

Affecting change on a large scale starts with an individual. My goal as a future physician is to work with the underserved, being warm and welcoming to every patient. Recently, I had a patient who recently came out as bisexual to his parents and was in the emergency department for suicidal thoughts. He was extremely grateful that I took an hour to listen to how he is feeling and to help him navigate his emotions. As A.A. Milne states "Sometimes the smallest things take up the most room in your heart." It's the little ways to affect positive change that will bring about great change and that is what I have set out to do.



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