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# THE 'M' VOICE

EASTERN NORTH CAROLINA'S MINORITY VOICE — SINCE 1987

WEDNESDAY, OCTOBER 17- OCTOBER 24, 1990-THE 'M' VOICE

## North Carolina Affidavit Wake County

I, William Earl Barnhill, being first duly sworn, do hereby depose and say:

1. I am an appellant in an action that was on appeal to the North Carolina Court of Appeals.

2. On or about the 27th day of April, 1989, my attorney, John Harmon of New Bern called me at 7:00 a.m. in the morning and told me that he and another attorney had discussed my appeal in comparison to another case that had been decided regarding polygraph tests and that he thought my appeal should be dismissed to avoid imposition of attorneys fees and costs.

3. The telephone call interrupted me in the middle of my morning prayers, and I was still half asleep and not really prepared to discuss something as serious as dismissing my appeal, and I was confused by the brief conversation we had.

4. I called his office later that day to get clarification of what he was talking about, but he was not in his office.

5. The next day I got a copy of the notice withdrawing my appeal, and I called Mr. Harmon to tell him that I had not authorized him to withdraw the appeal.

6. Mr. Harmon said that he had misunderstood our early morning conversation and he would write a letter to correct this misunderstanding.

7. I called him back a week later and he was on another line but I asked his secretary to send me a copy of his letter to the Court Appeals correcting the unauthorized withdrawal of the appeal.

8. I did not get a copy of the correction letter so I sent him a

A copy of that letter is attached to this affidavit.

9. I had contacted Attorney Regina Moore of Williamston, North Carolina after the second telephone call to Mr. Harmon's office, and she advised me to write a letter to Mr. Harmon and give him time to correct the situation. I wrote the May 16, 1989, letter as a result of that advice.

10. I did not hear anything further from Mr. Harmon so I contact another attorneys office on or about June 14, 1989, and made an appointment for June 19, 1989 to discuss getting the appeal reinstated.

This the 27th day of June, 1989. Sworn to and subscribed before me, this 27th day of June, 1989.

Patricia Partridge (Gregory)  
Notary Publicly Commission Expires:  
June 14, 1991

Certificate of Service—I hereby certify that the foregoing Petition for Writ of certiorari was duly served upon the Defendants-Appellees in this action, by depositing a copy thereof in the United States Mail, postage prepaid, addressed to their attorney of record at the following address:  
Mr. Allan R. Gittle Womble, Carlyle, Sandridge & Rice  
Post Office Drawer 84  
Winston-Salem, NC 27102

This the 27th day of July, 1989  
North Carolina Court Of Appeals  
William E. Barnhill V

Ted Holmes, Individually and in his Official Capacity as Chief of Police, City of Greenville, North Carolina; Gail Meeks, Individually, et al  
Order

cause on the 27 day of July, 1989 and designated 'Petition for Certiorari Review' is denied. By order of the Court this 14 day of August, 1989."

The above order is therefore certified to the Clerk of the Superior Court in Pitt

County, North Carolina.  
Witness my hand and official seal this the 14 day of August, 1989.

Francis E. Dail  
Clerk of the Court of Appeals  
XC: Augustus S. Anderson  
Womble, Carlyle, Sandridge & Rice

General Order  
Department: Greenville Police Department

Subject: Procedure for Conducting Internal and External Personnel Investigations.

I. Purpose: To provide guidance and direction for handling internal and external personnel investigations; fix responsibility for action; and outline uniform procedures designed to result in consistent action.

II. Procedure: Conduct by employees that could result in disciplinary action may come to attention either through the employee's supervisor observing action, by observation of another employee of the Department, or as the result of a citizen complaint.

A. Internal Complaints—In instances where a supervisor either observes or receives a report through another employee of instances other than "minor infractions," a report is to be prepared by the supervisor and forwarded up the chain of command to the Chief of Police. Supervisors may handle "minor infractions" consistent with

B. External Complaints—From time to time, we will face the unfortunate occurrence of citizens lodging complaints involving personnel from this department. These are never to be taken lightly, and citizens wishing to make a complaint will be accorded the utmost courtesy. If a complaint is registered by a citizen against an officer, the officer or employee receiving the complaint shall initiate the following procedures:

1. Immediately refer the complaint to his/her supervisor on duty. The supervisor will interview the complainant and fill out a Citizen Complaint Form (Attached A).

2. The supervisor will type the report and fill it out including as much

information as he can gather at the time. All citizens will be required to sign the complaint form when the complaint is filed, and the citizens signature is to be notarized. The supervisor should make sure the citizen understands what he is signing.

3. If the citizen filing the complaint refuses to sign the form in front of a notary, the form should be completed to the extent possible by the supervisor and forwarded by the chain of command to the Chief of Police.

4. If a notary is not available, provisions will be made to contact the complainant and have his signature notarized.

5. The completed form is to be passed up the chain of command to the Chief of Police. If the complaint is serious or aggravated, the commanding officer will notify the Chief of Police immediately.



WGDC THIRD ANNUAL CONFERENCE & BANQUET WAS A SUCCESS!!!! G'ville Mayor, Nancy Jenkins along with local Business men Rev. Alonza Mills and Raymond Hyman, and Imani Temple Founder, Bishop Augustus Stallings were among the attendees. "Train up a child...." is exemplified by the Council Family (Walter, Councilwoman Mildred, Baker, & Logan) as they join Executive Dir., Barbara Fenner. "People working together" KEEP UP THE GOOD WORK WGDC!!!!

## It's time Black America stands up to Japan

On September 21 at a news conference in Tokyo, Japan, the new Justice Minister of Japan Seiroku Kajiyama, after observing a night-time raid on prostitutes in the Shinjuku section of Tokyo, a red light district, declared that prostitutes in Japan were comparable to Black Americans who move into white neighborhoods and "ruin the atmosphere."

"It's like in America when neighborhoods become mixed because Blacks move in and whites are forced out," Kajiyama said after watching police and immigration authorities arrest foreign women on prostitution charges. Prostitutes "ruin the atmosphere of neighborhoods in the same way," the 64-year old minister explained. A justice Ministry spokesman confirmed the comments after they appeared in Japanese news reports.

This is not the first comment of this type that has emanated from the lips of leading Japanese governmental officials. In 1986, then-Prime Minister, Yasuhiro Nakasone, said, "On the average, the United States is lower because of a considerable number of blacks, Puerto Ricans and Mexicans." Though he apologized, saying he was referring to literacy rates and said he realized his comments "offended many Americans," he never retracted his remarks.

From 1941 through 1945, many, many Black Americans participated in the Pacific war against Japan. Many of those who participated gave their lives to defend against the naked Japanese aggression against this country. Many families lost their breadwinners, their sons and their fu-

ture defending America and the American way of life.

Before America allowed the sons and daughters of those who fought to save this country to go to the same schools as their fellow Americans, they began to rebuild Japan. Single-handedly, America rebuilt the Japanese economy to the point that it has a greater economy now than it had pre-World War II. Add to the fact that the United States uses taxpayers' monies to protect Japan and provides Japan its largest selling market, the United States has provided a former enemy much more than it has provided for a segment of its population, a segment which has an integral and invaluable role in America's climb to greatness.

Proportionately, Black Americans spend more monies percentile on Japanese products such as televisions, VCR's and cars than other ethnic segments of the American population. Sales to Black Americans very much help propel Japan, Inc.

To be continually berated by Japanese government officials, by the advertising campaigns and their hiring practices in the U.S. is an affront to Black Americans. It is an affront not warranted.

