
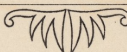


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 NORTH CAROLINA PENITENTIARY.
 

Concord N. C., 29<sup>th</sup> May 1896

Gov Elias Carr  
 Raleigh N. C. { My dear Gov Carr  
 Your letter in regard  
 to Mr Herring & the L. D. & B. was recd  
 on last Sunday - I have been unable  
 to see the Gen until this PM - he  
 being out of town on Monday & I  
 had to go by appointment to see  
 Mr Leazar on Tuesday & to another  
 appointment on Wednesday &c. The  
 Gen is opposed to the present incum-  
 bent - he thinks he <sup>is</sup> too old & not at  
 all up to the present times in his  
 business - he told me he expected to  
 go to Raleigh on Monday the 9<sup>th</sup> June  
 he has not talked his L. D. & B. matter  
 with me for a long time & I of  
 course know almost nothing about  
 the institution or its workings - I  
 had therefore to draw him out to know



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D

N. C.,

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this much - I will be in Raleigh next week when I will try to see you & get such information as I can in the mean time - I do not understand from yr letter that you want me to do any thing more at present than let you know his views but will do anything I can to help you -

Now as to our mutual friend Mr Seaman I am very anxious - I think him in very bad fix - it is at his request I go to Raleigh next week - & am very desirous of talking the Penm-work over with you -

We are still without rains had none of consequence since 2<sup>d</sup> April -

Yrs truly  
 A B Young



you to the same  
extent, at least,  
that same nature  
said, she has  
told you that  
eating, or drinking  
except to the most  
limited extent she  
will not stand.

But I have  
not the slightest  
doubt that if  
you obey her for  
the next nine  
months, you can  
return gradually to  
your old life of  
Barrage in per  
fect health.

I believe all  
we will sweep  
the country with  
peaceful force -  
& that another era  
of high prices is  
almost on us.

Appy Butler

Dear Father: I wrote you yesterday in regard to  
your head aches, but failed to say all I  
wanted, I have consulted a physician here,  
a friend of mine, & after explaining all the  
circumstances to him, he says that your trouble  
is due entirely to the fact that you have so  
radically changed your manner of living,  
"If your father", & I am giving his exact  
words, "takes not have the exercise that he did  
formerly, he should eat certainly not more  
than half as much as formerly, It is simply  
a question of abstemiousness, It is certain  
cure lies absolutely with him, Men have a  
mistaken idea as to the amt. of food required  
to support life, A man who does no manual  
labor can keep healthy on even three raw  
eggs a day." "Awaiz" said he "all tendency  
to worry, & change his environment just as  
often as possible," And this, indeed, is just  
about what I wrote you yesterday, Now for



[TO: Elias Carr, Morehead City, N.C.]

a starter: Cant you come on to Washington for a few days? I should not, as the doctor says, "let any business in the world interfere with the plans that he proposes, <sup>for pleasure,</sup> but make that business above every thing else." Even when at Bracebridge walk instead of riding over the farm, but bear in mind that you can over do this, as you, for a long time, have been unaccustomed to such work. I heartily regret that you can not permanently leave Raleigh right away, but it lies with you to do the next best thing. Keep away from the office as much as possible. But above all keep away from those infernal college commencement, they would make a well man sick, I should have scamp colic, or liver complaint on the first flirt. To speak candidly I do not feel that you are doing justice to yourself or your family to remain as you do so much in the executive office. Public duty be damned; republics are ingrates, your first is to yourself & family. I do not want to alarm you about your ambition, but I want to warn