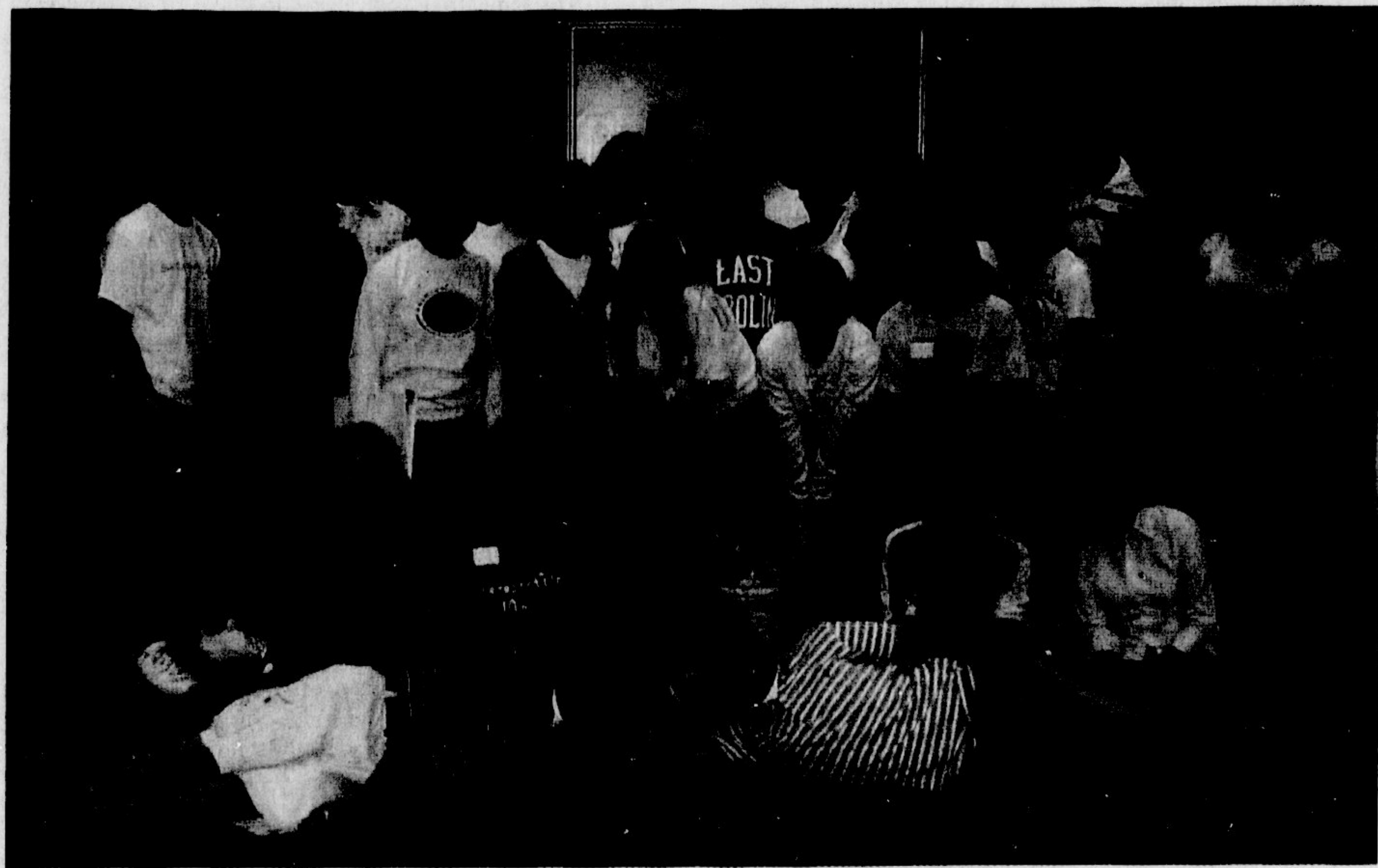


SGA looks to make a difference



Above: The Shipmates program for incoming freshmen. Below: Ben Wyche speaks about promoting a positive image for SGA.



Students active in a variety of functions

ZACK HILL
ASSISTANT NEWS EDITOR

Just over a month into the 2005 fall semester, the SGA is in full swing. Senators and officers are gearing up for a busy year with a variety of activities and events.

On the weekend of Sept. 30 through Oct. 2, ECU delegates attended a weekend retreat at Camp Monroe in Laurel Hill, North Carolina sponsored by the UNC Association of Student Governments. The retreat was a chance for universities to gather and exchange ideas about the nature of student government.

"I came back with a lot of great ideas," said Abey Dessie, sophomore psychology major.

"There was a lot of bouncing off of ideas between each other." During the retreat, students discussed a variety of topics from trying to reduce student

expenditures through more efficient book sale and buyback methods to a proposed reduction in federal financial aid. Participating universities also shared what makes SGA unique on their campuses.

The Shipmates Program at ECU is entering its second year with high hopes. Because freshmen do not have a G.P.A. upon entering college, they are not allowed to join the SGA Senate. The Shipmates Program steps in to train freshmen in leadership techniques so they can be prepared and make a contribution in their subsequent semesters.

"So far it's going really good, we have really diverse group," said Heather Dickson, SGA vice president and senior public relations and political science major.

"They're all very talented and very enthusiastic."

Shipmates this year is different from the 2004-05 program. With a clearer picture of where

the program is headed, leaders and participants alike are going through a much more structured and involved program. This year, freshmen will spend more time working for SGA, including 15 hours of required office time.

On Monday, Oct. 3 the SGA Senate met in the social room in Mendenhall. Ben Wyche, president of the Senate and senior mathematics and special education major, presided over the meeting.

"This year, I'm hoping we can create a more positive image of the SGA, and really get out there and do what we're elected to do, which is address the needs of the students," Wyche said.

SGA President M. Cole Jones, senior marketing major, presented new ideas for the SGA to pursue this fall. At the top of the list is creating membership cards for students. The cards would identify students as part of SGA. The cards could also function as a promotional tool. Students found to be carrying their card could be randomly awarded T-shirts or tickets to athletic or cultural events.

"Everyone is a member of student government, you don't have to be a senator to be in SGA," Jones said.

Jones also highlighted a revamped SGA Web site, as well as expressing concerns over file sharing on campus networks. A recycling initiative was introduced to reduce printing costs at ECU. The SGA will follow up on this initiative itself by using computer presentations instead of printing copies for meetings.

SGA attorney Peter Romary was in attendance, and spoke about the need for student legal representation at ECU. North Carolina universities such as UNC-Chapel Hill and North

Carolina State University already have student legal services.

Currently, students can turn to Romary for legal advice but he is not capable of actually representing the student. Romary said he worked on 960 student cases last year that dealt with a wide variety of offenses, including tuition cases, felony drug trafficking and copyright infringement.

The proposed legal service would cost students \$2.50 per semester, or \$5 for the entire year. UNC-Chapel Hill currently charges \$5.91 per semester, or \$11.82 for the entire year. The service would allow students to get free legal advice and would provide representation in certain matters for about half of a regular public defender.

"Hopefully, this will benefit students and save them a lot of money," Romary said.

Crystal Herring, director of Corporate Relations for the Greenville Area American Heart Association gave a presentation on the Down East Heart Walk. The walk is scheduled to take place Oct. 22, with proceeds benefiting heart research in eastern North Carolina.

"The Heart Walk is the premier event for the American Heart Association," Herring said.

"ECU is a large force that can do a lot of good things."

Last year ECU raised \$5,200. This year's goal is \$5,500. The eastern North Carolina region has raised about \$600,000 for research in the past few years.

"We look for the entire campus community to support us in all our endeavors and to take student government to the next level," Jones said.

This writer can be contacted at news@theeastcarolinian.com.



Romary has given free legal counseling to victims for 10 years.

Crime-victim defender to give lecture at ECU

Attorney does pro bono work for violence victims

CHRIS MUNIER
NEWS EDITOR

Peter J.M. Romary, attorney at law, has been giving free legal advice to victims of domestic violence for 10 years, and he will speak at ECU Monday, Oct. 10 at 4 p.m. in Bate 1021 about the lack of education regarding domestic violence.

His message will be about the lack of attention domestic violence receives despite evidence of a pervasive problem.

"The Center for Disease Control has classified domestic violence as an epidemic," said Romary.

Furthermore, Romary wants to educate people about who is affected by domestic violence.

"There is no class stratum that is immune to domestic violence," Romary said.

"That is one of the things we need to overcome through education — to let people know anyone can be a victim of violent crime."

His description of violent crime is wide-ranging. It can be anything from beatings to sexual assault to mind control. He said people do not have to be beaten and bruised to be considered victims of domestic violence.

"I've had people tell me the mental is worse than the physical," Romary said.

"We've had cases where people have been put down, yelled at, screamed at, told different things about themselves, their finances have been controlled, who they talk to is controlled and it's a cumulative effect, that after a while, their life is no longer their own and there is such fear."

Romary is active in taking his case for reform to the public and the government. He said it is not any specific entity he opposes, but he wants to get everyone interested in his plight. Violence rates in North Carolina are not lowering quickly enough for Romary, who thinks the government has to be committed to this effort.

"To not do it is the crime," Romary said.

There have been two domestic violence acts recently, one in 2004 and one this year.

"My role in that was giving advice to the House Committee on Domestic Violence with regard to changes in criminal law and civil law and on getting domestic violence education and training put in place where mechanisms provide domestic violence prevention for education in K-12," Romary said.

Romary said people should understand how everyone in society benefits from addressing this problem.

"You look at the cost to individuals and the cost to the economy, so even if people don't care about individuals involved, they should care about the big picture, the cost to us all," Romary said.

The statistics done on domestic violence show there are many corporate leaders who have a vested interest in this issue. Sixty-six percent of senior executives think speaking to their employees about domestic violence will benefit their companies financially. Domestic violence costs our country an estimated \$67 billion each year.

One of Romary's most important cases, in which he was able to win \$525 million to the estate of a victim, was when he was able to obtain a wrongful death verdict. That sum is the largest gained from a wrongful death in North Carolina history.

That case, along with his 10 years of pro bono work, led him to be selected by Lifetime Television as one of 52 men honored for preventing violence against women. Romary, along with Senator Hillary Rodham Clinton, Missy Elliot, New York Mayor Michael Bloomberg and former Mayor Rudolph Giuliani were some of the men and women honored by Lifetime. His picture was put on televisions around Time Square in New York City with the other honored members.

Romary encourages people to get involved in helping the community in some way or another. He said that is the most rewarding part of his job. He has been motivated to do his job since he was asked to help the mother of a daughter with cerebral palsy. The mother has been beaten in front of her daughter.

see CRIME page A2

Wilburn to be new leader of eastern regional Small Business, Tech Center



Wilburn will be head SBTDC.

Wilburn promoted to director of SBTDC

ZACK HILL
ASSISTANT NEWS EDITOR

ECU has named Carolyn Wilburn as the new director of the eastern regional Small Business and Technology Development Center, one of the main avenues through which the state provides business development and technical assistance to the business community.

"SBTDC is designed to help

entrepreneurs in our area with management counseling including financing, marketing, human resources, operations, business planning and feasibility assessment," said Wilburn.

"The services we provide are becoming more critical in our region as we help small businesses succeed and expand in a more competitive global market."

The SBTDC is a university-based program that receives funds on the state and federal level. The program utilizes more than 50 management counselors

in 17 offices.

