School of Music benefits from state auditor's ruling

State Auditor Henry L. Bridges has cleared the way for the Student Government Association to use accumulated profits from refrigerator rentals to finance a scholarship committment to the School of Music.

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In a letter sent to C. G. Moore, Vice-Chancellor for Business Affairs, Bridges stated that he had "no objections" to the SGA using these profits, which are surplus funds coming from the rental of dormitory refrigerators to ECU students, to fulfill an obligation they had made to raise scholarship funds for the School of Music.

The original controversy arose when the SGA passed the Fine Arts Bill in September of 1972. The bill was intended to provide matching funds for use of scholarship purposes to the Schools of Art, Drama and Music. The bill stipulated that an appropriation of \$30,000 would be set aside by the SGA to furnish an incentive for each of the three departments to raise scholarship funds, which the SGA would then match dollar-for-dollar.

However, Attorney General Robert Morgan ruled that any attempt to use funds drawn form student activity fees would be "an illegal use of such funds." SGA President Rob Luisana then decided that the ruling would not upset the bill's original purpose and that accumulated profits from the sale of dormitory refrigerators would be used in place of activity fees.

Recently the School of Music received a \$5,000 grant for the Z. Smith Reynolds Foundation in Winston-Salem. The Reynolds grant specified, according to Moore, that its gift must be matched by the Student Government Association of East Carolina University. In lieu of the stipulation by the Reynolds Foundation, and the fact that the SGA matching funds were coming from the "accumulated profits" of refrigerator rentals, the state auditor agreed to the legality of the transaction.

Bridges concluded his letter saying, "I felt that any direct scholarsips or student aid should be kept on a general basis so as not to violate the constitution of Student Government Association."

Vets tight Vietnam syndrome

(CPS)—The Washington state chapter of the Vietnam Veterans Against the War (VVAW) has begun a program to deal with the psychological problems of returning and returned veterans because of a predominant feeling among many Vietnam veterans that the "Veterans Administration (VA) cannot be trusted."

Many Vietnam veterans are turning away from the VA, the government-sponsored agency which was established to alleviate their problems.

There are at present 316,514 Vietnam veterans receiving disability pensions from the VA, less than one quarter of the total 2,185,000 eligible for VA pensions.

The VVAW program proposes the establishment of an agency, comprised of veterans, which deals with the "post-Vietnam syndrome" and which uses relatively new psycho-therapy known as "human social functioning."

Ken Perry, one of the prime motivators of the Washington program, said the easiest way to describe the post-Vietnam symdrome is as a flashback reaction, like the one depicted in "Slaughter-house Five." Perry, who has treated 12 Vietnam veterans in the past year, said one common symptom was that they each had, in some way, "become unstuck in time."

Paul Richards, VVAW coordinator of the project, said the psychological problems created by the Vietnam war have all been ignored by the VA. He maintains that anybody who was in Southeast Asia should have

psychological help readily available.

Vietnam veterans, he noted, have the highest suicide and divorce rates in the country.

"It's strange," he said. "Vets live through the war and they figure they've made it, but they don't understand why they can't relate to their children when they get home ... "

Perry, a former Washington state social worker, has been using the human social functioning method for about five years, and claims that it is the only method of self-analysis that is "worth a damn." The method consists primarily of an initial test, then a series of taped interviews which enable the patient to criticize his own thought processes.

Perry described one of the veterans he treated. The man was a schizophrenic who had spent two years as a war photographer for the U.S. Army.

"For two years this guy turned his back to the enemy and photographed his buddies getting blown apart," Perry said. "At the end of that time, he turned his film over to his superiors, and they asked him where the pictures of the dead enemy were, and burned his film. What do you think that did to him?"

Perry treated the vet for six months using the human social functioning method, but instead of tape recorders he used video equipment.

"When he came to me, Perry said, "he was a wreck. Six months later, he was talking about where he was at, not where the government of the world was at, and that's the point."

\$6 a year

Legislature lowers refrigerator rental

Bills concerning the use of funds for the SGA Transit System, and lowering of the rental rates charged on dormitory refrigerators were the two major topics of debate during Monday's Legislature meeting.

Legislator Tim Wehner was able to bring about floor debate on Legislature Bill 10-1 after the bill had been declared unfavorable by the Student Judiciary Committee. The bill, brought out of committee by a two-thirds vote of the legislators, was designed to lower the yearly refrigerator rates by \$6 a year. The bill was passed by a narrow head count, but not before receiving a negative debate from SGA Treasurer Mark Browne. Wehner contended that the former rate for refrigerator rental, \$36 a year, was "exploiting the students in the dormitories, because it was being

used to bail the Student Government out of its own mistake ''

Browne's contention was that it was "necessary to maintain the current rental fee because student governments for the past six years have finished in the red, and have had to use the refrigerator profits to bail out the student government's general funds."

In other action during the meeting, the Appropriations Committee reported unfavorably on a bill introduced last week by Tim Wehner that would have limited the extra \$2.00 added on to this year's activity fees for transit expense to be used only for that purpose. Further discussion of a transit bill was postponed until a report could be heard from the Raleigh City Coach Lines, Inc.

The Infirmary Inquiry Committee requested to be dissolved as a committee of the Legislature. The committee cited

group discussions also focused on ways

in which the nurse can cope

constructively with existing feelings and

counterfeelings related to the abortion

Garton said the purpose of the

lectures was to "stimulate thinking and

teach the nurses how to cope with their

own feelings about abortion as well as

dealt with "the patient's feelings and the

feelings of significant others involved

(i.e. boyfriend, parents, etc.) in receiving

Dr. Ruby Barnes, Director of

assistance from the health care system.

Continuing Education in Nursing,

indicated that this entire program was

geared specifically toward a nurse's

situation in dealing with abortion

patients and only a nurse would benefit

The first session, held Dec. 8, offered

participating nurses opportunities to

explore their own value systems

regarding abortion and the problems of

Barnes, Garton and Avis Rabin, assistant

The workshop staff included Dr.

Garton explained that the lectures

help patients deal with their feelings."

"non-cooperation from the Infirmary staff" as their reason for dissolution.

Pat Groover introduced L.B. 11-1, a bill designed to appropriate \$1,500 for the Fine Arts Film Festival. The bill was sent to the Appropriations Committee

for study. In a matter of old business, Legislator Frieda Clark introduced L'B' 10-3, "Commissioning of Veteran's Club to A Control of the Student Co-operative Book Exchange." The bill was voted on and passed.

SGA President Rob Luisana asked for the Legislature to approve Pat Haley as Secretary of Transportation. Kathy Holloman moved for Haley's approval, and, after a brief discussion of what his job would involve, he was approved.

Speaker Braxton Hall read letters of resignation from Clara Fearrington and Bruce Parrish.

Nursing School holds program coping with abortion problems

patient.

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professor of nursing at ECU.

By SKIP SAUNDERS Staff Writer

The second session of a workshop program, "Confrontation: Value Systems and Abortions," was held on Tuesday, Jan. 23.

The program was sponsored by the East Carolina School of Nursing and the ECU Division of Continuing Education. Forty-nine student professional nurses participated in Tuesday's session, including four students from the College of Albemarle.

AFROTC sponsors 'March-a-thon' for March of Dimes

The Reserve Officers Training Corps (ROTC) will be sponsoring a "March-a-thon" to raise money for the benfit of the March of Dimes on Friday, Jan. 27.

ROTC members will be standing on street corners around the towns of Greenville, Ayden and Bethel collecting donations. There will also be an exhibition of precision performed by the ROTC drill team at Pitt County Courthouse. ROTC has set a goal of \$4,000 to raise for the charity. Last year they raised \$3,000 for the March of

Angel Flight, a service organization that aids the Air Force Reserved Officers Training Corps, will also be helping in the cause.

lowa State U. rules out coed The recently held workshop consisted mainly of two lecture-discussions. housing attempt Patricia Garton, training specialist with the ECU Mental Health Training Institute, conducted both lectures. Small

(IP)—Commenting on coed housing at a recent Legislative Approach forum, Wilbur Layton, vice president for student affairs at Iowa State University. said, "I have not heard so far any compelling reasons why the University should adopt coed housing.

"Although there is some mingling of the sexes in the dining halls at meals, in large part the men sit together and the women sit together. Students argue for coed housing saying 'if we could only live together then the communication would be better in interpersonal relationships."

"Yet, just living with a woman doesn't automatically mean that communications will improve." Also, within the residence halls, "we have houses which, in the main, are very cohesive. I think to demonstrate the cohesiveness, you have only to threaten to disestablish a house like Starbuck out at the Towers last spring. I want to be reassured that co-educational living within a house will contribute to that cohesiveness rather than detract from

New course teaches basic fundamentals of real estate

The Division of Continuing Education will offer the course "Fundamentals of Real Estate," starting February 1, 1973. The purpose of the course is to provide both the beginner and real estate practitioner with a basic knowledge of real estate law, finance, brokerage, appraising, and the mechanics of closing.

The classes will help the student develop an understanding of the fundamentals of real estate and assist

him in preparing for the North Carolina

Real Estate Licensing Examination.

The course is approved by the North Carolina Real Estate Licensing Board. Students satisfactorily completing it are allowed to take the brokerage examination without having six months experience in real estate transactions as a licensed salesman.

The class will meet Thursdays, February 1 thru April 26, 1973 from 7-10 p.m. in room 103, Rawl Building. Instructor for the course will be Joe Bowen, Jr. Bowen is an attorney and mortgage loan broker with experience in real estate brokerage. He is presently serving as a State Director of the North Carolina Association of Realtors and Vice President of the Greenville Multiple Listing Service. He is also a past president of the Greenville-Pitt County Board of Realtors. This will be the fourth real estate course Brown has taught.

Cost of the course will be \$40.00 plus textbooks. Books will be purchased through the Student Supply Store by Continuing Education and sold to students at cost at the first of the session. The textbooks are Questions and Answers on Real Estate, 7th Edition, by Robert W. Semenow and Real Estate Salesman's Handbook, National Institute of Real Estate Brokers of the National Association of Real Estate Boards.

