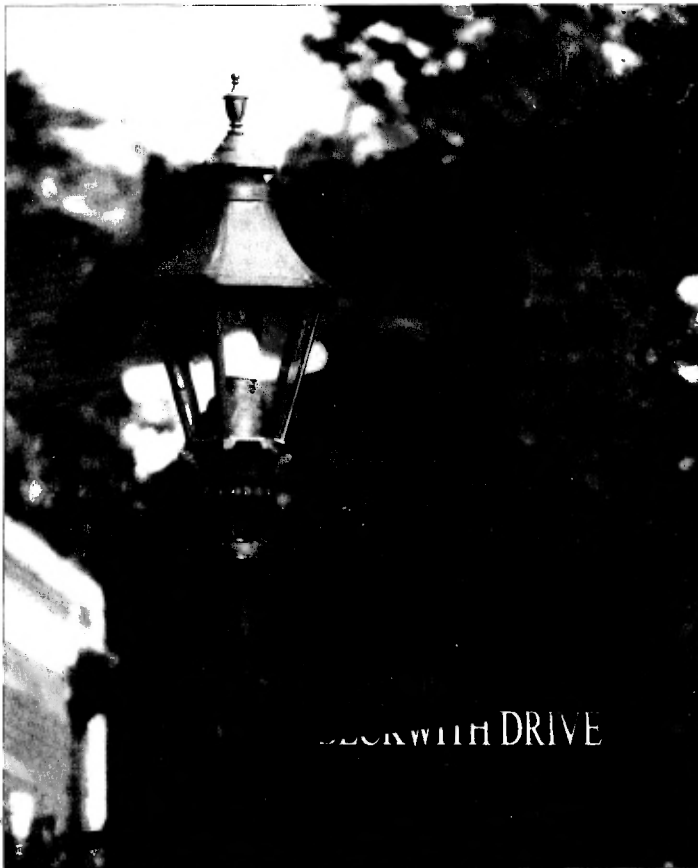


Branding project promotes school spirit



New signs with ECU colors are being put up around Greenville to encourage school spirit and loyalty.

Addition of more purple and gold

ADELINE TRENTO
STAFF WRITER

ECU students may soon have a more school spirited campus thanks to the ECU Brand Enhancement Project.

The Brand Enhancement Project, which hopes to promote ECU and increase loyalty to the school, will be working to add more purple, gold and pirate references to campus.

Wayne Newnam, the Campus Life Marketing Director, said that although ECU's campus is beautiful, it lacks some unique features that other colleges may have.

Newnam said that it is very important to make a lasting impression on prospective students, parents and visitors. He believes that by adding more school colors and embracing the history of ECU on campus, students will receive a long-lasting impression of the school.

"It is very important for these groups to retain a lasting, unique image of ECU that will stay with them for years to come," said Newnam.

Some of these changes have already begun. The previously green visitor parking signs have been changed to purple and new purple street signs have recently been added to campus.

Many students feel that these changes are a nice addition to ECU and will help people feel more connected to the school.

"I think the new purple signs are great," said Laura DeVantier, sophomore nursing major. "It definitely adds something to campus and increases school spirit."

Other ideas are also being proposed to add the school colors to different places around the uni-

versity. Benches, tables, on-campus crosswalks, signs and buses may soon be changed to show off more ECU purple and gold.

Flags and banners will also be a welcome addition to campus and an easy way to display the school colors.

Newnam said that although the Brand Enhancement Project plans to add more purple and gold to campus, it is not the only purpose of the project.

"The Enhancement Project is not about painting the campus purple," Newnam said. "It is about tastefully adding highlights of our school colors and heritage around campus to promote the ECU brand, building a stronger identity for ECU and creating a lasting impression for all that are a part of this university and those that visit."

Newnam said the changes being made to enhance school spirit at ECU should not be limited to adding more school colors alone. He believes that statues of important people from ECU's past and the usage of pirate terms on street signs as well as buildings would be a unique way to help separate ECU from other universities.

The hope of the ECU Brand Enhancement Project is that these changes will help make ECU students more involved, more school spirited and proud to be a part of this university.

Newnam encourages students to communicate with their student leaders through SGA and get their ideas heard about the changes they would like to see on campus.

"Getting students involved is paramount," Newnam said. "Great ideas come from students, students are the reason ECU exists. Suggestions promote a new way of thinking."

This writer can be contacted at news@theeastcarolinian.com.



Preparing for exams can be a grueling experience, don't wait to the last minute. Start studying now with these tips in mind.....Page A4



If you aren't getting enough sleep, you may need to adjust your routine. Steal some helpful tips for a good night's sleep.....Page A4



The Pirates won in Raleigh on Saturday for the first time since 1999, beating N.C. State 21-16 and securing a bowl bid. Read our football recap and find out what bowl possibilities await.....Page A6



The ECU men's basketball team completed a near-perfect sports weekend Sunday afternoon with a 68-47 win over North Carolina Central. Read more.....Page A6

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Students learn how to prevent AIDS locally



Professor Mary Glascoff tells students of the effects of AIDS in Greenville

Students learn about the virus

CLAIRE MURPHY
ASSISTANT NEWS EDITOR

Professor Mary Glascoff spoke yesterday in Mendenhall on the issue of AIDS in the Greenville community. She is also the director of the Community Health Education program, and shared her knowledge with the crowd.

Glascoff once had a student who would show up to class late and then fall asleep at her desk. This frustrated Glascoff and she eventually confronted the student.

The student had a brother in Pitt Memorial Hospital who was dying of AIDS. Since she was living in Greenville, she was the one who stayed with him at night. This changed Glascoff's punishment for the student. They became close and Glascoff attended his funeral.

"It's the most awful virus I've ever imagined," said Glascoff.

She also explained the comparison of the human body to a castle. There are many ways in, but there are guards to keep bad things out. The guards in this case are white blood cells. AIDS keeps the guards from doing their job.

Preventing illness is a matter of protecting yourself. Glascoff said, "When we pee, poop, fart, puke, snot, it's all to protect our bodies from bad stuff."

Years ago AIDS was thought of as an automatic death sentence. Today, there are more powerful drugs, and more of them, to keep people with AIDS living healthier and longer lives.

A virus causes AIDS. It is not a living thing like bacteria. It goes into the blood and cannot be cured.

Glascoff told the story of another man who was dying of AIDS in the hospital. In his last days, a minister would not come to his bedside because he was a homosexual with a sexually transmitted disease. At his funeral, the family denied his illness and said he had died of cancer. They were too ashamed to tell the truth.

North Carolina used to have the most effective laws for teaching about AIDS in schools. Now it is the law to teach abstinence only.

People don't talk about AIDS very much anymore as if it is unimportant. The spreading would decrease if everyone got tested. The problem is, people don't know

see AIDS page A2

Pitt County ranks first statewide for Halloween drinking citations

Results from over 1,864 statewide sobriety checkpoints

GENERRA CORNWELL
STAFF WRITER

At ECU, UNC Chapel Hill and N.C. State campuses checkpoints, patrols and other protocols were put into effect to keep students safe during Halloween. The campaign was called the Booze It Or Lose It campaign and it ran from Oct. 27-31.

At ECU and UNC, Halloween celebrations are huge, street-wide affairs that take place throughout the downtown areas.

ECU students and Greenville residents transform the downtown streets into a giant Halloween party. This year thousands of ECU students, Greenville citizens and visitors from all over North Carolina crowded into downtown to enjoy the festivities.

UNC Chapel Hill also has a well-known Halloween celebra-

tion on Franklin Street, and since N.C. State is relatively close to both Greenville and Chapel Hill, many N.C. State students travel to either event.

Officers across the state worked together to conduct more than 1,864 sobriety checkpoints and patrols during Halloween. Counties with the highest number of DWI citations issued included Pitt(81), Mecklenburg(68) and Wake(53).

In December, a new DWI law signed by Governor Mike Easley, will go into effect. This new law stipulates that a driver with a blood-alcohol level of 0.08 grams per deciliter (g/dl) can be convicted of DWI.

Another part of this new law is that anyone under the age 21 who is found with any level of alcohol in their system may face misdemeanor charges.

Also, anyone purchasing a keg of beer must obtain a permit from the beer vendor.

Furthermore, prosecutors must report why a DWI charge was dismissed, which will ultimately decrease the sub-

stantial number of DWI cases that are dismissed without explanation.

Both the ECU and Greenville Police Departments were unable to be reached for comment but the statistics of the Halloween Booze It Or Lose It campaign speak volumes. Pitt County issued 41 underage DWI citations compared to Orange County's (where UNC is located) two and Wake County's one. Also Pitt County issued 40, over-21 DWI citations, Wake issued 52 and Orange issued three. Pitt County police officials did conduct 42 checkpoints and patrols while Orange County conducted four and Wake County conducted 54.

Sergeant John Barnwell, N.C. State Campus Police stated, "ECU [statistics] are going to be higher than ours because of their special event, because most of our students participate in ECU and Chapel Hill events our campus is relatively quiet."

This writer can be contacted at news@theeastcarolinian.com.

News

{ Campus & Community }

ANNOUNCEMENTS

Nov. 1 - 28
MTV/United Way Alternative Spring Break 2007
 MTV/United Way are sponsoring the 2nd annual Alternative Spring Break to the Gulf Coast. If you are interested in participating, United Way of Pitt County is gathering a team to be a part of this great event. The application deadline for this area is Nov. 28. To apply visit mtv.com/think-mtv/asb/2007/. For more information contact the Local Coordinator Cassie Reid at CLR0401@ecu.edu.

Human Performance Laboratory
 Research Study Investigating The Effects of Endurance Exercise on Differences in Skeletal Muscle and Fat Cell Metabolism Between African-American and Caucasian Women. Subject criteria: 1. Overweight and non-overweight women ages 20-45 years 2. Inactive-Exercise less than two days/week, less than 30 minutes/day for at least six months. Contact: The Human Performance Laboratory. Procedures include body composition assessment, blood fat, sugar and insulin testing, 10 days or eight weeks of supervised exercise, and four or six muscle biopsies. Benefits include percent body fat and free aerobic fitness assessment, health benefits of supervised training and up to \$400 payment upon completion of the study. Call (252) 328-2575 for more information.