"We provide counseling and training to business owners, trying to help them succeed and improve their operations," Wilburn said.

Wilburn has been with the Small Business and Technology Center since its inception in November 1985. For the majority of her 20 years of service, she worked as a counselor.

"I worked with existing business owners, as well as prospective business owners, helping them improve their companies,"

Wilburn said of her time as a counselor.

Wilburn said that much of rural and eastern North Carolina was having trouble with job loss, particularly in the manufacturing sector. Because of this loss, more people are venturing into the business world solo.

"We're seeing a lot more people start their own businesses, and we want to make sure that [they are the right] type of businesses that the economy can support," Wilburn said.

The program also helps ECU

business students by providing them with a chance to get hands-on experience working with businesses.

"We believe in what we do, benefiting not only the companies and the economy, but the students. They're getting real world experience," Wilburn said.

"They actually work with the companies, whether it's helping them develop a marketing strat-

see LEADER page A2

Bush chooses White House counsel Harriet Miers for Supreme Court



Miers is President Bush's choice to replace Justice O'Connor.

Washington (AP) — President Bush nominated White House counsel Harriet Miers to replace retiring Justice Sandra Day O'Connor on the Supreme Court, reaching into his loyal inner circle for a pick that could reshape the nation's judiciary for years to come Monday.

"She has devoted her life to the rule of law and the cause of justice," said Bush, announcing his choice from the Oval Office with Miers at his side. "She will be an outstanding addition to the Supreme Court of the

United States."

If confirmed by the Republican-controlled Senate, Miers, 60, would join Justice Ruth Bader Ginsburg as the second woman on the nation's highest court and the third to serve there. Miers, who has never been a judge, was the first woman to serve as president of the Texas State Bar. She is also a member of the Dallas Bar Association.

Miers, who Bush called a trailblazer for women in the legal profession, said she was humbled by the nod.

"If confirmed, I recognize I will have a tremendous responsi-

bility to keep our judicial system strong and to help insure the court meets their obligations to strictly apply the laws and Constitution," said Miers.

Democratic and Republican special interests groups were braced for a political brawl over the pick, Bush's second. However, the lack of a judicial record may make it difficult for Democrats to find ground upon which to fight her nomination.

Senate Minority Leader Harry Reid, D-Nev., had urged the administration to consider Miers, two congressional officials said. There

was a long list of staunchly conservative judges that Democrats were poised to fight, Miers not among them.

Bush, his approval rating falling in recent months, had been under intense pressure to nominate a woman or a minority.

Miers' pick came shortly before Chief Justice John Roberts was set to take his seat on the court for the first time Monday after breezing to nomination. Miers helped push his nomination through the Senate.

"She will strictly interpret our

Constitution and laws. She will not legislate from the bench," Bush said. Conservatives apparently agreed.

"There's every indication that she's very similar to Judge Roberts — judicial restraint, limited role of the court, basically a judicial conservative," said Republican consultant Greg Mueller, who works for several conservative advocacy leaders.

The president offered the job to Miers Sunday night over dinner in the residence. He met with Miers on four occasions during the past couple of weeks, officials said.

Announcements

'The Pajama Game'

Thursday, Oct. 6 at 8 p.m.
McGinnis Theatre
Tickets for the general public are \$17.50, \$15 for senior citizens and current ECU faculty/staff and \$12 for youth/current ECU students when purchased in advance. \$17.50 at the door.
For more information visit their Web site: ecu.edu/cs-studentlife/mcginnis/playhouse.cfm.
Or call 328-6829 or 1-800-ECU-ARTS

Aging workshop

The Pitt Aging Coalition proudly presents a series designed for professional and family caregivers and the community called "Tell Me More." Join us Wednesday, Oct. 12 at the SILVERCARE office located at 2865 S. Charles Blvd. next to the IRS office. The topic will be "From Hospital to Home." This workshop is free and open to the public and will cover resources in the community.
For more information or to receive a series schedule, please contact Christal Curran at 752-1717 at the Pitt County Council on Aging.

Local attorney to address victims of violence

Local domestic violence attorney Peter Romary will present "With Justice for Some: How the Legal and Education Systems Have Let Down Victims of Crime (and What Can Be Done)" Monday, Oct. 10 at 4 p.m. in Bate 1021. One of America's top-ranked trial lawyers and victims advocates, Romary will illustrate how both the justice and educational systems in the U.S. have failed victims of crime - especially victims of domestic violence - and will discuss how these problems can easily be remedied. Romary has received a number of international humanitarian and service awards for his pro bono work with domestic violence survivors, including the Ellis Island Medal of Honor. In 2004, he was one of only 52 men honored by Lifetime Television in its Time Square Project for his tireless work to end violence against women.

Asian Studies lecture

ECU will hold its annual lecture in Asian Studies from 4 - 5:30 p.m. Wednesday, Oct. 26 in the Science and Technology Building. Steven Heine, professor of religion and history at Florida International University, will present "Zen Hermits and Zen Samurai." Heine is the author of several books, including *White Collar Zen: Using Zen Principles to Overcome Obstacles and Achieve Your Career Goals* and *Opening a Mountain: Koans of the Zen Master*. For more information, contact ECU professor John Tucker at tuckerj@mail.ecu.edu or 328-1028.

Amber Brown is Not a Crayon

Saturday, Oct. 08 at 2:00 p.m.
Wright Auditorium
Advance individual tickets, if available, may be purchased beginning September 18 and cost \$9 public, \$8 ECU faculty/staff, \$6 ECU students/youth. All tickets at the door are \$9.
Web site: ecu.edu/ecuarts
Call the Central Ticket Office at 252-328-4788 or 1-800-ECU-ARTS.

News Briefs

State

NC energy woes could raise support for alternative fuels

RALEIGH, NC (AP) - Gas for \$3 a gallon. A 22 percent increase in the price of natural gas. Hurricanes shutting down pipelines that bring fuel to North Carolina from the Gulf Coast. The state's energy woes in the past month have been tough on businesses and consumers alike, and experts warn such higher prices could become the norm as overseas demand for oil expands and North Carolina's population grows. But environmental groups and legislators who want to start weaning the state from fossil fuels see the price spike as an opening to bring alternative energy production - wind turbines, agricultural fuels and solar power - into the mainstream.

"It's a wake up call for us for sure," said Rep. Louis Pate, R-Wayne, and a member of the North Carolina Energy Policy Council, which sets the state's energy policy. "And it may be a long-term wake up call." Blame hurricanes Katrina and Rita for the most recent rise in energy prices. Katrina's destruction blocked gasoline supplies from moving up two Southeast pipelines last month, sending prices soaring across North Carolina and drying up gas pumps in isolated areas. When Rita damaged gasoline refineries in Texas, gas couldn't move through one of those pipelines, sending prices higher again. Such short-term fuel problems are largely outside of North Carolina's control, said Gov. Mike Easley, who urged gas conservation and curbed state-employee travel after the hurricanes struck. "North Carolina is totally dependent on petroleum from the Gulf Coast," said Dennis Grady, director of The Energy Center at Appalachian State University in Boone. "We saw the effects of that."

And long-term, without any fossil fuels of its own to mine, the state is expected to import \$100 billion worth of energy from out-of-state sources during the next decade. The state began efforts 30 years ago to find long-term solutions to dependence on traditional energy sources, following the Arab oil embargo that led to gas lines nationwide. The State Energy Office initially focused on energy conservation, but today oversees 90 programs - from assisting industrial plants and state buildings with energy efficiency plans to jump-starting alternative fuel projects.

North Carolina's terrain and agricultural history make it a great location to generate energy through alternative means, said office director Larry Shirley. For example, North Carolina could generate 7 percent of its current electrical need through wind power, according to state estimates. The same map that shows large areas of coastal counties and the many mountain ridgelines where wind

turbines could generate electricity also points out the many landfills and hog farms that generate methane, another potential alternative energy source. "This state is rich in renewable energy," Shirley said.

National

Investigators search for cause of upstate New York tour boat accident that killed 21

LAKE GEORGE, NY (AP) - A postcard perfect day of sailing along a placid mountain lake suddenly turned horrific when a tour boat with many senior citizens aboard flipped over so quickly that no one could put on a life jacket. Twenty-one people were killed and dozens more injured.

Police initially said the 40-foot *Ethan Allen* was swamped Sunday by the wake of a larger tour boat nearby and capsized, throwing its 48 or 49 passengers into the chilly, 68 degree water. Later Sunday, police said they didn't know the cause and the investigation would continue. "The boat was sideways in the water, and people were screaming," Joanne Rahal, who was in a boat on Lake George when the *Ethan Allen* flipped, told *The Saratogian* newspaper. "Bodies were floating by our boat."

U.S. Rep. John Sweeney, who talked with survivors at the hospital, said the boat flipped in about 30 seconds, giving victims no time to react. The sheriff said none of the passengers was able to put on a life jacket. Adult boat passengers are not required to wear life jackets in New York, but boats must carry at least one life jacket per person.

"I saw plenty of life jackets in the water, but nobody was in them," Rick Sause, whose family runs a motel near where the accident took place, told the newspaper.

Many of the bodies were laid out along the shore, and the site was blocked off with tarps by the police. A hearse, police vehicles and several sport utility vehicles later began taking the dead from the scene.

The glass-enclosed boat was carrying a tour group from the Trenton, Mich., area, and was sailing just north of the village of Lake George, a popular tourist destination about 50 miles north of Albany in the Adirondack Mountains. With calm waters, clear skies and temperatures in the 70s, it seemed perfect boating weather, and the lake bustled with activity. The lake is approximately 32 miles long and is nearly 3 miles wide.

Twenty-seven people were taken to a hospital in nearby Glens Falls. Some suffered broken ribs and others complained of shortness of breath. Seven survivors were admitted, said hospital spokesman Jason White. He said the hospital had received 21 bodies.

Officials gave conflicting information on the number of dead and passengers. Warren County Sheriff Larry Cleveland said there were 48 or 49 people aboard, which was close to the boat's maximum capacity of 50.

World

Two Australians win Nobel Prize in physiology or medicine

STOCKHOLM, Sweden (AP) - Australians Barry J. Marshall and Robin Warren have won the 2005 Nobel Prize in physiology or medicine for showing that bacterial infection, not stress, was to blame for painful ulcers in the stomach and intestine. The 1982 discovery transformed peptic ulcer disease from a chronic, frequently disabling condition to one that can be cured by a short regimen of antibiotics and other medicines, the Nobel Prize committee said.

Thanks to their work, it has now been established that the bacterium *Helicobacter pylori* is the most common cause of ulcers. "This was very much against prevailing knowledge and dogma because it was thought that peptic ulcer disease was the result of stress and lifestyle," Staffan Normark, a member of the Nobel Assembly at the Karolinska institute, said at a news conference announcing the winners.

Many other diseases including Crohn's disease, ulcerative colitis, rheumatoid arthritis and atherosclerosis happen because of chronic inflammation, the assembly said in its citation, adding that the Australians' discovery stimulated the search for microbes as possible reasons for other inflammations.

Warren, 68, a pathologist from Perth, Australia, "observed small curved bacteria that were colonizing the lower part of the stomach in about 50 percent of patients from which biopsies had been taken," the Nobel Assembly said.

"He made the crucial observation that signs of inflammation were always present - close to where the bacteria were seen."

