SPEECH BY:

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## ON DRUG ABUSE IN NORTH CAROLINA

I WANT TO THANK YOU FOR GIVING ME THE OPPORTUNITY TO SPEAK WITH YOU THIS AFTERNOON ON THE TOPIC OF DRUG ABUSE.

IT IS INTERESTING TO NOTE AS WE BEGIN THAT THE MOST WIDELY ABUSED DRUG IN OUR COUNTRY HAS BEEN AND REMAINS TO BE ALCOHOL. FIVE MILLION AMERICANS, FIVE PER CENT OF THE ADULT POPULATION, ARE ALCOHOLICS. THE MAJORITY OF THEM DRIVE.

This afternoon, however, I will address myself primarily to what we traditionally think of as drug abuse problems. When we speak of drugs -- and from now on I will be talking about the type drugs you take in capsule form or inject or sniff-- we speak of four major types of drugs: stimulants, depressants, hallucinogenics and narcotics.

THE MOST COMMON TYPES OF STIMULANTS ARE AMPHETAMINES,
THE TYPE OF PILLS USUALLY TAKEN BY TRUCKDRIVERS AND ATHLETES.
DURING THE PAST THREE YEARS, THERE HAVE BEEN 859 ARRESTS IN
NORTH CAROLINA FOR ILLEGAL POSSESSION OF THESE DRUGS. THE
WORD "SPEED" REFERS TO A CONCENTRATED FORM OF AMPHETAMINES.

It is usually injected and has a severe impact on the Body. An individual under the influence of a stimulant drug is unusually active.

THE MOST COMMON TYPES OF DEPRESSANTS ARE BARBITURATES.

THESE ARE TRANQUILIZERS AND SLEEPING PILLS. A PERSON UNDER THE INFLUENCE OF A DEPRESSANT WILL SEEM VERY DULL AND SLUGGISH. THERE HAVE BEEN 832 ARRESTS GROWING OUT OF THE ILLEGAL POSSESSION OF BARBITURATES IN NORTH CAROLINA IN THE PAST THREE YEARS.

THE MOST COMMONLY KNOWN HALLUCINOGEN IS LSD. LSD IS A VERY POWERFUL SYNTHETIC DRUG. IN SOME CASES, IT ALTERS THE MIND TO THE EXTENT OF CAUSING AN INDIVIDUAL TO COMPLETELY LOSE TOUCH WITH REALITY. A PERSON FEELING THE EFFECTS OF LSD WILL BE COMPLETELY DAZED AND DISORIENTED. THIS IS THE REASON WHY THERE ARE CASES OF INDIVIDUALS UNDER THE EFFECTS OF LSD WHO HAVE THOUGHT THEY COULD FLY OR WALK ON WATER. WE HAVE HAD 1,021 ARRESTS FOR POSSESSION OF HALLUCINOGENS, PRIMARILY LSD, IN THE PAST THREE YEARS.

MARIJUANA HAS COMBINED PROPERTIES. IT SERVES TO DEPRESS
THE INDIVIDUAL USING IT AND, THEREFORE, CAUSES HIM TO LOSE
HIS INHIBITIONS IN MUCH THE SAME WAY AS ALCOHOL. AT THE SAME
TIME, IT HAS OTHER EFFECTS WHICH CAN MAKE THE INDIVIDUAL USER
FEEL DAZED OR SUSPENDED IN SPACE. MARIJUANA VIOLATIONS HAVE
CONSTITUTED BY FAR THE GREATEST NUMBER OF OFFENSES IN THE PAST
THREE YEARS WITH NORTH CAROLINA HAVING 6,173 ARRESTS FOR ILLEGAL

POSSESSION OF MARIJUANA.