Advance registration for the course is required. For further details on the course interested persons should contact the Division of Continuing Education, P. O. Box 2727, East Carolina University, or phone 758-6143.

Psychologist cites need for 'new breed' of policemen

Contrary to popular belief, it is not the sadist but the immature personality who is often drawn to police work and prone to trouble, suggests a police personnel expert.

"It is usually the insecure, passive, threatened police officer who is tempted to use force inappropriately," says psychologist Dr. Robert B. Mills, head of the University of Cincinnati's Criminal Justice Department.

He warns that unless the standard of police conduct is raised quickly, policemen will remain an object of hostility from some segments of the community. One man's insensitivity in handling potentially explosive crises has often adversely affected entire departments.

DEVELOPEMENT

To develop the "new breed" of impartial and professional policemen that is required, Mills is calling for rigorous screening of new police applicants to weed out the psychologically unfit.

During a decade of screening prospective officers, he and his Cincinnati colleagues have indentified a set of "survival traits" which form a personality profile of the successful

recruit. These are patterns of behavior that will evoke the trust of a community rather than resentment, and differ from the traditional negative indicators used to assess an individual's probable success on the force. Positive traits such as sensitivity toward minority group and deviants can be measured during stringent screening sessions using aptitude tests, role playing interviews, and observations of peer interaction, says Mills.

FINDINGS

The following are some of the findings that have emerged:

*Candidates who want to "enlist in the crusade against crime," impose their own authoritarian views upon citizens, or bolster their masculinity by donning a police uniform are questionable prospects.

*Self-assertiveness in police recruits proved a positive quality despite its apparent suggestion of images of police brutality and unwarranted use of force.

*Role-playing during the selection process revealed some candidates who collapsed into complete immobility under stress, while others simulated gunfire on a hapless crowd. These extreme reactions proved good indicators of future unstable police behavior.

*Black recruit candidates faced particularly difficult circumstances. They were often the special objects of hostility from other members of the black community, even their family and friends.

The immature, insecure person-labelled "passive-aggressive" by psychologists may be attracted to a

police career because he "is frightened by the responsibilities of personal autonomy and seeks a dependent relationship with superiors." But, adds Mills, "at the same time, he resents his dependency needs and finds devious ways to undercut and subvert his superiors."

Financial aid denial ruled illegal

(CPS)-A federal statute to deny U.S. financial aid to disruptive college students, one of the first major results of the Congressional furor over campus violence in 1968, has been declared unconstitutional by a three-judge federal panel in Chicago.

In am important qualification, however, the opinion indicated that Congress still had the right to limit federal aid to students through "appropriately precise standards."

The challenged portion of the law directed colleges and universities to withhold federal aid from students convicted of what the institutions considered to be "serious" crimes that contributed to "substantial disruption" of their administration.

Ruling in the case of a former graduate student at the University of Illinois's Chicago Circle campus, the panel held, two to one, that the statute's language was "overbroad," and that it

violated "the first essential of due process of law."

Similar provisions have been incorporated in other federal education laws since 1968, including the package of higher education amendments enacted

by the 92nd Congress. The University of Illinois student, Jeanne Rasche Deloff, had been denied federal loan money after being convicted for criminal trespass on state-supported property. The offense, a misdemeanor, stemmed from an anti-war

demonstration at the university's Reserve Officers Training Corps building in May, 1970. Federal officials have not yet de ded whether to appeal the decision to the U.S. Supreme Court. David Goldberger, legal director for the Illinois division of the American Civil Liberties Union

(ACLU), which argued the case, said he thought the ruling meant that Congress would "have to rewrite the whole statute."

Real House

Crisis center faces own crisis

By DAVID HAINS

After two and a half years of intervening in the crises of young people needing help, the REAL House is facing its own crisis. Since its opening in 1970, the House has been funded by the National Episcopal Church in the amount of \$4,000 each year. However, the generous grant could not be renewed and consequently, REAL will assume the responsibility of raising the necessary funds.

According to Dudley Kulp, who along with Skip Stansbury, are the full-time coordinators, REAL intends to remain open as long as possible. Kulp explained that plans are now being made to raise money from the residents of Greenville.

Various plans for raising the funds are



DUDLEY CULP and SKIP STANSBURY

under contemplation, including sponsoring dances at the Attic early in February which proved highly successful in a similar endeavor last year. The dances, Kulp said, are to enlist the aid of the college community. In another effort, a radio marathon will be sponsored by the Greenville Jaycees who will sell ads, donating the proceeds to REAL. Without the support of the entire community REAL may go under.

Saved life of OD case

In its two-and-a-half year existence, REAL has seen many interventions in crises, receiving approximately 200 calls a month. Earlier this year, REAL was able to intervene to save the life of a young girl who had taken an overdose of barbiturates when she called 758-HELP.

Patients who are about to begin treatment at the Alcoholic Rehabilitation Center are given a place to sleep, free of charge, if the Center is temporarily full. Kulp also said that many a hitchhiker who needed a place to crash while passing through Greenville has gone to the REAL House on the corner of Eighth and Cotanche. Another innovation at the House will be introduced by Skip Stansbury with a drug education program in the Greenville schools. The program will take a big step in explaining to the students both sides of the drug culture.

But all of this will come to an abrupt halt if REAL, only one of its kind in the area, is forced to close down. The nearest center of this type is in Kinston, 28 miles away.

Ocracoke village, history By BOB MARSKE

Tap water is considered a fact of life for most. The tiny village of Ocracoke, N.C., population 700, will finally witness this modern convenience in their isolated civilization.

Tap water modernizes

Robert Mewborn and the East Carolina Regional Development Institute in coordination with four other governmental agencies are helping to make this possible.

Mewborn a community development specialist of the institute, conducted an investigation into all of the facilities of Ocracoke. According to Joseph Patrick, assistant community development specialist, this investigation involved a study of statistics, compilation of all relevant data and making recommendations to improve conditions. "No one else in the institute is as well versed in the situation in Ocracoke (as is Mewborn)," said Patrick.

INADEQUATE SUPPLY

The Village of Ocracoke, located on tiny Ocracoke Island in the Outer Banks, has never had an adequate supply of fresh water. All water has been supplied by rooftop catch basins and cisterns and by shallow wells. However, the wells contain only hard, bad tasting water, and is suitable only for bathing and toilets. In addition, the wells are subject to pollution from underground septic tanks and the cistern water is subject to contamination from sea spray. Thus, the

Winter Weekend for ECU students open at Appalachia

Thirty-one East Carolina University students spent Dec. 17, through Dec. 22, in Boone, N.C. The group spent each day from 9 a.m. until 4 p.m. receiving ski instruction at Appalachian Ski Mountain.

French-Swiss Ski College instructors had the students, most of whom had never skiied before, skiing down the high slopes. The trip was made in partial completion of Physical Education 12.

If you have never felt the freedom and excitement that skiing brings, a unique treat awaits you. A ski weekend is being planned for Feb. 9-11. Skiing at Appalachian Ski Mountain is being coordinated with the ECU vs. Appalachian Basketball game. For less than \$50, you will receive lodging at the Cabana Motel in Boone, instruction and equipment furnished for skiing Friday night, all day Saturday and Sunday. Saturday night is open for the basketball game. If you are interested in following the Pirates along with a fun filled weekend, contact Bruce Braddy, IFC president, by Jan. 31, for reservations.

water supply has always been both inadequate and of poor quality. REVERSE OSMOSIS

Mewborn's study revealed these problems. Engineers who had previously studied this problem recommend a desalinization process known as reverse osmosis.

This system will purify water taken from deep wells, making it suitable for human consumption. The contaminated water will be passed through a membrane, which will act like a sieve. The pure water will be allowed to pass through, and the solution of salt and other contaminants will not. The pollution-free solution will be discharged into the sea. When fully developed, the system will provide sufficient pure water to serve the projected resident and tourist population through the year

"This is the first time reverse osmosis has been used in North Carolina," said Mewborn. Reverse osmosis is used only as a last resort due to its near prohibitive

It would have been impossible to institute the system were it not for federal assistance, according to Mewborn. "As it stands now, the people of Ocracoke will pay no more for their water than other residents of North Carolina," said Mewborn.

Funds for the project will be provided by the Economic Development Administration, the Farmer's Home Administration and the Coastal Plains Regional Commission. These organizations are presently evaluating Mewborn's report before they decide to allocate the necessary funds.

100% SUPPORT

There was no federal or local resistance to the report, and there appears to be no resistance to the solution, according to Mewborn. In addition, a poll of the citizens revealed one hudred per cent support for the projected improvements.

The purification will be carried out in one central plant on the island. At present, there are two sites for this plant under consideration.

In addition to the desalinization, the investigation also revealed a need for improved sewer systems. Mewborn made recommendations for this as well. Together, these should mean a much improved living situation in Ocracoke Village.

Oops!

The Features Department of Fountainhead wishes to apologize for incorrect information in Tuesday's issue, "Little Theater: Success Amazes Director."

Edgar Loessin is the head of the Drama Department. Dr. Michael Hardy, Business Manager, was acting head of the department while Loessin was away on business.

Puccini Opera headlines playhouse

The East Carolina Playhouse and School of Music have joined forces for the next offering in McGinnis Auditorium: Puccini's opera "La Boheme." The production will open on Tuesday, Jan. 30, with additional performances on Feb. 1 and 3.

The East Carolina Symphony Orchestra will perform under the baton of Robert Hause; and June Laine, Charles Moore, Rosalyn Barlowe, and Charles Smith will appear in the principle roles. Staged and directed by Michael Hardy, the opera will be performed in English.

"La Boheme," Puccini's fourth opera, has become the most popular Italian lyric stage work after Verdi's "Aida." It

By EDWARD MANN

at this time in a cooperative endeavor by

the Health and Physical Education

Department and the Department of

Allied Health to train students in

The B.S. degree itself is called School

community health education.