Marshall, 54, became interested in Warren's findings. They initiated a study of biopsies from 100 patients. "After several attempts, Marshall succeeded in cultivating a hitherto unknown bacterial species - later denoted *Helicobacter pylori* - from several of these biopsies," the assembly said.

"Together they found that the organism was present in almost all patients with gastric inflammation, duodenal ulcer or gastric ulcer."

Based on these results, they proposed that *Helicobacter pylori* is involved in causing these diseases. By culturing the bacterium, they were able to make studying it and the illnesses easier. The institute's Nobel Assembly picked the winners.

The process for selecting winners is extremely secretive - nominations are kept sealed for 50 years - leaving Nobel-watchers little to go on in their speculation.

The medicine prize includes a check for \$1.3 million, a diploma, gold medal and a handshake with the king of Sweden at the award ceremony in Stockholm Dec. 10.

Crime from page A1

"It was right at the time my daughter had been born, and it really had an effect on me," Romary said.

"I can still remember that very, very vividly - sitting at the conference table and watching the mother recount what had happened to her and that it happened in front of her child."

His field has a high burnout rate for lawyers. He said they typically last only six months. However, Romary remains committed after helping 700 clients.

"I enjoy what I do, it's stressful, it's nasty, I've had death threats... but at the end of the day, I enjoy my work," Romary said.

Romary has degrees from the University of Reading in the United Kingdom and from UNC Chapel Hill. He is a member of the North Carolina and District of Columbia bar associations.

This writer can be contacted at news@theeastcarolinian.com.

Leader from page A1

egy or helping them improve their financial situation."

The eastern region SBTDC covers 12 counties from Wilson to Carteret. Many of the services offered by the program are free for local business owners. Assistance is provided in dealing with planning, financing, marketing, human resources and operations.

"Wilburn has an extensive knowledge of eastern North Carolina and has worked with many small businesses in our region," said Ron Nowaczyk, associate vice chancellor for economic and community development at ECU. "She was chosen to fill the director role because she understands the needs of small companies in our region and has the leadership skills to move the SBTDC forward."

"Our mission is pretty simple - helping companies succeed in North Carolina," Wilburn said.

This writer can be contacted at news@theeastcarolinian.com.



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Our View

Purple Fever still high on Pirates' priority list

Catch the fever – purple fever, that is. Despite a disappointing loss to Southern Mississippi last weekend, the Pirates still have much to be proud of. After an impressive victory over Duke University in this season's opening game, the Pirates have seen struggles come their way. Our football team proved themselves a force to be reckoned with in their game against West Virginia.

Though our boys did not emerge victorious, they played well and refused to let their opponents run away with the game. Considering the fact that this team has faced three coaching changes in just four years, their strong performance has been impressive.

We at TEC are proud of our football team – as well as all of our other athletic teams. We would like to encourage the entire student body at ECU to show their support for our athletes, whether it be in the stands, the parking lot or from the comforts of your own home.

While only a select few individuals are able to represent our school by playing on the field, we all represent our school through our support. By supporting our sports teams, we are not only building a sense of community and pride, we are also promoting and advertising our university to the world. Few things stand out to people, including potential future students, like school spirit. So let's show the world that we have something to celebrate.

The pirate football team will be taking on Rice next Saturday, so stay up late to make time to wash your purple and gold T-shirts for Paint it Purple Fridays, line up to buy tickets to games and go laugh with your friends at a tailgate party. Perhaps decorate your car with our school colors or invite a friend to share in the festivities. Parents Weekend is also next weekend and no doubt your family would love to help support and show that ECU pride.

Go ahead, be the silly person in the stands screaming at the top of your lungs when our guys take the field. Let's show people why it pays to be a Pirate.

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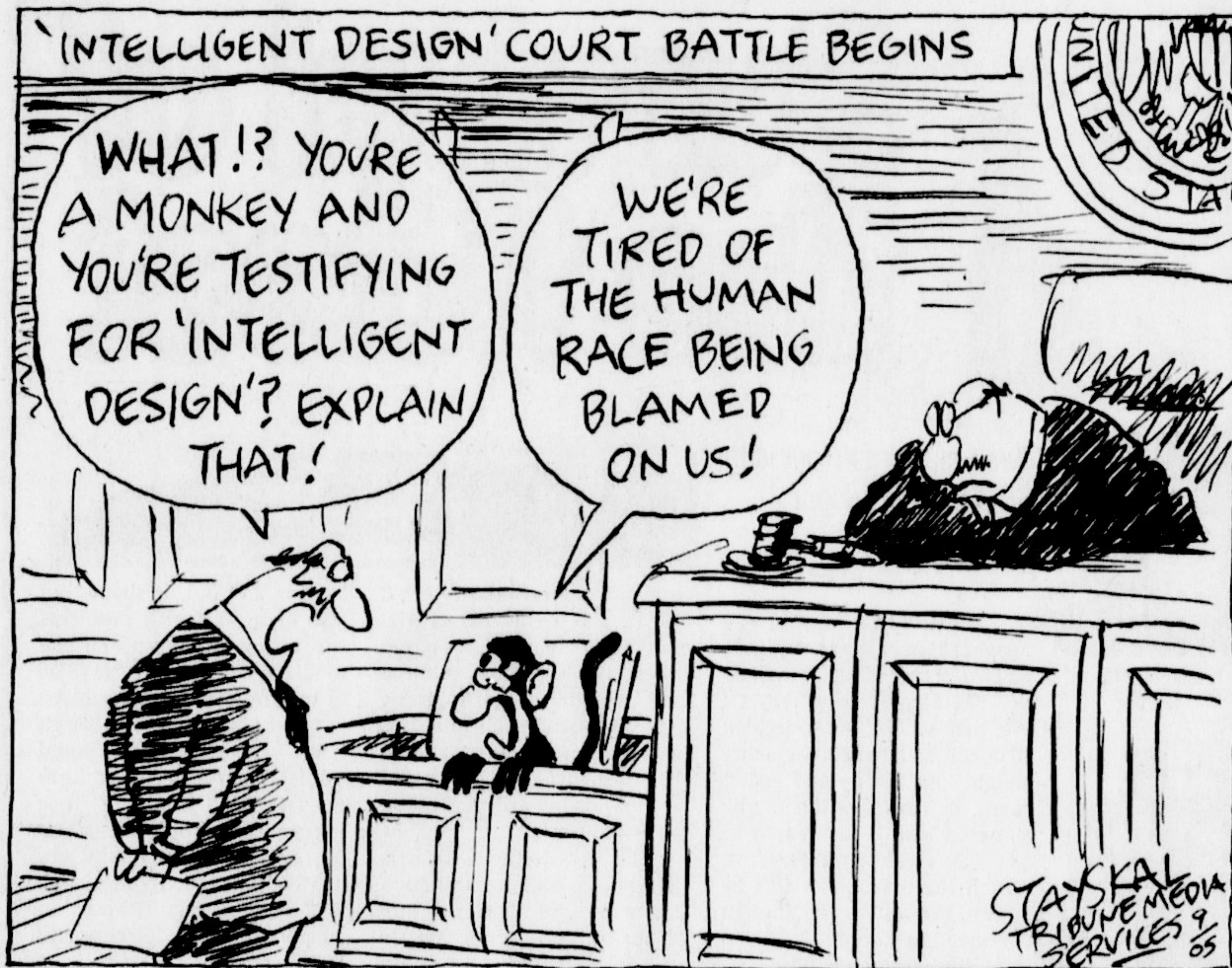
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Opinion Columnist

"Clearing up some confusion"

TONY MCKEE
CONSERVATIVE CORNER

I want to thank our Editor, Ms. Jennifer Hobbs, for her kind words about me having to take some time to recuperate from an injury last week. Of course, she did forget to mention that she was the one who caused the injury because I didn't get an assignment done fast enough.

Only kidding! Jennifer is a very sweet, calm individual who loves everybody and everything. Just to be on the safe side though, I made sure this column was on time (sorta) and I will be avoiding her for a little while.

'Nuff said. Let's get to the good stuff.

I have come to the realization that many connoisseurs of this column do not understand the terms that I use. I was led to this inescapable conclusion after quite a few people have asked me why I hate democrats so much. First off, I do not hate democrats. I am definitely not fond of Democrats, and Liberals...nah, not even them. Are you beginning to get the picture, or should I elaborate?

Alright, I will again put on my teacher hat so I can impart some modicum of my vast storehouse of wisdom. This week's lesson is on differences and definitions.

You probably noticed the capitalization discrepancies earlier. Those are not errors in typing. I did, and do, that to differentiate the groups. Liberals and liberals are not the same thing. Just as Conservative/conservative, Democrat/democrat, and Republican/republican are all different creatures. Let me roughly define them. After that, the differences should be clear.

Conservative: believes in strong family values, including that a family consists of a man, a woman and however many children they desire to conceive. They believe in limiting the

power of government so that citizens can enjoy their God-given freedom, not bow in servitude to power hungry bureaucrats. They know that people prosper more when given a helping hand up, not a restricting handout.

Believes the Founding Fathers said what they meant when they wrote the Constitution and that it doesn't require any "interpretation" to be understood. Believes that God not only has a place in government but that governance is impossible without His help. Believes in the sanctity of life and that abortion is murder and infanticide. Believes that if a person willfully kills another human being (excluding abortion) the government is justified and duty bound to ensure justice is done by executing them instead of coddling them for the rest of their lives in prison (and no, these are not conflicting values).

conservative: holds many of the same beliefs as Conservatives, just unwilling to openly say so. Usually called the "silent majority." Ultimately does the right thing at the ballot box.

Republican: people like George Bush, Ronald Reagan and all the other politicians who openly espouse Conservative values despite the knowledge that the mainstream media and others will ostracize, ridicule and attempt to minimize them as a result.

republican: people who's parents were/are Conservative and have voted that way "just because." They know on an instinctual level that what their parents/grandparents/etc. believed and taught them is true, but may not be able to explain why. This category also includes democrats who have seen the error of their Party's ways and who "stealth vote."

Democrat: people like Ted Kennedy, Nancy Pelosi, Harry Reid, Bill and Hillary Clinton. These people have sold their souls to their Liberal "base" and no longer can act sane for fear of losing their support. Have backed themselves into a corner where they have to support actions and lifestyles

that they would not let their own children pursue. Uses terms like "Nazi, baby killer, Fascist" and other Talking Points when trying to get their point (whatever it is) across. These are easy to spot in that they all say the same thing on the weekend talk shows and news programs. You just have to watch the first one to know what the rest of them are going to say. Includes certain members of the mainstream media.

democrat: the flip side of republican. Vote as they do because they don't know better or have fallen for the propaganda they have been fed. Contains vast numbers of future republicans.

Liberal: Insane, dangerous, hate-filled, suffering from a mental disease. This includes enviro-terrorists who burn cars and houses in the name of "saving the planet" (what about the air pollution that their fires cause?), radical feminists who claim that even consensual sex and/or sex between married couples is "rape" and environmentalists who believe that "endangered species" are more important than human beings, despite the fact that species have been going extinct for eons and will continue to do so with or without human help.

This group is especially dangerous because they are incapable of rational discussions. Anyone who disagrees with their radical views is shouted down, excoriated and in some instances physically attacked. Bears a remarkable resemblance to Liberals. Contains many members of the mainstream media.

liberal: well intentioned, deluded individual. Can be either republican or democrat.

Well, that's about it. From now on there should be no confusion when you see these words in my columns. And remember, no hate involved.