It is time that Black Americans and the United States as a whole respond to Japan, Inc. Black Americans are not going to sit still while Japan, Inc. continues to insult and denigrate them. The boycott of two Korean grocers in New York has shown that Black Americans have the resolve and fortitude to do what is necessary to get respect and dignity from those who seek to continually cast as-

persions on their character.

It is time to do something about this situation now! It is time for politicians to stand up and be counted as defenders of Black Americans as a whole against public denigration and vilification by Japan, Inc.

There are three recommended recourses:

- 1) Picketing of Japanese embassies in the U.S.
- 2) Complete boycott of Japanese product—Buy American
- 3) Pressuring of their governmental representatives to express outrage at the denigration of their constituents.

It is time that all Americans respond to the Japanese. It is time that all Americans come together as one to show when aspersions are cast on one segment of Americans, it is cast on all.

The Time Is Now, No More Denigration And Vilification By Japan, Inc.

Stephen David, Brooklyn  
Salute to Congressman Augustus Hawkins

By Benjamin Chavis, Jr.

Augustus Freeman Hawkins deserves the praise and respect of all Americans. At the age of 83, Congressman Hawkins (Democrat from California) has announced his retirement from the stress and ordeal of being an African American member of Congress for the past 27 years. Yet Augustus Hawkins has stood out high above his colleagues on Capitol Hill as a steadfast and an effective legislator who always championed the rights of the poor and working masses of people in this society.

The wisdom that Hawkins acquired is an invaluable resource (continued on page 5)



Washington High School was the site for the 13th Annual Banquet of the First Congressional District. Greenville resident, Roland Mudd is joined Willaim (Bill) Booth, Washington County Commissioner Candidate and others after a powerful message was delivered by Hon. William Gray III, U. S. House of Representatives.



COMMUNITY CHRISTIANS, shown outside of their office in downtown Greenville are publisher Mrs. Georgia Rouse and daughters Solinor "Nicky" Rouse and Modupe "Y" Rouse. The ladies were on their way to lunch on a Sunday

Photo by Jim Rouse

There should be more waiting for you at retirement.



Unfortunately, the gift you receive at retirement won't carry you through the years to come. For instance, the government now requires you to share your pension. To make income provisions for your spouse should you die first. A great idea, but this means your full pension could be cut by 15% to provide the spouse's benefit. And that cut comes when most people can least afford it.

But there is a Franklin insurance plan that offers a solution to this trap.

Decision 65

Our plan guarantees both a full pension to you and a lifetime income for your spouse. And it's a program that could mean thousands of dollars to you and your family.

So, if you'd like something of significance waiting for you at retirement, ask your local Franklin representative about a Decision 65 pension enhancement program.

Joseph T. Wilkes

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Greenville, S.C. 29601

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Greenville, N.C. 27834



Building Brighter Tomorrows

## A CRUEL HOAX ...

# White House and Congress having trouble coming to an agreement on 1991 budget

By Walter F. Williams

If the White House and Congress can't come to a budget agreement, the Gramm-Rudman-Hollings Act (GRH) mandates a sequester of about \$100 billion in across-the-board cuts from the 1991 budget. Big spenders in the White House and Congress have used scare tactics to soften Americans up for a tax increase. Congress and the White House warn that a \$100-million sequester would hurt essential services like air traffic control, postal services, prisons, and military pay.

This is a vicious and unscrupulous hoax. It's like me telling my wife we have to cut expenditures by \$800 a month in order to bring our budget into balance, and she says "Okay, Walter, we're going to have to live outdoors and eat beans." In the meanwhile, she plans to continue spending money updating our record collection, buying jewelry, and fitting herself with a new

designer wardrobe. At best that would demonstrate a real priority problem; we might describe it as vicious extortion.

It's the same thing with Congress and the White House. They say Americans must make great sacrifices, but through the Export-Import bank they will continue giving \$400-million in handouts to Boeing, General Electric, Westinghouse, and the Bechtel Group. If we went to a sequester, our leaders warn of cutbacks in military pay. That way Congress can continue funding the Rural Electrification Administration (REA), created in 1935 to bring electricity and telephone services to the nation's rural areas. Even though 99 percent of rural residents have electricity and 96 percent have phones, REA spends \$2 billion each year.

With media complicity, Congress and the Bush people will tell us we need to raise taxes so they can continue, funding an

unending list of nonsense like: \$2.1 million to survey American

sex habits and attitudes, \$700,000 for the Census Bureau to count trees, shrubs, and ornamental flowers, \$6.4 million for a Bavarian-style ski resort in Idaho, \$170,000 for a Dunkin' Donuts store in Lawton, Oklahoma, \$11 million to construct a harbor for private pleasure boats in Cleveland, and \$6 million in handouts for beekeepers.

There is virtually no end to this type of congressional rape of the taxpayer. But to add insult to injury, our politicians tell us they cannot live up to the mandates of the GRH Act, limiting the 1991 budget deficit to \$64 billion, unless they gut essential government services, or we cough up more of our earnings. They have a real priority problem.

GRH provisions spare a number of mismanaged and waste-ridden program from cuts, such as Social Security, Medicaid, food stamps, and interest payments. You might wonder why Congress would cut essential services or raise our taxes before cutting the nonsense. The

answer is simple: If they reduce your take home pay by \$20 a week or raise the tax on your beer, what are you going to do? I guess, and they guess too, you'll do nothing but gripe. If Congress cuts back on air traffic control, causing long flight delays, what are you going to do? You're going to sit on the runway and gripe.

What if Congress cuts handouts to Boeing and beekeepers? Those people are well-informed and organized. They'd have their political action committees and lobbyists breathing down the neck of Congress before sundown. If Congress doesn't do their bidding, they can make political life, not to mention campaign budgets, miserable.

The average taxpayer doesn't have this kind of clout, but we don't have to sit idle for unending lies from Congress. We don't have to get organized either. We can prepare a November surprise by simply voting out every single incumbent. Show them we're the boss.

## An estimated one-fourth of all the energy in the US is wasted

With the cost of gasoline and heating oil, we as Americans should be more conservative with our fuels. An estimated one-fourth of all the energy in the United States is wasted. A good example of this is a 100-watt light bulb. It uses one flue ounce of oil for every hour it burns, whether that light is needed or not.

The following are simple but every effective ways to save energy.

—Turn off all lights not needed or being used.

—Take shorter showers.

—Insulate your hot water heater. Consider whether the temperature should be reduced. A setting of 140 degrees is a proper setting if an automatic dishwasher is used. Families without a dishwasher may consider a setting of 120 degrees.

—Recycle newspaper, card-

board, aluminum and glass. This not only conserves energy, but it also cuts down on the amount of garbage that an area has to handle.

—Combine car trips so that errands can be completed with a minimum of mileage and backtracking.

—If a room isn't being used, close the door and turn down the heat to that room.

—Take advantage of what you get for free. Open the blinds, draperies and shades on the sunny side during the day or let the sun warm your house in winter. Keep them closed on hot summer days.

Contact your county agricultural extension office for more information on energy conservation. Every bit of energy saved helps to decrease America's dependence upon foreign oil.