THE LAST MAJOR CATEGORY OF DRUGS IS THE NARCOTICS. HERE WE ARE SPEAKING OF HEROIN, MORPHINE AND CODEINE. AN INDIVIDUAL FEELING THE EFFECTS OF THESE NARCOTICS WILL ACT VERY MUCH LIKE AN INDIVIDUAL FEELING THE EFFECTS OF A DEPRESSANT. HE WILL BE DULL AND SLUGGISH. THIS DULL SENSATION WILL OCCUR ONLY AFTER FIRST UNDERGOING A SHORT "HIGH" EXPERIENCED IMMEDIATELY AFTER TAKING THE DRUG. THERE HAVE BEEN ABOUT TWO HUNDRED NARCOTIC ARRESTS, PRIMARILY HEROIN, IN THE PAST THREE YEARS IN NORTH CAROLINA.

THERE ARE TWO BASIC WAYS IN WHICH A USER GETS ILLEGAL DRUGS. THE FIRST IS THROUGH ILLEGAL IMPORTATION. WE USUALLY FIND THIS IN THE NARCOTIC DRUGS SUCH AS HEROIN, COCAINE AND MORPHINE. THE OPIUM POPPY FLOURISHES IN TURKEY AND ALSO IN THE GOLDEN TRIANGLE OF SOUTHEAST ASIA WHICH IS MADE UP OF BURMA, CAMBODIA, AND THAILAND.

RECENTLY, THE UNITED STATES HAS NEGOTIATED A TREATY WITH

TURKEY TO CURTAIL THE GROWTH OF THE OPIUM POPPY AND IT IS

FELT THAT THIS WILL HELP STEM THE TIDE OF ILLICIT NARCOTICS

COMING FROM EUROPE. ALSO, IN RECENT MONTHS THE BUREAU OF

NARCOTICS AND DANGEROUS DRUGS HAS BEEN INSTRUMENTAL IN CLOSING

DOWN FIVE CLANDESTINE LABORATORIES IN AND AROUND MARSEILLES,

FRANCE, WHICH WERE USED FOR THE PROCESSING OF OPIUM INTO HEROIN.

THERE HAVE ALSO BEEN TREATIES MADE WITH THAILAND AND CAMBODIA, CONCERNING THE SOUTHEAST ASIA OPIUM POPPY PROBLEM. HOWEVER, BURMA SEEMS VERY HESITANT AND, INDEED, IS HOSTILE TO ANY EFFORTS TO CURTAIL THE PROBLEM IN THAT COUNTRY.

THE SECOND WAY ILLEGAL DRUGS GET TO THE USER IS THROUGH ILLEGAL DIVERSION OF LEGALLY MANUFACTURED DRUGS. THIS ILLEGAL DIVERSION OCCURS BETWEEN THE TIME THE DRUG IS MANUFACTURED AT THE PHARMACEUTICAL PLANT UNTIL THE TIME THE DRUG IS ON THE SHELF IN THE PHARMACY. THIS DIVERSION CAN COME THROUGH EMPLOYEES AT THE MANUFACTURING END, EMPLOYEES OF THE TRANSPORTING TRUCKING FIRM, EMPLOYEES OF THE WHOLESALE DRUG DISTRIBUTOR, OR EMPLOYEES OF THE LOCAL PHARMACY. DIVERSION CAN EVEN COME AFTER THIS POINT BY THE PHARMACIST HIMSELF OR BY MEMBERS OF THE MEDICAL PROFESSION.

Who are drug abusers? The most commonly held notion is that people who use and abuse drugs are young, have long unkempt hair, wear sloppy clothes, and are either students or unemployed. While it is true that many of the drug problems are associated with younger individuals, the drug problem is much more diverse and widespread than this.

IN RECENT YEARS, THE PATTERN OF DRUG ABUSE BY THE YOUNGER SET HAS DEVELOPED INTO ONE OF USING SOFT DRUGS, MARIJUANA AND SOME PILLS, BOTH STIMULANTS AND DEPRESSANTS.