I hope this helps clear some things up. I have to get this to Jennifer now before I have to take a month off to "recover."

See you next week.

In My Opinion

Could animal rights activists be racist?

(KRT) — In the weeks since People for the Ethical Treatment of Animals launched its Animal Liberation Project display, in which pictures of once exploited groups are juxtaposed with photos of animals abused today, we have been called "racist," "insensitive" and "extreme." An NAACP representative accused us of "exploiting" blacks to make our point that animals suffer as people do.

While the photos of poor immigrants, children used in forced labor, American Indians and African slaves are extremely upsetting, why is it so shocking to suggest that the mindset that condoned exploitation of people in the past is the same as the mindset that enables today's abuse of animals in laboratories and on factory and fur farms? And why is it assumed that this display, and indeed the entire animal rights movement, was generated by insensitive white people? As a person of color, I am pained and perplexed that my two decades of work in the animal rights movement, as well as the efforts of my many colleagues who are people of color, is discounted.

My family immigrated to Canada from India when I was three. My teen years coincided with the height of "Paki-bashing" in Canada and I spent most Saturday and Sunday mornings cleaning egg from our doors and windows or examining, with my very hurt parents, racist "jokes" that had been

spray painted onto our driveway.

During the mid-1980s, while enrolled in a graduate program at the University of Western Ontario in London, Ontario, I helped organize protests calling on the university to divest from South Africa, and other protests opposing the racist ideas being trumpeted by the eugenics theorist, Jean-Philippe Rushton.

During this time, I visited a slaughterhouse outside Toronto and I knew that the violence I witnessed in the slaughterhouse stemmed from the same oppressive mindset that permitted the vandalism at my parents' house, that allowed Rushton to espouse hateful ideas justifying racist policies and that gave whites in South Africa carte blanche to oppress blacks. It's the mindset that discounts others' interests and props up one's relatively minor interests relative to the interests of other beings.

For five years, I was a professor at Memorial University of Newfoundland in St. John's, where I again became involved in animal and environmental activism. People who opposed these issues openly declared that these movements were brought in from "the mainland." My friends from Newfoundland who were involved in these issues were painted either as invisible or as dupes of the "mainlanders."

I wondered why the naysayers from Newfoundland would sell short their

own brothers and sisters: Was it so difficult to conceive that Newfoundlanders might feel some compassion for animals? This myopic view that would dismiss the efforts of a group because they're not "like us" is not limited to an isolated and financially stressed island in the north Atlantic.

In the United States, the NAACP and others are now painting animal rights activists as white racists in order to marginalize and dismiss us. I can't help but think that this sort of "analysis" that insists on painting a movement in a monochrome is the same paring down of the world that people engage in when the truth makes them uncomfortable. Racists dismissed Martin Luther King as a womanizer. Colonists dismissed Gandhi as a short, brown man in a loincloth. Sexists dismiss feminists as ugly, angry women.

Yet many people of color work every day to change attitudes toward animals. My own beliefs, and those of many of my colleagues, sprang from an understanding of right versus wrong. It is not racism that inspires us, but justice.

I ask other people of color who have had their windows egged or experienced other forms of racism to stop condemning for a moment and to consider that what they are now saying about animals – that animals are lesser beings whose suffering can be dismissed – was once said about them and was used as an excuse to keep them in bondage.

Pirate Rant

I could have met you in a sandbox, I could have passed you on the sidewalk, could I have blown my chance, and watched you walk away?

To the Tyler Hall Cancer Crew: I missed you guys last night! Sorry you girls/guys did not get to stare at me as I walked my girlfriend up to the side door. Maybe you took my comment to heart but I doubt that. Hope you liked my sign I left hanging! I did not want you to miss out on some useful information.

To the rude guy who rides the commuter bus on Tuesday mornings: Next time you have a problem with me and my friend getting on the bus when you took your precious time to get off and we didn't even realize you were there, instead of saying "watch out" you can be a little nicer and say "Excuse me." We are adults here in college, not 12 year olds on the short bus. Grow up!

Since I've been here, I have been to the same guy's apartment for the same type of drunken party, with the same people week after week. Only one word to describe this, boring. Maybe I need to get a life and new friends.

ECU's Flag Football referees are the worst ever!

Why do girls now insist on wearing bug-glasses that cover half of their face, this isn't the "OC," it's Greenville!

To the guy who says all girls at ECU are the same – open your eyes and realize that we're not all the same. Obviously the ones you're paying attention to all look alike. Some of us are individuals and stand out from the crowd – we're called redheads.

It would be nice to know about on-campus events via in-depth news articles before they happen. For example, the Health Major fair. I wish I could have read an article with all that information in it before the event, not after. Too many times we see articles about things that have already happened when students need to know about them in advance. The lead story on sexual assault is another example of information received too late to do anything about it.

Music Appreciation is a pain in my rear end.

When you think about how stupid the average human is, and then realize that half of humans are stupider than he is, it makes your mind hurt.

Why is it that every time a professor decides to give me the pleasure of taking a test, I have to purchase a bubble sheet to do that? It's not like the school doesn't get enough money from me already, but they even have to charge me to take the tests for the classes I am paying them for. It's not like ten cents is going to break anyone and every time I am late to a test, it's because I forgot to grab 10, no make that 11, cents so I can take the test.

Everyone buy ad space and you will get your precious crossword puzzles. See when a newspaper sells ad space, they get to print on more pages, and thus – you get a comics page – there is your crossword.

Alright, it's a month into the semester and the SRC is starting to be a little less crowded. Thanks to all of you with your short term goals and keep up the production of those inevitable saddlebags.

If you blow smoke in my face, can I spit in yours?

Hey losers, Story of the Year, My Chemical Romance and Good Charlotte called they want their hairstyles back. Get your Art Degree and go work at a coffee bar in Greenwich Village, but try something a little more original.

What's with all these wristbands that ripped off the Livestrong band. Last week I saw someone wearing a "Little Toe Cancer" bracelet. They have one for every ailment.

Why do people respond to Tony McKee's articles? Because the left inspires thought, the right inspires conformity and normalcy.

To the people arguing over the term "African-American": Please keep in mind that Charize Theron and Dave Matthews are both African-American.

PEOPLE! Wearing clothes two sizes too small does not make you look skinny, sexy or cute!

Umm thanks a lot ECU, you include transportation fees in my school fees, and then take away my bus route... there's no way not enough people were riding the Arlington corridor... people e-mail ECU transit and help us get our route back!

Can you believe those little chocolate pumpkins at the checkout at the Wright Place are \$1.29? Apparently Dining Services thinks students are dumb and don't know/care how much they're really spending when they hand over that meal card. Get smart and don't pay double or triple what you would in a normal store. Force them to rethink their pricing!

Editor's Note: The Pirate Rant is an anonymous way for students and staff in the ECU community to voice their opinions. Submissions can be submitted anonymously online at www.theeastcarolinian.com, or e-mailed to editor@theeastcarolinian.com. The editor reserves the right to edit opinions for content and brevity.

Picks of the Week:

Music:

Fugazi
I don't care which one of their more than a dozen releases you listen to, just listen to them. For all of you who have recently jumped on the pop-punk/emo bandwagon due to the rise of self-proclaimed punk bands like Good Charlotte and Fall Out Boy, try some Fugazi to get a feel for real DIY (do it yourself) punk. These men started the so-called emo movement back in the late 1980s, and believe me—it's nothing like the overly produced crud you'll hear on MTV.

Movie:

The Corpse Bride

With Halloween quickly approaching, what better movie is there to go see than one with gothic characters and a skeleton dog? Though it might not have the deepest plot of the year, it's fun and lighthearted.

Television:

"Desperate Housewives" Sunday at 9 p.m. ABC

With an abundance of attractive women and men, and humorous drama which, in some cases, we're happy it's happening on Wisteria Lane and not our own backyard, "Desperate Housewives" is back for season two. Who are the new neighbors? Whose baby is Gabrielle having? Tune in and find out. If nothing else, you will have something to talk about with everyone else on Monday morning.

Books:

The Da Vinci Code

I personally have not read the book, but it's been on the bestsellers list for 129 weeks now, so something about this book has to be good. Read this book or one of the many spin off books and decide for yourself whether the book was worth all the hype.

Names in the News:

Oh Tara

You'd think Tara Reid would be laying low after photographs surfaced of her being helped out of a New York club with her skirt riding up. No chance. *The New York Post* reports that the 29-year-old actress-party girl, whose life was chronicled in the recently canceled E! show "Taradise," went into meltdown during an interview with *Steppin' Out* magazine. Reid railed against her reputation as a party babe, saying, "Listen, if I could get good movies, you would never see me going out. But when there's nothing to do, what am I supposed to do, just sit in my house and go crazy?" said Reid. "I need one more great movie role so they say, 'Wow, she can act! She's a great actress.'" Reid blames the media: "How many more years are (they) going to pick on me?" she said. "There's other new young bad girls. Move on to someone else!"

Charging Kate?

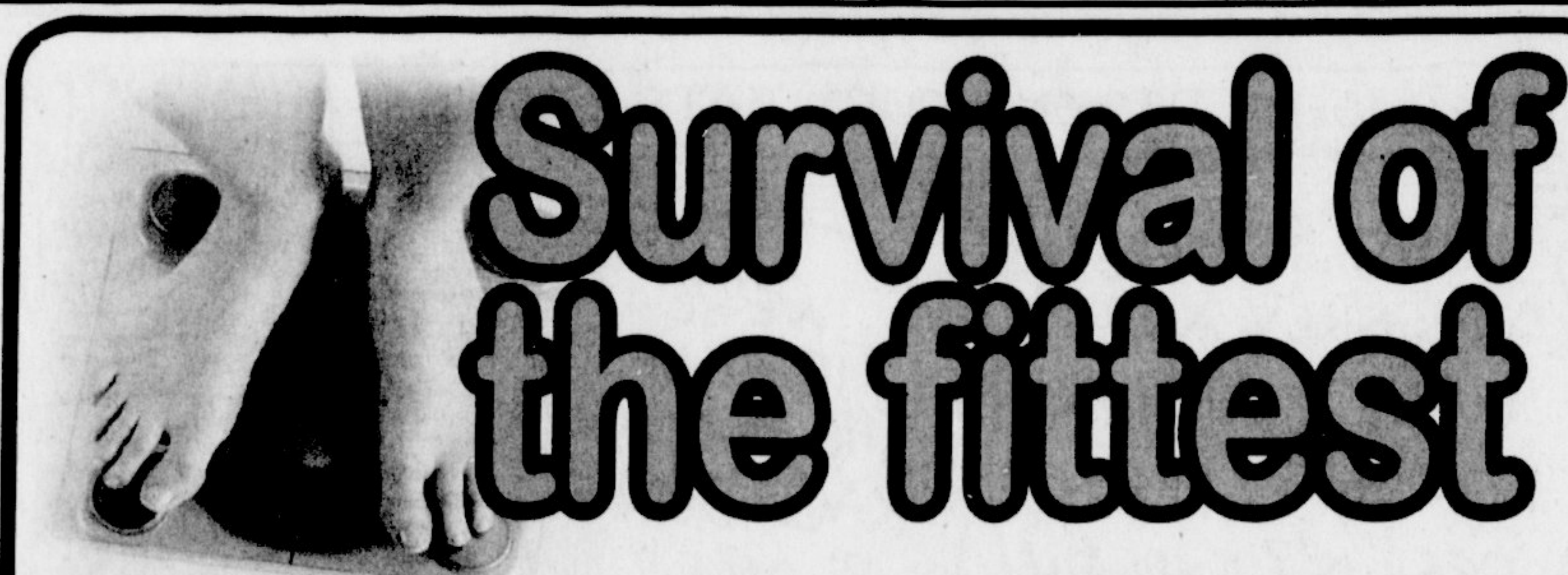
While we're on the subject of beauties gone bad, British supermodel Kate Moss could see drug charges filed against her, thanks to photos published last month in a London tabloid that showed her snorting cocaine. *The Associated Press* reports that Scotland Yard is seeking advice from prosecutors on whether there is enough evidence to charge Moss, 31, who has been sacked from contracts with H&M, Burberry and Chanel as a result of the scandal. Though London police usually focus on drug dealers rather than users, Metropolitan Police commissioner Ian Blair said his agency would consider "the impact of this kind of behavior on impressionable young people." Moss, who issued an apology last week, has reportedly checked herself into an Arizona drug treatment clinic.

