backstabbing folk, that are stabbing and conniving and doing everything to take your place, but God has a place for everyone," Gatewood said.

Beyond that, there are still issues to be settled in the Durham branch and the state conference. Nationally, all members' eyes are on the four board members Chairman Myrlie Evers-Williams and the Executive Committee asked to resign because of alleged, and in some cases admitted to improprieties that cast a shadow over the civil rights organization.

Gatewood warned about the disunity getting worse before it gets

(See GATEWOOD, P. 2)



IF YOU REALLY WANT TO KNOW...JUST ASK "MR. RED"—Bro. Sylvester Tyson and Tony Hines (l.) consult with Mr. Ernest Eaton (c.) about events of days gone by, as Bro. Alonzo "Bud" Hall (r.) looks on. Mr. "Red" always has a moment to share his personal knowledge of "our history" with any young brothers who are interested. (Jim Rouse Photo)



FOLLOWING IN MOM & DAD'S FOOTSTEPS—Sister Altrice Gales of Christian Gift Shop in Washington, N.C. continues the tradition of Richard and Ivester Walker. (Staff Photo)

Dear Jackie and Dee:

I met a man recently who has lots of good qualities. I will call him "Sam". He is a professional man who has an excellent job. The problem is his bragging. He brags about how much money he makes. His conversation is full of conceited statements about his financial status. Needless to say, he works from 9 - 5 for someone else and pays rent to someone. This tasteless quality gets on my last nerve. How can I get this man to see that his bragging is turning me off?

Turned Off

Dear Turned Off:

If you don't like him, reduce his bragging time to zero. If you do like him, tell him that you like him and enjoy his company, the time you two spend together when he is not bragging. If he is wise, he will catch the hint and act accordingly.

Jackie

Dear Turned Off:

Pride cometh before the fall. This brother needs a gentle reminder that to God be the glory. The Lord giveth and the Lord will taketh away. Tell him that while you admire his accomplishments, if he really wants to be impressive, to impress you with his spirituality, his integrity, his warmth, his charm, wit, humor, and humanity...but the greatest of these is charity (love).

Dee

Dear Jackie and Dee:

Some co-workers and I went out to dinner after work a few nights ago and we saw my boyfriend at the restaurant with another woman. We've been dating for almost two years and all of them know him. They were obviously on a date. They were holding hands, laughing and smiling and talking. he was holding her around her waist and caressing her arm. I was shocked, I didn't know what to do. At first I tried to pretend that I didn't see them but everyone knew that I did. I just left my friends standing in line and walked out of the restaurant in tears. I am so hurt. I really love this guy. One of my girlfriends went over to his table and told him that I had just left and he acted like he didn't know who I was or what she was talking about! He's been calling me at home and the office ever since but I haven't accepted his calls. What should I do?

In Love

Dear In Love:

We both agree on this one so you've got one opinion here. What you should have done was to have taken a seat at their table and asked him what the deal was...and right then and right in front of her. Then you'd have your answer and the 32 cents you spent on that postage stamp to us. If you think the relationship is worth salvaging, return his phone call...don't shout, pout, scream, threaten, accuse, or cry...just calmly listen to him plead his case (or dig his hole deeper) whichever the case may be. If you want to give it another shot—go for it—maybe it was his aunt Minnie from Minnesota (right). In my ball game two strikes (if you're lucky) and you're out.

Jackie and Dee

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SAVAGE PLANS

Continued from page 1

Whoever runs should be aware of the demands, Mercer said. He has loved it, but it does take dedication.

"The service is much more demanding than I think most people realize. It only pays \$13,000 a year, so with the time it consumes, you don't have much time for anything else. Be prepared to give up a whole lot of things and work hard if you want to dedicate yourself to that. It's a labor of love."

Savage said his main concern about the possibility of winning the seat was being away from his family during sessions in Raleigh, but he decided that the benefits would outweigh the negatives.

He and his wife, Angel, have three children: Ryan, 9; Naima, 6; and Akeem, 4.

The 8th District consists of parts of Pitt, Edgecombe, Martin and Greene counties.

Savage's main concerns are health care, economic development and the environment. He said if elected he plans to focus on the eastern part of the state.

"I think far too long eastern North Carolina has gotten what was left over after the central and western parts of North Carolina took the lion's share of the state's resources," he said. "I would like to see more appointments come out of eastern North Carolina."

He said he hopes to speak for the residents of the region.

"I want to represent a new generation of political leadership and civic involvement and to be a real voice for the people and to address areas of concern that will improve and maintain the quality of life here in eastern North Carolina," Savage said.

Mercer, who was previously mayor of Farmville and a county commissioner, said such service is valuable while in the General Assembly.

"It prepares you. It gives you good background, because everything we do impacts the tax base in counties, cities and towns. It's invaluable experience to understand the interactions between governments."

DR. TUCKER

Continued from page 1

let your God sort them out / F___ it F___ it F___ it / Everybody's someone else's nigger... / I wasn't born with enough middle fingers...

Despite those lyrics, Tucker emphasized that NPCBW is not talking about censorship.

"Instead we are talking about establishing guidelines for more responsive and responsible corporate citizenship. We are not trying to tell the record industry how to conduct their business. We only want them to transform it," Tucker claimed.

The hearing was carried live by C-SPAN.

GATEWOOD

Continued from page 1

better.

"There are certain forces that would attempt to drive a wedge between young brothers when they get on the right track," Gatewood said, adding that "those who are in our right minds [and] right spirits" are now targets, instead of "dope dealers... rapists and murderers."

Honored previously as the 1996 "Branch President of the Year" by the state conference, Gatewood, with his wife Odessa and seven-year-old daughter Desmera present, vowed to continue speaking out against racism and oppression.

"I don't know about you, but God has given me something to stand for. He has given me something to live for. And if necessary, He has given me something to die for," the Waynesboro native said.

"For God I live, and for God I die," Gatewood added. "Let's put God back in the center of the struggle for freedom and liberation."

The Baptist minister also called for all of the community organizations "that are supposed to be fighting for the poor and the oppressed," to develop a partnership with the churches and other religious institutions to "stand on what is right."

"Those of us who really believe in fighting for freedom, let's get about the business of fighting for freedom," Gatewood said.

Eyebrows were raised when Mayor Pro-tem and former Durham mayoral candidate Isaac Robinson refused to invoke Mayor Sylvia Kerckhoff's name after reading a city proclamation declaring Nov. 15 "Min. Curtis E. Gatewood Day."

"I won't say signed by who," Robinson quipped, apparently a slap at Kerckhoff, a Democrat, for endorsing

ing his white Republican opponent, Nick Tennyson, over him the week before the November runoff. The mayor, who has enjoyed black voter support before, shocked African-Americans by saying she only chose Robinson as mayor pro-tem of the City Council because his being black made it "politically expedient."

Tennyson went on to win the Nov. 4 runoff, after losing the primaries, as African-Americans failed to take out their anger at the polls.

"This brother ran a dignified race, a classy race," Gatewood said. "[Robinson] is the most qualified man for the job of city mayor, we know this. Why is it that we couldn't come out and put this brother in as mayor?"

At the event, special honors were also given to Gatewood and former NAACP First Vice President Johnie Philyaw by branch President Harry Monds, Jr.

VISIT

Continued from page 1

family. Respect thy mother and father, and last but not least, protect and take care of your community and love and respect those that live in your community.

To find out more about The Royal Green Cross, you can call or write: The Royal Foli-Bebe A. Ayi Foundation, P.O. BOX 671, Falls Church, Va. 22040 USA, Phone: 703-534-1359, Fax: 703-534-1339.

FREE THINGS TO SEND FOR

(NAPS)—For free Wisconsin travel-planning guides, including the Event & Recreation Guide, call the state's 24-hour hot line, 1-800-432-TRIP/8747, or visit the state's Web site, <http://www.tourism.state.wi.us>.

For information on a *No Diet Required* cookbook, call Jenny Craig centres at 1-800-43-JENNY.

Great baby gifts can be found by calling 800-USA-GLAD or visiting the Web site at www.usaglad.com. Gift counselors care available.

For a free brochure about visiting Costa Mesa, California, call toll-free 1-800-399-5499.

For literature on chlorine and a free poolside fun pack, call 1-800-POOL-987 or visit the Olin Pool Care Web Site on the Internet at <http://www.waterworks.olin.com>. You can also send for a free pool guard to protect toddlers.

Church Briefs

BY FAYE WHITE
Associate Editor

Editor's Note: If you would like to have your church's special event included in this column, please submit it to Faye White, *M'Voice Church Calendar*, at least two weeks prior to the event.

