

ECU's football team will try to end the Alabama curse when they open Conference USA play at UAB. Check out our full page football preview.....**Page B1**



Read about our exclusive interview with the band SOJA and learn about where to find the full podcast.....**Page B5**



"Project Runway" and other returning favorites should be the best ever. See our fall TV inside look.....**Page B5**



ECU's volleyball team swept UNCW 3-0 to move above .500 inside Mines Coliseum Wednesday. Check out our game recap.....**Page B1**

8 FRI

A Late Night Event will be held in Mendenhall, starting at 7 p.m. Events include a showing of *Click*, Cosmic Bowling and a hoagie bar. For more community events, see the community calendar.....**Page A2**

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Students Chris Federici and Joel Carter plan to create a memorial dedicated to 9-11

Students plan memorial after visiting Israel

Students gain new insight on terrorism

KIMBERLY BELLAMY
STAFF WRITER

Two students, Chris Federici and Joel Carter, both political science majors, are planning a Sept. 11 memorial to be held on campus

after visiting Israel and gaining more knowledge about terrorist motives.

The 9-11 ceremony will be held in front of the brickyard at Mendenhall Student Center at 6 p.m. and will honor everyone who lost his or her life in the tragedy on Sept. 11, 2001.

The memorial will include speeches and presentations by

local policemen, firefighters, the National Guard and ECU's ROTC color guard will participate in a flag detail.

Federici and Carter received the chance to travel to Israel this summer by being a part of the Foundation for Defense of Democracies.

see 9-11 page A2

ECU nurses honored in Top 100 of North Carolina

Nurses to be recognized in Greensboro

CLAYTON BAUMAN
STAFF WRITER

A grass-roots organization dedicated to honoring nurses of North Carolina has selected two ECU nurses to be in their honorary Top 100 listing.

Bobbie Lou Price, the bariatric program nurse manager for the Brody School of Medicine, and Donna Roberson, a clinical instructor at the Brody School of Nursing, were nominated by their fellow peers and ultimately selected for the honor.

Price, who is from Farmville, N.C., received her Bachelor of Science degree from Barton College in Wilson, N.C.

Price started her career with the surgical intermediate unit after getting out of nursing school and began her focus on working with bariatrics. She stayed with this position for 10 and a half years

before committing herself to the bariatric department of ECU, where she has been ever since.

Bariatrics involves working with morbidly obese patients who want to lose weight and can't do it by any other means.

Price was recently given the chairmanship of the nursing section of the allied health section of the American Society for Bariatric Surgery for the next two years.

Price keeps busy with her job traveling at least once a month with the Bariatric society teaching courses on how to set up programs for Bariatric surgery.

"I think it's a wonderful honor to know that somebody thought enough of you to nominate you for something that big," said Price, "and that they think you're a well versed nurse, you know, they trust what you do and it just makes you feel good to know that somebody cares about you enough to nominate you for something like that."

Price was nominated by her former supervisor Martha Dartt. Roberson has worked with the ECU School of Nursing for more than 12 years, primarily teaching undergraduate students. Roberson serves on the committees within the school of nurses such as undergraduate affairs.

Roberson was nominated by a former student.

Price and Roberson will be heading to a celebration dedicated

to the Great 100 Nurses in Greensboro in October.

"It's a black-tie event so my husband gets to wear a tuxedo, which he's not exactly thrilled about," said Roberson. "You can do a lot of things when you have a good organization like East Carolina behind you."

"It's been a very positive experience and it's a tremendous honor that a student would take the time to do this and it speaks a lot and I'm really touched by it," Roberson said.

Roberson is currently pursuing her doctoral degree in nursing from the University of Carolina at Chapel Hill.

According to the Great 100 Website, the grass-roots organization honors the nursing profession by recognizing the importance of registered nurses in diverse practice settings, positively impacting the image of nursing and nursing as a profession, acknowledging 100 North Carolina Nurses annually who demonstrate excellence in practice and commitment to their profession, and contributing funds for scholarships for Registered Nurse education.

For more information on the Great 100 or how people can nominate someone for the honor, visit great100.org.

This writer can be reached at news@theeastcarolinian.com.

New online databases available at Joyner

New databases will provide additional resources

JOSEPH THOMAS
CONTRIBUTING WRITER

To prepare for the 2006 - 2007 academic year, ECU began new database and online journal package subscriptions and purchases. These new databases offer additional resources for a wide variety of subject areas, including business to women's studies across arts and humanities, interdisciplinary programs, sciences and social sciences. Among ECU subscriptions, freely available databases and NCLIVE databases, Joyner Library now links to more than 300 electronic resources from its databases Web sites.

All databases are described on the library's Web site, and all these new online databases may be used off-campus. Off-campus users must

connect to the databases through the library's Web site and enter their Pirate ID and password.

New subscriptions include *BIZCOMPS*, *GeoScience World*, *IBISWorld* and *McGraw-Hill Digital Engineering Library*. Other new subscriptions include *EuroMonitor GMID*, *Film Indexes Online* and *Smithsonian Global Sound*.

Several databases have enjoyed enhanced access: Applied Science and Technology is now full text, for instance, and so is SPORT Discus. The university has also purchased additional back files for journals in chemistry, physics and the Periodicals Archive Online, as well as the Oxford Archive, extending online journals in those databases back more than 100 years in time.

Among the new purchases are *Black Thought and Culture*, *Early Encounters in North America*, and *Women and Social Movements*. *The American State Papers*, *CQ Historic Documents* and the *US*



Joyner Library's new database set-up now available to students online

Congressional Serial Set are also new purchases. Many of these new resources were funded through the Virtual Libraries at ECU.

To learn more or get help using the library's resources, feel free to contact the Joyner Library Reference Desk through AIM: JoynerRef, by phone: 328-6677, or through e-mail: askref@ecu.edu.

This writer can be contacted at news@theeastcarolinian.com.

ECU Code of Conduct: What's it about?

University officials really keep track of what we do

CLAIRE MURPHY
ASSISTANT NEWS EDITOR

Every student at ECU is governed by the Code of Conduct which was set by authorities many years ago. This code states: "You are on your honor not to cheat, steal or lie."

College students are (or should be) old enough to know right from wrong, but the Code of Conduct simply puts in writing what not to do.

According to ECU's Web site, "Any student whose conduct on or off campus becomes unsatisfactory in the judgment of university officials in light of the foregoing statements or policies will be subject to appropriate disciplinary action."

The statements not to be violated include cheating, plagiarism, falsification and any attempts to do any of these. Every student signs a paper promising not to do these things when they enter as freshman.

The Web site also informs students that, "No student will be permitted to graduate or officially withdraw from East Carolina University while disciplinary action is pending against him or her."

Completing your own research, writing, studying, tests, etc., is part of being a student. When, or if, you get a degree, it is because you have earned it yourself.

ECU athletes must follow the Code on a more strict scale.

On the Web site, it clearly states that, "Student athletes enrolled at East Carolina University are expected to uphold, at all times, standards of integrity and behavior that will reflect credit upon themselves, their families and East Carolina University. Student-athletes are also expected to behave with propriety and to respect the rights and privileges of others."

Athletes can be suspended and lose athletic scholarships if the Code of Conduct is violated.

More information can be found at ecu.edu/csacad/DEORientation/honorcode.cfm

This writer can be contacted at news@theeastcarolinian.com.



Student Health Services offers HPV vaccine

Gardasil covered by student health insurance

RACHAEL LOTTER
MULTIMEDIA EDITOR

ECU's Student Health Services now offers the only vaccine available in the United States for prevention of HPV.

The vaccine, which was approved by the Food and Drug Administration on June 8, is called Gardasil. Gardasil is the first vaccine developed to prevent cervical cancer, precancerous genital lesions and genital warts caused by the HPV virus, according to the Centers for Disease Control and Prevention.

"We have a great health education system here at ECU, so I knew they would bring it here," said Shawnte' McMillan, interim health educator for Student Health Services.

"The vaccine has been available on campus since the start of this semester."

According to the CDC, HPV is the name of a group of viruses that contains over 100 different strands. Of these 100 strands, more than 30 are sexually transmitted. The vaccine protects against strands 6, 11, 16 and 18 - the four that are most likely to cause serious health problems.

The vaccination has been tested on over 11,000 females ages 11 to 26 from all racial, ethnic and socioeconomic backgrounds. The only side effects shown by these studies have been pain, swelling,

itching and redness around the site of injection.

The vaccination is given in a series of three shots over a six month period. At the Student Health Center the cost of the vaccination is \$130 per dose, totaling \$390 for the full series. Student health insurance will cover the cost of the vaccine, however the same does not go for some other health insurance companies.

"While it is the most expensive [vaccine] to date, it is recommended across the nation," said McMillan.

"Because of the cost, you will have to pay for each shot ahead of time so that it can be brought from the warehouse."

On June 29, the Advisory Committee on Immunization Practices voted unanimously to recommend that girls and women ages 11 to 26 be vaccinated. There is also a movement to make the vaccination a requirement before girls enter the seventh grade.

Critics believe that issuing the vaccine to girls at a young age will promote them to be sexually active sooner. McMillan disagrees, "As a health educator I personally don't believe that it will cause young girls to become more sexually active, it will just cause more people to be educated."

According to Mr. Millan, ECU was not among the top 20 college campuses nationwide with the highest prevalence of sexually transmitted diseases, as reported in a recent study.

This writer can be contacted at news@theeastcarolinian.com.

News

Today in ECU History

1979 - ECU's yearbook, the *Buccaneer*, returned after a three year hiatus. The yearbook was not printed in 1977 because of a budget dispute between the editor and the SGA, which controlled the media funding at that time. Additional problems with planning halted printing in 1978. Courtesy of the university archives in Joyner Library.

{ Campus & Community }

CORRECTIONS

The "By the Numbers" column in the Sept. 6 Sports section confused two figures. Navy's rushing total should have been 403 yards, while the consecutive starts by James Pinkney, which ranks him fourth nationally among QBs is 26.

The East Carolinian is dedicated to providing accurate information, and corrects mistakes printed in the newspaper.

To report a correction, send an e-mail to editor@theeastcarolinian.com.

Volunteer Opportunities

Come speak with representatives of local non-profits regarding volunteering or your service-learning project.

10 a.m. - 12 p.m. Bate Building.

Youth Flag Football Coaches Needed! Sept. 13 - mid Nov., 5:30-6:30 p.m., South Greenville Recreation Center.

Volunteers needed coaches for kids 5 - 12 years old, scorekeepers and referees needed. Coaches will teach fundamental skills and coach games. Scorekeeper and referees will handle the game day operations. Contact: Troy Smith, 329-4545; 329-4542, tsmith@greenvillenc.gov

On Campus:

Wed., Sept. 6 - TNT NRG Explosion 6:45 - 8 p.m., Student Recreation Center Sports Forum

Volunteers needed to set-up/break down and assist in running the event. Contact: David Gaskins, gaskinsd@ecu.edu

Thurs., Sept. 7 - King and Queen of the Hill 4 - 6 p.m., Mendenhall Brickyard

Volunteers needed to set-up/break down and assist in running the event. Contact: David Gaskins, gaskinsd@ecu.edu

Concert volunteers wanted!