Fashion Faux Pas Times Two

Italian fashion designer Valentino has a bone to pick with movie stars Julia Roberts and Cameron Diaz, who have been photographed wearing less-than-chic gear in their off hours. In an interview with the German newspaper *Die Zeit*, Valentino let loose on the two for not holding up what he sees as the glamour standard of a Hollywood icon. "Today you see Julia Roberts and Cameron Diaz running around looking unkempt in jogging trousers. They look like bag ladies, like homeless people." Ouch. Continued Valentino: "In the past, actresses had to commit in their contracts to appear in public like stars when they left their homes." Well, that was then, this is now.

Charlize Gets Her Own Star Power

Oscar winner Charlize Theron has her very own star on the Hollywood Walk of Fame. The former model and ballerina won the best actress award for her chilling portrayal of serial killer Aileen Wuornos in 2000's *Monster* for which she gained weight and wore false teeth. Theron, who came to the United States from South Africa at the urging of her mother, told a cheering crowd at Thursday's ceremony, "I had big dreams when I came here, but this is an incredibly amazing gift."



Survival of the fittest

Three students work with SRC to lose weight

KRISTIN MURNANE
ASSISTANT FEATURES EDITOR



Kristin Murnane
Senior



Ed McKim
Junior



Kristin Day
Senior

I'm sure that most of you have caught at least an episode or two of "Celebrity Fit Club" or "The Biggest Loser" on TV. We, here at TEC, have decided to do our own version of reality weight loss. Ladies and gentlemen, for the duration of the semester you'll be treated to TEC's Survival of the Fittest in which three students will be put to the test by the Student Recreation Center.

Our regimen will be: Next week we'll undergo our first of three fitness assessments in which we'll weigh in and have all of our measurements taken. We'll have our blood pressure taken, and the experts at the SRC will measure exactly how far we can run and how many push ups we're able to do, among other things.

We'll have personal training sessions once a week to not only get us on a steady workout routine, but also to motivate us to



work out and stay healthy. We'll also be given gold passes that grant us access to as many group fitness classes we want. As if that isn't enough, we're also going to have nutrition consultations because being healthy and in shape also includes a proper diet.

Now, who are the lucky participants?

TEC's contestants are Kristin Day, senior communication major, Ed McKim, junior art major, and myself. Kristin and Ed will introduce themselves over the next few weeks in their articles, as we'll all be contributing pieces documenting our progress, so I'll start by introducing myself.

As our faithful readers may or may not know, I'm the Assistant Features Editor for TEC and a senior communication major, additionally I'm commonly known by many of you for contributing some entertainment or opinion pieces. I'm eager to lose weight through this program not only because I'm

This writer can be contacted at features@theeastcarolinian.com.

Going greek: Loose lips sink pledge ships

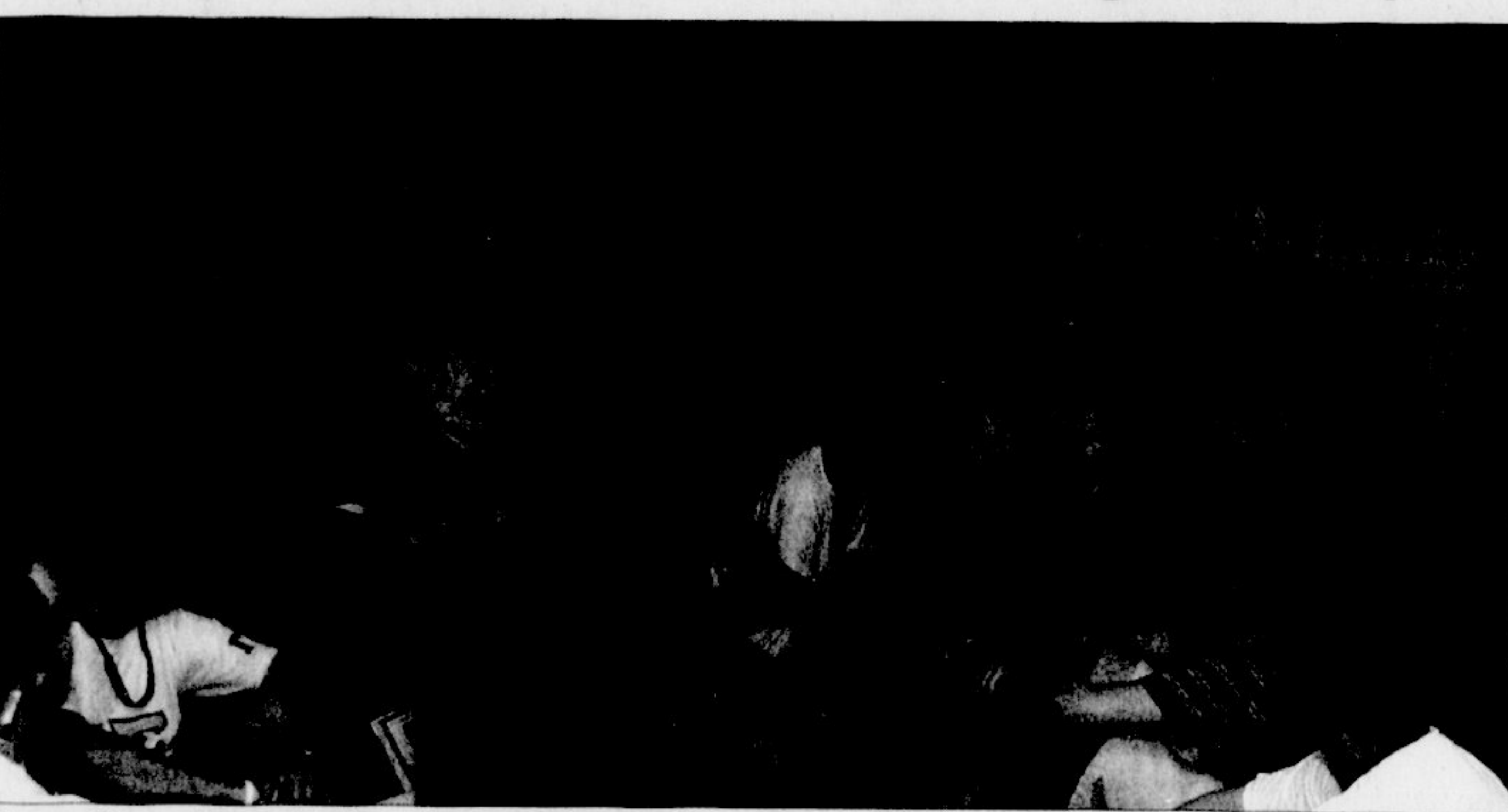
The importance of secrecy and ritual

EMILY JORDAN
STAFF WRITER

Initially I had intended to write this story about fraternity and sorority pledging, but it turns out that no brothers or sisters at ECU are willing to divulge any in depth information regarding the pledging process for their particular organizations—for this we should show them respect. Even after I told people that their organization and their name would not be mentioned, no one was willing to crack.

Maintaining secrecy helps to maintain the integrity of the Greek organizations, which is why it is a privilege to be a part of them. However, the ideal upon which secrecy is based is not to be misunderstood, fraternities and sororities have a duty to protect their houses and to regulate their history and social code. Secrecy is not simply an excuse to cover up any wrong doing that goes on during the pledging process. Based upon years of ritual, many fraternity secrets like handshakes, passwords, songs, journals and initiation rites are highly symbolic and are kept closely guarded. Ritual and secrecy go hand-in-hand. Without secrecy the perpetuation of ritual would not succeed.

Ritual is vital to the preservation of fraternities and sororities. Though rituals are changed to keep up with current times, the basis of many rituals is dated back to the founding members. Ritual is a system of



Kappa Sigma holds their pledge meeting to discuss daily activities to discuss policies and procedures.

values—a product of history and the spirit of which the organization was founded upon. Ritual is an instrument for self-evaluation.

Some rituals include hazing. Hazing is absolutely prohibited by the governing body at ECU but, for all anyone knows, it may or may not go on. The university defines hazing as, "to annoy any student by playing abusive or ridiculous tricks upon him, to frighten, scold, beat or harass him, or to subject him to personal indignity." There is no declared reason why fraternities and some sororities undergo hazing during the pledging process. A likely theory is that hazing occurs to facilitate strong commitment and loyalty to the group, but it is simply a theory.

Why join a fraternity or sorority? A senior business finance major, Dale Delserone of Tau

Kappa Epsilon believes that one goes Greek "to have friends for life, something to come back to after graduation, to be a part of the community and the university, and it [the organization] can help you find a job after college."

The overall purpose of fraternities and sororities is to provide community service and help students develop sound learning and leadership skills. Of course, there is quite a bit of socializing among peers that goes on as well. The common theme among the Greek organizations is the building of friendships through shared experiences and efforts.

What we do know is that pledging serves as a holding period in which the group decides whether or not they have made the right choice. What one may not realize is that once a pledge becomes a member of a particular

fraternity or sorority, he or she is a member for life. There aren't many organizations in this world that allow you to establish lifelong commitments and friendships without a dangling membership renewal each year or so.

Pledge requirements differ from house to house, however common requirements include learning about the history and structure of the fraternity or sorority as well as the chapter, performing a service of some kind and maintaining a deferential attitude toward current members.

However, this is all that anyone could tell me about the pledging process, as greater details of these rituals remains behind sealed lips. This is fortunate because if not, ships could sink.

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Career Center here to help ECU students

Providing all aspects of career exploration

TOMEKA STEELE
SENIOR WRITER

If you are looking for a job the Career Center is definitely where you need to go. The Career Center has a smorgasbord of resources to make finding a job, getting a job and keeping a job simple. The Career Center is a branch of the academic affairs department at ECU. The staff at the Career Center urges students to utilize their "e3" system to explore, experience and engage in the resources provided.

Some of the services offered are workshops, programs, career fairs and an online job search engine, internship and co-op search engine. There are specific workshops for learning résumé and portfolio skills as well as interviewing skills.

To get started, all students

have to do is register with the Career Center. A registration form can be filled out online or at the center itself. Once a student is registered, access to the online database of job listings is granted.

On the eRecruiting Web site one can upload a résumé to the system that employers can review. Students can search for jobs based on the area and specific interests. In addition, students can apply for jobs on the site and sign up for on-campus interviews as well. The site includes job listings on campus and federal work-study opportunities for eligible students. There are also many assistantships specifically for recent graduates. Distance learning students also can utilize the sources of the Career Center.