Quarterly Meeting/Homcoming services will be held at **Sweet Hope FWB Church** (located at Galloway's Cross Roads) Saturday and Sunday, Nov. 22-23. Quarterly Conference will be held at 6:00 Saturday, followed by Holy Communion at 7:30 with Elder J.H. Wilkes and Union Grove. Sunday activities include: Sunday School at 9:45; morning worship at 11:00, with Pastor Melvin Murphy, the Senior Choir, and Senior Ushers serving; dinner will be served at 1 p.m. Elder Gregory Ellis and the Mt. Shiloh Church family of Winterville will be guests for the 3 p.m. service.

Victory Temple Church of God In Christ (604 Granville Street, Windsor) will host a "Thanksgiving Revival Crusade" Nov. 25-28. God's Anointed Prophet, Mark E. Vereen of New Haven, Connecticut, will be the guest evangelist. Services begin at 7:30 p.m. nightly. A special service will be held at 11:00 a.m. on Thanksgiving morning. Come...experience this yoke-destroying ministry.

The Eastern Middle Conference of the Original Free Will Baptist Church convened at the General Tabernacle (located on University Street in Kinston) Nov. 17-23. Theme: "We Can Do Better Together."

Mother Mary Lee will deliver her initial sermon at 3:00 p.m. on Sunday, Nov. 23 at the Philippi Church of Christ. Friends and family alike are invited to come and be a part of this occasion when yet another "Laborer" begins work in the "Vineyard" for the Master.

Class Reunion
Planning
Committee

◆◆◆
INITIAL PLANNING MEETING WILL BE HELD
SATURDAY, NOVEMBER 22, 1997
9:00 AM - 12:00 NOON
BREAKFAST = \$5.50 PER PERSON

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SUNDAY, NOVEMBER 30 9:00 AM - 5:00 PM

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Steroids Are For Losers

(NAPS)—An increasing number of high school athletes, mostly boys, are turning to anabolic steroids to improve their performance on the field or just to "beef up." In college, steroid abuse is even more prevalent.

Pathologists, doctors who treat patients through laboratory medicine, say that steroids can build muscles, but they often cause a cascade of physical and emotional side effects, including baldness, acne, swollen breasts, or shrunk testicles. Users may experience symptoms ranging from nausea to violent mood swings, to the development of blood filled cysts that can be life-threatening.

Athletes who get caught using steroids can lose their eligibility for future sports and have awards they won in previous competitions taken away.

Steroids are derivatives of testosterone, a natural male hormone. While some types of steroids may be prescribed by physicians for specific illnesses, the type found on the street or in locker rooms—anabolic steroids—is illegal and dangerous.

According to pathologists, signs of anabolic steroid use may include:

- Rapid muscle and weight gain
- Puffiness or bloating, especially in the face
- Behavioral changes, including aggressiveness, exaggerated mood swings, and uncontrollable anger
- Hyperactivity, insomnia, or irritability

For more information about anabolic steroids, call the College of American Pathologists at 1-800-LAB-5678.



ATTEND CALDWELL "LOVE FEAST"

Caldwell "Love Feast" Termed Complete Success By York Memorial AME Zion Group

The Appreciation Committee of the York Memorial AME Zion Church announced that the "Caldwell Love Feast" was a complete success. The eight-day series of services and activities brought the community and surrounding areas together in an outpouring effort of love, caring, and sharing. The "Love Feast" also generated spiritual enrichment and created an awareness that caring motivates a "call to rescue" when one is in need.

These activities generated in excess of \$17,000, which the Caldwells may apply to a new residence. Great was the faithfulness of those who cared and shared in this "Feast of Love".

The committee gratefully acknowledges your deeds of love, particularly during this special season of the year when all hearts turn to sharing with family and friends, and we humbly request that you accept our heartfelt appreciation.

Special citations were given to: The Joy 1340 staff for donating time slots for solicitations for the "Caldwell Love Feast", to Sycamore Hill Baptist Church, Philippi Church of Christ, English Chapel Church, Philippi Baptist Church, Holy Trinity Church, Progressive Church, St. John Baptist Church, and Cornerstone Baptist Church, all participants in the week of services.

Numerous other churches, organizations, and firms were also cited for participation and contributions. A formal public acknowledgment will follow.

8th Pastor's Anniversary

for
Dr. Matthew L. Ward
Nov. 17th-23rd

Haddocks United American FWB
Hwy. 11 Winterville, NC
All programs begin at 7:30

Monday - Preaching - Elder Malcolm Moore and Waterside Church Family
Tuesday - Preaching - Bishop Stephen Jones and Haddocks Chapel Church Family
Wednesday - Preaching - Elder Jesse Jones and Rouses Chapel Church Family
Thursday - Preaching - Elder Willie Joyner and Warren Chapel Church Family
Friday - Preaching - Elder J.L. Wilson and New Deliverance Church Family
Sunday 11am - Preaching - Bishop J.N. Gilbert and Antioch Church Family
At 4:00 pm - Preaching Elder Timothy Ward and the Redeeming Love Church Family
Presiding - Elder Malcolm Moore and Special guests will be Elder Melvin Murphy and Sweet Hope Church Family.

Dinner will be served at 2:30 p.m. Public is invited

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We offer preapproved car credit, no catch, no complications. You can call 24 hours a day - 7 days a week to get preapproved. And that's not all, we also offer ZERO DOWN FINANCING.

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"THE FRESH ALTERNATIVE"

from the desk of Mrs. Beatrice Maye

A WISE LEADER: Five qualities of a wise leader: a clear mind, a cheerful disposition, a discreet mouth, keen judgment and a humble spirit.

A wise leader will allow the Lord God to maintain control over his or her power. In humility he will enter the Lord into his decisionmaking process, problem-solving solutions, and future-planning strategy.

Two warnings for those in authority. (1) It is inexcusable to take unfair advantage of those under our charge. (2) Whoever does take unfair advantage of others hurts himself more than others.

We must never forget the value of being a model. We must never lose the vision of seeing a cycle. People will some day take our place in leadership. Those who model authenticity, dedication, and genuine love for others shape the future of our world, even when they are not aware of it.

Death awaits us all. You can count on it. "Death is the debt we all must pay." Euripides

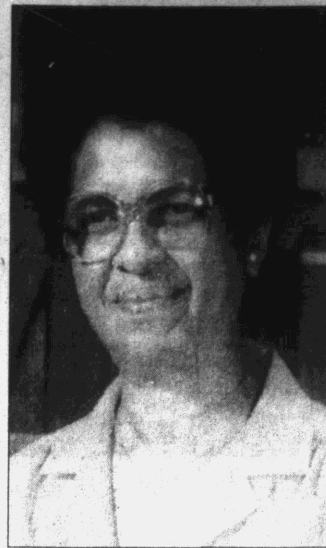
"Don't put off living until your retire. Have a blast: do it now."

We are to live life to its fullest: free of guilt, contagiously happy, committed to God and our marriage, and thoroughly involved.

Various ways to view life: optimism, pessimism, suspicion and fatalism.

If you wait for perfect conditions, you'll never get anything done.

Be bold, be joyful, be Godly.



Mrs. Beatrice Maye

Two things to aim at in life: to get what you want and, after that, to enjoy it. Only the wisest of mankind achieves the second.

Put away pain from your body. Take a straight look at what alcohol does to the body, drugs, tobacco. Keep a lid on your sexual drive or the wrong uses of your leisure time. Those things can bring pain to your body.

Growing older is not fun for those who find themselves unable to keep up.

Life is a challenge. Life is tough. Life is sickness and terminal illness. Life is brokenness-broken hearts, broken relationships. Life is not enough food and not enough hope. Life is discouragement and

depression, times of bewilderment and uncertainty. Life is deterioration, disappointment, and ragged reality.

Now is the time to prepare for eternity. Preparing for retirement is commendable. But have you prepared for life beyond retirement? That's more than wise-it's essential.

From: Charles R. Swindoll, "Living On The Ragged Edge: Coming To Terms With Reality"

"LOOK IN THE BOOK"

If you're getting lazy, read JAMES. If your faith is below par, read PAUL

If you're impatient, consider the book of JOB.

If you're a little strongheaded, go see MOSES.

If you're weak-kneed, have a look at ELIJAH.

If there is no song in your heart, listen to DAVID.

If you feel spiritually chilly, get the beloved disciple JOHN to put his arms around you.

If you're losing sight of the future, climb to REVELATION and get a glimpse of heaven.

SAYINGS/ADAGES

1. A new broom sweeps clean, but the old broom knows the corners. Irish Proverb

2. The dedicated life is the life worth living. You must give with your whole heart. Dillard

3. The business of a leader is to turn obstacles into stepping stones, weakness into strength, and disaster into triumph.

PUGH'S

1945-1997

52nd ANNIVERSARY

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1945 was the year George Pugh opened the doors to his new business, pledging to give only quality auto service and sell the finest tires. Today, after 3 generations of Family Service, that commitment is still as strong as when Pugh's first started doing business. Thanks to all of Greenville, Pitt County and surrounding areas who have made this business venture so successful

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TAKE AN ADDITIONAL 10% OFF ALL ORDERS WRITTEN BETWEEN 7AM & 10AM

PLUS 4 FR360 TIRES 185/80R13 \$990*

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FREE!

