EASTERN NORTH CAROLINA'S MINORITY VOICE - SINCE 1981

WEEK OF OCTOBER 4 - 18, 1996

Democrat announces bid for 2nd House District seat

Daniel Mallison III, a 37-yearold Beaufort County resident, has filed to run for state representative for the 2nd House District.

He has more than 10 years experience in Human Services, and is employed at Tideland Mental Health Center where he serves a five-county catchment area, which includes Beaufort, Hyde, Martin and Tyrrell and Washington counties, as the Single Portal coordinator for the Developmental Disabilities Section. His responsibilities there include coordinating admissions and discharges of Developmental Disabilities Services, as well as maintaining tracking data used by the state for funding, future planning and programming. This data and information is also available to Coalition 2001, Mental Health Associations, the Association for Retarded Citizens and other organizations, including lobbyists for the General Assembly.

Mallison, a Democrat, is the son of Rosa and Daniel Mallison Jr., both natives of Beaufort County. His family moved to New York when he was an infant, and there he received a public school education. He is a graduate of North Carolina Central University with a bachelor's degree in sociology He is married with two sons. His wife, Victoria, is a teacher in the Exceptional Children's Program

Washington.

Mallison entered this race in hopes of bringing more direct knowledge and experience in the field of human services to the General Assembly. Child care, education, mental health, developmental disabilities, and substance abuse as well as Medical Services are challenged to serve a growing population with limited resources he said, and state lawmakers have an equally difficult challenge to allocate funds cost effectively

Mallison has statewide recognition for advocacy for children, senior citizens and the disabled in cluding people with Traumatic

"Our political leaders are ideally public servants committed to the improvements of the human condition," Mallison said in an nouncing his candidacy. "I feel that the North Carolina State General Assembly would be better served by my experience, knowledge and dedication to the field of human service. Our capacity as a state to weather the storm of managed care, block grants, welfare reform and other cost-reduction initiatives will depend upon informed decisions by our lawmakers. Many of the citizens in the 2nd district are afraid in these uncertain times. They feel helpless and hopeless in

PICTURED ABOVE This image of two young formally-

dressed boys is from a traveling exhibition, The Photographs

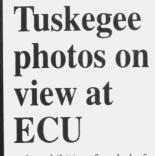
of P.H. Polk, on view at East Carolina University's Mendenhall

at John Small Elementary in making a difference in a system of government which seems too complex and overwhelming to access or change

"Almost daily, I meet people with serious problems, who feel that there voice will not be heard, their plight not understood, and that nothing they say or do will make a difference. Many of our senior citizens feel unfairly pushed aside, forgotten, and add that it is difficult to access appropriate medical services, particularly in the rural

"Our children and senior population are valuable treasures to our community. They represent our memorable, esteemed past and our unseen, but hopeful future. Issues that effect them should be addressed promptly and effectively. Their voices should be heard

Mallison is vice president and chairman of Allocations for the Unitied Way of Beaufort County, board members of the United Way of North Carolina and member of the Public Policy Committee, board member of the Association for Retarded Citizens, Eastern Regional Vice President of the Community Living Association and member of the Legislative Committee, and currently is asked to serve as chairman of Minority Affairs for Democrats in Beaufort County. Other affiliations include being a member and Past Master of Widow's Son's Lodge No. 1 Arabic Temple No. 40, and a member of East Rock Lodge No. 141. Political experiences include fund raising, public relations, voter registration and grass roots organizing in Connecti-

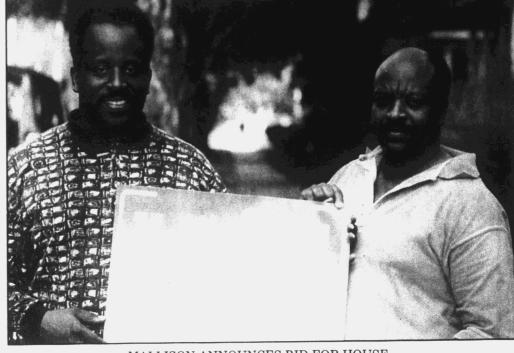


An exhibition of works by former Tuskegee Institute photographer Prentice Herman Polk is the second int he 1996-97 series of shows in East Carolina University's Mendenhall Student Center.

The Photograpsh of P.H. Polk, a traveling show, will be on display in the gallery through October 27 The selection on view includes items showing Polk's full range of professional and personal artistic interests. As official photographer for Tuskegee Institute for more than 40 years, he documented the day-to-day activites of scientist George Washington Carver, administrators and distinguished campus visitors. His studio repertoire includes impressive portraits of Tuskegee's black social elite.

Polk, who gained the greatest acclaim for his portrayals of people and scenes from more rural sur-

(Continued on page 2)



MALLISON ANNOUNCES BID FOR HOUSE

Agent says he knew about drug sale way back

By Herb Boyd Special to the AmNews

Charges made by the San Jose Mercury News in an recent series of articles that the CIA financed Contras in Nicaragua through the sale of cocaine to Black street gangs were further confirmed Monday at a press conference held by activists Dick Gregory and Joe Madison in Washington, D.C.

Celerino Castillo, a former narcotics agent for the Drug Enforcement Agency (DEA), joined Gregory, Madison and others at the Marriott Hotel press conference and admitted documenting evidence that the agency knew of the shipments of cocaine flown from Central America to the United

"The evidence is there," Castillo said. "I have case-file numbers, times and dates.

Castillo said he began recording narcotics trafficking in 1986, while case-files, he said, are the amounts of cocaine, the identifiable numbers of the air planes, informant numbers and even the names of some of the pilots involved in the shipments. Castillo said he first heard of the shipments from infor-

mants and then later confirmed the rumors.

When he reported the findings to the DEA, the only response was the agency's investigation of him, he said. In 1991, Castillo took a disability retirement from the

In a later development on Monday, Gregory, Madison, Rev. Joseph Lowery and Mark Thompson were arrested by the Federal Protective Service for allegedly impeding public traffic as they demonstrated outside the building.

"I'm not sure whether they will be released immediately or not," Mrs. Dick Gregory said Tuesday afternoon in a phone interview. "But I think they will be arraigned this morning.'

Lowery, president of the Southern Christian Leadership Conference, said the possible link of the CIA to the "crack" cocaine epidemic of the 1980s was a part of a investigating these activities at "dastardly" pattern of government sanctioned abuse of African-Americans.

> "The African-American community has always been the most expendable community in this country," Lowery told a press conference prior to his arrest.

Madison, host of a popular radio

show in Washington, D.C. and a board member of the NAACP, said Castillo is an example of what the intelligence community should

"Here is a man who did his job, but he didn't get the support from the top," Madison said. Gregory added, "This is what government service should be about ... and we thank you [Castillo] for coming forward.

This is the second time that Gre gory and Madison have been arrested for demonstrations surrounding this recent disclosure. Dr. John Newman, a noted authority on the CIA, joined Castillo, Gregory, Madison, Thompson and Lowery at the press conference, and demanded that the CIA be investigated on the allegations that it funneled cocaine to the Black

What we want investigated." Newman said, "isn't whether the CIA participated in selling the crack, but how much they knew about the Contras' drug trafficking and what they did about it."