The Career Center offers a mentor program where a student can work with a member of the Pirate Alumni Network who is part of their desired career field. This is a great tool

for students wanting to know more about their chosen career field or area of study.

The Career Center has a database of employers as well as connections with employers and students can search for jobs based on specifications. Each college or school at ECU has a career coach assigned to it to help steer students in the right direction and help them with their job search.

"I went to the Career Center when I needed help with my résumé. They helped me to improve my résumé and helped me to find a job that fits well into my schedule. The Career Center is great and I'd like to thank them for all their help," said Amber Anthony, junior interior design major.

The Career Center will host its Fall Career Fair Thursday, Oct. 20 from 10 a.m. - 2 p.m. at Minges Coliseum. At the fair there will be many employers recruiting and scouting for

potential employees. Some of the employees include A4 Healthsystems, Aramark, Blythe Construction, Davidson County Schools, Duke University Hospital and countless other companies.

The career fairs the Career Center hosts are the largest annual university fairs on the east coast. This would be a great event for seniors and graduates to attend because there will be so much exposure to what is available in the area as well as other locations.

During the spring 2006 semester, the Career Center hosts a number of specific career fairs. The fairs include a technology career fair, a science fair, a business career fair, an education fair and a health careers fair. Look out for updates on the Career Center Web site to find out which fair is right for you.

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Do your part ECU



With the current imbalance between supply and demand of fossil fuels in the United States, President Bush has called on the American people to pitch in through energy conservation.

1. Curtail non-essential travel. If you were planning a long drive to the beach, save yourself and the country some money and go to an in-town park.

2. Carpool or use mass transit. Riding with friends is more fun anyway, why not ride with friends while saving gas money?

3. Identify all of the energy "vampires" in your residence. These are appliances such as television, washers/dryers, computers and even cell phone chargers that use 4-7 watts of power when they are not turned on. By identifying and unplugging these vampires, your utility bills will lower while doing your part to help the American energy conservation effort. This effort could save \$1-2 billion annually.

4. Only conduct energy wasting activities at night if at all possible. This includes doing laundry and electric cooking.

5. Turn off all lights, computers, printers and appliances when they are not in use. Try to keep the windows open as much as possible now that fall is upon us. Efforts like turning off the water when you are brushing your teeth and running the dishwasher only when it is totally full are great ways to save water and electricity.

ECU has the opportunity to help eastern North Carolina as well as the entire country through our everyday actions. Go home and walk through the house to identify any energy wasting that you are doing. Try turning off your computer when you are not going to use it or unplugging the TV, washer and dryer when they are not in use. If you don't do this for your country and future generations, do it for your wallet. Everyone can stand to save some money on utilities.

Free ECU comedy

Entertainment via
The Swash Improv

SARAH CAMPBELL
STAFF WRITER

Are you looking for a unique and entertaining way to spend your free time without breaking the bank? If so, look no further. The Swash Improv is just what you have been searching for. TSI offers students a chance to view comedy through a different perspective, improvisation.

Improvisation is the act of creating a performance without any type of planning. Improv is the art of acting on the fly. Nothing is scripted—everything is made up on the spot.

"This is as live as live can get. True, we do have some structured games that have a certain format to be followed, but they are simply a metaphorical road map of the show—we use them, but they're not what get up to the end result," said senior theatrical design and production major TJ Walker who is also captain of TSI.

TSI is a student organization that was formed in August 2002 by former ECU student, Corey Brown as a way to bring improvisational theatre to Greenville and surrounding areas. Since then, TSI has grown into a successful team which has traveled around North Carolina delivering laughs to many.

There are currently 15 people involved with this professional, non-profit, comedy improv ensemble. Their shows are similar to ABC's "Whose Line Is It Anyway," with the only major difference being that TSI performs live.

Their performances mainly consist of short form improv. This type of improv is mainly comprised of games which can be played in a couple of minutes. These games are combined to form a show. They keep the audience from becoming bored by constantly changing.

I recently attended one of their shows at the Pirate Underground in Mendenhall and found it to be quite hilarious. I was laughing out loud the entire time, it made me completely forget all of my worries for just a few moments and really enjoy my free time.

TSI invites everyone to come out and join in the fun. Their next on-campus performance will be during the Halloween extravaganza at Mendenhall Oct. 31. They will also be at Mudslingers, which is on Evans Street across the street from Emerge Art Gallery Nov. 10 and Dec. 1 at 8 p.m.

This writer can be contacted at features@theeastcarolinian.com.

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Fast food dieting, students stay healthy

Healthy living can come with fries

SCOTTY WILLIAMS
STAFF WRITER

You're busy all the time, always running around handling business, working a job and taking classes. There's no way in the world you could ever have time to sit in front of a stove and cook a fresh, healthy meal every day of the week. Yet you still want to be healthy and eat nutritious food off the fast food menu boards. Is this impossible?

No way. It's entirely possible to eat fast food and still be healthy. Although it may not be the best option for your finances, the possibility does exist that you may eat fast food all the time and still stay healthy. You can discover some options at many chain restaurants in Greenville that won't give you heart problems.

Let's start with the golden arches of McDonald's. Since the movie *Super Size Me* came out, Ronald McDonald's cooks have dealt with a heavy share of criticism about how their culinary offerings fatten people by the day. Well, according to the McDonald's Web site, there are a variety of food options that won't kill you.

For one, you could choose a meal of their new fruit and walnut salad and an eight-ounce jug of their one percent low fat milk. The meal contains just 16 grams of total fat, three and a half grams of saturated fat, 10

milligrams of cholesterol and 210 milligrams of sodium. The meal in total contains just 410 calories.

However, while many of the McDonald's food options are available with low fat contents, the ever-present problem is the high level of sodium. A meal of a California cobb salad with grilled chicken and Italian dressing and a jug of milk has almost 2,000 milligrams of sodium, compromising 80 percent of your daily value of sodium.

Many of the great options for good health at McDonald's do not show up on the value meals. So if you want to eat healthy at the golden arches, stay away from the numbers.

If you choose to stop by Andy's Cheesesteaks and Cheeseburgers they also have some food options around for those with what their Web site calls "lighter appetites." The most important alteration people can make is to switch from steak to chicken for the Chick-o-Philly. This is a healthier option, but if you aren't big on the cheesesteaks (and shame on you if you aren't) they have a number of grilled chicken options, like a grilled chicken sandwich or a grilled chicken salad. Their salad comes with lettuce, carrots, onions, green peppers, tomato, bacon and shredded cheddar cheese, according to the Andy's Web site.

If you enjoy some of the awesome chicken at Chick-Fil-A you should consider some of the healthy options they offer.



Many fast food restaurants now offer a wide-variety of salad options.

If you need a meal under 500 calories, you can have a Chick-Fil-A chicken sandwich without butter, a side salad with fat free honey-mustard dressing and a diet coke. They also have a meal with a char-grilled chicken sandwich, a carrot and raisin salad and a bottle of Dasani water that equals just 440 calories. While many of the options at Chick-Fil-A that are more popular come fried, their char-grilled chicken options are just as tasty and of course, healthier to boot.

One of the other popular fast food destinations in Greenville is Wendy's, the home of the square burger and the 99-cent value menu. Wendy's has also taken a number of big steps to improve the fat and calorie content of their food.

Wendy's has always had a great number of food options (they're one of the only chain

restaurants known to serve mandarin oranges) and they are healthier options than some of their counterparts. They recently started offering a choice of a baked potato or side salad with burgers instead of fries. A meal like a large bowl of chili with a side salad and fat-free dressing, served with a diet drink, contains less than 510 calories and less than 10 grams of fat, according to the Wendy's Web site.

So the consensus of these fast food restaurants is the healthier food options don't lie on the big boards with pictures. Many of the popularized options are the kinds of options dieticians warn you about. But many of these chains do have some healthy options in the back, and if you stick to them, you can be healthy, even from the take-out bag.

This writer can be reached at features@theeastcarolinian.com.