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P175/65R14\$6.99	P205/70R15\$6.99
P185/70R14\$9.99	P205/65R15\$7.99
P195/75R14\$7.99		

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P175/80R13	35.95	P205/75R15	42.95
P185/80R13	36.95	P215/75R15	43.95
P185/75R14	38.95	P225/75R15	46.95
P195/75R14	39.95	P235/75R15	48.95

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205-70-14	72.95	215-65-15	79.95
215-70-14	79.95	215-70-15	82.95
195-60-15	72.95	215-60-16	84.95
205-60-15	73.95	225-60-16	87.95

Created exclusively for today's advanced luxury touring automobiles. Affinity tires deliver the smooth, comfortable ride a refined car deserves. Cutting edge engineering contributes to a quiet ride, while the wide tread of a performance tire wader steel belts, plus special deep-cuts grooves and tread result in sure handling and traction in good weather and bad. Developed to wear slowly and evenly. Affinity is designed for durability and long life.

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P215/60R14	73.99	P215/60R15	75.99

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Firestone

Size	Price	Size	Price
215/75R15	77.95	311050R15C	104.95
225/75R15	79.95	321150R15C	110.95
235/75R15	83.95	321250R15C	124.95
305/50R15C	95.95		

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OPINIONS

COMMENTS

Editorials

Credo of the Black Press

The Black Press believes that America can best lead the world away from racial and natural antagonisms when it accords to every person, regardless of race, color or creed, full human rights. Hating no person, fearing no person in the firm belief that all are hurt as long as anyone is held back.

Time For A War

Well, it seems to be that time again.

A casual look at the papers and the less substantial media shows a president with problems.

Bill Clinton's peccadillos have finally reached the litigation stage, and after years of apathy, the American public, to the relief of the Republicans, is finally starting to take notice.

The lukewarm reception his policies have received is getting colder, and his enemies in Congress are on the move again.

His initiative on race was well received, but, like many of his schemes, is starting to bog down after a grand and glorious sendoff.

Things are looking pretty lame for Bill Clinton here at home. So you know what that means.

Time for a war.

Not a big, costly, messy one, mind you. The American public is definitely not in for that kind of war.

No, we're talking about a clean, easy, neat little war with American casualties in the double digits (single, if possible) and a simple, easily understood goal.

Actually, that second stipulation is more of a guideline than a rule. The important thing is, we must win. And win big.

That has been the guiding principle for the last three presidents. Reagan went to Grenada. Bush went to Panama and, when that popularity didn't stick, masterminded Desert Storm.

The formula is simple. If you are having trouble, being made fun of, or sued for something distasteful, pick a fight with someone you are absolutely sure you can beat handily.

Clinton tried it himself earlier on. He was all set to invade Haiti, but that pest Jimmy Carter pulled the rug out from under him at the last second by negotiating a deal for Haiti's leaders to leave voluntarily.

Made Bill look kind of silly. So he's been eager to find somewhere else to charge into, to make the people forget about his personal shortcomings.

Enter Saddam Hussein. Either this guy doesn't get CNN or he was out of the planet while Schwartzkopf and Powell turned his armed forces into a giant, 3-D video game for three months.

Now he's talking like he won that little skirmish and he's going to kick our fanny if we don't give his country the respect it demands.

Maybe he figures that, with all those problems at home, Bill wouldn't dare risk military involvement.

Like we said, he apparently doesn't get CNN. That's exactly when a president craves military involvement.

Saddam is likely to be sorely disappointed.

Of course, so is Bill. George Bush's Persian Gulf adventure left him with a 90 percent approval rating. For about six months.

Then it was time to talk about his performance in other areas.

Giving

By Junious Ricardo Stanton
Positively Black

Are you a generous giver? Do you give of your time, your sustenance, your gifts, talents and ideas? The message of the Master was to share and participate fully in life. "Give and it shall be given unto you. The measure you meet shall be measured again unto you." An American colloquialism of that is, "what goes around comes around." What is your contribution to the mix? Is it valid, valuable and the best you have to offer, or is it the bare minimum given grudgingly and with a dour attitude?

We are always giving. We give off "vibrations" that others can pick up even before we open our mouths. Are your vibes loving, caring and empathetic or are they hurtful, harmful and negative. We give every time we speak, when we open our mouths we contribute either positively or negatively to the immediate environment. What is your conversation like? Is it uplifting, supportive and loving or do you enjoy tearing people down and injuring folks? The measure you award to others is the measure that will be awarded to you!

As a result of writing this column I have come in contact with many wonderful people. Recently, two brothers E-Mailed to let me know how much they enjoyed reading "POSITIVELY BLACK." One asked me to phone him and I did. I contacted him and we had a fine conversation. He informed me he was a prophet and said that my writings blessed him greatly. He shared some insights and gave me some much needed advice, encouragement and reinforcement. For this I am truly grateful. It was a case of being rewarded by giving. Writing is my gift. I don't take credit for it. It is part and parcel of who I am and why I am here. In that regard I am on purpose.

Even though I write about personal growth and development there are areas in my own life that need maturation. Within the last few

weeks several people have been sent into my life to offer support and encouragement. I thank Olive Vassell and Prophet Irving for their insights and suggestions. This is what we need more of in our community, mutual support, nurturing and encouragement. We need hope. Phyllis Yvonne Stickney says HOPE stands for Helping Our People Elevate or Evolve. Have you given anyone hope today? Are you an encourager or are you a nay sayer, a cynic or a scoffer? Look at our community, observe the sadness/despair in the eyes and on the faces of our people. Have you provided any hope or inspiration to show them things aren't always what they seem? Do you promote the idea that tomorrow can/will be a better day? Are you keeping hope alive by your words and deeds?

You have gifts and talents. Are you using them to make the world a better place? Do you even know what you are good at? If you don't, now is the time to discover, develop, polish and hone your talents. Now is the time to value yourself for who you are and what you have to give. Don't hide your light under a bushell. What gifts can you give that will enhance the quality of life for all of us? What can give that will add value to this world and make living better? What new thing(s) will you discover, invent or produce that will enhance the quality of life? All of us have been given some talent. True, far too many of us go to our graves with our genius untapped, our greatness undemonstrated or channeled in the wrong direction. That happens because we fail to heed the good advice we are given. We ignore our dreams, our intuition or the outer messages and sign posts God provide to show us the way. That happens when we lack faith in the universe to supply our needs and use us in the divine plan for the good of all of us. You have something marvelous and wondrous to give. Come on with it!

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Cheating: Success Strategy For Today's Teens?

BY TREY BANKHEAD



You know, when I was in high school, it was thought that cheating was a time-honored tradition among students in my school. Everyone had to try it at least once. It was the "in" thing to do. So, yes, I tried it a few times, until I discovered that it was a lot easier for me to actually study than to expend all that energy coming up with plots and counterplots for cheating. (For those of you who've never done it, you'd be AMAZED how much energy cheating can take up!)

I'd like to think that students today just haven't learned that lesson yet. But then, I'm not an idiot. The truth is that, no matter how many good parents are out there trying to instill values in their children, some kids are plain lazy.

Note that I'm saying "some" kids are lazy. I'm very much aware of why kids cheat. Some do it because they can't read, and they're afraid to let anyone know. Others do it because of the risk, and others still simply because they just don't know the answers. And, of course, there are those who cheat only because it's the only way they've ever gotten good grades.

And then, naturally, there are the lazy ones.

As I write this, I'm still fuming over what happened at school today. I had assigned an essay to all five of my classes. The were to write a one and a half page essay on an aspect of Earth Science they've been studying. I let them use their books, and their notes, and whatever other resources they could find to help them with the assignment. In addition, I took them through an explanation of HOW to write an essay, on the assumption that there would be some kids who had never written an essay (I was right about that, you know.)

So, imagine my surprise when, as I'm proofreading the rough drafts of the essays, I discover that at least SEVENTEEN kids copied out the textbook, word for word.

Now, I'm not saying that kids are stupid. I know better, given the ingenuity some of them displayed in cheating. They actually raided the classrooms bookshelves for older editions of the text, and texts by other publishers, in order to copy from sources they thought I would not be familiar with. But then, I only graduated high school nine years ago, when cheating was still an art form, and not just an act of desperation. Besides that, I've got a nasty, inventive mind myself. So it seemed only natural to me for me to go through ALL of the other Earth Science books in the classroom, familiarizing myself with the chapters that are similar to what we've been focusing on. Can I help it if I just happen to be able to read at a rate so that I could read all those chapters in all those books just before I assigned the essay? And, can I help it if I just happened to have all those books handy as I was proofreading the essays to give them pointers on how to improve them prior to their being turned in?