Sat., Sept. 9 - RiverRock Festival 9 a.m. - 9 p.m. - in 1 - 2 hour shifts, Greenville Town Commons - First Street

Twenty volunteers needed to assist with various aspects of this day-long concert event.

For more information regarding the festival - riverrockfest.com. Contact: Josh Armstrong, josh.armstrong@gmail.com. Please provide name and phone number and time you wish to volunteer.

7 THU 8 FRI 9 SAT 10 SUN 11 MON 12 TUE 13 WED

SGA congress representatives and class officers must file for candidacy. SGA Office 101 Mendenhall For more information call 328-4SGA or e-mail sga@ecu.edu

King and Queen of the Hills Mendenhall Brickyard 4 - 6 p.m.

Last day to register for "Get A Clue" organization fair

Late Night Event Mendenhall 7 p.m. and 12 a.m. - "Hard Candy," Hendrix Theater 7 p.m. - Bohemian Sunrise, Fifth Generation, Jarvis Street Bluegrass, MSC Brickyard 8 p.m. - Pittsburgh at Cincinnati, Cynthia Lounge 9:30 p.m. - Click, Hendrix Theater 12 a.m. - Cosmic Bowling, MSC Bowling Alley 1 a.m. - Hoagie Bar, Mendenhall lobby

Greenville RiverRock Festival Greenville Town Commons 11 a.m. - 9 p.m.

Contra Dance Willis Building, First and Reade Streets 6 p.m. potluck dinner 7:30 p.m. lesson 8 - 10:30 p.m. dance

Late Night Event Mendenhall 7 p.m. - Click, Hendrix Theater 7 p.m. - ECU at UAB, Cynthia Lounge 9:30 p.m. - "Hard Candy," Hendrix Theater 10 p.m. - Late night coffee house, Pirate Underground

Intro to Kayaking ECU Adventure Program has an intro to Sea Kayaking session at Goose Creek. Sign up by Sept. 6 at the Student Recreation Center. Cost will be \$25 for members and \$35 for non-members.

Club Sports Start of the year meeting for club sports in Mendenhall Great Room at 6 p.m.

Commuter Spirit Week Salute the commute with a week's activities. Free movies, massages, coffee, etc. that celebrate ECU's driving force on campus. Contact 328-6881 for more information.

Faculty Night Todd Dining Hall 5:30 - 7 p.m.

Commuter Spirit Week Spirit week continues. Contact 328-6881 for information.

Faculty Night Todd Dining Hall 5:30 - 7 p.m.

Bingo Mendenhall Time to be announced.

Driving Workshop Student Recreation Center, room 238 at 5 p.m. Call 328-6387 for more information.

Get A Clue! Organization Fair Plaza Mall 1 - 4 p.m.

"Power, Perception and Prejudice" Presented by Jane Elliott Wright Auditorium 7:30 - 8:30 p.m.

Briefs

State:

Drunk driver gets 4 months for hitting blind woman, guide dog (AP) - A man who hit a blind woman and her guide dog while driving drunk, killing the dog, was sentenced Tuesday to four months in prison after offering the woman a tearful apology. Stephen White Coffee, 28, pleaded guilty last month to driving while impaired, felony hit and run, and another alcohol offense. He was also sentenced to two years' probation. At his sentencing, Coffee apologized in a choking voice to Danielle Iredale, who was hit on the morning of Oct. 5 as she and her dog, Inka, waited at a bus stop.

The dog was killed, and Iredale suffered mild brain damage, a broken leg and muscle damage in the other leg. Police said Coffee's blood-alcohol level was 0.16, twice the legal limit for drivers in North Carolina, when he was arrested.

Iredale read a poem she composed about losing Inka. She also said she has suffered from major depression and suicidal feelings, leaving her afraid to leave her Carboro home and unable to work. Her new guide dog, Flurry,

occasionally whined and barked during the hearing. Afterward, Iredale filed a lawsuit against Coffee, two of his co-workers and a bar where Coffee worked and was drinking before the accident.

Durham clinic to offer inpatient treatment for eating disorders

(AP) - A private, inpatient clinic opening in Durham this week will broaden the options available to people suffering from eating disorders, including anorexia nervosa and bulimia. Carolina House will offer long-term residential care, scheduling activities throughout the day and night designed to help establish healthy eating patterns. The facility will have six beds, with plans to expand to 12 beds by next year, including space for men and boys.

Families will be invited for periodic therapy sessions. Patients, who will stay for six weeks or more, will take part in individual and group counseling, art therapy, yoga, movement therapy and even work with horses on the wooded 10-acre grounds. Existing eating disorder programs at Duke University Medical Center and at UNC Hospitals in Chapel Hill primarily treat people on an outpatient basis.

Little scientific proof exists as to which approach is more effective. But advocates of both types agree that more treatment options are needed. Fewer than 10 percent of patients with eating disorders get treatment, said Barry Karlin, chief executive of CRC Health Group, the national behavioral health care provider that operates Carolina House. The mortality rate among young women with anorexia nervosa is about 12 times higher than the annual death rate for all females age 15 to 24, according to the National Institute of Mental Health. "It's unconscionable in our society that such a tiny percentage of people who need help get help," Karlin said at a grand opening celebration at Carolina House last week.

Other news:

Croc Hunter: How to explain Irwin's death to children (KMTR) - Steve Irwin, known as the Crocodile Hunter, is being remembered as a man who gave us an up-close and personal look at wild animals as no one else ever has. He

could make us laugh and cringe at the same time.

Irwin leaves behind two children, Bindi Sue and Robert. They have four cousins who live in Eugene who are among the thousands of kids around the world who had aspirations of becoming the next crocodile hunter. Vergamini says it's especially important for parents to take an active role in explaining the situation to children. "Help children understand that he's not a superhero, he is a real person. And things happen to real people. Accidents happen and that's what happened to him, Vergamini says.

"We have good things to remember about him, and things from him that will go on in terms of what he wanted us to do about the animals, Vergamini says. Judy Vergamini suggests parents help kids create their own memorial to say good-bye. Follow their lead if they want to plant something or visit animals in the shelter or the zoo. Have them draw pictures or write a letter to the Irwin family.

As adults, we turn to the news for the latest information, but parts of the story could be too graphic for kids to see and hear. So, Vergamini says, however you choose to tell your child, turn off the TV before you do it.

Approaching a difficult subject with tact will ensure children will still feel comfortable when they say: "When I grow up, I want to be Superman a firefighter... I want to be the Crocodile Hunter!" If your child continues to be sad or have nightmares for more than two weeks, Vergamini says you should seek professional help.

Four slaughtered in Maine, cook charged

(AP) - Authorities in Maine say a bed-and-breakfast cook is under arrest after four people were slain. Detectives say Christian Nielsen told them he first attacked a resident of southern Maine's mountain ski country on Friday. Affidavits say Nielsen went on to kill the owner of a bed-and-breakfast where he was staying, and then the owner's daughter and a friend who showed up unexpectedly.

State police say all four victims had been shot and their bodies dismembered. Nielsen has been charged with four counts of murder and ordered held without bond. He was smiling as he left the courthouse.

9-11 continued from A1



Carter and Federici standing proudly beside each other on the grounds of Israel.

FDD is an anti-terrorism group that educates students about terrorism and teaches them tools to possibly reduce terrorist acts. The students departed for their trip on July 29 and returned on

Aug. 13. Parents had mixed feelings about the students visiting the country because of the continuing violent conflicts. According to Carter, FDD received complaints from parents

who were shocked that the organization was going to go through with the trip. As a result, 39 out of the 45 people that were initially signed up to go on the trip actually went.

Ironically, while the students were in Israel, war was declared in the country. The itinerary for the trip was altered to keep the students from visiting areas where they could be in danger.

Even though Israel was in a state of war, the students saw a different side of the country than is expressed in the media everyday. According to Carter, the organization had a chance to see people functioning in a normal capacity and going on with their everyday tasks.

While the students were there, they heard from various people who educated them on terrorism. According to Federici, they heard a series of lectures at Tel Aviv University and met with many academic professors, members of Shin-bet and former and current IDF officers.

They also visited the office of the Prime Minister of Israel and spoke with many of the top officials there.

Carter and Federici also saw a demonstration from an undercover police unit, saw live fire exercises from bomb squads and heard the story of an individual's family who was involved in terrorist attacks.

After listening to the individual's story about his family being killed, the students said that they could sense that the man wanted justice for his lost, not revenge.

One lesson that the students gained from their visit to Israel is a better understanding of why terrorists kill.

Carter said that they saw pictures of an infant dressed in a bomb suit, which signified to him that people who are considered terrorists are raised from day one to sacrifice their lives by killing themselves and many others because it is considered a noble act.

According to Carter, the media's display of terrorists committing violent acts might be helping them to be seen as good people in their culture, which may continue the escalate the problem.

Students are encouraged to come visit the 9-11 memorial in front of Mendenhall to honor those who lost their lives during the Sept. 11 attacks.

This writer may be contacted at news@theeastcarolinian.com.

YOUR EVENING HANGOUT

758-2774

Nightly Dinner Specials \$6.95

- Monday- Chicken Parmesan
- Tuesday- Country Fried Chicken
- Wednesday- Spaghetti & Meatballs
- Thursday- Greek or Caesar Salad/ Chix
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- Saturday- Meat or 5 Cheese Lasagna
- Sunday- Fried Shrimp Plate



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- Wednesday - \$1.25 Mug Bud Lt \$4.50 Pitchers
- Thursday - \$2.50 House Hi-Balls \$3 Wine
- Friday - \$2.50 Import of the Day
- Saturday - \$3 Lits Et \$2.50 Import of the Day
- Sunday - \$2.75 Pints Guinness, Bass, Stella Artois, Black and Tan

Occupational-related majors soar at U.S. colleges

(MCT) — Alex Zatorvinsky has spent uncountable hours researching Loyola University Chicago, the school where he started classes as a freshman last month.

He also has worked out how he will pay for his education and pondered what career he might pursue after he graduates.

But his college major? He is in no real hurry to figure that out, and in fact, feels it doesn't matter that much.

"I don't have a major, and I don't mind being undecided," Zatorvinsky said recently.

"I know I am not going to major in science," he added, "maybe anthropology, history... what I do know is that I want to take a broad scope of things."

Zatorvinsky's decision to

make college a time of academic discovery and exploration is becoming less common as more students focus on college majors with a laser-like precision, hoping to make themselves more competitive in the job market.

That pressure to compete has meant majors such as business, technical or so-called occupational-related majors, specialized fields that are aligned directly with hot sectors of the job market, are gaining ground as the most popular majors on many university campuses.

Among college students at four-year institutions, the top five majors by enrollment are business, education, health sciences, computer/information sciences and visual/performing arts,

according to the U.S. Department of Education's most recent data.

With the exception of biology, economics and psychology, traditional liberal arts and sciences majors have declined both in the number and the percentage of the total degrees conferred during the last 30 years, according to Steven Brint, a professor of sociology at the University of California at Riverside, who studies higher education trends.

Strikingly, this trend has occurred during a time of significant enrollment growth at American universities.

"Occupational fields have accounted for approximately 60 percent of bachelor's degrees in recent years, up from 45 percent in the 1960s, and hundreds of institu-

tions now award 80 percent or more of their degrees in these fields," Brint wrote in a recent study.

