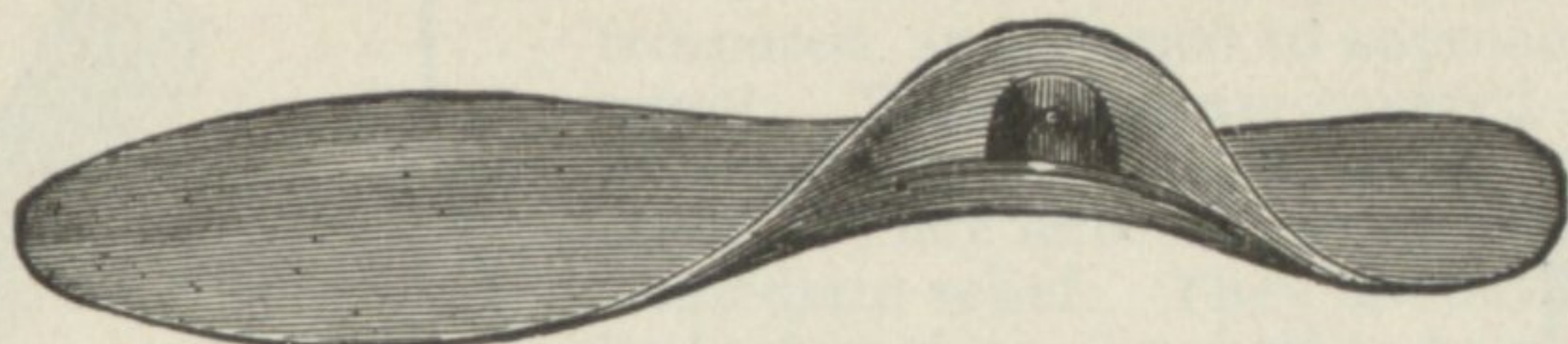


ORTHOPÆDIC APPARATUS.

HOLLAND'S IMPROVED INSTEP ARCH SUPPORTER.



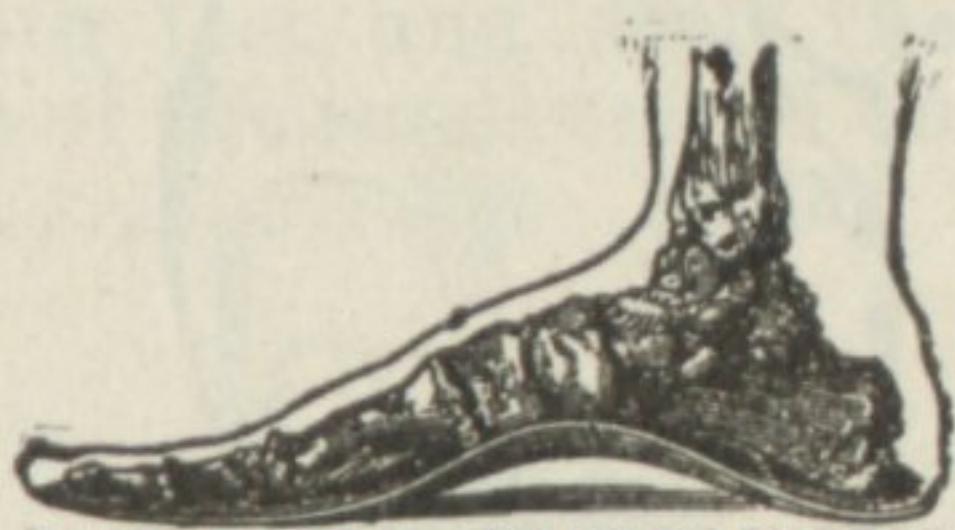
2373 A.

A POSITIVE RELIEF AND CURE
FOR FLAT FOOT.

*No Plaster Cast is needed in ordering
the above.*



FLAT FOOT WITHOUT ARCH SUPPORT.



FLAT FOOT WITH ARCH SUPPORT.

Weak ankles and flat feet proceed from various causes. Frequently they are inherited, but more often result from slovenly walking, and from being obliged to remain in a standing position for lengthy periods.

It will be generally noticed that persons with weak ankles, whether having flat feet or not, walk with their toes turned out. It is well, then, to point out the desirability of all wearers of the Supporter walking with the toes perfectly *straight*. It is even advisable, in very bad cases, to *commence* by walking with the toes *turned in*; this will ensure *straight* walking in time.

If the pressure on the inner side of the foot caused by the Supporter is too great, remove the Supporter for a short time and then replace it. Despite the primary inconvenience and discomfort of wearing the Supporter, the PERSISTENT and PATIENT use of it will be followed by the results sought after.

Pains of a rheumatic nature about the ankles, the heel, the arch of the foot, and occasionally the calf, disappear within a short time after wearing the Supporter. The elasticity of the foot will be regained, and the whole contour of the instep and the foot in general improved.

The Supporter is invaluable for children, their bones being so supple that the slightest malformation of the foot can be quickly corrected by its use.

These Supporters are extremely light in weight, can be easily worn in any shoe, and, owing to the flexibility of the whole Supporter, are far superior and vastly more comfortable than the old-fashioned rigid devices of steel and bronze employed to correct the above condition.

These Supporters are made in both Full Lengths and Half Lengths; the latter give all the support of the former, but do not take up space in front of the shoe.

In ordering send size of shoe; or tracing of foot is the best guide. Also state whether Full Length or Half Length is desired.

Price to patients, per pair, according to size, \$3.00 to \$3.50

2373 B.—Holland's Half Sole Arch Supporter, same price as above.

THE "PERFECTOE" SPRING.

2373 C.



For the relief and cure of deformed toes and bunions. By wearing this device at night a sure cure may be effected without wearing grotesquely-shaped boots and shoes or digitated hose. Directions for placing the spring in position sent with each apparatus. All wearers of the patent toe spring are recommended to wear shoes, etc., straight along the inner side of the foot.