THE HARDER DRUGS, NARCOTICS, LSD AND OTHERS ARE BEING

USED PRIMARILY BY HARD-CORE DRUG ADDICTS. THESE ARE PEOPLE WHO USE DRUGS TO THE EXTENT THAT THEY ARE TOTALLY USELESS TO SOCIETY AND EXPEND THEIR ENTIRE LIFE'S ENERGY IN THE QUEST FOR DRUGS. DEATHS DUE DIRECTLY TO DRUGS, WHICH OCCUR PRIMARILY IN THIS GROUP OF DRUG ABUSERS, HAVE INCREASED IN RECENT YEARS WITH A TOTAL OF 138 DEATHS OCCURRING IN 1972.

ASIDE FROM THE DRUG ABUSE AMONG THE YOUNG, HOWEVER, THERE ARE MANY, MANY MORE ABUSERS WHICH YOU PROBABLY WOULD NOT THINK OF OR RECOGNIZE. I AM TALKING ABOUT THE HOUSEWIVES WITH THEIR DIET PILLS, AND THE TRUCKDRIVERS WITH THEIR AMPHETAMINES TO STAY AWAKE AND THE BUSINESSMEN WHO NEED SLEEPING PILLS IN ORDER TO INSURE THEMSELVES A GOOD NIGHT SLEEP FOR THE NEXT DAY'S ACTIVITIES.

THIS PROBLEM OF DRUG ABUSE, OF COURSE, HAS BECOME MORE PREVALENT IN RECENT YEARS AND THE RESPONSE ACROSS THE NATION HAS BEEN PROFOUND. AT EVERY LEVEL OF GOVERNMENT FROM THE CITY COUNCIL TO THE WHITE HOUSE, THE DRUG ABUSE PROBLEM HAS BEEN DEALT WITH.

AT THE NATIONAL LEVEL, WE HAVE HAD THE PRESIDENT'S COMMISSION ON MARIJUANA AND DRUG ABUSE, WHICH WAS AN IN-DEPTH, EIGHTEEN MONTH STUDY OF THE DRUG ABUSE PROBLEM IN THE NATION. THE PRESIDENT ALSO ESTABLISHED A SPECIAL ACTION OFFICE FOR DRUG ABUSE PREVENTION WHICH WAS SUBSEQUENTLY APPROVED AND BUDGETED BY THE U.S. CONGRESS. THIS OFFICE HAS BEEN GIVEN THE

AUTHORITY TO SPEND A BILLION DOLLARS OVER THE NEXT THREE YEARS TO FIGHT DRUG ABUSE IN THE UNITED STATES. THIS MONEY WILL BE FUNNELLED TO A SINGLE STATE AGENCY IN EACH OF THE FIFTY STATES.

In spite of our efforts to date, violations of drug laws or crimes committed incident to drug abuse are rising more rapidly than any other category in North Carolina. It is impossible to determine the number of robberies which have been committed by individuals desperate for the means with which to feed their habit.

FEDERAL BUREAU OF INVESTIGATION STATISTICS SHOW THAT PROPERTY CRIMES IN THE SOUTH ATLANTIC STATES ROSE BY 6.8% FROM 1970 TO 1971. DURING THIS SAME TIME, LARCENY OFFENSES INCREASED BY 8.9%. THIS RISE IS DIRECTLY RELATED TO INCREASED DRUG ABUSE DURING THIS TIME.

North Carolina has been actively involved in the fight against drug abuse with additional emphasis yearly. I was very interested in seeing that practically every individual running for office in the State last year mentioned the drug problem in their campaigns.

THE 1971 NORTH CAROLINA GENERAL ASSEMBLY ENACTED A COMPLETE REVISION AND REWRITING OF ALL OF NORTH CAROLINA'S DRUG LAWS. OUR NEW DRUG LAW IS PATTERNED AFTER A UNIFORM ACT DRAFTED BY THE BUREAU OF NARCOTICS AND DANGEROUS DRUGS WHICH SETS FORTH VERY CLEARLY WHICH SUBSTANCES ARE PROSCRIBED.

Under our new Act, the State through the North Carolina Drug Authority, an agency established by the 1971 General Assembly, registers all wholesalers, manufacturers, distributors and researchers of controlled substances.