But then, as one student told me, "Mr. Bankhead, you're not supposed to be so smart." Okay. I'm sorry. I thought that was a teacher's job. Certainly I've never found it in the job description, but it seems to come down to a battle of wits with the kids anyway, so why shouldn't I play it sly and sneaky too? Especially when it means that I'll catch the kids in the act?

"Because you're a teacher," I can hear some of you parent saying.

Get real.

Look, bottom line? Some of the kids I have to deal with are lazy. Period. They come to class, don't do their own work, try to sleep in class, try to distract other kids from concentrating, then have the nerve to come to me with a hurt and confused look when they fail. "Mr. Bankhead, why'd you flunk me?" they'll say, with tear-filled eyes and a trembling voice.

Gee, THAT one's a no-brainer. Maybe it's because you stole someone else's paper and put your name at the top? Or maybe it was the time you hid your book in your desk and were peeking at it during the test? Or, perhaps it was you and your friend passing notes back and forth during the test, and whispering in tones that my deaf cat could hear?

"But, Mr. Bankhead, I wasn't cheating!"

Okay, then you tell ME what you would call it when someone hides a piece of paper in their sleeve that they slip under their test, moving the test aside from time to time to look at the information that just "happens" to be on the test they're taking?

"I don't know, Mr. Bankhead. Forgetfulness?"

Riiiiiiiiiiight. Which is why you shoved it back under the test every time I waled by?

"No, Mr. Bankhead! I was just straightening up the test!"

What is amazing to me is not the fact that these kids have developed a poker face any gambler (or professional politician) would kill for, but they really have me wondering if they even know WHY what they're doing is wrong?

I confronted three of them today. One said "Mr. Bankhead, it doesn't matter!" Another said "but I did the assignment, what's the problem?"

The best answer I got all day was "You're just accusing me because you hate me." THAT one both amused and angered me. Anger because how DARE this kid say that when I've been bending over backwards trying to help him by offering him access to tutors, extra credit assignments, and so forth? Amusement because...well, just because. Sure, I'm the mean, cruel, sadistic teacher who hates his students and is smarter than I should be. THAT's not in the job description either. Maybe it should be? Because sometimes, I am SO tempted to lie down to the expectations.....

Then again, maybe the job description for "student" should be "one who studies and tries hard in school", as opposed to the "one who comes to school" definition we seem to have now. That's why I don't call the young adults who come into my class "students." Some are what I call "students," the rest are just "kids."

Other Viewpoints

THE GOP ELEPHANT BLINKS...

By George Wilson

A Voice From the Hill

When the words "affirmative action" are muttered on Capitol Hill the result is a bitter partisan battle. On one side there are some Democrats who like to portray themselves as the guardians of equality and fairness. These are lofty ideals even if they don't accurately capture their true feelings. Most Republicans say that they are opposed to affirmative action because it promotes quotas and preferential treatment.

With both sides locked into their positions, the House of Representatives began consideration of a bill that would permanently affect equality for those seeking an even playing field.

Congressman Charles Cannady (R-Fla.) introduced a bill sarcastically named "The Civil Rights Act of 1997." The intention of the legislation was to permanently abolish affirmative action in all federal programs. Cannady's proposed legislation had been languishing in the House Judiciary Committee, because the House Republican leadership knew what the reaction would be from those in support of affirmative action and in this case they were "on the money."

The Congressional Black Caucus joined hands with the Hispanic Caucus and a coalition of civil rights organization to alert their constituents to "prepare for battle over the Cannady Bill." However, Wade Henderson, executive director of the Leadership Conference on Civil Rights agreed that Republicans had the numbers to get the ill-conceived bill out of the Judiciary Committee. "It appears that they have the votes. However, we want to make the political cost high for support of the Bill," said Henderson and the coalition opposed the Bill, have their hands on the political pulse of the nation and identified those moderate republicans who represent districts that have fairly large groups of women, Hispanics, Asians and African Americans. The intent was to put political pressure on GOP members and make sure they had a difficult time explaining their vote when they returned to their home districts.

With the stage then set for a real political battle over affirmative action, the House decided to set a vote on the controversial issue. Members of the CBC were in place and the heads of the nation's major civil rights organizations were joined in the hearing room by scores of supporters, indicating that the sometime slumbering civil rights establishment had come alive.

I don't know if it was the sight of this packed hearing room or pre-election year common sense, but when the "moment of truth" arrived the Republicans decided to table the Cannady Bill. After all of the blustering and posturing the Republicans accepted the fact that pursuing the abolition of affirmative action would be a political "poison pill."

By tabling the bill it simply means that the legislation can be brought back at any time for consideration. However, the chances are slim that the Republicans will want to push an issue like affirmative action anytime soon with major elections scheduled for 1998.

Breaking Ground



THEY'RE AT IT AGAIN—Metropolitan Low Income House & CDC, Inc., broke ground recently for a new apartment complex in Washington. "New Horizons", a twenty-four (24) unit multi-family housing complex to be built on Fowler Drive in Washington, offering eight (8) apartments for victims of domestic violence and sixteen (16) apartments for low-income families.

Clifton Davis To Play 'Bad Guy' Role

LOS ANGELES, Calif.—Television audience favorite Clifton Davis, best known as the evangelical Rev. Reuben Gregory on the popular NBC series "Amen," portrayed the chillingly evil Feliz Lemec in "Fool Me Twice," a special episode of Paramount network television's action/adventure series "The Sentinel," which aired Nov. 5 at 9 p.m. on UPN.

"Fool Me Twice" finds Davis cast against type as the devilishly charming but thoroughly malevolent Lemec, a totalitarian dictator of the fictional Caribbean island of St. Germaine.

Lemec comes to Cascade, Wash. to attend an Amnesty International peace conference where a fellow St. Germaine citizen, Genevieve Benet (Kira Arne), is receiving an award from the esteemed human rights organization.

Benet plans to expose Lemec with evidence of the atrocities committed during his reign at the awards ceremony. Lemec, having learned of Benet's plans, maneuvers behind the scenes to make sure that Benet doesn't live long enough to reveal the truth.

"It was challenging and fun to create a person who was so different from myself," Davis says. "Everyone has a dark side and being an actor is all about being able to tap into that side and bring it to the surface."

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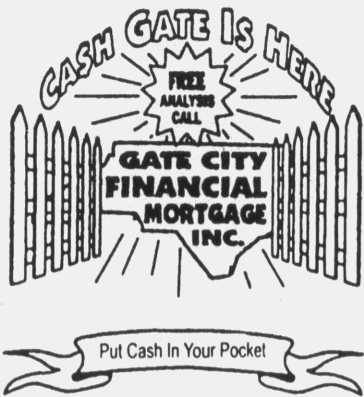
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HEALTH

Anxiety Disorders Are Treatable—If Recognized

(NAPS)—Phrases such as "stressed-out" and "out of control" are familiar expressions in today's fast-paced world, but many people experiencing these feelings may be suffering from far more than "normal" stress. They may be suffering from anxiety disorders, common and debilitating illnesses marked by excessive worrying, episodes of panic, obsessive thoughts and irrational fears. These symptoms often can be "triggered" by overwhelming life experiences or they can occur for seemingly no apparent reason.

Not knowing where to get help is a big problem, and many people suffering from anxiety disorders are not getting a correct diagnosis and proper medical attention. In fact, anxiety disorders are a key cause of multiple visits to primary care physicians. Anxiety disorders commonly co-occur with depression.

According to Steven E. Hyman, M.D., Director of the National Institute of Mental Health, anxiety disorders, like other mental illnesses, reflect dysfunction in the brain. Millions of people with anxiety disorders are benefitting from brain research on these real and treatable disorders. Effective treatments for anxiety disorders include medication, specific forms of psychotherapy called cognitive-behavior and behavior therapy, or a combination.

Here are some brief descriptions of the five anxiety disorders:

- **Panic Disorder**—Sudden feelings of terror that strike repeatedly and without warning. Symptoms include chest pain, heart palpitations, shortness of breath, dizziness, abdominal discomfort, feelings of unreality, and fear of dying.

- **Phobias**—Extreme, disabling and irrational fear of something that poses little or no actual danger and that can cause people to limit their lives.

- **Generalized Anxiety Disorder**—Persistent, exaggerated worry about everyday life events and routine activities (good or bad), lasting at least six months; accompanied by physical symptoms such as fatigue, trembling, muscle tension and headache, or nausea.

- **Obsessive Compulsive Disorder**—Repeated, intrusive and

unwanted thoughts or rituals that seem impossible to control.

- **Post Traumatic Stress Disorder**—Persistent symptoms resulting from a traumatic life experience. Symptoms include nightmares, flashbacks, numbing of emotions, depression and feeling angry, irritable, distracted or jumpy.

"Nearly 24 million Americans suffer from an anxiety disorder each year, yet many people handle this condition in silence and with secrecy, unnecessarily ashamed or unaware that their symptoms are both abnormal and treatable," notes Jerilyn Ross, President of the Anxiety Disorders Association of America (ADAA). "By contacting organizations like ADAA," she suggests, "people can get important information and guidance concerning diagnosis and treatments."