A new degree program is being offered

contains some of Puccini's most memorable music, including the popular Musetta's waltz. Set in Paris in the 1880's, the story deals with the lives of four young men - a poet, a painter, a philosopher, and a musician - and their struggles with poverty and love. Lighthearted, but finally tragic, the opera rarely fails to enthrall its audiences.

The dates for "La Boheme" are Jan. 30, Feb. 1 and 3; and tickets go on sale at the McGinnis box office beginning Jan. 26. Reserved seats are \$2.50, with ECU students entitled to one free ticket. Phone reservations may be made by calling 758-6390 during business hours, 10-4. Curtain time is 8:15 p.m.

of Community Health Education and is

actually a degree in the department of

Health and Physical Education. The

student in this program takes courses

from both departments as well as the

general education requirements that all

The program itself is federally funded

other students have.

Cantical hosts charmer

New health degree aids community for five years which has enabled the appointment of professional health educators to train the students. According to Donald Dancey, chairman of this project, the program is looking for students to declare a major in

> Community Health Education. RECRUITING BEGUN

"Our recruiting program has begun," Dancey said. "We are looking for people who are interested in Community Health. They will be trained to go into a community and evaluate the health problems existing there, gather their resources as well as the resources of the community and take appropriate action. Basically, their job is to help the people in the community where they are working change their health behavior."

According to Dr. Tom Johnston, coordinator of the health degree, the plan was originated by him as far back as five years ago but did not really get started until last year. "The purpose of the health educator is to work with all groups of the community: The school, the parents and any other group to help or facilitate the change in health behavior of the entire community. The students are trained in leadership skills and understanding community organizations as well as the recognition of problems by case work and in the field study.

IMPORTANCE IN COMMUNITY

Vivian Edwards, one of the professional health educators, stressed the importance of the health educator in the community. "How else will people learn about population control and environmental planning?" Ms. Edwards asked. "How do you get people to buy low phosphates or help them to prevent accidents? It is the job of the health educator to inform the community and help them make these changes."

"People who go into this field will start out at approximately \$8,000 a year and up," Dancey said. 'The health educator in the community exists like a doctor diagnosing the health problems of the community and proposing a plan of action.'

CURRICULUM BACKGROUND

As far as background for the curriculum is concerned, students should have courses in psychology and sociology. Any student wishing to teach is required to take an additional quarter in student teaching. In addition to this, students can take electives in which their special interest can be applied.

"Since the program is young, now is the time for students to declare a major," Dancy said. "I feel that it is necessary for a student in this curriculum to like people as well as have an interest in health problems. He must also have a fair amount of competency in leadership."

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Raun MacKinnon, both singer and songwriter, plans to appear at East Carolina's "Canticle" the 29th, 30th and 31st of this month.

MacKinnon's repertoire of songs carries her from pop through gospel and folk, all the way to the blues. Her voice handles these variations with ease. As for instruments, she alternates between an upright piano and a six-string guitar. Most of her songs are originals and those that are not are written by "close friends."

MacKinnon was born and raised in the

Philadelphia area. She studied piano for nine years and later taught herself guitar. When first starting her career, she did some singing in Philadelphia, but with some difficulty as the Philadelphia clubs did not support local talent. Finally, she left for New York City and here played successfully at such clubs as The Gaslight, Folk City, and My Father's Place. Since then, she has returned to Philadelphia and surprised those who remembered her with new songs and enthusiasm.

Admission is 25 cents with college ID, nightly at 8 and 9 p.m.



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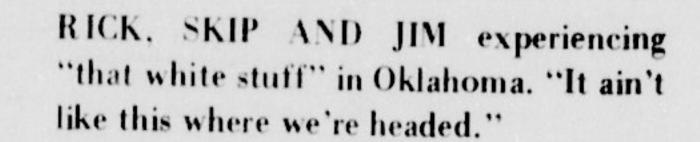
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Hawaii beckons with natural charm, alluring enough for a tiring trek

photos by

Skip Saunders



By SKIP SAUNDERS

Hawaii is quite a different place to spend the Christmas holidays. However, three of us from ECU found the waves, vibes and pre-rainy season weather mighty fine.

I had invited Jim and Rick Edwards to spend Christmas with me at home in Kailua, Hawaii. After a very long three weeks from Thanksgiving and Christmas, we left Greenville on a rainy (of course) Friday at 3:30 a.m. We were to ride across country with Bill Miller, who was driving to his home near San Francisco, and fly from there to the Islands on the upcoming Monday.

TRAVELIN' HARD

The four of us climbed into Bill's Corvair with his Irish setter, Frances, after loading the car with three surfboards, a ten-speed bike, a trailer in tow with luggage and an extra engine for the faithful car which we had little faith in for the duration of the trip. We drove in shifts, straight across country stopping only for food and it's related needs. By the time we reached San Francisco on Sunday at 10:30 p.m., we had become

experts on crossword puzzles and sleeping sitting up.

We arrived in vacation tradition on a very rainy day at Honolulu International Airport. The dream of every east coast surfer had now been fulfilled for us; the dream of experiencing the Islands in the winter and the finest surf Mother Ocean has to offer.

Kailua is about 12 miles over the Pali (mountains), east of Honolulu. We settled into the Hawaiian atmosphere there with serious cases of the "slows" brought on by the shock of clean air. Our first day in the Islands, we surfed a sport called "Trees" on Kaneohe Marine Corps Air Station and the following day at Ala Moana on the South shore. Both spots were breaking four to six feet.

One day we heard on the radio surf report that all North shore surf spots were breaking 8-12 feet and there was also a surfing contest being held at Sunset Beach. This was an excellent opportunity to see some really big waves and see the best surfers in the world surf it. We hopped in the car with our boards (just in case.) The air felt warm for that

HANG TEN



FAMOUS NORTH SHORE SURFING SPOT, Banzai Pipeline, blasting through with eight feet of perfect wave.

night, the temperature had dipped down to a shivering 68 degrees. We sang tunes along with the radio while the landscape got greener as we approached the North shore and its country environment. The contest was the Hang Ten American Pro Championships, and there we witnessed a caliber of surfers and surfing which kept us on the beach with our mouths hanging open for about four hours. There were plenty of onlookers, a lot of picture taking and general milling about in front of the judges' stand. A "joint" was casually passed between four observers sitting in the sand. A beautiful day was complimented by a sunset over the water and mountains at Sunset Beach with surfers still in the water.

SUNNY DAYS

Christmas Day arrived and we still weren't sure what season it was. It had been strange leaving the beach and surf to go Christmas shopping barefooted in a

warm summer state of mind.

The remainder of our time in the Islands, we surfed at a spot called "Tracks" at Nana Kuli and at "North Beach" on Kaneohe Marine Base. "North Beach" was our first encounter with big Hawaiian surf, 8-10 feet and very, very fast.

Our day to depart had come now much too swiftly for us to believe (and yes, time does pass too fast when you're having fun and must return to Greenville.) A farewell to Ma and Pa Saunders, who had made our stay possible, a trip to the airport, and a last look at a place which is as mellow as one can afford to make it.



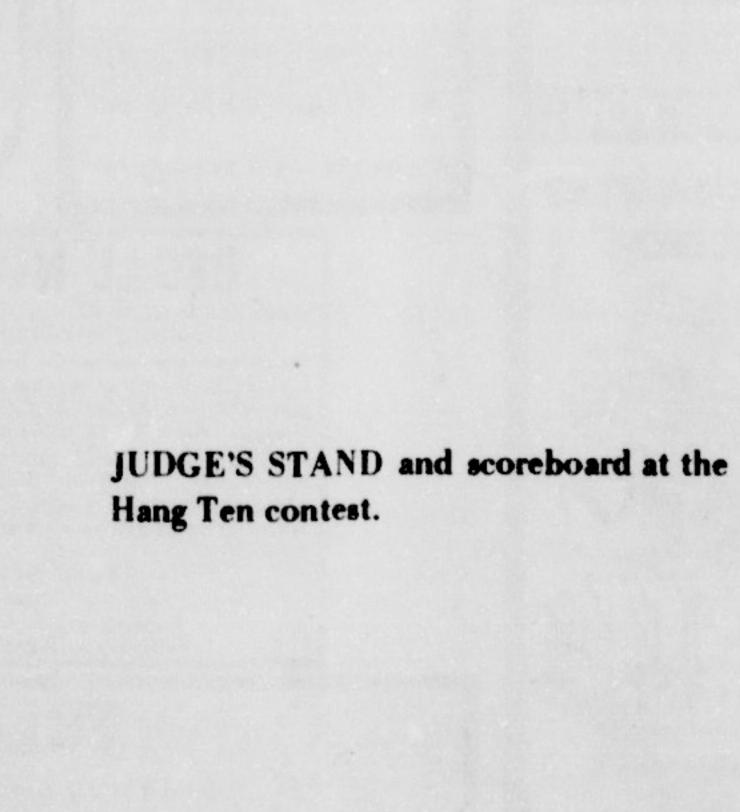
A CLASSIC SCENE of the Pali and countryside from the Kole Kole Pass