VOLUNTEER OPPORTUNITIES

Tuesday, Nov. 28 through Saturday, Dec. 10

Holiday Gift Wrap
 Humane Society needs volunteers wrap gifts at the mall for donations. Shifts are available Monday through Saturday starting at 10 a.m., and Sunday 1-6 p.m. at Colonial Mall in front of Belk. Contact Vicki Luttrell at 353-8833 or vluttrell@unitedwaypittcounty.com.

Friday, Dec. 1

Special Olympics Basketball Tournament
 Volunteer needed to assist with running the tournament: Registration, score keeping, cheerleading, set-up/clean-up, etc. Shifts are from 9 a.m. - 2 p.m. at Epps Recreation Center in Thomas Foreman Park. Contact Deitra Crandol at 329-4541.

Saturday, Dec. 2

Parents' Night Out
 Volunteers are needed to set-up/break down and assist in running the event. Shifts are from 6 - 10:30 p.m. at the Student Recreation Center and Mendenhall Student Center. Contact David Gaskins at gaskinds@ecu.edu.

Christmas Parade
 Volunteers are needed to line up parade participants in correct order and possibly carry sponsor signs. Shifts are from 8 a.m. - 12 p.m. Volunteers should check in at the corner of Green and First Streets. Contact Karen Smith at 328-4173.

Habitat for Humanity
 Volunteers needed to hand out flyers and encourage Lowes customers to donate to Habitat at cash registers. All donations will go directly to our local Habitat Chapter. Shifts are from 9 - 11 a.m., 11 a.m. - 1 p.m. and 1 - 3 p.m. Contact Paulette White at 758-2947.

Reindeer Dash for Cash
 Volunteers are needed to assist on runners' course, registration, clean up, as well as other tasks. Shifts are from 11:30 a.m. - 5 p.m. at the Greenville Town Commons.

28 Tue 29 Wed 30 Thu 1 Fri 2 Sat 3 Sun 4 Mon

Last day to submit thesis to the Graduate School for completion of degree in this term.

Healthy PIRATES Holiday Ornament Sale
 The Healthy PIRATES will be selling one of a kind holiday ornaments as a fundraiser. One ornament for \$3, six for \$15 and 12 for \$24. Wright Plaza

Russian Film Series: "Russian Ark"
 Movies have English subtitles or dubbing. Bate 2011 6:30 p.m.

BRIEFS

FBI struggles to win trust of Muslim, Arab communities

(MCT) — When a local FBI agent wanted to make contacts in this city's tight-knit Muslim community, he started knocking on doors. The agent didn't look, much less act, like a typical investigator. He spoke Arabic and he wore street clothes, not the suit and tie favored by many in the bureau. "He seemed really friendly," said Muhammad Sahli, a U.S. citizen approached at his home last month by the agent. "So I invited him in." But agents also recognized that the alienation that Muslims and Arabs feel could undermine the bureau's hunt for domestic terrorists. If the fear subsided, more citizens might come forward with tips, agents believe, at a time when the bureau is under mounting pressure to collect better intelligence. According to a study released earlier this year by the Vera Insti-

tute of Justice, seven out of 16 U.S. cities with significant Arab and Muslim populations didn't have active FBI outreach programs. The institute, a nonprofit organization in New York, wasn't permitted to identify the cities as part of its agreement with the FBI.

Authorities plan to scale back search for missing boys

(MCT) — After four days of combing through a vast wooded stretch of land but finding no sign of two young brothers who went missing on the Red Lake Indian Reservation, authorities said Saturday they are likely to scale back the air and ground search later Sunday. Among those in the 26-person unit braving strong winds were about a dozen relatives of the missing boys. Their cousin Valencia Jones spent a fourth day scouring this northern Minnesota Indian reservation. "I have to," she said.

"We're hoping for the best, and bracing ourselves for the worst," said Jones, who added that the boys' mother, Alicia White, who pleaded publicly for their safe return on Friday, "is holding up well." The search concluded about 6 p.m. Saturday and was to resume this morning.

Man missing from capsized boat in Willamette River identified

(AP) — Authorities say the man who tried to swim to safety this morning after his boat capsized in the Willamette River is presumed dead. Fifty-one-year old Richard Allen Ellis, Senior of Oregon City is missing and believed to have drowned. Sheriff's deputies say he was not wearing a life jacket. Police say a fishing party of four was floating on the river this morning when the anchor line got

tangled in the prop of the motor. The boat capsized the men were thrown into the 47-degree water. The three other men did have lifejackets on were able to stay afloat until they were rescued. Police say Ellis tried to swim to Rock Island in the river south of Portland. But the search was called off two hours after the boat had capsized.

50-year-old beer found in desert

(KMTR) — Get ready to see what happens when you open up a can of beer that's been sitting in the hot sun and freezing cold of the desert for 50 years! Hikers saw this old can sticking out of the desert sand. "We were curious, dug down a little deeper and couldn't believe what we found." More cans. Lots more. Tin cans of Coors Beer, a half-century old and never opened. A mystery!

They looked up, and there, a few hundred feet above them were railroad tracks. Ah, now this was all beginning to make some sense. Twisting through the mountains near Jacumba are the tracks of what's now called the Carrizo Gorge Railway, but fifty years ago, it was the San Diego and Arizona Eastern, when two cars derailed and went over the side. On one of them, was a truck of Coors Beer. Well the wreckage remains even today, but all the beer was collected. The color of cough syrup and smelling like a combination of fermented wine and dirt. He'll leave the rest unopened. For they are among the last remaining traces of what hikers and rail fans call the "Coors Wreck". A little known bit of high desert history about San Diego. Near San Diego, California, I'm Ken Kramer for NBC News.

Purple robes could be on the agenda in May

AIDS continued from A1

Opinions of students needed for the decision

KIMBERLY BELLAMY
 STAFF WRITER

A change in the robe color for graduation was discussed at the congress meeting on Monday.

There is a possibility that purple could replace black for the robbing color as soon as May 2007.

Liz Johnston, a representative from the commencement task force, spoke about the issue and gave an example of four different shades of purple that the robes could be.

Johnston said that the commencement will most likely be held outside and that this would enhance the visual appearance of the graduates.

"The purple robes will create a visual sea of purple as the graduates walk in," said Johnston.

Corey King, assistant vice chancellor of student experiences said, "This graduating class in May will usher in the centennial."

King also said that 2007 is a great time to bleed purple at ECU with the centennial approaching.

The main reason for the change in robe color is because of the centennial that is quickly approaching.

Some congress members favored the decision by acknowledging that the visual appearance of the crowd is enhanced at athletic games because of the abundance of purple that fans wear.

Other congress members opposed the idea of the color purple because it would clash with their cords for organizations that they belong to.



SGA discusses changes in graduation robe colors for students planning to graduate in May 2007.

A suggestion was by a congress member to incorporate a different solid color such as white into the upper part of the robe so that the cords wouldn't clash.

A commencement task force has been assembled to get additional suggestions and opinions from students. The task force includes three students.

Another major topic discussed at the meeting were establishing and maintaining a good relationship with the communities that surround the university.

Larry Spell, City Council member, spoke about noise and occupancy issues that will be stressed more in the future.

Some of these laws included the three occupancy law which states that no more than three

unrelated people can live together in a house.

A \$500 fine is the penalty for noise violators in these neighborhoods because of a Greenville noise ordinance.

Other issues discussed included a law that will require you to get a permit to buy a keg and will hold you responsible if underage drinking occurs from a keg you buy.

The permit can be retrieved from ABC stores and the law will take effect on Dec. 1, according to Spell.

The last major topic of discussion at the congress meeting was new opportunities for organizations to get funding for events.

organization can fill out an application to receive \$500 or \$1000 to put on an event between the hours of 9 p.m. and 1 a.m.

These events will be held on Jan. 26 and 27, Feb. 9, 10, 23 and 24, and March 23 and 24. Organizations can find out more about this opportunity by visiting Crutchfield's office in 224-A Mendenhall.

Keri Brockett, SGA secretary, reminded and encouraged everyone to attend the second Talk-In-Tuesday event being held in West End Dining Hall from 5-8 p.m. next Tuesday.

To find out more about SGA, visit ecu.edu/sga or 328-45GA.

This writer may be contacted at news@theeastcarolinian.com.

they have it. AIDS in America is a completely different illness from AIDS in other countries. Here we worry about using condoms and getting tested. In parts of Africa, they have to worry about used medical equipment, rape and other things that are harder to prevent than they are here.

It is easier for a woman to contract AIDS from a male, than for a man to get it from a woman. It is a swapping of bodily fluids. Women who have sex with men (unprotected) carry the semen with them for days. Men are only exposed to vaginal fluid for a short while. It is important for everyone to get tested for themselves, and to keep their sexual partners safe.

More stories on events being held for AIDS week can be found in *The East Carolinian* through next week.

This writer can be contacted at news@theeastcarolinian.com.

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Coalition on Organ & Tissue Donation

Opinion

Fake 'N Bake

Skin cancer isn't exactly attractive

JESSICA DUNLOW
OPINION WRITER

According to the FDA, 49 percent of teenagers try indoor tanning. I have done it. You have done it. However, other than thinking about how beautiful we will look in our prom dresses and even those who tan year-round, have we considered the consequences?

Skin cancer rates for teenagers and college-age kids have doubled since 1975. In addition, an estimated 2,050 tanning bed users will be diagnosed with skin cancer this year.

Directly correlated with the rise in tanning is the society in which we are raised. Yes, blame society for everything. If the people we idolize like Paris Hilton and Jessica Simpson advocate the bronze color, then of course everyone follows.

Rumors say that being tan makes you look skinner. Overexposure to ultra-violet rays increases your cancer possibilities, so is it actually worth it? Apparently, a hot tan attracts a hot boy. Is this hot boy going to be attracted to you with a leathery, wrinkled face? In addition, men are beginning to take advantage of these tan boxes.

Yes, a tan "bod" during the summer is very attractive, but in the depth of winter, a steamy orange skin tone is rather absurd.

These tanning facilities are not all they crack up to be. There are cases reported in emergency rooms about damaged skin and eyes, which has nothing to do with skin cancer. Also, many tanning teens do not use their goggles on their eyes, which leads to damage to the eyelids and possibly the eye itself.

It is not worth it. All the money, up to forty dollars a month, the painful nights with horrible burns, the risk of skin disease, time wasted lying in a frying pan attempting to grasp onto the last heat in summer?

Accept the natural beauty bestowed. Why rush aging through direct UV-rays to your skin? Smooth skin is in and wrinkles are out.