The trend toward choosing occupational majors, such as business or nursing, instead of a broader arts and sciences major, such as linguistics or English, is not surprising, says Carol Christen, co-author of "What Color Is Your Parachute? For Teens," a newly published career guide.

Economic changes, from an increasingly competitive, globalized labor market to the rising burden of student debt, mean young people can't afford to wait until well into college to make tough choices like choosing a major, she says, and the job market should play a role in those choices.



Freshman student researches a potential major to help plan his future.

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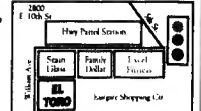


Meet the sisters of GAMMA SIGMA SIGMA NATIONAL SERVICE SORORITY at our FALL RUSH

Come see what we are all about!
September 5 - Bate 1028, 7:00 p.m.
September 6 - Bate 3006, 7:00 p.m.
September 7 - Bate 1028, 7:00 p.m.

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Opinion

{ Not just for Pirate Rants }

LETTER FROM THE EDITOR

Those of you who logged on to theeastcarolinian.com yesterday already know we were experiencing technical difficulties with our Web site. In addition to our print redesign, we undertook redesigning the Web site over this summer as well. The new site was supposed to have launched early Wednesday morning with our latest issue, but unfortunately the internet took longer to process the launch than expected. We're still working out the bugs, but bear with us; the end result will be well worth the confusion.

The new Web site includes a host of features that the old site lacked, like an interactive calendar (which will be similar to, but more extensive than our print calendar), blogs, improved message boards, a letter to the editor submission form and – last but certainly not least – podcasting capabilities. Our first podcast is available for you to download and enjoy today. We managed (despite the torrential downpour) to score an interview with SOJA last week before they performed at PB's.

Don't panic when you see all the changes. We've still kept all the things you loved about the old site – namely Pirate Rants. You'll find the Pirate Rant submission form under the Options tab on the main toolbar.

I encourage all of you to visit the new site and click on everything you possibly can, and then click on Pirate Rants and tell us what you love, hate or couldn't figure out how to work, so we can fix it.

Until next week,

Sarah Bell

Editor-in-Chief

Pirate Advice

In the back-to-school issue, we promised you changes to the Opinions page, and that's just what you're going to get. Our first change isn't so much of a change, as it is an addition. As of next week, there will be a weekly advice column included on the page. There you will find one of ECU's resident experts on school, work, relationships of all kinds, and everything in between.

So if you've already asked your friends for advice on something and it got you nowhere or if you just want to try out our new column, drop us a line where you send your Pirate Rants and title it "Advice," and we'll do our best to help you out. And for those of you with near perfect lives, read on in the weeks ahead, we just might be able to help make things ever better.

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My personal, multifaceted Pirate Rant

Everything you should be irritated by

AARON BORRERO
OPINION WRITER

Hello one and all. I would like to welcome everyone to the first installment of my opinion column, which shall address everything I can hear and see in my environment from media outlets to my personal experience.

I would like to state that this is an opinion piece authored by an everyday student who wishes to get people to think and decide for themselves. My opinion doesn't express anyone else's views other than my own. This is an attempt to get some thoughts out there and some critical thinking about various topics.

I also hope that I don't offend anyone's feelings, but instead I hope to attack established thought about certain topics and their sensitive nature in the hopes of releasing the thoughts of the student body at this university.

Now my first topic comes from the media coverage of a certain group of people who are actually protesting at the sites of soldiers who have died and are being buried in this country. What are your damages people? There have been 2,654 U.S. troops killed in our overseas war on terror campaigns to recent date. As another fact, the only reason you have that right is because there are people who put their life on the line in order to preserve such a notion.

It is OK to protest the war, but not OK to protest our soldiers! They are the protectors of our world and its views. It isn't the president, his cabinet members, senators, celebrities, teachers or even the

clergy; it is Johnny from somewhere in any-state USA. Everyone else works within the folds of their efforts. So please support our men and women...

Another topic comes from the recent development in a murder case of a little girl from Colorado. The idiot who claims to be not only a rapist, but also a murderer has been let free due to no match in DNA evidence. Well my fellow human being, you are guilty of crimes against humanity greater than that of the boldest coward. You have brought up a situation that no one wanted to revisit in the loss of a young life.

A child, an innocent child! You sick, worthless, inhuman, grotesque, wretched, disgusting excuse for using birth control. Everyone knows whom I am talking about, but my fear is, there are so many more just like him. I can only promise people like this will be brought to justice, but that isn't enough. People who don't believe in God can probably agree with this, you will have your day to answer to a higher authority.

There is nothing I can say to people about hurting one another that will deter them from committing their selfish acts upon their brothers and sisters. However, I take some solace and comfort in the fact that I am not that being who will have to make that decision.

So people of this thinking don't take your way so light. Don't for a minute think that your bullying, terrorism or imposing nature will be forgiven in the long run of karmic retribution. You people will meet your match in the form of what you least expect. This group of crimes people commit includes assault, rape or taking unwarranted liberties with a party opposed to your advances. We must protect one another and ourselves from such situations. Any victims of these various crimes and also crimes of this nature that are unnamed by me

should remember two things, you are not at fault and you're in my heart and prayers. There are people like me to help you because you are worth it...

So it appears that Steve Irwin has died from an injury sustained by a stingray. Truly, I am sad that a conservationist, international ambassador, humanitarian and wonderful human being such as this man has died, but I do want to emphasize that he is only one of many to come before him and after him. Irwin knew his job was risky and potentially dangerous, although, this doesn't truly assuage the pain of his death to the world.

He thrived in that kind of environment because he had no fear. You can tell that he loved doing what he did for a living by the way his eyes and words described everything. People like this need to be celebrated, not mourned for accepting their danger with grace.

Lastly, on the cusp of the fifth year anniversary of Sept. 11, we should all give thanks. Mainly because we can still express our love for important people in our lives everyday, even though we may not. We have the opportunity that people aboard planes and in buildings whose final resting stop was N.Y.C., D.C. and Pennsylvania didn't. So to honor them we need to be good to each other, our loved ones and ourselves. We should do this by using one of the notions of comforting thought that they left us... Remember the proud heritage of your ancestors and your people, then remember the proud history of this country, then remember what it is like to be a citizen in this nation. Lastly, honor these people and others before them by remembering their sacrifice, determination and grace upon which they laid so acute a price to pay for our freedoms. This is another time to be grateful that you are blessed enough to be an American.

PIRATE RANTS

OK, this time I am serious... The guy rollin' on dubs with his system thumping up The Hill at all hours of the night really does need to graduate! I am tired of you and your purple outfits all the time. Come to think of it... Why are you wearing purple outfits all the time? I have Pirate Pride too but come on!

I wish classes were optional on rainy days.

Even though I only live two blocks from campus, I wish someone would drive me to my classes when it's raining.

I'm not allowed to have pets at my apartment complex, but I'm thinking about getting a cat anyway. I'm so lonely!

So I went to KFC and got one of the "famous bowls." They gave me a fork, if it is in a bowl then shouldn't I get a spoon?

Crickety! I can't believe Steve Irwin died!

I partied every night and slept 'til 3 p.m. everyday this past weekend. College life is where it's at.

Is it bad that I actually like the new Facebook?

Campus parking is a joke. Why are there always so many free spots in the middle of campus but only three places that have meters and are always full?

I hate when I forget to pluck my eyebrows regularly and then I have a bunch of stray hairs to do at once. Ouch!!

I like how TEC copied Facebook, and now call their "Features" section "Pulse."

Stingray barb through the heart and you're to blame.

If your mom thinks you're a virgin and you're picking out your wedding dress with her and she insists that it be white when you really want ivory- do you keep up the charade or tell her the truth?

I love Big Brother! In fact, I'm obsessed!

My mom controls my life more now than she did when I was in high school. What's up with that?

I got fired from my job because of my new school schedule. Can I sue them for that?

I don't trust eBay...

Why is it that every year I plan to start going to the gym everyday, but then I go and it's too crowded so I decide to wait a few weeks for it to die down, and then I never end up back in there?

I miss the summer!

I know I am not the only one out there that thinks the new Facebook is out of control! Why can people now see everything I do? I don't like this, not one bit!

I'm really proud that the Pirates tried so hard for their first game. Keep up the good work boys and I look forward to watching all the victories coming your way!

Can someone install moving sidewalks on campus?

How weird is it to have the Crocodile Hunter die on your birthday? Answer: Very!

I slept with this new afghan last night and when I went to class today I look like I had a disease for like 25 minutes, cause it left this crazy imprint on me.

So the manager at Taco Bell was actually eating the food when I went last night. That is awesome!

It's still cold in Fleming.

Seriously where are all the single good girls at ECU? It seems like the good ones are all taken.

Fat bottom girls indeed do make the rockin' world go round!

I hate Myspace! I'm being stalked by one of my ex's new girlfriends, and she doesn't know how to be stealth.

You forgot my birthday, but that isn't why I'm not answering your calls.

Can it be payday yet?

Why is it that I eat fast food at least three days a week now that I am working again?

The new TEC layout looks great, too bad the writing is still atrocious. Seriously, a half page opinion article on Pee Wee Herman?

We have only been in these classes a few weeks and already I am counting down until Christmas.

I was going to be like five minutes late to class. Instead, I just didn't go.

We need to put a climate control bubble over Greenville. No more rain, 80 degrees with a slight breeze everyday would be perfect.

So the movie theater got new projectors and each time I went to see Pirates of the Caribbean the movie stops randomly for a while. I thought new technology was supposed to help not the other way around.

New Bakery Café

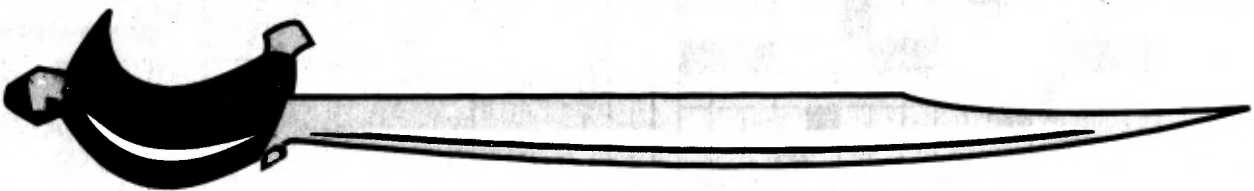
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Parents: Discuss sex with teens prior to college

(KRT) — This month, more than 2 million teenagers will leave home for college for the first time. And making the grade isn't the only thing concerning them and their parents.

A college campus can be a land of freedom, pressure and almost nonstop partying.

It's enough to make a parent wonder whether birth control should be among the school supplies.

The question comes up in American households, among teens themselves and in doctor's offices where some concerned parents take their teens for pre-college exams.

Typically, it's the mother who brings in her 18-year-old daughter for her first visit to the gynecologist office," says Dr. Michele Thomas, a Southfield-based OBGYN who says such visits are common this time of year. Mothers don't want to encourage sexual activity, but they also don't want their daughters to get pregnant.

Pregnancy isn't the only reason for concern.

Sexually transmitted diseases are a bigger problem than pregnancy on college campuses, health officials say.

"I encourage parents to talk about condom use more than

anything because condoms and spermicide protect against STDs," says Dr. Amanda Kauffman, a family practitioner in Ann Arbor and lecturer at UM. "If I was a parent, I'd focus on using a condom every single time. Most colleges have health clinics where students can get condoms free or at very low costs."