Madison said their challenge to the DEA to release the reports Castillo filed "only underscores the need for a Records Act. We must have a way to get at the truth."

NOI planning two events to mark anniversary of Million Man March

Two major events have been planned by the Nation of Islam to mark the first anniversary of the Million Man March. A political convention set up for September 27 through 29 in St. Louis, Mo., and a World's Day of Atonement to be held October 16, at the U.N. headquarters here

A top aide to Minister Louis

Farrakhan, the Rev. Dr. Benjamin child adoption, and work to sub-Chavis Jr., was in the Big Apple Monday and made a brief stop to discuss the upcoming celebration and other related issues.

Chavis said that at the Million Man March held in Washington, D.C., last October, the organizers made certain commitments to register new voters, increase Black

stantially slash the rate of Blackon-Black crime, especially among males

"What happened to gangster rapstar Tupac Shakur this week in Las Vegas is exactly the kind of thing we are trying to discourage in our community," said the former NAACP executive director

Since the Million Man March, Chavis reported that the Nation of Islam through a national umbrella organization, was successful in registering more than one million new Black voters

"We are not finished yet because there are millions more out there who are not registered," Chavis continued. In addition, he said that prior to the Washington march, there were up to 25,000 Black children awaiting adoption.

"Out of this figure," Chavis explained, "the National Association of Black Social Workers received some 15,000 applications, more than half of the kids waiting to be adopted by someone.'

Had it not been for the Million Man March, Chavis said he didn't think this would have been possible. He also reported a sharp decrease in the rate of Black-on-Black crime in several cities, including New York and Pittsburgh, and attributed this to the Washington event.

But don't tell this to Mayor Rudy (Continued on page 2)



FOR DOWN HOME COOKIN' . . . cooked by Down-Home folks, nothing beats the dishes offered at Cobb's BQ. The cooks told our cameraman that their Staff photo by Jim Rouse secret ingredient is (promise not to tell)..... Just a dash of happiness!!!!

From Page 1

rounding communities, was born in 1898 in Bessemer, Ala., a rural mining and mill town. At 18, he enrolled at Tuskegee Normal and Industrial Institute (now Tuskegee University) where he discovered photography. He later returned to teach at the campus and serve as its staff photographer, while main-

will not be billed.

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Tuskegee photos

taining a private studio in town from 1928 to 1984

The Mendenhall Gallery series opened with Reunion Iron, a sculpture show that ended September 20. Later exhibitions int eh 1996-97 series are Sculptures and Wall Reliegs by Hanna Jubran (November 3-30), Works in Glass by Art

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Sprint

Photographs from the Mississippi Delta (Feb. 28-Mar. 28) The gallery is available for visits

Haney (January 6-24), the 21st

annual Illumina Student Art Exhibit and Competition (January 27-Feb. 23) and Sacred Space:

when Mendenhall Student Center is open. Mendenhall's operating hours are Monday-Thursday, 8 a.m. - 11 p.m., Fridays, 8 a.m.midnight, Saturdays, 1 p.m.-midnight and Sundays, 1-11 p.m.

From Page 1

"We wanted to establish that we do have the capacity to decrease crime in our community if we took more self-responsibility as a purpose," Chavis emphasized in his

He said if anyone should take

Prior to the historic Washington

seum, the monks will make a mandala known as a "Healing Buddha.'

Although a mandala can be made of a variety of materials, a sand mandala is considered the most precious because of its delicacy and the painstaking practice of creating its geometric pattern. The monks will work continuously on the mandala during Museum hours for ten days, except for short breaks. The public is invited to watch this fascinating and meticulous process

United States to raise awareness and support for their exiled monastary. The monastary, which is over 600 years old, is the largest Tibetan monastary in exile.

In addition to making the mandala, the monks will perform a healing ceremony and traditional dances in the Museum auditorium on Monday, Oct. 28 at 7:30 p.m. Tickets for that event are \$10 museum members \$8), \$5 for ages 18 and under and over 65, and will be on sale at the Museum box

On Thursday, Oct. 31, at 10 a.m.,

destroy the mandala to remove any negativity that may have entered it during its creation. At 10:30 a.m., they will ceremoniously destruct the mandala by depositing the sand in the Museum pond.

That event is free.

In conjunction with the monk's visit, the Museum also is offering two educational events: On Sunday, Oct. 20, from 1 to 2 p.m., there will be a film on Tibetan Buddhism, "Compassion in Exile; The Story of the 14th Dalai Lama," in the Museum auditorium. And on Sunday, Oct. 27, from 1-2:30 p.m., the Museum will present "Art, Life,

and the Spirit of Tibet," a slide

lecture by Peter Gold, a San Fran-

cisco anthropologist.

Firewood to be given to needy families

Trees felled by Hurricane Fran and cleared by state prisoners have been saved for a Wake County organization that will provide firewood to needy families this win-

"With inmates working to help clear downed trees across eastern North Carolina, we began looking for a way to put the wood to use," said state Correction Secretary Franklin Freeman. "We found

Wake Opportunities." Wood cleared from Northgate Park and Maplewood Cemetery in Durham has been taken to the organization's wood storage area at the Raleigh yard waste disposal site. When inmates clear debris in Umstead State park, they'll load another 40-50 hardwood logs for

delivery to the storage site. "We have enough split wood for the first few months of this winter," said Doris McCain of Wake Opportunities. "Usually we have volunteers from civic, college and church groups split wood and deliver it for us. This year. they'll

just have to make deliveries.' The organization provides firewood to about 100 families every one to two weeks during the winter. Most of the clients are senior citizens. Wake Opportunities has provided the Wood Shop program for ten years.

Anniversary

Giuliani. He has attributed recent crimes reduction in the Big Apple to "community policing." Chavis said the Nation of Islam has known all along that Black folks have the capacity to impact what goes on in their community

interview

credit it would be Farrakhan because "he allowed God to use him to organize and lead the Million Man March." Unlike the Million Man March, Chavis noted that the upcoming anniversary celebration will focus on men, women and young people.

In bragging about the success of the Million Man March, Chavis said its impact has been international. "Sometimes we in the United States underestimate the positive impact of the Million Man March," he added.

event, Chavis said African-Americans were portrayed in a very negative way abroad, but thanks to the Million Man March "we are now being viewed differently.'

TIBETAN MONKS FROM THE SERA JE MONSTERY . . . create a sand mandala. The monks will be at the North Carolina Museum of Art from Octrober 22 through October 31.

Tibetan monks to visit museum

Visitors Bring Message of Peace Through Traditional Ceremonies

The Far East comes to Raleigh in October as a group of Tibetan cate sand pattern at the North

Monks from the Sera Je Monastery in India will visit the Museum

intricate circular diagram used for meditation and prayer. The colorful design is thought to be a palace for a specific deity. At the Mu-

and Dance

Monks bring a message of peace through the creation of an intri-Carolina Museum of Art.

from October 22- 31. During their week-long stay, they'll create a sand mandala and perform traditional ceremonies, complete with bone-vibrating chants and dances. In Buddhism, a mandala is an

The monks are touring the

office (919) 839-6262, ext. 2152.

the monks will perform the official dismantling ceremony before they destruct the design. Buddhist philosophy stresses the impermanence of things, so the Monks will

The Minority

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Inmates help to clean up

cleaning up damage and debris left by Hurricane Fran in state parks from the coast as far inland as Alamance County.