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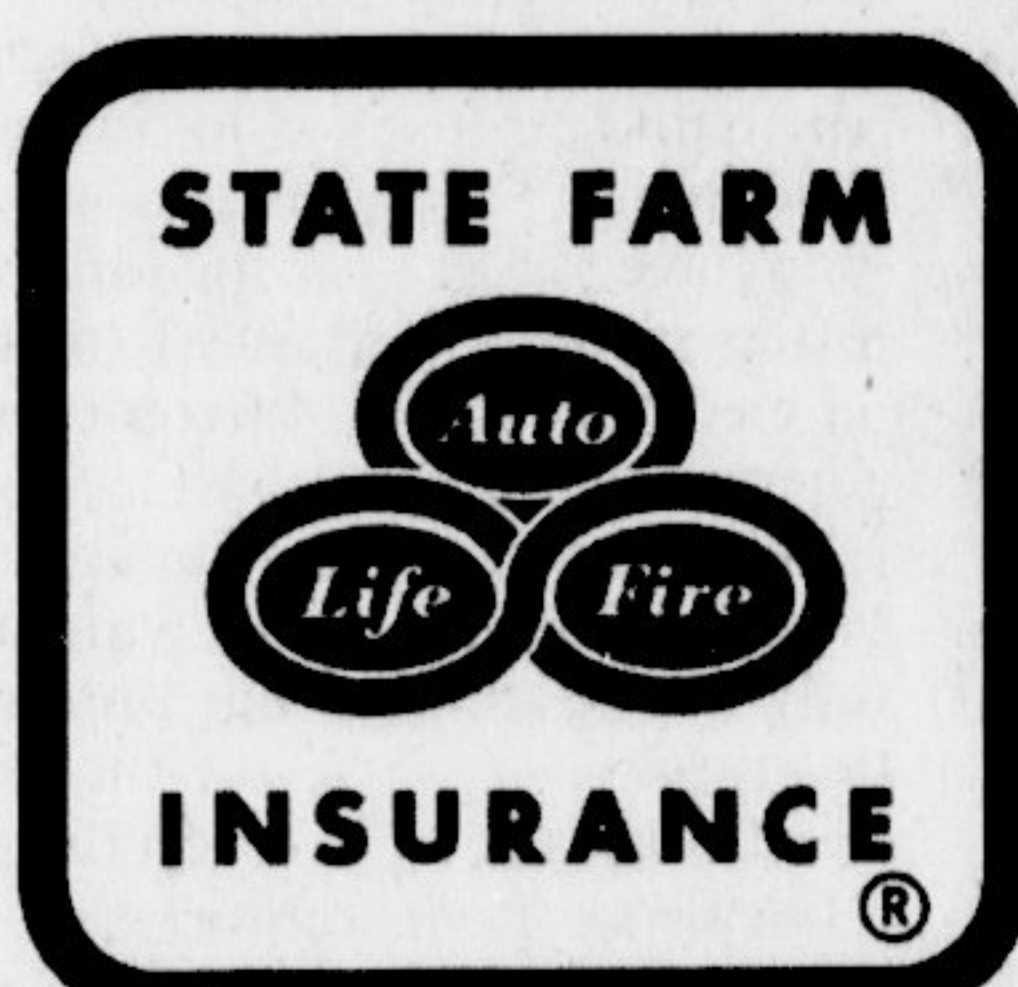
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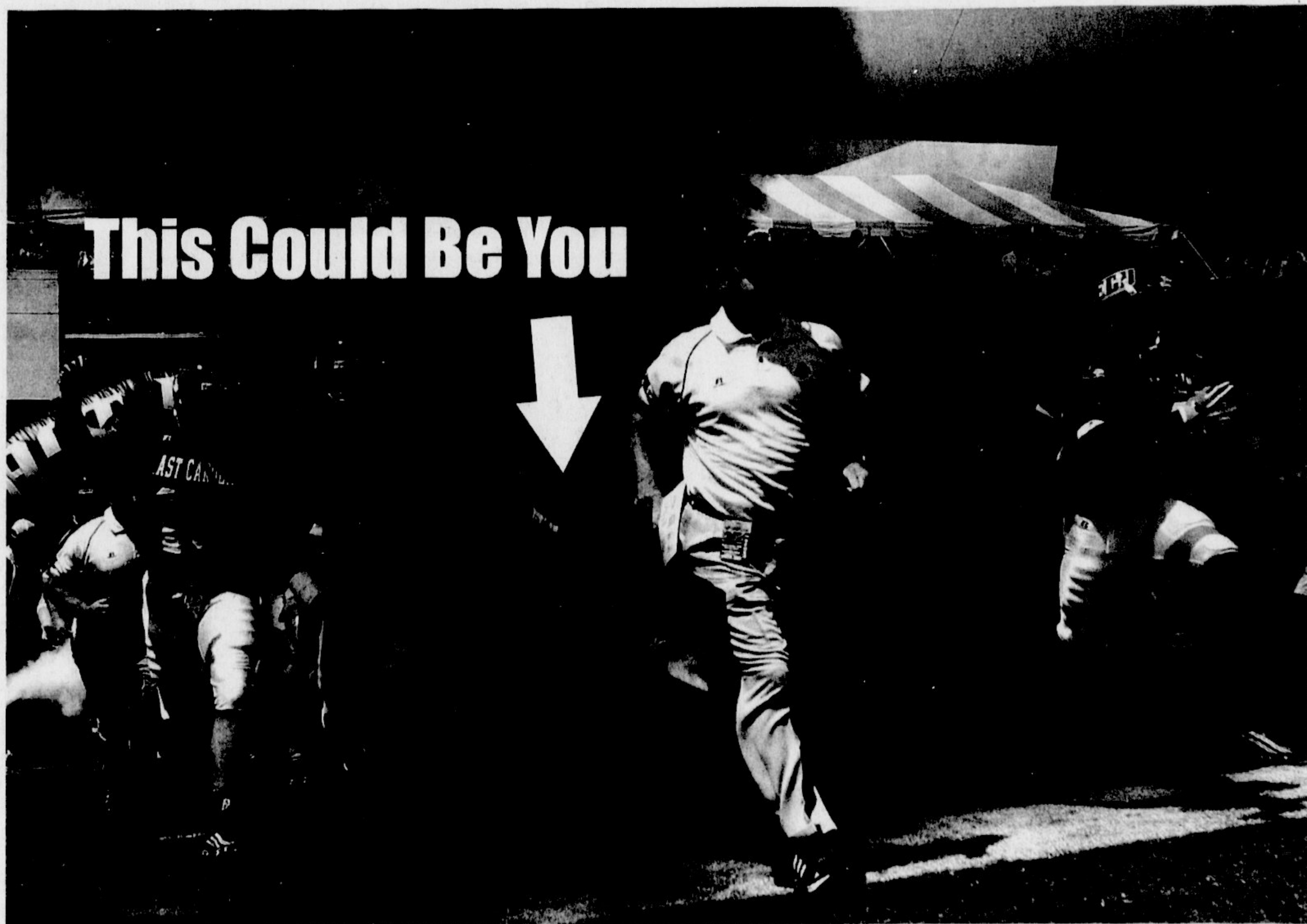
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Top 25

AP Top 25

1) USC	4-0
2) Texas	4-0
3) VA Tech	5-0
4) FSU	4-0
5) Georgia	4-0
6) Ohio State	3-1
7) Alabama	5-0
8) Tennessee	3-1
9) Miami (Fl.)	3-1
10) California	5-0
11) LSU	2-1
12) Notre Dame	4-1
13) Florida	4-1
14) Wisconsin	5-0
15) Texas Tech	4-0
16) Penn State	5-0
17) Arizona St.	3-2
18) Boston Coll.	4-1
19) Mich. St.	4-1
20) UCLA	4-0
21) Michigan	3-2
22) Auburn	4-1
23) Louisville	3-1
24) GA Tech	3-1
25) Oregon	4-1

Coaches Top 25

1) USC	4-0
2) Texas	4-0
3) VA Tech	5-0
4) Georgia	4-0
5) FSU	4-0
6) Ohio State	3-1
7) Tennessee	3-1
8) Miami (Fl.)	3-1
9) California	3-1
10) Alabama	5-0
11) LSU	5-0
12) Notre Dame	4-1
13) Texas Tech	4-0
14) Wisconsin	5-0
15) Florida	4-1
16) UCLA	4-0
17) Boston Coll.	4-1
18) Penn State	5-0
19) Mich. St.	4-1
20) Arizona St.	3-2
21) Auburn	4-1
22) Louisville	3-1
23) GA Tech	3-1
24) Michigan	3-2
25) Virginia	3-1

Harris Poll

1) USC	4-0
2) Texas	4-0
3) VA Tech	5-0
4) FSU	4-0
5) Georgia	4-0
6) Ohio State	3-1
7) Miami (Fl.)	3-1
8) Alabama	5-0
9) Tennessee	3-1
10) California	5-0
11) Notre Dame	4-1
12) LSU	2-1
13) Wisconsin	5-0
14) Florida	4-1
15) Texas Tech	4-0
16) UCLA	4-0
17) Mich. St.	4-1
18) Boston Coll.	4-1
19) Penn State	5-0
20) Arizona St.	3-2
21) Michigan	3-2
22) Auburn	4-1
23) Louisville	3-1
24) GA Tech	3-1
25) Nebraska	4-0

ECU finish in sixth at Fall Invitational

LEXINGTON, Ky. - ECU freshman golfer Lene Krog (Leir, Norway) finished tied for fourth at the Wildcat Fall Invitational Sunday after posting a four-over par 220. The tournament was being held at the par-72, 6,003-yard University Golf Club.

Krog and Jessica Hauser paced the Pirates (20-8-1) to their second consecutive top-six finish with a 54-hole team score of 902. Hauser (Germantown, N.C.) finished in 22nd place with an 11-over par 227 (79-74-74). For Krog, who was named Conference USA Women's Golfer of the Week Sept. 21, it was her second consecutive top-five finish of the season.

Florida captured the event with an 881 (296-288-297) and the Gators were led by freshman Mallory Blackwelder, a Versailles, Ky., native, who won the individual title with a four-under-par 212 (68-71-73). North Carolina concluded tournament play in second place with an 891 (302-288-301).

Sophomore Emelie Lind (Kungsangen, Sweden) carded a tournament score of 229 (74-78-77) to finish tied for 26th.

The Pirates will be back in action on Oct. 21 when they host the Taco Bell Intercollegiate at the Bradford Creek Golf Club in Greenville, N.C.

Pirates slammed by Southern Miss, 33-7

Bucs fall in third straight game, open Conference USA with tough loss

ERIC GILMORE
SENIOR WRITER

Late in the fourth quarter, ECU's Chris Johnson was scrapping for extra yardage when the ball squirted onto the turf. Johnson's second fumble was indicative of the Pirates' Saturday night woes.

"Turnovers were the word of the day," said first year Head Coach Skip Holtz.

"I don't care if you're the Green Bay Packers playing a high school team. You're not going to win with five turnovers."

ECU's turnovers led to a surprisingly easy 33-7 Southern Mississippi victory. USM (2-1, 1-0) recovered all four ECU (1-3, 0-1) fumbles, two inside their own 25. Senior Dustin Almond finished with 324 yards on 23-of-34 attempts.

Almond delivered a 33-yard strike to tight end Shawn Nelson with eight seconds left in the first half to extend a 20-7 lead.

"We had an opportunity to break on [the ball]," Holtz said.

"Coach Hudson (defensive coordinator) made a great call. We had a guy there, but we've got to have a guy step up and make a play."

But Almond's pass almost didn't happen. During the eight-play, 88-yard drive, Almond's throw was intercepted on an acrobatic play by Erode Jean. A roughing the passer penalty on Marcus Hands helped USM retain possession.

"I didn't see it," Holtz said. "My eyes were focused down the field. But, it turned out to be a game-changing play."

Almond rifled another game-changing dart on the first possession of the second-half when he found Antwon Courington on 3-and-6. Courington fought out Erode Jean on his way to a 74-yard touchdown reception. The bookend touchdowns extended USM's lead to 27-7.

Early on, the teams traded turnovers. James Pinkney's indecision on an option pitch caused a fumble on the ECU 36. After a defensive stand, USM's Darren McCaleb knocked through a 45-yard field goal.

ECU was poised to score on the ensuing possession when Chris Johnson's fumble was recovered by Jasper Faulk at the USM 15. The Golden Eagles marched 78 yards to the ECU 15 when they faced a 4-and-1 play. Similar to Pinkney's earlier fumble, Almond botched the



Holtz and the Pirates took one on the chin Saturday, falling to the Golden Eagles by a score of 33-7. ECU turned the ball over five times, including four separate fumbles, two of them coming in the red zone. Chris Johnson scored the Pirates' only touchdown.

pitch leading to Dontre Brown's first career fumble recovery.

ECU's turnover bug reared its head again on the third consecutive fumble. USM line-backer Trevis Coley jarred the pigskin loose with his helmet from Brandon Fractious at the USM 23.

USM's win marked the ninth time in the last 10 games they've beaten the Pirates. The Pirates moved to 2-13 inside Dowdy-Ficklen Stadium against their conference rivals. USM was the preseason pick to win

the Eastern Division of Conference USA.

"[Coach Bower] does a great job with that team," Holtz said.

"This is a team that week in and week out or year in and year out is competing for this conference championship."

James Pinkney finished 20-of-28 for 202 yards and an interception. Pinkney's favorite target never really got into a rhythm. Aundrae Allison finished with only four catches for 20 yards.

Allison tweaked his ham-

string stretching before the game.

The junior receiver dropped to third nationally in receptions per game (8) and fifth in receiving yards (116). Allison's limited mobility allowed for Robert Tillman to step up.

Tillman was switched to another receiver position opposite of Allison. The move let Tillman lead ECU with 57 receiving yards. Chris Johnson led ECU in catches with five for 41 yards. Johnson ran 1-yard in the second quarter for the only Pirate touchdown.

"As I continue to say, we're a work in progress," Holtz said.

"I think the score said 33-7, but I thought it was a lot closer than that."

ECU will take on Rice (0-3) inside Dowdy-Ficklen Stadium on Oct. 8 at 6 p.m. Rice is tied with Army for the longest losing streak in the nation (9 games). The first-ever meeting is Hall of Fame/Letterwinners and Family Weekend.

This writer can be contacted at sports@theeastcarolinian.com.

Gamecocks too much for Pirates



South Carolina celebrates after one of their five goals against the Pirates Sunday.

South Carolina nets two goals in final 16 minutes

BY RON CLEMENTS
SPORTS WRITER

Ayo Akinsete scored two goals and Josh Alcala had a goal and three assists as the South Carolina men's soccer team beat ECU Sunday afternoon in the Conference USA opener for both teams, 5-2.