If you or someone you know is experiencing any of the symptoms above, help is available. Contact ADAA at: 11900 Parklawn Drive, Suite 100, Rockville, MD 20852; or visit <http://www.adaa.org>

Genetic Research: The Fact Behind The Fantasy

By Larry Lucas

If you like science fiction, you'll probably enjoy the new movie, "Gattaca." It's about a future world of "made to order" people created through genetic research. Enjoy the movie, but don't let it scare you. The real promise of genetic research is not in creating people but in finding better medicines for people. And that's not scary at all.

Our bodies are made up of cells. Inside each cell are coiled up strands of a substance called DNA. The strands are made up of genes, which trigger the production of proteins that make us what we are. If you have brown eyes, for example, it's because your genes contain a code that triggers the production of brown eyes.

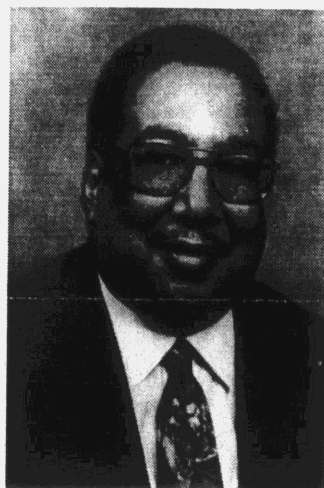
Genes also give scientists clues to the underlying causes of many diseases. That's why genetic research is so important. Once scientists find the genes that cause disease, or cause a person to be susceptible to a certain disease, pharmaceutical companies can design better drugs to treat, cure or even prevent the disease.

Genetic research is already paying off for patients. Protease inhibitors, which are helping AIDS patients live longer, better lives, were discovered through genetic research. Genetic research also led

Shriners Hospitals—Playing An Important Role Into The Next Century



(NAPS)—Whatever shape the U.S. national healthcare system takes, there will always be a need for the care provided to children by Shriners Hospitals for Children. Children of families without insurance and those enrolled in managed care plans are offered an opportunity to access the level of specialized care and resources not readily available in most local communities. The research conducted by Shriners Hospitals will become more crucial as it plays an increasingly important role into the next century to prevent, treat and cure a myriad of pediatric diseases. Shriners Hospitals offer expert, specialized medical care to children at no cost to them and their families. To refer a child to Shriners Hospitals, call 1-800-237-5055. In Canada, call 1-800-361-7256. All calls are toll free.



to clot-buster drugs—which save the lives of heart attack victims and help stroke patients avoid the worst after-effects of stroke. People on kidney dialysis get their energy back through an anemia medicine discovered through genetic research. And, thanks to this research, diabetics now have a new kind of insulin that gives them a better quality of life.

Genetic research has produced tests that can help people catch disease at an earlier, more treatable stage. Take colon cancer, for example. Nearly 50,000 Americans will die of colon cancer this year. In most cases, those deaths could have been avoided if the cancer had been detected earlier. Scientists now know that there are

certain genes associated with colon cancer. Testing for this gene can help people who have it plan to have regular examinations to catch this cancer before it becomes deadly.

And genetic research offers even greater hope for the future. For example, scientists recently discovered the defective gene that causes most cases of glaucoma. This eye disease is the number one cause of blindness in African Americans. Blindness from glaucoma is 5 times more likely to happen to African Americans than to white Americans. This fact makes the discovery of the glaucoma gene particularly good news for African Americans because this knowledge may help pharmaceutical company researchers design better drugs to treat—or even to prevent—glaucoma.

Genetic research may also lead to better treatments for Alzheimer's disease, a cure for Parkinson's disease, more effective treatments for cancer, and many other breakthroughs.

So if you go to see "Gattaca" enjoy it. But remember that it's fiction. The true story of genetic research is about cures for disease.

Larry Lucas is Associate Vice President of the Pharmaceutical Research and Manufacturers of America (PhRMA).

Fighting America's War On Cancer For 25 Years

Improving Cancer-Fighting Chemotherapy

(NAPS)—Although the 25-year fight against cancer has not yet yielded a complete victory, the good news is that much progress has been made in minimizing the side effects of cancer-fighting chemotherapy.

A recent survey found that although most people (80 percent) chose to have the most aggressive chemotherapy possible in their battle against cancer, an even higher percentage (91 percent) want doctors to do something to minimize the side effects. A new, free booklet "Patient to Patient: Sharing Our Experiences with Chemotherapy" summarizes the results of the survey and focuses on the experiences of four patients.

Each person receiving chemotherapy has a somewhat different combination of side effects. Some of the most common are nausea and vomiting; hair loss; anemia; serious, possibly life threatening systemic infection; and low numbers of blood platelets which can cause you to bleed or bruise more easily than usual.

Much progress has been made in treating side effects, with medications available to combat the lowered resistance to infection and nausea. These medical advances often allow patients to receive stronger doses of chemotherapy, which can give them a better chance of beating their cancer.

When Wilhelmina Grant received a high-dose chemotherapy treatment that included a series of three drugs, some days her stomach felt like "a gerbil running round on its wheel." Other times,



Staying informed can help a patient win the battle against cancer.

she said, it was as if "someone were scrubbing my stomach."

Her chemotherapy treatment was administered in combination with a bone marrow stimulating agent, called NEUPOGEN, to help produce the infection-fighting white blood cells that would be lost during chemotherapy and leave her vulnerable to life-threatening infections.

Now Wilhelmina enjoys her second chance at life and a newfound purpose. She provides outreach to the African-American community, including workshops in wellness training and hotline call-backs and is very involved in patient advocacy work.

Not all side effects develop in everyone but there are steps you can take to minimize some of the side effects you do experience.

For a free booklet of tips on how to cope with and minimize side effects, call (800) 333-9777.

Top Tips For Weight Loss

(NAPS)—Consumers spend more than \$30 billion annually trying to lose weight. Put away your wallets. TOPS Club, Inc., the leading non-profit weight management group, offers the public something for nothing—a free consumer brochure titled "The Common Sense Guide for Taking Off Pounds Sensibly."

Many people see embarking upon a weight loss program as a daunting task. "The Common Sense Guide for Taking Off Pounds Sensibly" puts them at ease with motivational advice and real-world applications. By urging people to "Stress the S" (as in Sensibly), the brochure provides easy-to-follow tips on how to get started, stay motivated and overcome roadblocks that discourage progress.

Fad diets have infiltrated the market for years. But no matter what the infomercials say—it's all about common sense. The only proven method for losing weight and, more importantly, keeping it off, is to exercise regularly, maintain a healthy diet low in fat and calories, and get support from friends or family.

"The Common Sense Guide" includes advice and suggestions from veteran TOPS member

Beverly Fabiano, who lost 70 pounds and has kept it off for 23 years. "Losing weight doesn't have to mean drastic changes in your lifestyle," Fabiano explained. "Simple adjustments in your exercise and eating habits can make a difference. But there is no miracle cure or quick fix answer that will really work."

The brochure was also edited by Dr. Ahmed Kissebah, an internationally recognized expert on obesity, and Dr. Michael Goldstein, a specialist in behavioral psychology, both from the Medical College of Wisconsin.

Founded in 1948, TOPS (Take Off Pounds Sensibly) is the oldest international non-profit weight management organization, with more than 300,000 members worldwide. Last year, TOPS members collectively lost more than 874 tons of weight.

TOPS' philosophy is that desire to change comes from within an individual and the most effective way to sustain change is to provide a supportive environment. The organization's members work with their personal physicians to develop a nutrition and exercise plan that best suits their personal needs and lifestyle.

Seeing Your Way Clear To Eye Health

(NAPS)—The first step in maintaining good eye health is having regular eye exams. Most diseases can be treated and/or prevented if detected early.

Start by examining infants' vision at six months. After that examine children at three years, before they enter first grade, and every two years thereafter.

Adults, 19 to 40 should be seen every two to three years. From 41 to 60, visit your eye doctor every two years, and after age 61, every year.

"Many people don't realize that professional eye exams are as important to your optimal health and well-being as general and dental check-ups," said Jacques Stoerr, president of Essilor of America (EOA), a leading manufacturer of optical lenses.

To encourage people to take care of their eyes, EOA offers a free brochure, *See More Of Life*.

The colorful brochure walks readers through a complete visit to an eyecare professional—from the eye exam to choosing corrective lenses. The brochure also educates eyeglass wearers about the options available in lenses and lens treatments and explains the features and benefits of each.

"Today there are many lens choices and it is essential to discuss the options with your eyecare professional and make an informed decision to find the lens package that best suits your needs and lifestyle," noted Dr. Rod Tahrán, vice-president of professional relations and clinical affairs at EOA.

The brochure also contains an easy-to-use self-test that individuals can take to indicate whether or not they may have presbyopia. A result of the aging process, presbyopia is the eye's inability to focus on close objects.