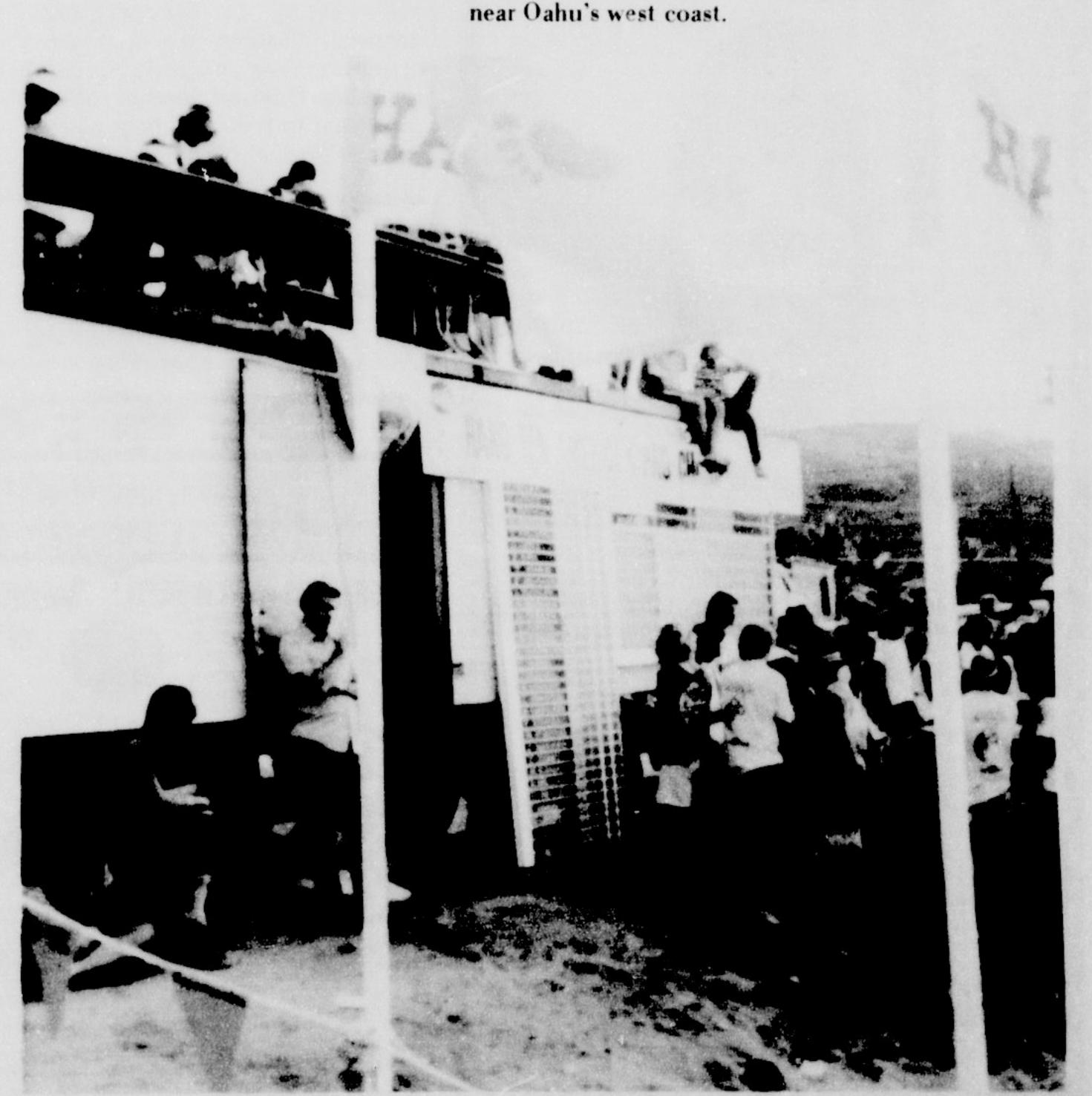


CHRISTMAS IN THE ISLANDS: the Board of Labor Relations in Honolulu.



CHRISTMAS IN THE ISLANDS: A contrast in city and country life. Barry Kanaiaupuni, veteran north shore surfer, leaves water after surfing in finals of the Hang Ten American Pro Championships at Sunset Beach.





conserve

By LORNE GREENE

(Lorne Greene is one of the most outstanding stars on the television and movie screen today. He is best known as "Ben Cartwright" on "Bonanza," one of the most durable, popular and successful series in television annals which after 12 years reaches the incredible audience of over 400 million viewers every week in some 83 countries. Mr. Greene has guest starred on a wide range of variety shows, provided the narration for numerous specials, and appeared in many motion pictures.)

We hear much talk today about the need for conserving our natural resources. Yet there is relatively little talk about man learning how to conserve their most important resource-himself.

When I talk about using yourself fully, I mean using the remarkable machine that we call the human body. That machine can be fouled up by any number of things. They're not all physical. It's obvious that overeating, lack of proper diet, lack of exercise, etc., things we all know about today, can slow up and hurt your ability to function. But equally as much if not even more so, are the simple attitudes you have toward living, attitudes that can spell the difference between a state of constant, utter dejection and unhappiness or a state of fulfillment and grace of mind that allows you to greet each day with a sense of joy.

The truth of the matter is that most of us use only a very small portion of our abilities, physical as well as mental. I believe that while the body has its limitation, the mind never reaches its full potential for any of us.

read not too long ago that the dolphin, an extraordinarily intelligent

creature, uses seven per cent of its brain while the average man uses not more than six per cent. I have no doubt that is

personal

If there is any trick at all to living a full and reasonably happy and rewarding life, I believe it lies in this: use yourself to the fullest.

How many days have you finished work and felt, "This was a great day. I really accomplished a lot." Why not feel that way every day? Ridiculous? Not at

I have evolved certain philosophical rules for myself that seem to keep my own machine working well, not always to my total satisfaction but at a level of accomplishment that often amazes me. If they operate for me, they can for you.

People are constantly surprised when I tell them that when I'm working I frequently only get five hours of sleep a night and I get along just fine with that amount. I will put in 12 or 13 hours a day on the set. I get up at six o'clock in the morning and rarely quit before seven or eight o'clock at night. I come home for dinner, and since my wife and I both like to talk, we usually sit around-if we're not going out and talk or read until midnight. Then I'm up at five in the morning. Obviously, I don't need THE STATE OF THE S

resourses

any more sleep than that.

attribute that fact not to some peculiar part of my physical makeup-but to attitudes I've developed toward living.

Among other things, I get up each day determined to give that day my best shot. Live each day one at a time. I finally believe that, "Today is the first day of the rest of your life."

Yesterday is gone. There's absolutely nothing I can do about it except perhaps to learn something from it. If I brood about it and spend a great deal of my waking time thinking about the fortune I might have made or the pleasures I might have had, what a waste of time.

Today is my obsession, the day for me to be concerned about and enjoy.

Because of my attitude, I find I have no tolerance for those people in our business or any other who work on the "take the money and run" theory. I don't begin to understand them. Whatever my job is, I try to bring to it the greatest degree of enthusiasm and excitement that I can. If I don't, I'm only cheating the man who pays me: I am cheating myself. For me, this attitude toward living makes eminent sense. I hope it does to someone else.

1. Moslem Enemy of Crusaders , Food Derived from Ox Political Contest Military Address Mosaic Squares 6. Artist's Studio . Exchange kedium 8. Death Notice 9. Part of Sleep Cycle 10. Sphere

11. Places of Origin 12. Trap 13. Film on Copper Coins 15. Poisonous Secretion 19. Airport Info. (abbr.) 22. Coolidge's VP 23. Of the Church 24. African Tribe 26. Pass the Time Hills of Rome

29. Siberian Region 32. Tear Jaggedly 33. Attribute 34. Southern State 35. Harvest Goddess 36. Construction Worker 37. Pneumatic Weapons 38. Buries 39. Hold in Contempt

41. Platfish 44. Silk Pabric 45. Voice Parts 47. Cui 48. Loves: Pr. 50. Approves 51. Dye Brand 53. Reference Book (abbr.)

1. Layers 7. Sullen 13. Protective Wall 14. Actress Merle ___ 15. Swollen, as veins 16. Halo 17. Troop Encampment 18. Partly Prozen Rain 20. Hospital Employee 21. French City

By EDWARD JULIUS

26. Paddled 27. Sword 28. Armed Naval Vessel

45. Bread: comb. form

46. "Monopoly" Property

44. Rescued

30. Rest 1. ___ Pixe 2. Molten Rock 3. Market Places 6. French Satirist 40. British-Indian Soldier 41. Toxic Protein 42. Business Abbreviation 43. Branch of Accounting

48. Boys' Stories Writer 49. Philippine Head-hunter 52. Disinclined to Talk 54. Bathing Suit 55. Word Roots 56. Pennsylvanian City 57. Brief Suspension

47. Golfer George ___

Answer: Page 2

Around Campus

22. God

23. Type Size

25. Individual

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Two 12-foot wide mobile homes for rent. AC washer and dryer included. Prefer couple but will rent to two men or two women. Call 756-4974.

FOR SALE: '67 VW Bug. Excellent running condition, new paint job. Call 752-1252 after 7:30.

Sale - Army overcoats with liner - \$5.95; 5 buckle Artics - \$3.50. Shiver surplus sales, 822 Dickinson Ave (opposite Party Pac.)

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WANTED TO BUY a 16mm movie camera. Type of lens and make is immaterial. Reel or magazine type. Please call Irving Wise, 756-1237 or 756-5595.

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Math 65 tutoring clinic being held every room, under the direction of Mr. Van

-CHEMISTRY SEMINAR-Dr. Ralph Allen, Assistant Professor at the University of Virginia, will present a seminar on "Trace Element Geochemistry of the James River Estuary" on Friday, Jan. 26, at 3 p.m. in Flanagan 201. Coffee will be served in the conference room. All interested persons are cordially invited to attend.

- STUDENT ADVOCATE HOURS-The Student Advocate opens Thursday in the Union Lobby with the following hours: MWF 12-1, 2-3, T-Th, 11-1. Hours will be expanded later. Anyone interested in assiting should see the Student Advocate during these hours.

-NAIT MEETING-Mr. Ray Leister will be guest speaker for the NAIT Club meeting Tuesday, Jan. 30. Leister, Vice President in charge of training, will speak on Attitudes and Training. The meeting will begin at 7 p.m., in Rawl 130. All persons interested are invited to attend. Refreshments will be served afterwards.

-BONN ORIENTATION-Really enjoyed studying? Had a quarter that you used everything you learned? Eaten breakfast with your professors? Had a dignitary roll out the red carpet for you? Thought about studying in Europe? Heard about ECU-Bonn?

ECU's Office of International Education of closing. and ECU-Bonn alumni will present a SB-102.

Come talk with us. We have Realtors. information on course offerings, The course is approved by the N.C. year's study in Europe (including real estate transactions.

a year in Europe!