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Check out full  
line of beef,  
pork and poultry  
Buy one steak or  
bundle

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10 lb. leg qtrs.  
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20 1/4 lb. Beef  
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1-6 lb. Hot Dogs  
1-3 lb. Chuck Roast  
5-6 lb. Lean Ground Beef  
3-6 lb. Pork Chops  
2-6 lb. Country Bacon  
2-6 lb. Country Sausage

\$89.95

Pork Pack

1-6 lb. Ham Roast  
1-6 lb. Pork Roast  
12-1 1/4 lb. Pork Chops  
1-6 lb. Smoked Shoulder  
6-6 lb. Pork Sausage  
6-6 lb. Bacon  
4-6 lb. Spare Rib  
4-6 lb. Ham Slices

\$69.95

Economy Pack

10-6 lb. Chicken Leg Quarters  
5-6 lb. Center Cut Pork Chop  
5-6 lb. Lean Ground Chuck  
2-3 lb. Boneless Chuck Roast  
6-6 oz. New York Strips

Only  
\$59.95

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COUPON

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COUPON

Chittling  
10 lb. \$4.50

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• 5 lbs. Bacon  
• 5 lbs. Sausage  
With purchase of whole  
side of beef or 1/2 with  
split side

Budget Pack

10-6 lb. Chicken Wings  
3-6 lb. Chuck Steak  
4-6 lb. Pork Spare Ribs  
3-6 lb. Chicken Drumsticks  
5-6 lb. Ground Beef (Lean)  
16-3 oz. Lean Beef Patties  
4-6 lb. Tender Pork Chop

\$54.95

Beef Pack

2-6 lb. Sirloin Steaks  
2-6 lb. T-Bones  
4-6 lb. Rib Steak  
1-6 lb. Round Steak  
2-6 lb. Beef Stew  
5-6 lb. Ground Beef  
1-3 lb. Beef Roast

\$69.00

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1/2 Smoked Ham  
10-4 oz. Pork Chops  
2-6 lb. Tender Ham Slices  
4-6 lb. Ground Beef  
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2-6 lb. T-Bones  
3-6 lb. Jim Brown Sausage

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• 2 Eye Roast  
• 1 Top Round Roast  
• 3-4 Sirloin Tip Roast  
• 1-2 Bottom Rib Roast

WESTERN HINDQUARTER BEEF CUTS  
• 1-Rump Roast  
• 4-6 lb. Beef Cubes  
• 8-10 T-Bones  
• 8-10 Porterhouse

WESTERN BEEF SIDE CUTS

• 2 Eye Roast  
• 1 Top Round Roast  
• 3-4 Sirloin Tip  
• 1-2 Bottom Round  
• 1-6 lb. Rump Roast  
• 6-8 Chuck Roast

• 2 Cross Cut Roast  
• 40-50 Ground Beef Pys.  
• 8-10 Beef Cubes  
• 6-10 T-Bones  
• 8-12 Sirloin  
• 10-12 Cube Steak

• 8-12 Sirloin  
• 18-18 Rib Steaks  
• 2 Butt Brisket  
• 2-3 Arm Pot Roast  
• 8-10 Round Steak  
• 4-6 pak Short Ribs  
• 4-6 pak Soup Meat

\$1.79 per pound  
or Buy Split Hind  
Ave. Wt. 125-175  
Ave. Trim 35%

\$1.59 per pound  
or Buy Split Side  
Ave. Wt. 250-350  
Ave. Trim 30%  
Fat & Bone

FREE

• 15 lb. Leg Quarters  
• 4 lbs. Bacon  
• 2 lbs. Sausage  
• 2 lbs. Pork Chops  
With purchase whole  
hind or 1/2 with split  
hind



## Pollard Trading Post

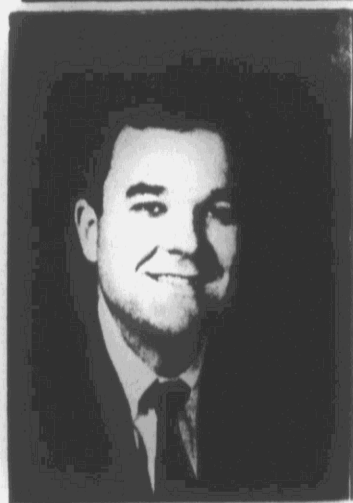
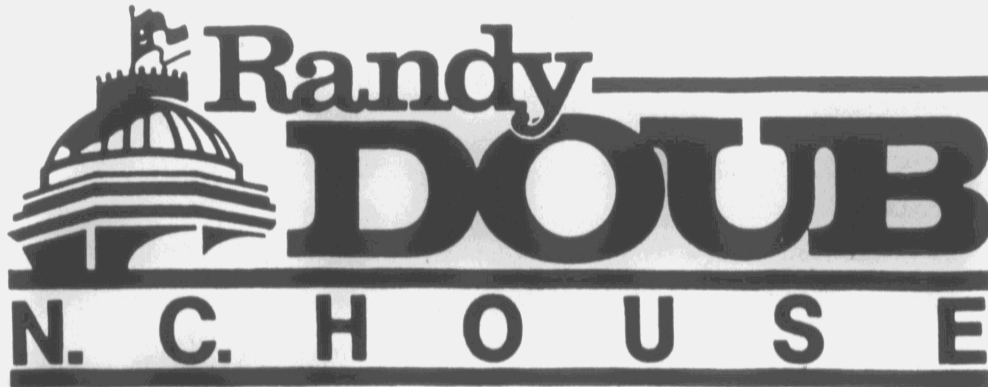
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## Another Good Reason to Vote...



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Over the next decade, because of passage of Highway Trust Fund Legislation, four lane roads in our state will be built within ten miles of 96% of our population. Sixty percent of those four lane roads will be built in eastern North Carolina. More and better roads will enable our area to appeal to business and industrial investment, and therefore more compellive in attracting better jobs.

While unemployment in Pitt and Greene Counties is not now a major problem, underemployment is. Randy will work and fight for our fair share of better jobs with better wages.

Randy Doub has experience in fighting for our fair share of transportation dollars through his service on the North Carolina Board of Transportation. He knows how to work with the Secretary of Economic and Community Development. Better roads and better jobs will make a better quality of life for all.

# Lincoln University cites President Sam Nujoma

His Excellency Dr. Sam Nujoma, the first president of Africa's newest nation, the Republic of Namibia, has received an honorary Doctor of Laws degree from Lincoln University, the nation's oldest historically Black institution of higher education.

The president of Lincoln, Dr. Niara Sudarkasa, welcomed him to the campus where President Nujoma spoke at a press conference and an All-University Convocation.

Dr. Nujoma was elected president of Namibia earlier this year



**NAMIBIAN PRESIDENT HONORED** — Dr. Sam Nujoma, president of Namibia (left), was presented an honorary Doctor of Law degree by President Niara Sudarkasa (right) of Lincoln University at a special convocation recently.

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after serving since 1960 as president of the South West Africa People's Organization (SWAPO) which led the fight for Namibian independence against the apartheid regime in South Africa. Dr. Nujoma returned from exile to Namibia in September 1989 after the implementation of the United Nation's Security Council Resolution 435, which provided for free and democratic elections, and was unanimously elected by the Constituent Assembly as the country's first president. Namibia officially became an independent nation on March 21, 1990.

Addressing the Lincoln University community and guests, Dr. Nujoma discussed his government's agenda. "Now that Namibia is free, we are embarking on a new phase of the struggle, a struggle for economic development." In outlining the immediate needs of his nation, Dr. Nujoma stated, "We need to expand our agricultural capacity... We need to build new houses and hospitals. We need to build new schools to provide education for our people who were denied education for so many years under the South African colonial administration."

In response to Namibia's educational plight, the African-American Institute (AAI) has created the AAI/Namibian Independence Scholarship Program. The Program will provide funds for four Namibians to begin undergraduate studies at Lincoln in January, 1991. In announcing the scholarships, AAI President Vivian Derryck and President Nujoma expressed appreciation of Lincoln's continuing commitment to African students.

Nujoma credited Lincoln with helping in Namibia's struggle for freedom. "The young Namibians (who attended Lincoln) were fired by the determination to use the opportunity offered them to prepare themselves for the future in an independent Namibia," he said. The first Namibian allowed to study abroad attended Lincoln in 1953 and is now a member of that nation's parliament.