Bush vs. Chavez

Venezuelan Elections and U.S. interest

JUSTIN SUMMERS
OPINION WRITER

Venezuelan president Hugo Chavez has gained quite a reputation over the past few years in the United States and around the world. In Latin America, Chavez is admired and well liked by the majority of people. Supporters believe his stand against George Bush and American imperialism through the World Bank and IMF will bring prosperity to a continent that has been in poverty for so long.

After he won his election in 2002, Chavez has not cracked under U.S. pressure and has been hugely successful at achieving his goals for social change in Venezuela. Chavez promised healthcare and education among other things to the Venezuelans and has come through on his word, incorporating almost \$50,000 people into the university education system in the past three years. Chavez plans to create thousands more students and doctors that will provide aid in an ailing region.

Millions of people stand by Chavez and support his aim to socialize Venezuela and the rest of South America, in the United States, however, people are not so fond of Chavez.

The United States has been in opposition of Hugo Chavez from the very beginning. We have done everything in our power besides direct military involvement to keep Chavez out of office.

Before the Venezuelan elections in 2002, the United States secretly gave millions of dollars to the opposition party in Venezuela. The National Endowment for Democracy, the international arm of the Republican Party and the International Republican Institute, among others had a hand in anti-Chavez actions. These agencies along with the Venezuelan media, military leaders and politicians who still support U.S. corporate interest in Venezuela, helped lead mass protests days before the election and aided in kidnapping Chavez.

Due to unexpected public support, Chavez was returned within days and has remained in office even after two more unsuccessful coup attempts.

That brings me to current day Venezuela. Hugo Chavez will once again be on the chopping block in December and the world is wondering what will happen in these elections. Since the last three attempts at getting Chavez out of office failed, the Bush administration will have to employ the same dirty tricks as well as come up with some new ones if they want success.

First order is a campaign of hostile rhetoric coming out of Washington that has been ongoing for some time, and is part of a project to justify whatever schemes the Bush administration has cooked up to oust him. It comes in the harshest language and from the highest levels in the administration like from the now fired Secretary of Defense Donald Rumsfeld called Chavez another Hitler and one of the most dangerous and destabilizing forces in the region, or when Pat Roberts tried to justify assassination of Chavez.

After a demonization campaign, the next line of business is enforcing sanctions. We will uphold that Venezuela is not cooperating in the war on drugs and is trafficking humans therefore should be subject to sanctions, even though Venezuela has more than doubled cocaine seizures since Chavez has been in office and has made significant efforts to stop humans trafficking.

Another big step was when the United States created a new international classification, and Venezuela is the only country under it. This classification is for "not cooperating with the war on terrorism." The Bush administration is hard-pressed explaining what this new classification means, and why Venezuela is the only country accused under it. The administration has only responded (fraudulently) that "All the countries on the list are state sponsors of terrorism," even though the United States has never classified Venezuela as a terrorist nation as the world community would be outraged at such a claim.

The next elections in Venezuela are Dec. 6 and it won't be long before the fireworks begin. It now remains to be seen how the latest chapter in the saga of the Bush administration vs. Hugo Chavez will play out. As of now there are still two things in Venezuela: Hugo Chavez and the second-largest oil reserve in the world. For Bush, one has gotta go.

{ Breakfast of champions }



PIRATE RANTS

State loses yet again. I think Chuck the Chest is getting the boot before this rant gets published!

What a game by our football team. I just want to say congratulations to the players and would like to commend our fans for taking over Cater-Finely Stadium and making it more like a home game. We be bowling!

Flame on fantastic four.

Way to go ECU Football team! You restored the Pirate Pride back into our school. To the graduating seniors, you should be proud! Congrats guys.

Driving a busted minivan with missing hubcaps is not cool. You shouldn't compulsively lie about girls liking you when you're not straight to begin with. You owe me a new starfish too.

If I don't get some booty soon, I think I'm going to explode.

Missing you is only as bad as it is because I know you don't miss me. You don't even realize I'm gone.

Taco Bell and spandex aren't friends.

When the package is this pretty, no one cares what's inside.

Because marriage has never changed. Women are still property, black people can't marry white people and divorce is illegal. What makes you think being gay means that a person can't experience love and devotion, as you so eloquently put it, "two dudes hooking up." No, that's what Briney Spears did, and it was perfectly legal for her. God Bless America.

Everyday I wake up, I wonder why they took me off of the medication.

You shouldn't dye your hair blonde so much. It's really bad for it. Go back to brunette!

TEC does a pretty good job of showing both the liberal and conservative sides of issues. The conservatives (simpletons) that wanted to kick gay marriage supporters out of the USA are showing their closed minds.

I love getting to know you.

Sorry about our fight. You are a great friend. Thanks for dealing with my selfishness!

I'm falling hard for you.

SGA - you have to be kidding me. I don't respect you or your President as it is and now you feel the need to tell me how to behave as well. Get a life and shove your new raise that my student fees are paying for up your...

Who are you to tell anyone who they can or cannot marry? You'd be pissed off too if someone told you that you couldn't marry your wife or husband!

Isn't South Africa one of the most unsafe places in the world to live? I would not move there just to have a homosexual marriage. Why do people care so much about complete strangers do with their lives? Let people live and be happy. Does no one care about peace and love anymore?

Does your girlfriend know what we do in the group study rooms?

The cold weather is making me sad. No more girls wearing next to no clothes. Sigh.

Pirate Rants make me smile!

I am a fatty now that Thanksgiving has come and gone, but everyone loves the fat kid!

If TEC can add another Sudoku puzzle... they can definitely print more Pirate Rants!

Airports are so confusing!

I don't know who I like better... McDreamy or McSteamy?

I wonder how many Pirate Rants TEC receives each day? I'd love to see more of them!

I'm not dating a minute man, I'm dating a second man... help!

The only bad thing about North Carolina is that it is in the middle of the Bible belt.

Did anyone else feel bad chanting Chuck is fired at the ECU vs. State game?

ECU should invest in a huge Christmas tree on campus. Or is that not PC?

Over Thanksgiving break, my pet snake escaped from its cage in my apartment complex, and I have no clue as to the snake's whereabouts.

"Winter Wonderland" is on the radio, but I'm wearing flip-flops.

I was just wondering if sorority girls ever get their clothes mixed up... or themselves, even. I mean they all wear the same thing.

To the person who thinks that ECU Greek Life is doomed: You've been misinformed. The rules and regulations are not new; they just were not understood, followed or enforced until now. If you cannot honor and respect the privileges that come with being a part of ECU's Greek life then drop, if you haven't already. There are many other men/women willing to take your place and value it!

To the girl who thought she broke in front of me to get fruit at Todd - you didn't, I promise. But your smile made my day, so thank you.

The ECU parking and transportation department is the most inept and foolish gaggle of rent-a-cops I have ever had the misfortune to deal with. Something has to be done about these animals.

To the guy who paid for my friend's food on Monday in the Croatan, that was probably the nicest thing I've seen in my four years here at ECU. It's nice to know there are still good people out there.

It's OK Chuck, we'll let you work clean up at Dowdy-Ficklen next year.

When I wanted a relationship, the men that I found only wanted to be friends with benefits. Now that I only want to be friends with benefits, the men that I find cling to me like I am the last woman on earth.

If you ask Chuck Norris what time it is, he always says, "Two seconds till." After you ask, "Two seconds to what?" he roundhouse kicks you in the face.

Previously posted: "Greek Life is for those who lack a real life." Correction: "Greek Life is for those who want a better life." Check it out for yourself before making ignorant, stereotypical comments.

Girls are superficial as the Greek girls here at ECU deserve to be tarred and feathered and then used as a piñata at a 5-year-old's birthday party.

To the sorority who kicked out the "sister" that just found out she is pregnant because it would look bad for them... way to show true support and sisterhood. Go sisters!

RANT OF THE DAY

Here's a hint guys: if a girl makes eye contact with you more than once, she's interested. If single, proceed.

No more Holi-P-D-Ays

Get your hands off each other, so I can get back to my shopping

JESSE PENCE
OPINION WRITER

I rather have someone running, yelling down the street obscene vulgarities which you would have thought came out of a Kevin Smith movie or the colorful dialogue of Ari Gold from "Entourage," than to see you grabbing the ass of your girlfriend ten times while shopping.

The holidays are a feeling of joy and love to most everyone. Unfortunately, many times my euphoric holiday feeling is shattered by the sight of people being a little too affectionate with each other on the streets or in a store.

I am not a cold-hearted man, I don't completely mind a peck on the cheek, holding hands or other reasonable things, but most of the time I don't (and I can't imagine many other people) want to see you groping your girlfriend. It makes me want to vomit.

I like to be considerate while I am out. There is more than enough opportunity to show just how much you love one another. Even if you can't keep your hands off one another while you are out and absolutely must show how much you love them, do it a little less conspicuously. The worst is a smug guy who grabs his girlfriend's, wife's or whoever's ass in front of a ton of people, knowing they all saw it and pretends he didn't do it, fully knowing everyone saw it.

When did it become OK to do this in the first place? In my humble opinion it is not showing any respect to the person you are with or to those around you. Anything which, if repeated during the course of a two hour movie, would require an 'R' rating, has no place on the streets, just as a person swearing a blue streak has no place (and would get the offender chastised in public by passer-bys).

Some argue that it really is a way to show the world how much you love the person you are with. Well I am sorry, but my immediate thought that comes to mind when I see over the top PDA is certainly not two people who are in love.

This is the one all encompassing issue. PDA does not discriminate for race, age, sexual orientation, while some might be a little easier on the eyes, it is still not something, which should be acceptable in public. Everyone just needs to be like the cute old couples you always see holding hands walking down the street.

There is a time and a place for groping and over-the-top kissing. That place is not around me and the time is when I am not around.

So this holiday season while you are walking down the street while lightly snowing and all you can think about is the warmth of your lovers body, please, whisper into their ear how you can not wait to get home and show how much you love them and how romantic you can really be; that way I can get my shopping done.

Eight simple cells

The key to saving lives.

JESSICA DUNLOW
OPINION WRITER

It seems that everyone is caught up in the idea that all stem cell research is bad, and that it involves "murdering" young embryos. However, there are so many positives to this scientific discovery that to not pursue the possible ways of perfecting this procedure is unethical.