-TALENT AUDITIONS-Open auditions for the talent show - to be Wednesday night through January from presented by the men from "Omega Psi 6:30 - 8:30 in Garrett, first floor social Phi" fraternity will be held Monday, Feb. 5, at 7:30 p.m. in room 201 of the Latham. Any student may come and any Union. If you are interested in student who needs help is encouraged to participating, please leave your name, address, telephone number and what you propose to do at the Union desk. For additional information, contact Mike Jones, President, room 113-D, Belk or call 758-2110 after 7 p.m.

> - TRANSCENDENTAL MEDITATION-There will be an introductory lecture on Transcendental Meditation on Thursday, Feb. 1, 1973, at 7:30 p.m., in EP 104. All interested persons should attend.

> -PHILOSOPHY HONOR MEETING-The philosophy honor society, Phi Sigma Tau, will have a meeting on Thursday, Jan. 25, at 7:30 p.m., in SD 311. All members are urged to attend.

> -PSI CHI MEETING-There will be a Psi Chi meeting Monday, Jan. 29, in EP 129 at 7:30 p.m. Topics to be discussed will include a Winter Banquet, Winter initiation, election of Spring officers, and future problems. All members are requested to attend and bring ideas.

> -REAL ESTATE COURSE OFFERED-"Fundamentals of Real Estate," a weekly evening course, will be offered by the ECU Division of Continuing Education beginning Feb. 1.

The course will meet on Thursdays, 7-10 p.m., through April 26. Its purpose is to provide both the beginner and the real estate practitioner with a basic knowledge of real estate law, finance, Tuesday night, Jan. 30, at 8 p.m., brokerage, appraising and the mechanics

Instructor is Joe Bowen Jr., Greenville slide show and discussion of ECU's realtor, attorney and mortgage loan European Study Center. The show will broker. Bowen is currently a state be held in the "B" wing Auditorium of director of the N.C. Association of the Social Studies building, room Realtors and is a past president of the Greenville-Pitt County Board of

expenses, housing, clothing, extra Real Estate Licensing Board. Students curricular travel, etc., etc. Of course, we who satisfactorily complete it may take realize many students have unique the brokerage examination without the problems to cope with in planning a requirement of six months' experience in

finances.) Chances are that previous Additional information about the students have experienced these course is available from the Office of problems and found ways to solve them. Non-Credit Programs, ECU Division of We want to help you help yourself to Continuing Education, Box 2727, Greenville.

Complete line of Fatigues;

Navy Peecoats and Pants, and

-OPERA AUDITIONS-Young Feb. 10, at East Carolina University.

Music voice faculty and district director Service. of the auditions, said prior application must be made to his office by Feb. 7.

Applicants must be in the following age brackets:

Sopranos, 18-30; mezzos and contraltos, 20-30; tenors, 20-30; baritones, 20-32; and basses, 20-33.

All district winners from the southeastern U.S. will participate in the Southeastern Regional Auditions March 11, in Atlanta. Winners of regional auditions will be heard in New York at a national semi-finals auditions program.

Dr. Hiss noted that the annual Tucker, Leonard Warren, Eleanor Steber and Mignon Dunn.

-\$2,500 FELLOWSHIP singers in eastern North Carolina are AVAILABLE-Gama Phi chapter of invited to participate in this year's Alpha Xi Delta at East Carolina Metropolitan Opera National Council University and the Greenville Alumnae Auditions. Auditions for the eastern Club join some 300 college chapters and N.C. district are scheduled for Saturday, alumnae organizations of Alpha Xi Delta in offering a \$2,500 graduate fellowship Dr. Clyde Hiss of the ECU School fo for advanced study in the field of Social

> To be eligible for the fellowship an applicant must be a graduate of an accredited college or university, have a grade average of B or above, have applied or been accepted for admission to a graduate school of Social Work, and be interested in pursuing a career of work with children or youth to combat deliquer.cy in the United States.

Interested persons may obtain an application form for this fellowship from Mrs. Lona Ratcliffe, 201 N Warren St., Greenville, phone 752-6754.

Completed applications must be mailed in time to be received by the deadline date of Feb. 15, 1973. Mail applications to Alpha Xi Delta Metropolitan Auditions have initiated Fraternity Headquarters, National the careers of such singers as Richard Philanthropy Committee, 3447 North Washington Blvd., Indianapolis, Indiana 46205.

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Campus Calendar

Friday, January, 26

Free Flick: "Who's Afraid of Virginia Wolff?" at 7 and 9 p.m. in Wright.

Monday, January 29

Swim Meet: ECU vs. University of Virginia in Minges Coliseum at 7:30 p.m.

Coffeehouse: Raun MacKinnon in Union 201 at 8 p.m.

Tuesday, January30

Coffeehouse: Raun MacKinnon in Union 201 at 8 p.m.

Wednesday, January 31

Coffeehouse: Raun MacKinnon in Union 201 at 8 p.m. International Film: "The Adventures of Prince Achmed" at 8 p.m. in Wright.

Basketball: ECU vs. Davidson at 8 p.m. in Minges.

Playhouse: "La Boheme" in McGinnis Auditorium at 8:15

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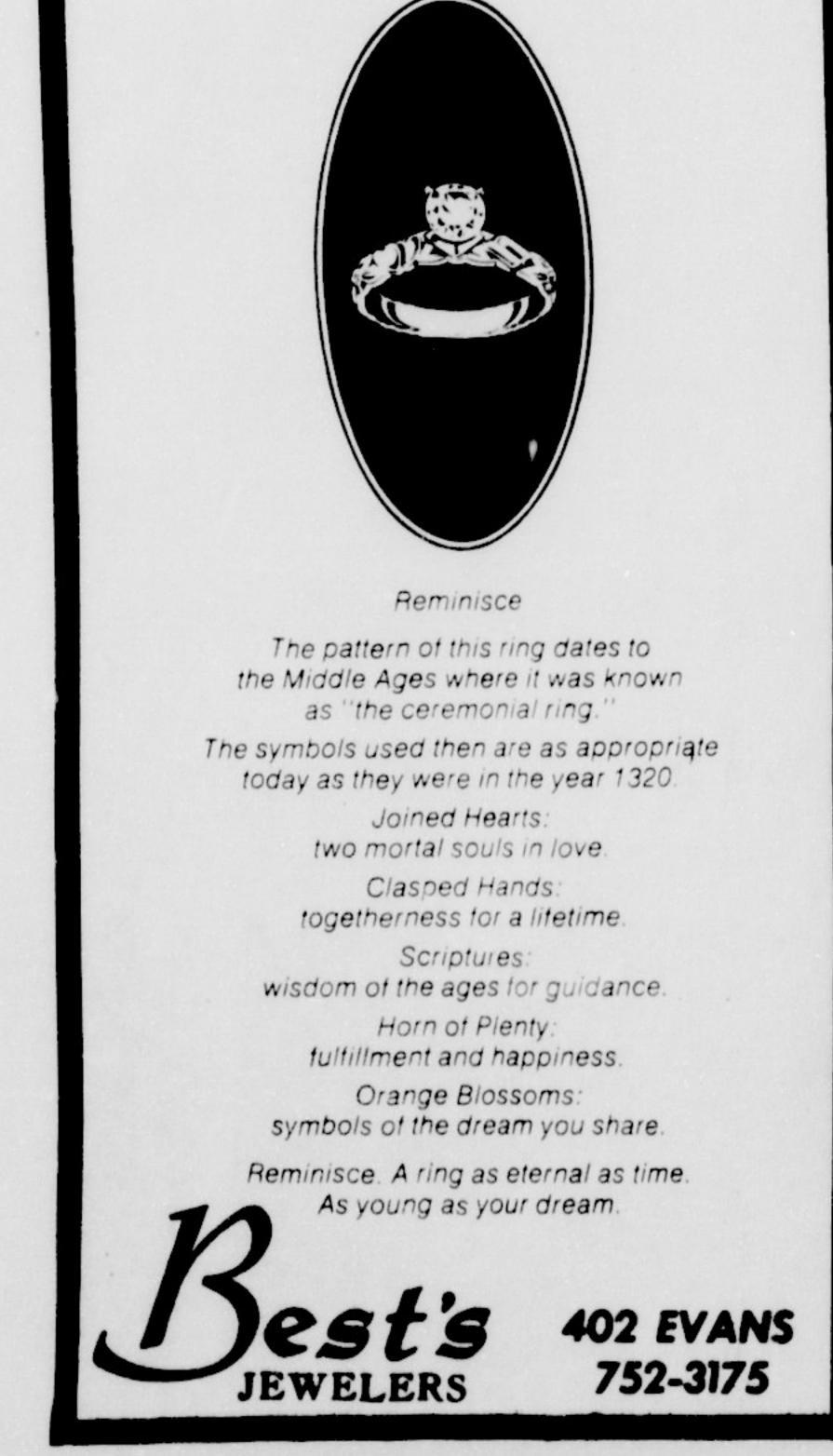
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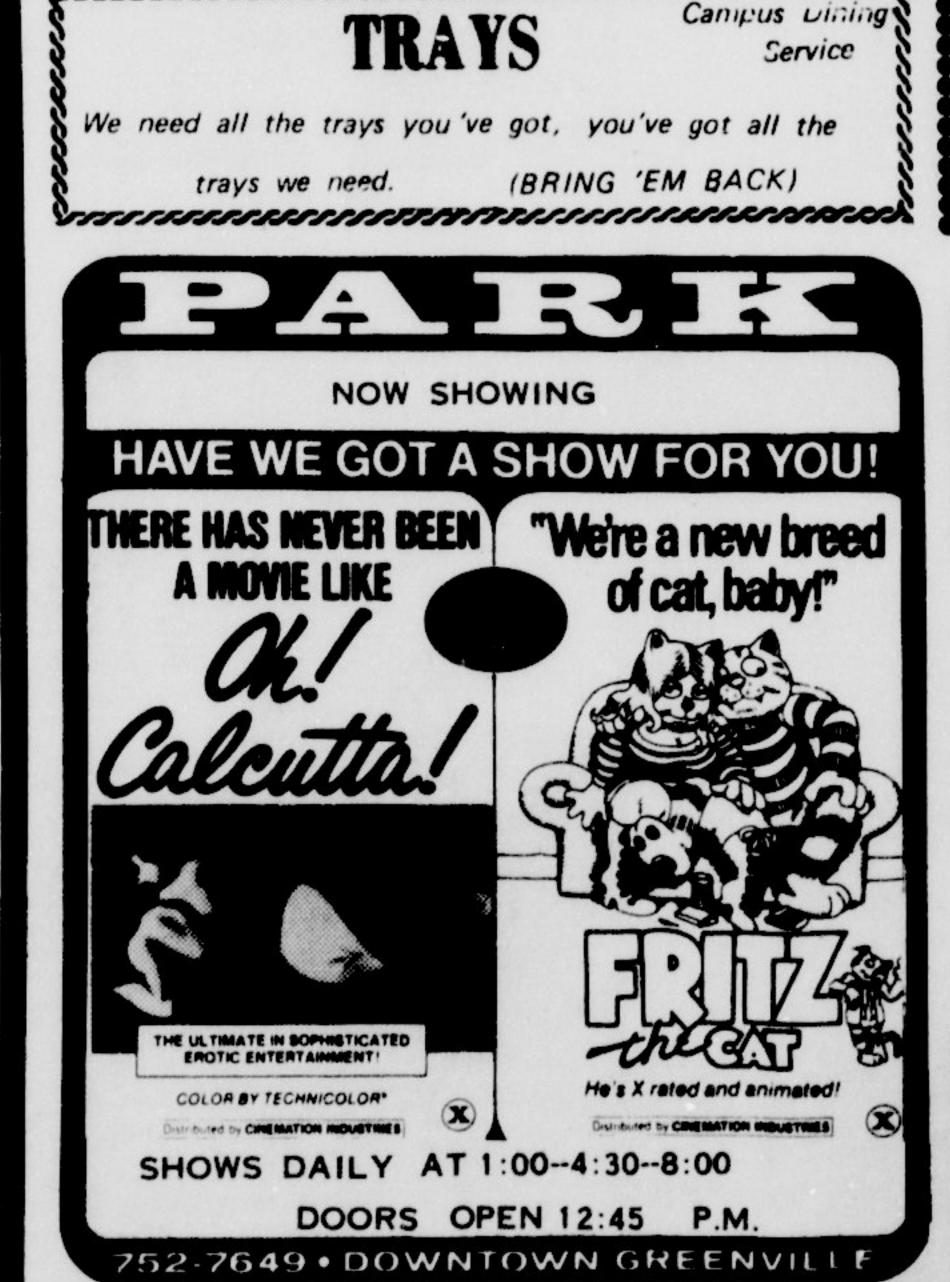
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JONES CAFETERIA