The condition affects virtually everyone after the age of fifty, but many people notice symptoms as early as their late 30s/early 40s.

If you suspect your eyes are changing, it is important to get an eye examination. There are lenses your eyecare professional can prescribe to correct your vision.

Nuclear Medicine Diagnosing Hip & Pelvis Injury

(NAPS)—Diagnosing injury to the musculo-skeletal system can be tricky, and X-rays may not provide sufficient means to do so. Happily, advances in nuclear medicine detection systems appearing on the horizon offer optimism.

It's not uncommon for elderly patients to complain of hip and pelvis pain, for which X-rays cannot detect a cause. Three-phase radionuclide bone (TPB) imaging, a type of nuclear-based medicine, is proving a practical clinical tool in the analysis of injuries to the hip and pelvis in the elderly, as well as in sports-related injuries. This device provides significant early diagnostics information about bone stress fractures.

In a recent study reported in the medical journal, *Radiology*, TPB imaging was used because standard X-ray methods were unable to make a conclusive diagnosis in hip and pelvis pain cases. And the most important things discovered in the study were:

1. TPB imaging is a highly sensitive and reliable way to detect bone stress fractures in most cases where X-rays remain normal.

2. No significant differences between the types of fractures were found when men were compared with women patients.

3. Characteristic TPB imaging patterns of stress fractures and shin splints are more easily and confidently identified.

So ask your doctor about TPB imaging if your bone pain has had no certain diagnosis and persists beyond two weeks.

"A MAMMO WHAT?"

A MAMMOGRAM. Although it sounds like a telegram from MOM, it's really just an X-RAY of your breasts. Now I know you're not crazy about doctors. But even if you check your breasts every month for changes, a MAMMOGRAM is the one thing that can find a lump long before you can feel it. So once you reach forty, GET A MAMMOGRAM EVERY YEAR, BECAUSE TAKING CARE OF BUSINESS BEGINS WITH TAKING CARE OF YOURSELF.

GET A MAMMOGRAM.
TELL A FRIEND.



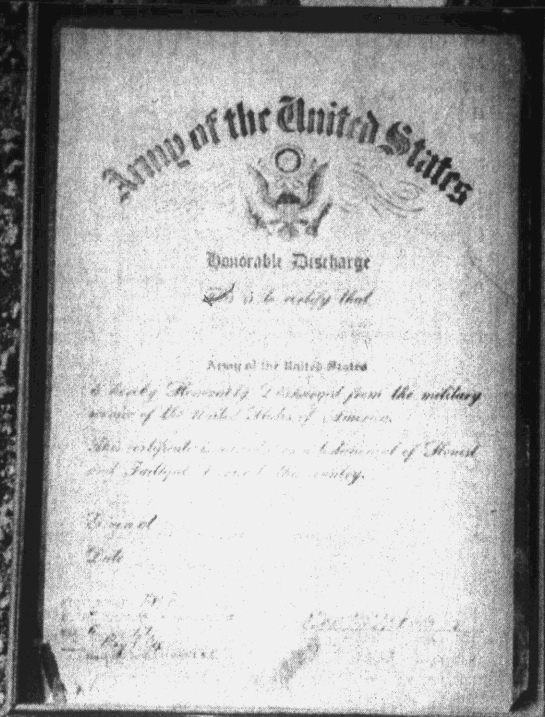
WRITER EXPLORES THE PLIGHT OF FATHERLESS GIRLS

In her book *Motherless Daughter: The Legacy of Loss*, Hope Edelman writes that "The loss of a mother is one of the most profound events that will occur in a woman's life and like a sound in an empty house, it echoes on and on." But what about the loss of a father? Is it not significant or profound in a young woman's life? In *Whatever Happened to Daddy's Little Girl?* a book being published by One World/Ballantine and scheduled for release in 1999, Jonetta Rose Barras explores her own fatherlessness and that of other African-American women, who saw their father leave because of death, divorce or abandonment. She wants to hear your story. If you would like to share your experiences of fatherlessness with other black women like yourself, please call or write (202) 882-2838; P.O. Box 21232, Washington, D.C. 20009; email: JRBarras@aol.com.

NASA/HEALTH AND HUMAN SERVICES JOIN FORCES TO FIGHT WOMEN'S ILLNESSES

An agreement that enlists NASA technologies to fight breast cancer and other women's illnesses was recently signed. The agreement establishes a cooperative framework between NASA's Ames Research Center, Moffett Field, CA and the Health and Human Services (HHS) Office on Women's Health to identify, develop and transfer NASA technologies to benefit women's health. Major areas of concern are cancer, reproductive health, pregnancy, osteoporosis and education.

OLD SOLDIERS NEVER DIE—A U.S. President once said "The world may little note, nor long remember..." but these brothers contradict that statement. Brother Filmore Bell (L.) is joined by Bro. Willie Joyner (r.) to reflect on days gone by when both were active military men. Shown below is the Honorable Discharge that then Sergeant Bell was awarded on Nov. 21, 1945. (Jim Rouse Photo)



Thanksgiving Dinner At BR's Restaurant

EVERY DAY is a day of Thanksgiving...YES, **EVERY DAY** is a day of thanksgiving... We all have **SO MUCH** to be thankful for -- family, love ones, prosperity, successes in life, health, yes, and even varying degrees of wealth -- all blessings that many of us take for granted.

While we enjoy a "good life"... WOOW and BR'S Restaurant would like us to be reminded of those persons who may be less fortunate than we are... persons in need of food, shelter, and clothing. We're appealing to you to reach WAY DOWN in your "storehouses" and donate to a meal that will be served at BR'S Restaurant from 10:00 AM - 1:00 P.M. on Thanksgiving Day. The menu: Turkey with dressing & gravy and green beans. We need food items to prepare this meal. We will welcome donations of pies and desserts. All food items donated must be received by Tuesday, Nov. 25. We're also asking for volunteers to help serve the food.

As HE keeps on blessing you, won't you be a blessing to others?

For more information: Call Bill Robinson at BR's at **353-0590** or call WOOW at **757-0365**.

EVERY DAY is a Day of Thanksgiving!

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Keepin' It Real
by Kevin Powell
One World

Kevin Powell puts both himself and society under the microscope and creates a searingly honest collection that is powerful and thought-provoking.
Publisher Price: \$23.00



Stolen Women
by Dr. Gail Elizabeth Wyatt
Wiley

Dr. Wyatt lets black women tell their stories in their own words. They reveal decisions made, and feelings from satisfaction to abuse.
Publisher Price: \$24.95



Trespassing
by Gwendolyn M. Parker
Houghton Mifflin

Parker's candid memoir offers a revealing glimpse inside the highest bastions of academia, law, and business through the eyes of a black woman.
Publisher Price: \$23.00



Restoring Hope
by Cornel West
Beacon Press

Cornel West explores the possibility of hope among African-Americans today with nine of America's most influential figures.
Publisher Price: \$23.00



Black-Eyed Peas for the Soul
by Donna Marie Williams
Simon & Schuster

Two African-American traditions, cooking up a meal to nourish the body and cooking up stories to nourish the soul, come together in this entertaining look at our lives.



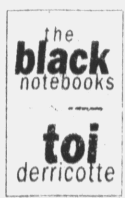
A Do Right Man
by Omar Tyree
Simon & Schuster

Omar Tyree gives women an honest inside look at what many black men are feeling, experiencing, and thinking in love and in their careers.
Publisher Price: \$23.00



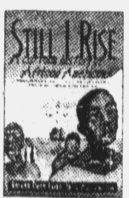
Honey, Hush!
ed. by Daryl Cumber Dance
Norton

The vibrant humor of African-American women is celebrated in this bold, unique, and comprehensive collection.
Publisher Price: \$30.00



The Black Notebooks
by Toi Derricotte
Norton

This exquisitely written journal will be one of the decade's most provocative and controversial books about race.
Publisher Price: \$21.95



Still I Rise
by Roland Owen Laird Jr.
with Taneshia Nash Laird
Norton

A beautifully illustrated cartoon narrative that explores the struggles and achievements of people of African descent in America.