Doctors say an open discussion between parents and teenagers, followed by a visit to a health care professional, are smart moves for both parents and teens.

"Parents should open the lines of communication and reiterate their values and morals, and then consult with a health care provider to discuss the various options you may want to consider," says Dr. Glynda Moorer, director of the Olin Student Health Center at Michigan State University. "It's vitally important that they talk openly and honestly about this. And parents can take comfort in the fact that a national study shows that 80 percent of college students turn to their parents first for health care information."

Parents need not worry that broaching the subject increases the chances of students having sex. Open communication leads to

smarter, more responsible choices, studies show.

Dr. Richard E. Smith, director of adolescent gynecology at Henry Ford Health System, says he explains to both parent and child that pregnancy prevention is just one reason to consider birth control.

It can eliminate other concerns, including reducing blood flow, cramps, irregular periods, benign breast pain, anemia and even acne.

Smith says parent-teen discussions are just as important with boys as with girls.

Young men, especially, need to be reminded that no means no and campus police take charges of date rape very seriously, Smith says.

"I recommend mother-daughter talks before teens go to school, but also parent-son talks frequently," Smith says.

"There are a lot of pressures to hook up once men and women are on campus," he says. "One piece of advice I always give my patients before they leave for college is, 'Don't let someone steal your dream.'"

72.5 percent of college students reported having sex with at least one partner.

Of those who acknowledged being sexually active, 37.3 per-

cent reported using birth control pills and 35.5 percent used condoms, the most commonly used methods.

Approximately 5.6 percent of those who acknowledged being sexually active said they used no birth control. Almost 15 percent said they used withdrawal for birth control.

An estimated 10.3 percent of sexually active college students reported using or reporting their partner using the morning after pill.

2.6 percent of college students who had vaginal intercourse reported experiencing an unintentional pregnancy or getting someone else pregnant unintentionally within the past 12 months.


There are 19 million new infections of sexually transmitted diseases each year, almost half of them among people age 15-24.

Condom use is the primary method of STD and HIV prevention for sexually active people, but less than half of college students report using condoms consistently.



More than 70,000 students 18-24 experience alcohol-related sexual assault or date rape each year in the United States. In 9 of 10 cases of sexual abuse on campus, the victim knows the perpetrator.

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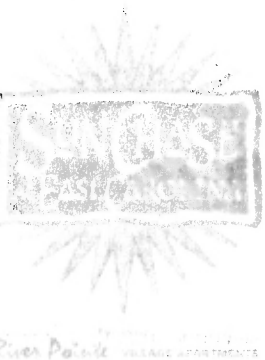


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"The perform (against Navy) It's kind of like spark plug mi We're running nt quite when -Steve Shan offensive coor

"We can ach goals and go b expected. I th opment of the period, the s We're starting than we did la -Brandon Fr senior running

"ECU has no e national ranki else's standards what we want to educate yo your grandchi them back into to make a diff came to ECU, me the most... visceral connect ern N.C. betwe and its graduat -Terry Hollan director speaki Chamber of Co

Sports

{ECU's Inside Source}

BY THE NUMBERS

0-6

ECU's all-time football record in the state of Alabama

91

UAB school record for interception return yards posted against ECU in 1999

62,990

Average empty seats at Legion Field for UAB home football games in 2005

11

Seasons that UAB has competed at the Division I-A level

4-6 WEEKS

Adjusted time that Brandon Setzer will be out after finding out he tore his MCL

2

Browo brothers that are head coaches in Division I-A football, Watson Brown is at UAB while Mack Brown is at Texas

\$70 MILLION

Economic impact that ECU athletics has on the region annually according to Atlanta Director Terry Holland at Commerce luncheon

1ST

Conference ranking in assists by volleyball player Heidi Krug, who is averaging 12.92 per game

They said it

"The chance of having your starting 11, you've really not going to have it that often. We played a lot of players last Saturday and at the end of the year last year. It's battlefield promotions."
-Greg Hindson, ECU defensive coordinator

"The performance of time (against Navy) was very good. It's kind of like a car with one spark plug missing, unhooked. We're running good, but we're not quite where we want to be."
-Steve Shankweiler, ECU offensive coordinator

"We can achieve all of our goals and go higher than ever expected. I think our development of the offensive team period, the sky's the limit. We're starting way stronger than we did last year."
-Brandon Fractious, ECU senior running back

"ECU has no desire to achieve national rankings by someone else's standards. In other words, what we want to do is we want to educate your children and your grandchildren and send them back into our communities to make a difference. When I came to ECU, what impressed me the most... is that there is a visceral connection here in eastern N.C. between this university and its graduates."
-Terry Holland, ECU athletic director speaking to the Pitt Co. Chamber of Commerce

FOOTBALL PREVIEW

UAB VS. ECU



UAB SCHEDULE

SEPT. 2	AT OKLAHOMA	L, 24-17
SEPT. 9	VS. ECU	7:00 PM
SEPT. 16	AT GEORGIA	TBA
SEPT. 23	VS. MISSISSIPPI ST.	7:00 PM
SEPT. 30	VS. TROY	7:00 PM
OCT. 7	VS. MEMPHIS	7:00 PM
OCT. 14	AT RICE	6:00 PM
OCT. 21	VS. MARSHALL	TBA
OCT. 31	AT SMU	7:30 PM
NOV. 30	VS. SMU	8:00 PM
NOV. 18	AT SOUTHERN MISS	8:00 PM
NOV. 25	AT UCF	TBA

Pirates and Blazers each searching for first win

Conference USA play starts with tough road outing

RON CLEMENTS
SENIOR WRITER

Both the ECU and UAB football teams will enter week two coming off disappointing season-opening road losses. ECU fell at Navy, 28-23, while the Blazers lost at then 10th-ranked Oklahoma, 24-17. Saturday, the two teams will meet in the Conference USA opener for both teams in Birmingham, a place the Pirates have never won.

In fact, ECU has never won in the state of Alabama, something ECU head coach Skip Holtz was not aware of or concerned with. His focus is on a veteran UAB team bent on revenge for ECU's 31-29 win to close the 2005 season, preventing the Blazers from becoming bowl-eligible as both teams finished the year 5-6.

"This is going to be a heck of a challenge against UAB," Holtz said. "I wish we had three or four non-conference games before we had to get into the conference race but this is the way the schedule is slated. A lot of these

young and inexperienced players on the insides, closest to the ball, are going to have to grow up in a hurry."

That inexperience showed itself in Annapolis as the Pirates were unable to develop a consistent running game or pass protection with a young offensive line that will have to contend with a much bigger defensive line in Birmingham than the one they saw in Annapolis.

"They're very big and very physical," Holtz said. "I think this is a very good defensive football team. They held Oklahoma to 14 first downs. They created four turnovers. They're aggressive. They get after you."

"I think their front seven is their strength. They're big and fast strong. The strength of that front seven is their linebackers. All three of them are seniors and they have a lot of experience and are very good."

The best of those linebackers is Orlandus King. King led the Blazers in tackles against Oklahoma and he knows that exploiting ECU's inexperienced offensive line to pressure quarterback James Pinkney will be key to their success Saturday.

ECU SCHEDULE

SEPT. 2	AT NAVY	L, 28-23
SEPT. 9	AT UAB	7:00 PM
SEPT. 16	VS. MEMPHIS	7:00 PM
SEPT. 23	VS. WEST VIRGINIA	TBA
OCT. 7	VS. VIRGINIA	6:00 PM
OCT. 14	VS. TULSA	3:00 PM
OCT. 21	VS. SMU	3:00 PM
OCT. 28	AT SOUTHERN MISS	8:00 PM
NOV. 4	AT UCF	4:00 PM
NOV. 11	VS. MARSHALL	1:00 PM
NOV. 18	AT RICE	3:00 PM
NOV. 25	AT N.C. STATE	1:00 PM

KEYS TO THE GAME

UAB

but none of them have much game experience. UAB's front seven must get pressure on Pinkney to shield their defensive backs from ECU's potent air attack.

2. Force Turnovers:

The Blazers lost three turnovers in their loss to ECU last year, without forcing one. UAB will need those extra possessions against ECU's high-powered offense.

3. Make big plays:

The Blazers had just two plays of 25 yards or more versus Oklahoma and their longest run was only 12 yards. In order to keep pressure on ECU to score, the Blazers must find a way to have more than two "home run" plays.

KEYS TO THE GAME

ECU

1. Establish the run game:

The Pirates struggled to run the ball last week against a smaller Navy team. With a bigger and more talented defensive front, running the ball well consistently is something the Pirates must do.

2. Protect James Pinkney:

ECU's offensive strength is its receivers, but Pinkney must have time to deliver the ball. He did well protecting the ball last week and preventing sacks, but the UAB front seven is quicker and better than Navy's, so there is more pressure on ECU's inexperienced offensive line to keep the Blazers at bay.

3. Force 3-and-outs:

The Pirates did not do this once against Navy and its triple option. With another team that will run the option and try to spread the field, the Pirates must be able to force UAB off the field quickly to control the clock and win the field position battle.



"We are going to go lay it on the line and give it our best shot. ECU is a very good team. It will be a toss-up game. The one that plays the best will win the game. We are looking forward to it."



BROWN

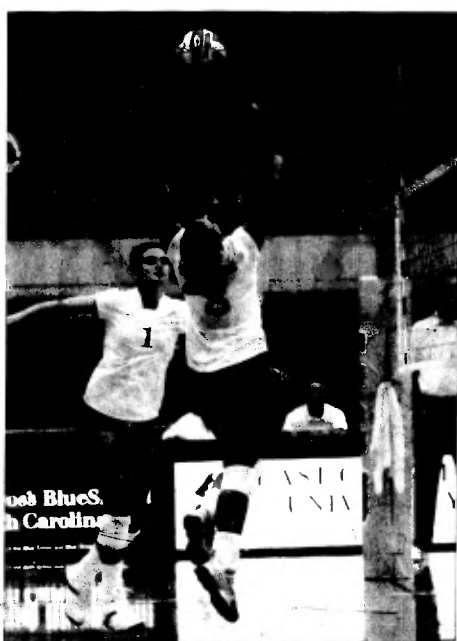


HOLTZ

"[UAB] is the heavyweight fighter that's going to stand in the middle of the ring with you and go toe-to-toe and get into a slugfest. They're pretty good at doing it. Navy is that featherweight that's going to run all over the ring and say 'you can't hit me.' They're totally different defensive football teams."



Seniors Jamie Bevan and Heidi Krug combine to block a UNCW spike.



Krug, who leads C-USA in assists, tries to set up a Bevan spike.

Women's soccer hopes to continue strong start

Lady Pirates will play in N.C. State tournament

TOMMY GRAHAM
STAFF WRITER

While even though this year's Women's soccer team is dominated by new players, youth and inexperience seem to be foreign words to these Lady Pirates. Through four games this year, neither seems to be showing as the team is off to a 3-1 start. After the loss of Meghan McCallion to graduation, the team was in serious need of a legitimate offensive threat. Enter the freshmen Pirates.

In the four games so far this season the freshmen have led the way by scoring five of the eight goals for the Pirates. In those games the concept of teamwork that coaches strive to install in their team also has become self-evident in coach Donnenwirth's ladies. In those four games no player has scored more than one goal yet the team still finds a way to win. Of note though is that the Pirates are led in scoring by freshmen Sarah Kirkley and Jessica Swanson with 4 points apiece.