First, what are stem cells? Stem cells are nature's master cells, capable of generating every one of the many different cells that make up the body. They have the ability to self-renew, which means that they are "immortal" and can continue to divide without end if provided with enough nutrients.

Since they are self-renewing, we should learn to cure as many diseases as possible. According to the International Society for Stem Cell Research, Cancer, Parkinson's disease, Diabetes, Alzheimer's disease, stroke, spinal cord injuries and heart disease can be cured through stem cells. What many people who oppose stem cell research do not know is that it is not only through embryos. There are so many options. Fertility clinics around the world have extra un-used embryos, and President Bush stated that he will allow these "leftovers" to continue to operate, but no government funds will go toward stem cell research. We are a country that is based on compassion and yet we will not take the step to save the very ones that we love?

There are alternatives. For instance, after a baby is born, we need to retrieve the umbilical chord to harvest the stem cells. Through this way of retrieval, we can gather the DNA needed without harming any embryos. These cells will eventually give scientists the ability to grow human organs for those who need transplants. In addition, there is a way that taking a cord-blood (spinal cord) sample of the patient's own bone marrow to regenerate healthy blood cells.

The best alternative is to pursue the idea of harvesting adult cells. Duke University Medical Center utilizes this discovery to help resolve patients' illnesses. That is spectacular, the idea of being on the edge of death, but your own cells, that betrayed you, fixed your problem! Successful stem cell transplants occur every year, and with the longevity of life being accelerated, they even provide patient reunions.

Embryonic stem cells are the first priority. They are the youngest of the cells, and I believe that with the adult cells, there is a shorter life expectancy. Politicians need to take action now, because one of them may need their life saved by an embryo sitting around in a fertility clinic not being used. Stem cells are the key to saving lives. Why is that in question? There should not be a question on whether a person should live, versus the eight tiny cells that could change their life forever.

Stem cells are the future of medicine. Would you want your life to be sacrificed for eight cells? Rather, would your family?

JUST ASK JANE

Need advice? Want answers? Just ask Jane.

Dear Jane,

I am a five and a half year senior who is graduating in December. I absolutely love it here at ECU. In fact, that is probably why I have prolonged graduation. I know this sounds bad, especially since I now pay for my own college. I'm considering intentionally failing a course this semester just to have another five months here. Is there something seriously wrong with me?

Signed,
Still a senior

Dear Senior,

Your case of senioritis is quite different from that experienced by most college students because, in your case, what you want is not to "get out," but to "stay in." Sure, the parties were great and the beer flowed freely, but so did the lectures and the exams and the late night study sessions and the stress of not knowing what the next day would bring... and so do the tuition dollars.

I do not suggest that you fail anything intentionally. I cannot think of a single instance in which failing on purpose would be an acceptable practice. All it means is more money down the drain when you could have been finished with it all long ago and out there making money in your brand-spanking new job.

I know you love college, but think of all the things you'll be delaying, too. Perhaps a new apartment, definitely a new job, new challenges, a new routine, new friends! Think about it this way: Remember those times in which you missed being a child? Remember recess? Snack time at school? Taking naps at school? Your first kiss, maybe? Now think of college: As much as you love certain childhood moments, if you would have stayed that age, you'd never be experiencing what you love so much now.

Now is the time to finish your education and make new memories. Begin a new chapter in life. After all, you can't be the next Van Wilder, plus, it wouldn't do for you to be in college until you're 40. That's a lot of money.

Sarah Bell

Editor in Chief

Rachel King
News Editor

Claire Murphy
Asst. News Editor

Sarah Campbell
Features Editor

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Asst. Features Editor

Eric Gilmore
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Greg Katski
Asst. Sports Editor

Sarah Hackney
Head Copy Editor

Zach Sirkin
Photo Editor

Rachael Lotter
Multimedia Web Editor

Jennifer Hobbs
Production Manager

Newsroom

252.328.9238

Fax

252.328.9143

Advertising

252.328.9245

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Horoscopes:

Aries
You're anxious to get going but there's work to be done first. The more attention you pay to this job now, the better off you'll be later. It does matter.

Taurus
Gather up the goodies, without drawing attention to yourself. Don't provoke jealousies by bragging; that could have disastrous results.

Gemini
Conditions are more difficult now, so carefully watch what you're doing. Hold yourself to high standards, and you'll minimize errors your own and everyone else's.

Cancer
You're naturally taking on more and more, but are you getting respect? Don't let people pile the work onto you; ask for it and take credit for it.

Leo
Stash away as much as you can, and you can buy more free time. Think of it as a game where you can insure that you'll be the winner.

Virgo
As others notice how well you take care of their problems, they'll seek you out. They'll remember you and try to get you to do more. Ask for the raise in pay then, not now.

Libra
As you realize what's required, try not to be intimidated. You don't have to know how you'll do it, yet. You're a quick learner.

Scorpio
A person you care very much about has a lot of expensive requests. Don't say you will. Set up a time to discuss them, much later.

Sagittarius
Not everybody goes along with everything you try. You're very persuasive when you want to be. Use those skills now.

Capricorn
The more you study the more you'll be able to avoid trouble. You often learn by making mistakes but you can outgrow that. Proceed with caution.

Aquarius
You're good at networking. You know who has what and where the needs are. Investigate new leads and take careful notes. You'll use this information.

Pisces
You have to be rather sensitive now, to other people's feelings. Luckily, you're naturally polite and sympathetic. They'll really appreciate that.

Campus Events:

Wednesday, Nov. 29
Russian Film Series: "Russian Ark"
Bate 2011 at 6:30 p.m.
SGA Presents the Success for Life Workshop: Making the Grade
Bate 1032 from 7 - 8:30 p.m.

Thursday, Nov. 30
Study Abroad Information Session
Bate 1028 at 7 p.m.
Coffeehouse/Open Mic
Pirate Underground at 7 p.m.

Friday, Dec. 1
World Fest
Mendenhall Student Center at 4 p.m.
The Never
Pirate Underground at 7 p.m.

Finals are fast approaching

Are you ready?

SHANNON DAVIS
STAFF WRITER

As the end of the semester approaches most students are swamped with final exams and papers. This time of the semester tends to be overwhelming and stressful for both the students and instructors.

A quick way to alleviate any unnecessary stress is to prevent the dreaded plague called procrastination; putting off a final project or paper is the last thing you want to do during finals week. Procrastination ails most students during midterms and finals, but there are ways to keep it at bay. The best solution to this universal problem is time management. Maintaining a calendar or an agenda will help with proper time management. Writing the due dates down for various assignments and test dates will reduce the guessing games many students put themselves through when they do not know when something is due or when a test is scheduled.

It will behoove many students to study for a potentially challenging exam ahead of time, as opposed to the night before because this will lighten the workload, therefore avoiding superfluous anxieties.

For those who tend to distract themselves with various objects and personal thoughts perhaps studying with a partner or a full study group is the best bet. Every student has their own strength and weakness in a class. When students come together to collaborate their notes they each add to the dynamic of the study group.

Study groups are best for people who require reinforcement of their knowledge of class



Joining a study group is a great way to gather important information that you may have missed throughout class.

materials. The major benefit of study groups is that students can discuss their course information with one another and hash out any uncertainties, which is impossible to do alone.

Another helpful tip to studying for exams is to make an outline or note cards. An outline and note cards are useful because they are essentially a guideline of pertinent information expected to be on an exam. Writing the infor-

mation down is often an excellent mechanism for long-term retention of the course material.

For rote memorization it is sometimes helpful to use a mnemonic device. A mnemonic device is the use of common, everyday words or phrases to help memorize lists of words or complex phrases.

It may be too late for this semester, but one of the best ways of studying material is to

use highlighters to highlight the important sections of the book as they are read throughout the course. That way, when you go back at the end of the semester, the most important information will stand out and it will not be as hard to sort through pages of information.

Regardless of your personal study habits, final exams are right around the corner and with them there comes stress and the pres-

sure to do well.

Do not be overwhelmed by this end of semester event because if you start your study process now you will be as well prepared as possible when it comes time for the exam. By avoiding procrastination and allowing ample study time you should be all set for final season.

This writer can be contacted at pulse@theeastcarolinian.com.



Stress can leave you feeling exhausted at the end of the semester, just when you need rest.

Catch some Zzzs before exams

Keys to sleeping better

SARAH CAMPBELL
FEATURES EDITOR

College students are in the age group most susceptible to sleep deprivation. Staying up into the wee hours of the morning, waking before the sun rises and pulling "all nighters" have become a commonality for students. Although it is impossible in most cases to devote more time to sleeping, there are ways to take advantage of the sleep that you are getting.

One of the most important steps in getting the most out of a night of sleep is establishing a routine. If you go to bed around the same time every night, your body will adjust to the cycle you have created, thus you will be able to fall asleep faster than if you go to sleep at a different time every night.

For college students, setting a bedtime might seem like an impossible task, but believe that the feeling of refreshment is well worth it. Another easy way to get the most out of a good night's sleep is by banishing caffeine from your diet for several hours before bed. Drinking or eating anything with caffeine alerts your body and doing so right before bed could keep you up hours longer than planned.

Drinking alcohol before going to bed may help you fall asleep faster, but the problems associated with it ensure that you will wake several times during the night. Stay away from alcoholic beverages if you want to devote a full night to sleep because it will leave you tossing and turning for a good part of the night. Not to mention getting up to go to the bathroom for a variety of reasons.

Use your bed only for sleeping. If your body associates your bed with doing other activities such as studying or watching television, it may become harder for you to fall asleep. Only sleeping on your bed allows you to recognize that it is time to sleep when you lay down, therefore causing you to fall asleep faster and stay asleep longer. Try buying a comfy, collapsible chair to sit in when you are studying or watching TV so that you can still have somewhere comfortable to sit but it will be somewhere that doesn't take up too much room and will not disrupt your sleep patterns.

Do you ever sleep with the television or computer on all night long? Well, leaving these two things on can deplete the quality of sleep you are getting. The light from them keeps you from achieving a deep sleep, which is needed

see SLEEP page A5

This week in health: Seasonal Depression

More than just the winter blues

STACY DAIL
STAFF WRITER

Although we are still getting a taste of warm weather, we all have to face the fact that winter is approaching accompanied by warm sweaters and thick coats to keep us warm on the coldest nights.

Many people go about their everyday lives fairly unaffected by the change in temperature, while others suffer silently from seasonal depression.