"Our use of inmate labor in the Fran clean up is the most extensive use of inmate labor during an emergency in the history of the state," said state Correction Secretary Franklin Freeman. "In the

Hundreds of inmates are at work last month, state prison managers, correctional officers and state prisoners have worked to clean up communities, schoolyards and parks."

After Hurricane Fran struck one month ago, the demand for inmate labor shifted from emergency assistance in the first days to helping local governments in the first weeks to cleaning up the state

Correctional officers and inmates from five state prisons are clearing recreation areas today at Falls Lake in Wake County and Kerr Lake in Vance County.

At the North Carolina Sword of Peace Historical Site in Alamance County, Orange Correctional Center inmates are clearing trees. The clean-up job will require more than

where outdoor dramas are staged. At the Alamance battleground,

more than 50 pine trees were down. Inmates from Davidson Correctional Center helped to remove the trees and rake the grounds

"The inmates have gone into parks, cleared campsites and opened trails so the public can use

a week of work to clear the site them again," said Lee Tulloch, a state prison manager.

At Jones Lake State Park near White Oak, Bladen Youth Center inmates picked up debris, filled in the holes where trees had been removed and cleared walking

Inmates from Neuse Correctional Institution at Goldsboro used bush axes, shovels and rakes

to clean up the Aycock birthplace historic site on U.S. 117 near Pikeville.

Along the coast, New Hanover Correctional Center inmates spent all last week clearing debris at Carolina Beach State Park. They've also worked at Fort Fisher and at Kure Beach recreation ar-

Black activists and grassroots groups urge input at Atlantic Avenue Mall

By Charles Baillou

A number of central Brooklyn activists recently noted the Atlantic Center Mall, scheduled to open in November, is not doing enough to benefit surrounding downtown communities as originally prom-

Assemb. Roger Green said that "fundamental issues" need to be addressed before the 400,000 sq. ft. shopping mall on the grounds of the LIRR Terminal near Ft. Greene Place and spanning Atlantic Avenue and Hanson Place is completed.

The Council of Federated Organizations for the Empowerment of Children and Families (COFO) gathered on the corner of Fort Greene Place and Atlantic Avenue

Friday morning to voice their concerns. According to Green, Forest City Rather, developer of the Atlantic Center Mall, has failed to hold beneficial meetings to address the concerns of COFO

Citing job priority for the local residents of the surrounding communities of Ft. Greene, Clinton Hill, Atlantic Village, northwest Bedford-Stuyvesant and Crown Heights, Green said Ratner "came to the city to get a special deal to build this complex on the premise that they were going to build jobs for the local communities." And as a result, he asserted, the developer is "one of the key stakeholders here.

Robert Rediker, spokesman for the developer, said by phone that the retailers such as Caldor, Office max, Sports Authority and Kids R Us, among others, have each agreed to hire help from the local community because "They want to make sure their employees have easy access to their jobs.

While Caldor has sompleted hiring from a tent on the construction site, which Greene characterized as "demeaning" to the applicants, Marshall's will start hiring Oct. 7 at the Department of Labor office on Fourth Avenue and Dean Street, Rediker noted

But Green said he learned some of the retailers were hiring outside the borough and away from the surrounding area. Rediker conceded Sports Authority was hiring at its Manhattan stores and

health programs," the director observed, noting that nearly one-half

of the state's veterans served dur-

ing the two world wars and the

sure that our veterans receive qual-

ity health care," Behan said. "If we

don't, we are turning our backs on

an American legacy of commitment

to those who have sacrificed their

health and well-being for us.

"We have a responsibility to as-

Korean conflict.

Gowanus Pathmark started hiring September 23 at its Hamilton Plaza store.

Of the companies which have already hired, Rediker said, for example, Caldor has hired 400 people and he asserted a written statement he received notes "over 90 percent" of the hires are from the local neighborhood.

Another issue for COFO is retail space for community businesses.

To that, Rediker, who noted 96 percent of the space has already been leased, said providing space for small businesses "if difficult."

Remarking that space at the Atlantic Center is designed "to accommodate the very large, big box containers," Rediker added "it's very difficult due to the physical contruction of the center" to divide the space up into 500 and 600 sq.

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To Job Mashariki, president of Black Veterans for Social Justice, Rather is missing "an excellent opportunity to bridge the gap between coming into our community and using us in terms of helping them fulfill their tasks and goals.'

Unfortunately, he added, "If we are not talked to and addressed in a respectful manner, there will be continued conflict down here.'

Health care for veterans said to be in jeopardy because of budget cuts

know it" is in serious jeopardy as a result of continued budget cuts at United States Department of Veterans Affairs (VA) medical centers throughout New York State, warned director John L. Behan of the New York State Division of Veterans' Affairs.

"VA hospitals from Buffalo to Northport, L.I., are being forced medical staffs, with many competo cut staff and curtail programs as administrators struggle to meet reduced budgets for the coming fiscal year," said Behan. "Veterans can no longer be confident of receiving the care they need and deserve when they show up at VA hospital.

"What's exasperating is that the 12 hospitals in New York are being hit with demands to reduce spending by up to 11 percent or more at a time when the administration has agreed to additional spending for veterans' medical care." the director said.

"New York State, with more than 1.5 million veterans, has the fourth largest veterans population in the nation, yet the administration in Washington is dramatically cutting funds available to care for our disabled, sick and aging veterans,' Behan said. "Where's the money going if it's not being directed to where the veterans are?"

Behan urges veterans and veterans organizations to join Cong. Jack Quinn (R-30th)-New York's only member on the House Committee on Veterans' Affairs - in asking Congress to conduct an oversight hearing for an explanation of the administration's decision to cut funding to the nation's veterans health care system.

"Our veterans are entitled to quality health care-it's a promise America made to its sons and

Veterans' health care "as we daughters when they went off to war - and it is unconscionable that this administration should arbitrarily destroy this benefit," Behan said. "Veterans should not have to shoulder the burden of the administration's effort to balance

the national budget.

Funding reductions are resulting in severe downsizing of VA tent and dedicated employees men and women who have daily contact with patients - being dismissed, the director remarked "These job cuts not only hurt the employees and the veterans they serve, but also adversely impact the economy of local communities.

In addition to loss of funding, the VA's health care program is in transition from hospital-based care to more outpatient and preventative care.

