

DYSPEPTICS

will find in Ridge's Food every qualification necessary, as it is a steam-cooked food wherein all the flesh forming properties are retained. Its soothing and nourishing properties particularly adapt it to all conditions of the stomach.

NURSING MOTHERS

reduced by prolonged lactation or overtaxing the nervous system, should at once commence using Ridge's Food as a daily diet before the standard of health is reduced in both mother and child.

TRAVELERS

by land or sea should always have a small can of Ridge's Food with them, as by mixing a tablespoonful in boiling or even cold water, a light, nourishing meal is at once obtainable.

FOR SUMMER COMPLAINTS.

In cases of Cholera Infantum, Dysentery, Chronic Diarrhæa, Cholera, Dyspepsia, Prostration of the System or General Debility, Ridge's Food as a dietetic is invaluable, and is a perfectly safe, nourishing and strengthening diet at all times.

Much more might be said about this preparation, but, from the many testimonials received from well-known Physicians and Directors of Public Institutions, its advantages over all other articles of a similar character are manifest in its guaranteed purity. It gives quiet nights to mothers, nurses and invalids, and health, strength and comfort to all, and, as professionally certified, it has saved the lives of many when other diet had failed.

As a table luxury, there is nothing superior to



In cans of 35 cts., 65 cts., \$1.25 and \$1.75. WOOLRICH CO., on every label. Sold by Druggists.