I am a passionate advocate for the LGBTQ+ community, especially regarding mental health and suicide, areas which are personal to me. I was Co-Coordinator of the North Carolina Conference on LGBTQ+ Suicide Risk and Prevention, I established and facilitated a LGBTQ+ support group, and I created a clinical guide for mental health professionals working with the LGBTQ+ community. I especially enjoy presenting workshops and presentations about the LGBTQ+ community and how we can create safe spaces. For example, include your pronouns when introducing yourself, on name tags, and in your email signature line. Please join me in creating positive change.



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