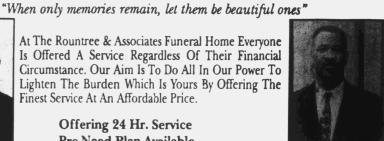
"These changes are coming at a time when New York's veterans have the greatest need for the VA's

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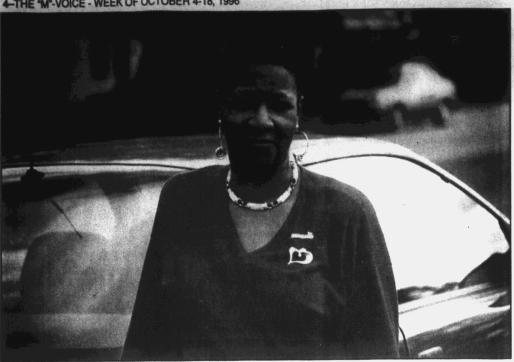
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PHYLLIS BARRETT

Symposium re-examines 'Separate But Equal' issues

fessor and a U.S. Deputy Assistant Attorney General will be the principal speakers as North Carolina Central University's Institute for the Study of Minority Issues brings scholars to Durham Octo-

concept of "separate but equal" services and institutions

The one-day conference, beginning at 8:30 a.m. October 25 at NCCU's Miller-Morgan Building, will also feature a reprise of the

A Harvard University law pro- ber 25 for a re-examination of the U.S. Supreme Court argument which resulted in the decision that North Carolina's 12th Congressional District is constitutionally unacceptable. NCCU Chancellor Julius L. Chambers, who argued

(Continued on page 5)

Barrett discovers Weekenders

Phyllis Barrett discovered Weekenders two years ago while attending a spring conference of the American Business Women Association in Myrtle Beach, South Carolina. There were vendors there showing their products. The quality, look and feel of the clothes was wonderful. She purchased a couple of pieces. After she returned home, she continued to order another piece whenever she could find the money. Phyllis wanted every piece in the line. She wore the few pieces she had all the time. Phyllis' job requires her to travel a lot and Weekender is the only way to go. A weeks supply of clothes can fit in one small bag. Take them out and put them on, no iron needed. The only way she could get her Weekenders were to call the person that she had met at Myrtle Beach and place a order by telephone

A year later she attended the spring conference again and Weekenders was there again. The lady she met this time was Margie Scheller of Raleigh. Margie had been in Raleigh for about one year. After moving to Raleigh from Wisconsin she had become the first weekender manager in North Carolina. Phyllis was wearing the Weekenders outfit that she loved so dearly and as Margie was talking about her clothes, Phyllis was the one with all the amens. Margie told Phyllis she should be selling the clothes. Phyllis said no way. She did not think she could ask anyone to buy anything, nor did she have the time to do it if she could. Margie asked her to just let her talk to her and tell her about

Well, now Phyllis is a Weekend-

ers Fashion Coordinator. She was the first and only Weekenders representative in Greenville, N. C. She started her business the first of June. It has taken off like wildfire. It did not take long for her before she had a dedicated group of ladies who wanted to look good and be comfortable without the bother of ironing. Weekenders was the perfect business. Phyllis says she does not have to carry an inventory and did not have to make a large investment to get started. There are no quotas or territories to worry about, so you can do as much or as little as you want. As long as women continue to wear clothes, Phyllis knew there would be a good market for Weekenders. She also knew that if she found that she did not want to continue the business the only thing she would be out was money invested in clothes that she would probably have bought anyway.

Since joining Weekenders Phyllis has sponsored four other Fashion Coordinator and is a team leader and has really start to make the big bucks. Her Fashion Coordinators are Margaret Wilson, Patricia Rouse, Amanda Hamill, Addie Everett and Judy Warren. The opportunity for a Fashion Coordinator in Greenville to make money is great. Phyllis is the first Weekenders Fashion Coordinator east of Raleigh. A city the size of Greenville could have 100 coordinators and each of them could make \$500 each week from sales alone. Phyllis is the Director of Finance with the Greenville, Housing Authority, she is on the trustee board of Philippi Church of Christ, membership chairperson of the American Business Women Asso-

ciation Pirate Charter Chapter of Greenville, past president of the Ruff and Ready Ladies Auxiliary and treasurer for her Neighborhood Association. If you want to know more about her business (Weekenders) give Phyllis or any of her coordinators a call. She can be reached at 919-355-2431, 203 Pearl Drive, Greenville, N. C. 27834.

Blues from the flu

Get ready folks, here it comes again - the blues from the flu. Yes, headaches, sore throats, sore muscles, runny, clogged up noses, non-productive coughs, fevers and a miserable feeling are waiting just around the corner. The virus that causes the flu blues has been around for a long time and has the ability to change its coat at a moments notice, thus, new vaccines are constantly needed for protection.

After the virus infects one human, it is capable of reproducing itself by the millions and is transferred to another victim by one good sneeze or cough. If the infected person coughs in their hands and touches a doorknob or any other surface, the virus waits patiently for an unsuspecting hand to contaminate again! So, please wash your hands frequently and keep them from your nose and mouth.

When I was in Japan, it was interesting to see those persons who had a cold wear a surgical mask to prevent the spread of the virus. It was almost mandatory that they did. I believe all persons with a cold should wear a mask, especially around babies' and senior persons who are

most vulnerable. You can prevent the flu blues. For years I have protected myself by taking 2,000 mg. of vitamin C daily. If I did get a cold, it was never severe or long lasting. You can get plenty of vitamin C if you eat fresh citrus fruits, broccoli, collard greens and sweet green peppers. The herb echinacea is also helpful in stimulating the immune system.

A flu vaccine can also help prevent the flu blues. It takes however, four to six weeks after the vaccination to produce antibodies to fight the virus. To play it safe, the vaccine should be taken by mid-October and no later than early December. The flu vaccine is recommended for persons who are over 65 years of age, especially if they have chronic heart, lung or kidney disease. Persons with diabetes or chronic alcoholics should also receive a vaccination.

All persons with HIV should be protected. Folks who provide community service to older adults or who work in the medical field are also advised to get the vaccine. The vaccine should not be given to any person who is allergic to eggs. I would also suggest withholding the vaccine from persons with an elevated temperature or the signs of a viral infection.

Look for next week's article on several ways of treatment for "flu blues."

Centura completes purchase of stake in mortgage company

Banks NYSE:CBC) has completed its purchase of a 49 percent stake in First Greensboro Home Equity Corp., which was first announced in June

First Greensboro is a privately owned company specializing in alternative equity lending for homeowners and creative financing for home buyers. It originates, purchases and sells residential home equity loans secured primarily by first liens. Its clients are people whose borrowing needs are generally not met by traditional financial institutions.