Lincoln University has, in fact, a long history of educating and training the leaders of developing African nations. Nnamdi Azikiwe, Nigeria's first president, and Kwame Nkrumah, Ghana's first president and prime minister, received their undergraduate degrees at Lincoln. In accordance with this tradition, President Sudarkasa honored President Nujoma "as a freedom fighter whose courage and valor has been honored on the continents of Europe, South America, Africa, Asia and now in North America. We at Lincoln are proud to be the first American institution to confer upon His Excellency an honorary Doctor of Law degree."

Overwhelmed by the warm and generous reception given him by the Lincoln administration, faculty and student body, President Nujoma concluded, "Although I'm on Lincoln's campus, I feel that I am still on African soil. I have come home."

*Tell Them  
How Much You  
Enjoy Reading The  
'M'-Voice*

## The Mrs. Beatrice Maye Column



On November 6, Pitt Countians like all North Carolinians, will be going to the polls, why not vote for Harvey Gantt, the honest, optimistic and progressive candidate who will bring people together for his views and hopes are sharply defined on abortion, economic program, education, the nation's defuse and his profound leadership. Help him to transmit these to Washington. Your vote does count!

**Parent's Prayer**  
O Heavenly Father, make me a better parent. Teach me to understand my children, to listen patiently to what they have to say and to answer their questions kindly. Keep me from interrupting or contradicting. Help me to be as courteous to them as I want them to be to me. Forbid that I should ever laugh at their mistakes or resort to shame or ridicule. May I never punish them out of anger or spite or to show my power. Help me, Dear Lord, to demonstrate by all that I say and do that honesty does produce happiness. Reduce, dear Lord, the meanness in me. And when I am out of sorts, help me to hold my tongue. May I be ever mindful that my children are merely children and that I should not expect them to have the maturity and judgment of adults. Let me not rob them of the opportunity to ad things for themselves or to make their own decisions. Help me to grant them all reasonable requests and give me the courage to deny them the privileges that I think may be harmful. Help me to be fair and just and kind, O Lord, so that I will earn their love and respect and they will want to imitate me. This is the supreme compliment. Amen.

**St Ress-Reducing Attitudes For Teachers**  
1. Stop blaming.  
2. Fight against boredom.  
3. Embrace humor.  
4. Take it one day at a time; plant yourself in there here and now.  
5. Get your goal out of the way of teaching.  
6. Concentrate on your own development.  
7. Engage in processes that make time disappear.  
8. Understand and overcome the conditions of alienation. We have to know ourselves well enough to know the kind of social environment that sustains us.

**Quotable Quotes**  
"When we are well, we all have good advice for those who are ill." Galatians 5:19-21.  
God's law is the way to a long life, happiness and peace. Proverbs 3:1-2.  
Perfect, mature love casts out fear, worry, anxiety, depression, and the negative emotions that can wreck mental health.

Action. Try to apply these basic health laws. Strive to apply them in your life. "As much as possible, Glorify God in your body." 1 Corinthians 6:20.

**Loving The Moody Man**  
According to Gerald King, Ph. D., the therapist;  
Clinical portrait of the moody man. It seems that the man who throws temper tantrums or sulks or gets verbally abusive with his mate against his mate as a means of experiencing the power he doesn't feel he has in the relationship.  
Typically, he comes from a family where feelings weren't dealt with. Emotions were either seen as a sign of weakness or just not talked about at all. Interestingly, the more a person's moods are the result of these childhood experiences, the more likely he will be to take them out on the ones he loves the most. So, it is this lack of self-knowledge combines with lack of self-esteem that sets the stage for the creation of a moody man.  
Often the moody guy is addicted to something; drugs, alcohol, work.

He may even be addicted to criticism - of his mate, more often than not. Whatever the addiction, he uses it as a diversion to keep form facing his real problems.

**Drawing The Line**  
When, you might ask, does moody become menacing? Let's say, you two just had a fight. You attempted to remain calm and dispassionate, to simply air a few grievances and make things work better. He, on the other hand, insisted on going for the jugular. He became sarcastic, vitriolic, and maybe even worse. Or, perhaps, just the everyday grind of living life on tiptoe, picking your way through the minefield of his emotions, has you wondering when enough is enough. Should you start packing?  
According to therapist Gerald King, PH. D., you should hit the road under any of these circumstances:  
1. If he comes from physically abusive family and he ever hits you. Even once.  
2. If he comes from a nonabusive family and he hits you twice. But only if the first time is truly unusual and he is deeply apologetic. Even if he has royal blood running in his hot veins, don't hang around for him to take a third blow.  
3. If there is repeated emotional abuse. This is not as easy to recognize as physical abuse and takes many forms. He may be chronically sarcastic, he may be little you, or he may simply say mean and nasty things that demean your spirit and dampen your outloc on life. In this situation, King says, be ready to move on if this guy either denies what he's doing or is not willing to change.  
4. If a better opportunity comes along, King offers this final possibility half-humorously. Still, the old advice holds. If you think there's something better out there, if you believe your life will be better, odds are you're right.

**Stressbusters**  
Getting ready for work in the morning is challenge enough for most women, but you also have to get your children ready for the day. At the office, the pressures of your job are sufficient to keep you feeling under the gun even if you weren't worrying about what to make for dinner or how you'll squeeze in quality time with the kids. Time with your husband? Maybe this weekend. Time to your self? Are we kidding? Stress piles up quickly for working mothers, but there are ways to mitigate it. We've charted the most troublesome times of the day and offer some mom-tested solutions.  
Stress Point—Mornings are a

**Solution:** Prepare as much as possible the night before, set the breakfast table, put coffee in the percolator, even lay out your own clothes, briefcase, car keys. When it comes to getting the kids dressed, defuse the power struggle: Let your child choose her own clothes (the night before, of course) if she's at all able, but limit her options. Instead of asking her to choose from a jumble of socks in the dresser drawer, ask her if she wants the red ones or the blue ones.  
Stress Point—Your house is a mess: If you step on one more Lego you'll scream. And while you're on the subject, why are you always doing all the cleanup?

**Solution:** Rearrange your house so even little kids can help with cleanup. In the kitchen, put all breakfast and snack foods, as well as plastic cups and dishes, at kid level. Around age four, they can certainly clear their plates and place them near the kitchen sink or even in the dishwasher. Organize their room with colorful crates or plastic boxes so trays can be tossed in; buy decorative comforters for the bed so even a five-year-old can make it. Modify your expectations to suit your role as an important contributor to the economic support of your family. Be proud of that and live with the dust.  
Stress Point—Evenings evaporate before you've had a chance to do what needed doing or spend even a few minutes alone with your husband.

**Solution:** Have a set bedtime for kids age two and up and stick to it. This will guarantee you a little time at night and give your kids some needed structure. With an infant or toddler, keep the same schedule of meals and naps on the weekends as she follows in day care. Get a standing baby-sitting arrangement for one night a week.  
Stress Point—You find the time to meet everybody's needs but your own.  
**Solution:** Insist on time for yourself, at least once a week, that's yours alone. Make a deal with someone who has kids the same age as yours: You take her kids for a set afternoon or over night each week in exchange for equal time. If you know several women in this situation, start a baby-sitting coop. Teach your kids to let you have time to yourself while you're home together. (Start with fifteen minutes a night, when they must play quietly and let you read or take a bath).