At the start of the season Coach Donnenwirth repeatedly stated that the strength in this team is in its defense. Apparently Amber Campbell took this to heart since in 355:48 in goal this year she has allowed only a loan overtime goal to ODU to start the season.

"Amber's done a great job," Coach Donnenwirth said. "We defend with everybody," though seems to be his mantra as in the last game he noted that the backs cleared two of the balls off the line in that game. Still with this victory the Lady Pirates have some momentum heading into the weekend with 3 wins in a row and the last being the first win ever over in-state rival Charlotte.

While some of the underclassmen may not know the history of this series, the coaching staff has made that history and the rivalry very clear to them.

Yet the Lady Pirates defensive state of mind is going to be needed this weekend as they travel to Raleigh to play in the N.C. State Tournament. Facing the Pirates will be un-defeated American University fresh off as win over Georgia Mason and the 2-1-1 Georgia State University who just went undefeated in the Mercer LQ Cup. Against American's team the Pirates will have to contend with top players Katelyn Donovan and Christina Gonzalez.

"They're playing with a lot of confidence right now" coach Donnenwirth said in regards to American University. He plans to see them spread his team around defensively and for it to be a dogfight.

"[Against Georgia State] it depends on what team shows up," Donnenwirth says. The good thing he notes is that his team will get to see them play after the American game on Friday.

Looking ahead, the Lady Pirates will be welcoming the Seahawks into the confines of Bunting Field next week. This team will not be a bunch of dead gulls however since in pre-season the Seahawks tied both UNC and Duke. Coach Donnenwirth said that any game against UNCW is always physical and one that the fans should defiantly come out and watch.

The team seems to be off to an excellent start however and the view on the horizon is bright. With the return of Senior Captain Rachel Hills to the lineup shortly the team can only hope to improve on this fantastic start.

This writer may be contacted at sports@theeastcarolinian.com.

ECU Volleyball breaks out broom against UNCW

ECU's rout improves record to 4-3

ROBERT MATTHEW PARKS
STAFF WRITER

The Lady Pirates volleyball team prevailed against lowly UNC Wilmington last night, but not before having to fight through the second game and the early stages of the third. Despite a record of 5-4 after last night's defeat, the Seahawks are ranked near the bottom nationally. The Lady Pirates are now 4-3 on the season.

Outside hitter Kelly Wernert sealed a Pirate victory in the third game, with an authoritative kill in the third game that made the score 27-18. The Lady Pirates did not allow the Seahawks to score again. The final score saw the Lady Pirates on top 30-14, 30-25, and 30-18.

The Lady Pirates, led by co-captain setter Heidi Krug who

logged 37 assists, had their way with the Seahawks in the first game, taking only 15 minutes to take the 1-0 lead.

The second game saw the Seahawks fight back point-for-point as The Lady Pirates struggled to gain any kind of lead until the game was tied at 25-25, when they were able to finally break free. Led by Wernert's 13 kills, the Lady Pirates were able to shut down the Seahawks once and for all in the third game.

Junior middle blocker Mignon Dubention added to kills to Wernert's 13. Wernert also led the team in digs with seven, followed by Stephanie Turner and Trish Monroe, Krug's co-captain, who both had six.

After the game, Krug and Wernert expressed displeasure with the performance of the team in the second game.

"Game two we just completely dropped to their level," said Krug. "We weren't playing our game."

"We started falling to their level of play," Wernert concurred.

Between the second and third games, Head Coach Chris Rushing and his staff began to become more vocal with the team. In the third game Rushing became more and more vocal moving closer to the court to instruct his team.

Rushing noted that he thought the team seemed to relax a little bit after the first game and let the Seahawks get back into the match.

"After the second game we were just like, 'We know we are a way better team than that,' and we took care of business," Krug said.

As for Rushing approaching the court, Krug said, "He was trying to light a fire under us."

Rushing was a little more descriptive.

"In game three I kind of threatened them a little bit," Rushing said with a laugh. "We threatened them with some running stuff. I said 'If we do not come out with

ECU **03**
UNCW **00**

some fire and intensity in game three and come out on top with the big victory, something was going to happen."

Luckily for the team, Rushing has relented on that.

"That something's not going to happen now because I thought that they came out playing hard for that third game."

The Lady Pirates next travel to Charlotte for the UNC Charlotte invitational, Sept. 8-9, in which they will play North Florida, UNC Charlotte and the University of Pennsylvania.

This writer may be contacted at sports@theeastcarolinian.com.

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*There is a mandatory Compulsory Meeting scheduled for ALL candidates on Monday, September 11 at 6:00 pm.

Filing applications can be obtained from the SGA Office, room 101 Mendenhall Student Center during the above listed dates and times. Please bring your ECU ID.

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UAB continued from B1

"If we can get a pass rush on him, and we have a great defensive line, then that's going to help us a lot," King said Monday in a press release from the school. "They like to go four wide and trips so we will have to play fast because they have a really good receiver."

That 'really good receiver' is Aundrae Allison. Allison led the Pirates at Navy with six receptions for 86 yards, but did not catch either of Pinkney's two touchdown passes. ECU's offensive strength is its depth at receiver, while Holtz says UAB's weakness on defense is its secondary. To take advantage of that mismatch, however, the Pirates must establish the run and give Pinkney enough time to find his talented receivers.

"Their secondary is the weakness, but their front seven is so good, that they can get after you and protect them," Holtz said.

The young ECU offensive line faces a daunting task with a very good and experienced defensive front. Senior defensive ends Jermaine McElveen and Larry McSwain make a formidable bookend tandem. McSwain, who was suspended for the Oklahoma game, was voted as C-USA's Preseason Defensive Player of the Year. ECU center Tom Wingenbach recognizes the challenge UAB presents up front, but is optimistic from what he saw at Navy.

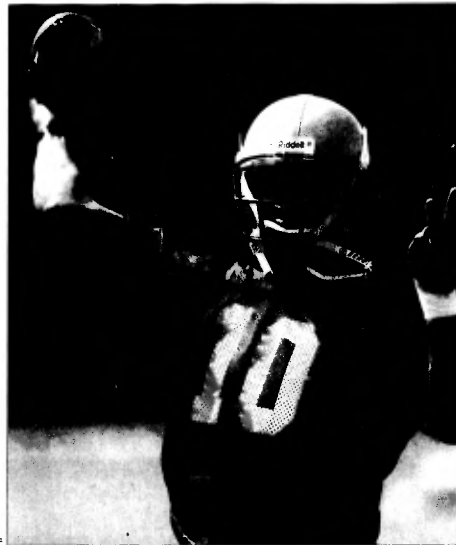
"I feel encouraged," Wingenbach said.

"I feel we have tons we can improve on, but I'm really pleased with some of the things we did as an offensive line. We didn't do enough of them, obviously because we didn't win the game. The coaches are putting together quite a good game plan for us to get what we couldn't do against Navy going against UAB."

The Pirates will be seeing more of a conventional 4-3 look from the Blazers, something Wingenbach said he did not see once in Annapolis. The scheme is similar to the one ECU runs, so the senior center who made his first career start against Navy thinks the familiarity of seeing the defense will help.

"It will be a lot like playing our own defense and that will benefit us," Wingenbach said.

Offensively, the Blazers lost their career passing leader when quarterback Darrell Hackney graduated. Hackney, who was released by the Cleveland Browns Friday, threw for 71 touchdowns and nearly 10,000 yards in his three seasons as UAB's starter. To replace those numbers, UAB coach Watson Brown is going with a two-quarterback system with Sam Hunt and Chris Williams. Brown said both will play



UAB senior quarterback Chris Williams will split time behind center. Williams started three games in 2003, but has only played in four since.

Saturday.

What the Blazers have to help their green quarterbacks is a veteran offensive line and a talented running back in senior Corey White.

"They're starting 17 seniors," Holtz said. "Hackney's gone, but everybody else is back. They're going to pose a lot of challenges for us."

Switching to a two-quarterback system, Brown has had to adjust his offensive schemes, which Holtz said could present problems for ECU's raw line-barkers.

"On the offensive side of the ball they have changed everything," Holtz said. "Now that they have a new quarterback they run much more option. They are spreading the field, running the quarterback, changing their formations and running out different personnel groups. They averaged 5.5 yards per play against Oklahoma. They do a great job of protecting the ball."

Winning the turnover battle will be key, even though both teams won that statistical category a week ago and still lost. The Blazers forced four turnovers against Oklahoma's young offense without committing a turnover themselves, while the Pirates recovered two Navy fumbles, and turned the ball over just once.

One of those fumbles was forced by hard-hitting senior safety Jamar Flournoy. Flournoy, who did not play a season ago, led the Pirates with 12 tackles at Navy and knows that the Blazers will try to establish the

run against ECU's young front seven.

"They'll just line up and try to power it and play smash mouth football, but that doesn't matter," Flournoy said. "We just gotta go out, be aware, and everybody do their job and we'll play great."

What Brown will do offensively is run the ball and try to keep the playmakers in ECU's secondary from becoming a factor.

"They have very experienced players on the offensive side of the ball and an experienced secondary," Brown said. "I think the strength of their defense is their secondary."

Behind an offensive line that averages 317 pounds, including 6-foot-5, 350-pound tight end LaDarius Stanley, the Blazers ran for 135 yards against the Sooners, led by Hunt's 65 yards. Holtz said UAB's tackles, seniors Cornelius Rogers and Julius Wilson, are the strength of the line — referring to the 6-5, 310-pound Wilson as a "huge mountain of a man."

Despite losing to Navy, Holtz is optimistic on the season.

"Last year at this time, we were sitting here at 1-0 and I didn't feel real promise about the future," Holtz said. "This year, we're 0-1 but I feel a lot more encouraged about the season than I was last year at this time."

Kickoff is slated for 7 p.m. Saturday.

This writer may be contacted at sports@theeastcarolinian.com.

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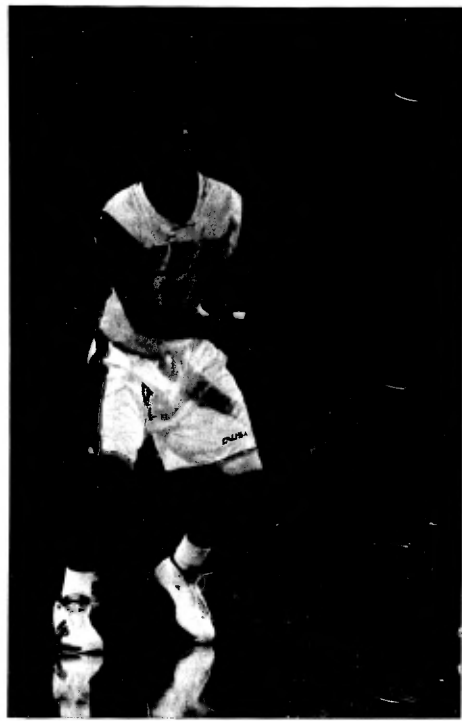
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ECU releases basketball schedule



Senior guard Courtney Captain leads the Pirates into a new season.