Seasonal affective disorder occurs each year, usually starting in the fall and ending in early spring or summer. This disorder affects four to six percent of Americans. Over three-quarters of SAD sufferers are women between the ages of 20 and 40, but it can also affect children, especially those living in higher latitudes where there are extreme season changes.

The cause of SAD is not known, but researchers have suggested that it deals with the availability of sunlight. Only about one percent of people are diagnosed with SAD in Florida, as opposed to Alaska, where nearly 10 percent of the population suffers from the disorder.

A simple explanation for this phenomenon is that those living in Alaska are exposed to less sunlight. This decrease in sun exposure can cause their biological clock, which regulates things such as mood, sleep and even hormones, to slow down.

In order to reset the biological clock, those with SAD must be exposed to light. The most common solution for this problem is light therapy. Those with the disorder eat, read and do daily activities sitting two to three feet away from light that contains white fluorescent bulbs.

No worries, the device does block ultraviolet light by a screen, but side effects such as irritability, headache and eyestrain may occur.

In addition to light therapy, antidepressants are another common treatment. Perhaps the easiest form of treatment is to spend time outdoors and increase the amount of time in sunlight.

Seasonal depression is much more serious than "cabin fever" or the usual "winter blues," and can, like any other depression, affect a person's entire life and the lives of those around them.

see DEPRESSION page A5

PERSONAL TRAINER

to lift the winter blues

Many people feel depressed and run-down during the dark days of winter. Seasonal affective disorder (SAD) affects about 10% of people in northern areas and 2% of those in sunny regions. Exposure to bright light relieves it. Regular exercise also helps.

SAD is a temporary period of depression produced by disruption of the body's daily circadian cycles.

Common symptoms:

- Carbohydrate craving
- Lethargy
- Excessive eating
- Excessive sleeping
- Sadness

Most effective treatment: Seeing the light

Physicians often recommend spending 45 minutes to 2 hours daily in front of a table-top electric light box that produces "full spectrum" light similar to sunlight.

← 2 to 3 feet →

Lift your eyes

Getting outdoors, especially in the morning, can also help.

For the greatest benefit, light cloud-covered - n

Retina

CAUTION!

Looking directly at the sun can cause permanent burns on your retinas

Reflected light

How exercise helps

NOTE: People who are deeply depressed, to the point of having thoughts of harming themselves, should get medical advice.

SOURCES: Current Medical Diagnosis and Treatment 1996, Columbia-Presbyterian Medical Center.

DEPRESSION continued from A4



Try getting plenty of exercise and increased sun exposure to help your mood.

Symptoms of winter SAD include fatigue, tiredness, decreased energy, increase in appetite causing weight gain, as well as difficulty concentrating and the need to be alone.

Those who have these symptoms are advised not to assume that they have seasonal depression, but first see a doctor for an in-depth assessment.

Although not as common as winter SAD, there is a rare form of SAD, called summer depression, which begins in late spring and ends in early fall. Symptoms to this type include decreased

appetite causing weight loss and a decrease in sleep.

Living in North Carolina where the weather isn't exactly on the extreme side is a good thing when it comes to developing summer or winter SAD. So, be thankful for our weather, and enjoy the last bit of warm sunny days before the cold weather settles in.

For more information about SAD including a list of causes and more treatment options log on to the Website webmd.com.

This writer can be contacted at pulse@theeastcarolinian.com.

SLEEP continued from A4

to feel rested and rejuvenated the next morning. This deep sleep, which is called rapid eye movement sleep, is where the feeling of being rested actually comes from. If you disrupt it, your body will not feel much rest.

A common misconception is that working out right before bedtime will tire you out, thus help you fall asleep quicker. Working out just before going to bed wakes up your body and causes you to stay awake longer.

You should work out a couple of hours before bed in order to give your body to proper amount of time to calm down so that you can fall asleep when you are ready to sleep, rather than when you are able.

With exams coming up and final projects being due students are more likely to become even more sleep deprived than ever in the coming weeks. However, by making these adjustments to their routine students can get the most out of their sleep. You are busy and need rest, even if it seems like you don't have the time.

Think about it this way - if you take some time each day for sleep, you will have a decreased chance of getting sick. Preventing illness will help you avoid having to waste two days or more getting well again.

This writer can be contacted at pulse@theeastcarolinian.com.

Personal Trainer

Stretch out tension at bedtime

A person who has trouble falling asleep may have gone to bed with tense muscles; some slow, gentle stretches will help relax them.

Wall roll-down Start with back against wall. Roll forward; let arms hang; gently roll back up wall.

Shoulder roll Start with arms in front. Rolled towel. Inhale as you lift over head; do not force; exhale and return to front.

Lying side bend Lie face-up on back with legs, arms in X-shape. Pull left arm and upper body toward right with right hand. Cross left ankle over right. Body makes crescent shape. Repeat on other side.

12 in. (30 cm)

Photo by Zach Siskin

...the cure.

1-800-ACS-2345 or cancer.org

Ad Council



The Gray Gallery might be a place to find some unique holiday gifts.

Holiday exhibition opens

Student artwork for sale

JENNY AYERS
STAFF WRITER

If you are looking for something with a creative twist to give your loved ones this holiday season, make your way over to the Jenkins Fine Arts Center where art students will be selling everything from jewelry to prints.

Not only will you walk away with a unique, thoughtful gift, but you will be supporting your fellow students as all proceeds benefit the art guilds and artists of the School of Art and Design.

The holiday exhibition will be held in the Wellington B. Gray Gallery Thursday, Nov. 30 through Saturday, Dec. 2.

Gift items include jewelry, scarves, wood and metal sculpture, paintings, prints, ceramics and much more. All items in the exhibition will be for sale. The hours of the sale are 9 a.m. - 8 p.m. on Nov. 30; 9 a.m. - 9 p.m. on Dec. 1 and 9 a.m. - 2 p.m. on Dec. 2. All are welcome to attend.

If you're looking for unique gifts this holiday season, stop by the art building this week while you're on campus and scope out the goods created by our very own art students.

Months or even years in the making, these gifts are certainly one of a kind and you'll be able to find something for anyone on your list.

This writer can be contacted at pulse@theeastcarolinian.com.

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Sports

{ECU's Inside Source}

BY THE NUMBERS

760

Number of receiving yards for Chris Johnson in his collegiate career, setting a new school record for receiving yards by a running back; Johnson set the record in the first quarter of the ECU-N.C. State game with a 15-yard reception, and has 20 receptions for 168 yards on the year

246

Points allowed by ECU on the season, after the Pirates gave up just 16 points against N.C. State; this season's point total is the lowest given up by ECU since 2000 (229)

3

Number of victories for ECU in November, pushing the team towards a bowl berth; it is the first time the Pirates have had three wins in the month since 1997 (beat Louisville, Houston and Cincinnati)

7.4

Average assists per game for ECU point guard Darrell Jenkins through the first five games of the season, ranking first in C-USA; Jenkins had five assists against North Carolina Central

24.5

Average points per game for North Carolina Central guard Brian Ayala in the first two games of the season; the Pirates held Ayala to two points on 1-9 shooting in 36 minutes

1,731

Number of rushing yards given up by the Pirates defense this season, after giving up 107 yards to N.C. State; ECU's defense gave up the least amount of yards on the ground since the 2001 season (1,628)

Pirates shut down Wolfpack



Steven Rogers hauls down one of his three receptions and stiff's arms a Wolfpack defender. Rogers was one of nine receivers who competed a pass from James Pinkney on Saturday.

Win at Carter-Finley Stadium gives ECU seventh win

RON CLEMENTS
SENIOR WRITER

When the goalposts were lowered at Carter-Finley Stadium with 14 seconds still left on the clock, it set off a celebration felt from Raleigh to Greenville.

ECU beat N.C. State, 21-16, Saturday night to close the regular season and secure a bowl bid for the first time since 2001.

"I can't be more proud of these seniors," said Holtz. "I thought the defense was awesome. They stepped up time and time again and they were great. They knew we needed this win for a bowl game. I'm so excited to go

bowling. Tonight's win is about the guys in the locker room. They did such a great job and I'm so proud of all of them."

The win, coupled with Southern Mississippi's 42-7 thumping of Marshall, does not land ECU in the Conference USA Championship game, but does put them in position to be a likely selection by the PapaJohns.com Bowl in Birmingham on Dec. 23.

Taking advantage of an aggressive N.C. State defense, ECU stole momentum right before halftime and never looked back as the Pirates won in Raleigh for the first time since 1999.

Responding to an N.C. State field goal to give the Wolfpack (3-9) a 10-7 lead with 34 seconds remaining in the half, James Pinkney connected with Amirae Allison 20 seconds later for a 53-yard touchdown strike and ECU went to the locker room with a 14-10 lead.

"It was huge," said Allison of his touchdown. "I knew it was going to be hard for them to move the ball in the second half because we took the momentum. James put it right on there. I told him to squeeze it right in there and he did."

Allison beat Jimmie Sutton, who went for the interception, then sprinted the rest of the way to out-run the State secondary to give the Pirates the lead and the momentum heading to the locker rooms.

"We didn't make the plays we needed to, and we had opportunities for six interceptions," said N.C. State coach Chuck Amato. "If we had gotten one, it could have changed the game."

The Pirates (7-5) did not turn the ball over once as Pinkney threw for 220 yards on 14-of-29 passing and two touchdowns while Brandon

Fractionis ran for 92 yards and the game-winning touchdown. Pinkney completed passes to nine different receivers, finding Allison and Steven Rogers each three times.

"I thought James was really dialed in," Holtz said. "He was focused and Brandon Fractionis was awesome. He broke tackles, and he read plays. He just played really well. That shows how bad he wants it."

The Pirates were able to salt the game away as a Ryan Dougherty punt pinned the Wolfpack deep inside their own territory. The Pirates pressured N.C. State quarterback Daniel Evans and Nick Johnson knocked down the third down pass.

Following a first-down catch by Rogers and a long run by Dominique Lindsay, Fractionis got around the

see FOOTBALL page A7

Bowl Possibilities

With the win against N.C. State, ECU assured their first bowl since the GMAC Bowl in 2001. Conference USA has five bowl tie-ins and the Pirates will likely not know their destination until after Friday's C-USA Championship game when Southern Miss travels to Houston. Speculation has been rampant, but the most likely scenarios have the Pirates either traveling to Birmingham or Mobile, Ala. For ECU, the worst case scenario would be that the GMAC Bowl picks Tulsa, giving the PapaJohns.com Bowl to Southern Miss and the Bell Helicopter Armed Forces Bowl to Rice.