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- Excellent sales and customer service skills.
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**EDUCATION**

- BFA Degree Art, City University of New York, NY 1973-1975

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# Evander Holyfield, the real deal

By **HOWIE EVANS**  
Evander Holyfield is the No. 1 heavyweight contender in the world. On the verge of the biggest and most important fight of his professional ring career that began Nov. 15, 1985 when he decisioned Lionell Byarm in a six-rounder at New York's Madison Square Garden. Holyfield was on the card that featured the top Olympic Gold medal winners of 1984, including Mark Breland, Pernell Whitaker,

and Meldrick Taylor.  
Holyfield will challenge Buster Douglas for Buster's undisputed world heavyweight crown on Oct. 25 at the fabulous Mirage Hotel in Las Vegas. Steve Wynn, president of the Mirage, committed \$630 million to the building of this resort in the desert, where Evander Holyfield will enjoy the biggest pay day of his career.  
Before the emergence of Douglas via his stunning 10th round

KO of Mike Tyson in Tokyo, Japan last February 10, 1990, Holyfield was considered the next logical opponent to confront Iron Mike. But the musical directors for both fighters were not able to agree on the same tune. Further clouding the talked-about fight between Tyson and Holyfield, was the hulking presence of George Foreman, who was also demanding the right to fight Tyson.

If the script continues the way it's going now, in time, all parties will be satisfied. Holyfield, when that time comes, many feel, will be the man with the title. He has been established as the early pre-fight favorite. Holyfield, a remarkable physical specimen at six-foot-two-inches, should come in around 215 for the fight. Douglas, who reportedly has weighed as much as 250 pounds in recent months, is expected to tip the scales at around 230 pounds.

While Buster is a natural heavyweight, Holyfield has fought much of his career as a light heavyweight, who graduated to a cruiserweight, winning the WBA Jr. heavyweight and IBJ Cruiserweight titles in 1986, when on July 20 in his hometown of Atlanta, GA, won a bruising 15-rounder over Dwight Qawi.

In only his 12th professional fight, Holyfield had beaten a "Name" fighter, who had been established as a heavy betting favorite. After whipping Henry Tillman on Feb. 14, 1987 in the first defense of his WBA Jr. Heavyweight title (KO 7), DeLeon, James Tillis and Pinklon Thomas. Holyfield continued his destruction of former world heavyweight champs with a knockout wins over Michael

In 1988, Evander scored knockout victories over Carlos Holyfield in succession, knocked out Rickey Parkey (KO 3), Ossie Ocasio (KO 11) and Qawi on Dec 4 of 87 in a rematch for the title.

## The Ayden Theatre Workshop

The Ayden Theater Workshop is holding auditions for the musical, "The Fantasticks" on Sunday, October 28, 1990 at 3:00 p.m. and on Monday, October 29, 1990 at 7:30 p.m.. The auditions will be held at Ayden-Grifton High Schools' auditorium. Interested parties should bring their own music. For other information, call 758-0262 or 746-2560. Thank you for your assistance with us.

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## Summer in Kenya Highlights Diverse Land and Culture

Most any educator can prepare a lecture about poverty and unrest, culture and tradition in Africa. But only someone who's seen it first hand can paint a truly vivid picture.

Kenya is "awesome in its beauty" said Dr. Sharon Pruitt of the East Carolina University School of Art. It is also a land of poverty and unrest, according to Dr. Nancy Spalding, professor of political science at ECU.

Spalding and Pruitt were among a group of educators from North Carolina who participated in a Group Projects Abroad program through a Fulbright-Hays grant. The group included university professors and high school teachers from diverse fields of study. Universities represented in addition to ECU were Appalachian State University, N.C. Central, UNC-Asheville, UNC-Chapel Hill and UNC-Charlotte.

They spent 6 1/2 weeks last summer traveling the cities, small towns and rural areas of Kenya in eastern Africa, meeting and talking with people from all walks of life, including townspeople, government officials, students and educators in universities, trade and elementary schools. They visited 13 cities including Nairobi, Nyeri, Eldoret, and Mombasa.

Both participants found the trip to Kenya exciting, yet both returned with differing reactions to what they had seen.

Pruitt especially enjoyed the diversity in climates and landscapes ranging from the snow-capped Mount Kenya to the coastal resort town of Mombasa. "Each time we visited an area, I would think nothing could beat this," she said. "And then we would see another part of the country even more beautiful."

The "extreme cultural diversity," with over 42 different ethnic groups and many different lifestyles and dialects" impressed Spalding.

She was also struck by the "intense poverty fueled by overpopulation and high unemployment." Still the population increases rapidly, with one of the highest growth rates in the world.

Eighty to ninety percent of rural dwellers have no running water or sanitation. Even in the cities these amenities are often unavailable.

Unable to support themselves on the land, rural dwellers are moving to the cities, adding to the overcrowding.

Nowhere are the difficulties of this country so apparent as in the elementary schools. Most have no



electricity and no indoor plumbing. Some classrooms are nearly too dark for reading.

"The resources are so few and the children are so bright," Spalding said. "Yet only one in 10 will make it to primary school."

Pruitt sees Kenya from a different perspective. What disturbs her most is that Western influences and the tourist trade are causing Kenyans to lose their traditional culture. In the cities, "young people do not even know the traditional songs," said Pruitt.

Art is geared for the tourist industry. "We've Savings throughout the store," Pruitt said. "We were mass producing art sculptures in the upstairs hallway."

They also toured a co-operative for wooden carvings. "In one tent," she said, "men were carving statues, in another they were sanding, and in another, staining and painting. Women put on finishing touches of beadwork or jewelry." These works were transported for sale throughout Africa.

Mass production of artwork hurts the true creative artists of Kenya, Pruitt believes. While traditional Kenyan art has dealt with "body decoration, beadwork, jewelry," said Pruitt, Kenya has talented artists now also creating sculpture and paintings.

"I have great respect and admiration for their ability to deal with so many strong and diverse influences," she said.

Pruitt especially noted the British influence. "The people are polite but reserved, their normally expressive nature stifled by formality."

Kenya became independent from Britain in 1963. their government is now a democratically elected one-party state, led by president Daniel T. arap Moi. the relatively stable government was plagued this summer by riots, mostly in favor of a multi-party system. While the group was visiting, 19 people were killed in the riots.

"We never got in the middle of



any riot," Spalding said, "but we did speak with many people who had." One of her colleagues was almost arrested for taking a photograph of the post office. He knew but forgot that federal buildings were not to be photographed. "If it weren't for the political unrest," she said, "he probably would have been warned and sent home. Instead he was taken down to the basement of the GSU (like our FBI) building."

Kenya produces coffee, tea, maize, millet, sorghum, and some rice varieties. Twenty percent of land, uncultured, is used for wild animals, supporting Kenya's major industry - tourism. While in Kenya the group went on safari and stayed in tents at Massai Mara, a game park.

Swahili is the language of Kenya, but all children are taught English in the schools.

The purpose of the Group Projects Abroad program is to enable participants to experience fully all aspects of the foreign culture, to return and share that experience in the classroom and to co-author a book targeting high school students and college freshman about politics, economy, history, art, dance, education and culture in Kenya.

Dr. Maurice Simon of ECU's Center for International Studies supported the proposal and strongly recommended Dr. Spaulding and Dr. Pruitt as participants.

"We were indeed pleased to have two ECU faculty members from two very different disciplines participate in the Kenya program," Dr. Simon said. "We are certain the benefits of this experience will be incorporated into their courses and will be committed to helping faculty discover such opportunities and participate in such programs."

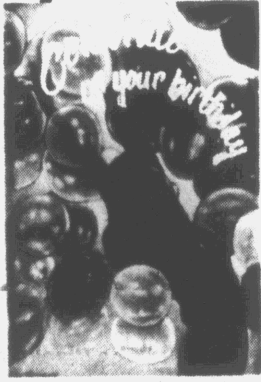
Pruitt does plan to incorporate her experience in the classroom. "To study art, one must also study the whole culture," she said. "Myths, legends, literature, religion, politics and economy all relate to art."