Neither party disclosed terms of the deal, although Centura said the investment is expected to add

(NAPS)—For facts about The Software Publishers Association

and the Codie Award winners and finalists for "excellence in soft

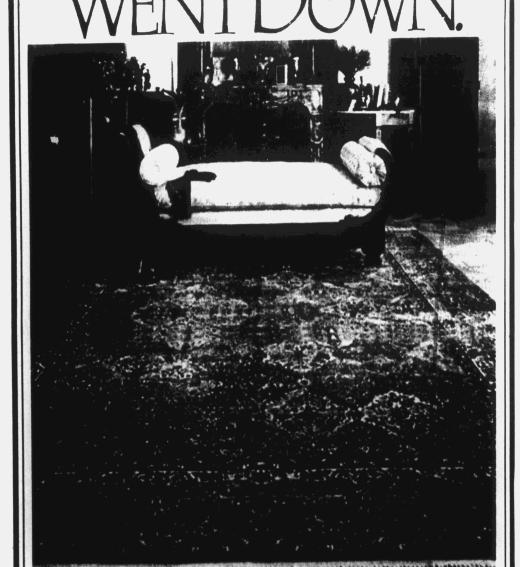
ware." visit the World Wide Web

Site: http://www.spa.org.

economic value in the first year. First Greensboro will retain controlling interest of the company.

First Greensboro has 32 offices 11 states, including North and South Carolina, Virginia, Texas, Florida, Arkansas, Illinois, Tennessee, Georgia, Missouri and Oklahoma. The company plans to open four more offices by the end

Centura is still the only North Carolina bank offering online banking and bill payment services through Quicken and Microsoft Money, the leading personal finance software packages, and has added online banking through America Online.



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packet—with tips and money-saving offers—call the Olin Pool Care Hotline at 800-POOL-987 seven days a week from 8 a.m. to 10 p.m. EST and visit Waterworks, Olin's Pool Care Internet website at http://waterworks.olin.com for the electronic version of Poolife® Magazine.

For good beginnings, the American Association of Orthodontists' free brochure on early orthodontic diagnosis, or for brochures on other orthodontic topics, call1-800-STRAIGHT (1-800-787-2444), or write the AAO at 401 N. Lindbergh Blvd., St. Louis, MO 63141-7816.

To learn about a helpful service for public speakers, write to "American Speaker," Georgetown Publishing House, Dept. PAP700, 1101 30th St., NW., Washington, DC 20007, or call 800-915-0022.

For a list of "No Sweat" retailers and manufacturers who have agreed to help make sweatshops go out of fashion, write to No Sweat, U.S. Department of Labor, Washington, D. C. 20210; fax (202) 219-8740; or visit the web page at www.dol.gov/dol/nosweat.htm.

For information on mortgage rate protection programs or to locate a Countrywide mortgage company branch, call (800) 570-9888.

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From Page 4

in favor of the N.C. General Assembly's 12th District boundaries, will debate with Durham attorney and Duke law professor Robinson Everett, who was one of the parties to the original suit challenging the district's shape and took a major role in the Supreme Court pleadings.

The conference will revisit the 100-year-old Plessy v. Ferguson Supreme Court decision. Although the 1954 Brown v. Board of Education decision reversed the Plessy case's approval of the

principal of "separate but equal," said Dr. Beverly W. Jones, director of the Institute for the Study of Minority Issues, "The issue of 'separate but equal' has not yet been resolved, thus inviting us to revisit the Plessy Case.'

One argument raised by opponents of the 12th District was that the district actually represented a return to the "separate but equal" concept. By drawing narrow district boundaries which surrounded Interstates 40 and 85 between Durham, went the argument, the General Assembly created a majority-black district unjustified by any other consideration, essentially a separate black district.

The keynote speaker for the October 25 conference will be Christopher Edley, Jr., Professor of Law at Harvard University. Edley will discuss the history, social impact, and relevance to contemporary issues of the Plessy

Symposium

Empowerment Zone and

Association and the N.C. Association of Black Lawyers, meeting at the same time as the conference, will add the October 25 conference to the agendas of their annual

NCCU faculty members have been invited to create course assignments applicable to the issues dealt with at the conference. Their students will be encouraged to attend the conference sessions as

Co-sponsoring the program are the Center for the Study of Minority Issues, the NCCU School of Law, the NCCU School of Library and Information Sciences, the Durham chapter of the NAACP, the National Bar Association, and the N.C. Association of Black Law-

The public is invited to attend the conference. Registration is \$35, and the deadline for preregistration is October 11. Information is available at 919 560-5511

Reginald L. Robinson, U.S. Deputy Assistant Attorney General, will speak at the conference luncheon at noon at the Regal University Hotel on Campus Walk Drive in Durham.. Robinson's responsibilities for the Department of Justice include oversight of federal programs which provide special incentives to poor communities. Those programs include the

Enterprise City efforts. Dr. Jones said the National Bar

they complete those assignments.

Remember to focus on all the

things your teen does well. Pro-

vide praise where praise is de-

served and in proportion to the

discuss difficulties and issues. Al-

low each family member the op-

portunity to express their own feel-

ings and views. Consider well that

teens still need family guidance

but they are on the threshold of

making independent decisions. A

family model is valuable to them and will remain with them for

many years to come.

Finally, hold family meetings to

opinions can develop.

Govt. illegal drug supplying didn't begin with CIA By DENNIS SCHATZMAN Daryl Williams, the onetime (and big time) pimp and drug dealer in Los Angeles and Den-

ver, isn't around to comment on the recent news that operatives from within the Central Intelligence Agency raised money to fund the Nicaraguan Contras by selling crack cocaine to Los Angeles dealers, who then shipped it to Black neighborhoods throughout America

Had Williams, a one time football star at Los Angeles High School in the 1960s, not died of a heart attack after hitting a crack cocaine pipe three years ago, he would tell a chilling story about how he would get his supply of cocaine for distribution.

Friends of the late dealer are, however, still around to tell the story. And some of them are singing like birds, which might not

be good news for a former politician who once held a high office in California.

In the early 1970s Williams allegedly purchased the bulk of his cocaine from a pharmacist who lived in fashionable Hollywood Hills. "This man had a castle," one source recalled. "I mean, it had a moat and everything." The dealer and one of his operatives would arrive at the mansion and wait for the shipment to arrive.

In a few minutes, the politician and his live-in singer girlfriend would show up and shortly thereafter, another car carrying the drugs would drive up. Once the deal was consummated, the parties involved would disband. The source made it clear that the politician was the supplier. It saw the transactions with its own eyes.

The pharmacist was later prosecuted for drug trafficking

and his license was revoked. He is now reportedly on the straight and narrow, only selling legal drugs out of his drugstore. The politician was never busted but there were long-standing rumors that he dabbled in drug use here and there.

The issue of governmentsanctioned drug dealing came to light recently after the San Jose Mercury News revealed the CIA's involvement in a three-part series published in August.

According to the Mercury News, Oscar Danilo Blanton, a CIA informant and Nicaraguan drug dealer, would supply crack cocaine to "Freeway" Ricky Ross, a Los Angeles drug dealer. Later, Blanton would help the FBI snare Ross in a sting. A jury found Ross guilty of drug trafficking earlier this year. A federal judge in San Diego, however, delayed sentencing until U.S. attorneys could provide an affidavit from the CIA saying that the agency never "participated in or condoned" drug dealings by Nicaraguan rebels, including the smuggling of tons of cocaine into Los Angeles during the 1980s.

Opinion

The CIA is expected to deny any involvement. Daryl Williams, however, is no doubt rolling over in his grave, breaking up with laughter. No telling who else out there is fretting nervously about what other stories might just rise up from among the tombstones.