Second-half surge lifts Pirates over NCCU

They said it

"I was really concerned about their return game and I said if we could get good field position on our first punt, I wanted to run a fake," said Holtz. "I want to get them to where they're not coming after us, so even if we miss it, we've got them on their heels."

-Skip Holtz, ECU head football coach

"The biggest thing we wanted to do was contest shots. Naturally, we wanted to be able to hold a guy who was scoring close to 25 points per game under his average. We had a lot of different guys guarding him, but I think the biggest thing was when he (Ayala) was able to shoot the basketball, to be able to get to him quickly and contest his shot. I think we did a pretty good job of that."

-Ricky Stokes, ECU basketball coach



Darrell Jenkins drives on NCCU.

Captain leads way with 16 points

RON CLEMENTS
SENIOR WRITER

The ECU men's basketball team completed a near-perfect sports weekend Sunday afternoon.

The Pirates used a second-half surge to run past North Carolina Central, 66-47, at Minges Coliseum to improve to 4-1 on the season.

Before the men's game, the ECU women upped their mark to 2-1 with a 76-41 win over Florida A&M, in which Cheryl Mills led all players with 23 points and 10 rebounds Saturday night, the ECU football team beat N.C. State, 21-16.

ECU handed N.C. Central (2-1) its first loss of the year by holding the Eagles to 36-percent shooting from the floor. The Pirates kept Central's leading scorer, Brian Ayala, in check. Ayala came in averaging 24.5 points per game, but scored just two on Saturday.

"The biggest thing we wanted to do was contest shots," ECU coach Ricky Stokes said. "Naturally, we

wanted to be able to hold a guy who was scoring close to 25 points per game under his average. We had a lot of different guys guarding him, but I think the biggest thing was when he (Ayala) was able to shoot the basketball, to be able to get to him quickly and contest his shot. I think we did a pretty good job of that."

The Pirates never trailed as Courtney Captain, who finished with a team-high 16 points, nailed a 3-pointer on ECU's first possession. Drew Johnson led the Eagles with 16 points and eight rebounds.

The try by Captain, who also had six rebounds and three assists, was the first of 20 attempts from downtown as the Pirates relied on their perimeter shooting to win.

The Pirates, and the Eagles, shot poorly in the first half. ECU was 29 percent from the floor while NCCU was 32 percent. A low-scoring first half came to a close with ECU holding a 23-17 edge.

After halftime, the Pirates went on a tear, shooting 57-percent from the floor and 6-of-9 from 3-point land to outscore the Eagles, 45-30.

see BASKETBALL page A7



Former Miami Head Coach Butch Davis is introduced at UNC.

With disappointing season now over, Tar Heels become Butch's team

(AP) — North Carolina's season began with the "New Blue." It ended with a new coach.

And in between, there were plenty of the same old struggles that plagued the Tar Heels during the past several seasons and wound up costing coach John Bunting his job.

Now, the Butch Davis era in Chapel Hill begins Monday, two days after North Carolina wrapped up a 3-9 season with a 63-44 win over rival Duke.

The Tar Heels closed the campaign with consecutive victories against two big rivals after also beating North Carolina State in just the kinds of inspired efforts that had them been put forth earlier in the season, might have kept Bunting employed at his alma mater.

"If we played with this type of energy and consistency all year

long, we'd probably be heading to a bowl game," quarterback Joe Dailyby said. "But it's a great springboard for next season."

Hopes were high back in the pre-season when Dailey, a Nebraska transfer, was named the starter and the seniors chose the "New Blue" motto to reflect a renewed commitment to reversing North Carolina's woeful fortunes.

Instead, it was more of the same old results for the mistake-prone Tar Heels, who opened with a loss to Rutgers that in hindsight looked better as the season developed, then were dominated by Virginia Tech before beating Furman for their only victory until late November.

By that point, it had become evident that the Tar Heels would

see UNC page A7

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FOOTBALL continued from A6

right corner and scampered 12 yards into the end zone to give the Pirates a 21-10 lead with 2:37 remaining in the game.

"We went to work and played hard and knew we had to get it done," said Fractious, who ran for 83 yards in last week's loss to Rice, but did not carry the ball at all in the second half. "It's been a long time since we were able to go bowling and now we're doing it and it's exciting."

The Pirates ran for over 100 yards in the second half as ECU's offensive line, playing without injured starting left tackle Eric Graham, was able to take over.

"There were times when they looked like we reshuffled them around this week, but for the most part, they did a good job," Holtz said.

ECU did not move the ball well on the ground in the first half. N.C. State limited the Pirates ground game to 23 yards and just seven by Fractious on five carries. The Wolfpack, conversely, ran for 63 yards while only netting 50 in the second half.

"It's hard to put a finger on what changed in the second half," Amato said. "They woke up and started using three linemen to create problems for our passing game. We should have stayed with the run because it was such a close game."

N.C. State was unable to pick up a first down in the third quarter with four straight three-and-outs. The Pirates were unable to capitalize on the good field position as the Wolfpack got continuous pressure from their front four led by Tank Tyler. The ECU receivers could not find holes as the N.C. State secondary did its part to knock down Pinkney.

The Pirates were finally able to get something going following Deraney's fourth punt of the quarter. A 15-yard return by junior cor-

nerback Travis Williams gave ECU the ball at the N.C. State 49 and, on the next play, Fractious broke a tackle and ripped off a 26-yard run.

Stalling in the red zone again, the Pirates had to settle for a short field goal, but Robert Lee continued his struggles and missed a 24-yarder.

The Wolfpack tried to capitalize on the miss, but had some trickery go against them as a reverse pass by Marcus Stone was picked off by Kasey Ross at the ECU 36.

The game didn't go ECU's way to start as the Pirates opened at their own 13. Pinkney ran a quarterback bootleg on the first play from scrimmage for a seven-yard pickup and an N.C. State offsides penalty gave the Pirates a first down. Pinkney then hit a wide-open Kevin Roach for a 19-yard gain near midfield. The drive stalled from there, and a failed fake punt gave the Wolfpack the ball at midfield.

"I was really concerned about their return game and I said if we could get good field position on our first punt, I wanted to run a fake," Holtz said. "I want to get them to where they're not coming after us, so even if we miss it, we've got them on their heels."

It looked like the call was going to cost the Pirates dearly because four plays later, State found the end zone.

A blown coverage allowed N.C. State to convert a third-and-3 with a 41-yard pass from Daniel Evans to Darrell Blackman down to the 2. Tony Baker ran it in from there and the Wolfpack took the early lead, 7-0.

"I'm not sure what happened," said Williams. "Things happen like that and we just had to bounce back from that and not let it beat us the next play."

The Pirates tried to respond on their ensuing possession, but were forced to punt and N.C. State took over at its own 19.

A 23-yard pass from Evans to Anthony Hill appeared to have N.C. State poised to march again, but the ECU defense stiffened as Pierre Bell took down Baker short of the first-down mark. Bell had missed a tackle on Hill three plays prior to allow the big gain.

The first quarter came to an end with the Wolfpack laying the lumber, with both legal and illegal hits. State's Tank Tyler was drawn offsidely by a false start, but the big defensive tackle knocked Pinkney to the turf, resulting in a personal foul. After Brandon Fractious was snuffed for a four-yard loss, Pinkney found Steven Rogers for a 44-yard pickup down the State sideline to open the second quarter and the Pirates were set up inside the N.C. State 30.

Another Wolfpack personal foul on John Anianchukwu put the Pirates inside the red zone and a two-yard pass from Pinkney to Jay Sonnhalter on third-and-goal knotted the game, 7-7, less than three minutes into the second quarter.

Both teams traded punts on their next two possessions, with a 55-yard punt by Ryan Dougherty pinning the Wolfpack inside their own 20. Dougherty later booted a 60-yard punt in the third that pushed State back to its own 16. On the day, Dougherty averaged 43.6 yards on seven punts.

ECU had a lot of angled kicks and punts to take away N.C. State's return game and the dangerous Blackman. Blackman leads the Pack in returns and has a kick and punt return for touchdowns this year.

"The punt team may have won this game for us," Holtz said. "It was one of the differences in the game and Ryan made a difference for us tonight." Aside from its first possession,



Senior running back Brandon Fractious dominated the second half against N.C. State, racking up 92 yards.

N.C. State was deep inside its own territory most of the game as the ECU special teams kept the Wolfpack at bay.

"Field position was an advantage for them," said Amato, whose job security is in question at State. "They were always starting outside the 40 in the second half. We weren't able to get done what we needed to and we couldn't get points on the board."

The Wolfpack just fed their running backs late in the second quarter to move the ball down the field as both Baker and Brown picked up yards in five-and-six-yard increments. The runs softened the ECU secondary as Travis Williams and Kasey Ross

were beaten for first-down gains to give State the ball at the ECU 24. Baker finished with 52 yards on 13 carries while Andre Brown picked up 42 on 12 attempts.

A slip by N.C. State's John Dunlap cost the Wolfpack a first down and they had to settle for a 34-yard John Deraney field goal to take the 10-7 lead.

Several players found it hard to get their footing on the Carter-Finley Stadium turf, especially Chris Johnson, who slipped and fell three times in the first quarter. A slip by Leon Best cost the ECU sophomore cornerback an interception late in the first.

Bobby Good played for the first time in five weeks

for the Pirates, and had several passes thrown his way, but was unable to catch any. Good had been out with a broken foot.

N.C. State added a late touchdown on a Jamelle Eugene run with 19 seconds remaining, but the Purple-Gold chants had already begun as the ECU contingency overtook the crowd of 54,264.

"They were going Purple and Gold, they were in both end zones and those upper tiers, and the crowd was awesome," Holtz said. "There were times in the second half where it was loud enough and it was like a home crowd for us."

This writer can be contacted at sports@theeastcarolinian.com.

BASKETBALL continued from A6

While ECU finished 8-of-20 behind the arc, Central was just 1-of-14.

"The first half, we weren't making shots," Captain said. "We had a lot of open shots, but we just kept shooting. There wasn't anything to stress except making shots. We were playing good defense, but we were just missing shots. [Coach Stokes] told us to just relax and make the open shot. Just keep shooting."