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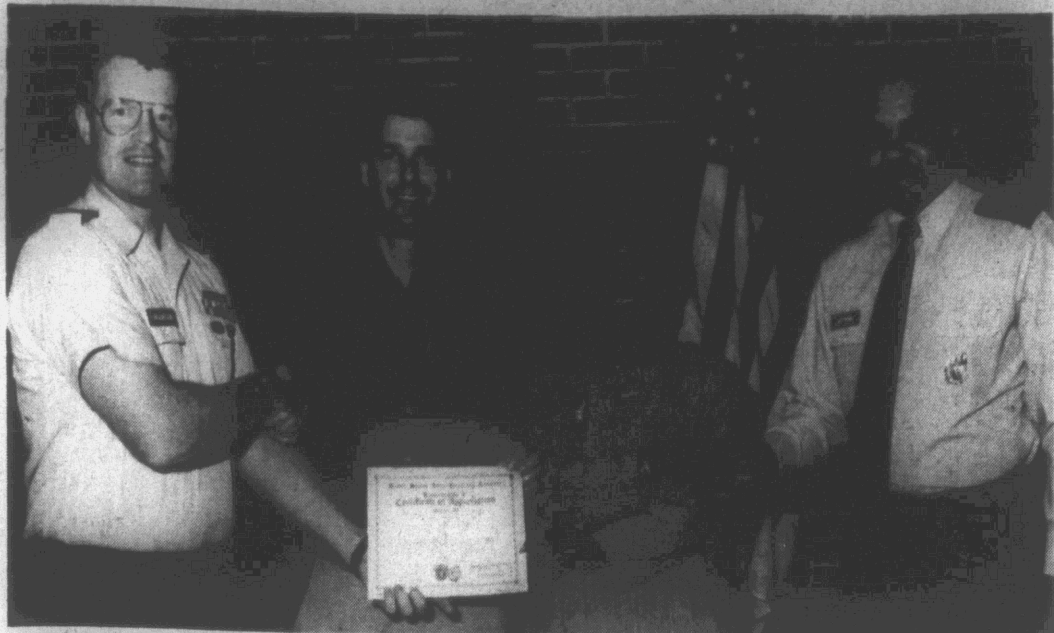
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## Jones gets endorsement

The North Carolina Retail Merchants Association has officially endorsed the candidacy of State Representative Walter Jones, Jr (D-Pitt & Greene Counties), for the North Carolina House of Representatives from the 9th District.

In its endorsement of Jones, M-PAC, stated that Jones has demonstrated responsibility, maturity in understanding, and an outstanding balance in his political philosophy.

## Japan Letter

(Continued from Page 1)  
all who seek to make our society more just and equitable. In the effective leadership tradition of Congressman Adam Clayton Powell, Congressman Hawkins rose to become Chairman of the Education and Labor Committee of the House of Representatives.

Hawkins represented the aspirations and hopes of not only the congressional district encompassing south-central Los Angeles, California, but also he spoke for the rights of all African Americans and all others who yearn for a better way of life.

The Congressional Black Caucus of the United States Congress has grown in number and in its collective impact on the legislative process. Yet, with the retirement of Congressman Hawkins, the Congressional Black Caucus itself is challenged to keep the fighting spirit of Gus Hawkins alive as we face the challenges of the 1990's.

African American leadership nationally should take heed of the parting advice of Congressman Hawkins, who stated, "It's pretty difficult to get individual politicians, in particular, to subordinate their own egos to group activity." Representative leadership is not easy, but Congressman Hawkins has shown for most of his 83 years that a politician can successfully represent group interest in the cause for freedom and justice. Thank you congressman Hawkins for your excellent leadership and wisdom.



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FOR POSITIVE DIRECTION  
**ELECT**

**WILLIAM T.  
BOOTH, SR.**

BEAUFORT COUNTY  
BOARD OF COMMISSIONERS

William is a native of Beaufort County and resides in Washington. He is the son of Samuel and Arthesis Booth of the Terra Ceia Community. A graduate of Panzano High School class of 1970. He is also a graduate of Saint Augustine's College receiving a B.A. degree in Sociology and Social Welfare, an ordained minister. Former Deputy Sheriff in Beaufort and Wake Counties. At present is employed by Luther Family Services as a Residential Counselor.

**FAMILY:** William is married to Marian D. (Peele) Booth of Martin County and they have six children.

**CHURCH AFFILIATION:** Member of Faith and Truth Christian Center, Washington, NC

**ACHIEVEMENTS & AWARDS:** Magna Cum Laude - Saint Augustine's College (1983)  
Holds patent to a new team sport game - QUAAZEBALL... the game.

**ORGANIZATION AFFILIATION:** (former member)  
Big Brother Bridges to Hope.  
Family Violence Prevention.  
Juvenile Restitution Program.

(present)  
Director, REALTY Youth Counseling Service - Certified Child Care Practice  
2nd Vice Chairman of 1st Congressional Leadership Black Caucus  
Chairman of Beaufort County Black Caucus

**BUSINESS RELATIONS:** Former owner of (2) restaurants in Raleigh, NC  
President of Quazeball of America, Inc. Washington, NC

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Working together for progress - We can create a better Beaufort County for all its citizens!  
Paid for by the committee to elect William T. (Bill) Booth for Beaufort County Commissioner

## Obituaries

### MEWBORN

Mrs. Izora Mewborn Williams 72, of 807 Liberty Street, Ayden, NC., died Saturday at her home. Funeral services will be conducted at Elm Grove FWB Church Route 3, Ayden. Interment will follow in Ayden Cemetery. Funeral service will be at 2 p.m. Saturday. Wake will be at 8-9 p.m. Friday at the Chapel in Ayden.

Mrs. Williams was the daughter of the late Mr. Warren Mewborn and Mrs. Marigh Chapman Mewborn. She was born and reared in the Ayden Community of Pitt County where she lived most of her life. She was a member of Elm Grove FWB Church, Ayden, NC. Member of Roberson Christian Aid Lodge #12, of Ayden, member of Forbes Court of Calanthe of Ayden. A mother of Elm Grove FWB Church and a member of the senior Choir.

Mrs. Williams is survived by three daughters; Ms. Annie Elnora Mewborn of Far-Rock-A-Way, N.Y., Eldress Shirlee R. Williams of Ayden, and Mrs. Dollie M. Outlaw of Asbury Park, N.J., one brother: Mr. James Willie Mewborn of New Haven, Conn., two sisters; Mrs. Ollie Boyd of Winterville, and Evangelist Lossie Williams of New Haven, Conn., Eight grandchildren other relatives and friends.

For further information concerning this announcement, please call Norcott & Company Funeral Home in Ayden, 746-6131.

### TYSON

Mr. Leroy Tyson, of Route 6, died Monday at his home.

Funeral arrangements will be announced by Flanagan Funeral Home.