Dennis Schatzman, a former district court judge in Pittsburgh, writes on political and legal affairs from Los Angeles. He is coauthor of "The Simpson Trial in Black and White" (General Publishing Group)

Beware the 'prison industrial complex'

By BERNICE **POWELL JACKSON**

Twice within a few days I heard a new term which sent chills down my spine. The term was "prison industrial complex." It signaled the recognition of the fact that our economy has gone through one more dramatic change - from the post-World War II military industrial complex referred to by President Eisenhower to the present day, when prisons are the growth in-

which builds prisons. The first time I heard the term was in a National Public Radio story about Dannemora, N.Y., which houses a large prison. The prison is the town's largest employer and it is the only place many of the guards have ever encountered Black or Hispanic men, and their racism is evi-

dustry. We've gone from a na-

tion which builds missiles to one

dent. Many of the businesses in the town are dependent on the guards and prison employees and the wives and mothers who come to visit the prisoners. Without the prison, many people in Dannemora would be out of work.

Prison business is big business in America, and not just in Dannemora. Millions of dollars are spent each year in building more prisons. Millions of dollars are spent in purchasing uniforms, linens, beds, paper and other products. Tens of millions are spent on salaries of guards, counselors, doctors and nurses and prison administrators. The prison industry is a growth industry, so much so that private corporations have entered the

One of the most frightening aspects of the prison industry is that the majority of those incarcerated are people of color. The

majority of those working in the industry are not.

And then there is death row. As of fall 1995, there were 3.045 inmates sitting on death rows in the United States. Over half of them are people of color. Just about all of them are poor.

Most death row inmates are represented by court-appointed attorneys. In many jurisdictions there are no requirements of proficiency and experience for such attorneys, even though capital cases are extremely complex. The court-appointed attorney must ask for funds from the court each time experts in pathology, ballistics, substance abuse and mental health are used. There are very limited funds available for private investigation.

A recent study by the American Friends Service Committee on Native Americans on death

row found that in over 70 percent of the cases, Native Americans on death row had been substance abusers and that this substance abuse was a controlling part of the inmate's life before he committed the crime. Too often such factors are not taken into account by prosecutors or

What does it mean that we have chosen to invest in prisons rather than in education and prevention for tens of thousands of our young people? What does it mean for a democracy that one of its fastest growing industries is one which imprisons over a million citizens? What does it mean that people of color are overrepresented in the prison population and especially on death row? What does it mean for us all when we have coined a new phrase - the prison industrial complex?

Extension Notes

Extension Agent, 4-H

Adolescence is commonly considered the most challenging stage of development for parents and teens alike. When asked about their problems with their parents, teens often mention that parents fail to listen to them. The following tips should help improve communication between parents and

Effective listening is a skill that needs practice. When communicating with your teen focus on giving your child your undivided attention. Put down the newspaper, turn off the television, and stop other attention consuming tasks in order to focus on the conversation with your teen.

Use a polite tone of voice expressing respect for your child's point of view. Use a tone of voice which would be pleasing to you in a conversation with another adult. Remain calm, especially when discussing touchy issues such as curfews, driving privileges, and guidelines for dating.

Avoid being overly critical. Your child will not confide in you if you are constantly judging his or her behavior and finding it lacking. Let your child know that he or she can talk with you about anything. If you need help being knowledgeable about some issues or if you need a guide to help you make good decisions, contact the public library or purchase a parenting handbook from a local bookstore.

Help your child build self-confidence and self-esteem by encouraging, but not forcing, participation in a variety of extra curricular activities. Participation will help the child find new hobbies and interests and perhaps some activities in which they excel. Allow your child to express different interests, ideas, and feelings from your own. Present your own viewpoints calmly and honestly and a mutual respect for differences of

Listen

to

1340 AM

Gospel

Radio

NCCU Aumna gives \$10,000 gift for scholarships

Rosalyn Whitehead, 345 West other NCCU alumnus. 145th St., New York, N.Y., a 1953 graduate of North Carolina Central University, has given \$10,000 to the university for scholarship

Miss Whitehead, a native of Wilson, N.C., owned and operated an advertising novelties business in New York City from 1977 until three years ago, when she sold the business to Clifford Jenkins, an-

She had been involved in the business, which sold such business promotional items as calen-

dars and pens, for many years before that. Because of an illness, Miss Whitehead had temporarily withdrawn from what was then North

Carolina College a semester before she was scheduled to graduate. She took employment as a

secretary in a funeral home, where she met Clifford Sewell, visiting the funeral director to sell his line of personalized advertising materials

Sewell was impressed by the young student-secretary, and offered her employment in his business. She declined, declaring her intention to graduate from college first. Sewell kept in touch with her

and attended her commencement exercises, when she received her bachelor's degree in sociology.

Sewell's renewed offer of employment was finally accepted when Miss Whitehead's mother gave her approval. Miss Whitehead was a trusted employee of the company until Sewell died, leaving his business to her.

Mr. Jenkins, who bought the

business from Miss Whitehead, also made a contribution tot he NCCU scholarship fund in Miss Whitehead's name. He and his wife are among Miss Whitehead's clos-

Miss Whitehead's sister, Mabel Parks, also an NCCU alumna, lives in Wilson

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African American Youth Festival Misa Soko Watoto





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Suggs makes her dream



DENISE SUGGS

cember 28, 1972, Denise Ann Suggs



Born in Greenville, N.C. on De-entered the world a chosen child. I grew up in the church and always had a burning desire to play the piano. During 1983 my pastor, Reverend Richard Moore of Tabernacle of Faith Revival Center in Greenville, anointed my hands and fingers with oil and prayed for me to play the piano. My mother, Ms. Joyce B. Suggs, found a used piano that I found myself playing day and night until my little fingers were tired and almost cramped. One of the first songs I learned to play "by ear" was "God Has Smiled

During the next few months, I was appointed the first church musician. At the young age of 11, I ministered in music and song at various local churches and nurs-

Calvin Suggs, now Prophet Suggs of Wilson, N.C., was my

mentor. Many afternoons after school he sat with me for hours on end and taught me gospel songs. Oftentimes I wept as I played, initially from frustration. However, the tears turned to those of joy as my playing improved and as God allowed my music to minister to

In 1985 my church formed its first choir, for which I have now been the musician for almost ten years. During my years at Farmville Middle School, I was a pianist for the school chorus. To help me read the sheet music, I took piano lessons for less than seven months.

Igraduated from Farmville Central High School in 1991 and enrolled at the University of North Carolina at Chapel Hill. While in college I did not participate in any musical activities. During my summer breaks, I composed music and wrote songs that expressed my concern with some of today's social problems. Among the songs were a few gospel songs that focused on the hope and encouragement that God had given me.

The year is now 1996, and I have resumed my position as church musician, and now choir directress. I still minister in song and music and render mini-concerts and the Heritage Retirement Center in Rocky Mount.