2006-07 EAST CAROLINA MEN'S BASKETBALL SCHEDULE

DATE	OPPONENT	TIME
NOV. 11	VS. MORGAN STATE	8 PM
NOV. 14	AT RICHMOND	7 PM
NOV. 18	AT UNC WILMINGTON	7 PM
NOV. 21	VS. LIMESTONE	7 PM
NOV. 25	VS. N.C. CENTRAL	7 PM
DEC. 2	AT LIBERTY	7 PM
DEC. 5	AT UNC WILMINGTON	7 PM
DEC. 9	VS. USF	7 PM
DEC. 18	AT MORGAN STATE	7 PM
DEC. 21	VS. WINTHROP	7 PM
DEC. 28	VS. N.C. STATE	7 PM
JAN. 2	AT WAKE FOREST	7 PM
JAN. 6	VS. CHOWAN	7 PM
JAN. 10	AT TULSA	7 PM
JAN. 13	VS. RICE	7 PM
JAN. 17	VS. TULANE	7 PM
JAN. 20	VS. MEMPHIS	TBA
JAN. 24	AT SOUTHERN MISS	7 PM
JAN. 27	VS. UAB	7 PM
JAN. 31	AT MARSHALL	7 PM
FEB. 3	AT RICE	7 PM
FEB. 7	VS. UCF	7 PM
FEB. 10	AT HOUSTON	7 PM
FEB. 14	VS. SOUTHERN MISS	7 PM
FEB. 17	AT SMU	7 PM
FEB. 21	VS. MARSHALL	7 PM
FEB. 24	VS. UTEP	7 PM
FEB. 28	AT TULANE	7 PM
MARCH 3	AT UCF	7 PM
MARCH 7-10	C-USA TOURNAMENT (MEMPHIS, TENN.)	

File Photo

ECU will host defending Conference USA champion Memphis for a second consecutive season as part of its 29-game regular season schedule, which includes road dates at a pair of Atlantic Coast Conference rivals, announced University athletic officials on Wednesday.

"This will be a very competitive schedule for our young and inexperienced team," said Pirate head coach Ricky Stokes.

"We face a very challenging non-conference slate with four opponents that reached the post-season a year ago, including two ACC teams."

The Pirates' non-conference schedule includes road games against 2006 NCAA Tournament participants UNC Wil-

ington (Dec. 5) and NC State (Dec. 28), and a home date against Big South champion Winthrop (Dec. 21) in its final game before the Christmas break. The Pirates will usher in the new year at Wake Forest (Jan. 2) for a second consecutive season, while making their first trip to Richmond (Nov. 14) since 2001 when both teams were members of the Colonial Athletic Association (CAA).

Other non-conference road games include trips to UNC Greensboro (Nov. 18) and Liberty (Dec. 2). Along with its non-conference home game against Winthrop, ECU will host former C-USA rival USF (Dec. 9) in one of eight Saturday games inside Williams Arena at Minges Coliseum.

ECU's non-conference home slate also includes games against Limestone, North Carolina Central and Chowan. C-USA returns to a 16-game conference format this season, which will create a home-and-home series for the Pirates with mirror opponents Marshall, Rice, Tulane, Southern Miss and UCF.

"C-USA will be very competitive once again this season. It is our hope that our non-conference schedule prepares us for the rigors of conference play."

The Pirates will open league play on the road at Tulsa on Jan. 10 before returning home for three consecutive conference home games. ECU will welcome Rice (Jan. 13) and Tulane (Jan.

17) to Minges Coliseum before entertaining Memphis (Jan. 20). In addition to visits from its mirror rivals UCF (Feb. 7) and Southern Miss (Feb. 14), UAB (Jan. 27) will visit Greenville for the first time in two years, while UTEP (Feb. 24) makes its first trip cross country here to close out the Pirates' home schedule.

C-USA road games for the Pirates also include visits to Houston and SMU. ECU will close out the regular season with games at Tulane (Feb. 28) and UCF (March 3) before heading to Memphis for the league's post-season tournament. ECU opens the 2006-07 regular season against Morgan State, its first of two games against the Bears, Nov. 11 at Minges Coliseum.

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Horoscopes

ARIES
Old routines require a change. To handle a heavy workload without, make a stick to it this time.

TAURUS
The key is to give others. By doing the larger perspective, gives you another. You will be the best and look good at the

GEMINI
If your objectives get them on you should you have to. That just doesn't n

CANCER
You're learning qu even worry if you the answers. Figure start looking for the into the game.

LEO
Fixing up your home buy a few things making your savings grow simultaneous wonderful thing.

VIRGO
You're advancing level, so there will be to learn. Also pay a coach you know you

LIBRA
You like to listen to view and encourage. You don't have to time, however. It's strong opinions, just how you express there so be careful.

SCORPIO
You have the auto Show you also have. Don't waste your time on shiny trinkets. good stuff.

SAGITTARIUS
You get to be the you do very well. No too, but you can sta let them see you sw

CAPRICORN
One of the ways y advantage is by pay. Don't take a rumor. Make sure you kn story. Getting the st horse's mouth is al

AQUARIUS
It seems that you money to do whatev. That may be true, smart, you'll start your bills.

PISCES
There will be resist go blithely off wi prepared. Don't be those who disagre Outwit them. You c

Local Concerts

KT Tunstall will be at 8 p.m. Tuesday, Raleigh's Disco Roc

Koka Booth Am at Regency Park host Ben Harper a Criminals Wednesday beginning at 6 p.m.

Rascal Flatts will Saturday, Sept. 16 at the Alltel Pavilion Creek in Raleigh.

Friday, Sept. 15 and Lohmann, who play will perform at 3 Paul's Episcopal Ch

Thursday, Sept. 21, will perform her st recital at 7 p.m.

Sept. 22 - 23: Co Black Caucus of the Department will hol Visit music.ecu.edu

Mendenhall

Hard Candy
Thursday 9/07 at 9
Friday 9/08 at 7
midnight
Saturday 9/10 at 9
Sunday 9/11 at 7

Click
Thursday 9/07 at 9
Friday 9/08 at 7
Saturday 9/09 at 9
midnight
Sunday 9/10 at 5

Uganda Rising
Monday 9/11 at 7

Pulse

{ Arts & Entertainment }

Horoscopes:

ARIES

Old routines require renovation. To handle a heavier load, edit out the activities that you can do without, make a schedule and stick to it this time.

TAURUS

The key is to give the glory to others. By doing that, you gain a larger perspective. This, of course, gives you another advantage. You will be the bigger person and look good at the same time.

GEMINI

If your objectives involve others, get them on your team. Why should you have to do everything? That just doesn't make sense.

CANCER

You're learning quickly, so don't even worry if you don't have all the answers. Figure out where to start looking for them, and jump into the game.

LEO

Fixing up your home is a way to buy a few things you like, and making your savings account grow simultaneously. It's a wonderful thing.

VIRGO

You're advancing to the next level, so there will be more things to learn. Also pay attention to a coach you know you can trust.

LIBRA

You like to listen to all points of view and encourage compromise. You don't have to do that all the time, however. It's OK to have strong opinions, just be careful how you express them... there are some sensitive people out there so be careful.

SCORPIO

You have the authority now. Show you also have the wisdom. Don't waste your time or money on shiny trinkets. Go for the good stuff.

SAGITTARIUS

You get to be the referee, a job you do very well. You're tested, too, but you can stay cool. Don't let them see you sweat.

CAPRICORN

One of the ways you keep the advantage is by paying attention. Don't take a rumor at face value. Make sure you know the real story. Getting the story from the horse's mouth is always safer.

AQUARIUS

It seems that you have enough money to do whatever you want. That may be true, but if you're smart, you'll start by paying off your bills.

PISCES

There will be resistance, so don't go blithely off without being prepared. Don't be stopped by those who disagree with you. Outwit them. You can do it.

Local Concerts:

KT Tunstall will be performing at 8 p.m. Tuesday, Sept. 12 at Raleigh's Disco Rodeo.

Koka Booth Amphitheatre at Regency Park in Cary will host Ben Harper and Innocent Criminals Wednesday, Sept. 13 beginning at 6 p.m.

Rascal Flatts will perform on Saturday, Sept. 16 at 7:30 p.m. at the Alltel Pavilion at Walnut Creek in Raleigh.

Friday, Sept. 15 and 22. Ludger Lohmann, who plays the organ will perform at 3 p.m. at St. Paul's Episcopal Church.

Thursday, Sept. 21, Karen Rouse will perform her student voice recital at 7 p.m.

Sept. 22 - 23: Congressional Black Caucus of the Jazz Studies Department will hold a concert. Visit music.ecu.edu for more.

Mendenhall Movies

Hard Candy

Thursday 9/07 at 9:30 p.m.
Friday 9/08 at 7 p.m. and midnight
Saturday 9/10 at 9:30 p.m.
Sunday 9/11 at 7 p.m.

Click

Thursday 9/07 at 7 p.m.
Friday 9/08 at 9:30 p.m.
Saturday 9/09 at 7 p.m. and midnight
Sunday 9/10 at 9:30 p.m.

Uganda Rising

Monday 9/11 at 7 p.m.

Will this fall really be 'Must See' TV?



The cast of 'Desperate Housewives' will be up to their old tricks beginning again on Sunday, Sept. 24 at 9 p.m.

See what is going on this fall in TV land

SARAH CAMPBELL
ASSISTANT FEATURES EDITOR

Every year television networks begin advertising their new and exciting fall television lineup as early as April. The seasons are barely wrapped up before you begin seeing trailers for the upcoming season. In the case of shows that say their final farewell, we are often still mourning their loss when a new show is advertised as taking its place.

This year is definitely no exception; every television network

known to man is busy airing commercials about their fall lineup. However, just in case you've been asleep for the past couple of months let me catch you up.

Let's start off with the newbies of the group. Some of the most buzzed about new television shows this fall include "Ugly Betty," "Heroes" and "The Class." All of these shows offer a fresh and unique plot that is sure to have you tuning in every week.

ABC's "Ugly Betty," starring America Ferrera (*The Sisterhood of the Traveling Pants*) is reminiscent of "The Devil Wears Prada" in the fact that plain Betty is hired to work at a glamorous fashion magazine where she doesn't quite

fit in.

NBC's "Heroes" is generating a lot of buzz; the show's plot is more similar to that of a movie than a television show. The premise of the show rivals X-MEN in the basic fact that the characters all have super powers that may or may not prove to be good for mankind.

"The Class" is a new sitcom about a group of 20-something friends who shared the same third grade class and reunite nearly two decades later will air on CBS. It looks like to me that the show is similar to the old favorite, "Friends."

Of course every network has their old favorite returning. You can always count on the more established shows to offer plot



Thursday, Sept. 21 at 9 p.m. the cast of 'Grey's Anatomy' will return to ABC.

twists and turns like no other. These veterans know what is needed to keep ratings high and pull out all the stops to keep it that way.

Some favorites returning this fall include "Desperate Housewives," "Nip/Tuck," "Grey's Anatomy," "House," "Smallville," "One Tree Hill," "ER," "The O.C.," "The Office," "How I Met Your Mother," "Boston Legal," "Law and Order," "Gilmore Girls," "Cold Case" and "Numbers" to name a few. Be sure to check your local listings for changes in day and time as many of these have switched time slots.

Another group of favorites returning this fall are reality television programs. "Survivor,"

"America's Next Top Model," "Project Runway," "The Amazing Race" and "Dancing with the Stars" will once again keep audiences on the edge of their seats with new elements of surprise.