THE NORTH CAROLINA DRUG AUTHORITY ALSO LICENSES ALL "RAP" HOUSES. THIS IS TO INSURE THAT THESE HOUSES MEET CERTAIN STANDARDS AND IF THEY DO NOT, THEY ARE NOT ALLOWED TO OPERATE WITHIN THE STATE. THESE HOUSES, IN MANY INSTANCES, HAVE BEEN VERY EFFECTIVE IN COUNTERING THE DRUG ABUSE PROBLEM AT THE LOCAL LEVEL.

THE NEW LAW ALSO SETS FORTH NEW PENALTIES FOR VIOLATIONS OF THE DRUG LAW. ON THE WHOLE, THESE PENALTIES ARE MUCH MORE REALISTIC THAN THOSE FOUND UNDER THE OLD LAW. AS AN EXAMPLE, THEY PROVIDE THAT AN INDIVIDUAL UNDER TWENTY-ONE YEARS OF AGE WHO POSSESSES SOME OF THE SOFT DRUGS (E.G. MARIJUANA, BARBITURATES), WILL NOT NECESSARILY SERVE AN ACTIVE SENTENCE AND, INDEED, CAN HAVE HIS RECORD CLEARED UPON SUCCESSFUL COMPLETION OF HIS PROBATION TERM. THIS INSURES THAT MANY YOUNGSTERS WHO EXPERIMENT WITH DRUGS WILL NOT HAVE A CRIMINAL RECORD DUE TO THEIR ONE-TIME INVOLVEMENT.

On the prevention side, we have an individual in the Department of Public Instruction who is responsible solely for drug education across the State. Many individuals believe drug education is the answer to drug abuse. As an aside, however, it is interesting to note that certain studies have proved that groups of youngsters who have been given drug

EDUCATION, PARTICULARLY AT THE ELEMENTARY SCHOOL LEVEL,
HAVE HAD A HIGHER INSTANCE OF DRUG ABUSE THAN PEER GROUPS
WHICH WERE NOT GIVEN INSTRUCTION IN DRUG EDUCATION. IT
APPEARS SOME PROGRAMS HAVE MERELY WHETTED THEIR APPETITES.
THEREFORE, IT IS EASY TO SEE WHY WE MUST BE VERY CAREFUL TO
PRESENT SOUND, WELL-THOUGHT-OUT DRUG EDUCATION PROGRAMS.

On the enforcement side, the State through LEAA funds, has been actively seeking drug pushers and drug dealers and those who hook others on drugs. The SBI has trippled its number of agents during the past four years and the number of drug arrests by the SBI has increased 500% during this same time. In addition to the SBI and numerous local law enforcement agencies, the Federal Government also has enforcement personnel in North Carolina.

On the treatment side, Guilford, Forsyth and Durham counties have all received large grants from the Federal Government to finance treatment programs in their areas. The 1972 General Assembly also gave five hundred thousand dollars to the Department of Mental Health to work out treatment programs in local communities through the forty-one local mental health centers. Other miscellaneous grants around the State are providing smaller treatment programs in a number of communities. However, the amount of money appropriated thus far by the North Carolina General Assembly is small in relation to the enormity of the problem and the

PUBLIC OPINION WHICH OVERWHELMINGLY INDICATES CONCERN WITH DRUG ABUSE.

WHILE I BELIEVE WE NEED TO BE MORE REALISTIC IN OUR SPENDING FOR DRUG ABUSE, I NEVERTHELESS FEEL THAT THE DRUG ABUSE PROBLEM IS ONE WHICH CANNOT BE SOLVED IN WASHINGTON OR IN RALEIGH. IT MUST BE SOLVED IN THE LOCAL COMMUNITY WHERE INDIVIDUALS HAVE DAY-TO-DAY CONTACT WITH THEIR FELLOW WORKERS, FRIENDS AND RELATIVES. THE DRUG PROBLEM IS REALLY A PEOPLE PROBLEM. IT IS REFUSING TO ACCEPT AND COPE WITH THE REALITIES OF LIFE. IT IS TURNING TO SYNTHETIC CRUTCHES EVERY TIME THINGS DO NOT GO THE RIGHT WAY. IT IS A PROBLEM OF NOT FINDING MEANING, VALUES AND DIRECTION IN LIFE.