After an 8-2 run to open the game, the Pirates went cold, going scoreless for six minutes until Gabe Blair put back a Jeremy Ingram miss to put the Pirates back up, 10-8. Blair finished with six points and a team-high seven rebounds. The 6-8 freshman from King's Mountain also had a team-high three steals.

A big dunk by Billy Wilson early in the second half on a putback cut the ECU lead to three points and appeared to get the Eagles back into the game.

Once N.C. Central cut the lead to two, Captain pushed the lead back up to eight with a pair of

threes. Sam Hinman added a pair of threes himself, one from NBA range, as the Pirates built a 12-point lead while going on a 14-3 run before a timeout was called.

A Jeremy Ingram dunk followed by a 3-pointer from the Kingston native energized the Pirates and the crowd at Minges Coliseum. When Fields slammed home a miss and Blair threw down on the next possession, the Pirates had a 19-point lead with seven minutes remaining.

"I thought in the second half when we made some shots, we kind of relaxed a little bit," Stokes said. "Things opened up for us. We continued to defend and got some easy baskets in transition. I think you play harder defensively when you're making shots."

Fields blocked five shots in the game, including three in the game's first two minutes, and is developing a reputation as defensive force. The 6-9 freshman also scored 10 points while hauling in five rebounds.

three on the offensive glass. "I came here to play defense and rebound, but now I'm adding a little scoring threat to my game," Fields said.

N.C. Central, which is making the jump from Division II to Division I next year, could not run with the Pirates in the first-ever official meeting between the schools, and turned the ball over 17 times.

"I was glad that Coach Stokes and [Mack] McCarthy gave us an opportunity to play here," NCCU coach Henry Dickerson said. "They took a risk in playing us. They've got some good, athletic people and I thought we played hard. But a game like this lets your Division II kids know what Division I is all about."

The Pirates are off until Saturday when they travel to Liberty for a 7 p.m. tip and the next home game is Dec. 9 against South Florida.

This writer can be contacted at sports@theeastcarolinian.com.

Kevin Roach named to C-USA All-Academic team

(SID) — Houston's Wade Koehl and Tulsa's Paul Smith were unanimous Conference USA Football All-Academic selections, as voted upon by the school's sports information directors and released by the league office Monday. Memphis and Tulsa each had two representatives on the inaugural squad and nine of the 12 C-USA institutions are represented on the prestigious list. The all-academic team consists of 11 student-

athletes that have earned a 3.2 cumulative grade point average or better and are a starter or key reserve on the volleyball team.

Kevin Roach of ECU and Travis Cooley of Southern Miss are currently working on their master's degrees. Roach's focus is in accounting and holds a 3.44 GPA. He was recently named to the 2006 ESPN The Magazine/CoSIDA Academic All-District III first team and has been a C-USA Commissioner's Honor

Roll member four times. Roach ranks fourth on his team in receiving yards and receptions. Cooley has a 3.65 GPA in human resource management. He was an All-Conference USA second-team member in 2005 and is part of ECU's offensive line that is No. 3 in C-USA and No. 33 in the nation in rushing offense.

Roach and three others are finalists for ESPN The Magazine/CoSIDA Academic All-America honors.

2006 CONFERENCE USA FOOTBALL ALL-ACADEMIC TEAM

Name	Year	School	GPA	Major
KEVIN ROACH	SR.	ECU	3.44	ACCOUNTING (GRAD)
WADE KOEHL	SR.	HOUSTON	3.52	ACCOUNTING
RUSTY CLAYTON	SR.	MEMPHIS	3.61	CRIMINAL JUSTICE
BRANDON PATTERSON	SO.	MEMPHIS	3.73	FINANCE
THOMAS MORSTEAD	SO.	SMU	3.55	MECHANICAL ENGINEERING
TRAVIS COOLEY	SR.	SOUTHERN MISS	3.65	HUMAN RESOURCE MGT. (GRAD)
MICHAEL PURCELL	SR.	TULANE	3.64	FINANCE
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UNC continued from A6

have trouble taking care of the ball, keeping other teams out of the end zone and generating yards. North Carolina finished the season ranked 101st nationally in total offense, 104th in scoring defense and tied for 11th in turnover margin, and no ACC team threw more interceptions than the Tar Heels' 18.

Bunting was fired Oct. 22, midway through a seven-game losing streak that dropped the Tar Heels' record to 1-9 before their two season-ending victories over the Wolfpack and Blue Devils.

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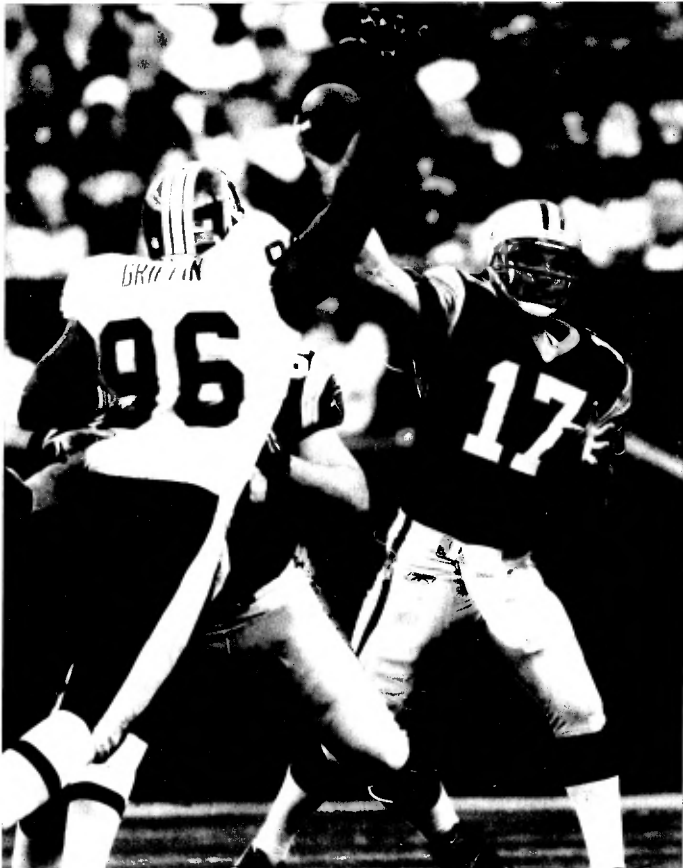
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Delhomme not to blame



Jake Delhomme throws a screen pass in the face of Redskins defensive tackle Cornelius Griffin.

(AP) — Jake Delhomme is getting too much of the blame for Carolina's offensive woes and will remain the starter, coach John Fox said Monday.

"When you drop back to pass the ball it's a team effort," Fox said a day after the Panthers mustered only 264 yards in a 17-13 loss to Washington, which has the 30th-ranked defense.

"Whenever you don't play well enough to win I'm not sure it's one guy. It's definitely not just Jake."

Delhomme was 29-of-38 for 168 yards, one touchdown and two interceptions against the Redskins. His second pick was costly. On first down from the Washington 41, Delhomme was pressured and his badly overthrown pass for Steve Smith into double coverage was caught by Washington safety Sean Taylor with 2:09 left.

"I got hit and it obviously didn't go where I thought it was

going to go," Delhomme said. "But they were playing coverage to him all day long, maybe once or twice they didn't. He was running and I was trying to throw it down the seam. I didn't anticipate it to go there. But I was giving him a chance on that play."

"That's why that [throw] looked like a kickoff."

The loss against the down-trodden Redskins dropped the Panthers (6-5) a game behind New Orleans in the NFC South and continued a maddening, inconsistent season.

Delhomme has 12 touchdown passes, nine interceptions and a passer rating of only 78.7. But Fox said that, barring injury, he'll remain the starter ahead of Chris Winke.

"I think he's proven he's the right guy," Fox said. "Until he proves otherwise, we'll stay the same. I can't sit here and predict

the future, but I don't want to give any inclinations that we're thinking about changing the quarterback. We evaluate as we go with everybody, but I think it's not all Jake's fault that we lost the five games or all because of him that we won the six. It's been a team effort. By no means can we stick it all on the quarterback."

Delhomme has struggled with his accuracy all season, but the Panthers have also been plagued by a lack of a running game. When left tackle Travelle Wharton was lost to a season-ending knee injury in Week 1, the Panthers were forced to make major changes on the offensive line. While the Panthers did rush for a franchise record 242 yards against St. Louis, the team was held to 101 yards Sunday and Delhomme was pressured all day.



Chuck Amato was removed as N.C. State head football coach following the team's loss to ECU on Saturday.

N.C. State chucks Amato

(AP) — In the end, Chuck Amato couldn't just shrug off all the criticism of his up-and-down North Carolina State program.

The school fired Amato on Sunday, a day after he completed his seventh season at his alma mater. The former Wolfpack linebacker had a 49-37 record at the school and led the team to five bowl games, but his squads were 25-31 in the Atlantic Coast Conference and never finished higher than fourth.

N.C. State (5-9) lost seven straight games this season to finish with a losing record for the second time in three seasons since quarterback Philip Rivers went to the NFL. On Saturday, the Wolfpack finished the season with a 21-16 home loss to East Carolina.

After the game, Amato was asked if he expected to be back for an eighth season.

"Why not?" he said, following a two-year pattern of deflecting criticism with barrel-chested bravado.

In a statement Sunday, athletic director Lee Fowler credited Amato with helping to improve the program's football facilities and ticket sales, but said a change was needed. He said a search for a replacement would begin immediately.

"No Wolfpack fan can question the excitement and enthusiasm that Chuck Amato brought to the N.C. State football program when he came here in 2000," Fowler said. "However, because the results on the field in two of the last three seasons have fallen far below where we feel our program should be at this

point, we have decided to take the program in a new direction."

Amato, who had three years remaining on his contract, said he was disappointed by the decision but proud of what he accomplished during his tenure.

"My vision was to take this program to places that it had never been before in 100-plus years of playing football," he said in a statement. "I didn't come here to use this job as a stepping stone like many others have or would. I wanted to surround myself with people who would help me stretch my vision and not choke my dreams. This is obviously a disappointing decision for me, but I would never do anything to hurt North Carolina State University."

Amato met with the players Sunday night at Carter-Finley Stadium; most emerged from the meeting dejectedly and declined to comment.

"It's disappointing," said Curt Cignetti, Amato's tight ends coach and recruiting coordinator. "I think Chuck did a lot of great things for this program and right now I really feel for him."