No matter what kind of television you enjoy there will no doubt be something for everyone to watch this fall. Whether you want to unwind with a good sitcom or get wrapped up in a mystery, there is a show for every fan.

For more information about the fall television lineup including show synopses, cast information, and show times visit television.aol.com.

This writer can be contacted at pulse@theeastcarolinian.com.

Having a sit-down with SOJA



Band members sit around the mic for their PodCasted interview with Senior Writer Liz Fulton on Thursday night.

What the band had to say in our live interview

LIZ FULTON
SENIOR WRITER

On a tumultuous Thursday night, with tropical storm Ernesto drenching Greenville with its onslaught of rain, a band came to Pantana Bob's as it has many times before. Driving up from Wilmington, they had braved Ernesto to give the students of ECU what they really want - the sweet, sexy sounds of reggae as only SOJA can do it. Along with Rachel Lotter and Sarah Bell, I had an opportunity to sit down with the band before their show and listen to what they had to say about their music, the new album and the importance of being smart

with your music. Some of their answers may surprise you, but the boys from Washington, D.C. are deeply committed to the reggae genre and the unity of music.

The Band

Jacob Hemphill - Vocals, Guitar
Bobby Lee Jefferson - Vocals, Bass
Ken Brownell - Percussion
Ryan Berty - Drums
Patrick O'Shea - Keyboards

EC: How long has the band been together?

JH: Eight or nine years, but we've been on the road five or six years. Me and Bob did talent shows when we were kids and decided to form a kick ass band.

EC: How did you go from talent shows to a band?

JH: We found we were really good

see SOJA page B7



Jacob Hemphill

Gainesville ska/punk makes a comeback

Rocking out with Less Than Jake

AARON BORREGO
STAFF WRITER

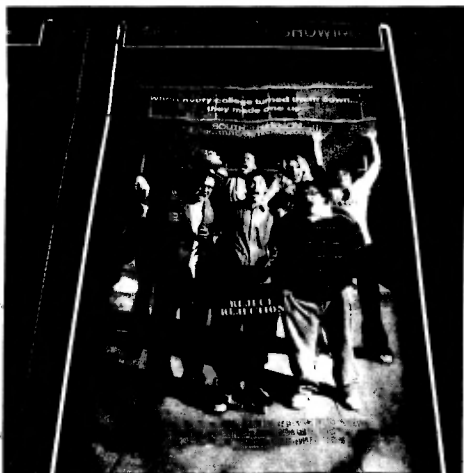
The beginning of the semester is an exciting time, but there were some great albums that came out over the summer that made a big impression on me and I feel obligated to share them with the student body.

One such album is *In with the Out Crowd* from Less Than Jake, which was released on May 23. This was the long awaited follow up to 2003's *Anthem*.

For those of you who don't know much about Less Than Jake, I can help just a bit. First off, these boys play music from the ska and punk genres. They formed in Gainesville, Fla. in 1992 and debuted with initial success from *Pzcoore*.

I have been listening to these guys play music since their inception and have no want to ever stop hearing their sound. I must admit that their sound was always good and their lyrics were always happy, but just like with anything else in life, you must change and progress into new areas and ways of thinking.

see JAKE page B7



'Accepted' is now playing at Greenville's Carmike Cinemas on Firetower Road.

Movie 'Accepted' is totally unacceptable

A sophomoric attempt to be a summer smash

SHANNON DAVIS
STAFF WRITER

Accepted, directed by Steve Pink and led by the likable Justin Long, who is most recently featured in the Apple computer commercials, was reported to be a film that no summer could do without. An anthem of sorts.

This film is about a bunch of kids who are not accepted to any college they applied to and decide, as disclosed in the trailer, to fake a bogus college in order to avoid further disappointment from their parents. When they go a little too far with their make-believe Web site, hundreds of other rejected kids unexpectedly end up enrolling in their school.

Those who are rejected by every other school find a home with Bartley Gaines (played by Justin Long) and his co-founders, and of course the villain steroid-enhanced conformist turbo fraternity types who seek to humiliate and bury the oddballs for the juvenile crime of being different.

But that aside, *Accepted* has fun with the material and even asks a few decent questions about the expectations placed on college kids and the itinerary of higher education. Not that it is a brainteaser by any means, but *Accepted* is not just another mindless teen comedy because it actually addresses a common anxiety among young people, which is finding a purpose

after high school. As far as teeny-bopper movies go, this one sets no new standard of excellence. It has the common formula of cheap gags, a romance sub-plot and an inspirational message, the same formula that has been plugged into comedies for years. This film tries to capture the stereotypical party-hardy mindset that college bound students envision prior to attending college. This is certainly not a movie that will take your breath away, but it definitely has its handful of enjoyable moments.

The story is brainless and unbelievable, the characters are all stereotyped and there is nothing real in this movie. None of the relationships are convincing and the ending is far too contrived. The only parallel to a real college experience in *Accepted* is when Dean Lewis, the fake dean of South Harmon Institute of Technology, looks to a set of parents.

"Look, we throw a lot of fancy words in front of these kids in order to attract them to going to school in the belief that they're gonna have a better life, and we know that all we are doing is breeding a whole new generation of buyers and sellers, pimps and whores and indorinating them into a life long hell of debt and indecision."

Even though I would not pay to see it again, this film was worth seeing once if you like crude humor and stupid situations.

This writer can be contacted at pulse@theeastcarolinian.com.

Mel Gibson: An introspective celebrity profile

Passion on the Skids

ZACH STEPHENSON
STAFF WRITER

Remember when Sergeant Murtaugh told Riggs that God hated him in the beginning of *Lethal Weapon* and Riggs said, "Hate him back. It works for me!"

Mel Gibson has always been loony. That is why his roles were carried out with such a degree of authenticity.

Playing a depressed alcoholic with a poignant death wish is not a stretch for someone who spent the majority of his years staring down the barrel of an empty bottle.

Anyone surprised at Gibson's drunken rambling should just pop in one of his films. Forget about characters, isn't this the same guy that made *The Passion of the Christ*?

The film that still sponges money from poor midwestern families by selling items like "The Passion Nail" on a Web site designed to fit the mentality of their dial-up connections.

Did we forget that Gibson went on the record saying that the Holocaust was a numbers game back in 2004?

No one was screaming blasphemy then, so why act all dumb-founded now? The real impiety resulting from the incident is that



GIBSON

ABC was reportedly in the works with Gibson on a Holocaust mini-series. Did they really have to hear him say that "the Jews are responsible for all the wars in the world," to come to the conclusion that he was unfit for the project?

I'm not going to knock Gibson. He's a good actor. There is no need to boycott his talent because of a couple of mishaps. If he hadn't been such a character, he might not have landed his breakout role as 'Mad' Max Rockatansky.

The casting agent saw him straggle into the film's open call with a swollen nose and a broken jaw (after a drunken bar fight) and gave him the part on the spot. His reasoning behind the decision was, "we need freaks."

Behind Gibson's doe-like eyes lies a renegade freak, one who runs through life with a manic passion for whatever gets his mind off the bottle. His priorities got mixed up after a religious epiphany that he believes saved his life. It's a sad truth, but too many years spent partying can leave you senile at an early age.

Stay tuned to "Entertainment Tonight" and those kind of shows for more of his crazy, unpredictable antics.

This writer can be contacted at pulse@theeastcarolinian.com.

Album Permanent Revolution from Catch 22



Fine New Jersey ska/punk

AARON BORREGO
STAFF WRITER

In an age of mindless pop culture and disposable psychobabble, I needed a break from the monotony and therefore looked to the realms of ska and punk. New Jersey has provided such an escape in the form of Catch 22's album *Permanent Revolution*.

Formerly known as the band Gimp, lineup changes, and a vision to integrate ska into the band's punk foundation, the subsequent creation of Catch 22 has consistently overcome odds and even their own personal decisions.

Through thick and thin, they remained a band. Their newest release, *Permanent Revolution*, is a bit of a dark departure from their lighter style of song delivery. The vocals are thoughtful and the guitar work is excellent, which lends only

to the artistry put into the creation of their newest venture.

The album sports something very interesting upon the back cover, year dates. This is to emphasize the fact that this album was based on Leon Trotsky. If you don't know who that is, pull out a history book from underneath your bed and look up Russia.

For example, the year Trotsky was exiled to Alma Ata was 1928, which has inspired the song with the same title and corresponding year. This is an interesting theme choice for an album to follow in any genre, and a first for yours truly to see.

With the well-received albums *Keasy Nights* (1998) and *Alone in the Crowd* (2000), Catch 22 was not a small band by any stretch, but rather one who is constantly reinventing themselves.

The song most likely to be the single of this album is "The

see CATCH 22 page B7

Movie picks

- ★ Outstanding
- Worthy effort
- ▼ So-so
- A bomb

▲ New review

		Local critic	Chicago Tribune	Dallas Morning News	Detroit Free Press	Miami Herald	N.Y. Daily News	Philadelphia Inquirer	San Jose Mercury News	Seattle Times
Crank	R	-	-	▼	-	●	■	-	-	-
Crossover	PG 13	▼	-	●	-	●	●	-	-	▼
Idlewild	R	■	▼	■	▼	▼	▼	-	-	■
Invincible	PG	■	★	▼	■	■	■	-	-	■
Lassie	PG	★	★	■	-	■	-	-	-	■
Little Miss Sunshine	R	★	★	★	■	■	▼	★	■	■

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THURSDAY

SOJA co

at talent show
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does it mean?
BJ: It has a lot
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JH: I'm not a
KB: I would s
background, a
and understand
EC: What othe
your music?
JH: All the thi

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SOJA continued from B5

at talent shows. (Laughter.)
BJ: We got into reggae music and found that we could play music and instruments.
JH: And we always believed in the message.
EC: How did you guys get the name?
JH: It's an Israel vibration song, and it's also a Peter Tosh song. We kind of thought it described us and how it could be a name that included everybody. We wanted it to be a movement. Somebody that's a fan is a soldier of Jah army, somebody in the band is a soldier of Jah army.
EC: The word 'Jah' what exactly does it mean?
BJ: It has a lot of meanings, but Jehovah is the literal meaning.
EC: So would you say you guys have a religious background?
JH: I'm not a spiritual person.
KB: I would say a big spiritual background, and one knowledge and understanding.
EC: What other things influence your music?
JH: All the things that are going

around lately. I write a lot of lyrics so whatever is going on in my life goes into the songs.
KB: It's our life experiences and it's a lot of what young people go through. Being in D.C., I think has a lot to do with our music. We're very aware of the situation in D.C. and how those decisions there affect the rest of the world.
EC: So you would say a lot of politics are involved?
BJ: There is definitely politics involved but we try to stray from it. Politics is what it is, it's everywhere. [We] just want to realize the conscious world view of what's really happening out there.
EC: Can you tell me some things about your new CD?
KB: I have two songs that I sing on it. We've got some guest stars and got to experiment with some new stuff and try some new styles.
BJ: It's dynamic, it's definitely very dynamic. We mix it up a lot and just to name a few guests we

have Go Go Mickey from the legendary go-go band Rare Essence.
PO: We're from D.C. so Go Go is one of our big deals and they don't have that kind of music down here.
KB: There's a horn section with some of our good friends from Puerto Rico. It's just cool stuff.
EC: So it's your third CD and what's it called?
BJ: *Get Wiser*.
EC: With it being your third CD and being pretty successful, do you have any advice for musicians starting out in the business?
JH: Don't spend all the money you get from shows on dumb stuff. Put it back in the band to invest to put into your own stuff. You can make it your own business so eventually you want have to work at a job.
EC: So is that what you did, spent all your money?
KB: We didn't take the money out; we invested it back into the band.
JH: If you take all your money and spend it to buy drinks and trees

and sh*t, you end up having to go to work the next day and it's hard.
BJ: You have to stick together. A good unit always works better than musicians who have just gotten together and tried to create something fresh. Music is hard work and you have to stay with it. If you do, then you'll make it. If you put 10 years into something, you are going to be somewhere.
 SOJA is a band that will continue to play for the fans and for the music. No matter what the next few years will bring, they will continue to experiment with their reggae style and also help bring the Go Go sound to more than those in the D.C. area. Continue the love Greenville and get ready for the next show! For the full interview, visit theeastcarolinian.com for the podcast.
 This writer can be contacted at pulse@theeastcarolinian.com.