In the years to come, I must continue to rely on God to help me achieve all my goals and heart's desires. I want to be a recording artist and an audiotechnician. My mission statement is best summarized by the scriptures Matthew 25:35-36 and Luke 4:18-19. I feel that my ministry is to spread the gospel to all nations through song and music. The "big picture" is for me to produce enough liquid assets in the music industry to fully fund homeless shelters, feeding facilities and clothing distribution

To God I give thanks for His mercy and musical gifts. To my family I am forever grateful for the tolerance and support to strive for excellence. As I follow God's guidance, I shall do great exploits.

Grandparent Study: Grandparents Helping To Raise Grandchildren

Peoria, Illinois...(September 10, 1996)...The Center on Aging at Bradley University is looking for African American grandparents, age 50 or older, who are sharing a household with a young grandchild between the ages of 6 and 12 to participate in the Grandparent Study. This study will examine the challenges and rewards that are faced by grandparents who are raising young grandchildren. The findings from this study will be important to policy makers in their efforts to design interventions and social services for "at risk" grand-

The Grandparent Study, funded by the National Institute on Ag-

In all that I say and all that I do,

Give me the courage to do what

To bring to the world a glimpse

We are asking that you share a

flicker of light with another who is

in dire need of our prayers and

One of our own, Sister Dollie

Johnson will be traveling to Co-

lumbia, South Carolina for a bone marrow transplant sometime in

September. We are asking you to

help us with her personal expenses

of \$5000. Why should you help, you ask? Let me share her life with

you so you can understand how a

woman of faith can capture your

heart and inspire you in the midst

the Lord at 7 years old, singing

with her father and sisters. She is

now singing and serving the Lord

with the Junior Consolators of

Greenville. She is a member of St.

John Missionary Baptist Church

in Stokes, Rev. Gregory Black,

Her life has been an active one,

Dollie Johnson started serving

of Your Light—fasick

financial assistance

of her tribulations

ing, is being directed by Dr. Rachel Pruchno, a well-known family psychologist and researcher.

This study will also make an important contribution to our understanding of African American grandparents. Traditionally participation in research studies from the African American population has been low; although, findings have shown that African American caregivers have lower levels of stress and burden with higher levels of family support in relation to other participants. African Americans are doing a lot "right" and it is important for them to share their knowledge so that others can benefit from their experiences. Of equal importance to making African American needs and opinions known, is the valuable use of information to develop programs and policies which will benefit the Black population.

If you are an African American grandparent sharing a household with a young grandchild and you would like to participate in the Grandparent Study, call 1-800-695-5927. Remember, by participating you have the opportunity to improve the system and have a voice in the services and policies that are being planned for the fu-

An open letter Help me, dear Lord, to be honest It isn't music to everybody's ears!

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There is a noise ordinance regulating animal noises which disturb the quiet, comfort or repose of any person.



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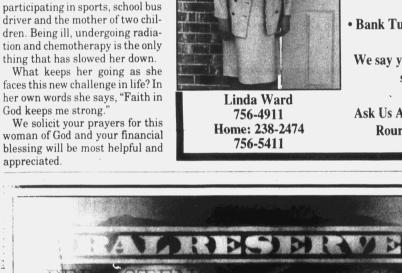


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Domestic violence

Wills and estate planning

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Church, community and civic activities

Elder, Peace Presbyterian Church

Executive Committee, Pitt-Greenville Chamber of Commerce - Chair of Governmental Affairs division

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Member, NC Association of Trial Attorneys Member, NC Association of Trial Attorneys

Member NC Bar Association

Member, Pitt County Bar Association

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DR: BARBARA FENNER (2ND FROM LEFT, SPORTING HER HAT) IS SURROUNDED by some of the participants and well-wishers at the fifth annual "MISA SOKO WOTOTO" African-American Youth Festival recently. Good food, fun, and fellowship was enjoyed by all. We're already looking forward to seeing you at next year's festival.

New mental health information clearinghouse announced

Health Month, the Substance Abuse and Mental Health Services Administration's (SAMHSA) Center for Mental Health Services (CMHS) is launching the new National Mental Health Services Knowledge Exchange Network (KEN)—a one-stop source of information and resources on mental

KEN offers a traditional helpline for information and referrals through a toll-free telephone service (800-789-CMHS). The public also can reach KEN online, either through its World Wide Web site on the Internet (http:// www.mentalhealth.org) or through its electronic bulletin board service (800-790-CMHS), which is accessible via computer

KEN was created to provide ready access to mental health information and resources to users of mental health services, their families, the general public, and those who design, deliver, or fmance mental health services.

 $\hbox{``Mental\,illness\,is\,one\,of the\,most'}\\$ significant health problems in America," said SAMHSA Administrator Nelba Chavez, Ph.D. "At the same time, it is one of the most treatable illnesses. Unfortnately, many people are not getting the help they need—often because they

As part of National Mental do not know where to go for help. As part of National Mental Health Month, SAMHSA is pleased to launch KEN to the American public as a way to put people in touch with the information and referrals they need.'

More than 51 million Americans have a mental disorder each year, including one in five children. Individuals with depression are 1.5 times more likely to die than individuals with another serious medical condition who are not depressed, and a majority of the 29,000 Americans who commit suicide each year are believed to have a mental disorder.

Users of the bulletin board system can participate in electronic folurns where they can raise specific issues for discussion among all users. They also can access a calendar of mental health conferences and events, grant announcement notices, and job listin~s.

KEN's toll-free helpline and online resources provide linkages and referrals to more than 1,600 consumer and family advocacy organizations; federal, state, and local mental health agencies; mental health organizations and associations; national clearinghouses and information centers; and 16 CMHS technical assistance centers that deal with special issues related to mental health services.

People can order articles, booklets, fact sheets, and videos that address specific topics. Some of the materials available at KEN include Managed Care: What to Look for, What to Ask, You and Mental Health: What's the Deal ?, a brochure targeting youth, and A Consumer's Guide to Mental Health Services.

"One of our most important jobs at CMHS is to get state-of-the-art information out to the field—to the people who can use it most,' said CMHS Director Bernard S. Arons, M.D. "We also want to learn from the field-from consumers and their families, from public and private mental health organizations, and from services providers. KEN is a critical link in this information exchange process.

So far, callers and online users like what they find at KEN. One bulletin board user wrote,

"I work in the mental health field and, besides keeping up with the research that is constantly going on... [Il dream of providing a quality system to the people I treat. This bulletin board certainly helps with both of those goals. It seems like a very well run and informative bulletin board. I plan to recommend it to some of my friends.'