Ernest Jones, a junior linebacker, said Amato was positive as he addressed the players and offered his best wishes. Jones said the Wolfpack's struggles this year shouldn't be blamed entirely on Amato.

"It's not only the coaches' fault, but the players," Jones said. "We let the coaches down, so it's coaches and the players also."

From the day Amato arrived after 18 years as an assistant to Bobby Bowden at Florida State, he talked of building a program

that would contend for conference championships and more. Soon, Carter-Finley underwent about \$87 million in renovations and upgrades, from the construction of the 103,254-square-foot Murphy Center to house the football offices and the four-story Vaughn Towers with press and luxury seating, as well as permanent seats that howled in the last open end of the stadium for this season.

Behind Rivers, who rewrote the school's passing records, the Wolfpack went to bowl games in Amato's first four seasons. The highlight was an 11-3 campaign in 2002 that included a top-10 ranking and a Gator Bowl win against Notre Dame.

But after Rivers graduated, the Wolfpack suffered its first losing season under Amato at 5-6 in 2004. Then, the Wolfpack bounced back from a bad start and won five of six to close the year with a win against South Florida in the Meineke Car Care Bowl. But with each loss, the criticism seemed to increase even as Amato shrugged it off.

When asked this season whether he felt he was on the hot seat, Amato quipped, "The hottest seat I've been in is when I drove my 1969 Corvette from my house to this football office on a Sunday and it was 98 degrees and I don't have air conditioning."

His program looked poised to take another step this season when the Wolfpack beat Boston College on a last-second touchdown pass and rallied to beat Florida State in a pair of nationally televised games. But the 24-20 win against the Seminoles on Oct. 5 was Amato's last.

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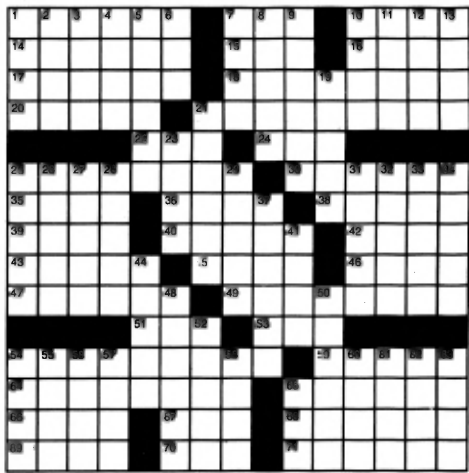
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- 1 Out of order
 - 7 Guy's date
 - 10 Notoriety
 - 14 City on the Rio Grande
 - 15 GI's recreation provider
 - 16 Nights before
 - 17 Asian apes, casually
 - 18 Make familiar
 - 20 Hundred: pref.
 - 21 Invoice phrase
 - 22 Little guy
 - 24 Mahal
 - 25 Position with a lot of perks
 - 30 Set aside
 - 35 Aware of
 - 36 3rd baseman Rodriguez
 - 38 Mary Tyler or Marianne
 - 39 Black Sea arm
 - 40 City NE of Cadiz
 - 42 Poetic tributes
 - 43 Multiplication word
 - 45 French half
 - 46 Get lovey-dovey
 - 47 Fire starters
 - 49 Hints at
 - 51 Charged particle
 - 53 Genetic letters
 - 54 Reverses
 - 59 Fish, in a way
 - 64 Create new parameters
 - 65 John and Maureen
 - 66 Declare
 - 67 Actress Ruby
 - 68 Backslide
 - 69 Thailand, once
 - 70 Cardinal cap letters
 - 71 Illusions
- DOWN**
- 1 Political group
 - 2 Unusual
 - 3 Algerian city
 - 4 Strongest man on the Planet?
 - 5 In an irritable way
 - 6 Phone bk. listings
 - 7 U.S. territory
 - 8 British racetrack
 - 9 Chinese fruit
 - 10 Deed
 - 11 All fired up
 - 12 Computer list
 - 13 Punta del
 - 19 Relieve gridlock
 - 21 Was silly over
 - 23 Comet rival
 - 25 Layers
 - 26 Open, in a way
 - 27 Leaf pore
 - 28 Float like a hummingbird
 - 29 Induces ennui
 - 31 Pat or Debby
 - 32 Ore deposits
 - 33 Humanoid posture
 - 34 Office purchases
 - 37 Objects to
 - 41 Omen
 - 44 Small rowboat
 - 48 Some pool balls
 - 50 Assemble
 - 52 Composition for nine
 - 54 Monks' titles
 - 55 Jeans purveyor Strauss
 - 56 Something to think about
 - 57 Long-lasting do
 - 58 Outer banana
 - 60 Talk wildly
 - 61 Field of study
 - 62 Toasty
 - 63 WWII vessels
 - 65 Fort __, CA



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Solutions



- 52 Composition for nine
- 54 Monks' titles
- 55 Jeans purveyor Strauss
- 56 Something to think about
- 57 Long-lasting do
- 58 Outer banana
- 60 Talk wildly
- 61 Field of study
- 62 Toasty
- 63 WWII vessels
- 65 Fort __, CA

ARE YOU AN ORGAN DONOR?
NOT IF YOU HAVEN'T TOLD YOUR FAMILY.

www.shareyourlife.org
1-800-365-SHARE

Question on Organ & Tissue Donation

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		8	3			2	9	
5	9			8		1	4	
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V. EASY #8

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7		8		3				1
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	4				2		9	

V. EASY #7

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8	5	2	4	3	6	9	1
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9	1	8	9	2	3	4	7
6	7	3	5	1	4	2	8
4	2	4	7	8	6	3	2
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SUCCESS FOR LIFE WORKSHOPS



Your key to the Future

Making the Grade

Partnership with the Academic Enrichment Center and the Freshman Class

When: Wednesday, November 29th

Where: Bate Room 1032

FREE GIFT FREE FOOD

Time: 7:00pm-9:30pm



A Student Government Association

Sponsored Event

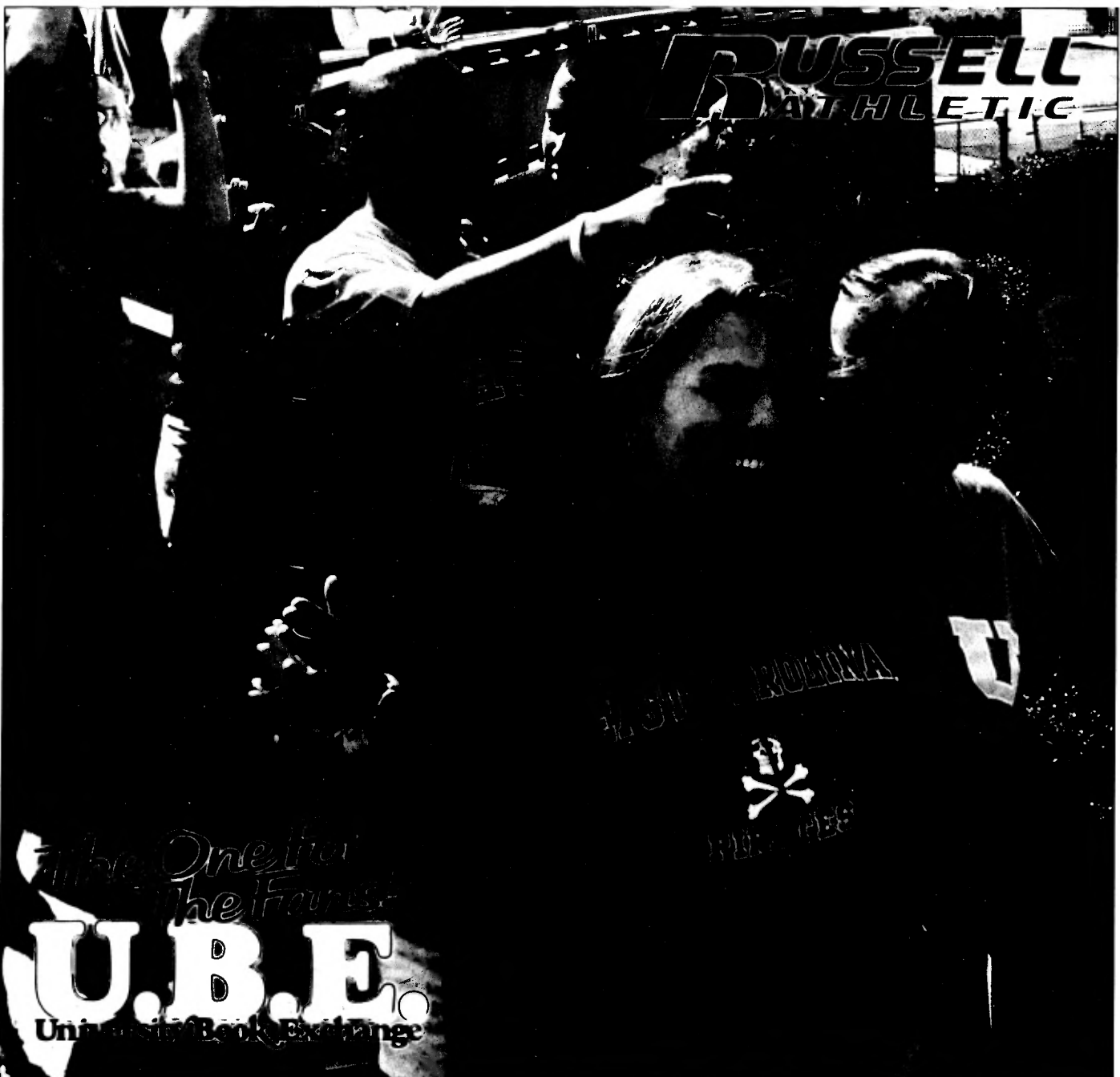
IF YOU'RE CARING FOR ANOTHER FAMILY MEMBER, KNOW THAT THE BIGGEST HEALTH RISK MIGHT BE YOU.



One out of five adults finds themselves as the designated "caregiver" for a loved one who can't manage alone. Recent findings reveal that this role can be precarious - for both parties. While trying to do it all, you can become overwhelmed and risk your own health. As this happens, the level of care you're providing may also suffer. Fortunately, there is help and relief out there for both of you. Visit www.familycaregiving101.org and discover a world of support, answers and advice.



From the National Family Caregivers Association and the National Alliance for Caregiving with the generous support of Eisai Inc.



VOLUME



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Test yo SuDoK

NEWS... PULSE... SPORTS... OPINION... CLASSIF