THEREFORE, IT SEEMS TO ME THAT LOCAL COMMUNITIES CAN AND MUST GET INVOLVED IN THE DRUG ABUSE PROBLEM AND AID IN A SIGNIFICANT WAY. FIRST OF ALL, THEY CAN ESTABLISH A DRUG ACTION COMMITTEE. THIS COMMITTEE MUST HAVE A VERY BROAD-BASE OF COMMUNITY SUPPORT. THIS WOULD INCLUDE LAW ENFORCEMENT, MEDICAL PERSONNEL, MINISTERS, YOUTH, THE OLD, THE YOUNG, THE BLACK, THE WHITE, ETC. IT IS VERY IMPORTANT TO HAVE LAW ENFORCEMENT INVOLVED IN THESE COMMUNITY DRUG ACTION GROUPS BECAUSE THESE OFFICERS ARE THE PEOPLE WHO MANY TIMES HAVE THE FIRST CONTACT WITH A DRUG ABUSER.

THROUGH THE ESTABLISHMENT OF A RAP HOUSE AND THROUGH

THE VOLUNTEERS IN THE COMMUNITY, A COMPREHENSIVE PROGRAM
COULD INCLUDE SUCH THINGS AS DRUG EDUCATION, DRUG TREATMENT,
DRUG REHABILITATION AND A CRISES INFORMATION CENTER.

AT THE PRESENT TIME IN NORTH CAROLINA, WE HAVE 28

NON-PROFESSIONAL TREATMENT HOUSES, INCLUDING RAP HOUSES.

EVERY GEOGRAPHIC AREA OF THE STATE HAS DRUG ACTION COMMITTEES

AND RAP HOUSES. THIS INDICATES THE HEARTENING RESPONSE OF

OUR CITIZENS TO THE PROBLEMS OF DRUG ABUSE.

FOR MANY YEARS, A MAJORITY OF THE AMERICAN PUBLIC REACTED TO MENTAL HEALTH WITH THE OSTRICH SYNDROME. WE HAVE COME TO REALIZE IN THE LAST COUPLE OF DECADES THAT THIS IS NOT THE PROPER REACTION. HOWEVER, THIS SAME ATTITUDE HAS PERMEATED THE DRUG ABUSE PROBLEM. MANY PEOPLE REFUSED TO ADMIT THAT IT EXISTED. OR IF THEY DID ADMIT THAT IT EXISTED, THEY REFUSED TO ADMIT THAT IT EXISTED IN THEIR COMMUNITY OR THAT THERE WAS ANYTHING THAT THEY OR ANYONE ELSE COULD DO ABOUT IT.

BUT TIMES HAVE CHANGED. WE HAVE AT LONG LAST BECOME AWARE OF THE SEVERITY OF THE DRUG ABUSE PROBLEM. MY SPEAKING TO YOU THIS AFTERNOON ON THE TOPIC OF DRUG ABUSE IS A VERY REAL EXAMPLE OF THIS. WE ALSO SEE DRUG ABUSE MENTIONED IN EVERY MAGAZINE AND NEWSPAPER AND WE EITHER SEE IT FREQUENTLY MENTIONED ON THE TELEVISION NEWSCASTS OR AS THE PLOT OF SOME TELEVISION PROGRAM. NOW THAT WE

ARE NO LONGER TRYING TO HIDE THE FACT THAT THE PROBLEM EXISTS, WE MUST GET OURSELVES IN THE PROPER MENTAL ATTITUDE TO UNDERSTAND WHAT CAUSES DRUG ABUSE. ONCE THIS IS DONE, WE MUST THEN WORK TO CORRECT THE VOIDS IN OUR SOCIETY WHICH CAUSE PEOPLE TO TURN TO DRUGS.