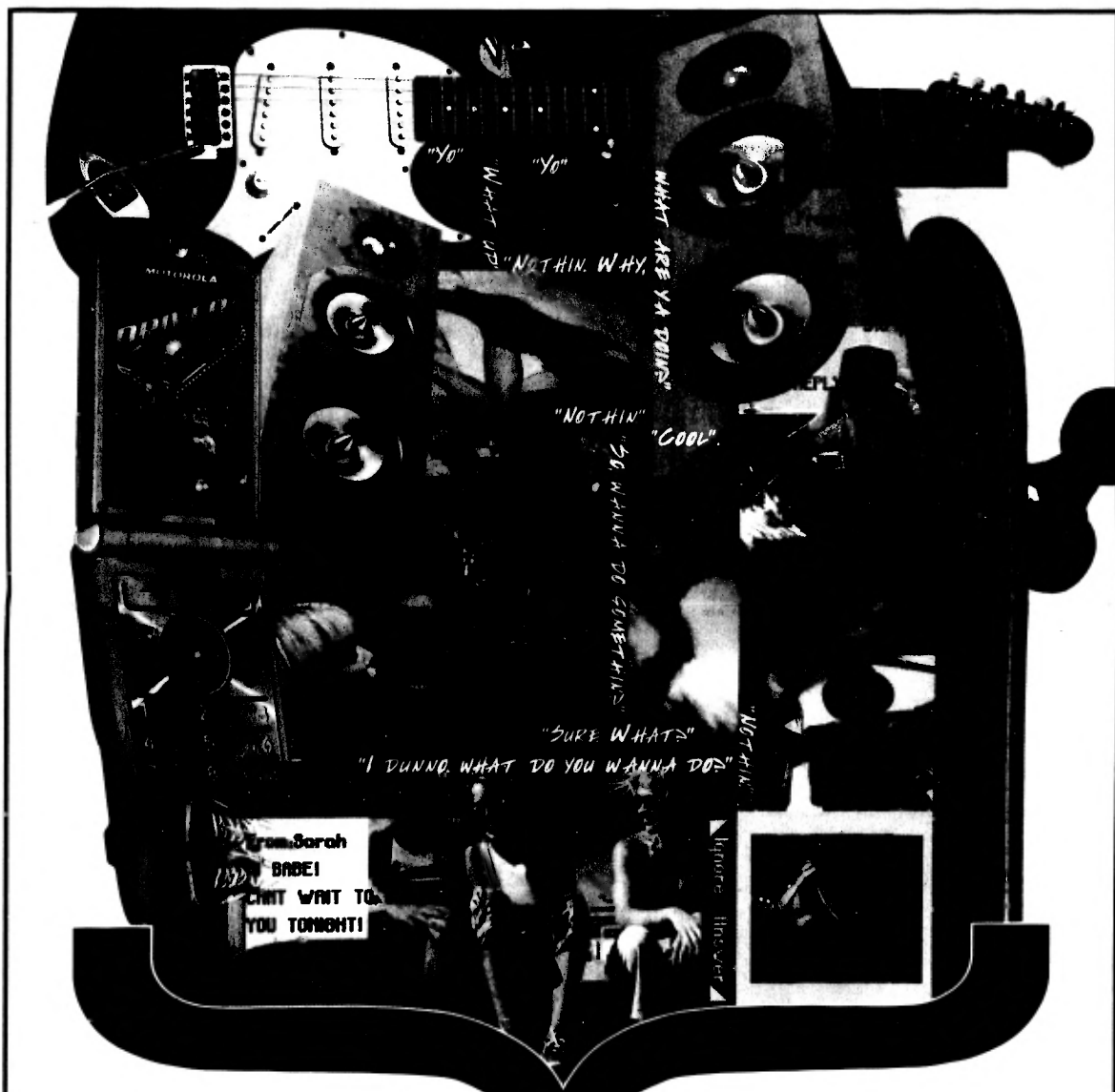
JAKE continued from B5

This notion brings me to their newest release and the way the lyrics are finally reflecting grown men who have played together for 15 years. They aren't constantly about partying and having fun; somewhere along the line, they grew up.
 Now don't get me wrong, these boys still know how to throw it down with some of the best of them. They just seem to be more cerebral and aware of their surroundings. This album's lyrics reflect their individual stories, struggles and own regrets.
 As an example, "Mostly Memories," is an ode to personal reflection upon possibly doing something different and not missing the boat, while "Everything is Overrated," is more of a jaded look at their world that has been created by themselves and others who generally just want more from life.
 "Got to let her Go," is more of a personal realization that you can't keep living in the past and thinking the dreaded "What if?" Their advice seems to be instead of "What if," try to

think "Why not?" You must be able to be happy with yourself, and the way things have turned out are just part of something bigger and better for you.
 While the lyrics have changed, the music has remained the same with some changes from experimentation with different instruments and tempos. It appears that not even Less Than Jake can go 400 miles per hour. However, their music is still very hard driven by the drums and thrashing punk guitar and thumping bass lines.
 This album is by far one of the best they have made in their career, I would easily say since *Losing Streak*. I can only hope in a world of disposable bands and a fickle audience that bands like Less Than Jake can remain plausible and maintain some semblance of staying power.
 I recommend this album to any Less Than Jake or ska/punk enthusiast in the hopes of showing many what real good music is all about.
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CATCH 22 continued from B6

Party Song." However, the song that truly stands out to me on the album is "The Spark." This song is a ska and reggae ballad with quite a nice sound.
 Imagine, the vocals sound like The Pietasters, the horns sound like Hepcat and the feel of the overall music in this song is entrancing. I truly dig this ska/punk collection and the versatility that this band utilized in designing this album.
 Oh yes, this album also starts with a very dark piano piece, which flows into the beginning of the first song. This piano accompaniment is a very unexpected contribution to any punk album, especially any of Catch 22's albums.
 There is also a song with a very lounge lizard/jazz feel to it. Yet again, I was amazed when listening to this type of song on a punk album. This type of thing is truly new to any kind of music, and I believe they call it creativity.
 This album receives a hard earned A- for the creative aspects and the thoughtful layout/vocals, and in true punk form, the total time of the CD is about 35 minutes.
 It does have some songs that are the same tempo and therefore come off as blending into previous songs. So, I do recommend that everyone at least go out and buy Paris Hilton's new album... just kidding, I recommend this album as an alternative to a rash that may last a lifetime.
 This writer can be contacted at pulse@theeastcarolinian.com.



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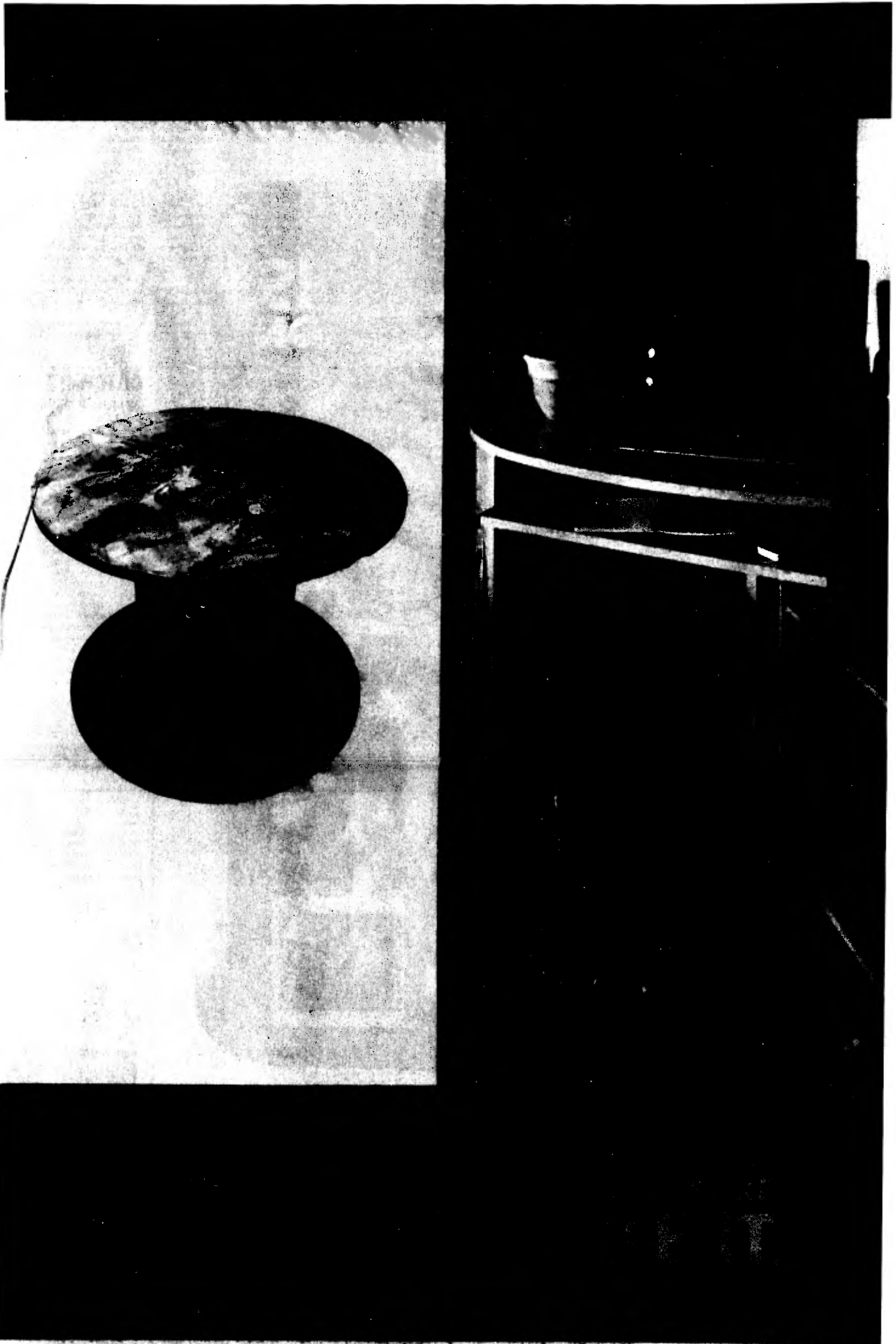
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