

I hope to impact change by letting my actions speak just as loud as my words (and I'm pretty damn loud); to put it simply, I live unapologetically. My career as a mental health clinician means the very basis of my existence is helping others give themselves the permission and the vision to live their authentic, unapologetic truths. It is through this vocational medium, my linguistic and psychological craft, that I hope to permeate societal paradigms, challenge the status quo, and let change manifest through the art of connection. To live unapologetically, is to live entirely.



## Sarah Baker

Pronouns: She/Her/Hers

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