Akinsete got the Gamecocks (4-5, 1-0) on the board first when he sprinted past ECU defender David Rowe and knocked the ball by Pirate goalkeeper Chris Hicks six minutes into the match.

Following the goal, South Carolina kept the pressure on the Pirates, keeping the ball in the ECU zone for much of the next 10 minutes. The ECU defense stiffened behind solid play from Danny Lundquist and, 30 minutes into the match, the Pirates

(0-7-1, 0-1) tied the match on a penalty kick from Alex Morrow. Morrow beat Gamecock keeper Mike Gustavson to the left corner of the net. The goal came minutes after Shinn Tagaki just missed from the left side.

South Carolina upped the pressure for the rest of the half, but Hicks' aggressive play from the keeper's box kept the Cocks out of the net to keep the game tied at 1-1 at halftime.

"I thought we played well in the first half," said ECU Head Coach Chad Halverson.

"We played a good 45 minutes of soccer."

Both teams came out aggressive in the second half, but it was South Carolina that broke the tie when Alcala headed in a perfect throw-in from Mike Sambursky 14 minutes into the second half. Eight minutes later, Alcala fed Akinsete for his second break-away goal.

"Ayo was outstanding today," said South Carolina coach Mark Berson.

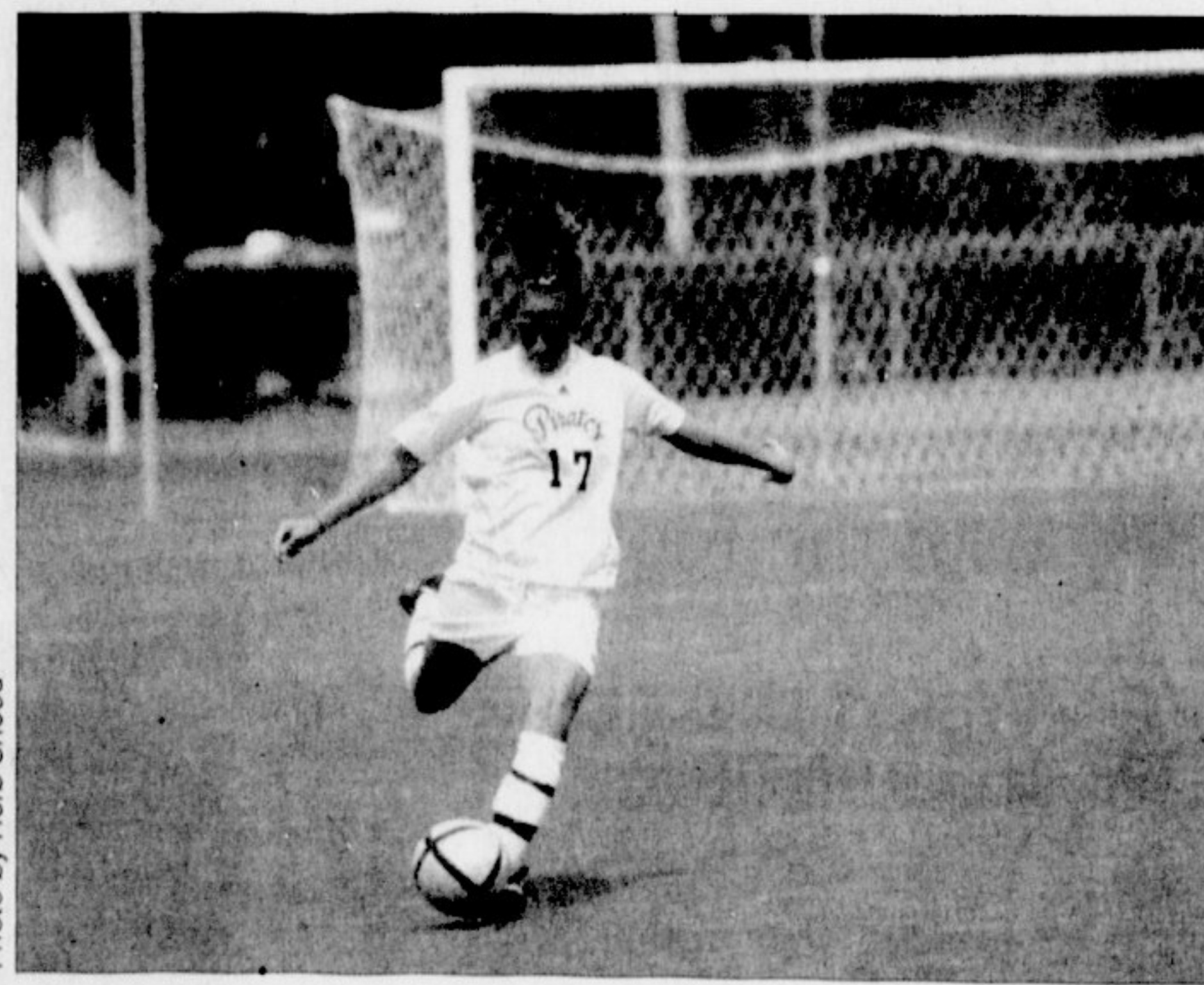
"But, I know it's a cliché - it was a solid team effort. It was our back and midfield that came through. I thought Alcala and Akinsete both had outstanding games."

The Pirates responded quickly to claw their way back into the game when Matt Kowaleski sniped a shot from the right side, crossing in front of Gustavson and finding the left corner of the net.

The Pirates were unable to regain the momentum as the speed and size of the Gamecocks began to take its toll on the Pirates. "They are a physical strong team," Halverson said.

"They probably wore us down a bit, but that's just C-USA soccer for you."

see MEN page A7



The Lady Pirates went 1-1 in their first C-USA games.

Women's soccer split weekend matches in Houston

Rice victorious 3-0; Lady Pirates blank Cougars 1-0

JOSH FERNANDEZ
STAFF WRITER

Winning big conference games is probably the best way for a team to gain late-season momentum. For the Lady Pirates, momentum is exactly what they need entering the final stretch in the 2005 season. Now sitting at 5-7-0, the women's soccer team, despite a current losing record, starts Conference USA play at 1-1-0 after visiting Rice and Houston this past weekend.

ECU's three-day road trip began at Rice (5-4-0) on Sept. 30. The Owls, playing their first ever Conference USA game since joining the confer-

ence this year, came in to the match on 12 days rest due to cancellations in anticipation for Hurricane Rita.

The first half was all Rice as the Lady Pirates were out-shot 6-1. In the 12th minute, Rice forward Clory Martin put the ball past ECU goalkeeper Amber Campbell to put the Owls on top 1-0.

ECU head coach Rob Donnenwirth has mentioned several times in weeks past the significance of his team putting pressure on the opposing players. After almost no offensive presence in the first half, the second half saw the Lady Pirates turn up the pressure as they took seven shots on goal, along with two corner kicks.

see WOMEN page A7

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ATTENTION ECU Students, Staff and Faculty

The ECU Tai Chi Club invites you to attend our upcoming Workshop on October 15th with Guest Instructor, Kathleen Cusick. She teaches Yang style, qigong, push-hands, san shou, and taiji staff with the Magic Tortoise School. Kathleen has studied taijiquan since 1984 with a variety of teachers, including Greg Mucci, Jou Tsung Hwa, and Yang Zhen Duo, a 4th generation Yang family lineage holder.

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or sign up at the Workshop

Visit our website for more information at:
www.geocities.com/ecu_tai_chi_club

Women from page A6

This pressure forced Rice into committing seven fouls in the second half, as opposed to their three infractions in the first.

No goals could be manufactured from the late game efforts of the Lady Pirates. That ended up not even mattering since the Owls managed to score two more late goals in the 76th and 83rd minutes.

However, the shutout loss didn't crush ECU's morale. It especially didn't bother Amber Campbell either, because she made an excellent rebound performance against the Houston Cougars, tallying seven saves and notching her second career shutout Sunday.

The match was a stalemate in the first half, as well as for most of the second. Houston took 17 total shots on goal, but most were off target or halted by the steady hands of Campbell. The Lady Pirates made a few

runs throughout the game but were mostly held at bay by the Cougar defense.

And it should be noted that ECU was quite stingy on defense themselves as they let only two Houston starters get a shot on goal.

"I was pleased with the defensive play we had," said Donnenwirth in an interview with ECU Sports Information.

"Madison Keller and Nicole Moore really did a great job of stopping Houston's threats today."

Just as the game was coming to the close, the Lady Pirates made a quick counter attack. Forward Meghan McCallion dropped a through-pass past Cougar defenders to midfielder Ashley Stopa who headed the ball past Houston keeper Stephanie Puck for the game winner. The goal was Stopa's first since the season opener

on Aug. 26.

The win against Houston (6-3-1) marked the fourth time this season an ECU game was decided by a single goal. The victory was also accompanied by the pleasure of defeating a top C-USA team early in conference play.

"I thought we played extremely well today," said Donnenwirth.

"After Friday's loss, this team really showed me what they were made of."

The Lady Pirates will try to start up a win streak on Friday, Oct. 7 when they take on the 8-5-0 (1-1-0) Memphis Tigers in Greenville at 3:00 PM. The weekend home stand will continue Oct. 9 when the UAB Blazers (5-5-1, 1-0-1) come to town for a match scheduled for 12:00 PM.

This writer can be contacted at sports@theeastcarolinian.com.

Men from page A6

This is South Carolina's first season in C-USA and Berson was satisfied to leave Greenville with a win.

"I'm very pleased to pick up a win against an ECU team that is going to give a lot of teams fits this year," Berson said.

"C-USA is one of the top conferences in the country and this is a tough place to play."

The Gamecocks used excellent ball movement with a series of passes between Alcala and Sambursky to set up Ralph Pace's goal with just over 16 minutes remaining to put the game out of reach. Ryan Deter capped the scoring with 3:59 left on the clock with an assist from Alcala.

"Our guys battle hard, but we give up elementary goals at costly times," Halverson said.

"Somehow we've got to find a way to put it together for the entire game. We're a good enough team. I think we showed that, most certainly in the first half, that we're capable. We create chances. We just have to eliminate the other team's chances."

The Pirates next take the field Friday night when they travel to Birmingham to take on UAB. South Carolina will play at Memphis Friday.

This writer can be contacted at sports@theeastcarolinian.com.

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CLASSIFIEDS

Page A8

TUESDAY October 4, 2005

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GREEK PERSONALS

Delta Zeta wants to wish a Happy Birthday to Sarah Wilson, Jo Cooke, Meredith Moore, Sarah Winstead and Chrissie Wygant!

Congrats to all the Delta Zeta New Members: Cassie Damascus, Danyelle Felts, Emily Frye, Katie Parker, Krista Perrotti, Nicole Cotten, Solange Charbonnier, Brittany Smith, Dina Gambella, Claire Sauls, Caroline Clary, Ashley Bennett, Sarah Cox, Ashley Yarber, Megan Peterson, Melissa Csonotos, Heidi Dietrich, Lauren Owenby, Jocelyn Thomas, Mandi Merrill, Erin Diamond, Melissa Gass, Emily Gobbie, Stephanie Cook! Welcome Home Girls!

Phi Beta Chi Sorority would like to announce our past sisters of the week: Brittany Hauser, Shonda Luster, and Ashley Walters. Congrats and we love you all!

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