THE STATE OF THE PROPERTY OF T

advance their knowledge and skills in

to develop interested students in this

sport," said the spokeswoman. "We do

But whether it is their aim or not, the

Coached by Julie Schilling, a 1972

women's squad has competed fairly

successfully in the two meets it has

East Carolina grad (health and physical

education), the intercollegiate team won

Western Carolina. In the only home

meet, last week against Appalachian

SEVEN STEADY PERFORMERS

for competition with the team, seven

standout performers have been the most

Sandy Hart, a senior French major

from Bay Shore, N.Y., turned in the

outstanding performance in the

Appalachian meet. A steady competitor

in the floor and balance beam events,

Sandy won both Friday. She also placed

other veterans of the team, are health

and physical education majors in their

Joan Fulp and Cindy Wheeler, two

in each of the other two events.

third year at East Carolina.

Although several girls have tried out

State, the girls won, 57.85 to 40.20.

not necessarily aim toward

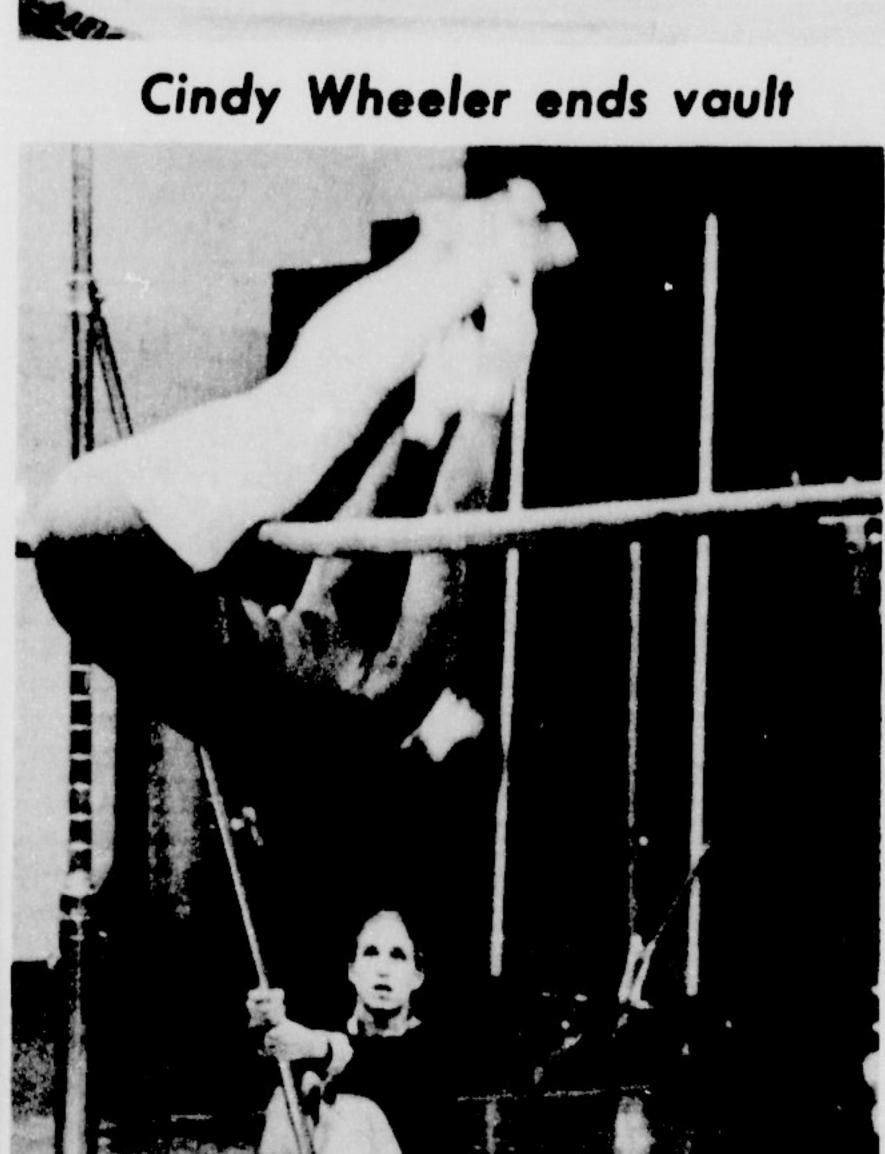
"The program here is mainly designed

gymnastics.

competition."

consistent.

entered this season.



Gail Phillips on the bars

Gymnastics has grown in state Gymnastics, until recently little-known intercollegiate sport in North Carolina, has started to grow largely as a result of the East Carolina

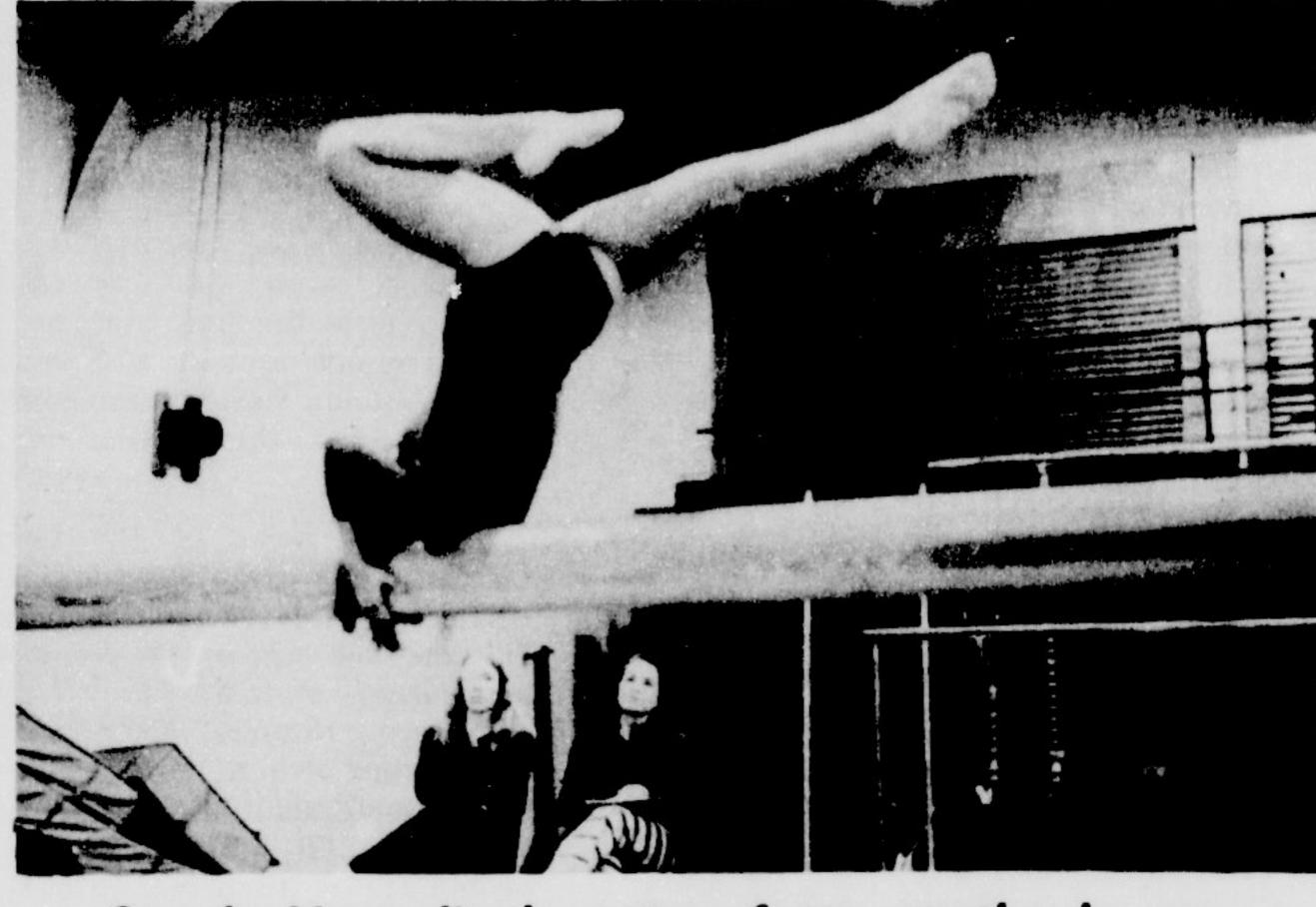
program. Two campus organizations, the gymnastics club and the women's intercollegiate team, have given exhibitions and held clinics throughout Eastern North Carolina to enhance interest in the program.