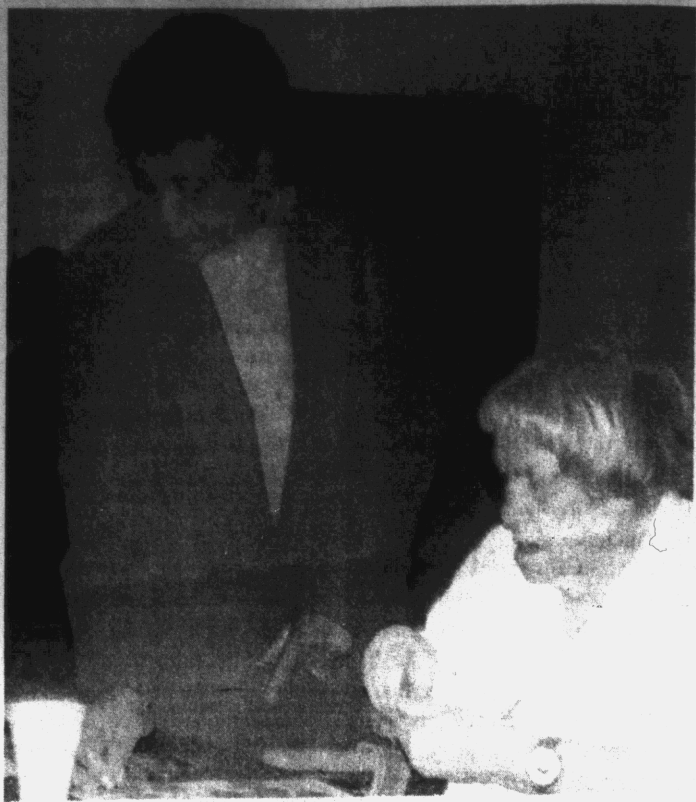
Fly Girl
by Omar Tyree
Scribner

Omar Tyree perfectly captures the voice and the feelings of a middle-class black teenager in urban America.

HEADLINES II

410 Evans Street (Mail)
Greenville, NC 27834 Monday - Saturday, 10-5 PM

Prices are subject to change.



MAKING HISTORY—Washington City Council member, Ms. Emma Howard, the first Black woman to serve on the Council, is shown here doing what got her to that elective office...Helping Someone!! Hats off to you, Councilwoman Howard!!!

Brenda Kee To Perform In Estey Hall Benefit Concert

The Estey Hall Foundation, Inc. will present Brenda Kee, pianist, in concert in a benefit performance for Estey Hall on the Shaw University campus.

The performance will take place Sunday, Nov. 23, at 5 p.m. at First Baptist Church, southeast corner of Capitol Square, Wilmington at Morgan streets.

Ms. Kee, associate professor of piano and piano literature at the University of Louisville, received the bachelor of music degree from the Oberlin College Conservatory of Music, the master of music degree from the University of Illinois, and the doctor of musical arts degree from the University of Michigan.

Additional studies have included Boston University, the Eastman School of Music, and the American Institute for Musical Studies in Freiburg, Germany.

Her principal teachers were Gyorgy Sandor, Soulima Stravinsky, and Beryl Ladd. She has also studied with Anthony di Bonaventura and Bela Nagy, and performed in master classes with Jorge Bolet and Guido Agosti.

A native of Raleigh, her pre-college studies included piano with Harry Gil-Smythe of Shaw University and organ with Harry Cooper of Meredith College and Catherine Miller of Peace College.

Dr. Kee has performed extensively as both soloist and chamber musician, and is a frequent workshop clinician and adjudicator for competitions and festivals.

She was the artist recitalist for the 1989 Convention of the Kentucky Music Teachers Association in Louisville.

Her chamber music performances have included guest appearances with the Norfolk Chamber Consort, the Norfolk Society of the Arts, the Mohawk Trail Concerts in Massachusetts, and the Longmeadow Chamber Music Society, as well as recitals at the Phillips Collection in Washington, D.C. and Carnegie Recital Hall.

She has performed with the Louisville Orchestra and the Louisville Ballet.

Among her honors and awards have been a John Hay Whitney Fellowship, a Distinguished Teaching Fellow Award at the University of Michigan, "Who's Who Among

America's Teachers," Outstanding Young Women of America, and membership in Pi Kappa Lambda, the honorary music society.

Dr. Kee is the wife of Wayne S. Brown, director of the Music and Opera Division of the National Endowment for the Arts. They have two children, Alanna, 12, and Colin, 11.



IT'S "NATION'S BEST" NATURAL DRINKING WATER

Following the recent merger between the Nation of Islam (NOI) and Beco Company, the only black-owned water bottling company in the country has been established, says Kamal Muhammad, NOI's national secretary. The first bottling run took place on Oct. 30. Percy Jones, Jr. and Gene Lewis started the Beco Company nine years ago. After struggling to get into major distribution markets, they approached Min. Farrakhan with the idea of forming a partnership to serve the black community. "The Million Man March sparked the motivation for this venture," said Jones. "Once Min. Farrakhan heard about their proposal, he was very straightforward and said we need to supply clean drinking water for our people," said Muhammad. Jones reassures that their bottling facility surpassed all standards set by the Food and Drug Administration (FDA), who inspects bottling plants on a regular basis to not only make sure bottled water is processed, packaged, shipped and stored in a safe and sanitary manner, but to also make sure that it is accurately labeled. At present, home and office delivery of Nation's Best is available only in the Atlanta area. Muhammad points out that it will take a "little growing time before we become a coast-to-coast distributor." Future goals also include obtaining a fully automatic plant where juices can be pasteurized and other noncarbonated drinks can be produced. For more information call (773) 602-1230.

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**\$1,000.00 POETRY CONTEST
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Great news for poets. The Texas Poetry Alliance is offering a \$1,000.00 grand prize in their annual poetry contest open to the public. There is no entry fee and everyone is invited to submit a poem.

"Our goal is to encourage new talent," says Poetry Director Dr. Robert Mearns. "In a world where poetry is the Cinderella of the Arts, we are helping poets to find the glass slipper."

To enter, send one poem 21 lines or less to: Free Poetry Contest, 1712 E. Riverside Dr., Suite 147, Austin, Texas 78741. Or enter on-line at www.freecontest.community.

The deadline for entering is December 16. Winners will be notified on or before Jan. 29, 1998.

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Year-Long Study Finds Arts & Music Impacts Learning Positively

By Robert E. Smith

Special to the NNPA

CHICAGO, Ill.—Artists, teachers and members of the media recently gathered at the office of Whirlwind, an art-in-education organization focused on improving student language arts and learning skills. We were there for the announcement of the result of a year-long study on how the arts and music can affect education.

An in-depth study of Whirlwind's teaching techniques show higher reading test scores for fourth-graders enrolled in the new drama-based arts program in Chicago Public Schools.

The study was conducted by 3-D Group, a San Francisco-based consulting group.

"The study showed Whirlwind's arts programs are dramatically impacting students' reading skills," said Dale Rose Ph.D., senior consultant with 3-D Group.

"These findings make a profound statement about the potential for arts-based learning in education. They suggest the arts and reading skills are very closely linked."

Taking part in the study were 179 randomly selected students from four Chicago Public Schools.

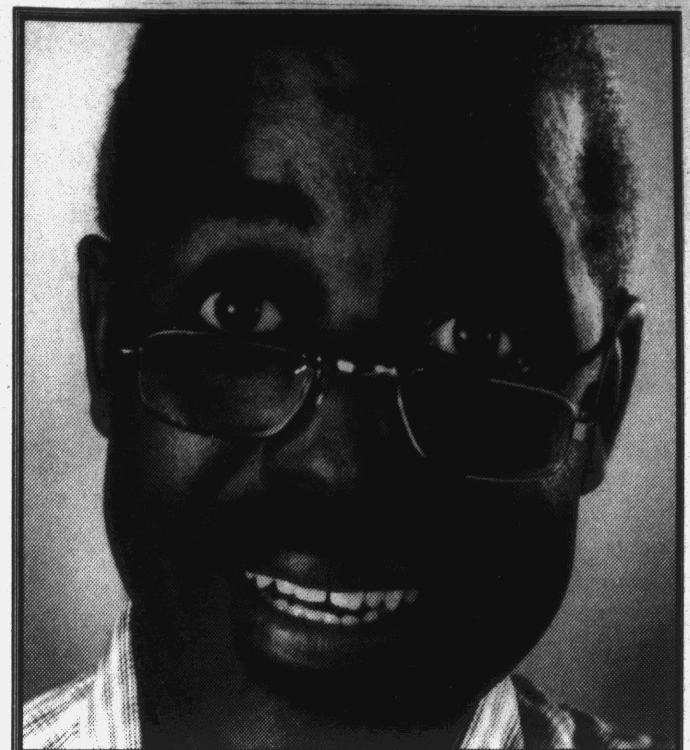
The Whirlwind program is currently in operation in more than 22 schools citywide. According to the executive director of the program, Karl Androes, Whirlwind hopes to expand its program to reach even more students in years to come.

"The Whirlwind program helps children to facilitate their own learning," said Little Tom Jackson, one of the artists who has been working with the program for several years. "We use drama to teach reading comprehension."

Advocates for the program say it makes learning more exciting for children. Jackson said it also al-

lows students to work together to solve problems.

As one supporter puts it, "It's problem-solving at its best. The children really seem to get into it." The Whirlwind organization was formed in 1983 as a nonprofit organization dedicated to combining music, drama and dance in education. In 1984, the Illinois Arts Council asked it to create a model for arts residencies in state schools.