### WILSON

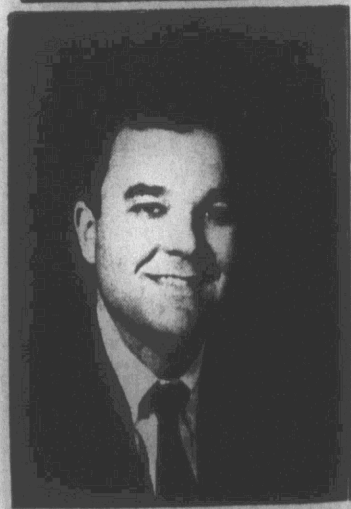
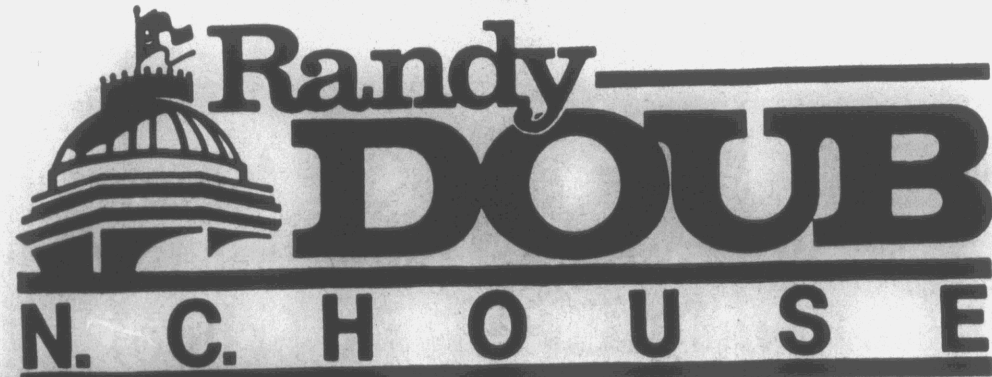
Mr. John Wilson, of 1104A Vandyke St., died Monday at Pitt County Memorial Hospital.

Funeral arrangements will be announced by Flanagan Funeral Home.

### NICHOLS

Farmville—Mrs. Annie Mae Vandiford Nichols of 311 E. Pine St. died at her home Sunday. Arrangements will be announced by Farmville Funeral Home.

## Another Good Reason to Vote...



Over the next decade, because of passage of Highway Trust Fund Legislation, four lane roads in our state will be built within ten miles of 96% of our population. Sixty percent of those four lane roads will be built in eastern North Carolina. More and better roads will enable our area to appeal to business and industrial investment, and therefore more competitive in attracting better jobs.

While unemployment in Pitt and Greene Counties is not now a major problem, underemployment is. Randy will work and fight for our fair share of better jobs with better wages.

Randy Doub has experience in fighting for our fair share of transportation dollars through his service on the North Carolina Board of Transportation. He knows how to work with the Secretary of Economic and Community Development. Better roads and better jobs will make a better quality of life for all.

**RANDY WILL WORK FOR BETTER JOBS!**

Paid for by the Randy Doub Committee.

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the  
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If you're thinking of heading to downtown Greenville for Halloween this year, think again.

Downtown taverns will be closed; restaurants will close early. No one will be allowed to drink alcoholic beverages or congregate on sidewalks, streets, or parking lots.

The City of Greenville would like to thank East Carolina University officials, SGA, students, and the downtown tavern and restaurant owners for their generous cooperation.



**Have a safe and happy Halloween!**

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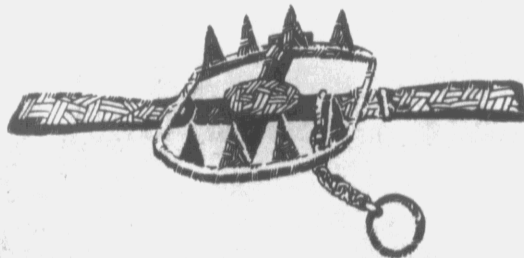
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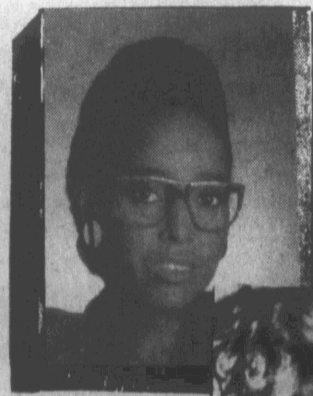
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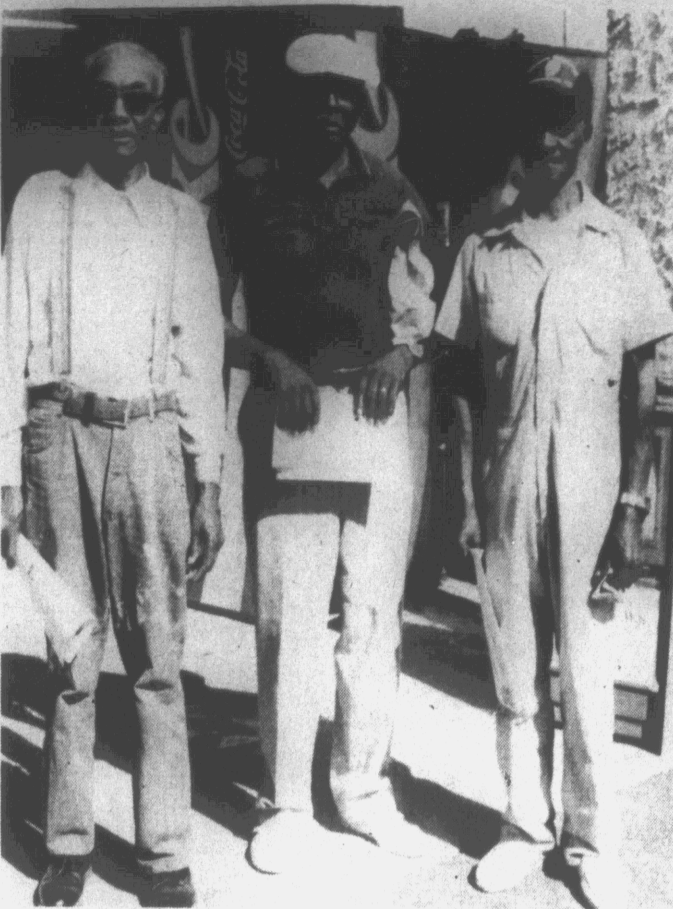
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SATURDAY 9:30-3:00

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WASHINGTON, NC, the look of the three wise men who have learned how the system and the game of life is played. These fathers of Washington, NC, urge our young people to vote on November 6, 1990. Vote for those in your community who know your needs, like Bill Booth. Photo by Jim Rouse



(Affidavit continued from Page 1) upon the nature of the infraction, the Chief will either:

1. Determine investigation not needed/required.
2. Assign the complaint to the employee's supervisor for a fact finding investigation and/or disciplinary action.
3. Assign another member of the department the responsibility for conducting a fact finding investigation to determine the facts surrounding the incident.
4. Request an investigation by an outside agency.

D. Conduct of Investigating Officer—The individual assigned to conduct an internal or external fact finding investigation will be responsible for collecting all facts, statements, and evidence; and for recommending (1) the resultant finding ("founded," "unfounded," "not resolved"), and (2) the disciplinary action to be taken.

1. In instances where a polygraph examination will be required to resolve the "facts," the Chief will be consulted prior to scheduling the polygraph examination.

2. Unless the results of the fact finding investigation would be compromised, the assigned investigator will (after contacting the complainant or reviewing the complaint) notify the affected

employee and his/her supervisor about the allegation and investigation.

3. During the course of the investigation, written statements will be obtained where reasonable. As an alternative, interviews may be typed recorded and a summary of the interview prepared as a part of the report of the investigation.

4. Internal and external fact finding investigations will be completed as quickly as possible. The assigned investigator will prepare a report that summarizes the incident, statements, and findings. The report will contain recommendations concerning the results of the fact finding investigation and disciplinary action. Copies of appropriate documents will be attached. The report will be forwarded to the Chief of Police for further action.

E. Decision—After review of the fact finding investigation, the Chief will determine if the complaint is "founded," "unfounded," or "not resolved." the Chief will then determine what disciplinary action will be taken, including referring the matter back to the employee's supervisor for action.

William E. Barnhill, Plaintiff  
Vs.