"While we like to entertain, our main concern is to inform Greenville and the surrounding communities about gymnastics," a spokeswoman for the a tri-meet in December against UNC and club notes. Although she feels the members have made no "civic contributions," the result of the demonstrations has been an increase in local interest in gymnastics.

In addition to their outside efforts, club members have shown their talents at halftime of home basketball games and at various other campus functions.

Some 25-30 student members put in many hours of their time weekly to

Text and photographs Don Trausneck



Sandy Hart displays top form on the beam

Pirate trackmen expect to conquer foes

Carson sends his forces to Chapel Hill Saturday outing last weekend, the official champion, but afternoon with hopes of Bucs finished second to unofficial team totals gave continuing the fine success the host team in the ECU 39 points.

By ROGER EDWARDS

CONFRONTATION: ECU's supreme

forced N.C. State to cry manhandled the Pack from out of 10 matches enroute

wrestler Danny (Munchkin) Monroe, recent home match. The Bucs walloped

right, contemplates his next move in a State in a dual event this week.

wolf in Minges Coliseum Raleigh.

Pirate track coach Bill the squad has seen to date. Cornell Invitational Indoor In their most recent Track Meet. There was no

The Pirates won nine

(Staff photo by Ross Mann)

participated.

and 14 places in the meet. (22-8). Matmen overwhelm N.C. State, 39-3

Wolfpack from the

ECU's Glenn Baker won with a 7-4 decision at 118 Maurice Huntley, third,

East Carolina. decision from ECU in the ECU doesn't get back

Some 17 schools Davenport in the triple jump (49-9) and Larry ECU won two events Malone in the long jump Davenport's performance in the triple qualified him for the

Gerald Klas did not win his event, the two-mile run, but he competed against such good runners that his sixth-place time of 9:13.2 set a new school

and Les Strayhorn, fourth in the 60-yard dash; Sammy Phillips, third in the high hurdles; Charles Lovelace, fourth in the quarter-mile; Barry Johnson, fourth in the 600; Richard McDuffy, second, and Art Miller, fifth in the pole vault; Ivey Peacock, fifth in the shot put; Roy Quick, third, and Glenn Russell, fourth in the high jump all came up

At Chapel Hill, the Bucs was originally scheduled as

The performance put Hereford ran the 26 as the top four went to

Hereford actually

Among the participants seconds. The old record of in Saturday's race, 2:23:32 was set by Hereford beat Jeff Galloway of the Florida The time also bettered Track Club, a member of Hereford's old record for the U.S. Olympic Team in the course of 2:27:24. He Munich, and Pat Leddy, an All-American cross country and track star

from East Tennessee State. Hereford, who competed for the North Carolina Track Club, now plans to run a 10-mile road run in Bethel, Feb. 10, and then run in the Boston

Marathon in April.

Bucs home

The jayvees kick things off with a tri-meet against Fork Union Military Academy and Staunton Saturday at 2 p.m. The baby mermen will try to better their 3-0 record.

Then on Monday, at 7:30 p.m., the varsity squad will face Atlantic Coast Conference power





In Chapel Hill meet

ECU's wrestling Pirates Monday night as the Bucs

The winners were Walter

Atlantic Coast Conference.

Huber in the 190-pound

match. State won its only

into action until Feb. 3,

when the Pirates travel to

Old Dominion for a quad

heavy weight class.

by 8-1.

nationals. to a 39-3 thumping of the

record.

pounds. At 126 pounds, Dan Monroe took the decision, 8-3. Jim McCloe was the 134-pound winner EC's Milt Sherman won by fall in the 142-pound match. Tom Merriott was a winner at 150 pounds and Bruce Hall picked up the 158-pound win, 11-5. Ron Whitcomb won by fall for the Pirates at 167 pounds as did Bill Hill, with unofficial points for 177 pounds, and John

> will face Carolina and State in a tri-meet. Duke well, but the Blue Devil squad could not make the meet. Starting time is 1:30

122 days to go!



Coach Julie Schilling, center, checks the scores

Joan, from Walnut Cove, won the uneven bar competition against Appalachian and finished second in the free exercise. She is also very consistent in all events.

Cindy, who like Joan will probably teach or coach gymnastics, hails from Durham. A fine diver on the women's swimming team, Cindy turned in fine performances Friday in the vaulting and balance beam competition. She competes well in all four events.

Gail Phillips, a sophomore from Rockville, Md., is also strong on the uneven bars as she finished second

Sharon Pullen, a senior from Virginia Beach, Va., majoring in commercial art, has one of the more impressive repertoires in the floor exercise.

Jane Smith, a fourth-year nursing student from Rocky Mount, and Myrna Ocasio, a Fayetteville sophomore majoring in medical technology, have also contributed their share to the team's success.

Jane's strength is vaulting while Myrna's is the balance beam.

COACH PUTS IT TOGETHER But the person who has put it all together to form the successful unit has

been the head coach, Julie Schilling. Julie assumed the coaching chores this quarter after having an impressive

background with the women's swimming and diving team the last few years. "Our success in gymnastics this year is

largely the result of Julie's efforts," Catherine Bolton of the health and physical education department claims. "She has great leadership capabilities and she does a great job of pulling things



Joan does her thing

competition than in the past "because the coach can get things done."

This is the fourth year for the team as an outgrowth of the club.

The girls have several meets remaining, including possibly one this weekend at Western Carolina. But, unfortunately, there will be no more competition in friendly Memorial Gym.

This year is not quite over for the A supervisor of women's sports here, club, though. Last year, the members Bolton notes that the team has grown put on an impressive spring show. Such quite impressively and now has more an event may be repeated this year.

Hereford wins Raleigh run

Ed Hereford, a former averaged 5:26 per mile. ECU track standout now training for the Montreal Hereford among the top Olympics, set a new record five runners in the nation. in winning the seventh His time would have put annual Durham-Raleigh him fifth in the last Marathon race Saturday. Olympic Trials at Oregon

mile, 385 yard course Munich. from the Duke chapel to the N.C. State track in two finished 17th then. hours, 22 minutes, 32 Raleigh's Gareth Hayes.

Tickets here Tickets for the

Southern Conference Basketball Tournament are now available in the Minges Coliseum ticket

ECU's swimming team, scheduled to battle N.C. State in Raleigh tonight at 7. will return home with a varsity and jayvee meet this weekend.

Virginia. It all takes place in Minges Natatorium.

at 8:15 CHEF NG!

ies Writer Head-hunter

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War creates more problems than meet the eye

Between the years of 1929 and 1939, America was faced with a decade of depression. It wasn't until the United States started gearing for war that the economy began to recover, the unemployment rate plunged, and government spending rose to an all time

A similar situation, but not nearly as drastic, occurred in the late fifties and again, a war relieved the pressure on our economy.

At last, peace in Southeast Asia is within sight, and with an optimistic view, Americans can see political differences and territory agreements smoothed over at the peace table. Yet, the war has created problems which are often overlooked by everyone. -What about the economy of the nations involved.

Inflation has ripped through South Vietnam, and as Americans escalated the war, prices, wages and standards of living increased as rapidly. The American

economy was stimulated also; with the United States supplying and supporting the Allies in the war zone, inflation was prevalent at home. Our government, however, has been planning for the recession to come and it won't be hard to find ways to keep government spending at a reasonable level, but what are our South Vietnamese allies supposed to do?

America supported the war. America financed the South Vietnamese war machine. America supported an extremely poor government, poor in the fact that much of the industry is foreign owned; poor in the fact that it couldn't maintain an army, an air force, or a navy that it has now, without foreign aid. I ask you, who will supply the money for the Vietnamese to keep their country's economy from slipping into depression? Can the United States keep pouring money into this war torn Asian nation?

Strangely enough, the South Vietnamese are in a worse situation than when we started giving them aid.

Breast massager ads misleading

THE DOCTOR'S BAG BY ARNOLD WERNER, M.D.

QUESTION: Most of my girlfriends are not very well endowed in the breast area; those who are all sag quite a bit. Recently, I saw an ad for a massage unit reputed to help a girl obtain youthful firmness (copy enclosed.) I'm wondering whether this device has any therapeutic value or is it only for erotic stimulation.

ANSWER: Incredible! Absolutely incredible! For only \$18.85 (post-paid) a woman can obtain a device resembling a small plumber's helper mounted sideways that is battery driven and produces "a warm, glowing feeling." The ad, illustrated with a photograph of a nude woman with unusually pointy breasts, also states that 'you can maintain and strengthen the natural beauty and firmness of your own breasts, with this exciting, effective vibrating breast massager." Note the wording folks; the ad cleverly avoids stating that it produces anything that isn't already there.