Support of statewide bonds for schools and roads

As a consultant to the NC Partnership for Schools and Roads, I want to alert you to two major bonds issues which we will have an opportunity to pass on November 5th. There will be a \$1.8 billion bond for school construction and a \$950 million bond for road projects. These bonds provide funds for

schools and roads in all 100 counties. For our low wealth, rural counties, the state bonds may be the best hope for getting much needed new schools built and secondary roads paved. I have enclosed a flyer with the

specifics of what the bonds will do. I have also enclosed a sheet listing

about child fatalities and what

each of us can do to help stop

violence against children. The pub-

lic is invited to participate through-

out the 40 hours. Speakers at the

opening ceremony include: Jenni-

fer Tolle, Executive Director of

PCA, Paula Wolf, Executive Di-

rector of the Child Fatality Task

Force, and Kathy, a teenage survi-

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dedicated solely to the prevention

of child abuse and neglect. For

more information, call 1-800-354-

vor of abuse.

your county if we pass the bonds. Please share this information. As a business owner, you know the importance of having good

schools and good roads in maintaining a strong state economy. North Carolina is a good place to do business because of the many opportunities created by our robust economy.

the dollar amounts that will go to

Because the bonds are public dollars, state law mandates that contracts over \$100,000 should have goals for minority-owned businesses. If your county or city school district does not have an MBE goals program in place, now would be an excellent time for you to get a commitment to implement a program.

The NAACP and NC Association of Minority Businesses are communicating with state officials in the NC Department of Transportation regarding what they will do to increase utilization of MBEs with the proceeds of the road bonds.

As a long time supporter of minority-owned businesses, I'm convinced that we must take advantage of these opportunities. I urge you to do two things. First, contact your superintendent and school board members to establish an MBE program. Second, vote and encourage your employees, family and friends to vote for the bonds.

Thank you in advance for your support of the bonds.

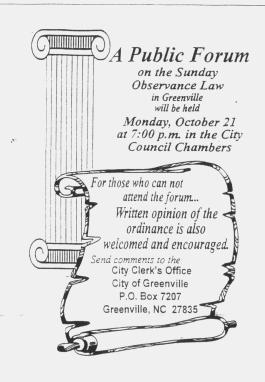
Recent child deaths part of national trend, were preventable

A Gaston County woman was arrested this week in the fatal beating of her 2-year-old daughter and a mother in Harnett County was charged with strangling her 8year-old son. The deaths of these children are part of a national trend of greater danger for American children. The number of children affected by child abuse and neglect has increased by 98 percent during the past decade, according to a study issued last week by the US Department of Health and Human Services.

In an effort to stem the tide of violence against our children, Prevent Child Abuse will hold a 40hour vigil in memory of the 40 North Carolina children who died in 1995 from abuse and neglect. The vigil will begin at 5:00 PM on Thursday, September 26, and the closing ceremony will take place at 9:00 AM on Saturday, September 28. The site for the event is the south end of the Bicentennial Plaza next to the Museum of History on Edenton Street in downtown Ra-

The vigil will educate the public





Stewart receives degree



ELDER THOMAS LEVON **STEWART**

The honorary Doctorate of Divinity degree was recently bestowed upon Elder Thomas Levon Stewart at the annual Coastal

Carolina Gospel Confab of the Gospel Music Workshop of America founded by the late Rev. dr. James Cleveland. Elder Stewart is a noted evangelist, workshop clinician, playwriter, rounselor teacher and coloiet He presently is writing his first book, which will be published soon. His managerial skills and administrative abilities are exhibited in the Caravan of Deliverance Worldwide Ministries, Inc., founded in 1975. He has traveled throughout the United States, Korea, Japan, Puerto Rico, The Bahamas, Bermuda, Mexico and many other aran evangelist

extraordinaire. Presently, he is an associate minister and ordained Elder at Faith Tabernacle United Holy Church. Elder Stewart is the Chairman of the evangelism board of the Coastal Carolina Chapter of the Gospel Music Workshop of America. He has served the citizenry of North Carolina for more than twenty years as an educator.

HEEL SEW QUIK

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Appreciates the support of our customers in the Greenville area for the paast five (5) years

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To celebrate shoe repair month, we will donate 10% of all sales to Victory Christian Academy

RE-ELECT



Pitt County Commissioner District A "A Vision for Pitt County's Future

Jeff Savage will:

- listen to the people;
- be a strong voice for Pitt County's citizens;
- maintain a sincere commitment to serve the people;
- promote development of sewer service in unincorporated areas;
- encourage public/private development of a Convention Center for **Pitt County**
- encourage better working relationships with area governments and agencies;
- work diligently for continued success of Pitt County's hospital; and
- promote quality growth for Pitt County through total quality management; and
- promote a cleaner environment

VOTE ON NOV. 5th

(Paid for by the Jeff Savage Campaign Committee)



SENATORIAL CANDIDATE HARVEY GANTT (C) is flanked by campaign supporters Ed carter (L) and Rev. Sidney Locke (R). Mr. Gantt hopes he'll have enough support to carry him from Carolina to the nation's capital after the November election. Staff photo by Jim Rouse



spend time talking with my child **OUR ROVING CAMERA CAUGHT** a glimpse of this lovely sister in Williamston during a make reading a priority joy stop. She paused from her duties long enough to share a smile for our readers. listen to my child

Staff photo by Jim Rouse

Read To Your Children

10 Things That Teachers Wish Parents Could Do

1. Be involved in their children's

2. Provide resources at home for reading and learning.

3. Set a good example 4. Encourage children to do their

best in school. 5. Emphasize academics. Too

many parents get caught up in athletics and in preparing their children for work, when academics should be their first concern.

6. Support school rules and goals. 7. Use pressure positively. 8. Call teachers early if there is

a problem so there is still time to

improve the situation.

9. Accept responsibility as parents and not expect the school and teachers to take over this job.

10. View drinking by underage youth and excessive partying as a serious matter.

Schoolwork Needs to Be #1 Priority

Parents Can Help Make **School The Top Choice**

It's a fact that 35 percent of just 30 minutes or less on home-North Carolina's students spend work each day. Many of these same

at school

Teachers say they can tell what

kind of a morning children have at

home by how they act at school.

That is why it is so important to

Do what you can the night be-

fore. That may include making

lunches, setting the breakfast table

or laying out the next day's clothes.

make my home a learning center

make education a family affair provide a place and time for study

visit the school and get to know

signed—all parents of N C

public school students

Parent's

Promise

I promise to:

limit television

my child's teacher

get each day off to a good start.

students are spending their time watching television or, for older students, working.

zines, games, a dictionary, etc.;

encouraging reading to learn and

for pleasure; assigning the child or

the family homework assignments

if the teacher does not: and talking

Children need to learn that their Good start at home primary job is to go to school and complete their schoolwork. Parents can reinforce that fact that schoolwork comes first by: checking all homework assignments and grades on homework; limiting the number of hours your child watches television and spends on extra curricular activities, including work; providing as many re-Establish a bedtime ritual. sources as you can to help your Expect cooperation in the mornchild learn-educational maga-

helps a child's day

ing from your children and wake them with a smile. You may have to get up a few minutes earlier to grab your first cup of coffee. Split the morning and evening

parenting responsibilities if it is a

about the importance of a good two-parent family. "COME CHECK US OUT"

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(919) 757-1930 Barber (919) 757-2508 Beauty For Special Discounts For The Month of October, Ask for Lynshonda Peele

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Owner/Manager Charles Smith Co-Worker

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At a time of loss, bearing the additional burden of an exceptional or unusual circumstance can be difficult for a family. Responding to each family's individual needs is an attribute Phillips Brothers has demonstrated time and time again.

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