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A "ROYAL" WELCOME—(Top) Sam & Phyllis Herring (of the "green Cross") (l.), and Bishop Paul & Sister Katie Thomas, of Victory Christian Assembly, (c.) were among those persons on hand to welcome King Foli-Bebe F. A. Ayi of Toga (r.) during his three-day visit "down east" recently. King Ayi spoke at the Mount Calvary Church, Good Hope Church, and at Victory Christian. (Below) King Ayi is joined by several wellshers. (Jim Rouse Photo)

School Sets Fall Concert

The F.J. Carnage Middle School Dance Department will present its fall concert on Wednesday, Nov. 19 and Thursday, Nov. 20, at 7 p.m.

Emma Conn and Fuller Elementary Schools will participate in the Nov. 20 performance. Admission is \$1 or a canned good for a needy family.

S.L.S.N.I., Inc. to Host

First Christmas Banquet Celebration

The South Lee Street Neighborhood Improvement, Inc. announced plans for its first Annual Christmas Banquet Celebration to be held on Friday, December 12, 1997 at the Ayden Community Building (211 East Second Street).
Rev. David L. Moore, of the Metropolitan Low Income Housing & CDC, Inc., of Washington, North Carolina, is slated to be the keynote speaker.

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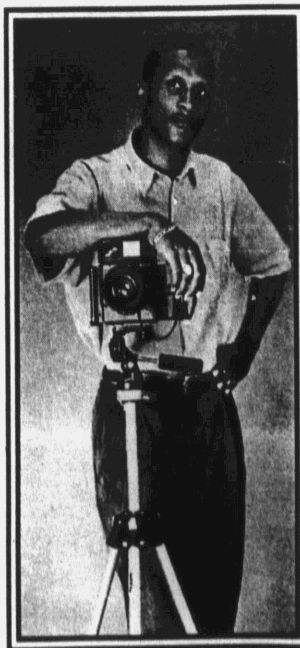
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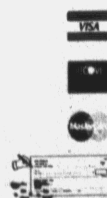


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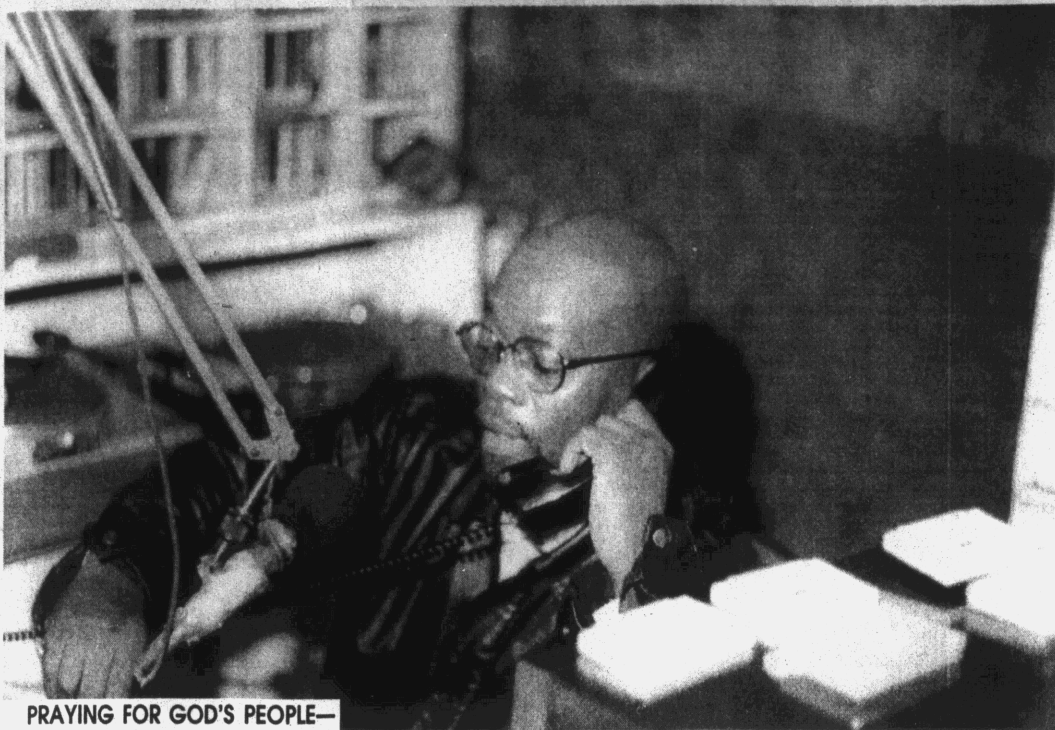


Correction!



CORRECTION—We incorrectly identified Bro. Raymond Spencer and his No. 1 salesman, Bro. Joe Brown, as staff members of the S & K Clothing Store of Beaufort County. Actually, they are both employees of the S & K Men's Store located at the Plaza Mall Shopping Center. Please pardon the error, and stop by and see these brothers while you're out shopping for those "stocking stuffers" for the holidays. (Jim Rouse Photo)

Praying For God's People!



PRAYING FOR GOD'S PEOPLE—Elder Bobby Roulhac, of the Holy Fellowship Church of God In Christ, takes time to pray for some troubled soul. Join Elder Roulhac daily on WTOW JOY 1320 in Washington. (Bro. Moses Harris Photo)

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City Of Raleigh Moves Elderly Couple Into New Housing

City of Raleigh officials last week moved an elderly couple that had been living in a rundown apartment on Rock Quarry Road into new housing.

Willie and Erma Minter are among the first residents of the Hungry Neck redevelopment area. Renovation is being completed on eight city-owned units in this neighborhood, located on Edenton Street.

Even though the landscaping has yet to be done, Mr. and Mrs. Minter say they are overjoyed to 545 E. Edenton St., Apt. 2, their new home.

City spokespersons said the Community Development Department staff has been working for two years to find housing for the Minters.

They denied that the city had plans to evict them, saying they only wanted to find them a residence so that they could leave the house which was in "deplorable condition."

In fact, they said, staff members not only pitched in to move the couple, but secured furniture and made sure water/sewer and electri-

cal services were supplied to the residence.

"The City of Raleigh has dili-

gently tried to identify the owners of this property," explained City Manager Dempsey Benton. "We received no response to any of these

inquiries. There was no one who was maintaining the grounds or the dwelling. Both had deteriorated."

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"First Of The Season" California

U.S.D.A. Choice Beef Boneless Bottom Round Roast
Pound
\$1.59

Unbleached Kroger Coffee Filters 900-Ct. Basket
99¢

Select Blend **Kroger Coffee**
34.5-oz.
\$5.99

Caffeine Free Diet Pepsi, Mountain Dew, Diet Pepsi or Pepsi Cola
2-Liter Bottle
89¢

Fresh Broccoli Bunch
88¢

Thanksgiving Check List!

<input checked="" type="checkbox"/> Kroger Brown & Serve Rolls	<input checked="" type="checkbox"/> Kroger Pie Shells
<input checked="" type="checkbox"/> Blue Bonnet Spread	<input checked="" type="checkbox"/> Kroger Evaporated Milk
<input checked="" type="checkbox"/> Gold Medal Flour	<input checked="" type="checkbox"/> Baker's Coconut
<input checked="" type="checkbox"/> Kroger Milk	<input checked="" type="checkbox"/> Cool Whip Topping
<input checked="" type="checkbox"/> Hanover Cut Green Beans	<input checked="" type="checkbox"/> Kroger Light Brown Sugar
<input checked="" type="checkbox"/> Betty Crocker Cake Mix	<input checked="" type="checkbox"/> Kroger Pecan Halves
<input checked="" type="checkbox"/> Betty Crocker Frosting	<input checked="" type="checkbox"/> Kroger Mandarin Oranges
<input checked="" type="checkbox"/> Libby's Pumpkin Pie Mix	<input checked="" type="checkbox"/> Handi Foil Roasting Pans
<input checked="" type="checkbox"/> Kroger Cranberry Sauce	<input checked="" type="checkbox"/> Good Cook Turkey Basters
<input checked="" type="checkbox"/> Land O Lakes Sour Cream	<input checked="" type="checkbox"/> Reynolds Wrap
<input checked="" type="checkbox"/> Kroger Cream Cheese	<input checked="" type="checkbox"/> Reynolds Brown in Bag

DOUBLE manufacturers' COUPONS

Up to and Including **50¢**

Family Size Turkey Breast or Turkey Dinner \$29.99

Includes all this: • 10-12-lb. fully cooked turkey or 5-7-lb. Turkey Breast, • 2-lb. Old Fashioned Dressing • 1-lb. Turkey Gravy, • 12-ct. Dinner or Snowflake Rolls, • 10" Pumpkin Pie or Apple Pie

Plus choose 1 of the following: • 2-lb. Green Beans, • 2-lb. Yams, • 2-lb. Mashed Potatoes

Apple or Pumpkin Pie \$3.99

Spiral Sliced Ham \$3.99