Your complaint is one that I have difficulty responding to with sympathy. I get the feeling that you will never be happy in your quest for a perfect breast or if you find one, there would have to be something else the matter with the person the breast is attached to. While most men find a woman's breasts pleasing to look at and touch, the breasts are really quite unremarkable appendages and are the least constant physical features of a woman, changing in shape and size as a woman ages, and as her body weight changes. Their one functional attribute, feeding the newborn, is accomplished whether they are round or square, big or small, ugly or pretty.

Some women do derive erotic sensations from stimulation of their breasts, but I doubt if many think that stimulation is worth \$18.85.

QUESTION: Last summer I was one of two women laborers on a city street crew. After constant shoveling of blacktop and other heavy work, I'm afraid that I may have developed a hernia. Is this possible for a 19 year old woman?

ANSWER: A hernia usually refers to a . protrusion of a loop of intestine through the abdominal wall. Broadly speaking, it

can refer to a protrusion of any organ or structure through the wall that contains it. While hernias are much more common among men, they can also occur in women. In men, the usual hernia occurs when a loop of bowel goes through the inguinal canal which is formed in early development when the testes descended from the area behind the abdominal cavity (reptroperitoneal space.) In women, comparable structures exist through which a hernia may occur. One such structure in the inguinal area is called the canal of Nuck. But inguinal hernias are not common in women. More often, they have femoral hernias resulting from bowel escaping through the same opening through which the femoral artery, vein and nerve descend to the leg. This is also in the groin area.

My surgical consultant assures me that it is entirely possible for a young woman to have a hernia. I suggest that you be examined by a physician to determine if this is the case. If you do have a hernia, it should be repaired since a potentially dangerous situation can develop if the loop of bowel becomes trapped. Finally, if a hernia occurred during your job, you may be eligible for workwoman's compensation.

QUESTION: Does the soft (margarine) sold in supermarkets have less cholesterol and saturated fats than the regular stick margarine, and does the stick margarine have less than butter?

ANSWER: Margarine made from unsaturated oils, such as corn oil or safflower oil, have very many fewer components that lead to cholesterol production than does butter, which is itself very rich in cholesterol. The softness of hardness of most spreads is determined in part by the amounts of saturated fats they contain, but also by the degree to which they are whipped or blended with air. Thus, the margarine in tubs is softer and easier to spread than the margarine that comes in bars, as it is whipped. Since butter and margarine are sold by weight, not volume, you can still tell how much you are paying. People interested in reducing the amount of saturated fats in their diet would do well to use one of the margarines made largely from corn oil or safflower oil. They are also much less expensive than butter.

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Washington Merry-go-Round

Chinese delivery systems defeated

By JACK ANDERSON

The Central Intelligence Agency has reported that China is on the verge of becoming a superpower in intercontinental missiles. The outgoing CIA Director, Richard Helms, told the Senate Armed Services Committee behind closed doors that he was "shocked" to find how close China is to superpower status in the missile field.

It is true that China has been building nuclear missiles. The first missiles already have been targeted against Soviet cities. Helms didn't mention, however, that the United States has developed a defense against Chinese warheads.

The CIA obtained samples of the metal that the Chinese use in their warheads. Our own nuclear experts then constructed duplicates of the Chinese warheads. These were detonated underground in Nevada with X-rays from another nuclear explosion.

Here's how the experiment worked. Two underground explosion chambers were built, connected by a tube. The Chinese warhead was placed in one chamber, and a nuclear charge was set up in the other chamber. The charge was set off, sending X-rays through the tube. The X-rays then detonated the Chinese warhead.

The tests were conducted at various altitudes, which were simulated in the underground chambers, upon warheads of various sizes. The results indicate that the U.S. should be able to throw up an X-ray screen, which would explode oncoming Chinese warheads in outer space.

The X-ray screen, however, doesn't work against Soviet warheads which are made of harder metals. There are also reports that the Soviets have made the same discovery. So the Soviets, too, may be able to detonate Chinese warheads in space.

The Chinese missiles, therefore, may not be as ominous as Helms indicated in his secret testimony.

AGNEW RELIEVED

President Nixon has offered to share federal revenues with the cities and states. Yet at the same time, he intends to withhold around \$13 billion in Federal funds for city programs. This could increase the growing rot in our great cities.

Here are some of the immediate effects of the executive stranglehold on urban finances: The Department of Housing and Urban Development has announced a freeze on all housing subsidy programs. Important social services can expect cutbacks of nearly one billion dollars. Other cuts in federal aid to mental health will mean that people will be turned out of out-patient clinics. The federal government also intends to punish cities, which haven't completely eliminated welfare chiselers by withholding all welfare funds.

The cutbacks have been the work largely of the Office of Intergovernmental Relations, which Vice President Spiro Agnew has headed. Urban officials, therefore, started bombarding the Vice President's office with their complaints. They were told, however, that he is no longer in charge. Agnew had quietly asked the President to remove the Office of Intergovernmental Relations from his

jurisdiction.

President Nixon obligingly dissolved Intergovernmental Relations and moved the staff into the new Domestic Council. Insiders say the move was politically motivated. Agnew has his eye on the presidential nomination in 1976 and can't afford to alienate local political leaders. He heaved a sigh of relief when Intergovernmental Relations closed down.

HARTKE HANDSTAND - Sen. Vance Hartke, D-Ind., apparently has broken a commitment with union officials to back Sen. Ted Kennedy's Health Care bill. Two weeks ago, union officials persuaded Hartke to co-sponsor Kennedy's bill. Then Hartke huddled with American Medical Association lobbyists. No one knows exactly what was said. But Hartke emerged from the meeting and told his staff he would no longer support Kennedy's bill. Union officials howled in disbelief. When a staff member told Hartke that union members were saying he had welched on his commitment to him, Hartke angrily fired the hapless aide on the spot. Fortunately, other aides intervened and a cooler Hartke reinstated the staffer. But union lobbyists are still boiling over Hartke's flipflop.

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TENNIS MAINTENANCE - Gen. Paul Carleton took over the command at Scott Air Force base in Illinois recently and was aghast to find no warm place to play his favorite sport, tennis. Coming from a hitch in California, Gen. Carleton had developed an interest in the game. Upon his arrival in Illinois, however, the General quickly remedied the situation. He converted an old maintenance hanger into an indoor tennis court. The estimated cost: \$2,500.

Students forgotten

To Fountainhead:

The Fountainhead sports staff deeply appreciates the generous invitation to the recent football banquet extended by the football office and NCNB.

Everyone knows we didn't do much to deserve it.

It's always so nice to read about such events in the Daily Reflector the following afternoon. We hope the people concerned continue to realize the importance of the local media.

Don Trausneck Sports Editor

Chicks plucked

To Fountainhead:

This letter is in reply to the letter in the Forum on January 23, 1973 concerning the purchase of tickets at the Central Ticket Office.

The letter stated that female students were being discriminated against because they could not buy tickets for other female students, whereas male students could. The letter stated "The policy is sex based and discriminates against women students. People cry out for a first come first served system, so why is that such a biased policy exists, allowing male students to benefit and female students to suffer at the expense of the male students," and that "it is clearly visible that over half of the student population is being treated unfairly."

In reply to Patrician, Belinda, Bonnie, Marjorie, and Carmella, we say BULL check your facts before you start screaming like a bunch of plucked chickens. Your letter was inaccurate in content, incomplete in detail, and insulting to females who are concerned

about real women's liberation rights. Fact: a male student cannot buy a ticket for another male. Fact: a female student cannot buy a

ticket for another female. Fact: a male can buy a ticket for his

date. Fact: a female can buy a ticket for her

date.

So in conclusion girls, you have no legitimate gripe.

> Tom Haines T.E. Austin Stewart Cambell

Protestors criticised

To Fountainhead:

On Thursday, Jan. 18, as I strolled through the CU, I noticed a desk which was manned by a group of students and a cup for contributions. Affording time for investigation, I discovered this was a recruiting station, not for AFROTC or the like, but for those students wishing to travel to Washington, D.C., to boo at the President for his inauguration. I passed the table with little thought until I later decided to expend the energy. I am sure that, aside from hurting President Nixon's feelings a little, this money, not to mention the energy was merely wasted. I know no figures as to the cost of supplying a bus to carry the students to Washington or the amount of money donated to the unowrthy cause, but I do know that busses aren't cheap to operate even when operated by the owner, and I did see some money in the cup and I think logic will prove that both of these quantities were spent in

I am sure there are plenty of other causes thriving on donations that could have done a lot of things for a lot of people if given the combined amount. I feel that while protest against the war is useless and that a country should export as little of its money as possible, if one feels a physical need to protest

something, a fitting manner might be to find a South Vietnamese family -one rendered homeless by North Vietnames brutality - and send it welfare as a will mission from the ECU students in our concerned corner of the world. The money might be more appropriately spent on hunger here in America, but the idea is to protest.

> The former is only a suggestion as to where the money might be put. If the students are really dedicated to helping others, there are many organizations devoted to changing this type of static energy into a joint effort to help people plagued by hunger, general poverty and other ailments of society.

If I felt protest would get us out of that war, I would quit EC to assume a full time job carrying a sign, but it just isn't that way, so let's find a way to use our extra money and time to produce something constructive.

Rex T. Deffenbaugh

Forum Policy

All students, faculty members, and administrators are urged to express their opinions in writing to the Forum.

The editorial page is an open forum where such opinions may be published. Unsigned editorials reflect the opinions of the editor-in-chief, and not necessarily those of the entire staff or even a majority.

When writing to the Forum, the following procedure should be used: -Letters should be concise and to the

point. -Letters should be typed, double-spaced, and should not exceed 300 words.

-Letters should be signed with the name of the author and other endorsers. Upon the request of the signees, their names may be withheld.

Signed articles on this page reflect the opinions of the authors, and not necessarily those of Fountainhead or East Carolina University.