Ted Holmes, Individually and in his Official Capacity as Chief of Police, City of Greenville, North Carolina; Gail Meeks, Individually and in her Official Capacity as City Manager of the City of Greenville; Gregory Knowles, in his Official Capacity as City Manager of the City of Greenville; J.M. Tesmond, in his Official Capacity as Chief of Police of the City of Greenville, and the City of Greenville, Defendants.

Before Honorable David E. Reid, Jr., Superior Court Judge, September 9, 1988 Session of the Pitt County Superior Court, Civil Division. From order entered November 16, 1988 for September 9, 1988, Plaintiff appealed.

Statement of Organization of Trial Tribunal—Being it remember that the Court convened for the regular unreported session of Court at 10:00 a.m. on September 9, 1988, for the hearing of Civil motions in the Pitt County Superior Court, the Honorable David E. Reid, Jr., was presiding Judge. The plaintiff was represented by John H. Harmon, Attorney at Law and the Defendants were represented by Allen R. Gitter and DeWitt McCarley, Attorneys at Law.

Plaintiff, complaining of defendants, alleges and says:

Parties—1. Plaintiff William E. Barnhill is a citizen and resident of Greenville, Pitt County, North Carolina.

2. Defendant Ted Homes, former Chief of Police of the City of Greenville, North Carolina is a resident of Wayne County, North Carolina. Defendant Holmes is sued in his individual and official capacity.

3. Defendant Gail Meeks, former City Manager of the City of Greenville, North Carolina, is a resident of Pitt County, North Carolina. Defendant Meeks is sued in her individual and official capacity.

4. Defendant J. M. Tesmond, Chief of Police, of the City of Greenville, North Carolina, is a resident of Greenville, Pitt County, North Carolina. Defendant J. M. Tesmond is sued in his official capacity.

5. Defendant Gregory Knowles, City Manager of the City of Greenville, is a resident of Greenville, Pitt County, North Carolina. Defendant Knowles is sued in his official capacity.

6. Defendant City of Greenville is a municipality located in Pitt County, North Carolina.

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## Signature Pictures

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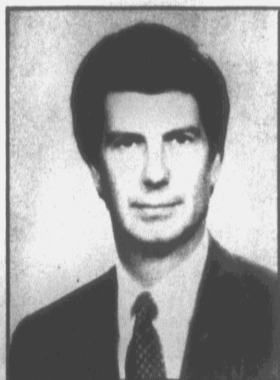
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The WINSTON-SALEM JOURNAL called Jones an "advocate of curbing campaign finances," and supported his bill to prohibit fund-raisers during regular legislative sessions.

An editorial in THE FAYETTEVILLE OBSERVER applauded Jones' efforts to reduce the influence of lobbyists.

Raleigh's NEWS AND OBSERVER editorial staff commended Jones for legislation aimed at setting "better limits on the influence of special-interest groups."

Columnist PAUL O'CONNOR called Jones a "one-man reform movement" for his efforts in cleaning up the political process.

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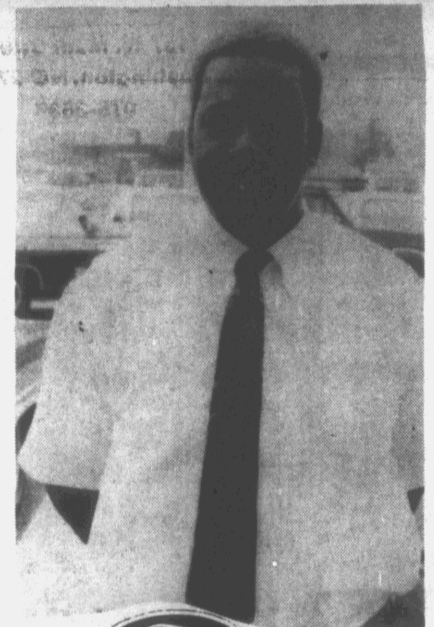
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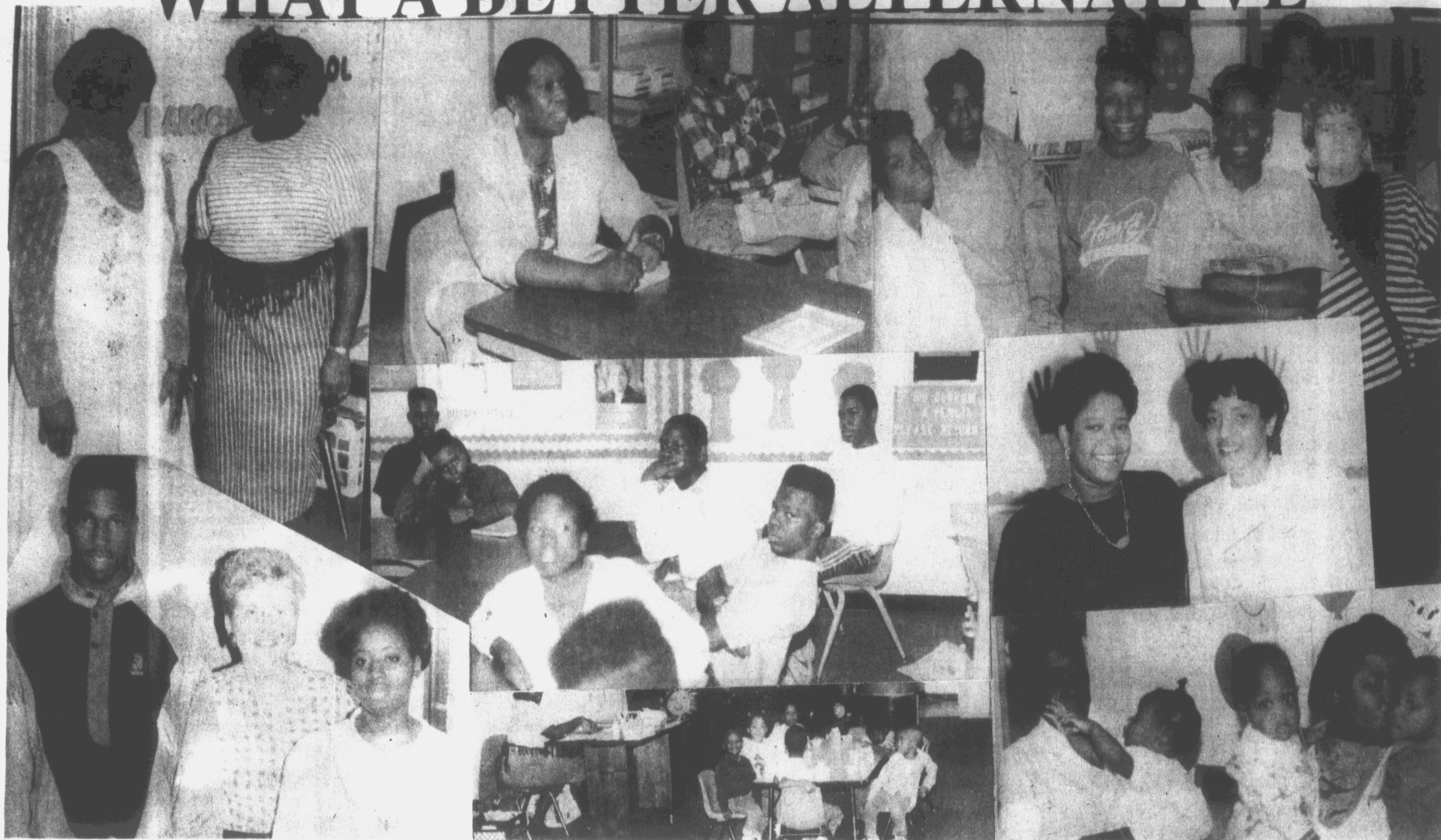
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